

MEDICARE PAYMENT ADVISORY COMMISSION

PUBLIC MEETING

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11:02 a.m.

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P R O C E E D I N G S

[11:02 a.m.]

1
2
3 DR. CHERNEW: Hello, everybody, and welcome to
4 the October MedPAC meeting. We are thrilled that you are
5 here. We're going to start today with a discussion of the
6 Medicare's payment rates for clinician, and I want to
7 emphasize that the discussion we're going to have today is
8 about long-term issue related to the fee schedule. But we
9 will separately be having our normal discussion of the
10 update, the sort of annual update as we do every cycle in
11 December and January. This is sort of a broader discussion
12 about the PFS.

13 So, with that said, I think -- am I turning it
14 over to you, Geoff? I can't see you now. Yep. All right.

15 So I'm going to turn it over to Geoff. Take it
16 away.

17 MR. GERHARDT: Okay, great. Good morning,
18 everybody.

19 So this morning, Brian O'Donnell, Rachel Barton,
20 and I are going to present issues related to current law
21 updates to Medicare's payment rates for clinician services.
22 Viewers can find a copy of this presentation on the control

1 panel on the right-hand side of the screen.

2 Every year, the Commission considers whether
3 payment rates for services paid under the physician fee
4 schedule are adequate and makes recommendations about
5 whether current law updates should be carried out or if
6 Congress should enact a different update.

7 For many years, this process has indicated that
8 Medicare's beneficiaries' access to care is similar to the
9 commercially insured population, and the Commission has
10 generally recommended sticking with current law updates.

11 Those modest updates have helped restrain growth
12 in Medicare spending, beneficiary premiums, and cost-
13 sharing payments. However, some observers maintain that
14 the current law approach to updating fee schedule payment
15 rates is flawed and needs to be overhauled. Specifically,
16 they point to the fact that inflation has been higher than
17 recent historical trends and argue that the gap between
18 future statutory updates and projected inflation will cause
19 problems with clinician participation and beneficiary
20 access.

21 Some stakeholders have also drawn attention to
22 the fact that bonus payments to clinicians who participate

1 in advanced alternative payment models, known as advanced
2 APMs, are scheduled to expire at the end of 2025, which
3 could negatively affect participation in those models. In
4 response to these concerns, today MedPAC begins to examine
5 issues related to updating fee schedule payment rates as
6 well as APM participation incentives.

7 As Mike pointed out, it's important to say that
8 the work we embark on today is related to, but separate
9 from, the assessment of payment adequacy that the
10 Commission does each year, which will be performed as usual
11 starting in December.

12 We'll begin today by presenting background
13 information about how Medicare has approached fee schedule
14 updates over the years and MedPAC's assessment of updates
15 prescribed by current law.

16 Next, we will discuss how inflation affects the
17 adequacy of payment rates and trends in the growth of
18 volume and intensity of clinician services.

19 We'll then look at how Medicare payments vary
20 based on what setting a clinician's service is delivered in
21 as well as the issue of overvaluation of certain clinician
22 services.

1 Finally, we'll examine how incentives for
2 clinicians to participate in advanced APMs are structured
3 under current law and how they relate to the merit-based
4 incentive payment system, known as MIPS.

5 I'll kick things off by walking through the
6 evolution of Medicare's approach to paying for clinician
7 services. Since the Medicare program launched in the mid-
8 1960s, policymakers have struggled with how to set payment
9 rates for clinician services and how those rates should be
10 updated over time.

11 Initially, the program based payment rates
12 largely on the charges submitted by clinicians themselves.
13 That meant payment rates increased as clinicians increased
14 what they charged Medicare, a feature which helped drive
15 payment rates upward.

16 The charge-based approach to determining payments
17 was eventually replaced with a method that based payment
18 rates on the relative value of resources needed to furnish
19 each service. Payment rates were then updated each year by
20 the volume performance standard, or VPS.

21 The VPS formula determined a target growth rate
22 for spending and compared it to the growth of actual

1 spending during a given year. If actual spending growth
2 was above the target growth rate, the inflation-based
3 default update would be reduced. If actual spending was
4 lower than the target rate, the default update would be
5 increased. This mechanism was set up in order to slow
6 spending growth driven by increases in service volume.

7 The VPS was replaced by the sustainable growth
8 rate. The SGR didn't repeal VPS so much as it refined the
9 spending target approach. The SGR made changes to the way
10 spending targets were calculated, but more importantly,
11 spending targets were not reset each year but were compiled
12 cumulatively over time. This feature created problems when
13 cumulative spending got so much larger than cumulative
14 targets, and the SGR formula called for years of annual
15 rate reductions.

16 In 2015, the SGR approach was replaced by updates
17 specified by the Medicare Access and CHIP Reauthorization
18 Act, or MACRA, which I'll discuss on the next slide.

19 MACRA contains three main provisions that affect
20 payments to clinicians. In contrast to VPS and SGR, which
21 use national spending target mechanisms to encourage
22 clinicians to furnish care efficiently, MACRA looks to

1 alternative payment models and clinician-level value-based
2 payment adjustments to encourage efficiency.

3 As shown in the top row of this figure, the law
4 replaced the SGR's target approach with statutorily
5 specified updates. One important feature of MACRA is that
6 starting in 2026, rates for services furnished by
7 clinicians and advanced APMs will be updated at a higher
8 rate than services furnished by clinicians not
9 participating in an APM.

10 Congress has made a number of adjustments to the
11 updates specified by MACRA, as shown in orange. Notably,
12 Congress replaced the flat update schedule for 2021 to 2024
13 with temporary one-year increases in payment rates that
14 will not carry through to subsequent years.

15 As shown in the second row, MACRA provides annual
16 bonus payments to clinicians who participate in advanced
17 APMs equal to 5 percent and then 3.5 percent of their fee
18 schedule revenue. The bonuses are set to expire at the end
19 of 2025.

20 The law also creates MIPS, which is not scheduled
21 to expire, and is a value-based payment adjustment for
22 clinicians who do not participate in an advanced APM.

1 MedPAC has concluded that the MIPS program is ineffective
2 and recommended that it be repealed.

3 This nearly 60 years of experience has provided a
4 number of lessons that are worth mentioning. First, it's
5 become clear that the fee-for-service approach we use to
6 pay clinicians has built in incentives to increase volume
7 and intensity because doing so generates more revenue.
8 However, the VPS and SGR systems demonstrated that the
9 prospect of across-the-board payment adjustments based on
10 national spending trends provides weak incentives for
11 individual clinicians to furnish care more efficiently.

12 At the same time, the way the spending target
13 mechanisms worked in VPS and SGR can lead to highly
14 variable and unpredictable updates, but with MACRA, we have
15 seen how efforts to provide a high level of predictability
16 by specifying updates years into the future means rates
17 can't automatically adjust when conditions change, like
18 unexpectedly high inflation.

19 Now that we've reviewed the history of the fee
20 schedule and current law updates, I want to touch on
21 MedPAC's assessment of payment adequacy.

22 As you know, each year we review various measures

1 that help indicate whether Medicare's fee-for-service
2 payment rates are adequate. For our assessment of the
3 physician fee schedule, we place a high premium on
4 beneficiary access to care. One way we measure this is to
5 survey Medicare beneficiaries about their experiences
6 accessing clinician services. We also survey enrollees in
7 commercial insurance plans to see how their experiences
8 compare. Through these surveys, we found that Medicare
9 beneficiaries' access to care is similar to and by some
10 measures better than those in private plans. Comparable
11 experiences between the two groups indicates that
12 Medicare's somewhat lower payment rates are not negatively
13 affecting access to care.

14 We also look at how many clinicians are billing
15 the program. This part of our assessment indicates that
16 the overall number of clinicians who are billing the fee
17 schedule -- and that includes both physician and
18 nonphysicians -- has grown steadily over time. What's
19 more, the vast majority of clinicians accept Medicare's
20 rates as payment in full.

21 Other indicators point in the same direction.
22 The number of clinician encounters per beneficiaries

1 continue to grow. The number of people applying to medical
2 schools and enrolling at schools has increased steadily
3 over the last several decades, and studies indicate that
4 clinician income has been growing faster than inflation.

5 With one exception, since MACRA was enacted, the
6 Commission has recommended that updates specified by the
7 law should go into effect. The one exception was earlier
8 this year, when MedPAC recommended that fee schedule rates
9 receive an increase equal to half of the Medicare Economic
10 Index in 2024.

11 The recommended update, equivalent to 1.45
12 percent, was made in response to higher than normal
13 increases and inflation and, unlike temporary increases,
14 would be included in rates beyond 2024.

15 Given that our measures have consistently
16 indicated payment rates for clinicians services are
17 adequate, the Commission could take a watchful waiting
18 approach to future fee schedule updates. In other words,
19 instead of recommending structural changes to MACRA's
20 update approach, it could continue to monitor payment
21 adequacy data and respond to any deterioration in the
22 measures, if or when that occurs.

1 I'll now turn things over to Brian, who will lay
2 out some of the issues the Commission might consider when
3 thinking about possible changes to the current law
4 approach.

5 MR. O'DONNELL: Our first issue to discuss is the
6 impact of inflation on the adequacy of payment rates in the
7 physician fee schedule.

8 The Medicare Economic Index, or MEI, measures the
9 weighted average price change for various inputs involved
10 in furnishing clinician services. The index is made up of
11 two broad categories, clinician compensation and practice
12 expenses. Clinician compensation accounts for 47.5 percent
13 of the cost of furnishing clinician services and includes
14 the wages of physicians and other clinicians who bill the
15 fee schedule directly, such as nurse practitioners and
16 physician assistants.

17 Practice expenses account for the remaining 52.5
18 percent and account for items such as staff wages, medical
19 equipment, supplies, and rent. For this work, we analyzed
20 how MEI growth has compared with past fee schedule updates
21 and how projected MEI growth compares with projected
22 payment updates.

1 The next slide focuses on historic differences
2 between cumulative MEI growth and payment updates. Over
3 more than two decades, MEI growth consistently exceeded fee
4 schedule updates. From 2000 to 2022, the cumulative
5 increase in fee schedule updates, the light blue line,
6 totaled 12 percent compared with MEI growth of 45 percent,
7 the orange line. However, as the dark blue line on the
8 figure shows, Medicare fee schedule spending per fee-for-
9 service beneficiary grew by 94 percent over the same
10 period, far outpacing MEI growth. This suggests volume and
11 intensity growth has helped offset the gap between MEI
12 growth and annual updates.

13 And as Geoff noted earlier, the Commission's full
14 set of access measures over this time period suggest that
15 beneficiary access to care has remained stable and similar
16 to or better than individuals with commercial insurance.

17 The fact that our beneficiary access measures
18 remain good while fee schedule payment rates have not kept
19 up with MEI growth suggests that increasing fee schedule
20 rates to closely reflect inflation has not been necessary
21 to ensure beneficiary access to care. Instead of hindering
22 access, relatively low payment rate updates appear to have

1 been a tool to slow the rapid increase in spending on
2 clinician services, which benefits both the taxpayers and
3 beneficiaries.

4 Switching from cumulative MEI growth to an annual
5 view, we see that MEI growth was relatively low for the two
6 decades preceding the COVID-19 pandemic, averaging 1.7
7 percent growth per year. Beginning in late 2021, MEI
8 growth accelerated, reaching an annual rate of 4.5 percent.
9 MEI growth is projected to moderate but remain slightly
10 above the levels experienced during much of the past two
11 decades.

12 For example, OACT currently projects that MEI
13 growth will average about 2.5 percent per year from 2025
14 through 2030. Because updates are set at zero percent in
15 2025 and 0.25 percent or 0.75 percent per year thereafter,
16 the gap between projected MEI growth and fee schedule
17 updates is projected to be slightly larger from 2025 to
18 2030 than in the past.

19 As the Commission considers whether future fee
20 schedule updates should be indexed to some measure of
21 inflation, our review of the data on beneficiary access to
22 care, annual fee schedule updates, and MEI growth over

1 multiple decades suggests that full MEI updates have not
2 been necessary to maintain beneficiary access to care.

3 The gap between projected MEI growth and current
4 law fee schedule updates is projected to be slightly larger
5 in the future than in the past, and payment rate increases
6 that are specified in law can become disconnected from the
7 growth in the cost of running a clinician practice. These
8 facts suggest that the Commission could consider exploring
9 a policy to update the fee schedule rates based on some
10 portion of input cost inflation. However, we note that
11 higher updates will increase Medicare spending, beneficiary
12 premiums, and cost sharing.

13 Our second issue to discuss is the growth in
14 volume and intensity of services clinicians deliver.
15 Relative to other types of providers, clinicians have a
16 larger degree of control over the volume and intensity of
17 services they furnish. The structure of the physician fee
18 schedule, under which gross revenues increase when more
19 services and more intense services are furnished, creates
20 an incentive to increase the volume and intensity of
21 services. Consistent with that incentive, the volume and
22 intensity of fee schedule services has increased over time.

1 For example, from 2000 to 2017, the cumulative
2 per-beneficiary growth in volume and intensity of imaging
3 services was 75 percent. Importantly, such growth in
4 volume and intensity and the additional examples included
5 in your mailing materials could represent increases in
6 patient complexity and/or other factors, such as changes in
7 coding behavior.

8 Since the inception of the fee schedule,
9 policymakers have used two main strategies to control
10 volume and intensity growth. The first strategy employs
11 explicit mechanisms to lower payment rate updates if
12 spending growth exceeds certain targets. Such mechanisms
13 were employed as part of VPS and SGR and were tools to
14 limit national Medicare expenditures.

15 However, such mechanisms don't provide individual
16 clinicians with an incentive to practice efficiently
17 because they still benefit from increasing the volume and
18 intensity of services they furnish, and all clinicians in
19 the aggregate are penalized through lower payment updates.

20 The second strategy is the MACRA framework of
21 modest fee schedule updates paired with value-based payment
22 arrangements, such as A-APMs. Such strategies limit

1 Medicare expenditures through modest payment updates and,
2 in theory, promote efficient provision of care because
3 value-based purchasing rewards or penalizes individual
4 clinicians. In practice, the evidence on the effectiveness
5 of many value-based purchasing programs is mixed.

6 Our third issue to discuss is the wide variation
7 in payment rates based on where a service is delivered.
8 Medicare often pays more when services are paid under the
9 OPPS. Different updates can increase payment differences
10 across payment systems.

11 From 2001 to 2023, the average annual hospital
12 market basket increase was 2.7 percent compared with 0.5
13 percent the fee schedule. Widening payment differentials
14 across settings may contribute to vertical consolidation in
15 care being billed under the higher-paid OPPS.

16 In your mailing materials, we discussed two
17 options to address payment differentials across sites of
18 service. The first is to implement the Commission's
19 standing site-neutral recommendations. Under this option,
20 Medicare would reduce OPPS rates for certain services to
21 ensure Medicare sets rates based on the resources needed to
22 treat patients in the most efficient setting.

1 Commissioners also could consider updates that
2 promote site-neutral payments. For example, the practice
3 expenses paid under the fee schedule could be updated by
4 the growth in the hospital market basket. Such a policy
5 would promote parity in how practice expenses are updated
6 under the OPSS and fee schedule.

7 I'll now turn things over to Rachel.

8 MS. BURTON: Our fourth issue is that some of the
9 fee schedule's billing codes are overvalued relative to
10 other codes. We mention this because when Medicare's
11 payment rates are updated, the payment increase applies to
12 all codes in the fee schedule, including these already
13 overvalued services.

14 There is particularly strong evidence of the
15 overvaluation of surgical services relative to other
16 services.

17 A recent study of 1,350 surgical procedures that
18 involve the use of anesthesia found they took 27 percent
19 less time to conduct than Medicare's billing codes assumed.
20 This type of overvaluation could be addressed through
21 policies MedPAC previously recommended that would improve
22 the process and data used to set billing code values.

1 But there's another problem with surgical
2 services.

3 A study of 10- and 90-day global surgical codes
4 found that the number of post-operative visits provided by
5 the clinicians using these codes is lower than Medicare's
6 billing codes assume: only 4 percent of the post-operative
7 visits assumed in 10-day global surgical codes are actually
8 being provided, and only 38 percent of the post-operative
9 visits assumed in 90-day global codes are being provided.

10 Given the fact that these codes make up half the
11 codes in the fee schedule, the Commission could supplement
12 our prior comment letters on this topic with further action
13 on this issue.

14 The fifth and final issue we will raise has to do
15 with incentives for clinicians to participate in advanced
16 alternative payment models.

17 As Geoff showed in a prior graphic, MACRA
18 incentivizes A-APM participation through a bonus and then
19 higher updates to payment rates.

20 Clinicians who qualify for the bonus or higher
21 updates are also exempt from MIPS' performance-based
22 adjustments to their payment rates, which can be positive,

1 neutral, or negative.

2 To date, the A-APM participation bonus has always
3 been larger than the highest MIPS adjustment; this year,
4 the median bonus is worth 5 percent of a clinician's fee
5 schedule payments, while the top MIPS adjustment is worth
6 less than 2 percent of a clinician's fee schedule payments.

7 It is unclear whether the A-APM participation
8 bonus has actually influenced clinicians' A-APM
9 participation decisions, since the size of the bonus is
10 relatively small, and a number of other costs and benefits
11 must also be weighed when deciding whether to participate
12 in an A-APM.

13 Nevertheless, some stakeholders claim that the
14 expiration of the A-APM participation bonus after 2025
15 could result in a scenario in the late 2020s where some
16 top-performing clinicians might receive larger Medicare
17 payments by exiting A-APMs to participate in MIPS.

18 The type of clinicians for whom this would apply
19 are those who don't expect to qualify for shared savings or
20 other performance-based bonuses in their A-APM, but do
21 expect to be able to earn a near-perfect MIPS score.

22 For example, this graph shows that in 2027,

1 payment rates for clinicians in A-APMs, shown by the orange
2 line, will be 1 percent higher than other clinicians'
3 rates, shown by the blue line.

4 Yet the clinicians shown in the blue line will
5 also be eligible for MIPS adjustments, which could increase
6 their payment rates by an additional 2 percent, if past
7 trends continue.

8 Although only a small share of clinicians will
9 likely find themselves in this situation, A-APMs have had
10 such a hard time generating net savings that if even a
11 small number of top-scoring clinicians exit A-APMs, it
12 could have a negative impact on A-APMs' ability to succeed.

13 By the early 2030s, the differential updates
14 shown in this graph will create a financial advantage for
15 clinicians in A-APMs comparable to that experienced by
16 clinicians today.

17 But a new problem will emerge in the 2040s: the
18 difference in payment rates will become so large that it
19 may be untenable, especially if clinicians continue to not
20 always have access to an A-APM, due to their geography or
21 medical specialty or other circumstances.

22 Due to differential updates' weak incentives in

1 the 2020s and then overly strong incentives starting in the
2 2040s, Commissioners may wish to consider eliminating these
3 differential updates.

4 A separate question for Commissioners is whether
5 the A-APM participation bonus should be extended after
6 2025.

7 To some extent, the rationale for keeping this
8 bonus depends on whether MIPS is retained or not.

9 If MIPS is retained, extending the bonus could
10 prevent certain clinicians from exiting A-APMs for MIPS.
11 But if MIPS is eliminated, as MedPAC previously recommended
12 in 2018, then the bonus may not be needed since it's
13 unclear that the bonus, worth \$1,500 to the median
14 clinician, is the deciding factor in A-APM participation
15 decisions, it's not available to clinicians in some
16 geographic areas, in some medical specialties, or in some
17 situations, and it increases Medicare spending by about
18 \$650 million a year.

19 Yet retaining the participation bonus might keep
20 some clinicians in A-APMs, especially if they fail to earn
21 performance-based bonuses such as shared savings.

22 If there's interest in retaining the bonus, we

1 can come back to you with options for restructuring it to
2 have less expenditure-maximizing incentives.

3 This brings us to your discussion.

4 We've raised a lot of issues in this
5 presentation, but the key questions we are looking for your
6 input on are shown on this slide.

7 Our first and most basic question is: Are
8 changes needed to Medicare's default fee schedule updates
9 to ensure adequate payments to clinicians, or should we
10 continue our "watchful waiting" approach -- meaning we'll
11 monitor our payment adequacy indicators each year and only
12 recommend an overhaul of current law if we see
13 deterioration in our indicators?

14 If Commissioners are interested in reforming
15 current law now, some more specific questions arise:

16 Would you want to incorporate some portion of
17 inflation into the default updates to payment rates?

18 Would you want to incorporate some limit on
19 spending growth?

20 Would you want to consider using payment updates
21 to try to promote site-neutral payments?

22 And in terms of incentivizing A-APMs, would you

1 want to restructure or eliminate the A-APM participation
2 bonus? And would you want to eliminate differential
3 updates for clinicians in and out of A-APMs?

4 Your input will help us identify topics to
5 explore in greater depth later this cycle.

6 With that, I'll turn things back to Mike.

7 [Pause.]

8 MS. KELLEY: Mike, we can't hear you.

9 Mike, I'm sorry. We can't hear you -- there we
10 go.

11 DR. CHERNEW: Now you can hear -- I know. You
12 can't see me. But I am, in fact, here, as my voice
13 illustrates. I will hopefully be back on camera if I can
14 get my cursor back.

15 My technical difficulties masked what was really
16 a spectacularly, spectacularly good chapter and really,
17 really exceptional presentation. So I won't say more about
18 that, and I think we should go through the queue, starting
19 with Round 1 questions. And if I followed this right,
20 Cheryl is going to have the first Round 1 question. Is
21 that right, Dana?

22 MS. KELLEY: Yes.

1 DR. CHERNEW: And then I'll let you manage the
2 queue.

3 DR. DAMBERG: Thanks, Mike. And kudos to the
4 staff for an excellent chapter. Amazing work.

5 I had a quick question related to A-APMs. Do we
6 have any information or might this be something that could
7 be included in the chapter in terms of what percent of
8 eligible physicians are actually participating in A-APMs?
9 And has participation been waning or is it still growing?
10 I don't really have a sense of that space.

11 MS. BURTON: We can look into those stats, but I
12 can tell you off the bat that one in four clinicians
13 receive the A-APM bonus.

14 DR. DAMBERG: Thank you.

15 MS. KELLEY: Betty.

16 DR. RAMBUR: Yes, thank you. Absolutely
17 fabulous. Very interesting. I have a quick question for
18 Geoff.

19 Geoff, you talked about MIPS having been repealed
20 when you entered the slides, and on page 22 it says that
21 the -- or not that it was repealed, but the recommendation
22 was that it be repealed. And then on page 22 that the

1 previous group of MedPAC Commissioners recommended
2 elimination.

3 But is it more precise to say that it was
4 recommended to be revised? Is that correct?

5 MR. GERHARDT: Yeah, so that's sort of a two-part
6 recommendation. One, the first part was to repeal MIPS,
7 just kind of rip it out by the roots. And the second
8 recommendation that went along with it was to replace it
9 with a value-based system that would work better than MIPS.
10 And I believe the chapter that that was included in in 2018
11 gave some possible examples of how that could look, but
12 didn't get at all specific about how sort of a new and
13 improved value-based system would work.

14 MS. BURTON: I should mention that it would be
15 voluntary and that it would be designed to always be
16 smaller in size compared to like an A-APM bonus or any kind
17 of incentive, because our clear goal was to incentivize
18 people to go into A-APMs in that chapter.

19 DR. RAMBUR: So it was a recommendation --

20 DR. CHERNEW: Can I ask --

21 DR. RAMBUR: I'm sorry.

22 DR. CHERNEW: No, go on -- I'm going to ask a

1 clarifying question on your clarifying question, Betty, but
2 first you should finish your second clarifying question.

3 DR. RAMBUR: Okay. I was just going to say I
4 think it's important that that's sort of clearly laid out,
5 and I'll stop there because the rest would be a Round 2
6 comment.

7 DR. CHERNEW: So the follow-up clarifying
8 question I want to ask is: The timing of those two
9 recommendations -- I wasn't on the Commission -- is a
10 little unclear. My interpretation was always some version
11 of we should get rid of MIPS and -- it's fine to replace it
12 -- revise it, but it wasn't actually tied in time. It
13 would be consistent with our recommendation to get rid of
14 MIPS while we developed the complicated replacement
15 approach. Is that the correct interpretation of that, or
16 is it really that they happen simultaneously -- like, how
17 would you interpret that generally, that recommendation, in
18 terms of the timing of those two parts?

19 MR. GERHARDT: I think that's generally accurate.
20 I think the priority was removing MIPS and then -- the goal
21 was to replace it, but the timing, along with all the other
22 sort of particulars, was left up to sort of CMS and other

1 stakeholders to develop. Obviously, you'd want that
2 transition to happen as quickly as possible, but one wasn't
3 sort of hooked to the other directly time-wise.

4 DR. CHERNEW: Thank you.

5 MR. MASI: I agree with everything Geoff said,
6 and we can work to make sure the chapter is clear in this
7 area. I would emphasize what Geoff said, that there was
8 urgency to eliminate MIPS reflected in that recommendation.
9 I think that was kind of the headline message that I took
10 away.

11 MS. KELLEY: Okay. I have Lynn next with a Round
12 1 question.

13 MS. BARR: Okay. Good morning, everybody. I
14 have a number of Round 1 questions.

15 So I'm curious about, you know, the movement from
16 99213 to 99214, and I'm -- you know, one of the things we
17 hear all the time from clinicians is, you know, do more,
18 pay me less. Are we kind of mischaracterizing this a
19 little bit? I mean, it was about that time when everybody
20 started having this extensive amount of quality reporting
21 they had to do. We had to do depression screening. We
22 have to do, you know, substance abuse screening. I mean,

1 we have regulated a more complex E&M visit, you know,
2 particularly primary care physicians. So I'm just
3 wondering, like that just strikes me as kind of a, "look,
4 they're coding" more without sort of taking into account
5 what we might be doing around -- what they might be doing
6 with that extra time.

7 My next Round 1 question is that, you know, there
8 was a discussion about, you know, now it's -- the
9 matriculation of physicians, right? And what we didn't
10 mention in that matriculation of physicians was that we
11 went from, you know, one-third PCPs, two-thirds
12 specialists, to one-quarter PCPs, three-quarters
13 specialists. So are we really creating an adequate
14 workforce? And the fact that this has really been pretty
15 flat yet we have this huge aging population, you know, it
16 seems like we're paying them enough and we have all these
17 applicants but not enough slots potentially. But are our
18 payment policies actually driving people to more
19 specialists? I just felt like there was an awful lot
20 missing in that that says, oh, it's adequate, but I don't
21 think that supply could possibly continue to be adequate
22 given the aging of the population and also the shift from

1 PCPs, which are the lowest paid, to more specialists. Is
2 that also a result of what we're doing. These are just
3 questions I have.

4 When we calculate -- I'm a little concerned about
5 in the paper how we lump PCPs and specialists together. So
6 we have an average practice expense of 50 percent -- right?
7 -- and an average compensation of 50 percent. Is that true
8 for specialists and PCPs? You know, because maybe if we're
9 going to make a differential update on the practice
10 expense, yet their practice expense is much lower, then
11 we're actually going to be hurting the constituents we care
12 about the most. So I was curious if you could break that
13 out or if you've already found whether they're actually the
14 same. And that is the end of my Round 1 questions. Thank
15 you.

16 MR. O'DONNELL: So, Lynn, this is Brian. I can
17 take a shot at a few of them, and then my colleagues can
18 jump in.

19 On the shift from coding from 99213 to 99214 over
20 time, the process of increasing the intensity has happened
21 over the last two decades, and so, you know, I think we --
22 I think we did not mischaracterize it, particularly because

1 we didn't characterize it, in the sense that we said this
2 could be due to kind of increasing complexity, and one of
3 the things you mentioned is that they could be doing more
4 services during the visit. I think that's a fair thing.

5 I think the thing to note -- and we can give you
6 more data points -- is that it has not been a kind of last-
7 few-years thing. It's been happening kind of slowly over
8 the last 20 years, and a lot of that had preceded these new
9 codes that you are talking about.

10 So I would just state up front we didn't say that
11 it's all just coding, but we can make that as clear as
12 possible.

13 I think on the second point on the matriculation
14 of physicians, I think, you know, we hear you in terms of
15 the share of PCP versus specialist, and I think when we
16 presented this data, we were kind of looking for problems
17 on, you know, does the pie need to get bigger in terms of
18 clinician payments. And I think when we think of the
19 distribution of specialists versus PCPs, we tend to think
20 of that as kind of a relativity problem in terms of PCP
21 kind of salaries relative to specialists. And so we can
22 hammer that point home that the relativity issue, which we

1 have a long body of work in, is really probably the primary
2 driver, not the size of the pie. But we hear you on that
3 point.

4 And then on the practice expense point, when you
5 said kind of, we mentioned about half practice expenses is
6 for -- or kind of MEI is for practice expenses. And
7 certainly when you break it out by specialty, you'll see
8 that a lot of specialties, although not all of them, have
9 higher practice expenses. You know, primary care kind of
10 lives in the middle of the distribution, so you can think
11 right around half, but we can spell it out in the spring
12 paper. And then you have other specialties like, you know,
13 behavioral health or mental health counselors which have
14 very, very low shares of practice expenses. So you're
15 talking in maybe the 30 percent range.

16 And so you're right that there's a distribution
17 there and kind of as we think about how we might update
18 rates, that definitely is something that we can put in the
19 paper in the future.

20 MS. BARR: Great, because then --

21 DR. CHERNEW: Can I ask --

22 MS. BARR: -- said if we did something, you know,

1 more global, then the specialists would get more.

2 DR. CHERNEW: Well, so can I jump in for a
3 second?

4 MS. BARR: Yeah.

5 DR. CHERNEW: So this issue of primary care --
6 and I would add, while we're having this discussion, the
7 issue of behavioral health specialists is really, really
8 central to a lot of what we do. The challenge in these
9 recommendations is we do a lot of different things and we
10 approach them in different places, so we unnecessarily -- I
11 won't say un -- we necessarily end up dividing up certain
12 things. So, for example, the E&M rule, which I think
13 reflected a longstanding MedPAC view that we need to pay
14 more for E&M services to a bunch of people, including
15 behavioral health, a version of that has been implemented.
16 We've been very strong there. A lot of our -- like our
17 physician safety network, we've been very clear to try to
18 direct more money in that rule to primary care.

