PUBLIC MEETING

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Thursday, November 1, 2012 9:15 a.m.

COMMISSIONERS PRESENT: GLENN M. HACKBARTH, JD, Chair MICHAEL CHERNEW, PhD, Vice Chair SCOTT ARMSTRONG, MBA, FACHE KATHERINE BAICKER, PhD PETER W. BUTLER, MHSA ALICE COOMBS, MD THOMAS M. DEAN, MD WILLIS D. GRADISON, MBA WILLIAM J. HALL, MD JACK HOADLEY, PhD HERB B. KUHN GEORGE N. MILLER, JR., MHSA MARY NAYLOR, PhD, RN, FAAN DAVID NERENZ, PhD RITA REDBERG, MD, MSc, FACC CRAIG SAMITT, MD, MBA CORI UCCELLO, FSA, MAAA, MPP

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- 1 PROCEEDINGS [9:15 a.m.]
- 2 MR. HACKBARTH: Okay. It's time for us to get
- 3 started.
- Welcome to those of you in the audience. We have
- 5 votes scheduled today on three reports that Congress has
- 6 requested that we complete by this meeting: one on Medicare
- 7 payment for ambulance services; second, on outpatient
- 8 therapy; and, third, on geographic adjustment of the work
- 9 portion of the payment for physicians and other health
- 10 professionals. We'll take up the ambulance first thing this
- 11 morning, and then the other two will happen after lunch.
- 12 So on ambulance services, David, Zach, go ahead
- 13 and lead the way.
- MR. GLASS: Very good. Good morning. This is the
- 15 fourth session on our mandated report on Medicare payment
- 16 policy for ambulance services.
- 17 Last month we gave you some additional information
- 18 you requested and walked through the Chairman's draft
- 19 recommendations. In today's presentation, we'll briefly
- 20 review the framework the Commission has applied in
- 21 evaluating policy options for all three of the mandated
- 22 reports. We'll recap the mandate and findings today and

- 1 provide some new information in response to two questions
- 2 Commissioners raised at our October meeting.
- First, a brief summary of GAO's new report and,
- 4 second, some results from a possible isolated, low-volume
- 5 policy to see what that might look like.
- 6 More detail on today's information and information
- 7 provided in the earlier meetings is contained in your
- 8 mailing materials. We'll then present two draft
- 9 recommendations arising out of your discussion last month.
- 10 We talked about this last month. To evaluate
- 11 policy options for the mandated report on ambulance
- 12 services, we applied a framework consisting of four basic
- 13 questions: Would the recommendation increase Medicare
- 14 program spending above the current law baseline; whether the
- 15 policy will improve beneficiaries' access to care; whether
- 16 it will improve the quality of care beneficiaries receive;
- 17 and, finally, whether the policy will advance payment reform
- 18 away from the current fee-for-service system and toward a
- 19 more integrated delivery system.
- 20 You have seen this slide in the past. In
- 21 February, the Congress directed the Commission to conduct a
- 22 study of the Medicare ambulance fee schedule and

- 1 specifically required the Commission to examine the three
- 2 temporary ambulance add-on payment policies, including their
- 3 appropriateness and their effect on ambulance suppliers' and
- 4 providers' Medicare margins. It also required the
- 5 Commission to consider whether there is a need to reform the
- 6 ambulance fee schedule more generally.
- 7 The formal due date for this report is June 15,
- 8 2013; however, the temporary add-on policies will expire
- 9 under current law at the end of the year. Therefore, the
- 10 Commission has been working toward giving the Congress the
- 11 information it needs to make a decision about whether to
- 12 end, extend, or amend these policies by the end of 2012.
- Here is a summary of the three temporary ambulance
- 14 add-on policies now in effect. These add-ons are
- 15 supplemental to the fee schedule, and they increase either
- 16 the base payment and/or the mileage payment of a given
- 17 transport. The first of the temporary add-ons supplements
- 18 payments to all ground transports; the second supplements
- 19 payments for ground transports originating in areas
- 20 designated as super-rural; and the last supplements payments
- 21 for urban air transports that were grandfathered as being
- 22 rural.

- 1 These temporary add-ons expire at the end of 2012,
- 2 and extending any of the temporary add-ons will increase
- 3 spending relative to current law.
- 4 Summarizing our findings to date: We see no
- 5 evidence of access problems either through our data analysis
- 6 or in our conversations with the industry. There has been
- 7 continued growth in spending and in service use per
- 8 beneficiary, particularly in BLS -- basic life support --
- 9 nonemergency transports. and within that category in
- 10 dialysis-related transports.
- New entrants are more focused on BLS nonemergency
- 12 transports than established entities, and there is a small
- 13 group of suppliers that account for a disproportionate
- 14 number of those transports.
- There has been growth in the number of for-profit
- 16 suppliers, and private equity firms have entered the market
- 17 and bought the two largest ambulance firms. In short,
- 18 someone is seeing a profit opportunity in this industry.
- 19 We also note that the current add-ons are not well
- 20 targeted to isolated low-volume rural areas. That is, most
- 21 of the spending under those add-ons, the super-rural and
- 22 rural short mileage add-ons, is not going to the areas that

- 1 most need it -- those that are isolated and generate a low-
- 2 volume of ambulance transports. This is important because
- 3 suppliers with a low-volume of transports have higher costs
- 4 per transport.
- 5 We also note that the temporary air ambulance add-
- 6 on was designed to help transition following redesignation
- 7 of areas from rural to urban in 2006. We find providers
- 8 have had time to adjust to those redesignations by now.
- 9 Finally, we find serious program integrity issues,
- 10 primarily focused on BLS nonemergency transports.
- 11 Last month you asked about the new 2012 GAO report
- on ambulance industry margins. GAO's report was released in
- 13 October, and we would make the two following points.
- 14 First, about margins. The report found that for
- 15 the sample of suppliers in their survey, the median Medicare
- 16 margin for 2010 was a positive 1.7 percent with all the add-
- ons and would have been negative 1 percent, excluding any
- 18 add-on payments.
- When they extended their analysis to the
- 20 population of suppliers and providers which their sample
- 21 represented, the range for the estimated median Medicare
- 22 margin are pretty wide: from about minus 2 percent to plus

- 9 percent with all the temporary add-ons, included; compared
- 2 with minus 8 percent to plus 5 percent without the temporary
- 3 add-ons. The wide range is a result, in part, of the
- 4 relatively small sample size, about 150, and the wide range
- 5 of costs reported in the sample.
- 6 Note that the population represented is suppliers
- 7 with no shared costs that were billing Medicare in 2003 and
- 8 2010 and still operational in 2012. It does not represent
- 9 suppliers that have entered since 2004, including many of
- 10 the for-profits concentrating on the apparently lucrative
- 11 BLS nonemergency transports.
- 12 Second, through a regression analysis, GAO found
- 13 that higher average costs per transport were associated with
- 14 lower volume (and they found an inflection point at about
- 15 600 transports a year), more emergency versus nonemergency
- 16 transports (which means that suppliers concentrating on
- 17 nonemergency transports have lower costs, hence higher
- 18 margins), and a higher level of government subsidy. We use
- 19 the finding about a 600-transport-a-year threshold in our
- 20 illustrative low-volume policy.
- 21 Before moving to the description of a new policy
- 22 for isolated low-volume areas, I want to briefly enlarge on

- 1 the finding that the current add-ons are not well targeted.
- We find that most of the spending from the short-
- 3 mileage ground add-on and the super-rural add-on goes to a
- 4 small set of zip codes with large populations. That means
- 5 they are not well targeted.
- The GAO found, not surprisingly, that isolated
- 7 rural areas with low population density generate fewer
- 8 ambulance transports than more densely populated areas and
- 9 that suppliers with a low volume of transports had higher
- 10 costs per transport.
- 11 The goal of an add-on policy should be to direct
- 12 extra payments to areas where providers face circumstances
- 13 outside of their control, such as low volume, that raise
- 14 their costs. Medicare needs a better method of directing
- 15 payments to isolated low-volume areas, and we look at one
- 16 possibility on the next slide.
- 17 The goal is to better direct higher payments to
- 18 areas where conditions (low-volume and isolation) create
- 19 higher cost per transport. Operationally, that is to rural
- 20 zip codes with low density and/or population.
- 21 This slide illustrates a first estimate of what
- 22 such a policy might look like. It's kind of a proof of

- 1 principle to see if it's feasible.
- 2 What we did was identify rural zip codes with a
- 3 population density of 20 people per square mile or less or
- 4 with a population of 4,000 or less. Those parameters were
- 5 chosen so that areas would be expected to generate less than
- 6 600 transports a year.
- 7 Looking at that set of zip codes, we find it is
- 8 better targeted than the rural short mileage add-on. The
- 9 new policy includes 78 percent of all rural zip codes.
- 10 Those included have an average population of less than
- 11 1,500. That size population is expected to generate well
- 12 below 600 transports a year, which is the low-volume
- 13 threshold. All together there were 550,000 Medicare
- 14 ambulance transports from these areas in 2011.
- In contrast, the policy would exclude 22 percent
- 16 of rural zip codes. Those areas have an average population
- of over 12,000 and accounted for 3 million transports in
- 18 2011. A population of 12,000 would be expected to generate
- 19 more than twice as many transports as the low-volume
- 20 threshold of 600.
- 21 We conclude that this policy is better targeted:
- 22 It would direct additional payments to areas that need it

- 1 because of the conditions that lead to higher cost -- low
- 2 volume and isolation.
- 3 We have constructed this policy to be budget
- 4 neutral to the short mileage add-on, about \$90 million a
- 5 year. If all those dollars were redistributed using this
- 6 policy, the average add-on would offset the loss of the
- 7 temporary add-ons in the designated areas and maintain
- 8 access. The size of the add-on is sensitive to the
- 9 definitions of areas and the number of transports affected.
- 2 Zach will now present the draft recommendations.
- MR. GAUMER: Good morning. Our mailing materials
- 12 for this month provide a more detailed explanation of the
- 13 rationale underlying the recommendations we are about to
- 14 review, but to summarize, there are a few basic points to
- 15 highlight.
- With regard to recommendation 1, we see no
- 17 compelling evidence to extend the temporary add-ons and
- 18 increase spending relative to the current law baseline.
- 19 Specifically, the ambulance industry appears to be
- 20 attractive to investors. We observe growth in volume and
- 21 spending, and there is no specific evidence of current or
- 22 future access problems.

- 1 In case the expiration of the temporary add-ons
- 2 causes concerns about access, we can reinforce access to
- 3 emergency services by rebalancing the RVUs from BLS
- 4 nonemergency transports to other ground transports. And in
- 5 order to reinforce access to ambulance services in isolated
- 6 low-volume areas, we can re-target the permanent rural
- 7 short-mileage add-on policy. Both can be accomplished in a
- 8 budget-neutral manner.
- 9 Therefore, draft recommendation 1 reads as
- 10 follows: The Congress should:
- allow the three temporary ambulance add-on
- 12 policies to expire;
- direct the Secretary to rebalance the relative
- 14 values for ambulance services by lowering the relative value
- 15 of basic life support nonemergency services and increasing
- 16 the relative values of other ground transports. Rebalancing
- 17 should be budget neutral relative to current law and
- 18 maintain payments for other ground transports at their level
- 19 prior to expiration of the temporary ground ambulance add-
- 20 on; and
- 21 direct the Secretary to replace the permanent
- 22 rural short-mileage add-on for ground ambulance transports

- 1 with a new budget-neutral adjustment directing increased
- 2 payments to ground transports originating in geographically
- 3 isolated, low-volume areas to protect access in those areas.
- 4 Looking at the implications of recommendation 1 in
- 5 reference to our framework, we anticipate that this
- 6 recommendation will be budget neutral. Taking the
- 7 components of the recommendation piece by piece, the
- 8 expiration of the add-ons is current law and will not
- 9 increase spending. RVU rebalancing is budget neutral by
- 10 design. And, similarly, the new permanent isolated low-
- 11 volume policy is budget neutral by design.
- We anticipate that this recommendation will
- 13 maintain Medicare beneficiaries' access to emergency and
- 14 advanced life support transports as well as transports in
- 15 isolated areas with low populations. We foresee no
- 16 implications for the quality of ambulance care. And,
- 17 finally, we foresee no implications for reforming the
- 18 payment system.
- 19 With regard to recommendation 2, we have observed
- 20 rapid growth in BLS nonemergency transports, and we have
- 21 seen new suppliers and providers focusing on these services.
- We have also observed wide variation in spending

- on these services by state, particularly for transports to
- 2 and from dialysis facilities.
- 3 The HHS Inspector General has identified numerous
- 4 instances of inappropriate billing for BLS nonemergency
- 5 transports in a handful of states and cities, and in
- 6 particular, many, though not all, of these investigations
- 7 have targeted transports to and from dialysis facilities.
- 8 Collectively, these findings suggest that stronger national
- 9 program integrity actions are needed.
- In the State of Texas specifically, the Inspector
- 11 General has identified instances of ambulance fraud, and
- 12 CMS' Medicare Administrative Contractor has done extensive
- 13 program integrity work that has limited ambulance-related
- 14 fraud and ultimately reduced the volume of dialysis-related
- 15 transports. The example of Texas shows that taking stronger
- 16 program integrity actions could be feasible and effective if
- 17 applied nationally.
- Therefore, draft recommendation 2 reads as
- 19 follows: The Congress should direct the Secretary to:
- promulgate national guidelines to more precisely
- 21 define medical necessity requirements for both emergency and
- 22 nonemergency (recurring and nonrecurring) ground ambulance

- 1 transport services;
- 2 develop a set of national edits based on those
- 3 quidelines to be used by all claims processors; and
- 4 identify geographic areas and/or ambulance
- 5 suppliers and providers that display aberrant patterns of
- 6 use, and use statutory authority to address clinically
- 7 inappropriate use of basic life support nonemergency ground
- 8 ambulance transports.
- 9 We would expect this recommendation to save money;
- 10 however, it is difficult to determine how much. We estimate
- 11 spending could be reduced by as much as \$460 million per
- 12 year if spending in high-spending states for transports to
- 13 dialysis facilities was brought to the level of the national
- 14 median or by as much as \$150 million per year if spending in
- 15 high-spending states was brought to the level of the 75th
- 16 percentile.
- We anticipate that Medicare beneficiaries' access
- 18 to ambulance services would be maintained. We foresee no
- 19 implications for the quality of ambulance care. And,
- 20 finally, we foresee no implications for reforming the
- 21 payment system.
- Okay. At this point we are happy to respond to

- 1 your questions and look forward to your discussion of the
- 2 draft recommendations before you.
- MR. HACKBARTH: Okay. Thank you, David and Zach.
- David, could you put up that first slide that has
- 5 the four questions on it?
- 6 Okay. Thanks. So for people in the audience, I
- 7 want to highlight these questions. This is a framework that
- 8 we're applying to each of the areas that Congress has asked
- 9 us to look at: ambulance, outpatient therapy, and the work
- 10 GPCI for physicians and other health professionals. And as
- 11 David summarized earlier, the key points here are if there's
- 12 going to be an increase in spending above the baseline, it
- 13 ought to be because there is evidence that that increase in
- 14 spending would improve access to care, improve quality of
- 15 care, or facilitate movement towards new payment systems.
- 16 So that's sort of the discipline, if you will, that we're
- 17 applying to each of these issues.
- And, incidentally, we'll apply the same
- 19 discipline, the same framework, when we later on consider
- 20 draft recommendations on special needs plans, the SNPs,
- 21 which happens, I think -- is that tomorrow, Mark? Yeah,
- 22 that's tomorrow. So that's point number one.

