

Assessing payment adequacy: home health services

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MECIPAC

Overview

- Review framework
 - Access to care
 - Quality of care
 - Access to capital
 - Payment and costs
- Improve payment accuracy
- Strengthen patient safeguards
- Establish beneficiary incentives
- Advance program integrity

Supply continues to grow and access to care is generally adequate

- 99 percent of beneficiaries live in an area served by home health
- Number of HHAs is over 11,300 in 2010
 - Number of agencies has increased almost 50 percent since 2002
 - Over a 1,000 new agencies in 2009
 - Growth concentrated in relatively few areas



Users and episodes continues to increase in 2009

2002 2008 2009

Annual Change

2002-2009 2008-2009

	2002	2000	2003
Users (millions)	2.5	3.2	3.3
Share of FFS beneficiaries (percent)	7.2	9.0	9.4
Episodes (millions)	4.1	6.1	6.5
Episodes per user	1.6	1.9	2.0

2002-2003	2000-2009
3.9%	3.8%
3.8%	4.3%
6.9%	7.5%
2.9%	4.5%

Source: Home health SAF 2002-2009

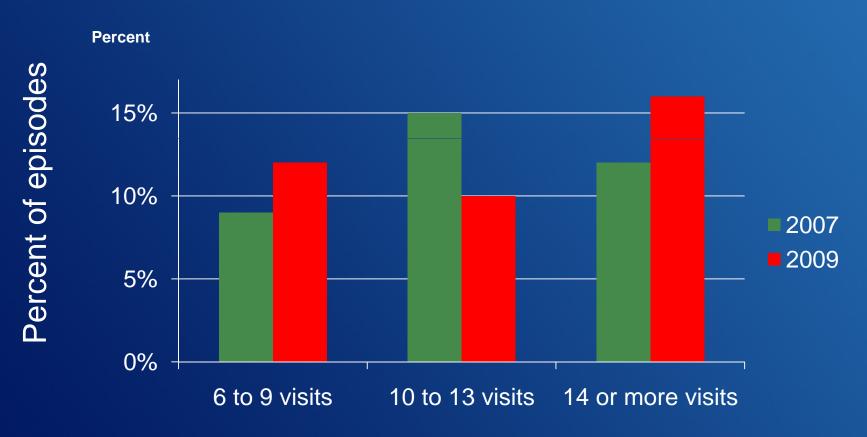
Note: Data are preliminary and subject to revision.



Home health volume has shifted to beneficiaries admitted from the community

- In 2001, episode volume split about equally between community admitted patients and post-hospital/PAC patients
- Since 2001 community admitted patients have increased by more than 10 percent annually
- In 2008, 64 percent of episodes are community admitted patients and 36 percent are post-hospital/PAC patients

Provision of therapy services reflects payment incentives



Number of therapy visits

Source: Home health SAF 2009

Note: Data are preliminary and subject to revision.



Quality of care continues to improve on most indicators





Note: Improvements in bathing and pain management measures have identical values; the trend lines for these measures overlap on the table above. Data are preliminary and subject to revision.

Access to capital is adequate

- Less capital intensive than other sectors
- Wall Street analysts conclude that large publicly-traded for-profit HHAs have access to capital markets, though on less favorable terms than prior years
- Continuing entry of new providers suggests adequate access to capital for expansion



Financial performance of freestanding HHAs in 2009

	Percent	
	of HHAs	<u>Margin</u>
All	100%	17.7%
25 th		2.2%
75 th		26.2%
Majority Urban	83%	17.9%
Majority Rural	17%	16.6%
For-Profit	84%	18.7%
Non-Profit	11%	14.4%

Source: Home health cost reports

Data are preliminary and subject to revision.



HHAs have lower costs and lower rates of cost growth than Medicare assumes

- Number of visits in an average episode under PPS has been lower than what Medicare's rates assume
- Agency cost growth has been lower than the inflation assumed in the home health market basket
- Medicare margins have averaged 17.5 percent since 2001



PPACA implements a phased rebasing beginning in 2014

- Re-bases to estimated costs over 4 years
- Annual reductions limited to no more than 3.5 percent annually
- Reduction offset by the payment update in each year
- Delay will reduce impact of re-basing, allow for margins well in excess of cost before and after 2014

Analysis indicates need for revised payment system

- Providers may base therapy delivery on incentives of payment system
- Case-mix system overpays for higher weighted services (including therapy)
- Dependent on the use of therapy services provided as a predictor
- Very low accuracy for non-therapy services

Revised system better predicts therapy and non-therapy services

	Therapy	Non-therapy	Total
Current case-mix system (without therapy thresholds)	11.6%	8.2%	7.6%
Revised case-mix system	27.8%	14.6%	15.3%

Source: Urban Institute analysis of Datalink file. Estimates are preliminary and subject to revision.

- Eliminates financial incentives to provide more therapy
- Prediction of all costs more accurate
- Improved prediction of high-cost non-therapy cases

Ensuring appropriate use of the home health benefit

- Physicians and HHAs principally responsible for following Medicare's policies
- Home health is an exception, most FFS services have some cost-sharing
- Design needs to set appropriate incentives
 - Should not drive beneficiaries to other highcost settings
 - Minimize negative impact for high-need and low-income patients

Setting appropriate incentives

- Possible design
 - Fixed per-episode amount
 - For episodes provided to patients admitted from the community
 - Exempt Medicare/Medicaid dual eligibles
- Amount could take several forms (example: 10% of average episode payment = \$300)
- No first dollar coverage

Counties with high shares of beneficiaries using home health also have high episodes per user

ST.	County	Share of FFS beneficiaries using HH	Episodes per user	ST.	County	Share of FFS beneficiaries using HH	Episode s per user
TX	STARR	35%	4.2	LA	MADISON	24%	4.4
TX	HIDALGO	33%	3.9	OK	MCCURTAIN	23%	4.3
ΤX	DUVAL	33%	4.1	MS	SHARKEY	23%	4.2
TX	BROOKS	32%	3.9	LA	EAST CARROLL	22%	4.3
TX	JIM HOGG	30%	4.5	TX	WEBB	22%	3.8
FL	MIAMI-DADE	26%	3.1	MS	JEFFERSON	22%	4.2
TX	ZAPATA	26%	4.1	LA	AVOYELLES	22%	4.0
TX	CAMERON	25%	3.2	OK	PUSHMATAHA	22%	3.8
OK	CHOCTAW	25%	4.1	OK	LATIMER	22%	4.2
TX	JIM WELLS	25%	4.0	TN	HANCOCK	21%	3.8
MS	CLAIBORNE	25%	2.9	LA	CALDWELL	20%	4.1
TX	RED RIVER	24%	4.2	LA	WASHINGTON	20%	3.6
TX	WILLACY	24%	3.1	Nati	ional average	9.0%	1.9

Source: 2008 HH SAF. Data are preliminary and subject to revision.



More efforts needed to address fraud and abuse

- Several areas have high rates of use that suggest the need for further investigation
- Many new agencies in high risk areas
- CMS has new authorities under the PPACA to address fraud in high-risk areas
 - Moratorium on new providers
 - Payment suspension