19 So the challenge we have is when we weave the
20 threads of all the different objectives through specific
21 things. So I'm going to paraphrase Brian's answer.
22 Correct me if I'm wrong, Brian. We care an enormous amount

1 about the relative payment of different specialty, be that
2 primary care to specialists, behavioral health and others.
3 We've done a number of things in those spaces that we will
4 continue to do and echo.

5 It is true that if we give a general across-the-
6 board increase dollar-wise, it helps the higher-paid groups
7 more than the lower-paid, because that's just the way
8 percentages work. The extent to which we target things is
9 probably -- and this is the part I want to hear your
10 thinking of, Geoff, Brian, and Rachel. The extent to which
11 we target things, maybe that would come up here in the
12 overpriced code portion where, say, we thought some things
13 were overpriced, but for the most part the targeting is
14 coming in other recommendations, and this is a bit of a
15 broader update recommendation, and now it gets to how we do
16 our March work as opposed to how we do some of the other
17 things. So that's sort of how I see this, but I
18 interrupted and rambled to explicitly make the point that
19 the spirit of the concerns you're raising, Lynn, are not
20 lost, I think, certainly on me, and I would say on the
21 staff, that the primary care, specialists, behavioral
22 health supply, those are really first-order concerns. How

1 that plays into this is a slightly different question, but
2 I will repeat, first-order concerns.

3 Did I mischaracterize anything, team?

4 MS. BARR: Can I just ask a clarifying question?
5 I know that last year, we talked a lot about we've got the
6 new E&M rules and everything's -- you know, this is really
7 going to help PCPs, but I read, I believe, just in the last
8 couple of days, that it ended up not really helping the
9 PCPs. And I'm very confused by that, because all of that
10 work was really to help primary care, and then it didn't
11 really give it much of a bump. So I'm still worried. These
12 policies, to your point, are very hard to implement, but I
13 don't think we've solved primary care payment unless other
14 people disagree.

15 MR. O'DONNELL: Yeah. And, Mike, I would just
16 say that I think that there was a two-part question, and I
17 probably answered the first part and you answered the
18 second one. Lynn asked about the distribution of practice
19 expenses, and then I said, of course, we can provide that
20 data to you. And then the bigger, larger, harder question,
21 which falls on you all, is how do you deal with that? Is
22 it a relativity thing? Is it a targeting thing, or is it a

1 general update thing? And that's for you all to discuss.

2 MS. BARR: Thanks.

3 MS. KELLEY: Okay. I have Scott next for Round
4 1.

5 DR. SARRAN: Can you hear me?

6 MS. KELLEY: Yes, we can.

7 DR. SARRAN: Okay, great.

8 Yeah, so two questions. First, Mike, can you
9 help us collectively understand how we think about the
10 disconnect between the consistent rise in physician incomes
11 versus the discrepancy between MEI and the physician fee
12 schedule? And my question is meaning, is the rise in
13 physician income something we should consider in this
14 discussion, or is that essentially out of bounds for our
15 work?

16 And the second question is really on this issue
17 of whether the shift in coding patterns as well as the
18 overall increase in both volume and intensity of services
19 is something that is physician-driven without being driven
20 by either new value creation, new standards of care, new
21 quality requirements increasing severity of illness, et
22 cetera. And the question there is, is there any reasonable

1 way we can try to parse out the causalities of that
2 observed rise in volume and intensity of service? Is there
3 any research out there that we haven't yet pulled? Are
4 there any data sets that we could incorporate to help us
5 parse that out? Because it is an important question.

6 DR. CHERNEW: Brian, let me -- or Geoff or
7 Rachel, let me answer the inbounds question, and you can
8 answer the technical questions. I have my thoughts on
9 them, but for the inbound question, Scott, it is certainly
10 inbound to consider what the trajectory of physician
11 incomes are broadly, the same way we would think about that
12 across other sectors. Our goal is not to make that the
13 determining factor of what we recommend. We would like the
14 Medicare rates to be adequate, whatever that means. So
15 that's my general sense is it's certainly inbounds, but
16 it's not definitive in terms of what we should do.

17 In terms of parsing it out, I think it's a
18 combination of things that are happening outside of
19 Medicare -- consolidation would be the main one -- and
20 things that are happening inside Medicare, some of the
21 volume and intensity things that was mentioned. And I'm
22 going to save the answer to how we parsed out the volume

1 intensity stuff, which I do think is quite important to the
2 staff.

3 MR. O'DONNELL: So I don't have a great answer on
4 the volume/intensity thing. I think we can double back and
5 look at what research is out there.

6 It's often -- and we gave you multiple examples
7 in the paper, and so it's going to be example-specific, so
8 the disaggregation for CTs might be different -- CT scans,
9 rather, might be different than E&M office visits. So I
10 wouldn't think of it as one global bucket needs to be
11 sussed out. It's probably lots of little buckets.

12 But I do think that one of the points that we
13 were making on the volume and intensity bit is that the fee
14 schedule relative to other payment systems is kind of
15 uniquely susceptible to volume and intensity. So, within a
16 hospital DRG, there could be lots of things happening or
17 increasing over time, but the payment system doesn't reward
18 that necessarily. And so I think that's one of the points
19 we were trying to make.

20 DR. CHERNEW: And, in fact, what I think they've
21 done is they had a system for volume and performance, which
22 was called "volume performance." Then they had a system

1 called "sustainable growth." It was called "volume
2 performance." Those had a bunch of design flaws because of
3 their aggregate nature, which was pointed out in the
4 presentation, and what seems to have happened going forward
5 -- and I think the staff said this, so I'm reiterating it -
6 - there's less concern on volume and intensity. There's
7 addressing it by having very low fee uptake, and that's
8 sort of been the tradeoff. And a lot of this discussion is
9 what are the limits to that, essentially, and that's
10 basically the discussion we're now having.

11 MS. KELLEY: Okay. I have Larry next.

12 DR. CASALINO: Really outstanding written
13 materials. I really, really, really -- I didn't know we
14 were going to be getting a packet like this, and I was
15 really delighted. I think it was outstanding. The
16 historical discussion of evolution of physician payment was
17 terrific, and I like the five policy areas that you divided
18 things out. It was wonderful throughout, really. Great
19 work, even by the Commission's high standards.

20 I have two Round 1 questions. One is in terms of
21 the more intense coding, moving from 99213 to 99214 and
22 99215, Brian and Scott have addressed some of the reasons

1 why that might be happening, and I agree some of it
2 probably is increased complexity of what physicians are
3 supposed to do. I think there is some target income
4 efforts on physicians that has led to increased coding.

5 But the question I have is, how much of this
6 increase -- this should be a relatively easy thing to do --
7 comes from -- how much increase nationally comes from
8 physicians who almost always code 99214 or 99215 or in some
9 cases almost always code 99215?

10 We published a paper some years back -- and I'm
11 sorry I don't have it at my fingertips now -- where we show
12 there's not an insignificant number of physicians who do
13 that. It's unlikely that they could have a rolling
14 business fee 99215, for example, without working about 24
15 hours in the day.

16 So the question I have, really, is this a
17 significant enough phenomenon if one matched what these
18 physicians are doing against the overall increase in 99214,
19 99215? Would there be a significant impact if there was
20 more of an effort to go after that kind of fraud and abuse?
21 Because I don't think there is much effort now.

22 I guess that's not much a question as asking you

1 if there's something that you could do to look into that.

2 I'm happy to share the paper with you if you like.

3 And then I do have one more question, but if you
4 want to comment on what I just said?

5 MR. O'DONNELL: Yeah. I can comment on that. So
6 I think directly answering your question, we did not do
7 that. It is something we could do, but taking a step back
8 and thinking about it globally, the shift has been so
9 substantial in terms of maybe 20, 30 percentage points,
10 something like that, such that I don't think it's simply a
11 tail effect or a very, very small number of clinicians
12 that's driving it. It's largely a broader spectrum change,
13 and we did see across both PCPs, specialists, and then
14 APRNs and PAs.

15 So, at a first kind of blush, it looks relatively
16 broad based, but that's not to say that there aren't some
17 folks who are doing it more aggressively than others or
18 they had a disproportionate impact. So we can look at that
19 in the future.

20 DR. CASALINO: I agree with what you're saying,
21 Brian. I guess another way to frame the question would be,
22 is this tail, even though it's only a small fraction of the

1 overall increase, is it still a large enough absolute sum
2 of money that it would be worth CMS looking at it more
3 carefully, I guess, would be the question. And that is
4 something you probably could look at pretty easily, and I'm
5 happy to share the data with you.

6 The second question is, you know, on page 22 of
7 what you all sent to us -- and this isn't the only time
8 that we've seen this -- you point out that the Commission's
9 criteria for thinking about payment adequacy, there are
10 three principles. One is ensuring beneficiary access to
11 care. Second is promoting high quality, and third is
12 making sure payments are adequate to meet the cost of
13 relatively efficient providers.

14 But really the materials you sent to us -- and I
15 think this is generally true -- and it's not your fault.
16 It's just the nature of what's available, but I think the
17 third point about relatively efficient providers, my
18 understanding is for physician practices, we don't really
19 have data on that. So you kind of ignored it, I think, in
20 the written materials.

21 But the second one, quality, also really didn't
22 come up much in this chapter. So what we've really gotten

1 rid of materials is one out of three principles.

2 The third one probably can't be gotten at for
3 physicians that are relatively efficient providers.

4 Second one, quality, I just wanted to hear what
5 you guys have to say about that.

6 MR. GERHARDT: So, Larry --

7 DR. CASALINO: Let me just put it one other way.
8 I can imagine a situation -- and I think we may even be in
9 a situation -- where access is -- where measures of access
10 are good, but quality is still not good. But we might not
11 know that.

12 MR. GERHARDT: Yes.

13 MR. MASI: Can I jump in? Maybe I'll jump in to
14 take the first pass, and then you should certainly jump in
15 because you know more.

16 So I really appreciate you surfacing this, Larry.
17 On quality, we can see what we can do to bring more
18 information on quality into this discussion. As Geoff said
19 at the beginning, this line of work, while it's related to
20 our payment adequacy work, it is also a distinct block of
21 work that we're pursuing here. And so there is some
22 judgment involved about how much work from this other line

1 of work do we copy over to here, but we can see what else
2 we can bring with respect to quality.

3 On cost, I agree with you that there are data
4 limitations here, and so we are somewhat limited in terms
5 of what we can bring to that conversation. But, in my
6 mind, I do think of the entire MEI conversation as somewhat
7 related -- as a cost consideration, thinking about how
8 growth and input costs for physicians has trended over
9 time. And we did try to emphasize that both in the written
10 materials and the presentation, but we're happy to look
11 more closely at that to see if there's some additional
12 information we can bring to bear.

13 But, Geoff, you should certainly jump in here as
14 well.

15 MR. GERHARDT: No, I think what you said is fine.

16 I think, Larry, since you've been part of this
17 process for many years, you'll probably remember that when
18 we do the annual assessment as part of the December-January
19 process, we admit that it's much more difficult to measure
20 quality and costs in the clinician world. We take what
21 data we can get, and we use it, but it's just -- it's
22 either not there or not very reliable for those two sort of

1 areas. And so we end up focusing more on access than we
2 might with some of the other payment systems.

3 But I think, as Paul said, we'll see what we can
4 do to bring in more on those other two issues going
5 forward.

6 DR. CASALINO: Great.

7 MS. KELLEY: Okay. I have Brian with a Round 1
8 question.

9 DR. MILLER: Thank you.

10 And I want to echo various comments that I
11 enjoyed. The historical journey down physician payment
12 policy was a fun trip, and we don't get to take it very
13 often. So that was very well done.

14 Two questions. I guess two big ones and a few
15 small ones. The big ones are, we talked about physician
16 compensation as being a measure that payment levels are
17 accurate, yet over the last 20 years, physician payment has
18 changed at a very low rate, while hospital IPPS, OPSS rates
19 have gone up a lot, and physician employment has become a
20 huge trend. So physicians were previously in independent
21 practice, now many are corporate employees.

22 So when we are measuring physician compensation,

1 are we taking that into account? And if not, when we say
2 physician compensation is adequate and increasing, are we
3 really saying that the lack of site-neutral payment has
4 made up for the decline in physician fee schedule and
5 encouraged consolidation? So that's one big question.

6 The second question is around the measures of
7 beneficiary access and sort of bene satisfaction. If we're
8 comparing commercial private insurance to the Medicare
9 population, those are very different populations, and
10 frankly, they have different expectations and a different
11 schedule.

12 So when they self-rate, like if you're working
13 8:00 to 6:00 p.m. and someone offers you a Tuesday 11:00
14 a.m. appointment, your answer is that's not adequate access
15 for me. If you're retired and have activities and things
16 you do, that may be considered adequate access for you. So
17 are we considering these sort of differentiations between
18 those two populations?

19 MS. BURTON: Well, I think at the end of the day,
20 we're trying to assess whether beneficiaries' access needs
21 are being met, and when large shares say they are, I think
22 that is somewhat reassuring to us.

1 On your first point, when we've looked at the
2 compensation of physicians in hospital practices versus
3 independent practices, we don't find that hospital
4 practices consistently pay more than independent practices.
5 So I just wanted to mention that on that point.

6 DR. MILLER: So we should probably include data
7 and parse the physician compensation question down into
8 more detail if we're going to make that assertion.

9 Another couple of other questions about figures.
10 Going to Figure 3, which I know one of my colleagues had
11 asked about, the per capita physicians and noted
12 appropriately the differentiation between primary care and
13 specialty care, wouldn't a more appropriate measure be per
14 capita applicants and matriculants, noting that the
15 domestic population has grown significantly over the past
16 40 years? So it's actually unclear if an absolute number
17 adequately reflects supply.

18 MR. O'DONNELL: Oh, yeah. I can take that one.
19 I think we can think about that. The per capita makes
20 sense.

21 I do think that looking at it over the last 20
22 years when physician updates were quite low, you're still

1 going to see that upward slope. So applicants per capita
2 will still be increasing at a time when fee schedule rates
3 are low, but we can look at putting it on a per capita
4 level.

5 DR. MILLER: And then the question about Figure
6 2, which I enjoy --

7 DR. CHERNEW: Wait. Can I just jump in and say
8 something in response to that, Brian?

9 DR. MILLER: Sure.

10 DR. CHERNEW: I think the point broadly to take
11 away is, regardless of per capita or not, I think it's
12 pretty clear that there's excess demand to be physicians
13 relative to excess supply. People want it. I think that's
14 because there's constraints on the number of slots. So if
15 you just looked at the number of people coming into the
16 physician labor market versus the number that want to,
17 there's fewer, because of other constraints in the system.

18 DR. MILLER: Thank you.

19 One of the other questions I want to ask about
20 was in Figure 2. We note the MIPS max adjustment, but the
21 actual adjustments are often much lower due to budget
22 neutrality. And perhaps we should just figure to account

1 for that. It might more accurately display the effective
2 max. I looked it up. I think that the max performance
3 bonus in 2018, for example, was 1.68 percent, which is a
4 very different message than saying that you could get a 9
5 percent for exceptional performance.

6 And then a final question about the volume
7 intensity response, building off others, even if there are
8 multiple components -- maybe there's a component of
9 increasing patient complexity; there's a component of
10 income targeting -- isn't there also a component or
11 potential alternative explanation that the volume and
12 intensity modulation suggests that payment levels are too
13 low, and that that is a response to that?

14 MR. O'DONNELL: So I do think there are two broad
15 -- and we have a text box on this, but two broad theories
16 about how payment rates reflect kind of volume and
17 intensity. I think one school of thought says the lower
18 payment goes -- payment rates go, the higher the volume and
19 intensity. That's one school of thought. And then the
20 other school of thought says the exact opposite, which is
21 the sense that the lower payment rates go, the lower volume
22 and intensity goes. And people can have their equities on

1 which side of the fence they are on, but I do think the
2 last decade, we've had very, very low fee schedule updates
3 and quite low -- and relatively low volume and intensity
4 growth. So I do think that there's been new research
5 coming out on that front, which we can try to incorporate.

6 DR. MILLER: Thank you.

7 DR. CHERNEW: I just want to do a time check. We
8 need to get to Round 2. So I want to just emphasize as we
9 go through this is, this is Round 1, clarifying questions.
10 I didn't mean that to sound aggressive.

11 MS. KELLEY: Okay. We have Gina next.

12 MS. UPCHURCH: Great. Thanks. This will be
13 quick.

14 Yes, it was a great chapter, and it's -- I've
15 tried to wrap my head around Medicare Advantage and the
16 Part D benefit for years and how complex it is. I will say
17 how we pay providers is equally complex and lots of revenue
18 streams, so thanks for trying. Especially giving the
19 history of it was very helpful.

20 Just a quick question. So these payments that
21 come for A-APMs, whether it's the bonus payment or trying
22 to get at the quality of the A-APMs as well as the MIPS

1 payments, are they directly for provider compensation, or
2 can they be spread across practice? I mean, does it go to
3 the practice to spread the funds however they wish to, or
4 is it directly tied to compensation? It wasn't clear in
5 the writing, and I'm just not clear. Thanks.

6 MS. BURTON: You know, I'm not sure if it's to
7 the TIN or the NPI either, so we can look into that and add
8 that.

9 MS. UPCHURCH: Great. Thank you.

10 DR. CASALINO: I can respond to that. It goes to
11 the practices, and the practices decide what to do with the
12 money. Unless you're a solo practitioner, it doesn't go
13 directly into your pocket.

14 MS. UPCHURCH: Thanks, Larry.

15 DR. CHERNEW: Josh Gottlieb does a paper on the
16 passthrough, and I'll try and get you the numbers to how
17 much seems to be passed through.

18 MS. KELLEY: Tamara.

19 DR. KONETZKA: Great. This can be quick because
20 my original question was really the exact same as Scott's
21 second question, and that's come up a few times. And that
22 is about the increases in volume and intensity over the

1 years. Is there any way to parse out what part of that is
2 due to coding, what part of that is due to changes in
3 technology, underlying health versus just making up income?

4 And I think I had some similar thoughts to Brian
5 as well that this could be a reaction to rates. It could
6 be something they would do anyway, but to the extent that
7 this is a strategy pursued by physicians to compensate for
8 lower rates, I think it would be interesting to see. And
9 I'm curious if you ever did the analysis of volume and
10 intensity increases by a type of physician, right? And
11 this goes back to the primary care versus specialist too,
12 because I think to the extent it's a way to compensate for
13 lower rates, it's much easier for procedure-based
14 specialties to make up for those rates through volume and
15 intensity and probably much less so for primary care.

16 I realize it's quantitatively actually quite
17 challenging, but if we can get to the point where we have a
18 sense of how much this is to make up for rates, we may want
19 to consider the unintended consequences of that for
20 different types of specialties.

21 So I guess the question was, have you looked at
22 it by types of physicians?

1 MR. O'DONNELL: So I can answer that. I don't
2 know that we've looked at it specifically by types of
3 physicians, but we have looked at by type of service. And
4 so your intuition is probably correct, at least in part.

5 So when we looked at the number I cited for
6 imaging, it was 75 percent. You also saw more rapid growth
7 for test and procedures. Growth for E&Ms, which PCPs rely
8 on, but also major procedures where about half the volume
9 and intensity growth.

10 So I would say there probably is less ability for
11 PCPs to grow their volume and intensity, but I do think
12 other types of clinicians probably fall into that bucket as
13 well, and we can look at that.

14 MS. KELLEY: Okay. That's the end of Round 1,
15 Mike.

16 DR. CHERNEW: Okay. And I think Round 2 is going
17 to get kicked off with Jonathan.

18 MS. KELLEY: Right.

19 DR. JAFFERY: Great. Thanks.

20 And like others have said, this is a great
21 chapter. I mean, so much educational material in the
22 background and the history of it was really, really

1 helpful.

2 I'm going to start with -- since I think a lot of
3 this is really ultimately about access for beneficiaries to
4 high-quality, affordable care, I'm going to talk about a
5 couple of things, make some comments about some things in
6 the chapter that I think speak to that as a sort of
7 foundation. And then I'm going to try and really couch my
8 comments to address your four questions that you have on
9 the slide up there.

10 But I was struck by some of the data you
11 presented about how we anticipate that over the next X
12 number of years, we'll see that practice costs for patients
13 that continue accept Medicare, patients will increase by 35
14 percent, while payments will increase from 2 to 5 percent
15 under the current methodology of the differential updates.

16 And it strikes me, like many things we've talked
17 about in this Commission over the past several years, that
18 I worry a little bit about something that could be a
19 lagging indicator versus a leading indicator.

20 I mean, I think as we sit here, it's still pretty
21 anathema to most physicians to think about not taking
22 Medicare patients, but there could come a point where the

1 issue gets forced. And once practices stop taking them, I
2 think it's going to be too late to fix it. It's going to
3 be really hard to reverse, especially if we continue with
4 along the lines of what we see projections around physician
5 shortages. And there will be too many other patients, and
6 so I worry about that.

7 We talked a lot about this and will, I'm sure,
8 again in December and in January when we talk about the
9 updates. We talk about some of these things every year.
10 One of the things on page 25 that stuck out to me that I've
11 seen in previous years in the December chapters around this
12 notion that relatively smaller -- a small share of
13 beneficiaries reported experiencing trouble getting health
14 care last year, and it's 8 percent. And that's the quote.

15 And I think, yeah, 8 percent is, I guess, small
16 compared to 92 percent, but it's still 1 in 12
17 beneficiaries and more than 5 million people. So I just
18 think we should be careful with that language because it's
19 a big deal to a lot of beneficiaries and their families.

20 Page 27, you outline reasons that providers may
21 choose to accept Medicare, and I think the one thing that I
22 want to mention that I don't think I saw there was prompt

1 payments are another thing that is really helpful for
2 providers. So whether Medicare is considered a good payer
3 or not in terms of absolute dollars, CMS does tend to pay
4 promptly. And this is, I think, notably a problem as more
5 and more beneficiaries shift into MA plans, because that's
6 not consistently the case with those plans.

7 In fact, I know of health systems that are really
8 struggling with their contracts with MA plans because of
9 that. It's often less about the payments that they're
10 negotiating as it is about -- or how much they're going to
11 get as it is about just getting them to pay them promptly.
12 And that's not just a slow payment. It's denials that then
13 get reversed and things like that.

14 So kind of with that as a context to go to the
15 four questions, number one, should we think about
16 incorporating some portion of inflation? I think we have
17 to. When I look at SGR, the history that we have and the
18 history that we saw in the last -- you know, four of the
19 last five years when there have been zero percent updates,
20 we've seen Congress go back and change that.

21 And, yes, predictability is important for anybody
22 when they run a business. That's one of the things that we

1 hear over and over again from people in all kinds of
2 sectors and industries. But if we're really stuck at 0.25
3 or 0.75, which is -- you know, 0.25 is very close to
4 nothing. Going back to that huge differential between
5 practice expense and cost of living, inflation, all that, I
6 think it's just going to continue to be a problem. And
7 we'll continue to see -- whether we think it's right or
8 not, we're going to continue to see it mitigated on an ad
9 hoc basis annually or perhaps more than annually.

10 In terms of some limit on spending growth, I'm
11 not sure what we mean there. I think those are some of the
12 policy goals. If we're talking about putting absolute
13 limits on, I worry in the way that -- you presented decades
14 of experience leading up to SGR and stuff, that I think we
15 really want to avoid getting into that cycle again because
16 that was quite problematic. So I think it's actually the
17 policy goals are there. I'm not sure what we mean by
18 actually limiting it, and so I worry about that.

19 The site-neutral payments, this is complicated,
20 as we've talked about already, the way that this ties into
21 concerns about consolidation. There's obviously a lot of
22 discussion about site-neutral right now, both within the

1 Commission and on the Hill and in other places all across
2 the country. So I worry a little bit about conflating all
3 those conversations with the physician payment updates.

4 Again, there is, I think, a considerable concern
5 or opportunity to discuss how this impacts consolidation
6 and things like that, but I worry a little bit about how
7 that -- if we're trying to make the updates to the
8 physician fee schedule, address that issue at the same time
9 as it's being looked at in other places that's going to be
10 a confusing issue.

11 That said, I think I really some of the
12 exploration around linking some of those payments, and
13 maybe it's the practice payment-- practice expense payment
14 to some of the hospital outpatient department updates, to
15 at least mitigate some of those discrepancies and
16 differentials.

17 And then, finally, on the advanced APM bonus, I
18 always really like this idea of differential updates as a
19 method for trying to encourage people to go into advanced
20 APMs. I think what we are seeing in practice here is
21 something that is probably not workable and partly because
22 the differentials may not be big enough and because the

1 absolute numbers of the updates, as we've said, 0.25 or
2 0.75, just don't work in a time of inflation as high as
3 we've seen it or even normal times of cost-of-living
4 increases.

5 I was not on the Commission in 2016. I was on the
6 Commission for the recommendation about an advanced APM
7 bonuses being something that should go to the organizations
8 that only achieve shared savings. I've said this before.
9 I don't agree with that, and I think that these bonuses are
10 used in a couple different ways.

11 First of all, you mentioned that they're only
12 \$1,500 per provider, but as we're just talking about with
13 the MIPS payments, these are generally going to -- or often
14 at least going not to individual providers but to systems
15 or organizations that are investing in the capabilities to
16 succeed in value-based care. And so what those
17 organizations are often doing are using, they are using
18 that to have some certainty that they're getting some money
19 up front. They're going to get those dollars to pay back
20 for those investments into those capabilities, and there's
21 a bit of risk mitigation.

22 We can have discussions. I think it's a

1 reasonable discussion about how long we support that. I
2 don't think we're in a place where people are engaging
3 consistently on advanced alternative payment models, to say
4 that we did it and this infrastructure is there. I think
5 people are still very worried about the increased
6 infrastructure costs and the risk mitigation issue,
7 particularly as the models keep changing. You can be doing
8 very -- I mean, I saw this experience when I knew that next
9 gen was something we could perform in and then had to go
10 into two different models in two subsequent years, and that
11 uncertainty came right back.

12 So I think that's something worth discussing, and
13 in my mind, if the goal is to reward people for good
14 performance in achieving shared savings, there's more
15 efficient ways to increase those rewards to people than a
16 separate bonus payment.

17 So those are some of my thoughts, and again,
18 thank you. This is a great chapter and obviously a very
19 important discussion.

20 MS. KELLEY: Stacie.

21 DR. DUSETZINA: All right. Great. I'll just be
22 brief here. Thanks, Rachel, Brian, and Geoff. I agree

1 with what others have said about this being an exceptional
2 chapter, and especially the historic overview of the
3 payment system and how it has evolved was very helpful for
4 thinking about ways to think about it moving forward.

5 Just really briefly in response to the questions,
6 I do think it's important to consider adding an inflation
7 factor here. It feels a little bit -- like, you know,
8 we've seen how much inflation has changed over the last
9 couple of years. Looking at some of those graphs with the
10 updates relative to inflation, it just feels like an
11 obvious thing to do.

12 But then in the chapter, you do a really nice job
13 -- and in the slides -- of kind of showing us that that's
14 not the full picture, and that volume and intensity part is
15 really another important part of this.

16 So there was one thing that it was kind lingering
17 in my mind, and it gets to the last question about the A-
18 APM. And to me, that was, do we have any evidence of
19 differences in volume and intensity by A-APM participating
20 clinicians versus not? Because it felt like that was
21 something that was alluded to, and maybe the goal there is
22 trying to pull back on volume and intensity in those

1 settings or for participants. But it would really help, I
2 think, to be able to answer that last question about should
3 we incentivize people to go into those arrangements if we
4 knew if they were different, if they were different in
5 volume and intensity or if their trend had looked different
6 over time.

7 So I guess I felt, in reading this, I'm very much
8 in favor of adding an inflation piece but also trying to
9 rein in some of the volume and intensity issues. I'm very
10 pro site neutral. I'm also very pro thinking about the
11 overvaluation of codes and how to try to rein that in.

12 So I'd say incredibly supportive of doing
13 something, because I think, as Jonathan mentioned, we want
14 to be really careful about not getting behind here. Like
15 if access is good now, we don't want access to change
16 before we start to do something or to respond to try to
17 make sure that we're adequately supporting payments in this
18 space.

19 DR. CHERNEW: Brian, let me just answer Stacie
20 very quickly. The staff may disagree. The evidence on
21 whether alternative payment models influence volume and
22 intensity, I think it's pretty clear that they do. It's

1 also pretty clear that the effects are relatively modest.
2 There is evidence that, for example, they reduce low-value
3 care. So there is a change in utilization associated with
4 these alternative payment models. Certainly, they use less
5 care in terms of post-acute.

6 How much of that is like coding issues versus
7 real care pattern issues is a different issue. So there's
8 a lot of nuance there, but I think, broadly speaking, in
9 what I consider to be models that could really have some
10 design improvements that would help, but even in the models
11 we have, I think there's clearly been an impact.

12 But given time, I will say more, and let me
13 emphasize that. Given time.

14 So, Dana, who's next?

15 MS. KELLEY: Lynn.

16 MS. BARR: Great chapter, one of the best. I
17 agree with the Commissioners.

18 So I am definitely opposed to increasing the gap
19 in pay between specialist and primary care, and I think
20 we've got to pay a lot of attention to that because we
21 don't have anybody wanting to be in primary care anymore.
22 And if it was up to me, I'd just pay them twice what we pay

1 them because we desperately need them.

2 I'm definitely in support of adding MEI, but
3 again, I would look at it differentially to the classes of
4 providers. And I don't totally agree with Michael's
5 opinion about making sure we're looking at behavioral
6 mental health providers as well, not just PCPs.