- 1 And then in terms of process, since we've had
- 2 extensive discussions on these issues to this point, I
- 3 propose that we not do our usual two rounds where we ask a
- 4 round of clarifying questions and then comments. We'll just
- 5 go through one time, and that is your opportunity to ask any
- 6 final questions or make your comment on the overall
- 7 recommendations. Then that one round will be followed with
- 8 our vote on each of the recommendations.
- 9 So any questions about the process that we'll use
- 10 today?
- [No response.]
- MR. HACKBARTH: Okay. So let's begin our round of
- 13 questions and comments.
- MR. GEORGE MILLER: Yes, on Slide 7, please. Just
- 15 curious if there was any pattern that you were able to
- 16 determine one way or the other with the -- it should be
- 17 Slide 7. I'm sorry. Yeah. Any characteristics that you're
- 18 able to tease out with the analysis of the estimated range
- 19 spread for those margins -- rural, urban, anything that you
- 20 could tell with those margins?
- 21 MR. GLASS: Yeah, GAO does break them out
- 22 separately between urban, rural, and super-rural, and it

- 1 looks at the margins before and after.
- 2 MR. GEORGE MILLER: Is there any pattern? I guess
- 3 that's my question. Or is this the same as we've seen
- 4 before with just there's some geographic variation? Doesn't
- 5 matter whether it's rural or urban, is there any pattern?
- 6 MR. GLASS: There is.
- 7 MR. GEORGE MILLER: Just curious
- 8 MR. GLASS: By predominant services area. You're
- 9 talking about the range calculation?
- 10 MR. GEORGE MILLER: Yeah, the range -- I mean,
- 11 that's pretty widespread in margins.
- MR. GLASS: Yeah, the range calculation is very
- 13 widespread --
- MR. GEORGE MILLER: Right?
- 15 MR. GLASS: -- on all three of them. I think they
- 16 would say that because the range covers zero in all cases,
- 17 they can't say that one is significantly different than the
- 18 other. Am I correct there?
- 19 MR. GAUMER: I think that's right. A very wide
- 20 range.
- 21 DR. MARK MILLER: But the other patterns, which
- 22 you already spoke to, is if you're lower volume, you're less

- 1 likely to be profitable. If you have more emergency, you're
- 2 less likely. If you have higher levels of government
- 3 subsidy, there are those patterns. Some of the rural areas
- 4 have a very wide range, but a lower range, and I think the
- 5 add-on that they're reconstructing in the targeting actually
- 6 would probably go a longer way than the current add-on to
- 7 moving them up to a profitable status.
- 8 MR. GEORGE MILLER: Yeah, thank you.
- 9 DR. MARK MILLER: And it's important to keep in
- 10 mind, it may be a more concentrated group of people, but the
- 11 dollar add-on would be much higher than under current law.
- MR. GEORGE MILLER: Yeah, thank you. You answered
- 13 my question. Thank you.
- MR. GRADISON: This is a speculative question, but
- is the anticipated court action with regard to medical or
- 16 functional improvement likely to have implications with
- 17 regard to the volume of basic life support nonemergency
- 18 services, especially for outpatient therapy?
- 19 MR. GLASS: Well, we haven't thought it through,
- 20 but ambulance is not going to improve or your conditions in
- 21 general, so I don't think it would have any effect on the
- 22 number of transports in the sense of making -- I don't think

- 1 it would change the medical necessity for any of the
- 2 ambulance transports themselves.
- 3 MR. GRADISON: Okay.
- 4 MR. GAUMER: If it meant that more people were in
- 5 SNFs, then it might be reasonable to assume that there might
- 6 be more volume. But, yeah, I don't see a change.
- 7 MR. GRADISON: Thank you.
- 8 DR. DEAN: I probably should have asked this a
- 9 long time ago. I guess as I was reading through this, I
- 10 realized I still don't know that I have a clear
- 11 understanding of the distinction between emergency and
- 12 nonemergency. In other words, say an ambulance gets called
- 13 to pick up a patient who has a new problem, but it turns out
- 14 that it really isn't all that significant. Is that an
- 15 emergency?
- MR. GAUMER: What will happen --
- DR. DEAN: Or transfers, you know, we use
- 18 ambulances a fair amount to transfer from hospital to
- 19 hospital. Now, some of those people are pretty sick. And
- 20 yet I see in some of the literature it said that maybe that
- 21 would be classed as nonemergency. I don't know. Can you
- 22 clarify that?

- 1 MR. GAUMER: Yeah, there are a lot of -- or a
- 2 large share of the transports that go from hospital to
- 3 hospital are classified as BLS nonemergency; or if you just
- 4 limited it to nonemergency, mostly that.
- I think this is where you're going with this, but
- 6 if an ambulance is sent out and it's an advance life support
- 7 ambulance and it's sent on an emergency basis, and they
- 8 determine that, in fact, the patient is not an ALS case or
- 9 that it's not as emergent, it can be -- the bill for it
- 10 should reflect the condition of the patient, so the patient
- 11 will have -- you know, if they had a BLS nonemergency
- 12 status, then that's what the MAC would be looking for on the
- 13 bill.
- DR. DEAN: I guess those of us that don't even
- 15 have access to ALS ambulances -- what about the situation,
- 16 though, where, you know, our only system is BLS, and there
- 17 are times when the ambulance gets called, and it turns out
- 18 that it's not severe, although there are other times they
- 19 get called -- of course, they can't tell. They have to go.
- 20 I still don't quite understand how they sort those out.
- MR. GAUMER: It's based on --
- DR. MARK MILLER: They still get paid. They get

- 1 paid a different rate. They can make that call on site when
- 2 they arrive. And one of our recommendations says, you know,
- 3 this area is a bit murky, the Secretary should have clear
- 4 guidance on emergency, nonemergency, recurring and non --
- 5 recurring and nonrecurring -- or what the reverse of that
- 6 is.
- 7 DR. HALL: I was concerned about the nonemergent
- 8 transport for dialysis, which is a big piece of this puzzle.
- 9 I guess I would argue on balance that although we say there
- 10 are no quality implications, I think one could make a pretty
- 11 safe argument that there may be some very positive quality
- 12 implications in this, namely, that the ease of using
- 13 ambulances is a path of least resistance in the medical care
- 14 system. The easiest thing at night, if there's a call, is
- 15 to go to the emergency room, or if they say, "Well, how am I
- 16 going to get there?" "I'll send an ambulance." This
- 17 happens over and over and over again. And there are lots of
- 18 other alternatives in the health care system that creative,
- 19 enterprising systems will develop that I think will actually
- 20 improve the quality of on-site care in the home. And so I
- 21 think that's going to come out of this.
- 22 There was one other point there on this area, but

- 1 I guess it's not that important. I'll let it go. Thank
- 2 you.
- 3 DR. HOADLEY: I just have one simple question.
- 4 The savings that you talked about on recommendation 2, can
- 5 you express those as a percentage of total ambulance
- 6 spending?
- 7 MR. GAUMER: Okay. You're going to ask me to do
- 8 math on the spot.
- 9 [Laughter.]
- 10 MR. GAUMER: \$460 million was the estimate for
- 11 what they could save per year. The total Medicare spending
- is in the range of \$5 billion, so we're looking at a couple
- of percentage points. But it would be a large impact, I
- 14 think.
- MR. GLASS: About 8 percent.
- MR. GAUMER: There you go.
- DR. MARK MILLER: Also, I --
- MR. GAUMER: Excuse me. Those are not CBO-
- 19 blessed numbers.
- 20 DR. MARK MILLER: Yeah, that's exactly --
- MR. GAUMER: These are our --
- DR. MARK MILLER: Right, right. Okay.

- 1 MS. UCCELLO: I figured I would make a comment
- 2 while I still have my voice. I just want to say that I
- 3 support these recommendations, and in particular, I like how
- 4 this framework kind of follows the framework that we've used
- 5 for the rural. And, in general, when we're looking at --
- 6 when we're making extra payments or add-on payments and
- 7 making sure that those are appropriate targeted, and the
- 8 recommendations that we're making improve the targeting of
- 9 the payments we're making, I think that's really important.
- 10 And, you know, I think we're going to talk about that in
- 11 other sessions coming up over the next couple days.
- 12 And I also want to highlight something regarding
- 13 the dialysis. I especially liked in the text -- we didn't
- 14 really talk about it, but thinking through some other
- 15 potential options for dialysis patients of making sure that
- 16 they have access to dialysis, but transportation that maybe
- is a little more appropriate than an ambulance. And I just
- 18 want to highlight that the text makes the point of noting
- 19 that, you know, one of these options is kind of removing or
- 20 loosening the prohibition of dialysis facilities to provide
- 21 transportation, but noted -- and I think this is an
- 22 important kind of caveat -- that, you know, doing so would

- 1 not or should not increase any bundled payments to that
- 2 effect. I think that there are other ways to appropriately
- 3 get these patients to the dialysis facilities that don't
- 4 involve kind of extra payments, because that I don't think
- 5 would be the right way to go.
- 6 MR. BUTLER: So, again, this wasn't a topic that
- 7 we selected but were asked to do, and as I read the
- 8 material, again, I was struck again by how impressive the
- 9 staff work has been on really what turns out to be a very
- 10 complicated topic. I've learned a lot about ground
- 11 transport, air transport, rural, urban, municipally
- 12 supported, private companies, BLS -- the whole lingo. And I
- 13 say that because I think that the chapter is as important as
- 14 the recommendations here. I think there's an incredible
- 15 wealth of information that kind of -- depending on -- no
- 16 matter where you want to land on the issue, you have data
- 17 that is all collected in one place that can tell, you know,
- 18 a story of what's going on. And, obviously, the nonemergent
- 19 BLS business has grown, and we're choosing to use a fairly
- 20 crude repricing to kind of contain that growth, in effect,
- 21 is what we're doing, and trying to more accurately reflect
- 22 pricing, which is probably the best way to go. So I'm

- 1 supportive of the recommendations.
- I think if we had more time, we would probably
- 3 fine-tune that a little bit more and zero in on dialysis
- 4 specifically. But we don't have that time, so my only
- 5 regret is probably the recommendations are a little bit kind
- 6 of more generic than we otherwise might do had we had more
- 7 time. But then, again, I'll restate, for those that want
- 8 the data to support a different methodology, it's in the
- 9 chapter.
- 10 So, again, thanks to the staff for doing good
- 11 work.
- 12 MR. HACKBARTH: Okay. Would you put up the
- 13 recommendations, David? It's time now to vote on
- 14 recommendation 1. All in favor of the recommendation,
- 15 please raise your hand and hold them up for just a second.
- 16 I think we've got everybody. Okay.
- 17 [Hands raised.]
- MR. HACKBARTH: Okay, no -- opposed to
- 19 recommendation 1? Abstentions?
- [No response.]
- 21 MR. HACKBARTH: Okay. Recommendation 2. All in
- 22 favor of number 2, please raise your hand.

- 1 [Hands raised.]
- MR. HACKBARTH: Okay. No votes on number 2?
- 3 Abstentions?
- 4 [No response.]
- 5 MR. HACKBARTH: Okay. Thank you very much. Good
- 6 work.
- 7 So now we change gears for a little bit, move away
- 8 from our mandated reports to focus on home health care and
- 9 specifically reducing the hospitalization rate. And, Evan,
- 10 you can start whenever you're ready there.
- MR. CHRISTMAN: Good morning. Today, I'm going to
- 12 discuss reducing hospitalizations and home health. We will
- 13 look at hospitalizations from a few different perspectives
- 14 today. First, we will review the causes of hospitalization
- 15 and take a brief look at the interventions available to
- 16 reduce them. We will review the recent experience with
- 17 hospitalization rates in home health. Finally, we will look
- 18 at some key design decisions for a payment policy to reduce
- 19 hospitalizations in home health care.
- Such a policy would be appropriate for many of the
- 21 same reasons that we have recommended policies to improve
- 22 quality in other sectors. First, Medicare pays for volume,

- 1 not quality, in home health. Providers with high and low
- 2 performance receive the same payment. This is perhaps
- 3 particularly troublesome for home health because avoiding
- 4 hospitalization is a main goal for home health patients.
- 5 Home health care is also unique in that some
- 6 beneficiaries are admitted from the community without a
- 7 prior hospitalization. So establishing a policy could be an
- 8 opportunity to reduce both initial admissions to the
- 9 hospital and readmissions.
- The rate of hospitalization has not declined in
- 11 home health care since Medicare started tracking it in 2004.
- 12 About 30 percent of stays are hospitalized and reducing this
- 13 rate could improve beneficiary health and save Medicare
- money.
- 15 Finally, a policy for home health would align it
- 16 with the Commission's recommendations for other sectors.
- 17 The Commission has recommended a policy for hospitals and
- 18 SNF for readmissions, and Medicare recently implemented a
- 19 readmissions penalty program for hospitals.
- 20 Home health patients are hospitalized for many of
- 21 the reasons commonly attributed to community dwelling
- 22 Medicare beneficiaries. The top three reported causes of

- 1 hospitalization include respiratory infection, urinary tract
- 2 infection, and heart failure. These conditions are all
- 3 considered ambulatory care sensitive conditions, which means
- 4 that hospitalizations should be avoidable through community-
- 5 based care. One review indicated that up to 30 percent of
- 6 the hospitalizations in home health in the first 30 days
- 7 were potentially preventable.
- Factors other than patient care also play a role,
- 9 and problems with the care provided by home health agencies
- 10 have been found to contribute to hospitalization in home
- 11 health. Medicare has launched a number of initiatives and
- demonstrations to lower hospitalization in home health, but
- 13 overall, they have had limited effects and the national rate
- 14 has not declined.
- 15 Several interventions are possible that could
- 16 potentially reduce the rate of hospitalization for home
- 17 health patients, such as these examples on the slide. A
- 18 financial incentive tied to hospitalizations would encourage
- 19 agencies to review these interventions and implement those
- 20 that are most appropriate for the population they serve.
- 21 Any policy for hospitalizations in home health
- 22 should reflect an understanding of the trends in agency

- 1 performance. We contracted with the University of Colorado
- 2 to design a measure of hospitalization. The measure uses
- 3 claims to identify hospitalization. It includes those that
- 4 occur during or up to 30 days after the end of the home
- 5 health stay and it has a limited set of exclusions for
- 6 hospitalizations that are part of a normal course of care.
- 7 These include things such as inpatient cancer treatment,
- 8 procedures related to organ transplant or surgical device
- 9 implants. These rates have been risk adjusted using data on
- 10 patient characteristics from the home health patient
- 11 assessment tool.
- 12 Perhaps the most important finding is that there
- 13 was significant variation in the performance of home health
- 14 agencies. The agency at the tenth percentile had a
- 15 hospitalization rate of 20 percent, while the agency at the
- 16 90th percentile had a rate of 37 percent.
- 17 There was also significant variation in length of
- 18 stay among providers. Freestanding providers performed
- 19 slightly worse than facility-based providers, while
- 20 nonprofit providers performed slightly better than for-
- 21 profit providers. The rates for urban and rural agencies
- 22 were also similar in most regions.