7 There's some limit on spending growth. I think
8 that's what we do. So I'm not going to even address that.

9 Considering updates that promote site-neutral
10 payments, this has been, I think, an issue that has divided
11 the Commission historically, and we've talked a lot about
12 the fairness of whether we pay the same in one location
13 versus another, and we should incentivize people to choose
14 the most efficient location. I'm not convinced that we've
15 really done enough, and maybe I've just missed this. And I
16 would appreciate if the staff could point me to this, of
17 the value of the services at different locations. If I
18 have cancer and I have a severe cancer, do I go to a
19 freestanding oncology group? Do I go to a cancer center?
20 Do I go to an academic medical center? I'm going to have
21 very different outcomes and very different options based on
22 those choices. I want to understand too as we talk about

1 site neutrality -- I mean, we have a responsibility for
2 value, right? And I'm not sure -- well, I actually am
3 quite sure. I don't get the same value of even a PCP visit
4 in a freestanding clinic as one that's attached to a
5 hospital that has put in quality reporting and processes
6 and oversight. So I don't think site neutral is neutral.

7 As far as the A-APM bonus goes, it has been a
8 tremendous driver of joining the risk-based models, and
9 without the A-APM bonus, I don't know if we would have been
10 able to move. And we were in my last year of Caravan
11 before I left. We were able to move 90 percent of our
12 providers into a risk-based model, right? And I'm talking
13 about 750,000 providers, and the APM bonus was one of the
14 number one drivers.

15 So I think that, A, we need to protect that A-APM
16 bonus, and we also have to protect providers that enter
17 into these models, take this risk, and that if they don't
18 receive the bonus and they don't make -- if being in MIPS
19 is more attractive than getting an A-APM bonus, we need to
20 address that. There has to be a floor where they don't get
21 less, right, because it's hard, and it's super expensive.

22 So support as MEIs again for PCPs, and, oh, the

1 other question about globals, go to global zero. That
2 seems like an absolute no-brainer. We're just wasting
3 money there, and it's not on your list. But that was in
4 the chapter, and I totally agree with that.

5 Thank you.

6 MS. KELLEY: Amol?

7 DR. NAVATHE: Thanks, Dana. So, Geoff, Brian,
8 and Rachel, I first just wanted to commend you on really an
9 amazing writeup. I agree with everybody who said that the
10 historical piece of this ended up actually being really
11 fundamental, I think, educational, but also covered a lot
12 of really relevant ground as we're thinking about inflation
13 updates and other factors. So thank you for taking what is
14 a very multifactorial and complicated topic and distilling
15 it to something that was really, really a wonderful read,
16 and I learned a lot. So thank you for that.

17 I want to try to organize my comments and try to
18 be as efficient as possible. The first thing is I'm very
19 struck by the fact that when we talk about reforming the
20 fee schedule or trying to work in this space that there
21 could be very different policy goals, you know, intentions
22 and motivations. And even in the context of thinking about

1 how inflation might interact with it, we still might have
2 multiple different goals. And it strikes me that many of
3 the Commissioner comments are probably coming potentially
4 at different directions, and that's good, but motivated
5 kind of by what underlying policy goals they might have.
6 So we might worry about access. We might worry about
7 consolidation and think about site neutrality from that
8 perspective. We might worry about inflation in the context
9 of lack of wage growth for physicians. We might worry
10 about symmetry across the different payments rates and
11 schedules that exist in the Medicare program. We might
12 worry about PCP versus specialist differentials.

13 And I think, you know, obviously it would be very
14 complicated to try to take each of these in turn, but to
15 some extent I think that -- to me that becomes a kind of
16 governing point, is it's going to be very hard to
17 accomplish everything at once, and so to some extent the
18 question is, you know, where should we focus? Where do we
19 have the empirical justification, since that's how MedPAC
20 as a Commission had traditionally done thing, looking at
21 the data and trying to drive toward things there.

22 From that perspective, I guess I would say the

1 empirical basis to me seems most likely strongest,
2 particularly with respect to the inflation side, on the
3 site neutrality part of it, given that that's consistent
4 with, you know, Commission principles and other work that
5 we've done as well. So I support the idea that we want to
6 think about an inflation adjustment, kind of addressing the
7 first bullet point here or question here, very much in the
8 context of a governing philosophy of how do we continue to
9 promote site neutrality. So I wanted to just sort of
10 articulate at least the vantage point that I'm coming at
11 this with.

12 The second point is I think, you know, I'm very
13 generally supportive of the idea that we need ways and
14 policy levers to try to address volume and intensity growth
15 overall. I'm very struck, especially given the wonderful
16 writeup on the historical pieces, that getting the
17 incentives right is really fundamentally important. So
18 having some kind of ad hoc, ex post type of volume and
19 intensity adjustment as we saw previously was essentially
20 disastrous. I think it doesn't make sense for us to do
21 that because that's got either some national -- has been
22 historically at the national level, maybe it could be done

1 as a regional level. Regardless, it's not going to filter
2 down to the individual clinician incentive.

3 So I think that seems fraught to me in that kind
4 of a such based on the sort of history that we have there,
5 what we understand of the economics and psychology of
6 clinicians.

7 Interestingly, just parenthetically, you know,
8 MIPS was sort of -- while I'm generally supportive of the
9 idea that MIPS does not really work, quote-unquote, "to get
10 its goals done," the interesting feature about MIPS is that
11 it drives some of those cost incentives in the future,
12 episode-based cost measure and other things to the
13 clinician level.

14 That leads me to the next question around, you
15 know, how would we potentially try to address this volume
16 and intensity growth, and I think I agree with Lynn and
17 perhaps others around this notion that, you know, A-APMs
18 are probably the most effective way we have to actually
19 drive those incentives down to the individual clinician, or
20 at least for the organization that's managing individual
21 clinicians that can influence their behavior. And so I
22 think it makes sense that we would want to restructure or

1 reform the APM or A-APM bonus structure, but I think we do
2 want to keep the incentives generally aligned around trying
3 to incentivize more movement into A-APMs, since -- first, I
4 think tell us the best example of a way to drive those
5 kinds of volume and intensity incentives down to the
6 clinician level.

7 The fourth point I wanted to make is around
8 overvalued codes. We covered this. It's not on this
9 slide, but I think, you know, there's the broad question
10 around the relative value of different codes, primary care,
11 specialty. I think that it would be great to take up that
12 work. I think that would be hard to kind of jam in with
13 the rest of the stuff that we have here. Other than these
14 overvalued codes, as Lynn said, it seems like, you know,
15 potentially a no-brainer there, that we're not getting any
16 value from what the MedPAC analysis shows.

17 So the last thing, I just wanted to kind of
18 reflect upon all this because there's so many different
19 dimensions here. I think my general feeling here is that
20 there's a lot -- I feel most compelled in the short run to
21 think about the site neutrality philosophy in the context
22 of the inflation adjustments, because that seems like it's

1 just empirically the most justified, to a certain extent.
2 I think that should be paired in the context of work that
3 is trying to address efficiency in the fee schedule from a
4 volume and intensity perspective. The global codes piece
5 of it might be easy low-hanging fruit to start with, but I
6 think that's probably not the full extent of what we want
7 to do there. And I think we could certainly dial into or
8 continue to develop complementary work around things like
9 the primary care-specialty elements as well, although as I
10 said I see that more as a complement than something that
11 has to be integral as part of this.

12 Thank you so much.

13 MS. KELLEY: Scott.

14 DR. SARRAN: Yes, I'll be brief as what I'm going
15 to say I think largely is consistent with other comments.

16 First, in terms of should we reform or be in
17 favor of reforming the current law, I think absolutely. I
18 think one of the very nice outcomes of the staff having
19 done such an excellent job of recapping the history of
20 policy in this space is it gives us perspective -- or it
21 should give us perspective that we've got to do something
22 different and better and more consistent with where we want

1 to be in several years. So a strong yes on that.

2 In terms of Question 1, absolutely, I think for
3 all sorts of basic fairness and other reasons, we have to
4 slice off the practice expense piece from the rest of the
5 payment and appropriately incorporate MEI into that. You
6 know, we do it everywhere else in all the other provider
7 sectors. That is just real basic, and lots of reasons that
8 others have alluded to today on that.

9 Question 2, Amol, I think you said it really
10 well. There's just -- just trying to put a cap at a huge
11 macro level doesn't work. It's the wrong tool.

12 Question 3, yes, I think as a Commission we've
13 had pretty strong consensus that moving down the site
14 neutrality road, albeit with a lot of thought to the
15 nuances that are important to incorporate in that, that's
16 absolutely the right thing to do, so I think we keep our
17 foot on the path there.

18 Question 4, yes, I think MIPS -- I think we're in
19 agreement. It's just the wrong -- you know, it's the right
20 public policy goal or it embodies the right public policy
21 goal, but it's the wrong tool for a variety of reasons.
22 And I strongly believe that we've got to keep -- same

1 analogy, keep our foot on the gas on the A-APM because,
2 directionally and messaging-wise, it's so darn important.
3 Even if we believe that we don't have a perfect way of
4 operationalizing that direction, we've still got to go in
5 that direction. And so anything we do that takes our foot
6 off that gas pedal, you know, that sends a conflicting
7 message about the directionality I think would be a real
8 mistake.

9 Thanks.

10 MS. KELLEY: Robert.

11 [Pause.]

12 MS. KELLEY: Robert, I'm sorry. We can't hear
13 you.

14 [Pause.]

15 MS. KELLEY: I'm going to go to the next person
16 while we try to figure out Robert's audio issue here.
17 Let's go to Betty.

18 DR. RAMBUR: Thank you so much for this
19 fascinating discussion and fascinating chapter. I'm
20 looking forward to see it as a blockbuster on Netflix.

21 A couple of comments, and then I'll go over the
22 four points briefly. I was not on MedPAC when the

1 recommendation to eliminate MIPS was made, and I just have
2 to say that I would have found that difficult to support
3 because I think it's absolutely essential that taking on
4 responsibility for the cost and outcomes of care is
5 essential, that it's not voluntary, it's essential. And,
6 you know, there can be off ramps for small groups or
7 whatever, but without really thinking about all-inclusive
8 models, we're still supporting cure-based, care-centric
9 care in a time and an age group that needs care-centric
10 teams. Teams were mentioned by Gina, et cetera. Also, the
11 essential nature of eliminating waste, and Larry and others
12 have rightfully mentioned access, and I do think that's
13 really important. But there are so many sacred cows, and
14 if I just may illustrate one, the United States has just
15 lowered the age of mammogram routine screening, even though
16 we know other wealthy nations do not do routine screening
17 and have relatively the same death rate from breast cancer.
18 So that's a heretical thing to say, and as a woman and a
19 nurse, I feel like I can say it. I'm not picking on that
20 in particular, but I'm saying we really have to get to what
21 really matters in terms of outcomes. And I don't know how
22 you can do that without new payment models.

1 Respectfully, Lynn, I'm going to add just a
2 caveat to your point. We don't see physicians wanting to
3 be in primary care. We see nurses flocking to primary
4 care, as well as physician assistants. And I do think we
5 have to think about incomes for primary care physicians,
6 primary care providers. I'm not convinced that more money
7 will make the difference. I'm just not convinced, because
8 as you've heard me say, primary care is very, very
9 difficult. And if you're a physician, being a specialist
10 is easier. If you're a nurse, it's still difficult but
11 it's not as difficult as being a nurse in an understaffed
12 hospital or nursing home, et cetera. So I agree with your
13 point. I just have to, you know, elongate a little bit.

14 In terms of inflation, I was really pleased on
15 page 37 of the document, 53.5 percent for practice
16 expenses, of which 25.5 percent represents staff of some
17 sort, some practice or clinical staff, others not. If we
18 tie something to inflation and it's supposed to go to
19 people, that should actually go to the people. So I'm
20 concerned that some sort of inflationary factor gets put in
21 place, opportunities shift, whether it was AOI and other
22 things, and then it never goes down, it still is baked in

1 the cake.

2 I'm a bit more interested in limits on spending
3 growth, to explore that, than perhaps some of you have
4 been, only because so many states are doing things in that
5 area on the commercial side. So I don't know what it would
6 look like in Medicare. I'm not sure if it would be
7 something we would support, but I am curious about it.

8 I'm interested in hearing more about site-
9 neutral. If I'm understanding it correctly, it's quite
10 different than our other discussions, but I would want to
11 understand that better, but on the surface it sounds like
12 I'd be very supportive of that.

13 And finally, like Lynn, I very much support the
14 APM bonus. I think that the money is one thing, and I also
15 think the message is another. The message is you're going
16 to go one way or another, but this is where we're incenting
17 people to go. I think it's really, really important.

18 So thank you all, and I look forward to seeing
19 what comes next.

20 MS. KELLEY: Cheryl.

21 DR. DAMBERG: Thanks. So this is a really
22 complex case, lots of different moving pieces, and, you

1 know, I think we all need to be a bit circumspect about
2 changes, because the great history that was presented to us
3 in this document shows the challenge this is of getting
4 this right, and things don't always work out as intended.
5 But with that, in terms of the inflation factor, I do think
6 that we need to consider including that to address issues
7 related to the increase in practice expenses, but at the
8 same time, I think we have to be careful and counterbalance
9 that to try to sort of -- continue to use it on some level
10 as a mechanism to control volume intensity. I know it's an
11 imperfect lever, but I still think we have to think about
12 slowing the growth in spending by virtue of these payment
13 updates and how much of an inflation factor we were to add.

14 In terms of site-neutral, I'm generally
15 supportive of continuing to explore that space, and, you
16 know, where services are equivalent, you know, paying them
17 in an equivalent fashion. So I would support, you know,
18 continued discussion on that topic.

19 In terms of the issue of re-evaluating services,
20 I'm 100 percent supportive of that work.

21 And then, lastly, in terms of the A-APM bonus, I
22 think I'm interested in seeing that potentially

1 restructured. I appreciate the other Commissioners'
2 comments about how the bonus is used to, you know, make
3 changes within organizations to allow them to participate
4 in this space. So I think that that's important. But I
5 think what is challenging my thinking about this case was
6 we're continuing to operate and achieve our objectives on a
7 fee-for-service chassis. And so I think the question for
8 me is: How do we continue to push for population-based
9 payment models to try to incentivize providers to be
10 thinking about the total cost of care and providing
11 services as a lever to try to tamp down on volume and
12 intensity?

13 MS. KELLEY: Okay. Let's go to Brian.

14 DR. MILLER: So many things that Cheryl said I
15 agree with, I can't even enumerate them all. I started to
16 write them down and lost track. So let's just say I agreed
17 with just about everything she said.

18 A few points I wanted to make. I 100 percent
19 agree with everyone on an inflation update is needed. We
20 also shouldn't let it go wild. That is a valid concern.
21 So we definitely should have some portion or completeness
22 of inflation updates. A limit on spending growth would be

1 hard to do operationally. The other argument could be that
2 Congress could also revisit it if it starts to go too high.
3 Updates that promote site-neutral payments is sort of a
4 must-do, especially since the lack of site-neutral payment
5 drives untold billions of dollars in expense every year,
6 much to the detriment of the fiscal solvency of the
7 Medicare program and also add increased costs to the
8 beneficiaries themselves without a clear metric for improve
9 quality or outcomes. Plus, you know, of course, it drives
10 consolidation.

11 I'll get to the A-APM bonus in a second. Amol
12 mentioned something about overvalued codes. I think CMS
13 has long known where the overvalued codes are and, frankly,
14 have not addressed it. I'm not sure us collectively and
15 staff enumerating what those overvalued codes are and
16 telling CMS, which already knows that they're overvalued,
17 is necessarily a good use of our time.

18 I also wanted to echo Betty's comments about MIPS
19 and that MIPS -- putting the physician fee schedule on a
20 risk corridor in principle is good. It was an execution
21 problem, and that also the incentives were frankly not very
22 high.

1 I'm very concerned about the A-APM bonus
2 actually, especially with the recent CBO report showing
3 that CMMI and alternative payment models net large have
4 increased spending. If our goal is to decrease spending or
5 have alternative payment models as a way to equivalent
6 costs, higher quality, or lower cost, higher quality care,
7 or some combination, we shouldn't be paying people to
8 participate in a model that then drives up cost. So I
9 think that the A-APM bonus is very concerning. If
10 anything, it should be equivalent net, of course, to the
11 MIPS bonus. If not, given the evidence of increased cost,
12 the A-APM bonus should be decreased or go away.

13 MS. KELLEY: Larry.

14 DR. CASALINO: Really good discussion. This
15 discussion is reminding me of a saying among medical groups
16 about the way the medical groups pay their own physicians,
17 and the saying is, you know, "We had our payment method
18 last year, which was terrible. We have a new way of paying
19 physicians this year, which is even worse, but next year,
20 we're going to have a paying method that will solve all our
21 problems." And I think we're probably in the same space
22 here.

1 Two general comments. One is I'm so glad that
2 we're spending time on this. We spend so much time every
3 year on updates and what should be the update this year for
4 physicians, and we have to do that. But it's so important,
5 really, to try to get in the big picture, the payment
6 methods right, rather than physicians get another half a
7 percent or more in their annual update.

8 And the other thing I would just add to that, as
9 a general comment maybe, just thinking about future
10 Commission work, I do believe that most important to
11 physicians, especially primary care physicians and non-
12 procedural physicians, but all physicians really, is
13 reducing the administrative burden. And I think if you
14 asked a primary care physician certainly, would you rather
15 get 3 percent more pay this year or would you rather get
16 some of these administrative burdens relieved, they
17 wouldn't hesitate to say administrative burdens. So that's
18 something we could talk about another time.

19 Just quickly, in response to the questions, yeah,
20 I think definitely some proportion of inflation at the
21 outpatient, but the main point, I think, is this is not
22 something that should be fixed years in advance by current

1 law, as it is now, nor is it something that should be
2 patched every year, as it also is now, really. But there
3 should be some tie-in to MEI and some rational way that
4 people can anticipate. I'd be very supportive of that.

5 Macro limits on spending growth is pretty obvious
6 that those don't work from past experience, and it's not
7 surprising it didn't work, given the kind of tragedy of the
8 commons problem. So I think we are going to have to rely,
9 as the staff said or suggested, some combination of A-APMs
10 and not probably increasing payment rates very rapidly.

11 The third point, I've been a strong supporter of
12 site neutral, and I still am, though Lynn's comments on
13 that were very good. Where would you rather get your
14 cancer treatment? And I suspect Robert may have something
15 to say about site neutral as well that would give us all
16 pause.

17 I was disappointed not to see a question about
18 overvalued codes here and revising the way that the
19 relative values are set. I think you probably did that
20 just for reasons of space, but this is an area that's
21 really important. It cost a lot of money, caused a lot of
22 discontent across specialties. It's so obvious amiss.

1 There were such obvious solutions. MedPAC has put forth
2 some of those solutions in the past.

3 I think this is one area where it's not hard to
4 come up with a rational way to approach it. Politically,
5 it's hard to change, but just for that reason, I think
6 MedPAC should be very, very strong about reforming the
7 process, and certainly, evidence on the global codes,
8 global surgical codes is overwhelming.

9 And then the last point, the A-APM bonus, you
10 know, if the government's feeling and the Commission's
11 feeling is we really want everybody in the A-APMs, it's a
12 rational thing to do, but I don't think it's a rational
13 thing to do forever, right? I mean, at a certain point,
14 the reward for being an A-APM should be delivering better
15 care because you're doing so well in quality and spending,
16 you're getting your investment in better care returned and
17 a bit more. Just giving 5 percent a year more or any
18 percent a year more forever doesn't make sense to me.

19 When the cutoff would be, I'm not sure. The five
20 years we've had or whatever, this may not be enough. Maybe
21 it does need to go in for a while.

22 I think that -- and then MIPs, again, I think

1 MIPS is such a disaster in so many ways, and it does add to
2 administrative burdens, usually, and physician cynicism,
3 and you can't really say enough bad things about it.

4 Measuring and rewarding performance at the
5 individual physician level is kind of a fool's game,
6 really. It can be done maybe within organizations, to some
7 extent, but it can't be done by payers, I don't believe.
8 So getting rid of MIPS, we had some kind of proposal for
9 alternatives, others could come up with, but I wouldn't
10 make getting rid of MIPS dependent on having a substitute
11 for MIPS.

12 That's it.

13 MS. KELLEY: Okay. One more time, we're going to
14 try Robert.

15 DR. CHERRY: Okay. Hopefully, you can hear me
16 now.

17 MS. KELLEY: Yes. Thank you.

18 DR. CHERRY: All right. Technology is great when
19 it's working, so thanks for your patience.

20 I just want to echo the other Commissioners'
21 sentiments in terms of how the staff did and really teed
22 this up. I think whenever we're talking about payment

1 updates, it's very challenging. It's nuanced and sometimes
2 less than satisfy, and I think that the report actually
3 threaded the needle quite well in teeing up this discussion
4 in a really productive way.

5 I would say the questions posed; I think what's
6 most appealing to me is the indexing of the payment rates
7 to some sort of inflationary factor. It does make a lot of
8 sense, particularly this inflationary cycle that we
9 currently are. There's numerous examples of how this is
10 already done in areas like Social Security, where there's
11 cost-of-living adjustments, local communities that apply
12 rent stabilization measures that's based on local
13 inflation, and then it's capped accordingly. Even mortgage
14 rates are informally but reliably linked to the 10-year
15 treasury, so why not have similar models in health care.
16 So I definitely favor studying this and coming back up with
17 options.

18 I think what's also interesting and perhaps
19 somewhat provocative as well is the zero day codes that
20 would eliminate payment when there's no postoperative
21 visits.

22 I would also include in that if there's no

1 postoperative notes inpatient stay as well. It would be
2 interesting to bundle those two together. I would strongly
3 support studying this as well, and I believe that equally
4 important, though, is feedback from various constituency
5 groups and individuals that are impacted by something like
6 the zero day codes, I think, would be helpful and actually
7 necessary to make an informed decision about perhaps
8 unfavorable downstream impacts associated with that type of
9 proposal.

10 I think what's least appealing to me is
11 alternatives that restrict volume and tangentially related
12 intensity without actually impacting access to care. So it
13 seems a bit counterintuitive in how you would reduce the
14 volumes, yet still have -- favor access for patients that
15 need it in a moment. In terms of the energy and resources
16 of the staff, I probably would favor putting them more on
17 the shelf. I'm not sure the squeeze is actually worth the
18 juice on that.

19 And then the concept of modulating incentives
20 that drive payment to one setting that's lower in care,
21 we've already had a robust discussion on site neutrality,
22 and we've adopted some language that we've approved and

1 recommended to Congress that really speaks to aligning
2 payments across the ambulatory setting. My personal
3 feeling is to kind of take a wait-and-see and see how
4 Congress adopts this recommendation.

5 And I would also like to see how CMS actually
6 implements it, particularly and hopefully with an eye on
7 appropriateness criteria that would allow certain patients
8 to be cared for in a higher-cost setting because it's
9 simply safer.

10 As you know, we went through a lot of back-and-
11 forth about making sure in that language around site
12 neutrality that we included language that was both safe and
13 appropriate, and appropriate is really a nod to CMS to
14 consider appropriateness criteria to make sure that an
15 individual patient is able to get safe and effective care.

16 The last recommendation, which has to do with
17 differential payments to clinicians that are already
18 participating in APMs is a little bit tricky, but I think
19 ultimately, it has to follow a principle that payments
20 should be linked to clinical performance. I think many
21 might agree that we do need a better model.

22 But for now, if MIPS is actually retained, then I

1 would favor keeping the APM participation bonus pending an
2 improved model, and of course, if it's not retained, then
3 some sort of alternative incentive program that drives
4 clinical outcomes should be considered.

5 Once again, I want to thank the staff for really
6 a well-done report.

7 MS. KELLEY: Jaewon.

8 [No response.]

9 MS. KELLEY: Jaewon, I'm sorry. Now we're having
10 trouble with your audio. Hang on. Can you try again?

11 [No response.]

12 MS. KELLEY: Okay. Let's go to Kenny, and we'll
13 work out Jaewon.

14 MR. KAN: Can everyone year me?

15 MS. KELLEY: Yes, we can.

16 MR. KAN: So, Geoff, Brian, and Rachel,
17 outstanding and educational chapter on the historical
18 evolution of the physician fee schedule program. This is a
19 very, very complicated topic, as Amol also articulated.

20 Looking at the questions on page 28 here, I favor
21 incorporating some inflation factor, some limit on spending
22 growth perhaps by addressing the value and intensity

1 growth, but obviously, the tricky part is how to ensure
2 that you don't compromise access.

3 I do favor site-neutral payments, and I do favor
4 restructuring the A-APM payments, as I don't believe
5 they're working well, but yet at the same time, you know, I
6 actually am a plus-one on what Cheryl echoed still
7 occurring in a fee-for-service environment. So maybe we
8 can try to be a little bit more innovative and think out of
9 the box. It's a very complex issue.

10 So thanks again. Outstanding effort. I look
11 forward to the next analysis.

12 MS. KELLEY: All right. I'm going to try Jaewon
13 again.

14 DR. RYU: Can you hear me?

15 MS. KELLEY: Yes. Thank you. Go ahead.

16 DR. RYU: All right. I was just going to echo
17 many of the comments already made. So I'll be fairly
18 brief, I hope.

19 I really enjoyed the history part of the reading
20 materials. I think that was exactly right. In particular,
21 the RVU process and the role of the RUC, I think that was
22 really good reminders for all of us on exactly how that

1 works, because I think it plays heavily into the material
2 and the topic.

3 Getting to some of the questions, I do think
4 there needs to be some inflationary aspect factored in. In
5 particular, I think Figure 1 from the readings was pretty
6 compelling, and yes, there have been some compensatory
7 dynamics, whether it's volume, intensity, or both.

8 I think Tamara's points on that, I really
9 appreciated because I think those compensatory dynamics
10 don't play out equally, and I do think that those are
11 levers that are probably more available to procedural
12 areas. And so, given that those dynamics are not occurring
13 evenly, I also don't think that the inflationary factor
14 should be necessarily applied evenly, and I think they can
15 be used, whether it's to promote site neutrality along the
16 lines of what others have already mentioned, or I probably
17 fit in the camp where I think we should still have some
18 sort of an incentive around APMs.

19 Now, I don't know -- and I agree that that
20 shouldn't be super long term, but I think that would be
21 another area where you wouldn't necessarily need to spread
22 it evenly. And maybe that's something to incent more

1 heavily. I think primary care, as others have mentioned.

2 The other that I didn't hear mentioned, I think
3 safety net is another area that we could maybe have more
4 prominent factoring in of inflation, if we wanted to use it
5 as a tool to continue to bolster certain areas that I know
6 the Commission has been focused on before.

7 Otherwise, I think just Question 2 on the
8 spending growth, I think in concept, you know, it's
9 intriguing, but I'm not sure how that would work. I think
10 some others have raised that question, and I think if there
11 is some sort of limitation, I don't think it should be
12 solely on the provider fee schedule, that it should apply
13 to other sectors as well or not be there as all.

14 And then the last point, just on APMS, I think,
15 obviously, I would continue to push for mandatory
16 participation in which case you wouldn't need to have the
17 discussion around incentives and so forth, but otherwise,
18 great chapter. Thank you all.

19 MS. KELLEY: That is the end of my queue, unless
20 I've missed someone.

21 Mike?

22 DR. CHERNEW: It is a miracle that we are exactly

1 at one o'clock. This has been a remarkably, remarkably
2 rich discussion. I will not attempt to summarize it all.
3 I will summarize a few parts of it.

4 There seems to be widespread support for the idea
5 of, in some way, changing the current default mechanism for
6 updating physician fees. There seems widespread support
7 for worrying about volume and intensity and much less
8 consensus around how that might be done beyond a general
9 disdain for collective models like, for example, the SGR.

10 There seems to be an acknowledgement that the
11 issues around symmetry and updating between independent and
12 facility-based settings is a reasonable thing to do, but
13 the structure around that is important.

14 I think there is a lot of concern about how this
15 plays out differently across different specialty types,
16 primary care, behavioral health specialists and there's a
17 bunch of thinking to do around that point.

18 And I think the discussion of the A-APM bonus, at
19 least what I largely heard, was consistent with how this
20 was actually presented in the presentation, which is your
21 feeling may depend a lot on MIPs, but if MIPs remains where
22 it is, some sort of level playing field seems like a

1 reasonable thing and some restructuring seems like a
2 reasonable thing. If there's other changes, then one might
3 want to sort of revisit that, and I think that all sounds
4 reasonable.

5 So that's where I am on where we've been. This
6 was the first in an incredibly rich discussion, and there
7 will be many discussions on this point. To those of you at
8 home, I'm sure there's a lot of thoughts on this. So
9 please don't hesitate to reach out to us. You can do that
10 at MeetingComments@MedPAC.gov. Otherwise, send messages.
11 We really do look forward to hearing from you.

12 Paul, do you have anything you want to add before
13 we sign off for lunch and come back?

14 MR. MASI: No. Just thank you for the great
15 discussion, and we'll look forward to continuing this work
16 in the spring.

17 DR. CHERNEW: Great. So, everybody, please come
18 back and join us. We're going to be coming back at two
19 o'clock. We're going to start by talking about staffing
20 ratios and turnover in nursing facilities. We're going to
21 move on to a discussion of inpatient rehab facilities, and
22 then finally a lot of what our work plan is related to

1 generic drugs under Part D will close out the day.

2 So, again, I'm really looking forward to this
3 afternoon. I really enjoyed the morning.

4 To the staff, unbelievably good job, and to the
5 Commissioners, thanks for your engagements. And we'll see
6 you all in about an hour.

7 [Whereupon, at 1:04 p.m., the meeting was
8 recessed, to reconvene at 2:00 p.m. this same day.]

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AFTERNOON SESSION

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[2:02 p.m.]

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DR. CHERNEW: Welcome back, everyone. This is
the afternoon of our October MedPAC meeting. We're
thrilled to be here. We're going to be discussing nursing

1 homes, rehab facilities, and generic drugs in Part D. I
2 think I'm going to start with nursing homes, and I think
3 we're going to Kathryn first. Is that right?

4 MS. LINEHAN: That's right.

5 DR. CHERNEW: There. Now I see it on my screen,
6 if it wasn't blocked by my chat. Perfect. Kathryn, take
7 it away.

8 MS. LINEHAN: Good afternoon. If the audience
9 would like to download the slides, you can find them in the
10 handout section of the Webinar control panel.

11 I'm here to discuss staffing in nursing
12 facilities. The adequacy of staffing in nursing facilities
13 has been a longstanding concern that intensified during the
14 coronavirus pandemic. Last year, the Commission expressed
15 interest in using nursing facility staffing data to better
16 understand the care the program is buying under the skilled
17 nursing facility benefit.

18 This presentation has five parts that distill the
19 information presented in the paper.

20 First, in the background I will discuss federal
21 and state staffing requirements.

22 Next, I will present data on nursing facilities'

1 staff-to-patient ratios and staff turnover rates.

2 Then I will compare LIS shares and margins among
3 SNFs with relatively lower and higher staffing ratios.

4 Next, I will summarize CMS' proposed minimum
5 staffing rule.

6 And last, next steps, where we would like to get
7 your input on the information presented and understand the
8 Commission's interest in pursuing policies to support
9 staffing in skilled nursing facilities.

10 So first, some background. Direct care staff in
11 nursing facilities are essential health care workers who
12 care for some of the most vulnerable and frail individuals
13 in our society. Three types of nursing staff provide most
14 direct care to nursing facility residents: registered
15 nurses (or RNs), licensed practical nurses (or LPNs), and
16 nursing assistants.

17 While we focus our discussion here on nursing
18 staff, I just want to note there are many other types of
19 staff who work in nursing facilities, including therapists,
20 activities directors, and environmental and dietary staff.

21 The relationship between staffing and the quality
22 of nursing home care has been studied extensively, using

1 staffing metrics such as hours per resident day for total
2 nursing staff as well as RNs, LPNs, and nursing assistants
3 independently; and ratios of licensed or RN time to total
4 nursing time (referred to as "skill mix").

5 Studies have used a variety of quality and
6 patient safety measures, including pressure ulcers,
7 infections, emergency department use, hospitalizations, and
8 facility deficiencies.

9 The evidence of the relationship between quality
10 and total staffing is mixed. But the evidence for RN
11 staffing is more clear.

12 Recent systematic reviews of findings from a few
13 dozen studies (published between 2000 and 2021) concluded
14 that RN staffing was associated with fewer pressure ulcers,
15 fewer infections, and lower rates of pain.

16 Researchers have also found large daily
17 variations in nursing facility staffing, with RN staffing
18 in particular dropping on the weekends. Higher within-
19 facility daily variation in staffing has been associated
20 with lower rankings in Medicare Compare's 5-star survey and
21 quality measures.

22 Nursing facilities that are certified to provide

1 services covered by Medicare and Medicaid are required to
2 have: a director of nursing who is an RN; an RN on duty
3 eight consecutive hours per day for seven days a week; and
4 a licensed nurse -- either an RN or an LPN -- on duty for
5 24 hours per day for seven days a week.

6 Nursing facilities must also have "sufficient
7 nursing staff with the appropriate competencies and skill
8 sets to provide nursing and related services to assure
9 resident safety and attain or maintain the highest
10 practicable physical, mental, and psychosocial well-being
11 of each resident."

12 Sufficient is not quantified. In September 2023,
13 CMS issued a proposed rule with minimum staffing
14 requirements that I will summarize briefly at the end of
15 the presentation.

16 Nursing facilities are also subject to their
17 state's minimum staffing requirements. Thirty-eight states
18 and the District of Columbia have more prescriptive minimum
19 staffing requirements than the federal requirements. But
20 states' requirements vary.

21 For example, eight states and the District of
22 Columbia -- can we go back a slide? Thank you.

1 Eight states and the District of Columbia have
2 requirements of 3.3 hours per resident day or higher.

3 The type of staff with required minimums also
4 varies by state. For example, the District of Columbia
5 requires a registered nurse on site for a minimum daily
6 average of four hours per resident day, 24 hours a day,
7 seven days a week.

8 Ten states have minimum hours per resident day
9 standards for nursing assistants, ranging from 1.04 to
10 2.44. In addition to minimum staffing requirements,
11 states have payment policies to direct spending on
12 staffing.

13 Specifically, 11 states use wage passthrough
14 policies, which require nursing facilities to spend a
15 specified portion of their Medicaid rate on staff wages or
16 benefits.

17 Thirty-two states plus D.C. have cost-based
18 payment policies that tie a portion of Medicaid rates to
19 the allowable costs of direct care.

20

21 Three states have direct-care spending
22 requirements that specify how much revenue must be spent on

1 direct patient care. Direct-care spending requirements are
2 similar in concept to medical loss ratio requirements that
3 seek to establish how much premium revenue that health
4 insurers must spend on providing health care services.

5 More detail about all of these policies is
6 included in your mailing materials.

7 Next, I am going to show the facility-level
8 variation in nurse staffing ratios for approximately 14,600
9 SNFs in 2022. Our analysis excludes Medicaid-only nursing
10 homes and uses acuity-adjusted hours per resident day as
11 described in the paper.

12 This figure displays the median and interquartile
13 range of all SNFs total nursing hours per resident day in
14 2022. The median SNF had 3.6 hours per resident day of
15 total nursing. Fifty percent of SNFs had total nurse
16 staffing hours per resident day between 3.2 and 4.2.

17 Staffing ratios vary by facility type and
18 ownership.

19 Freestanding SNFs -- which were 97 percent of
20 facilities -- had median nurse staffing of 3.6 hours per
21 resident day, and hospital-based SNFs -- which make up just
22 3 percent of facilities -- had median nurse staffing of 4.9

1 hours per resident day. This amounts to a difference of an
2 hour and 20 minutes per resident day, a median.

3 When we look by ownership type, for-profit SNFs
4 (which are about 72 percent of all facilities) had lower
5 median staffing than nonprofit and government SNFs.

6 It's not here but it is in your paper: SNFs in
7 urban and rural areas had similar medians and distributions
8 of total nurse staffing hours per resident day.

9 The figure on this slide is like the previous
10 figure but it shows the distribution of RN hours per
11 resident day by the same facility categories. As discussed
12 in your paper, RN staffing has a demonstrable association
13 with better patient outcomes.

14 Like we saw on the previous slide, freestanding
15 SNFs had lower RN staffing than hospital-based SNFs.

16 For-profit SNFs had lower RN staffing than
17 nonprofit SNFs and government SNFs. The higher median
18 ratio for RNs among rural nonadjacent SNFs, which tend to
19 have fewer beds, likely reflects the current federal
20 requirement that facilities have an RN on duty eight
21 consecutive hours a day, seven days a week, regardless of
22 the size of the facility.

1 Now turning to turnover. As I mentioned
2 previously, recent research has found an association
3 between nursing facility staff turnover and outcomes.

4 This chart shows the percent of SNF staff that
5 have turned over in a 12-month period by type of SNF.

6 As of the fourth quarter of 2022, the 12-month
7 turnover rate was 53 percent for the median SNF. One-
8 quarter of facilities had turnover rates greater than 64
9 percent, meaning nearly two-thirds of their nursing staff
10 left the facility in a 12-month period.

11 Hospital-based SNFs had lower median turnover
12 than freestanding, and nonprofit and government SNFs had
13 lower median turnover than for profit SNFs. We saw similar
14 medians and distributions across geographic categories.

15 Freestanding SNFs have had double-digit Medicare
16 margins for over 20 years, but we have also consistently
17 found wide variation in these Medicare margins. SNFs with
18 higher margins have lower standardized costs per day and
19 tend to be larger, so some of the difference in margins may
20 reflect economies of scale. We have hypothesized that
21 variation in staffing could be a factor in some of the
22 variation in Medicare margins.

1 Last spring we also presented data on the
2 relationship between Medicare margins and low-income
3 patient volume, and found that facilities with higher
4 shares of LIS beneficiary stays had higher Medicare
5 margins. We speculated that this too could be related in
6 part to these facilities' staffing.

7 Next, we will look at the relationship between
8 staffing and low-income share and staffing and financial
9 performance.

10 We determined quartiles on total nurse staffing
11 hours per resident day in 2021 among all SNFs, and grouped
12 freestanding SNFs into these groups, displayed on the X-
13 axis. For those groups, we then examined the share of
14 Medicare stays for beneficiaries receiving the Part D low-
15 income subsidy. The median and interquartile range of LIS
16 shares are displayed for each group.

17 We found that freestanding SNFs in the lower
18 staffing quartiles had higher median shares of LIS
19 beneficiary stays -- shown in the dark blue box. For the
20 median SNF in the top staffing quartile, 32 percent of
21 Medicare fee-for-service stays were for LIS beneficiaries,
22 compared to between 47 and 59 percent for the lower

1 staffing quartiles. Freestanding nursing facilities in the
2 highest staffing quartile also had lower shares of Medicaid
3 days, on average.

4 These results may help to explain our earlier
5 findings of higher Medicare margins among SNFs with higher
6 shares of LIS beneficiaries. Facilities with a greater
7 share of LIS Medicare stays and Medicaid days may keep
8 their costs lower, in part through lower staffing,
9 contributing to their higher Medicare margins.

10 Next, we examined freestanding SNFs' Medicare
11 margins and total margins for those same staffing quartile
12 groups.

13 In the figure on the left, we see that
14 freestanding SNFs in the highest staffing quartile have
15 lower Medicare margins (the median of 3 percent), and SNFs
16 in the lowest staffing quartile have the highest Medicare
17 margins (the median of 26 percent).

18 When we compare the figure on the left to the
19 figure on the right, which shows total margins by staffing
20 quartile, we see that these differences across the quartile
21 groups are smaller, likely due to differences in payer mix
22 and cost control strategies. Providers may adjust their

1 costs depending on the revenue they receive from other
2 payers. Facilities with a greater share of relatively
3 lower-revenue Medicaid days may keep their costs lower, in
4 part through lower staffing, than facilities with a greater
5 share Medicare or private-pay patients.

6 Next, I am going to summarize CMS' proposed
7 minimum staffing requirements for Medicare- and Medicaid-
8 certified long-term care facilities which CMS issued in
9 September 2023.

10 Recall that the current federal requirement is to
11 have an RN on duty eight consecutive hours a day, seven
12 days a week, and a licensed nurse -- either an RN or an LPN
13 -- on duty 24 hours a day, seven days a week.

14 In the current proposed rule, CMS nursing
15 facilities would be required to have: an RN on site 24
16 hours per day, seven days a week (effective two years after
17 publication of the final rule and three years for rural
18 providers).

19 Facilities must also have minimum reported
20 staffing ratios of: 0.55 hours per resident day for RNs
21 and 2.45 hours per resident day for nursing assistants?
22 Those requirements would be effective three years after

1 publication and five years for rural providers.

2 Using data for the second quarter of 2021 --
3 click that again, Angie. There you go. And again.

4 Using data for the second quarter of 2021, CMS
5 estimated that about 41 percent of nursing facilities had
6 reported RN staffing below the proposed minimum and about
7 68 percent of nursing facilities had reported nurse aide
8 staffing below the proposed minimum.

9 I also just want to outline a few more details
10 from the rule.

11 First, it includes criteria for exemptions to the
12 0.55 RN hours per resident day and 2.45 nursing assistant
13 hours per resident day requirements.

14 It does not propose minimums for LPNs or total
15 nurse staff.

16 It does not include provisions for payers to
17 increase payment rates.

18 And in addition to the proposed staffing
19 minimums, the rule would require states to report the share
20 of Medicaid payments for Medicaid-covered services in
21 nursing facilities that are spent on compensation for
22 direct care workers and other staff.

1 The Commission does not plan to comment on the
2 proposed rule because we do not have any policy footprint
3 or recommendations on the subject of minimum staffing
4 requirements.

5 In the March 2024 report to the Congress, our
6 assessment of Medicare payment adequacy for SNF services
7 will incorporate staffing data in several ways. Total
8 adjusted staffing and turnover rates presented in this
9 paper will be discussed in the quality section of the SNF
10 payment adequacy chapter. We plan to use facility-level
11 data on staffing to contextualize provider cost and margin
12 differences we observe among freestanding SNFs.

13 For an informational chapter in our June 2024
14 report, we will update the analyses in this paper with
15 staffing data through the third quarter of 2023, as well as
16 2022 cost report, claims, and beneficiary data. Today we
17 seek your feedback on additional analyses of interest.

18 And we are also interested in whether the
19 Commission would like to consider future policy options to
20 improve staffing, including minimum staffing requirements,
21 wage pass-through policies, and direct-care spending
22 requirements for skilled nursing facilities.

1 This concludes my presentation and I look forward
2 to your discussion. Thank you.

3 DR. CHERNEW: Okay. Kathryn, thank you very
4 much. So many Medicare beneficiaries are affected by what
5 goes on in nursing homes. I think it's really important
6 that we think through that and see the quality of it, and
7 this was really a very informative chapter. So thank you
8 very much.

9 I think we're going to jump to the Round 1
10 questions, and I think Tamara is first, and then Dana will
11 manage the queue. Is that right, Dana?

12 MS. KELLEY: Yes, that's correct.

13 DR. CHERNEW: Okay. Tamara.

14 DR. KONETZKA: Kathryn, thank you very much for
15 the excellent work. I'm really thrilled that you dug into
16 the PBJ data. I think that will be really useful moving
17 forward for all our SNF analyses. And I just really
18 appreciated the work that went into this chapter.

19 I'm going to have a lot to say in Round 2, but my
20 Round 1 question is just about the hospital-based
21 facilities. I don't think that's actually the most
22 interesting comparison here, but most of us who do research

1 on SNFs often just sort of discount the hospital-based
2 facilities since they're such a small percentage now, but
3 also because of problems in the data sources in that, you
4 know, if you look at the cost reports, my understanding was
5 always that it's really hard to derive good data out of the
6 cost reports for hospital-based facilities because their
7 sort of cost allocation or accounting practices are so
8 strongly tied to the hospital and that their accounting
9 practices might just be different. I haven't really
10 thought about that issue with the PBJ data and whether we
11 might see similar challenges in sort of allocations of
12 staff for hospital-based facilities.

13 So I guess my question is: What's your sense of
14 whether the data were really good enough for you to come up
15 with, you know, sort of valid hospital-based staffing
16 ratios as well as margins?

17 MS. LINEHAN: So the Commission shares your
18 concern about the margins for hospital-based SNFs. We
19 typically make our update recommendation based on the
20 freestanding SNFs' margins, and that's what I showed here.
21 That excluded hospital-based SNFs.

22 With respect to whether there's a difference in

1 the hospital-based SNFs' reporting of staffing, I don't --
2 I haven't seen any -- and you might know just as well as I.
3 I haven't seen any discussions of the limitations of those
4 specifically, but it's a good question, and I could look
5 into it.

6 Does that answer your question?

7 DR. KONETZKA: Yes, thank you. I haven't seen
8 anything looking at that specifically, but, yeah, I think
9 it's --

10 MS. LINEHAN: It's a plausible concern, and there
11 could be differences there, but I don't know.

12 DR. KONETZKA: Okay. Thanks.

13 MS. KELLEY: Cheryl?

14 DR. DAMBERG: Thank you. Kathryn, great chapter.
15 It was really -- I have two quick questions. One, do you
16 know how Medicaid payment rates vary across the states for
17 SNP and what the relationship is to staffing? That's
18 question one.

19 And question two is, do you know whether states
20 with higher ratios have lower turnover? Hopefully, I
21 didn't miss that in your chapter.

22 MS. LINEHAN: On your first question, Medicaid

1 payment rates, MACPAC did a paper on this that they
2 presented last spring, and they made recommendations about
3 some data transparency problems in coming up with Medicaid
4 payments and whether they cover providers' costs. I can
5 send you a link to the paper where they kind of array what
6 they found with respect to Medicaid payment rates. It's
7 not as easy to get that information as you might think it
8 is, but they made recommendations about needing more
9 transparency for payments, costs, and so on. So I can link
10 to that.

11 Also, there's a summary of that paper in the
12 safety network we presented last April. So you could also
13 look there.

14 With respect to whether states -- was your
15 question do states with mandatory ratios have lower
16 turnover?

17 DR. DAMBERG: Yeah, with higher ratios. Yeah.

18 MS. LINEHAN: Yeah, with higher ratios. I
19 haven't looked at that specifically. I did look at it at
20 the facility level. I didn't present it in the paper, but
21 that's something we -- an analysis I could do in the
22 future, look at the relationship between the facilities

1 levels and turnover rates.

2 DR. DAMBERG: Thanks.

3 MS. KELLEY: Lynn.

4 MS. BARR: Kathryn, great, great paper. Wow.

5 It's really interesting data, and I think we learned a lot
6 from this.

7 I have a couple of questions. One of them is I
8 have an ongoing concern about how these policies are going
9 to affect low-volume facilities, rural facilities, and I
10 think that it would be very helpful if we could look at
11 this data from a rural versus urban perspective, because I
12 think it's going to have some pretty crazy results. And
13 I'm very -- you know, we're already very concerned about
14 quality and rural SNFs.

15 I was curious about quality in general. You
16 picked several metrics, pressure ulcers, et cetera. But
17 not looking at the overall sort of star ratings of these
18 different hospitals, I guess, we have -- is it because we
19 just don't really think that's a good measurement system or
20 -- I was just curious as to why you just focused on a few
21 measures.

22 MS. LINEHAN: I think you're referring to my

1 summary of the literature. So I was summarizing what was
2 in the literature, and they do talk about --- several of
3 the studies that I talked about do include star ratings as
4 one of the measures, so --

5 MS. BARR: Okay. Would it be -- I know you guys
6 have a tough year. I don't want to ask for anything, but
7 would it be hard to take the PBJ data and correlate it with
8 star ratings to see what -- because what I'm thinking about
9 is value. What are we paying for? And so just knowing
10 more about that and the impact of it would be helpful for
11 me.

12 And then my last question was you mentioned 53
13 percent turnover, which as an ex-CEO just makes my stomach
14 turn. Is that a COVID thing, and could you give me some
15 context on that? What's turnover in a hospital or, you
16 know, is there -- I'm just not sure what that number means,
17 but it just really scared me.

18 MS. LINEHAN: Sure. So we don't have staffing
19 data like we have -- like the PBJ data for any other
20 sector. So we can't calculate an analogous turnover rate.
21 So I don't know what it is for hospitals. I'm sure that's
22 out there in smaller studies or anecdotally, but I don't

1 have that.

2 MS. BARR: All right. Don't put extra effort
3 into getting that on my behalf. I was just curious. I was
4 trying to put it in context.

5 MS. LINEHAN: In terms of whether this is a COVID
6 thing, I looked at data from 2019 to 2022, and the turnover
7 rates are similarly high, even in the pre-COVID periods.
8 They might be up a percentage point or two different, but
9 this isn't like a big spike post-COVID or during COVID.

10 MS. BARR: Awesome. Thank you very much.

11 MS. KELLEY: Brian.

12 DR. MILLER: I want to say I really enjoyed the
13 literature review in this chapter, as this is a space I've
14 long been curious. So I've learned a lot reading this.
15 This is a very tough topic, right? And there's a lot of
16 stuff to parse through, and there's a lot of data, and
17 recognizing that this chapter will be controversial,
18 however it is written, is going to make somebody upset.

19 With the aims of improving our chapter, could we
20 and should we include, whenever we make comparisons,
21 numerical values, statistical testing, and p-values to note
22 that the things that we are comparing are statistically

1 different or not? And then that way policymakers can
2 answer the question, looking at these two markets, whatever
3 the comparison is in the chapter.

4 Yes, they're statistically different and it's --
5 or statistically significant difference, and I think this
6 is significant from a policy perspective, because if we
7 make those comparisons without doing the statistical
8 testing or if we've done it and we don't show it, it's
9 really hard to interpret any of the data comparisons.

10 MS. LINEHAN: Is that -- that's a question? Yes,
11 we can do that.

12 DR. MILLER: Thank you. And we should do that
13 for every comparison in the chapter, precisely because of
14 the nature of how controversial this chapter is going to
15 be.

16 MS. KELLEY: Amol.

17 DR. NAVATHE: Kathryn, thank you so much for
18 putting together this chapter on such an important issue.
19 Really great work.

20 So I have two questions. The first one is a bit
21 of a two-parter, but hopefully, it won't be too hard to
22 follow. So I really appreciated the literature review. I

1 think it was -- and I like the way that you also kind of
2 broke it out and made it organized and easy to follow.

3 One of the questions that I had is it looked like
4 in the sections where we went over the literature that
5 looked at the state-based policies and the changes that
6 were kind of pre-post as I understand these state-based
7 policies, it also seemed like there's quite a bit of
8 variation in the state-based policies. And so some of the
9 literature was pointing to weak effects from potentially
10 weak constraints from the policies, and I was curious if
11 there were any kind of subtler insights, if you will, from
12 the policies that are closer to, for example, what
13 Medicare's CMS is proposing right now.

14 And, in particular, I was curious about how that
15 intersects with the unintended effects. The paper did
16 mention unintended effects, but it looks like that was
17 focused around staffing mix, and I was curious if there
18 were any insights around patient outcomes.

19 MS. LINEHAN: I just want to make sure I
20 understand the question. Are you asking about the studies
21 that looked at the effects of state policies?

22 DR. NAVATHE: I am. In particular, the state

1 policies where the states had more stringent requirements
2 rather than weak requirements.

3 MS. LINEHAN: I don't think I have a good summary
4 of all the state evaluations at my fingertips, especially
5 because -- there's a lot of nuance to those because some
6 are like looking at a pre-post, some are comparing across
7 states. And so I would be hard-pressed to summarize that
8 right now, but that's something I could do in a future
9 iteration.

10 Some of the studies evaluating state policies are
11 also quite old. I mean, they're definitely pre-PBJ data.
12 Some of the state policies, like the direct care payment
13 policies, are new. So they haven't been evaluated, but I
14 could give a fuller treatment of the literature on the
15 state policies in a future iteration of the paper.

16 DR. NAVATHE: Okay. That's helpful. I think, in
17 some sense, calling out the ones that are more relevant,
18 perhaps, where the policy design was a little bit more
19 similar to what we might contemplate or to what CMS has
20 proposed, I think, might be helpful, just because of the
21 variation both now that you're highlighting and also in
22 timing the temporality also.

1 And then the second part of that first question -
2 - and then I have another question -- is can you give us a
3 little bit more sense of what might be under the sort of
4 unintended effects category? I think the one thing that
5 was mentioned in the paper was staffing mix toward a lower-
6 skill staffing mix, and I was wondering if there are other
7 unintended effects that have been called out later on
8 patient outcomes.

9 MS. LINEHAN: There's one paper that I think is
10 from 2015 by Chen and Grabowski that I cited in the paper
11 that looked at some unintended consequences, and they -- I
12 think that's the paper -- they found that there were some
13 unintended consequences of just shifts to different types
14 of nursing but shifts away from other types of staff, like
15 dietary staff and sort of non-direct patient care staff.
16 So that's one that comes to mind.

17 DR. NAVATHE: I see. Okay. So I guess, in some
18 sense, it doesn't sound like there's that much of the
19 literature on the patient outcomes part of it. The kind of
20 processes of care, the staffing is where the majority of
21 the data is. That's my takeaway.

22 The second question I had, full stops, but

1 totally different question is around the staffing turnover
2 piece, and I was curious if there's any qualitative work
3 that's been done that has described outside of the broad
4 relationships that we highlight. Is there other
5 qualitative work that's describing factors associated with
6 higher turnover versus lower turnover at facilities?

7 MS. LINEHAN: I believe that's addressed somewhat
8 in the study that CMS contracted for to do the minimum
9 staffing rule. There are a lot of qualitative components.
10 They did a lot of interviews. They did site visits with
11 nursing facilities and looked at some of these.

12 This isn't a literature I'm super familiar with
13 either. I can look into that, factors contributing to
14 turnover.

15 DR. NAVATHE: Great. Thanks, Kathryn.

16 MS. LINEHAN: MM-hmm.

17 MS. KELLEY: Larry.

18 DR. CASALINO: Yeah. While on that point, any
19 sector with a 53 percent turnover rate obviously has some
20 fundamental problems, something wrong.

21 I have a question for Kathryn. Tamara, I have a
22 question about your Round 1 question. You said you don't

1 think the most interesting comparison is freestanding
2 versus hospital based. I hope you'll say more about that
3 in Round 2. Kathryn, you mentioned when you showed the
4 first quantitative slide that this was excluding Medicaid-
5 only facilities. Could you tell us a little bit more about
6 what those facilities are? How many of them are there?
7 Would the numbers look very different if we were looking at
8 those?

9 MS. LINEHAN: I didn't look at whether the
10 numbers were different because I excluded them. There
11 aren't very many of them. We typically don't look at
12 Medicaid-only facilities.

13 DR. CASALINO: Why would someone be a Medicaid-
14 only facility? Are we talking about 20 in the country or -
15 -

16 MS. LINEHAN: No, it's not 20. But the vast
17 majority are dually certified. Like 96, 94 percent are
18 dually certified, Medicare and Medicaid.

19 DR. CASALINO: And they're Medicaid-only because
20 they couldn't get Medicare certification, or there's some
21 advantage to being Medicaid-only?

22 MS. LINEHAN: I don't know why they opted to be

1 Medicaid-certified only.

2 DR. CASALINO: But the numbers are small, like
3 less than 100 in the country maybe?

4 MS. LINEHAN: No, there's more than 100.

5 DR. CASALINO: Okay. So not tiny.

6 That's it. I don't have any more questions.

7 MS. KELLEY: Gina.

8 MS. UPCHURCH: I hope this will be fast. The new
9 minimum staffing rule, does that apply to residents who are
10 there under the Medicare Part A, or is it for also people
11 that may be on Medicaid or that are there for long-term
12 care services and supports? Are those rules for those
13 groups?

14 MS. LINEHAN: For the entirety.

15 MS. UPCHURCH: Okay. Thank you.

16 Second question is, I mean, we say it like it's
17 just okay, but I have a little problem with the weekends
18 being so poorly staffed. I have known too many people that
19 have to deal with that. They get discharged from a
20 hospital and go into a facility on a Friday night and feel
21 like they're just there for long-term care services, and
22 there's a lot of hope and stuff. Is that just -- is that

1 sort of the -- is that anything we've ever worked on, or is
2 that just sort of an accepted thing? Weekend requirements
3 being so minimum.

4 MS. LINEHAN: We haven't made any kind of
5 statement about whether the weekend staffing is acceptable
6 or variation in staffing is acceptable or not acceptable.
7 That's not something we've opined on.

8 MS. UPCHURCH: Okay. And then the other comment,
9 when you talk about for-profit versus not-for-profit or
10 government, are the for-profits generally these
11 conglomerates that are like private equity or publicly
12 traded, or are they more like family-owned, private --
13 would it matter to break that down to look at that a little
14 bit more? Do you have any sense of that?

15 MS. LINEHAN: They can be all of those things.
16 It's gotten easier to identify who owns the facility. I
17 haven't dug into those data yet. That's another data
18 source that's available for nursing facilities, but it's
19 doable. We haven't gotten it yet.

20 MS. UPCHURCH: Okay. And it might be important.
21 I don't know. That's why I was just curious.

22 And my last clarifying question is, you know, we

1 just mentioned that dual eligibles are more likely to be in
2 long -- you know, there for longer term, and I would just
3 posit or -- and maybe you have data about this -- is they
4 just don't have anywhere else to go. It's not that -- or
5 is it potentially that they're not getting the care that
6 they need for whatever reason, or is it there's literally
7 nowhere else for them to go because they don't have the
8 money to support that when they're discharged? Do we have
9 any sense of that or any data sources for that?

10 MS. LINEHAN: I'm not sure I understand your
11 question. Can you say it again?

12 MS. UPCHURCH: Yeah. Sorry. So we said that
13 dual eligibles are more likely to be there longer, like the
14 longer-term stay. So then my question is, is it because
15 they're not getting -- or do we have a sense that they're
16 not getting as good therapy, or is it because literally
17 there's nowhere to discharge them to?

18 MS. LINEHAN: Well, I don't know that the causal
19 arrow runs that way. Dual eligibles can be nursing home
20 residents, and being a nursing home resident can make you
21 ultimately eligible for Medicaid.

22 MS. UPCHURCH: Yeah.

1 MS. LINEHAN: So you've got dual eligible.

2 MS. UPCHURCH: Right. Okay. All right.

3 Thanks.

4 MR. MASI: And if I could jump in for a moment, I
5 just wanted to say thank you very much for these clarifying
6 questions, and it's really helpful to get this feedback
7 about additional analyses and questions we could ask.

8 I did just want to step back for a moment and add
9 the context that this is our -- the first time we're
10 talking about this issue as a Commission, and so questions
11 are really helpful. And I think a lot of the times, it
12 will involve us kind of going back and seeing what else we
13 could be able to do, so happy to stay in touch as we
14 continue working on this.

15 DR. CHERNEW: A postscript to what Paul said was
16 we are not right now contemplating a recommendation,
17 certainly not this cycle. This is informational work, and
18 there's a lot of challenging issues that we would have to
19 do to get to where we would get to a recommendation when we
20 would get there. So, if any of you want to comment on that
21 basic situation of where we are, please feel free to do
22 that, and I would emphasize in Round 2.

1 And I think if I'm right, Scott is the next and
2 maybe the last Round 1 question, Dana.

3 MS. KELLEY: Scott is the last person I have in
4 the queue.

5 DR. SARRAN: Thanks, Kathryn, again, for your
6 very important and very cogent work.

7 Just one quick question. Given that most of what
8 we're looking at relies on acuity-adjusted staffing levels,
9 what's our level of confidence that acuity adjustment in
10 fact does represent the relevant metric we're looking at in
11 terms of predicting the staffing needed, the nurse staffing
12 needed to safely maintain a resident in-place and monitor
13 them and prevent the kinds of adverse outcomes we're
14 looking at? How robust is that metric? How well is the
15 reporting of that metric tracked and monitored, et cetera?

16 MS. LINEHAN: So the acuity adjustment is based
17 on a study that was conducted I believe in 2006 that looked
18 at the amount of time that each type of nurse spent with
19 patients in different RUG categories, which is the former
20 case-mix system for SNFs. And that study I think was
21 conducted in 200 to 300 facilities. So going forward, I
22 think CMS is going to need to come up with a different

1 case-mix adjuster because the data to calculate RUGs isn't
2 going to be available anymore.

3 So this might be something that CMS is looking
4 at. I assume it is. So it might -- yeah, so it might be
5 something that is going to be updated given how old and --
6 given the vintage of the data.