- 1 The broad variation in performance suggests that
- 2 there could be a significant reduction in hospitalizations
- 3 if agencies with higher rates could get their rates closer
- 4 to better performing agencies.
- 5 We also examined the characteristics of the lowest
- 6 performing agencies. Agencies in the bottom quartile of
- 7 hospitalization averaged a rate of 39 percent. They tended
- 8 to provide more episodes per beneficiary, have a longer
- 9 length of stay, and be freestanding and for profit. A
- 10 majority of these agencies came from the Southwest region,
- 11 which in this example includes Texas, Louisiana, and
- 12 Oklahoma, three States with high average home health length
- 13 of stay and high hospitalization rates from home health.
- There are a few key design decisions for
- 15 establishing a hospitalization penalty for home health.
- 16 First would be the size of the financial incentive.
- 17 Medicare margins in home health have exceeded 15 percent
- 18 since 2001, so any incentive would have to be large enough
- 19 to influence behavior for the many agencies with high
- 20 margins.
- The period of the home health stay to include in
- 22 the hospitalization measure is another decision. Including

- 1 all of a stay would be important to maximizing the
- 2 accountability of home health agencies for the services
- 3 Medicare provides.
- 4 Another consideration is the conditions to include
- 5 in a measure. A home health measure could follow an all
- 6 cause potentially preventable hospitalizations approach
- 7 conceptually similar to the one the Commission discussed for
- 8 the hospitalization readmission program in September. Under
- 9 this approach, all home health stays would be monitored, but
- 10 only those hospitalizations considered potentially
- 11 preventable would be included in the rate.
- 12 And finally, Medicare may want to take steps to
- 13 strengthen the integrity of the data it collects given home
- 14 health history of program integrity problems. A recent
- 15 report by the IG found that many agencies are failing to
- 16 report required patient assessment information. This data
- 17 is useful for risk adjustment. So strengthening penalties
- 18 for not reporting might be appropriate.
- To give you a sense of how these design decisions
- 20 might fit together, we developed an illustrative penalty
- 21 policy. Under this example, the base payment for all
- 22 episodes would be reduced for agencies that had risk

- 1 adjusted hospitalization rates above the national average.
- 2 Agencies above the national average would be ranked into
- 3 deciles based on their hospitalization rate, and the penalty
- 4 would increase from the bottom to top decile by half a
- 5 percent. For example, the minimum penalty would be half a
- 6 percentage point for agencies in the bottom decile and five
- 7 percentage points for agencies in the top decile.
- 8 The measure of hospitalization is the one I used
- 9 in the slides previously. It would be claims based, include
- 10 all of a stay plus a 30-day post-stay window, and exclude
- 11 some hospitalizations that are planned for unrelated
- 12 procedures. And again, this measure was risk adjusted using
- 13 patient characteristics from the patient assessment tool.
- We excluded agencies with fewer than 20 home
- 15 health episodes in 2009.
- This table provides the summary of the impact.
- 17 Agencies in these examples have been weighted based on the
- 18 number of stays they provided. Because of the design of the
- 19 incentive, 50 percent of agencies would be subject to the
- 20 penalty and the average penalty would be 2.1 percent. For-
- 21 profit agencies had slightly higher rates of penalty and a
- 22 higher average penalty amount. Facility-based providers had

- 1 fewer agencies subject to the penalty and slightly lower
- 2 penalty amounts. Rural areas had slightly more agencies
- 3 subject to the penalty and a higher average rate of penalty,
- 4 but this was driven by rural agencies in Texas, Louisiana,
- 5 and Oklahoma. Without these areas, the rural impacts would
- 6 have been lower.
- 7 This example is just one way a home health policy
- 8 could be designed. It is meant to be illustrative. But
- 9 overall, the data suggest that home health agencies could do
- 10 more to reduce hospitalization in home health. The broad
- 11 variation in performance among agencies and the lack of
- 12 improvement in the rate for many years suggests that a
- 13 change in payment policy might be appropriate. Developing
- 14 such a policy would involve at least four key decisions, and
- 15 we have offered potential approaches for addressing them.
- 16 The Commissioners should consider whether these approaches
- 17 seem reasonable, any additional analysis they would like to
- 18 see on this topic, and whether they would be comfortable
- 19 pursuing a recommendation for a hospitalization penalty for
- 20 home health care.
- This completes my presentation. I look forward to
- 22 your discussion.

- 1 MR. HACKBARTH: Okay. Thank you, Evan. Now we'll
- 2 revert to our usual format of a round of clarifying
- 3 questions and then a second round of comments. Scott, do
- 4 you want to kick off clarifying questions.
- 5 MR. ARMSTRONG: I don't have any.
- 6 MR. HACKBARTH: Craig.
- 7 DR. SAMITT: I have a question on Slide 9 and it
- 8 mostly pertains to the size of the penalty. My sense of
- 9 this incentive would be a bit different than a hospital
- 10 readmission in that for hospital readmissions, you could
- 11 envision the hospitals would be concerned about compromised
- 12 revenue. So this is a scenario where the incentive needs to
- 13 be substantive enough to align with the right behavior.
- But in this particular case, a readmission, or an
- 15 admission to a hospital would not reduce the home health
- 16 revenues. So I wasn't quite sure I understood, even if
- 17 their margins are large, why even the smallest incentive
- 18 wouldn't reward a focus on reducing hospitalizations. I
- 19 don't know if I worded that correctly, but --
- 20 MR. CHRISTMAN: Okay. So it is true that when a
- 21 patient goes to the hospital, it doesn't somehow
- 22 automatically increase the payment to the home health

- 1 agency, and so that's true. I guess one concern we've had
- 2 is if a patient going to the hospital results in the patient
- 3 remaining on home health care longer, when they come back
- 4 from the hospital they require more than they might have
- 5 otherwise had if the hospitalization had been avoided, they
- 6 will use additional 60-day episodes. So that's, I think,
- 7 one piece. But I don't think I was tracking on your whole
- 8 question.
- 9 DR. SAMITT: No, I just -- I didn't get the sense
- 10 that we needed to achieve a certain minimum size of penalty
- 11 the same way that would be important on a hospital
- 12 readmission incentive.
- MR. CHRISTMAN: I guess there's always some
- 14 judgment in this question. To give you an idea of
- 15 perspective, what we're talking about, the maximum penalty
- 16 under this illustrative policy would be an average of
- somewhere around \$140 to \$150 on a typical home health
- 18 episode payment. You can imagine that a -- the last time I
- 19 checked, an average hospitalization clocked in at around
- 20 \$9,000. So the size of the penalty that some agencies would
- 21 bear, the maximum size, will be relatively small to the cost
- 22 the Medicare program incurs when that patient is

- 1 hospitalized.
- 2 MR. HACKBARTH: Evan, I thought one of the points
- 3 was that if you look at the magnitude of the penalty in the
- 4 context of the magnitude of the margins, that also may
- 5 influence how strong the incentive is. Did I understand
- 6 that point --
- 7 MR. CHRISTMAN: Right. So we've put out
- 8 five percent as an example. In 2010, the margins were about
- 9 18 percent. So you can see that that's a little less than a
- 10 third of the average agency. For the agencies in the top 25
- 11 percent of financial performance, the 75th percentile was
- 12 somewhere around 27 percent, so a quarter of agencies do
- 13 better than that. So that's kind of a little bit of the
- 14 challenge here and I think we were perhaps cheating a little
- 15 bit higher on the range of penalty we were suggesting. You
- 16 know, if you were to look at the providers at the high end
- of performance, some might want a higher penalty amount.
- 18 MR. HACKBARTH: Clarifying questions. Jack.
- DR. HOADLEY: Yes. I wanted to ask about -- you
- 20 only alluded briefly in the presentation, but you had more
- 21 in the paper about the reporting requirements and the gaps
- 22 in how much they report and I just wanted to get a little

- 1 better sense of -- it's a bonus system, as I understand it.
- 2 So they're not required to report patient assessment, or how
- 3 does that work? Can you just walk through a little bit of
- 4 how that works?
- 5 MR. CHRISTMAN: Sure. The Deficit Reduction Act
- 6 established a paper reporting requirement in home health.
- 7 In order to receive the full payment update in a given
- 8 payment year, they're required to report quality
- 9 information, which in the case of home health takes the form
- 10 of them reporting the patient assessment information they
- 11 report in this tool called the OASIS. And so, in theory,
- 12 they're supposed to be reporting this information for all
- 13 the patients they serve because it's how -- for those of you
- 14 familiar with MDS in the SNF setting, it's kind of the same
- 15 situation where they want to track quality of care.
- In practice, the way CMS has implemented this is
- 17 in a given year, an agency has to submit one patient
- 18 assessment to get the full update, and so the IG did a
- 19 report that they published in the spring and it found that
- 20 the vast majority of agencies were missing at least some
- 21 OASIS information and some agencies were missing a lot.
- 22 From a practical perspective, this matters to us

- 1 for two reasons, because -- well, two spins on one reason.
- 2 The OASIS is the only source of patient functional data the
- 3 Medicare program has. So if you want to track things like
- 4 functional improvement or functional decline, we need it.
- 5 And it is also a gold mine for doing risk adjustment when
- 6 you want to build either a case mix system or a
- 7 hospitalization measure. So the integrity of that
- 8 information and what's happening to the patients they're not
- 9 reporting on is important, and one of the things the
- 10 Commission could consider is advising Congress or the
- 11 Secretary to bump up that requirement so that agencies are
- 12 submitting complete information.
- MR. HACKBARTH: It --
- DR. HOADLEY: I was just going to say, are there
- some agencies that don't report at all?
- MR. CHRISTMAN: Very -- my understanding is it's
- 17 very, very few.
- DR. HOADLEY: Okay.
- 19 MR. CHRISTMAN: And when you consider the cost-
- 20 benefit trade-off there, it's, you know --
- DR. HOADLEY: Right.
- 22 MR. CHRISTMAN: -- it's worth their time to submit

- 1 one.
- 2 MR. HACKBARTH: Yes, if you can get away with one.
- 3 Any idea, Evan, why CMS made the threshold so low
- 4 to qualify for --
- 5 MR. CHRISTMAN: I haven't gotten a good answer on
- 6 that. They're certainly aware of this problem, but I
- 7 haven't gotten a good answer as to why they haven't raised
- 8 it. The OASIS information is collected through a completely
- 9 different set of information systems. It's not tied
- 10 directly to the payment systems and they're just sort of
- 11 crossing the threshold of saying, we've always required this
- 12 to happen over on the OASIS side. Now maybe we should tie
- 13 it to payment and make sure that we only make payments to
- 14 agencies that are meeting all of these requirements.
- 15 MR. HACKBARTH: Okay. Cori, clarifying questions,
- 16 Kate.
- 17 DR. BAICKER: So there was a lot of suggestive
- 18 evidence in the variation in hospitalization rates and in
- 19 some of the correlates, and in the paper you got into some
- 20 of the evidence that we have of two further steps that I
- 21 think we'd want to know. One, does the home health agency's
- 22 practice actually cause a difference in the hospitalization

- 1 rates, and then, second, are there specific things that we
- 2 think that they should be able to do to lower those
- 3 hospitalization rates. And it seemed from my trying to read
- 4 between the lines of the evidence presented that there was
- 5 some suggestive evidence from not so well controlled
- 6 studies, but that the only studies that were actually
- 7 randomly assigned and really worked carefully at the causal
- 8 inference didn't seem to show the causal connection.
- 9 So I guess my question is, what is your reading of
- 10 the evidence of those causal pathways that seem like a
- 11 necessary prerequisite for incentives to have any effect
- 12 downstream?
- MR. CHRISTMAN: So your point is taken in the
- 14 sense that -- and I think Mary can probably talk to this
- 15 point better than I can -- but there haven't been too many
- 16 randomized studies with looking at interventions. I think
- 17 what there is a sense of is that there is a gap between what
- 18 people have identified as best practices and what agencies
- 19 are doing. I think there are a lot of -- some folks in the
- 20 industry who feel very strongly that there are a number of
- 21 things that aren't being done, and there are some limited
- 22 experiments where people have achieved positive results

- 1 through simple things like feedback. The interesting thing
- 2 is that a lot of these strategies involve -- the bigger
- 3 problems are organizational change and not infrastructure
- 4 investments, like how you time services in an episode and
- 5 the protocols you use, do you take the time to educate
- 6 caregivers, things like that.
- 7 So I think there's a couple of things that folks
- 8 might point to, some limited evidence for things like tele-
- 9 health and advanced practice nurses and beneficiary coaches,
- 10 that people have done some of the more rigorous studies of.
- 11 But I think that, more, there's a sense of there's some best
- 12 practices out there that haven't been fully applied.
- DR. NAYLOR: Well, we did a systematic review of
- 14 the body of evidence and the work, as Evan has suggested,
- 15 focused just on randomized clinical trials, showed that
- 16 there is an opportunity to improve the care and outcomes.
- 17 But it is, for many, limited -- not limited, meaning it's
- 18 something that spans hospital to home. So it's not just
- 19 home care. It's care of people over the continuum. It's
- 20 targeted to high-risk individuals. It includes some of the
- 21 strategies that Evan has talked about. And it is limited in
- 22 the review to people receiving home care as post-acute care,