7 DR. SARRAN: So it may behoove us then just to
8 insert a comment about the importance of that metric and
9 attention to its ongoing maintenance and ensuring accurate
10 reporting on that metric?

11 MS. LINEHAN: Sure. I will say that, you know,
12 when you look at reported data that aren't acuity-adjusted,
13 you get at least the relatives that are similar across
14 facility types in terms of the levels of staffing.

15 MS. KELLEY: Okay. That is the end of Round 1.
16 Shall I go to Round 2, Mike, or did you want to hop in
17 here?

18 DR. CHERNEW: No. You should go to Round 2, and,
19 again, it is Tamara kicking us off.

20 DR. KONETZKA: Great. I have kind of a lot to
21 say here. I'll try to be efficient.

22 So, first of all, just a note on the context of

1 Covid. This is slightly peripheral, but I feel the need to
2 say this, because, you know, every article, every piece on
3 staffing in nursing homes right sort of points to Covid,
4 and I just want to make it clear to everybody that the
5 tragedy that we saw in nursing homes during Covid was not
6 about actually poor quality or low staffing. There's
7 plenty of poor quality to go around, and low staffing. But
8 the research shows pretty clearly that this was not a bad
9 apples problem -- right? -- like with low-staff nursing
10 homes having all the outbreaks and deaths. The two biggest
11 predictors of bad outcomes in nursing homes were the
12 facility size and the prevalence of the virus in the
13 surrounding community. And even sort of prior infection
14 control problems was not at all predictive, so you had very
15 high-quality facilities -- like that first Kirkland home in
16 Washington was a five-star facility and had this first
17 major outbreak of Covid.

18 And so the evidence on staffing in Covid is that
19 actually facilities -- there was either no effect or
20 facilities that had higher staffing and more bodies moving
21 in and out, just because that provided a vector for
22 transmission, you know, facilities with higher staffing

1 actually were more likely to have an outbreak in the
2 beginning. By the end, everybody had an outbreak. Like
3 virtually all nursing homes in the country had an outbreak.
4 Where staffing played a role was that once there was an
5 outbreak, higher staffing levels could reduce the number of
6 deaths and help to contain the outbreak. But that effect
7 was really dwarfed by just the prevalence of the virus,
8 like were you in a hot spot or not?

9 And so I guess the lesson there is that staffing,
10 as important as it is, would not prevent the next pandemic,
11 would not have prevented the last one. This was a big
12 public health failure. So I'll leave that topic then, but
13 I just wanted to say that.

14 So about staffing, it is sort of the one thing
15 that everybody agrees on, right? It's probably the only
16 thing in terms of nursing home care that everybody agrees
17 on. Advocates, consumers, policymakers, and researchers,
18 you know, providers -- everybody agrees that staffing is
19 fundamental to nursing home quality. In that way, it's
20 almost, you know, the best quality measure we have. Again,
21 I'm just really thrilled that we're using the PBJ data and
22 looking more into that. Obviously, there are some caveats

1 with it as well, but it's a really important thing to look
2 into.

3 The analysis was obviously very well done. Most
4 of the comparisons to me were absolutely not surprising --
5 right? -- that hospital-based facilities have a higher
6 staffing. To me, Larry, you know, I think that was not the
7 most interesting one because, one, they're less than 3
8 percent of facilities; there used to be a lot more. Those
9 have kind of gone away for a lot of reasons. But I don't
10 think they present sort of a model for other facilities
11 moving forward.

12 It's not surprising at all that for-profits have
13 lower staffing and a higher proportion of low-income
14 patients. And the stratifications by margins makes a lot
15 of sense as well. To me, the problem is how to interpret
16 these differences, and I think one thing that's important
17 to understand about the SNF sector is that, you know, for-
18 profits and not-for-profits don't behave in the way one
19 usually assumes, right? Nonprofit SNFs are not in the
20 business of providing charity care. They are aimed at --
21 they're generally smaller facilities aimed at a higher
22 concentration of Medicare patients, and they focus on

1 complex care. And they will be very transparent about how
2 they can provide the highest-quality complex care, and that
3 is by avoiding Medicaid. They are not in the business of
4 trying to take care of Medicaid patients if they don't have
5 to.

6 And so, on the other hand, you have for-profit
7 facilities that are much more likely to be large facilities
8 located in low-income neighborhoods and highly dependent on
9 Medicaid, right? And so in some ways, these are just very
10 different facilities, and so when we compare the staffing
11 ratios in for-profits and not-for-profit, it's long been
12 known that for-profits have lower staffing ratios. But the
13 problem is, you know, how do you interpret that and what do
14 you do about it?

15 And so, yeah, do they keep staffing ratios low to
16 increase their margins? Now, sure, but you could actually
17 rephrase that question in a number of ways.

18 And so the problem, you know, isn't really a
19 problem here that MedPAC can solve. The underlying problem
20 is that these causal connections among these very different
21 types of facilities and their staffing ratios just remain
22 very murky. So, on the one hand, you have advocates

1 arguing that there's enough money in the system for these
2 staffing ratios to be increased and quality to improve.
3 Right? And then, on the other hand, providers argue that,
4 you know, this high dependence on Medicaid imposes a
5 ceiling on quality, including on staffing, and that without
6 additional funds, one can't meet, for example, these new
7 higher staffing ratios.

8 Personally, based on the research, I think both
9 are probably true, but it's absolutely impossible to tease
10 these out because we don't have transparency about the flow
11 of public funds; and then that, combined with a lack of
12 transparency about increasingly complex ownership
13 structures, right? So we have these related-party
14 transactions where even looking at a cost report for a
15 single facility, we can't really tell what's going on
16 because, you know, that facility sold its real estate to a
17 different owner who then charges rent back to that
18 facility, but the owner of the real estate and the owner of
19 the nursing home are actually the same company in some
20 ways, or are related.

21 And so the data just aren't there to tease out
22 these sort of causal connections, which makes it hard to

1 know what to do moving forward.

2 So I think we should continue to do these
3 comparisons. It's good information. It's just hard to
4 interpret them. And so in terms of your questions about,
5 you know, what we might do moving forward, I have a couple
6 of ideas and suggestions, with the caveat that I know that
7 there's going to be limited work time and you probably
8 can't do all of these things.

9 But I'm trying to focus on like how can we take
10 this huge problem and focus in on analyses that can help us
11 think about how will staffing ratios in nursing homes and
12 potentially new policies affect access to care and quality
13 of care for Medicare beneficiaries?

14 So one thing I think we can do is perhaps make
15 these comparisons a little bit fairer by perhaps
16 stratifying on payer mix. So, you know, these big
17 comparisons like that are just problematic in some other
18 ways. If we look at facilities that, for example, have a
19 similar percent Medicare, similar specialization in
20 Medicare, and then look at how differences in staffing
21 ratios, you know, relate to their outcomes and to their
22 profitability, I think that would be useful.

1 I would say specifically look at some of the
2 facilities below the threshold for the new staffing regs,
3 right? Because that's where we're going to see the action.
4 So facilities for whom the new regs will be binding, and
5 see what's going on among those facilities now in terms of
6 their staffing ratios and also moving forward.

7 I think, you know, the prior research on minimum
8 staffing requirements and wage passthrough policies has
9 been a little bit underwhelming. You know, it has a little
10 bit of an effect, makes some marginal difference. I would
11 love to see more research on those three states that have
12 imposed these direct care spending requirements, right?
13 They're going to raise the Medicaid rate, but they're going
14 to require that money to be spent on staffing and have a
15 certain percentage of their revenues being spent on
16 staffing. So I think that's where a lot of the policy
17 momentum is, so I'd love to see some analyses of what goes
18 on at those three states with respect to staffing.

19 As you mentioned, Kathryn, the new regulation
20 excludes analysis of LPNs. I think there's a reason for
21 that, and that is the research is always really murky.
22 Really, it's hard to find any good connection between LPNs

1 and quality, but they're also super-important and do a lot
2 of work in nursing homes. And I think the reason we don't
3 see a connection is because in the absolute sense, LPNs are
4 important, but often they're sort of substituted for RN
5 care, and that could be a decrement to quality, right? And
6 so the research has been unable to tease those out, but I
7 would say moving forward it would be helpful to also
8 include some analyses of LPNs and not just the RNs and
9 CNAs.

10 And then, finally, perhaps most importantly --
11 and I'll stop after this -- to me, because of all this
12 murkiness about whether or not there's enough money in the
13 system, I'm guessing that one of the reasons -- so it's
14 clear in the rule there's no additional funds for these new
15 staffing regs, right? And I think part of the motivation
16 here might have been this is the brute force test of
17 whether there is enough money in the system, right? So if
18 there is enough money in the system, providers will find a
19 way to do this. If there's not, we might see a lot of
20 exit, especially given the sort of precarious financial
21 status of a lot of nursing homes after the pandemic.

22 And so I would love to see an analysis moving

1 forward that sort of ties some of these staffing analyses
2 and changes in staffing to changes in the market structure
3 of nursing homes, looking at occupancy, exit, and perhaps
4 if you can get the data, some of these changes in ownership
5 structure. You know, my guess is we're going to probably
6 see a lot of action in terms of exit or we're going to see
7 a huge proportion of facilities applying for those
8 extensions, because, you know, at the prevailing wage rates
9 now, I think it might actually be really hard for a nursing
10 home to find enough staff to hire.

11 I could say a lot more, but I'm going to stop
12 before I run out of the entire time.

13 MS. KELLEY: Okay. I have Scott next.

14 DR. SARRAN: Yeah, well, I've got 40 years' worth
15 of thoughts on this, but I'll try to be brief.

16 First, highlighting some of Tamara's points,
17 including the murkiness of the entire sector due to how the
18 ownership is split typically between the management and the
19 real estate and other ancillary providers in that space and
20 so forth, and I think that has always -- as we do any work
21 in this space, it is always, I think, worth our referencing
22 in any document we put out the need for continued focus on

1 better and better transparency, because without that we
2 have no real useful data on which to make decisions. So I
3 think that's always worth highlighting.

4 Tamara's point --

5 DR. CASALINO: Can I -- sorry.

6 DR. SARRAN: Sorry?

7 DR. CASALINO: Do you mean ownership
8 transparency?

9 DR. SARRAN: Yes. Yes, of the various parts or
10 pieces that add up to a functioning nursing facility,
11 including real estate, the direct employed staff, ancillary
12 services, et cetera.

13 Tamara's points about we're dealing with at least
14 a couple of high-volume different kinds of businesses in
15 this space, and separating out by or segmenting by payer
16 mix as well as by acuity adjustment may be very useful,
17 because what that will do -- and I think, Tamara, this is
18 where you were pointing us -- is there are the post-acute
19 high-acuity-oriented facilities that get a significant
20 volume of referrals from hospitals. They will have a high
21 Medicare mix. And then there are the -- although they are
22 Medicare-certified, the primarily custodial Medicaid-

1 oriented facility use whose only Medicare business
2 essentially is in their own long-term care residents who
3 have gotten ill, gone out to a hospital, and are coming
4 back to their place of residence, but now in a skilled bed.
5 And those are two -- yeah, there's blurring of those two,
6 but they're fairly distinct types of businesses with
7 different ownership interests, et cetera. So worth, I
8 think, doing some segmentation by that.

9 The particular comments I have, I'm very much in
10 favor, for all the reasons that have been discussed,
11 pushing on this lever of nurse staffing. And I don't think
12 we need to belabor why, because I think Kathryn did a nice
13 job of outlining the "why."

14 That said, the caveats that I think we want to
15 make sure we're all aware of is that, first, it's an
16 imperfect proxy. It's a classic process measure -- right?
17 -- rather than an outcome measure. What we care about, of
18 course, are outcomes. So at best, this is an imperfect
19 crude proxy.

20 Second -- and this has been discussed -- it is a
21 classic unfunded mandate, and unfunded mandates just, you
22 know, are fraught with all sorts of bad problems.

1 Third, it's subject to gaming. I mean, this is
2 an industry that, unfortunately, despite the large number
3 of really well-intentioned actors, has a not insignificant
4 number of problematic actors, and every kind of metric like
5 this is subject to gaming.

6 Fourth, there are a lot of unintended
7 consequences that we -- not a reason not to go down this
8 road, but we need to be aware of, guard against, monitor
9 for, et cetera, and, Tamara, you teed up some of these.
10 But we're likely to have some closures, and that may not be
11 a bad thing in some locations, but -- and I bet Lynn would
12 agree -- in other locations, particularly rural, that can
13 be really problematic in terms of beneficiaries having
14 access to needed services. And there likely will be some.
15 As a consequence in terms of closures, there's likely to be
16 resulting further consolidation and further shift to large
17 for-profits who have the ability to potentially game the
18 system and survive, you know, the challenge.

19 Also, under the unintended consequences, in order
20 to meet a staffing requirement for one particular type of
21 staff, assuming totally aboveboard good behavior, the money
22 will likely come from somewhere else that may hurt

1 beneficiaries, such as -- and Tamara mentioned -- may come
2 from other staff, whether it's LPNs, dieticians, et cetera,
3 may come from clinical programs, activities and so forth
4 that are really critical drivers of the outcomes we all
5 care about -- quality of life and avoidance of or
6 mitigation, early detection and management of acute
7 exacerbations of chronic diseases or new acute illnesses.

8 And lastly, and a most important point, if I can
9 -- in my mind, is that most critically this work -- again,
10 I'm not trying to say we shouldn't go down or support going
11 down this road, but it fails to address the root cause
12 issue, which is that we have an artificial dichotomy
13 between Medicaid-funded housing and Medicare-funded medical
14 care. And frail beneficiaries, frail duals living in long-
15 term care facilities never benefit from the dichotomy and
16 artificial distinctions. They are a mix of people needing
17 safe housing and excellent medical care, and there's a
18 whole series of very great consensus on what excellent
19 medical care looks like. And the solution to that is to
20 change the incentives that currently exist and are perverse
21 between Medicaid and Medicare. Let's just be clear. The
22 incentive issue of running a Medicaid facility from a

1 business -- if you're running a facility where the
2 residents' room and board is paid by Medicaid, your
3 business incentive is to drive down your cost on a daily
4 basis, which includes staffing and programs, right? It's
5 not about supplies and bricks and mortar because those were
6 already driven down as low as they can go, so it's staffing
7 and programs. Drive that down and let residents get sick,
8 go out to the hospital, and bring them back on a skilled
9 bed. I'm not saying that well-intentioned actors do that
10 deliberately, but that's the business incentive, right?
11 And then Medicare lives downstream from that and picks up a
12 high volume of skilled days that could have been prevented
13 with better outcomes for the resident by appropriate
14 monitoring and management of their condition so they did go
15 out to the hospital.

16 And so I'd like us in all the work we do please
17 to highlight -- and my recommendation is in all the work we
18 do to highlight the artificial dichotomy and the perverse
19 incentives that currently exist and continue to recommend
20 that we explore through all venues possible ways to disrupt
21 and remediate that artificial dichotomy and perverse
22 incentives.

1 Thanks.

2 MS. KELLEY: All right. I have Lynn next.

3 MS. BARR: Thank you again, Kathryn.

4 You know, it's funny because prior to this
5 session, I have always believed from what I've heard over
6 the last few years is that we're overpaying SNFs, we're
7 overpaying SNFs, right? And I realize that Medicaid is a
8 big part of this, but, you know, if we don't have adequate
9 nursing and we have 53 percent turnover, I'm not sure that
10 that's an indicator that we're overpaying them. I think
11 that we do have to put some guidelines in, but we may
12 actually have to pay them more to be able to provide kind
13 of quality care they need.

14 So what I not sure of because of the various
15 analysis in this is there are kind of three concepts that
16 have come up in this paper. One of them is, do we need --
17 you know, we need 24/7 nursing, right? And that's from
18 CMS, right, saying we need somebody in the building all the
19 time, and I don't think anybody would disagree with this.
20 It's a skilled nursing facility. We need a nurse -- we
21 need a nurse in the building.

22 But then there's another kind of position that's

1 just we need more nurses. The more nurses we have, the
2 better the outcomes. But I'm not really sure how those two
3 compare. If I have one nurse 24/7, do I get better
4 outcomes, or is that better associated with higher quality
5 than just having more nurses? I don't know what the
6 relativity of this is.

7 And the other piece is, you know, that we should
8 be thinking about is this turnover issue, right? And in
9 your paper, you say the higher the turnover, the worse the
10 outcomes. Now that I know that the average is 53 percent,
11 my mind is blown by what you were even talking about. What
12 kind of -- you know, what kind of turnover do you need to
13 show even worse outcomes?

14 So I don't know where Medicare should be
15 investing their money. Should we be investing in turnover?
16 Should we be investing in more nurses, or should we be
17 investing in making sure there's one 24/7 and the payment
18 policies would be different for each? And I agree with the
19 unfunded mandate. If we need a 24/7 nurse there, maybe
20 that's something we pay for, right, that's excluded from
21 the rest of the payment model, or if we really have to
22 determine, have to fix turnover, maybe that's something we

1 pay for.

2 So those are my general comments. I'm not really
3 clear from here where the relative value is of the
4 investments that Medicare would make, and I was hoping,
5 Kathryn, that somehow you could try to associate these
6 things to the PBJ data to some other data that we have in
7 terms of quality or stars or whatever to see if we could
8 get some idea of relative impact -- unless you don't.

9 MS. LINEHAN: Are you asking whether I can
10 associate staffing data with quality data? I mean, that's
11 --

12 MS. BARR: Yeah. Those three variables, could
13 you look -- could you tell us which has the greatest
14 impact? Is it one nurse there 24/7, or is it just more
15 nurses? Or is it if you reduce turnover, you get better
16 outcomes? Where should we be focused?

17 MS. LINEHAN: We can see what we can do.

18 MS. BARR: Thank you. I know it's a big ask.

19 MS. KELLEY: Okay. I have Betty next.

20 DR. RAMBUR: Thank you. And I apologize. My
21 internet is going off and on. So maybe that's a message.
22 I'll be very brief. I hope I don't repeat things others

1 said when I was offline.

2 I'm really glad we're looking at this because
3 these are our most vulnerable citizens, people, and we will
4 someday, many of us, be in the position of needing this
5 care. So, as you've heard me say before, to create the
6 system any of us would want to be in or work in.

7 It may surprise you that I traditionally have not
8 been all in on minimum staffing requirements because I see
9 that a regulatory response to what I perceive as a market
10 failure. Kind of building on what Scott said, in many
11 ways, the nurses are the air traffic controllers in these
12 systems, and yet we're using them or thinking about them as
13 if they are staff, something that should be contained as
14 low as possible.

15 So if you think about them as really being the
16 vanguards of safety and effectiveness, I think we have to
17 think about staffing requirements.

18 Skill mix is really important. So it's not just
19 how many RNs, in my view. It's the mix of RNs, LPNs,
20 nursing assistants, what are the other support staff, like
21 dietary.

22 The issue of the difference on weekends is very

1 alarming, I think.

2 And in terms of key indicators, I've always
3 thought that if we can have strong enough key indicators
4 and link payment to that, that that's the way to go,
5 because then the staffing follows, so, you know, falls,
6 pressure sores, family satisfaction, et cetera, et cetera.
7 So, yes, we need to look at minimum staffing requirements
8 in this era.

9 The wage pass-through policies, Tamara, you
10 mentioned them. Maybe others did when I was offline. My
11 recollection of those is that the effects were modest but
12 there, and maybe the wage passing through wasn't enough, or
13 is it the idea or the execution?

14 And then, finally, I personally am very
15 interested in direct care spending requirements. If we're
16 going to increase the money to places, the concept being
17 similar to a medical loss ratio actually does make sense to
18 me. But looking at states and places that have done it and
19 the outcomes, I strongly support.

20 And then, finally, do we have the right outcomes?
21 Do we have nuanced enough outcomes that we're measuring?
22 Do we really know always what is a quality outcome? Some

1 are obvious, but others, I think, are more subtle and
2 certainly should include some measure of the frailty of the
3 individuals.

4 So thank you so much for this work so far.

5 MS. KELLEY: Brian.

6 DR. MILLER: Thank you. A few thoughts, briefly.

7 I think Tamara said it best when she said
8 staffing is a quality measure, and then Scott mentioned
9 that it is a process measure. I think a lot of harm has
10 happened in the Medicare program when we use quality
11 measures as direct regulatory requirements, which multiple
12 people have mentioned are unfunded mandates. I view this
13 in sort of the same way. I'm fine paying for a quality
14 metric that's related to staffing. That's okay, but I
15 don't think that it should be a regulatory requirement for
16 conditions of participation as an unfunded mandate when we
17 have a massive nursing shortage.

18 There was a great letter from the American
19 Hospital Association a couple weeks ago that I think was
20 September 1st penned by Ashley Thompson, which actually
21 enumerated many of my concerns, which is that we're going
22 to be pulling staff, I think, from the hospital industry,

1 which is already struggling to staff its floors. They're
2 having high costs for travel nurses. They have high
3 nursing turnover. I don't think that we can expect that
4 the post-acute care space is going to be any more
5 successful, and so recommending a staffing requirement that
6 something like 80 percent of facilities cannot comply with
7 is, I think, best described as the definition of policy
8 insanity.

9 I also think I agree with former Secretary
10 Burwell and former Administrator Don Berwick that we should
11 be paying for value and we should be paying for outcomes.
12 The concern which all of us share is that the quality of
13 care in nursing homes is not adequate, and that we have
14 different populations. You have the Medicare post-acute
15 population. You have the Medicaid long-term care
16 population, multimorbid, frail, needs help with IADLs and
17 ADLs. I think a better thing to do is to say, what are the
18 quality measures and outcomes that we desire for care in
19 this population, create a system to grade and pay for that,
20 not overly burdensome, and do that rather than specifying
21 how they have to run their business.

22 I think that direct care spending and wage pass-

1 through policies are going to be massively manipulated by
2 industry. A good example is the medical loss regulation
3 that came out of the ACA. I teach a graduate course on
4 insurance design, and the first of -- in our vertical
5 lecture, the first thing I do show that supply chain, and I
6 say here's how you get around MLR regulation. And all the
7 grad students have already actually suggested that vertical
8 integration as a strategy to do that. There's no reason to
9 think that the market is not going to happen or behave any
10 differently here.

11 So in addition to looking at paying for value and
12 paying for outcomes as an alternative to crushing
13 hospitals, nursing, staffing, and creating an unfunded
14 mandate for staffing in post-acute care, I think we should
15 be thinking about GME, and then I also think we should be
16 thinking about I-SNPs.

17 As Scott mentioned, that population, the dual
18 eligibles who are medically frail, we need to think
19 differently.

20 So I guess I would say I don't think that any of
21 these policies are going to be effective in the long term
22 and will probably cause more problems than they solve.

1 MS. KELLEY: Robert.

2 DR. CHERRY: Yes. Thank you.

3 I think this is really just a highly informative
4 chapter that was that was drafted here, and I think what's
5 resonated with me, as many other people, is just this whole
6 idea of the impacts that staffing has on the overall
7 clinical outcomes of patients, whether in a skilled nursing
8 facility or hospital setting or a physician practice. And
9 the whole idea that there's literature out there that's
10 credible, that speaks to daily variation, poor weekend
11 coverage, and high nursing turnover, that has implications
12 or associations with five-star ratings and infection
13 control citations and increased hospitalizations and ED
14 utilization is rather compelling.

15 I do realize that the literature is still mixed
16 in this area, and it still needs further study and
17 validation, but I think it's worth actually looking at.

18 Not every quality measure is a traditional
19 measure, so I do believe that there are some operational
20 measures like turnover that do enable over the short and
21 long term, you know, the clinical outcomes that many of us
22 want to see. So I'm not entirely dismissive of looking at

1 these metrics but do recognize their shortcomings as well.

2 I think a couple of points that Commissioners
3 have brought up, which includes this dichotomy and
4 contradiction between Medicare and Medicaid in terms of
5 trying to provide appropriate resources and the fact that
6 in some cases when it concerns nursing, in particular, that
7 different facilities like hospitals and skilled nursing
8 facilities may be cannibalizing each other, trying to look
9 for the same population of providers to provide staffing
10 for their for their institutions are certainly problematic.

11 At the end of the day, though, we do want some of
12 these skilled nursing facilities to survive over the long
13 term, and we've mentioned that some of the more areas --
14 some of the more vulnerable areas are in the rural
15 population.

16 I would go one step further, particularly after
17 our safety net discussion. I realize a lot of us have put
18 sort of a wish list here, but I do wonder if we applied our
19 safety net index to skilled nursing facilities, whether we
20 can find some sort of appropriate balance in terms of
21 trying to make sure that we have the skilled nursing
22 facilities appropriately resourced in the areas that they

1 need to be, and that they're not at a risk of closing in
2 more vulnerable communities.

3 So I know you're getting a lot of proposals here,
4 but I want to put one more, one more log onto the fire for
5 consideration as well, particularly given all the good work
6 that we've put into the SNI model. So thank you for a
7 really good report and an engaging discussion.

8 MS. KELLEY: Kenny

9 MR. KAN: I'm greatly supportive of the body of
10 work. Thank you.

11 For future analysis, I'd really like us to
12 explore the clinical and financial ROI of any staffing
13 policy options so that we don't just saddle the nursing
14 home industry with a lot of unnecessary costs.

15 I mean, we are currently as a nation experiencing
16 the highest interest rates in 20 years. Such policy
17 options, if not being thoughtful, could potentially fan
18 higher inflation and would not be good for the health care
19 sector.

20 Thank you.

21 MS. KELLEY: Cheryl, did you want to get in here?

22 DR. DAMBERG: Oh, thanks. I just was going to

1 say that at the bottom of the slide that's shown, I think
2 these three different options have challenges that -- and I
3 recognize some of the challenges with the data availability
4 to be able to do empirical analyses, but I wonder -- and
5 obviously, staff resources are constrained -- whether any
6 of this work could benefit from some qualitative interviews
7 with nursing homes. So I just put that out there for
8 consideration.

9 MS. KELLEY: That is the end of my queue, unless
10 I've missed someone.

11 Larry, did you want to get in here?

12 DR. CASALINO: Yeah. Go?

13 MS. KELLEY: Yes, please.

14 DR. CASALINO: Yeah, very briefly. First of all,
15 I like Robert's - it's a little bit of a tangent to the
16 focus of this report, but I do Robert's comment about
17 thinking about safety net index in this context, planning
18 the previous work we've done on that in relation to
19 households.

20 There's two numbers that stick in my mind in the
21 report. One is the 53 percent average turnover rate. The
22 other is the 26 percent average margin for SNFs that have

1 low staffing ratios. I'd really like to see the
2 correlation between the SNFs that have 26 percent average
3 margins and turnover rates. Something is wrong here,
4 right? I mean, if people are taking home 26 percent
5 profits and they have high rates, maybe higher than 53
6 percent of staff turnover, they're not paying their staff
7 enough. They're just taking the money for themselves. I
8 think this is -- if I'm understanding this properly, that's
9 pretty outrageous, and it might be something we might want
10 to think about a little bit when we're recommending
11 updates.

12 MS. KELLEY: Okay, Mike.

13 DR. CHERNEW: Okay. We have five more minutes.
14 If anyone wants to talk, it's -- I have to say, as an
15 aside, it is always a challenge to figure out how to make
16 sure there's enough room for the people in the queue
17 without cutting off the comments we got. I guess in the
18 end of the day, it worked out.

19 I will make a few summary comments before we move
20 on to rehab facility. The first one is there's a -- this
21 is now just Michael talking, but I think I'm summarizing
22 sort of what I heard. There's a lot of concerning things

1 in the data. We can spend a lot of time trying to figure
2 out how many more concerning things there are in the data
3 or nuances of the concerning things there are in the data,
4 but at the end of the day, I'm pretty confident that we'll
5 find there's a lot of concerning things in the data.

6 The challenge, in my mind, has been a challenge
7 in almost everything we do in this space, which is the
8 somewhat awkward fragmentation between Medicare and
9 Medicaid and other funders in this space. It's
10 particularly interesting because many of the people that
11 are getting Medicaid services, long-term care services, are
12 actually Medicare beneficiaries. So we certainly care
13 about the care they're getting, even the care that we're
14 actually not paying for.

15 The set of comments really spanned a lot of ideas
16 around the bullets on the on the slide, but there certainly
17 was no shortage of people concerned about the unintended
18 consequences of trying to do these various things and, you
19 know, would the money get where we need, the ability or
20 lack thereof of understanding what's really going on
21 underneath the hood and how do we encourage it.

22 The staff and I, Amol and Paul, we're going to

1 talk about this more, but I do want to leave this session
2 with one broad comment. There are a lot of policies that
3 are important that might affect Medicare beneficiaries that
4 does not mean that it's Medicare's role or Medicare is best
5 suited to solve those problems. So this could well be a
6 case where there's really, really good policies that need
7 to be put in place, and those policies are simply not
8 policies that should be put in place through the Medicare
9 set of levers, because we're fundamentally focused on the
10 post-acute portion of this. And while we certainly care
11 about Medicare beneficiaries that are outside of the post-
12 acute setting in the institutional setting -- and
13 certainly, I-SNPs is a way of getting in there, into that
14 kind of population -- it is not necessarily where -- the
15 core problem is not necessarily a post-acute problem with
16 staffing. The core problem is Medicare beneficiaries,
17 perhaps, not getting the care or attention they need in
18 situations that are actually not consuming Medicare-funded
19 services. And that makes the leveraging of what we do a
20 little bit complicated.

21 So I remain a little uncertain about the way
22 forward, but luckily, the staff is exceptional. And as we

1 debrief on this, we will see where we play out.

2 I do hear a lot of interest in this area, a lot
3 of concern about what's going on, and we will ponder how to
4 get into this space, because I do think it is an area that
5 we need to at least be aware of. And we certainly need to
6 be aware of it as we think through our regular order of
7 business like the updates.

8 Last point -- you gave me an extra minute, so
9 you're going to have to listen to it -- is when we go to
10 the update recommendation, I do believe we will continue
11 the standard MedPAC principle of focusing on things like
12 payment margins for post-acute, and then we will wring our
13 hands, and that really does -- one of the things that does
14 keep me up at night, thinking about how uncomfortable we
15 are with that, given the holistic sense of what's going on.
16 So that's a little preview of sort of my angst.

17 Paul, do you want to add anything before we take
18 a quick break and then jump in? We're going to do a little
19 switch here, and we're going to move to rehab facilities.
20 But anything you want to add, Paul?

21 MR. MASI: No. Thank you, everyone. Great job,
22 Kathryn.

1

2 DR. CHERNEW: I got to get to that point.

3 Thanks, everyone. Great job. Thanks, everyone. Great
4 job.

5 Let's take a quick break and come back at the
6 bottom of the hour, 3:30, and we're going to talk about
7 rehab facilities.

8 [Recess.]

9 DR. CHERNEW: Okay, everybody. Welcome back. We
10 are now going to move to our session on rehab facilities,
11 and there's a lot of issues there, and I think the
12 analysis, like all situations, is outstanding.

13 I'm going to turn this over to Carol, so, Carol,
14 take it away.

15 DR. CARTER: Thanks. Good afternoon, everyone.

16 Today we will present options for using an
17 alternative method to set payment rates for select
18 conditions treated in inpatient rehabilitation facilities.
19 Before we get started, I want to remind you that a PDF of
20 these slides is available from the webinar's control panel
21 on the right side of your screen.

22 Here's a roadmap of what we'll cover today.

1 First, we'll provide some background on IRFs.
2 Then we'll discuss CMS' definition of qualifying and
3 nonqualifying conditions in IRFs.

4 We'll compare the characteristics of the patients
5 treated in IRFs and similar patients treated in SNFs.

6 We will also compare Medicare's payments for
7 nonqualifying stays in IRFs with those made to SNFs for
8 similar stays.

9 We'll outline, at a high level, alternative ways
10 to establish payment rates for IRF nonqualifying stays.

11 And, finally, we'll outline future analyses and
12 present some discussion topics for your consideration.

13 MedPAC and others have documented the overlap in
14 certain types of patients treated in IRFs and SNFs.

15 To evaluate this overlap, and in response to a
16 congressional mandate, in 2023, MedPAC evaluated a unified
17 payment system for post-acute care that would establish
18 site-neutral payments across PAC settings.

19 We concluded that while a PAC PPS could establish
20 accurate payments, it would be complicated to implement.
21 The Commission stated that it would look for opportunities
22 for smaller-scale site-neutral payments.

1 Before our work on a unified payment system,
2 MedPAC considered the overlap in patients treated in IRFs
3 and SNFs. In 2015, the Commission recommended
4 site-neutral payments between IRFs and SNFs for select
5 conditions.

6 The policy problem is thus: The types of
7 patients treated in the two settings continue to overlap,
8 yet the payment rates remain considerably different.

9 While IRF services are more intensive than those
10 in SNFs, not all patients treated in IRFs require this
11 level of care.

12 Medicare's payment rates are considerably higher
13 than those in SNFs, even for those patients with conditions
14 that typically do not require the intensity of an IRF. The
15 Commission has posited that Medicare should base its
16 payment rates on the resources needed to treat patients in
17 the lowest-cost setting.

18 This year, we will explore an alternative way to
19 narrow the difference in payment rates between IRFs and
20 SNFs for patients with select conditions.

21 Just a little background sketch of the IRF
22 industry. There are about 1,200 IRFs nationwide, but they

1 are not distributed evenly across the country, and we'll
2 talk about that in a minute.

3 Medicare spending in 2021 was \$8.5 billion.
4 Medicare margins in this sector have been in the double
5 digits for years. In 2021 the Medicare margin was 17
6 percent.

7 We appreciate that IRFs and SNFs differ in the
8 services they provide.

9 IRFs are licensed as hospitals and generally
10 provide intensive services. The care is physician-led and
11 a rehabilitation physician sees patients three times a
12 week. RNs are present 24 hours a day. To be admitted to
13 an IRF, a beneficiary is expected to tolerate and benefit
14 from intensive rehabilitation, which is generally thought
15 of as three hours a day, five days a week. And
16 beneficiaries require at least two therapy modalities.
17 IRFs are paid under the IRF PPS on a per stay basis.

18 In contrast, SNFs are licensed as nursing homes.
19 There is no requirement for daily therapy, and Kathryn just
20 went over the staffing requirements. LPNs have to be
21 present 24 hours a day, while RNs have to be present eight
22 consecutive hours per day. A physician must supervise care

1 but the required physician visits are infrequent -- once
2 every 30 days for the first 90 days.

3 To be admitted to a SNF, a beneficiary must
4 require a skilled nursing or therapy service, and the
5 patient must have had a prior inpatient hospital stay of at
6 least three days. SNFs are paid on a per diem basis.

7 While the level of care is clearly higher in
8 IRFs, our question is whether Medicare should pay for this
9 level of care for conditions that typically do not need
10 intensive rehabilitation.

11 CMS has two categories of conditions treated in
12 IRFs. The alternative payment method to pay for stays that
13 do not require intensive rehabilitation would rely on
14 Medicare's definition of qualifying and nonqualifying
15 conditions.

16 Qualifying conditions are those that CMS has
17 identified as typically requiring intensive therapy. There
18 are 13 of them, and they include things like stroke, spinal
19 cord injuries, and hip fractures. There is a complete list
20 of them in your paper.

21 To be paid as an IRF, qualifying conditions must
22 make up at least 60 percent of an IRF's admissions. This

1 criterion is intended to differentiate IRFs from acute-care
2 hospitals.

3 In contrast, nonqualifying conditions are
4 conditions that CMS determined do not typically require
5 intensive rehabilitation therapy, such as debility and
6 cardiac cases.

7 CMS has stated that nonqualifying conditions
8 could be treated in a lower-cost setting. Nonqualifying
9 cases can comprise up to 40 percent of IRF volume.

10 Now Corinna will walk through our comparisons of
11 IRF nonqualifying stays and similar SNF stays.

12 MS. CLINE: To assess the characteristics of IRF
13 stays that may be subject to an alternative payment, we
14 applied CMS' compliance algorithm to identify IRF
15 nonqualifying stays and comparable SNF stays.

16 The Medicare Administrative Contractors, or MACs,
17 apply an algorithm developed by CMS to determine IRF's
18 compliance to the 60 percent qualifying stay requirement
19 for the IRF to be paid under the IRF PPS. The algorithm
20 uses assessment data and is based on the presence or lack
21 of certain diagnosis codes and other data elements show on
22 the slide. For IRFs that fail to meet the 60 percent

1 requirement, MACs conduct additional medical record
2 reviews.

3 We applied this algorithm to identify
4 nonqualifying IRF stays. We also applied the algorithm to
5 SNF assessment and claims data to identify comparable SNF
6 stays. More details on the methods used to identify our
7 study population are in your mailing materials.

8 We identified 30 percent of IRF stays as
9 nonqualifying. When applying the same algorithm to SNF
10 data, we found that 60 percent of SNF stays meet the
11 nonqualifying criteria, and compose our population of
12 "comparable SNF stays."

13 First, we examined the share of nonqualifying
14 conditions treated in SNFs. Carol mentioned before that
15 IRFs are not evenly distributed across the country. In
16 fact, we found that IRFs are only in about one-third of
17 markets, in which 70 percent of beneficiaries live. In
18 contrast, we found that nearly all markets have at least
19 one SNF.

20 Looking at the graph, you can see that across all
21 markets, most patients with nonqualifying conditions -- or
22 86 percent -- were treated in SNFs.

1 Even when we looked at markets with both IRFs and
2 SNFs, the majority still went to SNFs.

3 While the share of stays going to SNFs was
4 slightly lower in markets with both types of facilities,
5 the share was still high, indicating that these conditions
6 are frequently treated in SNFs, even in markets where an
7 IRF is available as a potential treatment setting.

8 Next, we compared risk scores and demographic
9 characteristics for beneficiaries with nonqualifying IRF
10 stays and those with comparable SNF stays, as shown in the
11 table.

12 The median risk scores for IRF and SNF stays were
13 similar, and the distributions largely overlapped.

14 IRF patients with nonqualifying stays were
15 younger, with a much smaller share of patients 85 years or
16 older, and were about half as likely to have low incomes
17 compared with their SNF counterparts.

18 End-stage renal disease and disability rates were
19 similar between IRF and SNF beneficiaries. These patterns
20 were generally the same within condition categories.

21 We also compared rates of select impairments for
22 nonqualifying IRF stays and comparable SNF stays.

1 As seen in the graph, IRF patients with
2 nonqualifying stays had substantially lower rates of
3 incontinence and swallowing difficulty compared to SNF
4 patients. IRF patients may have lower rates of impairment
5 because, to be admitted, they must be able to tolerate and
6 benefit from intensive therapy.

7 Additionally, IRF patients with nonqualifying
8 stays generally had lower rates of comorbidities compared
9 to similar SNF patients, such as chronic kidney disease,
10 heart failure, depression, Alzheimer's, and COPD, which is
11 not shown on the slide.

12 Next, we used clinical items gathered from the
13 IRF PAI and SNF MDS assessments to compare functional
14 status between IRF nonqualifying stays and comparable SNF
15 stays. Details on our methodology for calculating motor
16 and cognitive scores are in your mailing materials.

17 First, we compared motor score. We found that
18 the median motor scores across IRF and SNF stays were the
19 same, but that SNF stays had slightly wider ranges of
20 scores, which makes sense given the broader range of
21 patients who use SNF care and the IRF admission requirement
22 that patients must be to tolerate and benefit from

1 intensive therapy.

2 Next, we compared cognitive scores using the
3 Brief Interview for Mental Status (or BIMS) summary scores
4 for IRF and SNF stays. Higher scores indicate higher
5 cognitive function. The median BIMS score for IRF and SNF
6 stays were similar: the median score was 14 for IRF stays
7 and 13 for SNF stays. But SNF patients had a much wider
8 range of BIMS scores.

9 Lastly, we compared lengths of stay, minutes of
10 therapy a day, and minutes of therapy per stay for
11 nonqualifying IRF stays and comparable SNF stays.

12 We found that nonqualifying stays in IRFs are
13 shorter than comparable SNF stays. The median IRF length
14 of stay was 12 days. The median SNF length of stay was
15 more than double, at 25 days.

16 IRF patients receive substantially more therapy
17 per day: the median value was 125 minutes per day. In
18 contrast, comparable SNF stays received less than half of
19 those minutes, with a median value of 56 minutes per day
20 over the longer stay.

21 For IRF stays that were 14 days or shorter, the
22 median total number of therapy minutes per IRF stay was

1 1,355 minutes compared with 1,258 minutes for SNF stays.
2 While SNF patients receive much less therapy per day, over
3 the course of the stay, given the long stays in SNFs, the
4 difference between minutes of therapy delivered for IRF and
5 SNF stays narrows to just 8 percent.

6 Next, we turn to payments. We compared Medicare
7 payments for nonqualifying IRF and comparable SNF stays,
8 using fiscal year 2021 IRF and SNF fee-for-service claims.
9 We summed the per diem payments for the duration of each
10 SNF stay in order to make them comparable to the stay-based
11 IRF payment.

12 Across all noncompliant IRF stays, the median
13 Medicare payment for nonqualifying stays was \$20,880.

14 Median payments for comparable SNF stays were
15 about 40 percent lower, at \$12,650.

16 Now, I'll turn it back to Carol.

17 DR. CARTER: Corinna presented information
18 showing that payments are much higher in IRFs than in SNFs,
19 yet IRF patients are either similar or have fewer
20 impairments. Nonqualifying conditions typically do not
21 require the intensive rehabilitation care that is unique to
22 IRFs.

1 This raises the question: What is Medicare
2 buying for the higher payment rates?

3 To get at that, we plan to examine differences in
4 outcomes for nonqualifying stays and comparable SNF stays.
5 We will compare risk-adjusted rates of admissions to acute
6 hospitals and discharges to community and Medicare spending
7 per beneficiary.

8 We're considering two approaches to narrow the
9 differences in payment rates between IRFs and SNFs for
10 nonqualifying stays. Both have precedent.

11 In the first option, payment rates for
12 nonqualifying stays would be established using the SNF PPS.
13 The IRF PPS would be used to set rates for qualifying
14 stays.

15 This approach would be similar to the dual
16 payment rate policy mandated by the Congress for LTCHs.

17 In the second approach, payment rates under the
18 IRF PPS would be lowered by set percentage based on the
19 difference in payment rates between IRFs and SNFs for the
20 nonqualifying stays. This approach would be similar to the
21 reductions made to payments for select outpatient services
22 to off-campus provider-based departments.

1 We plan to flesh out these approaches and come
2 back to you with more information at a future meeting.

3 For future analyses, we plan to present estimates
4 of payments for nonqualifying stays under each of these
5 alternatives.

6 We will model the impacts on the industry, and we
7 also plan to compare outcomes for nonqualifying stays
8 treated in IRFs with similar SNF stays.

9 We will also discuss how an alternative method
10 could be implemented. This information may be an
11 informational chapter in the June 2024 report to the
12 Congress.

13 For discussion today, we will answer questions
14 you have about the work we presented and ask if there are
15 additional analyses you would like us to pursue.

16 With that, we'll turn things back to Mike.

17 DR. CHERNEW: Thank you all so much. There's a
18 lot here. I will put an underline on the comment what
19 we're getting for the added payment, but that's just my
20 underline. I think we'll go through the queue, and I think
21 Larry is to start, and then Dana will manage it from there.

22 DR. CASALINO: Yeah, just a quick question. I

1 enjoyed reading the parts particularly about the interviews
2 with discharge planners from hospitals about, you know,
3 getting patients into IRFs versus SNFs. I thought those
4 were pretty informative.

5 I don't think you did as much, it doesn't seem
6 like, interviewing of people -- I assume that IRFs have the
7 option of accepting a patient or not, practically speaking.
8 And I would have liked to have known more about from the
9 IRF point of view whether they think and who do they accept
10 and who do they decline.

11 Was I missing that in the report or could there
12 be more of that?

13 DR. CARTER: So we can flesh that out a bit. We
14 did interviews with 12 hospital discharge planners around
15 the country over the summer to get a sense of how they
16 think about placing patients in either IRFs or SNFs, and
17 then their sense of who was invited and who wasn't. So we
18 did do some work on that.

19 I will say that those interviews showed that fee-
20 for-service benes who have a qualifying condition are
21 pretty easy to place, but not the folks with nonqualifying
22 conditions. And we heard actually pretty different

1 experiences with that. Some IRFs seemed to be pretty
2 careful about only admitting qualifying -- patients with
3 qualifying conditions; whereas, other IRFs take a wider
4 range of patients.

5 We also did two site visits to IRFs this summer
6 to understand what do they think about the list of the
7 qualifying conditions, in addition to just learning about,
8 you know, their admissions process. They often have
9 limited openings and only take 30 percent, 50 percent of
10 who they are referred. So, they are selective and because
11 they don't have ERs, they wouldn't be subject to EMTALA.
12 So there is some selection going on by IRFs, and it varies.
13 From the site visit and the interviews, it sounded like
14 there was a lot of variation in that. Does that help?

15 DR. CASALINO: It does help, and I'm trying to
16 think about -- and you don't have to respond to this now.
17 I'm trying to think about whether from the IRF side,
18 selectivity on who they take, whether any payment
19 alternatives we would recommend have a -- whether that has
20 a bearing on what we might think about for payment
21 alternatives.

22 DR. CARTER: I guess the other thing I should

1 have said was one thing we heard -- the other thing we
2 heard, was that on any given day an IRF might or might not
3 take that patient, and some of that has to do with how
4 close they are to meeting the compliance threshold of 60
5 percent. So even from a place that looks like they've got
6 sort of some ground rules -- some facilities don't worry
7 about the compliance threshold. They're way above it and
8 they never really pay attention to it. But we also have
9 heard that other facilities do pay attention, and it really
10 depended on where they were with that compliance threshold.

11 DR. CASALINO: Thank you.

12 MS. KELLEY: Okay. I have Amol next.

13 DR. NAVATHE: Thank you so much. It's great to
14 see this work continue, especially after we did the work on
15 unified PAC and sort of had a promised follow-up. It's
16 nice to see this follow-up coming to fruition.

17 So I had hopefully what is a fairly simple,
18 straightforward question. In the reading materials, I
19 think it was highlighted a little bit more that it looks
20 like we used the patient assessment data to identify
21 nonqualifying versus qualifying, and in our previous work,
22 in fact, in our unified PAC PPS work, I think we had done -

1 - we had made some comments and done some investigation
2 that highlighted that the patient assessment data is not
3 always that reliable.

4 So I was curious, number one, is it correct that
5 they were using patient assessment data as part of this
6 identification algorithm, if you will? And, secondly, if
7 that is true, then do we have any concerns about the
8 integrity of that data vis-a-vis being able to identify
9 similar nonqualifying stays in the IRF and SNF settings?

10 DR. CARTER: So I can start, and Corinna can
11 certainly jump in.

12 So our concern with the patient assessment data
13 has to date focused on the functional status information,
14 and so we've been wary of using that.

15 What we were doing was using CMS's algorithm for
16 identifying nonqualifying and qualifying conditions and
17 applying that to the SNF patients. So we were using
18 whatever is pulled from the patient assessment data from
19 the IRF pie to generate the case-mix groups and the
20 definitions of qualifying and nonqualifying and then
21 running all the SNF stays and assessments through that same
22 group to identify comparable stays. To the extent that the

1 patient assessment data are variable in their accuracy,
2 that's kind of embedded in both of these payment systems
3 and in both of the case-mix groupings in the assignments of
4 cases to groups.

5 DR. NAVATHE: So, in another way, this is a
6 follow-up to that, of just saying that in both settings,
7 there would be sort of, generally speaking, a common
8 incentive to code more severely where you can, where it
9 might be appropriate to do so, and so there's a symmetry in
10 essentially across the two elements -- across the two
11 settings. And so we wouldn't necessarily expect there to
12 be any sort of differential, quote/unquote, "upcoding" or
13 anything like that might be happening across the two
14 settings. Is that fair?

15 DR. CARTER: You know, you raised a question that
16 I think is a good one, which is the case-mix groups for
17 SNFs include -- consider many other factors about a patient
18 compared with the IRF case-mix classification system. So I
19 would say that function probably plays a larger role in the
20 IRF case-mix groupings and assignments than in the SNF
21 case-mix group assignments.

22 And we haven't done any like trying to figure

1 out, oh, what share of a SNF payment is therapy-based -- or
2 function-based, I should say -- function-based compared
3 with the IRF. So I couldn't answer your question more
4 specifically except to give a general sense that many more
5 dimensions of patient condition, things like difficulty
6 swallowing, depression, special treatments, skin condition.
7 These are all considered as factors on the SNF payment
8 system that -- except for the comorbidities for some of
9 those things. We wouldn't play a role in the IRF PPS.

10 DR. NAVATHE: I see. And, sorry, last follow-up
11 is so when we saw the shift to the new classification
12 system for SNFs -- I can't remember the acronym right now.
13 But did that influence -- so, one, is our data influenced
14 by that, or are we using earlier data? Secondly, would you
15 expect that to influence this qualifying and nonqualifying
16 situation at all?

17 DR. CARTER: So these data are firmly after the
18 new case-mix groups, and so I think whatever adjustment to
19 the new classification system probably would have happened
20 already.

21 And what was the other part of your question?

22 DR. NAVATHE: I was just worried if we had pre-

1 and post-data out, would the introduction of that have
2 created any --

3 DR. CARTER: Oh --

4 DR. NAVATHE: It sounds like we used just post-
5 data.

6 DR. CARTER: Well, you know, the thing is
7 function is really important in the new and the old SNF
8 case-mix groups. So I don't know. Maybe a little less.
9 It does rely more on comorbidities for the NTA component
10 and swallowing and diet, restrictions for the speech
11 language pathology component, so may be a little less
12 reliant and more assignment of cases to medically complex
13 conditions post, but these data are all post.

14 DR. NAVATHE: Okay. Thank you for putting up
15 with my line of questions.

16 MS. KELLEY: All right. Brian is next.

17 DR. MILLER: Thank you. I'll save my policy
18 questions for Round 2, but for a small technical question,
19 I just want to say I really appreciated the nuance in this
20 chapter about patient mix between IRFs and SNFs and how
21 sometimes that could be gaming and sometimes that can be
22 appropriate, because they have -- those markets have

1 different functions, and I thought that came out really
2 well in the chapter. And that's not easy to do, especially
3 since many folks are not familiar with the IRF marketplace.
4 So kudos to you all for doing that.

5 Small technical question. In some of the
6 figures, 2, 3, 4, and then a couple of the tables, there
7 were some comparisons. I would just add some statistical
8 difference testing to them. Just go through the chapter
9 and make sure that that's done, or it's probably already
10 been done. Just insert it, because again, when we discuss
11 site neutral, I expect that there will probably be a lot of
12 pushback. And so that will make our arguments stronger.

13 Thank you. Great chapter.

14 MS. KELLEY: Cheryl.

15 DR. DAMBERG: Thanks, and thank you to the team
16 for a great chapter.

17 I had a question in terms of the market
18 structure, and I don't claim to understand this landscape.
19 But are IRFs typically part of health systems? Are they
20 co-located? Because I'm trying to think about health care
21 consolidation and potential for self-referrals, just in
22 terms of how people move from one place to the next. So I

1 don't know if there's any information that would shed some
2 light on that.

3 MS. CLINE: That's something we can look into
4 further.

5 Carol, do you have anything to add to that?

6 DR. CARTER: Well, I wanted to say so something
7 like 40 percent are hospital-based. So they would be part
8 of that system.

9 And then there is one large chain in the IRF
10 space. So some consolidation in this has already happened,
11 but they're independently owned and operated. But there is
12 a large chain in the freestanding IRF market.

13 DR. DAMBERG: Thank you.

14 And then this is a question/comment. On your
15 slide 15, in terms of looking at differences and outcomes,
16 I think that's critically important, but something I'm
17 struggling with or question is I'm wondering whether these
18 outcomes are going to be sensitive enough to assess whether
19 the greater application of resources is delivering better
20 value. And I suspect you don't have other outcomes you can
21 look at, because obviously, we want to kind of know, you
22 know, with all that additional therapy, are we getting

1 better clinical benefit in terms of functioning. But I
2 suspect you don't have those types of measures.

3 DR. CARTER: Well, I'll give you my opinion,
4 which is we could look at change in function, right? We
5 have that in the assessment data. We've been so far kind
6 of wary about using that as an outcome measure, given the
7 incentives to start low and end high, you know, and so we
8 include it in the case-mix groups because it's really
9 important for explaining cost differences between -- across
10 cases. But as an outcome measure, we would be worried
11 about whether we'd be really measuring performance or
12 something else -- or the accuracy.

13 There are other measures that say something like
14 false, and that measure might be subject to how open, if
15 you are -- if you will, facilities are to reporting that,
16 because I think there is some unevenness in whether
17 facilities are complete in the reporting of falls. So that
18 might be something we could consider, but we'd have to have
19 those caveats.

20 Were there measures that you were thinking of?
21 And you don't have to answer it now. We have some
22 information. So we might be able to do a little more

1 there. I'd be very interested in your ideas.

2 DR. DAMBERG: Yeah. No, I'd have to think about
3 this a little bit more, and my recollection in talking to
4 some clinicians in the past is the literature around the
5 clinical benefit of therapy and how much therapy is fairly
6 weak.

7 DR. CARTER: Yeah.

8 DR. DAMBERG: Thank you,

9 MS. KELLEY: Tamara.

10 DR. KONETZKA: Okay. Yeah. It occurs to me that
11 when we read through these chapters, there's just an
12 enormous amount of work that goes into deciding on some of
13 these data issues that then becomes a footnote. So I'll
14 just say I appreciate all the rigor and all the time that
15 must go into some of these analyses.

16 So two quick questions. One, in the chapter, you
17 said that IRF occupancy rates indicate adequate capacity,
18 averaging 68 percent in 2021 and 53 percent in rural IRFs.
19 I know that for SNFs, these occupancy rates would be
20 considered unsustainable or really an urgent problem, and
21 I'm wondering, when I think about these changes in payments
22 and access to care for people with nonqualifying conditions

1 or even with qualifying conditions, thinking about the
2 business model of IRFs, what do we know about -- are those
3 typical occupancy rates? Are those considered sustainable
4 long-run occupancy rates? Is this the norm, or is this
5 potentially problematic? That's one question.

6 DR. CARTER: So I haven't looked at occupancy
7 rates over time, but I'm sure Jamila has, so we can get
8 back to you on that.

9 I don't think that these reflect a blip. I think
10 that these are what they've kind of been over time. So, in
11 that sense, there it looks like to me there is capacity.
12 Given the Medicare margins are really high in this setting,
13 they're somehow making this model work, and Medicare is a
14 much larger share in this setting than, say, in the nursing
15 home space. This sector is probably 50 or 60 percent
16 Medicare. I'm not sure. So one thing is you've got super
17 high margins on the Medicare side that gives you quite a
18 bit of wiggle room on not being full.

19 DR. KONETZKA: Okay. Yeah. So I guess then the
20 question is, if those margins decrease substantially for
21 the nonqualifying, is that still a sustainable occupancy
22 rate? That's more of a round 2 question.

1 The other round 1 question I have is about this
2 value, the value of what IRFs do over SNFs do, and I'm
3 wondering, first of all, we know that managed care is
4 playing -- Medicare Advantage is playing a big role in
5 SNFs, right? There's really downward pressure on length
6 the stay. It's changing the landscape in a lot of ways,
7 and then we also have alternative payment models, things
8 like bundled payments that have reduced SNF use. Do we
9 have anything? Do we have any evidence? I don't really
10 know. I've never -- I don't remember coming across
11 evidence about what these bundled payment models and what
12 Medicare Advantage does with IRFs. Is there any evidence
13 that sort of shows us that those -- under those kinds of
14 incentives that IRFs are still valuable or that they're
15 still used, or is that also decreased a lot just like SNFs?

16 DR. CARTER: My sense is that MA plans were never
17 big users of IRF. Everyone we interviewed complained about
18 placing MA enrollees in IRFs, even for patients who clearly
19 qualified. We heard quite an earful about that. And I
20 think other analysts, the MA team, I think, plans on
21 looking at, say, prior auth.

22 I mean, the other thing was, can you get in the

1 door, and the other is, how long can you stay? And we
2 heard about issues around both of those and the delays in
3 care and the backup in hospitals while they're waiting for
4 approvals. And I think the MA team is going to be looking
5 at that, and maybe, Jamila, I think for her, at least after
6 this year, is going to be looking more at the MA use, but
7 we haven't done that for this work.

8 DR. KONETZKA: Okay. But it seems like managed
9 care companies do want to use IRF sometimes, but they have
10 a hard time getting a placement. Is that -- did I just
11 misunderstand what you said?

12 DR. CARTER: I think the takeaway is they hardly
13 pursue it and are even more restrictive about who they
14 refer on to IRFs. I think it's pretty tough.

15 DR. KONETZKA: All right. Thanks.

16 MS. KELLEY: Amol, did you want to get in here?

17 DR. NAVATHE: Yeah. I can just comment on the
18 bundled payment side, because Tamara had asked that
19 question. So a little bit of it depends on whether these
20 are surgical -- bundles for surgical conditions versus
21 medical conditions, but if I were to abstract or try to
22 synthesize, generally speaking, there have been effects

1 that showed decreases in IRF, just like SNF, but the
2 effects are much, much more pronounced for SNF, and there's
3 also evidence that there is essentially sort of like a
4 substitution. So you see IRF patients going to SNF and
5 then SNF patients going to home, and so there's this kind
6 of cascade of just shifting people to lower acuity
7 settings.

8 MS. KELLEY: Stacie.

9 DR. DUSETZINA: Great. Thanks. This is such an
10 interesting chapter. I had a question about the penalty.
11 If you have more than 40 percent of nonqualifying, I felt
12 like it was very clear from the interview data that people
13 were monitoring that, trying to be really careful not to go
14 over 40 percent. But I didn't find -- and maybe I just
15 missed it. What's the penalty when that happens?

16 DR. CARTER: So you would be paid as an acute
17 care hospital. That's the penalty. I think it's happened
18 -- Corinna, how many times?

19 MS. CLINE: I believe four times since 2006 has
20 an IRF failed to meet the compliance rule.

21 DR. DUSETZINA: Thank you.

22 DR. NAVATHE: Just to get a ballpark, what is the

1 percent magnitude of that difference?

2 DR. CARTER: What difference?

3 DR. DUSETZINA: The acute care payment relative
4 to what you would have gotten if you hadn't gone over.

5 DR. CARTER: I think it's about half, but I could
6 get back to you on that.

7 DR. DUSETZINA: But is it half only for the ones
8 that you go over on or like everybody? Do you just get all
9 your rates kind of --

10 DR. CARTER: No, it applies to your book of
11 business.

12 DR. DUSETZINA: Oh. Yeah, okay. That's a big
13 penalty. It might be nice to just like finish that piece
14 on exactly what the penalty is, and that it's rare, but
15 it's really severe.

16 DR. CARTER: Yeah, that's a good point.

17 MS. KELLEY: Lynn.

18 MS. BARR: I join everyone in really enjoying
19 this chapter. I have some questions, though. When I
20 looked at the required services of the IRF versus the SNF,
21 there's very patient-specific intensity. So are we talking
22 -- you know, so I want to know what that cost is, right,

1 you know, because you've got a physician, a rehab
2 physician, three times a week, right? What does that cost?
3 And so, you know, as we look at these, are we talking about
4 saying, oh, if you're not a qualifying stay, you don't --
5 you know, we're waiving all those requirements, or we're
6 going to say you still have to have all the costs, but
7 we're also going to lower your payment? I'm just not clear
8 on what we're saying here, but I think it would be helpful
9 to understand what those extra costs are over a SNF and
10 make sure that if we're requiring they do this work, that
11 we make sure that we pay for the work that they're doing.

12 DR. CARTER: I'll just respond to part of that.
13 In a future conversation, we do plan to come back to you
14 all about, okay, so what are the requirements that would
15 make sense to revisit, and it's exactly those patient-
16 specific requirements like how much therapy, how many
17 physician visits, two modes of therapy. Those are things
18 that are case-specific, and because we are sensitive to
19 what we're going to now pay them SNF rates but still hold
20 them to the IRF regulatory requirements, you know, the
21 Commission has said we don't think that's a great idea.
22 And so we won't -- we want to come back to you with a

1 fuller discussion. Those are the easy ones.