- 1 which we have a fairly substantial number of people who are
- 2 receiving home care that's not part of a post-acute service.
- 3 So I think we know actually quite a bit about what to do for
- 4 targeted populations over episodes of illness that span
- 5 hospital to home.
- 6 MR. HACKBARTH: And on that point, I think Evan
- 7 indicated in his presentation one of the reasons for doing
- 8 this is to align home health agencies with hospitals in
- 9 terms of trying to deal with these issues. It often is the
- 10 transition. We want to make sure that hospitals have an
- 11 active, willing partner with both the skilled nursing
- 12 facilities and home health in working on these issues. The
- 13 alternative path, of course, is bundling, and we're pursuing
- 14 that, as well. But short of bundling, this approach of
- 15 aligning the incentives, I think, makes some sense.
- Rita, clarifying questions.
- DR. REDBERG: I wanted to pick up on Jack's
- 18 question on the reporting as my first question. So just to
- 19 drill down a little further, it seems like there's an
- 20 opportunity, keeping in mind our framework of quality,
- 21 obviously, that we need to have quality measures in order to
- 22 look at quality and they obviously need to be reported. It

- 1 is a particular concern, particularly the hospitalization
- 2 rates, if the non-post-acute, following post-acute care,
- 3 essentially, is something happening in home health care
- 4 that's causing hospitalization if they hadn't been coming
- 5 from a hospital. And I'm wondering, are the measures
- 6 publicly reported and is it publicly available and is that
- 7 some additional feedback?
- 8 MR. CHRISTMAN: Sure. You know, that's a great
- 9 set-up, Rita, because next month, you will see those
- 10 measures. The CMS established public reporting for Home
- 11 Health Compare in 2004. They have publicly reported about a
- dozen measures, hospitalizations, ER visits, and then they
- 13 have usually between eight to ten functional measures that
- 14 they report. So those are generally improvements in things
- 15 like ADLs, walking, transferring, things like that. There
- 16 are, gosh, probably about three dozen other measures that
- 17 are also tracked but not -- they're available to gearheads,
- 18 I guess, and they get reported to agencies. The publicly
- 19 reported measures are all NQF approved and have been in
- 20 place for some time. So there's been a lot of work in that
- 21 area.
- DR. MARK MILLER: Also, so you know, Rita, what

- 1 we've also tried to do here is develop measures for each of
- 2 the areas that are more outcome oriented. So, for example,
- 3 in the skilled nursing facility area, also with the
- 4 University of Colorado, I think we've developed measures of
- 5 rehospitalization, discharge to community, that type of
- 6 thing, so that we have our own measures in addition to the
- 7 things that are out there on Medicare Compare, et cetera,
- 8 and this is some of what Evan has been doing, as well.
- 9 MR. BUTLER: So I'm trying to adjust to a kind of
- 10 a new lens on this issue. We've been focused previously
- 11 first on hospital readmissions, and then we've talked a lot
- 12 about post-acute care options and brought in nursing homes
- 13 as part of the readmission kind of issue, and we know that
- 14 home care is a pretty cheap alternative when it can be
- 15 substituted.
- But this starts at a little different place. It
- 17 starts not with readmissions, it starts with admissions,
- 18 period. And I suspect a lot of these admissions are not,
- 19 you know -- I mean, you started your care in the home
- 20 setting. You didn't start in the hospital and get
- 21 discharged. So I'm having a little bit of a hard time
- 22 looking at it through all admissions versus the readmission

- 1 issue.
- 2 And then I'm also not quite clear on the -- if
- 3 there are, in fact, economic incentives. You've addressed
- 4 this a little bit. I mean, there are economic incentives
- 5 for hospitals and nursing homes kind of to pass patients
- 6 back and forth, in a sense. I don't know of any direct
- 7 incentives here economically that would say, it's a good
- 8 thing to have more admissions for a home care program.
- 9 MR. CHRISTMAN: It's true that the Medicare
- 10 payment episode is a 60-day rate and the -- so if the
- 11 patient goes to the hospital during the period, you know,
- 12 for seven days in the middle, and then they come back,
- 13 there's not a new episode payment that generally starts.
- 14 That's the expectation.
- MR. HACKBARTH: Evan, before you leave that point,
- 16 this was going to be one of my questions. What exactly are
- 17 the rules about when a new payment period starts when a
- 18 patient leaves home health care to go to the hospital and
- 19 come back? How big is the window that it still counts in
- 20 the original episode?
- 21 MR. CHRISTMAN: It's always 60 days. So let me
- 22 give you an example.

- 1 MR. HACKBARTH: Okay.
- 2 MR. CHRISTMAN: If the patient is hospitalized and
- 3 comes back on day 35, the agency has two choices. They can
- 4 say, we knew the patient is coming back and we're not going
- 5 to end the original home health episode that started because
- 6 we know they're coming back.
- 7 If, for some reason, perhaps, there is some
- 8 question about whether they'll come back to that agency,
- 9 they could discharge the patient when the patient is
- 10 hospitalized and the agency would get a prorated payment of
- 11 the 60-day payment. So, for example, if they're
- 12 hospitalized on day 30, they'd get half, 30 over 60, of the
- 13 60-day payment. And then if the patient comes back after
- 14 that hospitalization, a new 60-day clock would start.
- So the idea is that the home health agency cannot
- 16 trigger two full 60-day payments within a 60-day period. On
- day one when it starts, they're going to get one payment or
- 18 a prorated share and they won't get a new payment unless
- 19 they either accept a prorated payment for the original
- 20 episode or they hold the patient past 60 days.
- 21 MR. HACKBARTH: So I think I understand that. But
- 22 thinking in terms of the incentives that the agency has, so

- 1 they get a payment for the 60-day period. Once they're
- 2 outside the LUPA period, they're going to get paid for the
- 3 whole episode. If they hospitalize a patient, that means
- 4 they're providing presumably fewer visits than they might
- 5 otherwise, which would increase their profit margin on the
- 6 episode.
- 7 MR. CHRISTMAN: And I think that there's two
- 8 things that kind of mitigate against that --
- 9 MR. HACKBARTH: Okay.
- 10 MR. CHRISTMAN: -- and one is that the absence of
- 11 patients when they're not at home health and they're in the
- 12 hospital is reflected when we build the case mix. So if
- 13 they're not there, in case mix groups, you know, people are
- 14 gone, say, for an average of two or three days when we build
- our case mix groups, we're picking up -- the payments will
- 16 kind of reflect that a patient was not there for a few days.
- 17 The second piece that mitigates --
- DR. MARK MILLER: Evan, but that's not a real time
- 19 adjustment.
- 20 MR. CHRISTMAN: It's not a real time adjustment.
- 21 It's --
- DR. MARK MILLER: Okay. So you're saying that

- 1 when somebody rebalances a late at the national level --
- 2 MR. CHRISTMAN: Right.
- 3 DR. MARK MILLER: -- down the line --
- 4 MR. CHRISTMAN: Right, it --
- 5 DR. MARK MILLER: -- and there's a lot of it going
- 6 within any given category, that might eventually show up.
- 7 But the incentive in front of the person is not a real time
- 8 -- I mean, is --
- 9 MR. CHRISTMAN: It's not a real time incentive,
- 10 right.
- DR. MARK MILLER: Okay. I just want to be clear
- 12 that --
- 13 MR. CHRISTMAN: Right. The second piece that can
- 14 mitigate against that is that home health visits tend to be
- 15 stacked up or more intense when a patient immediately
- 16 reenters the benefit from being at the hospital. The
- 17 patient comes home. They're a little iller [sic]. They
- 18 require a more intense level of services. So you can almost
- 19 see it as a curve as you go out in the weeks. The patients
- 20 get admitted and you start falling off in the visits as time
- 21 goes on, and then if they have a hospitalization, it's like
- 22 a sawtooth pattern. It just pops right back up and they'll

- 1 kind of be right back at the beginning of that cycle. So
- 2 the agency can incur some additional costs.
- 3 DR. MARK MILLER: And the way I think about costs
- 4 is that some of this depends on kind of inside the episode
- 5 where the hospitalization occurs and how long you think it's
- 6 going to be. So if you think it's toward the end of the 60
- 7 days and the person exits to the hospital, that may be that
- 8 last period, you basically are getting paid and not
- 9 providing many services. If it happens right in the middle,
- 10 there's a period that you're not providing any services, and
- 11 you might think, oh, well, this is good, it's a good
- 12 incentive. But if the patient comes back during that
- 13 episode, you may be hit with a higher level of services.
- So, you know, it depends, I think, where it falls
- in the episode as to whether there's a real strong incentive
- 16 or not.
- DR. SAMITT: Is there any sense of real-time
- 18 choices? So what percent of the agencies will pro rate
- 19 versus allow the 60 days to flow through in full in the
- 20 setting of a hospitalization?
- 21 MR. CHRISTMAN: Right, and I will confess to not
- 22 having looked directly at this issue, but it's called a

- 1 partial episode payment when the agency pro rates, and the
- 2 rate of that is relatively low. It's somewhere in the
- 3 single digits. I would have to look at that. But it's a
- 4 less frequent occurrence. We haven't looked at how it's
- 5 related to things like profitability.
- 6 MR. HACKBARTH: As I understood how you described
- 7 the pro rating option, that's totally within the discretion
- 8 of the agency to either discharge and pro rate or let the
- 9 episode run?
- 10 MR. CHRISTMAN: Yes.
- MR. BUTLER: So, anyway, that's a very helpful
- 12 clarification. At a minimum there are certainly no
- incentives to keep the patient home, I would say, if there's
- 14 a patient that's in trouble, nor do you want to
- 15 overincentivize that, either.
- Okay. My other question/comment comes back to the
- 17 thought that you want to have -- you say 18 percent profit
- 18 and, therefore, you have to have the penalty fairly large,
- 19 maybe 5 percent. I don't get that link. Let's say people
- 20 followed through and rebased and had these rates more
- 21 reflective of costs and the margins were now 2 percent.
- 22 Does that mean we would change the penalty and have a

- 1 different amount? I wouldn't think we would link those two.
- 2 MR. CHRISTMAN: You know, I guess the concern, at
- 3 least at the current rate, is it's not clear how much those
- 4 rates are going to come down. But certainly your point is
- 5 taken that we have recommended that. And maybe that's not
- 6 the best linkage to draw.
- 7 I guess one other approach is, you know, again,
- 8 you look at what this costs Medicare when the folks get
- 9 hospitalized, and then it becomes, I think, a more
- 10 subjective discussion about how big of an incentive you want
- 11 to create without, you know, creating problems.
- MR. HACKBARTH: I'm not sure what I think on this
- 13 point. On the one hand, I understand the logic that if
- 14 there's a big cushion in the payment rates, a small penalty
- 15 may not have much of an impact. On the other hand, the
- 16 precedent of saying our penalties are linked to margins
- 17 strikes me as potentially an awkward one that could lead us
- 18 to, if nothing else, a lot of complexity when you start
- 19 thinking about what that means in the context of hospitals,
- 20 where we're reporting negative margins yet have penalty, you
- 21 know, what does the algorithm look like, relates penalty
- 22 size to profit margins.

- DR. CHERNEW: Hospital-specific margin [off
- 2 microphone].
- 3 MR. HACKBARTH: Yeah, right. So we'll think more
- 4 about that.
- DR. NERENZ: My main question, I quess, is
- 6 essentially the same as what Kate asked about what we know
- 7 about the underlying causal paths and the mechanisms through
- 8 which an admission occurs for these patients. Maybe I can
- 9 just elaborate on that a little bit. The question is
- 10 related mainly to a couple points on Slide 4.
- 11 The fact that these admissions can be labeled as
- 12 ambulatory care-sensitive conditions rings a little bit of
- an alarm bell to me that maybe the failures are actually
- 14 literally ambulatory care failures, and that if the service
- 15 area of a home health agency overlaps with an area that has
- 16 some weakness in ambulatory care or primary care, it will
- 17 look like a home health failure, but it's not. And I'm just
- 18 curious what we can know about that.
- 19 The fact that the demonstrations haven't shown
- 20 much effect just, again, it's a little bit of a warning
- 21 signal that the causal mechanisms are not so easy to change
- 22 or improve. So now the question.

- In the analysis, given all the rich resources we
- 2 have with various sort of Dartmouth Atlas things we can
- 3 overlay, have we been able to look at supposedly good or bad
- 4 home health performance and lay it up against things like
- 5 hospital beds per thousand, hospital occupancy rate,
- 6 propensity of primary care physicians to admit? What do we
- 7 know about any of that?
- 8 MR. CHRISTMAN: I think there's probably two
- 9 pieces to your question. You know, one, when we -- we
- 10 haven't looked at it in terms of sort of market factors like
- 11 that, with the hospitalization beds or physician shortage or
- 12 elements like that. I think that, you know, we do see a lot
- of variation across the country. The hospitalization rates
- 14 tend to be higher in the West -- excuse me, lower in the
- 15 West and higher in the South, and that generally lines up,
- 16 frankly, with home health utilization. It's higher in the
- 17 states, frankly, between Texas and Florida. There's
- 18 something about touching the Gulf of Mexico that seems to
- 19 push up utilization.
- The other point I guess I would make is that
- 21 certainly, you know, home health -- it's unique in the sense
- that people will also be being treated by other sources in

- 1 the community, and those will play an important role in the
- 2 outcome. But I think that's contemplated in the design of
- 3 the home health benefit. You know, care coordination is
- 4 something home health agencies are expected to play a role
- 5 in. You know, they may not be able to, frankly, fully
- 6 compensate for deficiencies or problems with other providers
- 7 in the community. But, you know, Medicare doesn't restrict
- 8 access to ambulatory care when someone's in home health for
- 9 most things. They can go to the doctor. It's not like a
- 10 SNF where a lot of things are bundled, for example.
- 11 And so, you know, sort of figuring out how to --
- 12 to folks who kind of are proponents of lowering
- 13 hospitalizations and home health, you know, encouraging
- 14 agencies to figure out how to do that better is one of the
- 15 things that a policy might be intended to do.
- DR. NERENZ: Just to make sure my question's
- 17 clear, I'm not presuming any restriction in the home health
- 18 benefit arena, say, on access to care. I'm just observing
- 19 that if there are just high propensity to admit in the
- 20 community, that is not -- the home health agency may not be
- 21 able to control or prevent that, regardless of whatever else
- 22 good or bad they're doing on their own.

- 1 MR. CHRISTMAN: I guess, you know, there's been
- 2 some discussion of anecdotal policies to get exactly at that
- 3 kind of situation. And, you know, it sort of relates to,
- 4 you know, at a micro level, care practices. And working
- 5 with beneficiaries to say, you know, if you're not doing
- 6 well, call us before you go to the hospital, call us before
- 7 you call your doctor in some instances. You know, these are
- 8 agencies doing things like after hours and weekend coverage
- 9 and things like that. There may be much more afoot than
- 10 simply that, but I think there is a sense that, you know,
- 11 there are some things agencies could do to deal with the
- 12 kinds of situations you're talking about.
- DR. MARK MILLER: The other thing I'll mention
- 14 just in terms of other work that's gone on -- and I can't
- 15 remember whether you were here for it -- we also had a
- 16 session on potentially preventable ER and potentially
- 17 preventable admissions, and we're trying to kind of work
- 18 some measurement up on that, which gets, I think, to at
- 19 least one portion of your question, which is if you knew
- 20 that by market, how does this compare? And so we're trying
- 21 to work something up on that.
- 22 And then just to reinforce the Dartmouth part of

- 1 your question and his answer, the Dartmouth variation, you
- 2 know, our work -- and we can give you this; this is before
- 3 your time as well -- suggested that a lot of that is
- 4 explained by post-acute variation, and that what you see in
- 5 home health very much follows the Dartmouth pattern, in
- 6 fact, explains a lot of what's going on, not just home
- 7 health but post-acute care in general.
- B DR. NERENZ: And not to belabor the point, do we
- 9 know in that relationship analysis which is chicken and
- 10 which is egg? Or do you know what the drives the other?
- DR. MARK MILLER: Do you know? [off microphone]
- [No response.]
- MR. GEORGE MILLER: Yeah, this is a certainly
- 14 fascinating discussion and information. The chapter was
- 15 very good to read. I guess I want to turn to Slide 7
- 16 because I agreed with Craig's comments, Kate's comments, and
- 17 Peter's and David's comments concerning the effect. I guess
- 18 my question is: Are we attacking the right problem with
- 19 Peter's comments about the margins and tying a penalty to a
- 20 margin? If the margins were 2 percent, would we have a
- 21 penalty of 5 percent? I think that's a very good question
- 22 for us to ask. But on Slide 7, how much of this information

- 1 do we know about the demographics of each one of the group,
- 2 particularly dual eligibles or inner-city folks? Is there
- 3 demographic information to tease this out? And does that
- 4 explain --
- 5 MR. CHRISTMAN: This slide gets at at least some
- 6 piece of that. The fourth line down looks at the share of
- 7 an agency's stays provided to Medicaid patients, and it's
- 8 not terribly different. You know, the agencies, again, who
- 9 tend to do worse tend to be in a handful of regions and tend
- 10 to be rural.
- 11 The demographic split, I'm sure we have it. I
- 12 haven't looked at it. But, you know, that's sort of what we
- 13 know about the lower performers.
- MR. GEORGE MILLER: But as I will preempt Tom in
- 15 that there are some areas in rural areas that have very low
- 16 margins, and if the goal -- if the penalty would be on a
- 17 low-margin facility, I'm not clear how this would affect it.
- 18 I would think that the goal here is to incentivize better
- 19 care coordination and better quality. While I wouldn't
- 20 disagree that looking at hospitalization rates would not be
- 21 a catalyst for improvement, I'm wondering if that's the best
- 22 catalyst for improvement in light of what's already been

- 1 said, particularly around the penalty and the margins issue.
- 2 It's more of a comment than it is a question.
- 3 MR. GRADISON: Yeah, I'm just trying to think
- 4 through your response, your excellent response to Rita's
- 5 question. Let's assume I'm a discharge planner for a large
- 6 urban hospital. I have a patient who has been hospitalized
- 7 for COPD. Would I be able to get facility-specific data on
- 8 home health agencies in my region on a condition-specific
- 9 basis to help me make a judgment the best place to try to
- 10 steer that person in order to reduce the chances of a
- 11 readmission?
- 12 MR. CHRISTMAN: You know, the short answer is
- 13 right now Medicare doesn't provide that information. It's
- 14 certainly possible that a home health agency could engage
- 15 somebody to develop that kind of rate. What Medicare
- 16 reports now is, you know, a rate that covers all conditions,
- 17 with certain exclusions for things that aren't preventable.
- 18 But, you know, they don't focus on the 30-day period the
- 19 hospitals are going to be focused on.
- There's been some discussion about, you know,
- 21 going down that path, but I think folks are still -- you
- 22 know, a lot of these pieces are moving around. But

- 1 Medicare, you know, isn't currently doing that.
- MR. GRADISON: Well, then, for a high-volume
- 3 hospital, they could over time begin to develop their own
- 4 experience based upon where discharges -- where those who
- 5 are discharged were before they were readmitted and form
- 6 some rough judgments of their own, but they couldn't do it
- 7 from currently available or anticipated-to-be available CMS
- 8 data, right?
- 9 MR. CHRISTMAN: Right.
- MR. GRADISON: Thank you.
- DR. MARK MILLER: But, Evan, on Medicare Compare,
- 12 there's a general hospitalization rate. So it's not
- 13 condition specific, but there is a general hospitalization -
- 14 so there's a rudimentary indicator there. Whether the
- 15 discharge planners pay attention to it, different question.
- MR. GRADISON: Frankly, I would expect they would
- 17 begin to, if they haven't already, in these high-volume
- 18 cases to avoid the penalty, and the data could be built in,
- 19 particularly if they're going to an electronic system. So
- 20 that, you know, over time they might have enough volume. It
- 21 may be a rough judgment. It may even be an unfair judgment.
- 22 But it may be better than using no data at all.

- DR. DEAN: On the slide that's up there,
- 2 especially the first line, those are risk-adjusted numbers?
- 3 MR. CHRISTMAN: Yes.
- DR. DEAN: And I guess my question is: How good
- 5 do we think the risk adjustment is? I guess the concern
- 6 would be that unless it's pretty reliable, one unintended
- 7 consequence might well be that you'll have agencies just
- 8 simply saying I don't want this patient because they're a
- 9 bad risk. Has that been talked about?
- 10 MR. CHRISTMAN: Right, and we talk about this, I
- 11 think, a little bit in the paper. You know, people have
- 12 been building models around the OASIS for many years. You
- 13 know, this is sort of a dichotomous outcome model. You
- 14 know, it's commonly reported using a C statistic. You know,
- 15 this one came out in the range of previous models that have
- 16 used this data on some alternative measures. This measure
- 17 was -- you know, explained roughly 15 percent of the
- 18 variation in hospitalization risk.
- I think, you know, part of the challenge is how
- 20 much of this is related to patient characteristics. You
- 21 know, you look at a lot of systems, 15 percent is a pretty
- 22 good predictive rate for some things. The MA risk

- 1 adjustment, as I recall, comes in at around 10 or 11
- 2 percent, for example.
- 3 DR. DEAN: Really?
- 4 MR. CHRISTMAN: So I think this one performs
- 5 pretty well. The conversations I've had with the industry
- 6 suggest they're focused more on the rate and doing better
- 7 and not -- you know, I haven't heard any direct concerns
- 8 about the quality of the risk adjustment and whether that's
- 9 treating them unfairly.
- 10 You know, the policy we're talking about has a
- 11 couple of safeguards that, you know, when we've proposed
- 12 potentially preventable conditions, so that softens it a
- 13 little bit.
- DR. DEAN: That would be separate from that risk
- 15 adjustment, you're saying.
- MR. CHRISTMAN: Right, right.
- DR. DEAN: Okay.
- MR. CHRISTMAN: So there are some bumpers in there
- 19 that, you know, I think the risk adjustment doesn't have to
- 20 be perfect to kind of protect agencies.
- 21 DR. DEAN: What percentage -- and I think this is
- 22 probably in the paper and I just don't recall. What

- 1 percentage of admissions to home health are post-acute as
- 2 opposed to directly from the community? And I'm sure that
- 3 probably varies a lot across the country.
- 4 MR. CHRISTMAN: So on the basis of the 60-day
- 5 payment episode, about 30 to 35 percent of those 60-day
- 6 episodes are preceded by a hospitalization or an
- 7 institutional PAC stay.
- B DR. DEAN: So it's a minority then.
- 9 MR. CHRISTMAN: Right, right.
- DR. DEAN: I guess I didn't realize that.
- 11 MR. CHRISTMAN: You know, the trick is that -- or
- 12 the thing to understand is that the rate of hospital-
- 13 admitted patients initially, where they first come from when
- 14 they begin like a long spell, that's higher for the
- 15 hospitalization piece. But as you look at just the payment
- 16 episodes, there's a lot of people who get admitted from the
- 17 hospital and then go on to have a lot of extra episodes.
- DR. DEAN: I see.
- 19 DR. HALL: As long as we have Slide 8 up there, I
- 20 guess I'm intrigued by the 81 percent in the Southwest
- 21 region. Is it possible to break that down with and without
- 22 Texas?

- 1 MR. CHRISTMAN: We could. I would suggest that
- 2 Louisiana and Oklahoma are mighty contributors.
- 3 DR. HALL: They are. All right. Thank you. I'll
- 4 leave that alone t health inequities.
- I have kind of a semantic issue here. In this
- 6 slide, for example, we use the term "longer home health
- 7 stays," and throughout the narrative we use "length of stay"
- 8 quite a bit. I find this a foreign concept to me because
- 9 length of stay is so integrally attached to acute care in
- 10 the hospital. If you ask most health care providers what
- 11 does length of stay mean, they wouldn't even think of any
- 12 other venue other than acute hospitalization. And I wonder
- 13 if there's a better way of putting this together. It reads
- 14 to me like someone who was writing this when English wasn't
- 15 their primary language. And maybe some of the other
- 16 physicians might want to comment on that, but I had a little
- 17 bit of problem with that. Maybe it's just minor. Maybe
- 18 it's just me.
- 19 MR. KUHN: Evan, a couple of comments or
- 20 questions. In the paper, you talked a little bit about some
- 21 program integrity issues, and particularly the fact that
- there are some agencies that seem to be able to manipulate

- 1 the OASIS data and talked a little bit about kind of the
- 2 risk assessment, you know, the risk assessment of the
- 3 patient and that activity. So I guess when I think about
- 4 the size and the order of magnitude that we're talking
- 5 about, the penalty, how much of this is really related to
- 6 performance of the whole issue of hospitalizations,
- 7 performance either by some of those agencies in that one
- 8 column versus perhaps program integrity issues? How much of
- 9 it is kind of quality performance versus program integrity?
- 10 Do you understand my question?
- 11 MR. CHRISTMAN: I think. I mean, I quess, you
- 12 know, the concern is that it's easy for us to spot
- 13 suspicious patterns of utilization. It's much harder for us
- 14 to sort of draw a clear line and say, well, this is probably
- 15 some, you know, malfeasance of some sort.
- You know, the areas we see high hospitalization
- 17 rates include areas that have had some program integrity
- 18 concerns -- you know, Texas and Oklahoma. But it's not
- 19 always -- you know, it's sort of pervasive, and it's hard
- 20 for us to say, well, is this people using home health
- 21 differently in more of a long-term care model, that's why we
- 22 see these longer stays? Or is this people gaming the

- 1 system? That's a much harder determination for us to make.
- 2 You know, I think that one thing we can see is
- 3 that if you pulled out those higher utilization areas, the
- 4 higher home health utilization areas, what remains is lower
- 5 hospitalization rates. And it seems like, you know,
- 6 something unusual is happening in the areas we would expect.
- 7 MR. KUHN: So I guess one would think that as we
- 8 continue to move forward on this work, it would be more than
- 9 just a payment penalty, but presumably some additional
- 10 program integrity recommendations --
- MR. CHRISTMAN: Right. I think, you know, that --
- 12 and CMS is proceeding down this path. One of the things
- 13 they're doing is they will start to cross-check whether a
- 14 claim has a matching OASIS, and that's, you know, a start.
- 15 But obviously we've made recommendations in other areas, and
- 16 as you're aware, they have other tools for going after the
- 17 fraudulent actors.
- 18 MR. KUHN: The other thing I was curious about is
- 19 we continue to move forward, I mean, ultimately the goal is
- 20 to try to get to bundles, payment bundles, where I think a
- 21 lot of these issues get addressed, I think, more
- 22 effectively. So is there a way that we can begin to kind of

- 1 do some alignment where we can look at regionally across the
- 2 country those areas that -- you know, again, I'm mixing
- 3 hospitalizations versus readmissions, but those that have
- 4 high readmission rates with hospitals or low readmission
- 5 rates, the same thing with SNFs and then the same thing with
- 6 home health, so we could kind of see some patterns here,
- 7 because as we know from our work on the rural report, what
- 8 we found is that if you had higher utilization in urban
- 9 areas, you also had it in the rural areas.
- 10 Are we seeing it across all those settings? And
- if we had that kind of information, ultimately that might be
- 12 helpful as we continue to think about bundling opportunities
- 13 as we go forward? So just something maybe to look at it a
- 14 little bit differently.
- DR. MARK MILLER: I just want to put a marker down
- 16 for us on the staff, because I'm taking a couple things from
- 17 that comment and some of the earlier ones, trying to look,
- 18 you know, more broadly at how this relates to the rest of
- 19 the market around it and, you know, we can do that.
- 20 But the other thing I think we should start
- 21 thinking about is reporting the data both with and without
- 22 the aberrant states so you can sort of see, to your point --

- 1 that's not program integrity per se, but at least you have a
- 2 sense of the impact of the very high utilization states and
- 3 how much it's influencing the numbers. Just as a matter of
- 4 course to keep that in front of people.
- DR. COOMBS: So I have a lot of questions, and
- 6 just to start with, it seems like there's two different
- 7 things we're trying to deal with. One is looking at margins
- 8 of home health care, and the other is actually looking at
- 9 just the entity in terms of what happens and throughput in
- 10 terms of, you know, the admission rate. And I think that
- 11 logically for us to deal with one versus the other at the
- 12 same time in the same venue is kind of difficult. So that's
- 13 part of the issue.
- 14 The first thing, you know, David brought up, which
- is very interesting, the diagnosis of respiratory infection
- 16 -- and I have a personal connection with that -- and
- 17 patients with COPD for a health agent to, you know, a
- 18 caretaker to say, "I need to admit this patient," I think
- 19 the threshold might be very varying depending on what agency
- 20 it is. So, first of all, I'd like to say that, you know,
- 21 being an ICU doctor, those patients with COPD who get
- 22 admitted earlier, you can have interventions that actually