2 There's some tricky ones that I'll just put out
3 there, and I'm not sure how we'll noodle our way through
4 this, but like the cost sharing requirements are different.
5 And so what do you do with those and the prior three-day
6 hospital stay requirement, and, you know, do you align
7 qualifying and nonqualifying within the IRF, or do you
8 align them across settings? So that's complicated, and so
9 we will hope you all noodle your way through that because I
10 -- those are the sticky ones.

11 I think the other ones are a little more
12 straightforward to at least think about, but this other
13 one, I think reasonable people might disagree about which
14 alignment are we talking about and then how would you do
15 it.

16 MS. BARR: Excellent. Thank you so much.

17 Yeah. So I think I'll leave it there. Thank
18 you.

19 MS. KELLEY: Okay. There has been some movement
20 in and out of the Round 1 queue, but I think we've come to
21 the end.

22 DR. CHERNEW: I had Gina.

1 MS. KELLEY: Gina has removed herself from the
2 queue.

3 DR. CHERNEW: Oh. Way to go, Gina.

4 MS. UPCHURCH: My questions got answered.
5 Thanks.

6 DR. CHERNEW: Perfect. So, first, kudos, Lynn.
7 Your comment was both a question, so that's Kudo No. 1, and
8 brief, that's Kudo No. 2. So that's a double win.

9 We're going to go on to Round 2, and we're going
10 to start, I think, with Stacie.

11 DR. NAVATHE: I think Kenny has a Round 1.

12 MS. KELLEY: Yes, he does. I'm sorry. Go ahead,
13 Kenny.

14 MR. KAN: Sorry.

15 DR. CHERNEW: A last-minute entry.

16 MR. KAN: For some of the pages, could we get a
17 comparison of fee-for-service versus MA and D-SNP? I'm
18 just curious how those metrics compare, if we have that
19 data? So, specifically, I think pages 10, 11, and 13 and
20 14 in the slide deck.

21 DR. CARTER: I want you to restate what you want
22 to see, and then I'll give you my best shot as to whether

1 we can answer it.

2 MR. KAN: Would it be possible -- because one of
3 the things that we've been debating in the Commission is
4 sort of a comparison of cost and quality of MA versus fee-
5 for-service. Would it be possible to get a comparison
6 between MA, fee-for-service, and SNP plans for the
7 following pages in page in the deck: basically 10, 11, 13,
8 and 14?

9 DR. CARTER: We can look into that. I'm not sure
10 if that's possible.

11 MR. KAN: Thank you.

12 MS. KELLEY: Okay. So now for Round 2, we have
13 Stacie starting.

14 DR. DUSETZINA: Okay, I have -- I'll call this a
15 Round 1-B. What happens in the areas where you don't have
16 an IRF or you have a qualifying condition, like do all
17 those individuals just go to SNFs in their areas, or do
18 some of them stay in the hospital for longer because of the
19 intensity of care? What's kind of generally happening in
20 those cases given the distribution of IRFs?

21 DR. CARTER: We haven't looked at that
22 specifically. My sense is that some of benes will get

1 admitted to SNFs. Some of the benes differ in how much
2 they value being close to their home, and so let's say you
3 get treated in the hospital, but there's not an IRF nearby.
4 Are you willing or is your family willing to travel to an
5 IRF that's further away or higher travel time? When we
6 talked to urban hospital discharge planners, we heard that
7 these places aren't far but it takes time to get to them,
8 it's not just, you know, rural settings. Some benes will
9 use SNF services because they don't want to travel. Others
10 will travel, and they go to an area where -- we looked at --
11 -- the use rates are different, and the question is when the
12 -- we saw -- in the data you see, those patients are using
13 SNF services, and examination on the outcomes side I think
14 will be important.

15 DR. DUSETZINA: Yeah, and I guess I get to the
16 kind of broader wish list of things to see, would be
17 thinking not just about the nonqualifying conditions, but
18 the qualifying conditions and outcomes for people getting
19 IRF care versus SNF care, and maybe potentially home
20 health, like if they're doing some other substitute.
21 Partly to get at this question about like what happens if,
22 you know, we thought that payment should be lower for the

1 nonqualifying conditions and then somehow, we managed to
2 make IRF operation less attractive overall, like if they're
3 really providing, you know, a better service for the
4 qualifying conditions, like how much kind of cross-
5 subsidization needs to happen to keep them viable.

6 So I would say that the main thing would be just
7 maybe considering can we also look at the qualifying
8 conditions and recognizing that's going to be a tremendous
9 amount of selection bias happening there. So with all
10 those caveats, I think that might be worth considering
11 moving forward.

12 DR. CARTER: Yeah, we thought we would look at
13 outcome measures for the qualifying conditions as well.

14 DR. DUSETZINA: Thanks.

15 DR. CARTER: I guess I will say also that we
16 heard in some of our interviews that when benes couldn't
17 get into an IRF for whatever reason -- too far or weren't
18 accepted -- depending on the beneficiary, they would go
19 home, depending on whether they really wanted to avoid the
20 SNF setting, and we did hear that in some instances.

21 DR. DUSETZINA: And one last thing is this is
22 really exceptional work. I felt like I learned a lot about

1 this industry reading this report, which is kind of a newer
2 space for my thinking. And I think the qualitative
3 interviews were well worth the time to do. It seemed like
4 you got a lot of rich data from that, so kudos to all of
5 you, and I'm looking forward to seeing this move forward.

6 MS. KELLEY: Amol, did you want to get in here?

7 MR. NAVATHE: Yeah, I just had a quick
8 clarification point. I appreciate Stacie's point about
9 looking at patient outcomes for the qualifying conditions
10 as well, but my sense -- and I wanted to just double check
11 this with Carol and Corinna -- is that a lot of these IRFs
12 are kind of collocated with acute-care hospitals
13 oftentimes, so some are independent and some have swing
14 bed-type designations as well. And so if we're thinking
15 about it from the perspective of profitability or
16 attractiveness of keeping the IRF open, I think it's a lot
17 more complicated, I guess is what I would say, I think,
18 given how these organizations can run their accounting. I
19 just wanted to double check that because I think it's
20 relevant to Stacie's point.

21 DR. CARTER: Yeah, and I can ask the hospital
22 group because I'm remembering that at least on the SNF-

1 based units, those improved the hospital's bottom line.
2 And I don't know if that's true for IRFs as well, so I can
3 ask the hospital group if that's true, how it affects the
4 hospitals' total margin.

5 MR. NAVATHE: Thank you.

6 MS. KELLEY: Lynn.

7 MS. BARR: Just quickly on that point, I was
8 curious. You mentioned a large aggregate margin. Is there
9 a significant difference in the hospital-based IRF margin
10 and the non-hospital-based IRF margins, Carol?

11 DR. CARTER: Yes, I assume.

12 [Laughter.]

13 DR. CARTER: I can quickly look it up in our
14 bible.

15 DR. TORAIN: Lynn, this is Jamila. Yes, there's
16 significant difference. Hospital-based IRFs' margins have
17 been around 2 percent, when you compare that to about 25
18 percent in the freestanding, if that was the comparison you
19 were looking for.

20 MS. BARR: That's really substantially different,
21 so really that average margin is really all the non-
22 hospital-based -- I mean, if you took hospitals out of it,

1 then all the margins go everywhere else. But to your
2 point, Amol, there's probably other benefits to the
3 hospital as well. That's crazy. Thank you.

4 MS. KELLEY: Lynn, I had you next in the Round 2
5 queue. Did you have a comment you wanted to make, too?

6 MS. BARR: Very, very briefly in honor of
7 Michael. You know, I'm concerned about MA growth. I've
8 heard anecdotally -- and I know anecdotes mean nothing --
9 that many of the hospitals I talk to are told they are not
10 allowed to admit patients to IRFs period, you know. And so
11 I don't know where that's going, but I'm hearing big
12 denials on that. And so if we destabilize the system, I'm
13 just curious about the downstream effects, if MA continues
14 to take over the world.

15 MS. KELLEY: Brian.

16 DR. MILLER: Thank you. So there was a joke that
17 there was never a site-neutral policy that I met that I
18 didn't like. It's probably somewhat true maybe during a
19 leap year along with a solar eclipse there might be one
20 that I dislike. On policy principles, I think it's a good
21 thing. So I like the idea of us estimating, you know, the
22 fiscal impact of that.

1 Another thing that we should potentially measure
2 is the fiscal impact of changing that 60 percent threshold
3 and increasing it to that historical 75 percent goal.

4 And then another thing which I think is
5 important, I really enjoyed the discussion about the
6 additional request that the 13 qualifying conditions might
7 be out of date and not just for superstitious reasons. But
8 I think that we should -- and this is a hard request, so I
9 apologize in advance -- try and have a discussion and maybe
10 do some qualitative interviews with geriatricians, EM&R
11 docs, hospitalists, long-term care medical directors, and
12 sort of get a sense for which potential diagnoses should be
13 considered to be added. I look at that list, and some of
14 them, I think, oh, that's crazy, and others I'm sort of
15 surprised that they're not a qualifying condition. You
16 know, things that are fiscally appropriate we should do,
17 but things that are also good for beneficiaries that we
18 aren't doing we should do, too.

19 MS. KELLEY: Robert.

20 DR. CHERRY: Yes, thank you. Just in response to
21 Stacie's comment about, you know, what if there's a rehab
22 facility not near a patient's location, where do they go?

1 I think this is a similar response to even rehab facilities
2 that are a nearer location but patients and families choose
3 to go far, and this is because -- I don't think, you know,
4 every rehab center is necessarily the same. Some have
5 developed, you know, highly specialized niche areas, like
6 in spinal cord injury or traumatic brain injury, and so,
7 therefore, families may be willing to go further away for
8 those specialized functions.

9 And so I think it does complicate the discussion
10 a little bit because we talk about, you know, rehab
11 facilities as if they're all functionally the same, but
12 they're really not.

13 I could certainly also appreciate Brian's
14 comments because when it concerns site neutrality, it does
15 cause me some pause and as a patient as well.

16 I do think for this particular chapter, though,
17 you know, the analytical support that develops the argument
18 for site neutrality for nonqualifying conditions between
19 skilled nursing and rehab, you know, is really quite
20 compelling. I do have some concerns, though, if we're
21 still asking, you know, the right questions here, and I
22 know that there's some hesitation about asking about

1 functional status after discharge. But ultimately, if you
2 look at rehab centers, whether it's a qualifying condition
3 or a nonqualifying condition, they're in the business of
4 returning as much function to the patient as possible over
5 the short and long term.

6 So I think we do need to figure out a way, you
7 know, let's say 30 days after discharge, if we're looking
8 at these nonqualifying conditions, how are they stacking up
9 in terms of their functional status, or if the data's
10 somewhat limited or there are other alternative markers
11 that we could use such as return to work for those that
12 were previously employed. So I think it's important
13 because, you know, rehab facilities, even if it's for a
14 nonqualifying condition, they're going to have a set of
15 resources that are not available in a skilled nursing
16 facility, which includes physiatrists, certain expertise
17 with therapists, and multidisciplinary meetings that don't
18 exist in a skilled nursing facilities that those
19 nonqualifying condition patients will probably benefit
20 from.

21 The other comment that I'll make, too, is that --
22 and I think we're taking kind of a bifurcated view that

1 there's a set of patients that go to skilled nursing;
2 there's another set of patients that go to rehab. In fact,
3 in certain circumstances, it actually represents a
4 continuum of care. Some of these nonqualifying conditions
5 are actually a bridge. You know, so someone can get
6 admitted to a skilled nursing facility with the intent that
7 they would get admitted to a rehab facility at a later
8 date. An example of that might be someone with bilateral
9 pelvic fractures. So until they're surgically cleared and
10 ready, they may go to a skilled nursing facility
11 temporarily until they're ready, you know, for the
12 intensity of services that are available at rehab. I would
13 call these bridge conditions that allow and enable, you
14 know, an individual patient to be eligible for a rehab
15 facility. I think that could also be, you know, a quality
16 marker if we're able to tease that out a little bit better
17 and get a little more granular in terms of what these
18 nonqualifying conditions are and what the intent of the
19 admission is for those individual patients.

20 But other than that, I thought it was actually
21 very well done, and I'm looking forward to further
22 discussion on this.

1 MS. KELLEY: Tamara.

2 DR. KONETZKA: Yes, so I find this whole subject
3 really fascinating, and I know that most of you have been
4 talking about site-neutral payment long before I was on
5 this Commission, and so, you know, these may be obvious
6 things that people struggle with. But I'm having a really
7 hard time thinking about site-neutral payment across these
8 when the requirements are very different in the two
9 settings. Can it actually be site-neutral if the
10 requirements are different? I don't think so.

11 And, also, the different sort of episodic versus
12 per diem payment to me seems like a very hard difference to
13 reconcile, right? And so some of the options that came up
14 in the chapters about, you know, just sort of applying the
15 SNF payment to IRFs for nonqualifying cases seems to me
16 really rife with unintended consequences if, you know, that
17 model of sort of extended length of stay and less therapy
18 per day is one that, you know, IRFs would have to then take
19 on, you know, which seems very different from their current
20 model.

21 So I'm just kind of struggling with all of these,
22 and I don't really have any suggestions as to how to solve

1 them, but we need to keep in mind the sort of -- to me, the
2 sort of impossibility of site-neutral payment unless we can
3 sort of figure those issues out as well in that I would
4 say, you know, mixing the per diem payment -- I know
5 hospitals do this to some extent with different payers, but
6 sort of mixing the per diem payment with the episodic
7 payment seems like it could be a really bad idea in terms
8 of unintended consequences.

9 MS. KELLEY: Amol.

10 MR. NAVATHE: Thanks. So as I mentioned earlier
11 in Round 1, I'm really enthusiastic about this work. I
12 think it's important, I think it's a great opportunity
13 potentially for making the Medicare program more cost
14 efficient in a way that still is protective to patients.
15 And to some extent, I think it reminds me of some of the
16 analogous policy that was changed for long-term acute care,
17 where there was also the sort of criteria threshold and
18 payments, and my understanding of the literature there is
19 that the payment changes have been met with more efficiency
20 without any particular harm to patients. So that has been
21 great.

22 I think the suggested analyses particularly

1 looking at outcomes, for example, makes a lot of sense. I
2 think there's some literature out there that has looked at
3 this and found functional status improvements for IRF
4 patients versus SNF patients, but I think that was looking
5 at the general population, not necessarily focusing on the
6 nonqualified. And so I think that there is definitely some
7 additional refinement basically over and above what the
8 literature has stated, that we can have that would be
9 really helpful to the policymaking frontier as opposed to
10 just the general understanding point. And I think some of
11 the other suggestions that Commissioners have made have
12 also been really wonderful.

13 I think the last point is, of course, you know,
14 we don't want to have unintended effects, and Tamara made a
15 point that I was going to make also, which is that payment
16 mechanisms obviously are different across the settings, so
17 I think that's something that we also should be thoughtful
18 about.

19 So thank you so much. I'm very enthusiastic
20 about pursuing this work further.

21 MS. KELLEY: Gina.

22 MS. UPCHURCH: This will be quick. Building on

1 Tamara's point about the payment and how payments are made,
2 episodic versus per diem, what about consumers -- and maybe
3 it's too complicated for consumers to even understand this.
4 If I'm in an IRA, you know, I have to pay my deductible.
5 They're both Part A, Medicare Part A, but with the IRF you
6 have the deductible. You may have a supplement to pay for
7 it, or Medicaid or some secondary coverage. But then
8 there's 60 days where you're not worried about having to
9 come up with 200 bucks per day; whereas, if you're in a
10 skilled nursing facility, we know after 20 days there
11 starts this sense that you've got to, you know, hopefully
12 maintaining, improving, or compensating for lost function,
13 but that always gets called into question. Are you going
14 to be able to stay? Are you going to be able to get more
15 therapy? Are you going to have to start paying \$200 a day?

16 Do the consumers have any -- you know, does it
17 seem easier to go to an IRF if you're allowed to and is
18 there consumer perspective on this, or do they really not
19 understand the financing that would be involved? I mean,
20 often they hear about it when they're about ready to be
21 kicked out, so I'm just wondering ahead of time, is a
22 decision that consumers have any say in?

1 DR. CARTER: I do hear in our interviews that
2 sometimes patients went to IRFs because they didn't have a
3 three-day hospital stay. So I guess I'm just supporting
4 what you said because we heard it from some of the folks we
5 interviewed.

6 MS. UPCHURCH: Well, it's that, and then that
7 would be full pay. But even beyond that, even if you have
8 had a three-midnight stay in a hospital and not under
9 observation status, and you met all the rules, you still --
10 you know, after day 20 hits, there's this constant need in
11 the SNF to defend -- and I'm with a SHIP program as part of
12 my work, and we're constantly having to coach people about
13 saying maintain, improve, or compensate for lost function,
14 that should be rehab. But it feels like it's a fight on
15 the consumers to continue to get those services. So I just
16 don't know if that's also true in IRF or not, because I'm
17 less familiar with that.

18 Thanks.

19 MS. KELLEY: That's all I have in the Round 2
20 queue unless I've missed someone.

21 DR. CHERNEW: So Brian wanted to say something
22 before, and I didn't let him because there was a long --

1 there have been some drops from the queue. But we have
2 five minutes left, so I think, Brian, you should make your
3 on-point point now, and then we'll wrap.

4 DR. MILLER: My on-point point was to Rob's point
5 about thinking very carefully about the SNF patients who
6 are on the IRF, and I think that what he was saying, which
7 is valid, is that there's some patients who are listed as a
8 SNF qualifying condition are in an IRF, but actually if we
9 had an expanded list of diagnoses, would benefit from that
10 intensive therapy that an IRF offers. The IRF has a whole
11 range of facilitative services that you cannot get in a
12 SNF, and the challenge with getting patients into the IRF
13 is that clinical judgment, who is actually -- it's not just
14 whether you meet the conditions; it's also whether you will
15 benefit from the intensive services that are offered. And
16 so that is actually the bigger funnel for getting patients
17 into an IRF, and so I think -- and, Rob, you can correct me
18 if I'm wrong, but you're saying that there's a significant
19 potential population of patients who are SNF qualifying
20 diagnoses or who actually would medically benefit from
21 being in an IRF, and that's why we should measure those
22 functional status outcomes, which is a very pragmatic

1 thought and I agree.

2 DR. CHERNEW: Okay. So I'm going to loosely wrap
3 up. If someone wants to jump in, I'll be watching the chat
4 probably.

5 So, again, an outstanding chapter to all involved
6 and a really rich discussion. Here's what I take away from
7 this, and it's a little complicated. Most of the time when
8 we talk about site-neutral, at least where we were before,
9 we were basically talking about lowering the payments in
10 the high-payment setting down to what you would get in a
11 low-payment setting.

12 Here that's not necessarily true -- it might be -
13 - but it really hinges on the added service you're getting
14 in the IRF and whether it's really worthwhile. And if it
15 is worthwhile and people aren't getting it in the markets
16 with no IRFs, that's a completely different problem than if
17 we think people are being treated in the lower-cost setting
18 and basically getting the same quality care.

19 The challenge -- and this is now on-point to
20 Brian's on-point -- is we've had a long history of
21 skepticism about our ability to measure functional status,
22 and we're unsure about how well we can measure quality, and

1 we're uncertain about our ability to observe if you'll
2 benefit from therapy, either ex ante or ex post, for that
3 matter. And this means it's challenging overall. MA plans
4 might do a better job except MA plans have the ability to
5 potentially reduce utilization to the lowest optimal, so I
6 would not want to claim that the MA utilization is the gold
7 standard in any way.

8 So there's a lot going on here analytically and a
9 lot going on here policy-wise, in part because some of the
10 core conceptual issues, like are you benefitting, who would
11 benefit, are not observable very readily. So I'm not going
12 to belabor that point. The point that I'll belabor is
13 thank you to the staff for putting all of this together.
14 Thank you for all of the questions that were raised. And I
15 see we're already getting a queue formed for the next
16 session.

17 So what I think we should do is take a pause
18 here. We're going to take another five-minute break, and
19 then we will come back, and we're going to talk about the
20 Part D work.

21 Paul, anything you want to add?

22 MR. MASI: No. Great job.

1 DR. CHERNEW: Okay. Thanks, everybody. See you
2 in five minutes.

3 [Recess.]

4 DR. CHERNEW: Hello, everybody. This is our
5 last session for today in what has been a terrific day, and
6 we're going to be talking about the work plan for analysis
7 of generic drug prices in Part D. There's a ton of
8 enthusiasm for this work. I will not belabor the point.

9 I'm not sure who is starting. Is it Tara and
10 Shinobu?

11 MS. O'NEILL HAYES: Yes, it is. Tara.

12 DR. CHERNEW: Okay, great. Tara, go ahead.

13 MS. O'NEILL HAYES: Great. Thank you, Mike.

14 Good afternoon, everyone. My name is Tara Hayes,
15 and I'm presenting today with Pamina Mejia and Shinobu
16 Suzuki. As a reminder to the audience, you can download a
17 PDF version of these slides in the handout section of the
18 control panel at the right-hand side of your screen.

19 Today we will share with the Commission our work
20 plan for a project that centers around generic drug prices
21 in Medicare Part D. Our work consists primarily of two
22 different projects to better understand the generic drug

1 market, including how such drugs are purchased and moved
2 through the supply chain and, ultimately, how the prices
3 are set, which affect what beneficiaries and/or the
4 Medicare program pay for those drugs.

5 The first of these projects is an analysis of
6 Part D claims data for select generic drugs.

7 Second, we are conducting interviews with experts
8 from across the industry and academia to better understand
9 how the various entities within the supply chain interact
10 and affect pricing and costs at various points as a drug
11 moves from the manufacturer to the patient.

12 We will first provide some background of the Part
13 D program for context, discuss our motivation for this
14 work, and then describe in more detail the two different
15 components of our research.

16 Medicare Part D is operated by private insurance
17 plans competing for enrollees to deliver pharmacy drug
18 benefits. Plan sponsors, or PBMs on their behalf,
19 negotiate with pharmacies and drug manufacturers over
20 payment rates and rebates. Beneficiaries pay monthly
21 premiums and cost sharing, and the Medicare program
22 subsidizes roughly three-fourths of program costs.

1 In 2023, over 51 million people, or more than
2 three-fourths of all Medicare beneficiaries, were enrolled
3 in a Part D plan. More than half were enrolled in a plan
4 that also covered medical services through Medicare
5 Advantage. Just over a quarter received the full low-
6 income subsidy, or LIS, which covers most of the premium
7 and out-of-pocket costs for such individuals.

8 The number of plans continue to increase with
9 more than 800 stand-alone PDPs, 3,500 MAPDs, and 1,200
10 special needs plans.

11 Beneficiary premiums remained at roughly \$26 per
12 month on average, though there is wide variation around the
13 mean depending, for example, on whether an enrollee is in
14 an MAPD or stand-alone drug plan.

15 In 2022, net program spending was nearly \$102
16 billion after accounting for rebates and discounts.

17 These graphics depict the current standard
18 benefit design, showing which stakeholder is responsible
19 for what share of costs in each benefit phase, with some
20 notable differences between the benefit structure for LIS
21 enrollees, shown on the right, versus non-LIS enrollees,
22 shown by the two figures to the left.

1 We would like to remind the Commission that the
2 Inflation Reduction Act will make changes to the benefit
3 design beginning in 2025, but this reflects the benefit
4 structure in place today.

5 Relevant to today's conversation is the liability
6 faced by each stakeholder for generic drugs. So we've now
7 dropped the graphic for brand-name drugs. For non-LIS
8 enrollees on the left, beneficiary liability is shown in
9 gray. Under the current standard benefit design, enrollee
10 cost sharing is 25 percent above the deductible until
11 reaching the catastrophic phase. It then drops to 5
12 percent. Plan liability, shown in navy, is 75 percent
13 initially and then falls to 15 percent in the catastrophic
14 phase.

15 For LIS beneficiaries, on the right, Medicare
16 covers the majority of costs on behalf of the enrollee, and
17 that liability is shown in purple, or perhaps it looks
18 magenta to you. In the initial coverage phase, Medicare
19 pays 25 percent of the cost minus a nominal copay paid by
20 the beneficiary. Plans cover 75 percent. In the coverage
21 gap, Medicare covers 100 percent of the cost, again, minus
22 a nominal copay, and the plan pays nothing. In the

1 catastrophic phase, plans pay 15 percent while Medicare
2 covers the rest.

3 Part D enrollees have embraced the use of generic
4 drugs. These drugs account for most, roughly 90 percent,
5 of the prescription medicines taken in Part D. In fact,
6 for some of the most widely used therapies,
7 antihypertensive agents, antihyperlipidemics,
8 anticonvulsants, and antidepressants, generics accounted
9 for nearly all prescriptions dispensed in their respective
10 classes. However, because generic drugs often cost a
11 fraction of their branded counterparts, they account for
12 less than 20 percent of program spending despite their wide
13 use.

14 Enrollees' broad acceptance of generics has also
15 helped moderate the overall price growth in Part D, as you
16 can see from the graph on the right. The top line
17 represents the growth in gross prices of brand-name drugs,
18 which have increased nearly 80 percent from 2014 to 2021.
19 Note that these indexes do not account for launch prices
20 when a new drug comes to market but simply the change in
21 prices from one quarter to the next after a drug is on the
22 market.

1 The bottom line shows the same for generic
2 products, which have seen overall price declines of more
3 than 50 percent during this period. However, this decrease
4 in generic prices, like the generic use rate, has plateaued
5 in recent years.

6 Much of our past work has focused on brand-name
7 drugs because they tend to be more expensive and account
8 for a much larger share of program spending, but we are now
9 turning our attention to the generic market because some of
10 the trends we are seeing and findings from recent studies
11 raise some concerns.

12 While generic drug prices are typically
13 relatively low and decline over time, studies have found
14 that prices for generics, as set by a Part D plan, can
15 sometimes be higher than the price an individual would face
16 if paying with cash rather than using their insurance at
17 retailers such as Costco or through the Mark Cuban Cost
18 Plus Drug Program.

19 For example, one study of the nearly 200 most
20 commonly used generics found that in 2018, Medicare
21 beneficiaries paid more for their generic drugs 43 percent
22 of the time, with an overall overpayment of 20 percent

1 relative to the price available if paying cash at Costco.
2 These overpayments cost the program \$2.6 billion in 2018
3 alone, although this figure does not account for post-sale
4 pharmacy fees.

5 Studies have also found that prices for generic
6 drugs vary widely. Studies have found that much of this
7 variation is attributable to where a drug is purchased,
8 whether at a large chain retail pharmacy, a big box store,
9 a grocery store, an independent pharmacy, or through a mail
10 or specialty pharmacy. Prices can also vary significantly
11 depending on the dosage form, strength, and route of
12 administration.

13 Price variation may have little effect for a
14 beneficiary when the drug is on a tier using a copayment.
15 However, if the beneficiary must pay coinsurance, wide
16 price variation can significantly alter the beneficiary's
17 out-of-pocket cost.

18 There are several consequences that result from
19 high and varied generic prices. Higher prices, of course,
20 can increase costs for beneficiaries, particularly if they
21 are paying coinsurance and for the Medicare program.
22 Significant price variation can also cause confusion and

1 frustration when patients go to pick up their medicine and
2 face unexpected costs. It can be difficult for
3 beneficiaries to predict their costs, which may be
4 particularly challenging for seniors on a fixed income.

5 In fact, according to the 2020 Medicare Current
6 Beneficiary Survey, nearly one-fourth of respondents said
7 the Part D benefit was not easy to understand. Better
8 understanding the scope of this issue and the reasons for
9 it is important for policymakers.

10 The final piece of background information we want
11 to provide is identifying various stakeholders in the
12 generic supply chain. Here is a simplified illustration of
13 how such participants interact with one another to move
14 generic drugs from the manufacturer to the patient. The
15 dotted lines show financial flows, while the dark blue
16 lines show the flow of generic drug products. We have a
17 pharmacy dispensing a drug to the patient at the center.

18 There are two main transactions that I want to
19 highlight. On the left is a wholesaler who buys generic
20 drugs from manufacturers. Wholesalers sell the drugs to
21 pharmacies. Most independent pharmacies participate in at
22 least one group purchasing organization, or a GPO. GPOs

1 negotiate with wholesalers on behalf of member pharmacies,
2 and that negotiation determines the purchase price of
3 generic drugs for the pharmacy.

4 The payment from the pharmacy to the wholesaler
5 shown in the figure is the pharmacy's acquisition cost. On
6 the right is a PBM negotiating on behalf of a plan sponsor,
7 with whom the pharmacy has agreed to participate as a
8 network pharmacy. Again, independent pharmacies typically
9 join pharmacy services administrative organizations, or
10 PSAOs, who negotiate with PBMs contract terms related to
11 payments for prescriptions dispensed and post-sale fees.

12 I will now turn it over to Pamina.

13 MS. MEJIA: Now to our work. To better
14 understand the prices paid for generics and the impact of
15 variation in those prices on the Medicare program and
16 beneficiaries, we are engaging in several research
17 endeavors.

18 This table provides a summary of projects we are
19 working on. Details will be provided in upcoming slides.

20 First, we are analyzing Part D prescription drug
21 event data to examine the extent to which prices paid to
22 pharmacies for generic drugs vary. We are also conducting

1 stakeholder interviews to gain insights into how the
2 various players in the pharmaceutical supply chain affect
3 prices of generic drugs.

4 The first part of our work is analyzing data from
5 2021 Part D prescription drug events. We will identify the
6 top 150 generic drugs in Part D based on those most
7 commonly used and those are the highest annual spending.
8 Our analysis seeks to understand the various factors that
9 may influence the variability of the price of these
10 products at the pharmacy, such as the number of
11 manufacturers, the number of unique NDCs, or therapeutic
12 class.