- 1 drive the cost of care down tremendously. I might put
- 2 someone on a BiPAP rather than intubate them, and intubating
- 3 them is a cost driver that drives your budget right out the
- 4 wall, so for someone to have a lower threshold with an
- 5 emphysematous patient. So I'm really interested in the
- 6 respirator infection piece of this.
- 7 Congestive heart failure is a different animal
- 8 because we know that they can be managed quite easily as
- 9 outpatients, but the driving diagnosis that was written in
- 10 the paper -- you did a lovely job writing this paper as well
- 11 -- is infections and COPD. And then the other one is UTIs,
- 12 and a lot of these patients will have chronic indwelling
- 13 catheters, and if they develop early signs of bacteremia and
- 14 sepsis secondary to their urinary tract infection, it
- 15 probably is a good idea to get them in early, too.
- On the other side, if I have a patient who's in
- 17 septic shock from urinary tract infections and we got them
- 18 early enough, there's a way in which you could probably, you
- 19 know, institute antibiotics within six hours, and you can
- 20 circumvent a lot.
- 21 So I'm ambivalent about how we approach home
- 22 health care in the sense that you can actually have greater

- 1 cost savings by them being interventionalist early on and
- 2 admitting those patients. So, you know, that piece of us
- 3 getting our arms around at what threshold they're actually
- 4 sending that patient to the hospital is really huge. And so
- 5 those diagnoses by themselves lend themselves to a lot of
- 6 perturbations.
- 7 So the other thing I was wondering is that if we
- 8 were to talk about penalties, as an accountable care
- 9 organization, you can get your Cadillac version, you know,
- 10 Geisinger Clinic, people will take any version, I would like
- 11 for us to kind of walk ourselves through what the penalty
- 12 would look like for a highly integrated system, if you will,
- 13 and you may or may not kind of have this information, versus
- 14 a very uncoordinated system in an urban area and
- 15 implementing penalties. And I think a lot of people have
- 16 kind of alluded to it around the table. What does the
- 17 penalty do to the behavior?
- I would argue that what we're trying to get at,
- 19 maybe this penalty isn't really doing what you want it to
- 20 do, and those are the few questions I had specifically
- 21 around the accountable care organization. And I agree with
- 22 the notion that, you know, in an integrated health care

- 1 delivery system, that is the best product that we could
- 2 possibly have, that this would work well because there would
- 3 be feedback and influence from the many bodies within the
- 4 integrated health care delivery systems that said your
- 5 report card in this area is failing, what can we do?
- And then the last question is: Have we looked at
- 7 this whole notion of navigators in any of the systems for
- 8 which we have the worst performers in?
- 9 MR. CHRISTMAN: I guess there's a few points I
- 10 would make, and sort of starting with your point that some
- of these things, an early hospitalization might be
- 12 appropriate. I think the way we've envisioned this
- 13 certainly is that the target hospitalization rate is
- 14 certainly not zero.
- To give you an example, under the thing, the
- 16 example we've put up here, hospitals with -- excuse me, home
- 17 health agencies with 28 percent hospitalization rates
- 18 wouldn't have a penalty. So there is an expectation that
- 19 some are going to go. But I certainly appreciate your
- 20 concern that for some agencies and some patients, there
- 21 might be some problems with not all ambulatory care
- 22 sensitive conditions may be preventable or appropriately

- 1 avoided.
- 2 In terms of how this penalty ties in with more
- 3 integrated systems of care, like an ACO, I'll admit that
- 4 that's not one we've -- I've thought about. This is running
- 5 -- we think of this as being on traditional fee-for-service.
- 6 Certainly, under a more integrated system, using the
- 7 flexibilities for the various demonstrations in law, they
- 8 might go to different sets of incentives within their
- 9 integrated system.
- 10 And then, again, the design of the penalty, I
- 11 guess, in part, that's picking up on sort of the -- we have
- 12 a penalty in place for hospitals and some sense of
- 13 alignment, sort of picking up on that example. That's sort
- of -- it's also similar to the way we thought about the
- 15 skilled nursing facility policy.
- DR. NAYLOR: Thanks, Evan, for great work that
- 17 stimulated a lot of questions. Slide 7, I was wondering if
- 18 you took a look at the tenth and 90th percentile in terms of
- 19 variations in risk adjusted hospitalization based on the 30
- 20 to 35 percent for whom this is a post-acute visit following
- 21 an indexed hospitalization versus the 65 to 70 percent, and
- 22 I appreciate the track that you describe people on who are

- 1 using this home health agency for community services. I
- 2 don't know if you want me to give you my questions.
- 3 And then the second had to do with a table in the
- 4 paper on page 17, Table 6, which looked at rates of
- 5 hospitalization at 30 days by length of hospital stay. So -
- 6 and that's to Bill's comment. But at one week, over a
- 7 quarter -- it looks to me, as I'm reading this, that the
- 8 share of stay -- about a quarter of the beneficiaries have a
- 9 one-week share of stay and a rehospitalization rate of 46
- 10 percent. And so I'm wondering, again, how that would break
- 11 out if you were to separate these two groups. And,
- 12 secondly, does it suggest -- if a lot of this is post-acute
- 13 care, does it suggest accountability maybe for the hospital
- 14 during the first seven days post-discharge and/or a need for
- 15 a dose intervention in order to effect the changes that you
- 16 see later.
- MR. CHRISTMAN: Okay. So there's, I think, two
- 18 pieces to your question, and one is just sort of what is the
- 19 post-acute and community-based split. And in general, when
- 20 we've looked at that, the post-acute rate, it's been a
- 21 little lower, but, frankly, it's been a while since I looked
- 22 at that split and so we should get back to you on that.

- 1 The second piece is about Table 6, and what this
- 2 table shows is it shows the hospitalization rates for sort
- 3 of different lengths of stay. And you can kind of imagine a
- 4 U-shaped curve where the frequency of hospitalization is
- 5 relatively high early in a stay, say, the first four weeks,
- 6 and then it goes down as length of stay increases. And then
- 7 it starts to go back up again around the 30- or 60-day mark.
- 8 And I think the theory here is that it peaks early in a stay
- 9 because of the issues Mary alluded to, the notion of
- 10 somebody transitioning to the home, and I don't -- we
- 11 haven't looked at that by the post-acute community care
- 12 split, but I think the concerns about the high rates of
- 13 hospitalization are sort of two things: How much of it is
- on the hospital and how much of it is on the home health
- 15 agency for those post-acute care episodes.
- And I hear your concern that on one part,
- 17 certainly some of this is the hospital. I think another
- 18 piece of that high rate early in the stay is agencies making
- 19 careful decisions about who they can really serve and who
- 20 they can admit. So we certainly see -- I think the agency
- 21 can play a role in that, too. But we can look at that split
- 22 and see how that curve changes for post-acute care versus

- 1 community episodes.
- DR. NAYLOR: I think the literature on you need a
- 3 dose of an intervention to see an effect may also be helpful
- 4 in helping us to interpret that, as well. Thanks.
- 5 DR. CHERNEW: Several questions have focused on
- 6 how this relates to bundled payment things, and I just have
- 7 a quick question about that. Do the current ACO rules count
- 8 home health visits towards assignment? In other words, if
- 9 you have a -- if you are in home health and that home health
- 10 care agency is not part of the ACO, would those visits
- 11 assign you away from the ACO? Conversely, if the ACO owned
- 12 the home health agency, would you get into the ACO, in part
- 13 because of those?
- DR. MARK MILLER: [Off microphone.]
- 15 DR. CHERNEW: So the home health visits don't
- 16 count?
- DR. MARK MILLER: [Off microphone.] I don't think
- 18 so, no.
- 19 MR. HACKBARTH: Does somebody want to verify that?
- MR. CHRISTMAN: Somebody just told me it's all
- 21 primary care visits.
- MR. GLASS: [Off microphone.]

- 1 MR. CHRISTMAN: It's primary care.
- DR. SAMITT: So home health, the plurality of
- 3 primary care visits doesn't count --
- DR. CHERNEW: No, but my question was, home health
- 5 doesn't count as a primary care visit, then. Okay. That
- 6 was my question.
- 7 MR. HACKBARTH: Okay. Is that the only one?
- 8 So I'm going to kick off round two here. Dave and
- 9 Alice both raised points that I think are really important
- 10 and not easy to answer, but -- so don't expect at the end
- 11 clarity on this. But I do have a couple thoughts.
- So Dave's point, or one of his points was your
- 13 rate, if you are a home health agency, could be affected by
- 14 your environment in which you operate, and I think we all
- 15 agree that that can be true. And one of Alice's points was
- 16 that, in some cases, an early admission is not only good for
- 17 the patient, it can also save money. And so to treat all
- 18 admissions as they're potentially negative is really not
- 19 quite right, either. And I think both of those points are
- 20 valid.
- 21 Ultimately, if I could design the world, what I
- 22 would have is that integrated delivery system that we refer

- 1 to so often and not have decisions driven by separate
- 2 payment systems, have global capitation and then have
- 3 clinicians making decisions about when the early admission
- 4 may be a good thing and help the patient and save money.
- 5 Also, if you have that, you might also have a little bit
- 6 more control over your environment because you've got all
- 7 the pieces assembled together. You're not working in the
- 8 fragmented, potentially incoherent environment. And so I
- 9 suspect that there is a lot of agreement among us about what
- 10 a better world might look like.
- Of course, the challenge that we face is we don't
- 12 live in that world, and part of the task for us and for the
- 13 Medicare program and for the Congress is to map a path to
- 14 get from where we are to where we should be.
- 15 If we allow a fragmented fee-for-service
- 16 environment to continue to exist with basically little
- 17 accountability, if you make that world financially viable
- 18 and you don't apply pressure to it, we probably will not get
- 19 to the integrated globally capitated world that we seek.
- 20 And so a consistent theme of ours over years now has been,
- 21 if we want to get to that new world, we have to apply
- 22 pressure on the fragmented fee-for-service silo-based

- 1 payment world to create an impetus for people to say, well,
- 2 I don't like my environment. Maybe I ought to be part of a
- 3 system where there's more control, more coherence in the
- 4 environment. Or this environment's not creating the right
- 5 incentive about early hospitalization of that patient.
- 6 Maybe we ought to be in a system where those incentives are
- 7 better.
- 8 So, strategically, we need to apply pressure to
- 9 the fragmented silo-based payment system to get people to
- 10 think, hey, maybe there's a better way and I want to be part
- of the better way as opposed to continuing to persist in the
- 12 old way. Now, that's not to say that this particular
- 13 pressure point is the right one, but I just wanted, since
- 14 both Alice and Dave are new Commissioners, I just sort of --
- 15 this is a theme that we've been working on and I just wanted
- 16 to make sure that you understood the context in which we
- 17 sometimes evaluate these interventions in the silo-based
- 18 payment systems.
- 19 DR. CHERNEW: That leads exactly into the
- 20 questions that I have, and I agree with that completely in
- 21 the theme of my second round comments. Really, I have two
- 22 relatively small method points, but relate to whether or not

- 1 this particular type of approach pushes us towards that
- 2 world or not.
- 3 So I have several concerns, some of which have
- 4 been mentioned. I'm concerned about the ability of people
- 5 to manipulate the coding in the risk adjustment and the risk
- 6 adjustment matters a lot. So even if it looks stable when
- 7 it wasn't counting for money, as soon as you make it count
- 8 for money, you change the way in which some of the coding
- 9 goes and I'm worried about that.
- 10 I'm worried about it discouraging agencies taking
- 11 on potentially high-risk folks and discouraging
- 12 hospitalizations that we think might be appropriate
- 13 hospitalizations.
- And perhaps more broadly than all of those general
- 15 concerns is I'm concerned that trying to get this all right
- 16 and work through all these nuances becomes a big distraction
- 17 for energy that might be otherwise spent by the time we get
- 18 the size of the bonus right and worrying about some of the
- 19 other issues.
- 20 So those are my main concerns. And I guess the
- 21 one thing I would like to know relates to what Kate asked in
- 22 her clarifying question and others picked up on, is sort of

- 1 how much is this really attributable to things that the home
- 2 health agency does and how much might just be random
- 3 variation. So, for example, I would like to see -- and you
- 4 asked, Evan, what else empirically we might like to see --
- 5 is how stable are these rates over time in a given agency?
- 6 If you're looking bad on this chart over one period, do you
- 7 look bad over another period? And do you look poor relative
- 8 to other people in your area, or do you just happen to look
- 9 bad because in your particular area people don't do well or
- 10 you have a particular other type of demographic that we
- 11 couldn't adjust for?
- 12 So those are my concerns. I think that we seldom
- 13 get to see a policy which is ideal, and conceptually,
- 14 actually, I agree with holding providers in general
- 15 responsible for the financial and clinical results
- 16 associated with patients. I'm just not yet convinced that
- 17 the home health agency is the right one for people in home
- 18 health care, but I could be convinced. And I think the
- 19 spirit behind it, I'm sympathetic to. I just worry about
- 20 some of the particulars.
- 21 MR. ARMSTRONG: So first, I'd just start by
- 22 saying, Glenn, your comments were right on and, frankly, I

- 1 consider them to be kind of a pep talk because I was
- 2 beginning to wonder, I think inside your comments, Mike, you
- 3 know, how much of our attention do we dilute to trying to --
- 4 it's kind of like Whack-A-Mole, to try to fix this issue
- 5 here knowing some other issue is going to pop up somewhere
- 6 else.
- 7 I do -- I would say so much of what we're dealing
- 8 with is in a fee-for-service defined payment structure. To
- 9 the degree that one antidote is to, frankly, accelerate our
- 10 pace of investing in real bundling or more bundling
- 11 proposals, the extension of ACOs to include some of these
- 12 services, the migration of patients to MA plans, I would
- 13 just say, let's remember that those are important agendas
- 14 for us every time we feel frustrated by some of the concerns
- 15 that we're raising around this particular set of
- 16 recommendations, or at least this direction.
- I support going forward with this. I think the
- 18 only final thing I would make, rather than commenting on a
- 19 variety of concerns about whether this is exactly the right
- lever to pull and whether the outcome we'll get will be
- 21 consistent with what we're trying to do, is that I think, to
- 22 the point Glenn made, we're trying to create pressure on a

- 1 system that's just not working very well, and I would say,
- 2 let's create the pressure even if we don't know everything
- 3 about what the consequence will be, and that acting and
- 4 moving forward is better than getting bogged down in too
- 5 much analysis around these various implications.
- 6 DR. SAMITT: You know, I'm not entirely sure I
- 7 agree with Scott on this one. I think one of the lessons
- 8 that I've learned in kind of redesigning incentives for
- 9 providers over the years is keeping it simple is important.
- 10 And I'm worried about the conflicting nature of independent
- 11 incentives for all of the various parts of the system as
- 12 opposed to sort of an indirect incentive or a balance
- 13 incentive. It feels like we're circling the wagons as
- 14 opposed to creating a more simple, elegant solution. And
- 15 what I mean by that is, you know, this incentive is
- 16 compatible with other incentives we've talked about, so the
- 17 post-acute care incentive, the avoidance of readmission
- 18 incentive, the potentially preventable admissions and
- 19 potentially preventable visits. So I wonder whether it's
- 20 best for Medicare to create this incentive or whether we
- 21 have delivery systems create the pressure upstream or
- 22 downstream, depending on how you think of it.

- 1 So we've had experience with this on the
- 2 commercial side to get the attention of home health agencies
- 3 and of SNFs and others. We didn't incent them to practice
- 4 differently. We essentially said, we're going to monitor
- 5 your performance and if your performance isn't high
- 6 performing, we're not going to send you referrals any
- 7 longer, which was the greatest incentive of all to really
- 8 achieve alignment further downstream.
- 9 So I just -- I wonder whether we can improve this
- 10 performance by improving the other incentives we've already
- 11 talked about in prior meetings.
- DR. MARK MILLER: [Off microphone.] Let me just
- 13 make one point that has also -- and maybe this is also for
- 14 some new folks, it's come up in this conversation, and Mike,
- 15 at least, has made this point -- it's really important to
- 16 keep in mind, and maybe your point should be taken as this
- 17 is a different direction that Medicare could go in. You
- 18 have the ability to do that. You can say, I'm not going to
- 19 give you one more referral if you behave this way. All this
- 20 takes place in 75 percent of Medicare, which is, Mike's
- 21 term, wild West fee-for-service, and that limitation is not
- 22 there.

- And so one way to take your comment is perhaps
- 2 that should be a direction that we should be thinking about,
- 3 as well. But just for most people to understand, or for
- 4 everybody to understand, currently, those kinds of
- 5 decisions, Medicare can't make, can't say, you can't go to
- 6 that particular provider, and that's the catch.
- 7 DR. SAMITT: So if Medicare does incent hospitals
- 8 regarding potentially preventable visits or admissions, the
- 9 question is, does the hospital that drives these referrals
- 10 then influence the behavior by these home health agencies?
- DR. MARK MILLER: [Off microphone.]
- DR. HOADLEY: So we're putting lots of really
- 13 challenging issues on the table and I think this is all good
- 14 reasons to keep working on this and keep thinking about it.
- I guess I'll just go back to the point I made in
- 16 the other round, which is there are still these crazy
- 17 sounding gaps in the reporting of the patients' estimate
- 18 measures and that may be a piece of low-hanging fruit that
- 19 we could speak to as part of probably something bigger or
- 20 even by itself. You know, whether that means go to pushing
- 21 CMS to say that you only get this full payment or the bonus,
- 22 however you want to describe it, if you report everything,

- 1 or there's some kind of range of payment penalty or payment
- 2 bonus based on you're at some threshold or another, but it
- 3 just seems crazy that we're not getting the patient
- 4 assessment data and that, in turn, causes lots of other
- 5 problems. So I'll make that my comment for now.
- 6 MS. UCCELLO: I agree with most of the comments
- 7 already said, even those that might not agree with each
- 8 other. I think they're both right.
- 9 [Laughter.]
- 10 MS. UCCELLO: But in terms of kind of some of the
- 11 questions that were laid out, assuming that we move forward
- 12 with this and how to do that, I want to kind of key off of
- 13 something that Herb said in terms of I was thinking about
- 14 this period of home health stay to include in this, some of
- 15 these 90-plus-day stays versus these other stays and do we
- 16 use 30 versus 90 and things like that. And I just want to
- 17 caution us as we think about that in particular and maybe
- 18 things more broadly, try to separate out what we think are
- 19 program integrity issues versus other issues and making sure
- 20 we're using the right lever, that we can't -- you know, if
- 21 something is program integrity, then some of these types of
- 22 financial incentives might not be the right tool to get at

- 1 those. So just as we think through these, kind of
- 2 addressing that, I think, is important.
- 3 DR. BAICKER: Yes. I would echo what Cori was
- 4 saying and also think about -- this seems like a
- 5 manifestation of the tension that we see in lots of the
- 6 debates about, in a much better system, we wouldn't have it
- 7 structured this way at all, but we're not in that much
- 8 better system, so how do we use these levers, and there's
- 9 this tension between wanting everything bundled but then not
- 10 wanting to pay for the very short stays and what do you do
- 11 with these interrupted stays and all of that. So I'm
- 12 supportive of the general direction and share the
- 13 trepidation about some of the specifics, but what we're
- 14 doing right now isn't so good that we should stick with it
- 15 even in the face of -- because of any uncertainty, that
- doesn't mean we should stay where we are.
- DR. REDBERG: I also agree with the previous
- 18 sentiments, that we're trying to exist [sic], you know,
- 19 pressure. It is a little like Whack-A-Mole in this and a
- 20 lot of things because the system pays for quantity and it
- 21 doesn't pay for quality and we're trying to move it towards
- 22 paying for quality in a system that is inherently a fee-for-

- 1 service kind of wild system and focus it back on the
- 2 patient.
- 3 So specifically for home health care, and to all
- 4 the issues about risk adjustment that were raised, which
- 5 you're right, we have to address them in the current system,
- 6 but they are very difficult to address and they do take a
- 7 lot of time and probably in the long run that's not the best
- 8 use of our time, but I was wondering specifically in terms
- 9 of absolute versus relative risk, because if we set those
- 10 targets for the percentiles, perhaps then it will just
- 11 happen that people will stop treating the very ill patients
- 12 and just -- because one way to get good results is to treat
- 13 people that don't -- you know, put people in categories that
- don't really need it, the healthier beneficiaries, and so
- 15 that we might consider having absolute targets, or even more
- 16 complicated, absolute and relative targets in terms of
- 17 paying for quality just to avoid that sort of cherry picking
- 18 way of getting to better numbers instead of really giving
- 19 services to people that would benefit from them.
- MR. BUTLER: I'll make three points. The first is
- 21 on home health overall. It seems a lot of our discussion
- 22 has typically been at update time and we wring our hands

- 1 over the profits they make and talk much less about the
- 2 importance of their role in serving Medicare beneficiaries.
- 3 And as I said in my earlier remarks, I think that whether
- 4 you're involved in bundling or ACOs, you will look much more
- 5 aggressively as this as an option in the future than you are
- 6 today. So the more we understand about it, the better we're
- 7 going to be, because I think it is -- it's a lot cheaper
- 8 option than the institutional settings that sometimes are
- 9 the alternatives.
- 10 My second point is that as I reflect on as we've
- 11 looked at updates over the years, I'm very encouraged how
- 12 we've not just begun to look at just the prices themselves
- 13 but the collateral impact on the other pieces of the
- 14 continuum. And so -- and that's a way of bridging these
- 15 silos that we say, why can't we do it? So the more we can
- 16 draw attention to the impact of the behavior within one silo
- and what it has on another silo, the more we're going to
- 18 educate and help us all manage the continuum much better.
- 19 So in that sense, I'm very supportive of having
- 20 even perhaps next month something related to this. Now,
- 21 what we're struggling is we're not ready on a methodology to
- 22 kind of say, you're going to get a five percent penalty if

- 1 you do that. We're -- I just don't sense we're there.
- 2 But maybe we consider something like public
- 3 listing of admission rates for all home health agencies, for
- 4 example, something that would say, okay, at least now you've
- 5 got data out there and if you are involved in the continuum
- 6 you have some places that you can begin to look to study
- 7 further to understand what might be going on. I don't know
- 8 if that's a good suggestion or not, but it's a way that you
- 9 kind of get us into this world of looking at what's going on
- 10 without, you know, making at this point any financial
- 11 consequences with it. But it creates the dialogue and
- 12 further looking and it provides a tool for those that are
- 13 trying to understand the continuum better. It's something
- 14 to look at.
- DR. NERENZ: I think my concern in this was maybe
- 16 obvious in the question I raised earlier, and that is the
- 17 applying of a penalty to one entity in an environment where
- 18 many entities, or at least several entities, are acting.
- 19 And, Glenn, you are very eloquent in your description about
- 20 how we may just have to do that in an imperfect world that's
- 21 not the ideal environment we might imagine.
- But there might be a couple other things that we

- 1 could do in the imperfect world of silos and disconnected
- 2 systems. One would be to think explicitly about spreading
- 3 the penalties around so that rather than just penalizing the
- 4 home health agency, there might be penalties for any other
- 5 clinical entities that had been involved in the patient care
- 6 during that time. Now, clearly, that's complicated and the
- 7 details to be worked out, but it at least would address the
- 8 issue of why do you just go one place when others are
- 9 involved.
- The other approach, which actually I had occasion
- 11 to mention this summer -- I labeled it a crazy idea at the
- 12 time, it still may be, but over the months I'm thinking
- 13 maybe not so much -- and that is at explicit points in the
- 14 patient trajectory, if providers could submit a billing code
- 15 -- and this, again, in a purely siloed environment -- that
- 16 by submission of that code would formally claim
- 17 responsibility for some range of cost and outcomes for some
- 18 later period of time in the trajectory.
- 19 That submission of that code would do two things.
- 20 One, it would trigger, actually, some kind of care
- 21 coordination payment, which would make it attractive. But
- 22 also, it would then link formal accountability for any of

- 1 these penalties to that entity. So if the home health
- 2 agency, for example, submitted a code saying I am now
- 3 responsible for whether this patient gets admitted in the
- 4 next month, if a penalty is to be applied, it follows that
- 5 code, but it doesn't follow the absence of a code.
- I think CMS has actually taken a little step
- 7 toward that already with the PCP care coordination payment
- 8 following acute care discharge. I don't know that it links
- 9 to a penalty of any kind, but at least we might think of it
- 10 that way.
- 11 So this is not going to be an immediate thing to
- 12 come up here, but it seems like a way to address this
- 13 question of why you penalize one entity in an environment
- 14 where no entity is clearly responsible. At least you could
- 15 take a step at that ambiguity.
- MR. HACKBARTH: And thanks, Dave. I really
- 17 welcome the approach you just took of, I'm uncomfortable
- 18 with A, here are some other paths that might be used to
- 19 address the same issue.
- On your first point, that don't just apply it to
- 21 home health, apply it to others so there's some
- 22 synchronization, if you will, of motivation, in fact, that's

- 1 part of what brought us to this conversation in that there
- 2 are penalties on hospitals for readmissions and that led us
- 3 to think about a comparable incentive for the others who
- 4 affect those readmissions, including skilled nursing
- 5 facilities and home health agencies. Now, that's not to say
- 6 that, oh, that makes this the right thing to do, but it was
- 7 precisely that logic. What we want to do is get people
- 8 pulling in the same direction. We want willing partners to
- 9 deal with problems that span multiple providers when we
- 10 can't do that through a global payment. Global payment, in
- 11 my book, is the preferred way to get people working
- 12 together, but so long as we're not there, are there other
- 13 ways that we can synchronize those incentives so they say,
- 14 hey, let's have a meeting and figure out how we can each
- 15 avoid our penalties, or alternatively, each get our reward.
- George.
- 17 MR. GEORGE MILLER: Thank you for that
- 18 clarification because I think that does drive the issue, at
- 19 least to help us focus on the right policy to take. I, too,
- 20 am not comfortable with the notion that we need to move
- 21 forward and do something and that this is imperfect, we just
- 22 need to get something on the table. But because we are

- 1 leaders and have the responsibility of trying to forge ahead
- 2 the right set of mechanisms and triggers to pull everything
- 3 together, I think we should take this opportunity to try to
- 4 find the right data to drive the right quality, to drive the
- 5 right outcomes. Because one concern would be -- and I think
- 6 it's been articulated before -- that we could have agencies
- 7 selecting patients that are well or would not fall in this
- 8 category, could penalize somebody else. And so I think
- 9 Dave's comments are very well taken and very well on point
- 10 by bringing the whole continuum of care together to
- 11 positively reinforce and drive all the data we need to get
- 12 the right outcomes, and then to penalize those for the
- 13 entire system versus one segment that we're talking about
- 14 here today.
- So if it means taking just a little bit more time
- 16 to get it right or to get this set of principles right to be
- 17 consistent with what MedPAC is all about, I think that would
- 18 be important as well.
- 19 MR. GRADISON: I guess I'm sort of unreconstructed
- 20 on the point I'm going to make, and, believe me, I'm not set
- 21 in concrete on this. But I have questions in my mind about
- 22 the current policy with regarding to dinging the hospitals.

- 1 MR. GEORGE MILLER: Hear, hear.
- 2 MR. GRADISON: And the reason I say that is that
- 3 I'm not sure what impact this may have on quality. It seems
- 4 to me I did read a study, which is large, as one might hope,
- 5 that suggested that lower readmission rates are associated
- 6 with higher mortality. Now, I'm not asserting that as a
- 7 fact, but that's the ultimate test of quality, I suppose.
- 8 And, furthermore, the way the hospital data is analyzed and
- 9 the reduction in payments are based, it is my understanding,
- 10 assumes you're kind of always moving against a target which
- 11 will be going down. In other words, at any given point,
- 12 half the hospitals are going to be above the median, even if
- 13 the median itself is going down.
- So at the present point in time, I am not aware
- 15 that people are being seriously harmed by the current
- 16 policy. I suppose there's enough evidence that readmissions
- 17 can safely be reduced. But I wonder how long that can
- 18 continue. Indeed, if in the short run it's effective in
- 19 reducing those rates, it may create additional qualitative
- 20 issues down the line.
- 21 So that's why I'm a little bit concerned about our
- 22 stated objective of trying to find a way to reduce the

- 1 readmissions from home health agencies or other post-acute
- 2 care without an awful lot of thought to what, if anything,
- 3 does this mean from a qualitative point of view. It should
- 4 save money. I don't doubt that. I think that's how we got
- 5 to where we are. But I just wanted to express that my
- 6 concern goes back to the basis for this, which really is the
- 7 hospital readmission rate from which we draw or attempt to
- 8 draw -- attempt to develop policies to apply to various
- 9 post-acute settings.
- DR. DEAN: I think most of the things I would say
- 11 have probably already been said. Certainly the goal is to
- 12 try to get all the players working together, and how you do
- 13 that is obviously a complex issue. Bundling is appealing,
- 14 but obviously it's complicated to get started, though that
- 15 would be my preference.
- 16 You know, it occurred to me just as Bill was
- 17 speaking, we focus so much on the cost of hospitalizations,
- 18 and if you look at international experience, most of the
- 19 countries that spend substantially less on health care use
- 20 hospitals more than we do. And so it would -- they have
- 21 much longer lengths of stay, more frequent admissions, and
- 22 so forth. And so you wonder. Are we overemphasizing that?