13 We will analyze prices defined as a gross payment
14 for the ingredient cost at both the product and NDC level.
15 A generic drug product is defined by a unique combination
16 of active ingredient, dosage, and route of administration.
17 The NDC also identifies the manufacturer of a given product
18 for which there may be several. The price, as defined, is
19 what the pharmacy received for the ingredient costs,
20 typically consisting of cost sharing paid by the patient
21 and payments from the PBM.

22 Next, we are conducting a more detailed analysis

1 based on a subset of the drugs in the initial analysis that
2 were found to have comparatively high price variation.
3 This subset is intended to represent different
4 characteristics that may affect generic prices. For
5 example, some drugs will be selected for their high cost,
6 while others will be selected to represent low-cost drugs
7 across different therapeutic classes. This analysis is
8 looking for variation within and across geographic areas
9 and Part D plans as well as differences by month and
10 pharmacy type.

11 Now to discuss our interviews and the information
12 we are seeking to gain from them. Our initial interviews
13 are focused on individuals with broad expertise in the
14 generic drug market and the pharmaceutical supply chain,
15 such as academics and policy researchers, some with
16 experience working within the drug supply chain.

17 Topics of discussion in these interviews will
18 include sources of wide variation in prices of generic
19 drugs, roles that pharmaceutical supply chain participants
20 may play in affecting generic drug prices, and factors that
21 may lead to overpayment for generic drugs among Part D
22 plans.

1 Multiple actors are involved in negotiations over
2 prices of generic drugs at different points in the
3 pharmaceutical supply chain. Examples of these actors
4 include pharmacies, PSAOs, and GPOs. As we touched on
5 earlier, pharmacies typically collectively negotiate with
6 wholesalers through GPOs to lower acquisition costs of
7 drugs and negotiate with PBMs through PSAOs over
8 reimbursement and other contract terms. Topics of
9 discussion in these interviews will include factors GPOs
10 consider in making purchasing decisions for a generic
11 product with multiple manufacturers, parameters or contract
12 terms over which PSAOs and PBMs negotiate when discussing
13 pharmacy reimbursement contracts, and types of services
14 PSAOs provide to pharmacies with the fees collected by
15 PBMs, such as direct and indirect remuneration under Part
16 D.

17 Widespread use of generic drugs among Part D
18 enrollees means a higher generic price could have
19 substantial cost implications for Medicare and Part D
20 enrollees. We plan to speak with Part D plan sponsors or
21 their PBMs to get their perspective on generic prices in
22 Part D. Topics of discussion in these interviews will

1 include how Part D plans and their PBMs may set pharmacy
2 payment rates for generic drugs and if there are instances
3 in which pharmacies receive different payment amounts for
4 the same generic product. Another theme to be discussed is
5 understanding how certain features of the Part D benefit or
6 program requirements may affect prices paid for generic
7 drugs.

8 This brings us to our next steps. We plan to
9 report findings from the data analysis and stakeholder
10 interviews at a future meeting. We are happy to take any
11 questions regarding our work plan. We would also be
12 interested in your thoughts about potential other aspects
13 of the generic drug market we should be looking at.

14 This completes our presentation, and we look
15 forward to your discussion.

16 DR. CHERNEW: Great. Thank you so much. That
17 was really interesting. We spend a lot of time on brand
18 drugs. We have not spent as much time on generic drugs,
19 and I hear there's a lot of stuff of interest here in the
20 generic drug market. So great work, and with that, I think
21 Gina is the first person in the Round 1 queue.

22 Is that right, Dana?

1 MS. KELLEY: Yep.

2 MS. UPCHURCH: Great. Thank you.

3 I'll first be on record saying that I am a
4 pharmacist. I don't dispense, thank goodness, for the
5 public health. I don't transpose numbers. So it's good
6 that I do not dispense. I'm not part of a community
7 pharmacy. So I just want to say that. I'll have lots to
8 say in Round 2, but Round 1, you know, obviously so much is
9 changing, thank goodness, with the redesign of the Part D
10 benefit. But I do think this is worthy of discussion, and
11 thank you all for that presentation.

12 The one thing I just want to make clear on slide
13 4 -- and I think, you know, just so that everybody
14 appreciate it, until this in 2024, those who are eligible
15 for partial extra help will be getting full extra help,
16 which is fantastic. It's really helpful. People below 135
17 percent or people up to 150 will get benefits that have
18 been reserved for those people with more limited income.
19 So that will be tremendous.

20 But they still have cost sharing, and I just want
21 people -- and you mentioned it, but I just want to make
22 sure people understand it. The partials historically have

1 owed small deductible and 15 percent of the cost or a flat
2 copay, and now depending on whether they're at or below 100
3 percent of the federal poverty guidelines, \$4.15 for
4 generics for a one-month or three-month supply, it's the
5 same, whether you get a one- or three-month supply, and
6 then \$10.35 if you're on a brand-name drug. Now, that may
7 not be a lot to you or me, but it can be for people on
8 multiple medications. So I just wanted to say there are
9 people with limited incomes, that when you say that they
10 have very little to pay, they would argue with that,
11 because it does feel like a little bit of a stretch to some
12 people.

13 The other thing I would just say, on the very
14 third column there where it says LIS, all drugs, I just
15 want to point out all drugs on formulary. So if you're on
16 a plan that doesn't cover your drug, you would pay the full
17 cost. The importance of SHIP programs are to make sure
18 people, even when they have extra help, are in plans that
19 cover their medications. So I just wanted to point that
20 out. So it's all drugs covered by your formulary.

21 Thanks so much for this, and I'll look forward to
22 more in Round 2, but just to clarify a little bit that

1 there is cost sharing involved for people with LIS.

2 Thanks.

3 MS. O'NEILL HAYES: Yes, you're right. Very
4 important points. Thank you so much for that.

5 MS. KELLEY: Betty?

6 DR. RAMBUR: Thank you.

7 I'm trying to wrap my brain around all of this,
8 and it's not a space I usually work in, so this is sort of
9 a pre-1 question.

10 But I'm recalling, I think correctly, that when
11 states started implementing the substitution prescribing,
12 they kind of had a threshold. On page 6 -- or slide 6, you
13 say that in 2021, generic drugs accounted for 90 percent of
14 all Part D. We wouldn't expect it to be 100 percent,
15 right? I know there's variability in other things, but I'm
16 trying to understand, based on previous work with states,
17 like what's kind of the benchmark that we would hope for?
18 Does that make sense, what my question is?

19 MS. O'NEILL HAYES: As far as a benchmark, what
20 I'm thinking about is like relative to commercial market
21 perhaps or --

22 DR. RAMBUR: Well, I just -- Gina was nodding.

1 So maybe she understands my very inarticulate question.

2 So 90 percent seems really good, right, in terms
3 of that? But there's other issues that are being raised.
4 So I'm just trying to understand if there's kind of a rate-
5 limiting point at which you wouldn't expect any more
6 generics, because it will never be 100.

7 MS. O'NEILL HAYES: Yeah. Well, Of course, not
8 all drugs have a generic available yet. So, in those
9 classes or for those products, it's going to be zero
10 because there isn't an option.

11 But the best I can think right now to give you in
12 terms of something to compare it to, this is pretty on par
13 with what we see in the commercial market and across, I
14 think, also in the Medicaid market, so yeah.

15 DR. RAMBUR: Thanks. Thanks. It's a small
16 point, but I'm just trying to --

17 MS. O'NEILL HAYES: Sure.

18 DR. RAMBUR: Thank you.

19 MS. KELLEY: Larry.

20 [Pause.]

21 MS. KELLEY: Larry?

22 DR. CASALINO: Sorry.

1 I may be imagining -- I have two questions. The
2 first one is I may be imagining this. It's quite possible
3 that I am, but I feel like I was at the pharmacy a year or
4 so ago and picking up a generic drug, and the person behind
5 the counter said, "If you buy this through your insurance,
6 it's going to cost you \$30. If you just pay cash for it,
7 it's going to cost you \$5.97," or something like that. Is
8 that legal, and do you have any sense of how often that
9 goes on?

10 MS. O'NEILL HAYES: Sorry. I didn't quite catch
11 that. Can you ask that again?

12 DR. CASALINO: Yeah. In cases where the cash
13 price, if you just paid cash and didn't use your insurance,
14 is lower than what you pay if you use your insurance, can
15 the pharmacy tell you that and charge you the cash price,
16 and if so, how often does that happen? Do you have a sense
17 of that?

18 MS. O'NEILL HAYES: You're challenging my ability
19 to remember. I know that there have been different rules
20 put in place regarding gag orders and whatnot and whether a
21 pharmacist can tell you.

22 Perhaps someone can correct me if I'm wrong, but

1 I believe now the pharmacists are allowed to tell a patient
2 if the cash price is lower.

3 One of the challenges if you are paying cash is
4 that that cost then does not count towards your deductible
5 and you are, you know, moving in the Part D benefit. It
6 would not count towards your spending that moves you
7 through the benefit phase.

8 DR. CASALINO: All right, got it.

9 And the second question, could you show the slide
10 showing who pays who, what, with all the arrows and boxes?
11 I think it's the third or fourth slide. Yeah.

12 So there's not counting -- it says -- one, two,
13 three, four, five, six -- possibly seven, counting the
14 health plan, entities here, each of which is taking a cut,
15 presumably. It's a wonder that any drug costs less than a
16 fortune if you think that each one of these entities has to
17 make some profit. You talk about the administrative costs
18 of the U.S. health care system. Actually, Commonwealth
19 just came out with a report saying one reason our per
20 capita spending is so much higher than everybody else is --
21 the big reason is administrative complexity. We're
22 certainly looking at it here.

1 But is there any way to get a sense in your
2 interviews -- I realize that this is probably a pretty
3 complex question -- of just orders of magnitude? What's
4 the take for the wholesaler versus the GPO versus the PSA
5 versus the PBM?

6 MS. O'NEILL HAYES: Yeah. Our interviews are
7 certainly not -- it's a handful of interviews, so it's not
8 going to be data that we can really base analysis on, but
9 we are trying to get a sense of this type of question that
10 you're asking in our interviews. Yes.

11 DR. CASALINO: Thanks.

12 MS. KELLEY: Lynn.

13 MS. BARR: Thank you. This is a very important
14 chapter, and I also want to talk about this slide. I was
15 surprised that my colleague didn't bring this up earlier,
16 but how does this apply in a rural community? And as you
17 look at the complexity of this, which we've accepted as
18 being okay, we are also seeing rural pharmacies closing and
19 being unable to manage the complexity of the 340B program,
20 for example. So if they can't do 340B for a lot of money,
21 I can't imagine that they're going through all these hoops
22 and they're just choosing to close down instead. I'd be

1 interested to hear Gina's take on that and what she might
2 know about that.

3 But, as we look at this, this is the majority of
4 prescriptions that are filled in these rural communities.
5 Is there a way to simplify this and to also suggest that
6 this doesn't need to be like this? If you just took
7 generics and said no, it just should all be by one place or
8 something? I don't know, but that's -- I'm just -- is
9 there anything you can think about there?

10 I don't know if that's a really good -- that's a
11 lousy Round 1 question. I apologize.

12 MS. O'NEILL HAYES: No. Lynn, we appreciate --

13 DR. CHERNEW: You're using up -- you're using up
14 all your kudos from your last wonderful Round 1 question.

15 MS. BARR: You're right. It was a --

16 DR. CHERNEW: That's all right. Okay.

17 [Laughter.]

18 MS. O'NEILL HAYES: We want to look at
19 differences between rural and non-rural areas.

20 MS. BARR: Thank you.

21 MS. KELLEY: Okay. I have Robert next.

22 DR. CHERRY: Thank you.

1 I'll try to land a softball question here that's
2 relatively quick.

3 You mentioned on a future analysis that you'll
4 compare pharmacy types, including retail versus mail order,
5 but specifically for mail order, are you planning on
6 differentiating mail-order domestic purchases from those
7 that outreach and make international purchases, if there's
8 a way of actually collecting that information?

9 MS. O'NEILL HAYES: I'm going to see. I don't
10 know if Shinobu knows, but she's having technical issues.
11 I don't know if she has the ability to jump in.

12 But I don't know, with the data that we have, if
13 we're able to distinguish between domestic and
14 international. We will have to get back to you on that.

15 DR. CHERRY: Fair enough. Thank you. I'll
16 circle back.

17 MS. KELLEY: Okay. That's all I have for Round
18 1. Shall we move on to Round 2?

19 DR. CHERNEW: Yes. And I think that is Stacie.

20 MS. KELLEY: Indeed.

21 DR. DUSETZINA: All right. Well, you all know
22 I'm excited about this one. So thank you for being willing

1 to take on this important topic.

2 I think it's important to talk about generics,
3 partly because generics are kind of the promise we have in
4 our current system, that eventually your drugs will be more
5 affordable to you one day, and so making sure that that
6 translates to lower cost for beneficiaries, in particular,
7 I think is super important.

8 So I just wanted to make a couple of notes about
9 things I think we should be including here specifically,
10 and I think the selection of drugs, as you all described
11 it, will probably get there but to just be extremely
12 explicit.

13 I think some of the key problems here are related
14 to specialty generic drugs. In particular, they have
15 operated in a different way as far as the affordability for
16 beneficiaries. Some of them still are placed on specialty
17 tiers, even after generic availability, which means people
18 are being exposed to a percentage of the drug's price when
19 they're filling it. And so I think being really cognizant
20 to grab all of those -- you know, we're starting to get
21 more experience with high-price generics. We should
22 explicitly include all of those. I think those are going

1 to be some of the outliers on the real potential harm for
2 beneficiaries and probably some source of dramatic
3 overpayments based on some preliminary work that I've done
4 and some recent reports that I've seen in this space.

5 Another thing that I think is really going to be
6 interesting to consider here is the role of vertical
7 integration of pharmacies and PBMs and plans, and if you go
8 back to your graphic, I think it might help people to kind
9 of understand like this is going to get really complicated,
10 because what I think is happening in some cases and some of
11 the preliminary information about it's much cheaper to pay
12 cash or go through a discount pharmacy site than use your
13 benefits, there's some dramatic overpayment that's
14 happening, at least in the specialty generic space, which
15 may be overpayments to pharmacies. It may be overpayments
16 to these different entities, but it's really hard to track
17 down who's getting to benefit from those payments.

18 But you can see in Medicare Part D, the amount
19 coming through on those initial claims or what's being paid
20 for ingredients, I think it's going to be higher than
21 necessary, and the fact that we anecdotally know people can
22 go outside of their benefits and pay cash and get a better

1 price suggests that there's some overpayments happening.
2 So I think comparing what's happening to the vertically
3 integrated and not vertically integrated will help us to
4 get some sense of maybe where there are some misaligned
5 incentives.

6 But this also goes to what I think is a missing
7 or incomplete data issue, and I'll kind of throw this back
8 out to the team -- is my understanding of our ability to
9 actually track the post-sale DIR, those kind of
10 "clawbacks," as pharmacies call them, I think that we don't
11 have as much visibility as we would like. Like that's not
12 usually tied explicitly to the pharmacies, but ideally,
13 what you would be able to tell would be if there are very
14 large overpayments for some of these generic drugs.

15 When you are overpaying your vertically
16 integrated pharmacies, maybe you don't claw that money
17 back, but maybe you do when you're paying or overpaying
18 pharmacies that aren't yours. And I don't know that we're
19 going to have that level of detail, but that is something
20 that I am suspicious about and also think it would be great
21 if we did have that level of detail.

22 So I will maybe pause and say like from what you

1 know, can we or can we not track at the individual pharmacy
2 like that post-sale DIR?

3 MS. O'NEILL HAYES: This is another question that
4 is best for Shinobu, but my understanding is that we cannot
5 at the individual pharmacy level.

6 DR. DUSETZINA: Okay. That's my general
7 understanding as well, but maybe that goes on the wish list
8 or in the data we wish we had and really could use for
9 figuring out how big of a problem this is.

10 And then my last wish-list item here is to really
11 be clear about what this means for consumers. I think
12 there are two kind of core issues. One is the specialty
13 generics where people may be dramatically overpaying their
14 costs, which is a real problem and something we need to
15 fix.

16 There's also the smaller overpayments. So when
17 you're thinking about a lower-cost generic drug that has a
18 \$20 copay or \$10 copay, but it only costs a dollar or two
19 for the pharmacy to get it, like so thinking through the
20 dynamics of these kind of higher and lower amounts of
21 overpayment, because I think that they have different
22 implications for beneficiaries, we certainly want a benefit

1 that doesn't create a system where everybody needs to pay
2 cash -- well, we could do that, but like that's not how
3 we've set up the benefit today, and we should have the
4 benefit really, you know, help to support access to these
5 drugs.

6 Okay. I'm sure that Amol was timing me or Larry
7 was. So, hopefully, I didn't go too far over. That's it.
8 I'm very excited about this work stream, so thank you.

9 MS. KELLEY: Okay. I have Gina next.

10 MS. UPCHURCH: Great. Thank you.

11 I'm going to talk a little bit about what Stacie
12 and Lynn referred to a little bit earlier. I'm going to be
13 talking about community pharmacists and the value that they
14 bring and how it's related to generic drug pricing.

15 Well, first of all, if we're trying to help
16 somebody get the lowest cost medication that has Medicare,
17 it pays to compare. So we're going into the open
18 enrollment period.

19 Just so you know, as an example, in Durham, we
20 went from 24 stand-alone drug plans to 21, but in Medicare
21 Advantage plans, we went from 54 to 79. So we have 100
22 choices for people. So we've made comparing just insane.

1 And so we know that consumers can save on generics and
2 brands by comparing, but we're making it challenging. So
3 that's the first thing I would just like to point out.

4 Second thing is I believe that community
5 pharmacies can bring incredible value. We know with COVID-
6 19, they were saving grace in many ways on the front lines
7 with that, and we know, as Lynn discussed -- we've had
8 pharmacies that have had to close down, because they're not
9 making margins to stay open.

10 During our break, I called a community pharmacist
11 that I know well and asked him some questions. So I'm just
12 going to share a little bit about that. But they've had to
13 deal with prior authorization, step therapy. Since the
14 beginning of Medicare Part D, they've had a lot of work to
15 do to deal with all these different insurance companies,
16 and every year, somebody's insurance changes, and they have
17 to do the wallet biopsy to see what people have to figure
18 out how they're going to build the prescriptions for them.
19 It's a lot of work, all these different plans.

20 So I have real concerns about direct and indirect
21 remuneration fees. They call them "pharmacy concessions,"
22 as Stacie referred to them as "clawbacks." You don't know

1 about it until later. This coming year, the consumer will
2 pay, based on after the pharmacy clawback has happened, but
3 that doesn't mean the clawback is not still happening to
4 pharmacies. They're still having to give that money back,
5 and they don't really understand why, because it's not
6 really clear to them why they're having to give it back.
7 It's not -- if it's based on quality, it's not clear how to
8 even meet those quality metrics.

9 The second one is every year, preferred
10 pharmacies change, and I think the preferred has to do with
11 this vertical integration we keep hearing about. So I'm
12 like Stacie. I really want to see the information about
13 the integration of PBMs with insurance companies, with
14 certain -- you know, especially larger pharmacy chains and
15 what that means in terms of the clawback and how that does
16 or does not happen and the price, how that relates to
17 generic pricing.

18 And lastly, when I spoke to this community
19 pharmacist -- and I've heard this from lots of people
20 through the years -- they're not making money off brand-
21 name drugs much at all. In fact, this pharmacist I talked
22 to says he can't hold GLP-1s. They're the new -- some of

1 the medicines for diabetes. He can't afford to have them
2 in his pharmacy anymore, because he has them, he dispenses
3 them, but it takes him a while to get paid back, and he
4 doesn't have that cash flow. So he doesn't even carry them
5 in his pharmacy. Any medicine over \$800, he doesn't even
6 carry it anymore because he can't -- and he loses money
7 when he dispenses them, either breaks even or loses. So
8 they make money, not off these specialty generics, but off
9 the run-of-the-mill generic drugs. They make a small
10 margin that keep them -- barely keep them afloat. And I do
11 think Lynn's point of rural versus urban and how much
12 volume you have really matters in generic. They do rely on
13 some profit from generic medications to keep their doors
14 open. It's not only the payment, but it's the lag in
15 payment, the time it takes to get reimbursed. It really
16 hurts some pharmacies, but they do need the generic margin.

17 My last thing I would just say is I really
18 appreciate this work that's going to be done. I will point
19 out Kevin Schulman's article that was in Health Affairs
20 that many of us have probably read, concern about the
21 generic floor going too low and what that means in terms of
22 the quality of medications, where they're coming from,

1 where the ingredients are coming from, and it's leading to
2 shortages in our hospitals and such.

3 So, if I'm looking at generic medications, I'm
4 not only looking at what is the cost, what does that mean
5 to our independent pharmacies that are accessed or just
6 pharmacies in general in terms of access to health care
7 providers that are right around the corner from you, but
8 also, we need to look at the generic industry in terms of
9 what are the quality of the generics we're getting. And
10 who's monitoring that, and is it leading to -- with the FDA
11 shutdowns and other things, is that leading to shortages of
12 generic medications? I think if we could add that to
13 something we can take a peek at, I think that would be
14 really important.

15 Thank you.

16 MS. KELLEY: All right. I have Cheryl next.

17 DR. DAMBERG: Thank you.

18 This is really interesting work, and I'm pretty
19 excited about the agenda that you've laid out.

20 I'm going to channel what Stacie raised about
21 vertical integration. I think that one of the parts of the
22 analysis should be looking at the market share of these

1 health plans, their ability to negotiate as well as the
2 extent to which they're vertically integrated, say, with
3 PBMs. So I'm just going to pile on to that stream of
4 thinking.

5 MS. KELLEY: Okay. Brian.

6 DR. MILLER: I have a different perspective on
7 this. These are more global thoughts. One is the IRA just
8 passed and changed the consumer benefit design and also the
9 plan responsibility, which is going to massively change
10 pharmaceutical product markets in the coming years. So
11 it's unclear to me how effective the advice from our work
12 that emerges looking at for that change will be in
13 informing policymakers. So I wonder if this is maybe a
14 stream of work that might be better done later in a
15 different cycle a couple of years from now.

16 Another thing that I have enjoyed about MedPAC is
17 that the Commissioners come from a variety of backgrounds,
18 hospital executives, trade associations, consumer
19 advocates, health economists, geriatricians. I note that
20 amongst us, there is not someone currently running a
21 pharmaceutical product manufacturer, generic or branded,
22 and the reason I say that is when I look at our PowerPoint

1 deck, I see that we're using a payment policy lens when
2 there are lots of other factors that affect generic drug
3 prices.

4 I wrote a couple of them down. FDA product
5 regulation, pharmaceutical manufacturing, right? So
6 there's a lot of shortages and higher prices driven by
7 pharmaceutical manufacturing regulation. I agree that no
8 one wants glass in their drug, but that's something that we
9 also need to consider that addresses costs.

10 There are tax incentives that have resulted in
11 shift in manufacturing facilities, and then even going a
12 little farther, there was actually a price-fixing case
13 amongst generic pharmaceutical product manufacturers, where
14 seven companies, not to name names, have pled guilty and
15 paid hundreds of millions of dollars in fines.

16 A long way of saying, given that major
17 legislation just passed affecting this space, this might be
18 something we'll want to do later. We don't have the
19 requisite industry expertise amongst us, and even if we
20 disagree with everything that expert says, we don't have
21 someone who currently is working in that space.

22 And then on top of it, there are a litany of

1 nonpayment policy factors that are very important in this
2 space, and I don't see them being considered amongst our
3 discussion.

4 So I'm very interested in generic prices. I
5 think it's a very good topic. I think it might be
6 something we want to do later.

7 MS. KELLEY: Tamara.

8 DR. KONETZKA: This is half suggestion, half
9 question. When I think about generic pricing, I can't help
10 but think about supply and shortages -- I guess Gina
11 mentioned shortages -- and also competition. So is part of
12 this work plan to also look at the number of producers of
13 these drugs and how that affects the price and the role of
14 competition?

15 MS. O'NEILL HAYES: Yes. The number of
16 manufacturers is a factor that we will be looking at.

17 DR. KONETZKA: That's all.

18 MS. KELLEY: Okay. Betty.

19 DR. RAMBUR: Thank you so much for this
20 interesting conversation and presentation.

21 So, as I think about this and read about it and
22 listen to it, I'm actually stunned by the lack of

1 transparency in the system, and that's really a problem.
2 So, in addition to some of the other things that were
3 raised about VI, on slide 13, you talked about sources of
4 variation in prices. I'd be very, very interested in that.
5 And then why pharmacies receive different payment amounts
6 for the same generic product, very interested in that. So
7 I think having some clarity on some of these things would
8 be really helpful as an antecedent to any kind of
9 recommendation.

10 So I'm very enthusiastic about going ahead.

11 Thank you.

12 MS. KELLEY: Kenny.

13 MR. KAN: Yes. Great, insightful chapter, Tara,
14 Pamina, and Shinobu.

15 Two observations. Number one, I'm a plus-one
16 with Brian. Given that major legislation has passed and
17 there's a lot of headwinds, we need to be careful of
18 unintended consequences because half the pharmacies in the
19 United States are independent community pharmacies. So, as
20 you heard from Tamara, they actually make money on generic
21 drugs. So to the extent that we sort of like disrupt this
22 income stream, if they go out of business, it will actually

1 disrupt access and increase consolidation by the chain
2 pharmacies. So those are two observations. Be careful
3 because we have a lot of impact on regulatory and obviously
4 unintended consequences.

5 MS. KELLEY: Robert.

6 DR. CHERRY: Yes. Thank you.

7 Just a brief comment around future analysis. I
8 think one of the things that really piqued my interest was
9 the low prices that are offered by big-box discount
10 retailers, which I don't think we're really surprised
11 about, but it would be great to get a little more
12 information in terms of are they meeting the expectations
13 of our beneficiaries, and by that, it's just it's
14 understanding the availability of the drugs. Is a
15 particular drug on demand when you want it? And what is
16 the strength of their inventory, particularly when there
17 are shortages due to manufacturing issues or other supply
18 chain issues? Do they do a better job of reasonably
19 keeping that in stock relative to more traditional
20 retailers?

21 And also, what's the degree of penetration? Do
22 people live close enough to big-box retailers?

1 Intuitively, it seems that many do, but it would be good to
2 understand that whether there are discount retail deserts,
3 if you will, where there isn't that proximity or access.

4 Just some suggestions for her future analysis.

5 MS. KELLEY: Mike, that is all I have in the
6 Round 2 queue. I don't know if I've missed anyone. Please
7 wave your hand if I have.

8 [No response.]

9 MS. KELLEY: Okay. Mike, back to you.

10 DR. CHERNEW: Yeah. So thank you. First of all,
11 to the staff, thank you for this. I think there's a lot of
12 information here.

13 Just for folks to understand where we are, we had
14 a big body of work on Part B last cycle, and so we had a
15 big body of work on Part D, which actually led to a lot of
16 the redesign stuff or at least contributed to a lot of the
17 redesign stuff, actually before my time on the Commission.
18 So kudos to all of you that were there then. I'm not going
19 to name you. You know who you are. So this is -- it's the
20 very, very beginning stages.

21 There's several things, several types of comments
22 that might lead someone at home to believe that we're

1 really pondering policies to get at some of these issues in
2 a range of ways, and I won't say that policies are ever
3 that far from our mind, but right now, I interpret this
4 work as really an informational work plan to understand
5 what's going on. And I think there's been a number of
6 issues that have been raised, the vertical integration
7 issue, some of the other things that you might want to look
8 at. All of that's helpful.

9 One shouldn't, if they're listening at home,
10 think that we're sort of going to come back in a month or
11 two months or maybe even in a year with a set of
12 recommendations. We're really just getting our bearings on
13 understanding how this very complicated market works, what
14 it means for individuals, and we haven't really begun the
15 process of thinking through where we'll go policy-wise.

16 And I might add, an enormous amount of the value
17 that MedPAC often adds is just providing data on complex
18 areas so people know what's going on, and that's kind of
19 where we are in this space.

20 So I very much appreciate all the comments and
21 all of the issues that were raised. I think it is
22 certainly true that -- I'll echo Stacie -- generics are

1 sort of the promise that after we get to the high-price
2 part of innovation, we're now going to get access to all
3 these drugs, and there are a lot of areas that was
4 mentioned by the staff where we really -- at a time we had
5 a lot of really expensive drugs. Now we have some really,
6 really low-cost drugs. They might -- you know, we can
7 debate what people are paying out of pocket, but relatively
8 speaking, really good drugs relative to the prices being
9 paid for them that are available in generic. And I think
10 that's an important thing, but as this presentation showed,
11 the notion that the generic market is working
12 competitively, the way you might think when things became
13 generic, is probably an oversimplification of a
14 dramatically complicated, crazily integrated market that
15 we're going to try and get a handle on.

16 So that's my summary of where we are on this
17 work.

18 Paul, do you want to add anything about the
19 agenda, or Tara? I see you now, Pamina. Do you want to
20 add anything about -- I don't know if Shinobu made it on,
21 but do you want to add anything to any of that before I
22 close us out for the day?

1 MR. MASI: No. I agree, Mike. This is very
2 helpful to hear, the Commissioner conversation, and we're
3 looking forward to building on our work here.

4 I would agree that at this stage, it's very much
5 informational and trying to wrap our arms around the
6 problem, and we'll be back with more information.

7 DR. CHERNEW: I'm going to learn from your
8 brevity, Paul.

9 Anyway, so that brings us to the end of what was,
10 I think, a really productive meeting on some really
11 important topics. And so for those of you at home, please
12 reach out and give us comments, MeetingComments@medpac.gov.
13 We really, really do want to hear about what you're
14 thinking about, all of the things we've said this
15 afternoon, maybe this morning. It is important to us, to
16 the staff for all the presentations, and even for those --
17 there's often a lot of staff doing some work behind the
18 scenes on some of these topics. And I can tell you there's
19 a ton of staff working super hard on the stuff that we're
20 going to see in November and beyond. I really thank you
21 for all the work that you've done. We really do appreciate
22 it. It was outstanding, as always.

1 And so that said, thank you to everybody, and we
2 hope to stay in touch on these topics. And we will see you
3 all in November.

4 [Whereupon, at 5:37 p.m., the meeting was
5 adjourned.]

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