- 1 But that's obviously kind of an aside.
- I think the fundamental issue is we need to figure
- 3 out ways to get all the players working together, and
- 4 obviously it's not easy, but that continues to be, I think,
- 5 the goal that we should be looking at.
- 6 DR. HALL: Well, I guess I'm reassured that a lot
- 7 of the Commissioners have had some issues here. I've had a
- 8 lot of issues with this. Not from the technical standpoint,
- 9 Evan. This has been extremely well put together. But it
- 10 seems to me that home health care is one part of the health
- 11 care system that takes on responsibility for things that
- 12 they have no control over. If a home health care agency
- 13 decides that they can't take care of a person in the
- 14 community, the only alternative is to then turn to the rest
- of the system, which often does not support them in any
- 16 particular way. And so the only solution is to send a
- 17 patient to the emergency room -- by the way, in a
- 18 BLS-certified nonemergent ambulance.
- [Laughter.]
- DR. HALL: And almost always incur the costs of an
- 21 acute hospitalization. This is a recurrent scenario that's
- 22 played out at every hospital anywhere in the country, even

- 1 in the Southwest.
- 2 So I'm wondering just in terms of alternative
- 3 approaches that we could take to this, given the fact that
- 4 it's an imperfect system. Let me, just in case there's any
- 5 confusion on this issue, when I want to do a discharge plan
- 6 and get a home care program for one of my patients, we'll
- 7 call in the agency, and they will do an analysis. They have
- 8 a 100-percent right to refuse that patient. They don't have
- 9 to accept any patient I send them. And the most common
- 10 reason for refusing is the patient is too complex.
- 11 So now if we put in a system that drives a
- 12 penalty, if I'm an enterprising CEO of a home health care
- 13 agency, I'm going to use that trump card a lot, and I'm just
- 14 going to say, "Well, I'm not going to take those patients
- 15 anymore because then my statistics will look better, and I
- 16 will not be subject to that penalty." They don't have any
- 17 other solution.
- So I'm wondering, is it possible that as we look
- 19 at this, could we think about, rather than penalizing the
- 20 bad, to incentivize the good? For example, would it be
- 21 better to encourage a careful analysis of -- and you've done
- 22 that to some extent -- the kinds of patients that do get

- 1 either readmitted or de novo admitted from home health care?
- 2 And exactly what resources would the home health care agency
- 3 have to have in order to reduce that rate of
- 4 hospitalization? That I think would be exciting and would
- 5 really start to move the dial until nirvana occurs and we
- 6 have this different kind of health care system.
- 7 But I think that concentrating too much on
- 8 penalties for people who have responsibility with no
- 9 authority just kind of bothers me.
- 10 MR. KUHN: Evan, let me add my thanks for some
- 11 good work, and I think this has been a helpful conversation
- 12 -- helpful in a lot of ways, but particularly the fact that
- 13 I think collectively there is, continues to be great
- 14 discomfort around this table, and I think with everybody who
- 15 watches health care, about the passive nature of the
- 16 Medicare program, and so passive that they just simply pay
- 17 the claims when people get sick or when they come through
- 18 the door. And this really is an important pivot point for
- 19 us to really begin thinking about Medicare becoming an
- 20 active purchaser of care. And there's a lot of ways to
- 21 create an active purchaser, and I think we've heard a number
- of different flavors of those around the table today, so I

- 1 think that's good.
- 2 As we continue to look at this option, maybe a
- 3 little something that Dave talked about in the first round
- 4 and a little bit what Bill was talking about is the notion
- 5 of risk adjustment and the fact that you want to make sure
- 6 that you don't wind up with cherrypicking as part of the
- 7 process. And so we had a wonderful discussion at least of
- 8 the hospital readmission policy at the September meeting
- 9 where we began to look at some refinements to the risk
- 10 adjustment. A lot of things were talked about. Some of us
- 11 raised issues about the SES component and different aspects
- 12 there. I'm just wondering, as we continue this
- 13 conversation, if there's any portability in terms of some of
- 14 the conversation we had there that could help influence some
- 15 of this conversation to deal with issues like Bill has
- 16 raised, and others, so we can look at all aspects of this as
- 17 we continue to go forward.
- DR. COOMBS: I was thinking about just the
- 19 Southern Crescent Association with higher admission rates
- 20 from the home health service and just thinking about the
- 21 paradigm that exists between providers within that
- 22 Louisiana-Mississippi area. And as it turns out, it's well

- 1 known that there's less primary care doctors there, but it's
- 2 also a different type of practice from the usual primary
- 3 care practice that you would see in the Northeast with all
- 4 the bells and whistles. And I think as some of the systems
- 5 that are there are less integrated, so that a physician who
- 6 is a primary care doctor might be more dependent on home
- 7 health services. I'm uncomfortable with charging ahead
- 8 because one of the things I don't know and I'd like to know
- 9 is if there was a perfect system, what would an acceptable
- 10 admission rate be from the home health services? I don't
- 11 know that. And if there was a benchmark that we could kind
- 12 of establish, then I think we could go from there and feel
- 13 really comfortable with saying this is if all things are
- 14 great, and then you could say, well, you deviate by how many
- 15 standard deviations from what the best practice would be in
- 16 our mind's eye until we get to the perfect place in this
- 17 world. Because I think that if you squish on both ends in
- 18 terms of the physician who's in the trenches doing the work,
- in terms of them admitting people more likely from their
- 20 office directly to the hospital, whereas they might say I'm
- 21 going to send a home health aide agency and they will help
- 22 me to keep this patient out of the hospital. And you squish

- on the hospital side with penalties from, you know, the
- 2 admissions, and then you squish the home health agency in
- 3 the sense that you say you're taking the most complicated
- 4 patients with all these co-morbid conditions, and you're
- 5 trying to manage these patients, and yet you're being
- 6 penalized because you have a higher admission rate. And the
- 7 socioeconomic status has got to be in the equation somewhere
- 8 along the line because it has a lot to do with a lot of the
- 9 bouncebacks.
- 10 As an internist, I remember one patient that I had
- 11 that would come back to the emergency room constantly, but
- 12 it was dietary indiscretion. It was this whole notion of
- 13 this -- if I could have a medical home back then, you know,
- 14 30 years ago, that would have been a thing that would have
- 15 made a big difference.
- So I think looking at the total sum picture of
- 17 what we do for our beneficiaries, I think we need more
- 18 information. And I would like to be more innovative because
- 19 I think there are some things that we can do that are a
- 20 little bit more innovative than just penalties. And
- 21 penalties may be an end product of what we're doing, but
- there might be something that's a little bit more innovative

- 1 in terms of public listing, in terms of looking at what an
- 2 ACO does that actually brings a better result. And so
- 3 that's what I'm looking at in terms of a wish list, if we
- 4 could get to a better place other than, you know, just
- 5 penalties.
- DR. NAYLOR: So I actually started at one place,
- 7 but I'm ending at a different one.
- 8 [Laughter.]
- 9 MR. HACKBARTH: That's good.
- DR. NAYLOR: Yeah, that's good. Thank you all,
- 11 Commissioners, yes.
- I do think that keeping our eye on the opportunity
- 13 here in relationship to the good of the Medicare
- 14 beneficiaries and the good of the program is exceedingly
- 15 important. And I do think preventing avoidable
- 16 hospitalizations, preventing avoidable rehospitalizations is
- 17 to the good of both, because the data show pretty
- 18 compellingly that older adults don't fare well in our acute
- 19 care systems. I mean, it's just not a good place for them.
- 20 So to the extent that you can create the levers
- 21 that enable any part of our sector to substitute as a less
- 22 intensive, less costly, and better place for people, I think

- 1 we should think about that. And I do think, as Peter has
- 2 suggested, more and more partners are looking to home
- 3 health. Patient-centered medical homes, which are now
- 4 incented to provide care coordination, are looking to home
- 5 health. And all our bundled payment initiatives are
- 6 looking. So I appreciate the sensitivities, but I do think
- 7 we should pursue this path.
- 8 And I think one option that I hope we could think
- 9 about is that we'd look at potentially two causal paths,
- 10 that we have a group of people in a community who get home
- 11 health care who don't start at a hospitalization. And I
- 12 think that the causal path in terms of what happens to them
- 13 and what we might expect in outcomes is different than for
- 14 the third that we're talking about that start with an index
- 15 hospitalization.
- So I'm wondering if in the next iteration we could
- 17 try to separate a little bit more robustly that we're maybe
- 18 talking about two different groups here with maybe the
- 19 potential for two different levers to influence preventable
- 20 hospitalizations for the first preventable
- 21 rehospitalizations or other acute care services for the
- 22 second.

- 1 So thank you, Commissioners, for taking me down
- 2 another path.
- 3 MR. HACKBARTH: Just a couple concluding thoughts.
- It seems to me that we have raised issues at very
- 5 different levels of abstraction, if you will. Sort of the
- 6 most basic question is: Is reducing admissions/readmissions
- 7 a good thing to do? There will always be -- as Alice
- 8 pointed out, there will always be cases where maybe an
- 9 admission is a good thing. I think we all recognize that.
- I am convinced, however, that we have too many
- 11 admissions and readmissions in the aggregate, and there is
- 12 an opportunity not just for cost saving but for care
- 13 improvement in that. I think there's abundant research to
- 14 support that, including work that Mary has done over the
- 15 years on care transitions and the like. So I think, you
- 16 know, we're barking up the right tree, or one of the right
- 17 trees.
- A second issue raised is this question of
- 19 accountability, and in a fragmented system, even good people
- 20 may be party to admissions or readmissions that could be
- 21 avoided, but they simply are in an environment where it's
- 22 very difficult for them to change that.

- I think that's a tough issue. I think it's an
- 2 artifact of the fragmented care delivery system that we've
- 3 fostered in this country for decades, and it's not going to
- 4 be easy to get away from that.
- 5 As I said earlier, I do believe, though, if you
- 6 allow people to say, "I'm not accountable, somebody over
- 7 there is, "we'll never get out of it. There's got to be
- 8 some creative tension in the system if you want it to move
- 9 forward. Even if the tension isn't always perfectly aimed
- 10 and there are some innocent parties adversely affect,
- 11 there's got to be some tension in the system to make it move
- 12 forward to better alternatives. So I'm reasonably confident
- 13 on those two points.
- The next two issues I find much more difficult to
- 15 wrestle with. The next one is, you know, how do we
- 16 accurately measure, how do we properly calculate the
- incentives, how do we risk-adjust, sort of the technical
- 18 aspects of these things. And I think they're very difficult
- 19 issues, even if we're barking up the right tree, very
- 20 difficult issues in those areas to address.
- 21 And related to that I think is Craig's point about
- 22 complexity. As you try to perfect each of those things,

- 1 these systems get ever more complicated, and there's a price
- 2 to be paid for that, a price in terms of coherence in care
- 3 delivery, a price in terms of cynicism among providers who
- 4 feel, you know, just yanked around, and I worry about that.
- 5 And I worry about that increasingly as, you know, we try
- 6 tinkering with all these payment systems. What is the
- 7 cumulative impact on our care delivery system?
- And then the last issue is related to that, and
- 9 that's the effect on CMS and the ability of CMS to
- 10 effectively manage these ever more complicated payment
- 11 systems when they're not given the necessary resources. So
- 12 those last two things sort of interact with one another,
- 13 compound one another potentially.
- 14 So, in general, to sum up, I think, you know,
- 15 admissions, unnecessary admissions and readmissions, are a
- 16 problem. It's a quality problem as well as a cost problem.
- 17 I think we can do way better. I think there's lots of
- 18 evidence of that. We need to create some tension in the
- 19 system if we're ever going to do better. But, admittedly,
- 20 this is tough stuff when you get down to the nitty-gritty
- 21 and the details.
- 22 A last thought, related, at least distantly.

- 1 Sometimes I think that maybe at our next retreat what we
- 2 ought to do is require everybody to read the Medicare
- 3 statute and, you know, just to really get a grip on how
- 4 complicated all of this has become. And I sometimes
- 5 imagine, you know, what if I were given a clean sheet of
- 6 paper here and said, you know, you can rewrite this. How
- 7 much of it would I retain and how much of it would I throw
- 8 away? And I think there are big pieces of it I would be
- 9 inclined to throw away. But, you know, as my friend and
- 10 former MedPAC Bill Scanlon used to say, there is no reverse
- 11 gear in government. It's always we add on, we add on, we
- 12 add on, almost never take anything out. And that's a
- 13 problem.
- So that's my soapbox speech for today. On that
- 15 note, we will have our public comment period. Thank you,
- 16 Evan. Good work getting us moving on this discussion.
- 17 [Pause.]
- 18 MR. HACKBARTH: Seeing nobody moving towards the
- 19 microphone, we will adjourn for lunch and reconvene at
- 20 12:45.
- 21 [Whereupon, at 11:34 a.m., the meeting was
- recessed, to reconvene at 12:45 p.m. this same day.]

1	L AFTERNOON	SESSION	[12:44 p.m.]

- 2 MR. HACKBARTH: Okay. It's time for us to begin
- 3 the afternoon session. We begin with two of our
- 4 Congressionally requested reports, first on outpatient
- 5 therapy and then on the work geographic practice adjustment
- 6 for physicians and other health professionals. And, Adaeze
- 7 and Ariel, are you ready to go? Let's do it.
- 8 DR. AKAMIGBO: Good afternoon. The Middle Class
- 9 Tax Relief and Job Creation Act of 2012 requires MedPAC to
- 10 study the payment system for outpatient therapy services and
- 11 to address how it can be reformed to better reflect the
- 12 therapy needs of the patient.
- 13 I'd like to thank Lauren Metayer and Shinobu
- 14 Suzuki for their assistance on this project.
- The mandate requires MedPAC to come up with
- 16 recommendations on how to reform the therapy system under
- 17 Part B to better reflect the therapy needs of the patient.
- 18 The law also requires MedPAC to evaluate how therapy
- 19 services are managed in the private sector.
- The Commission has discussed in great detail
- 21 spending, utilization, and the key policy issues relevant to
- 22 outpatient therapy services in March, September, and in

- October of this year. Some of the policies we've discussed
- 2 will expire at the end of the year. The Commission's final
- 3 recommendations today will be useful to the Congress before
- 4 their deliberations begin. The mandated report is due June
- 5 15, 2013, and will include a full discussion of the issues,
- 6 our analyses, and the final recommendations.
- As a reminder, this is the framework we use to
- 8 evaluate potential policy changes. We ask, how does the
- 9 policy impact Medicare program spending? Will it improve
- 10 beneficiary access to care? Will it improve the quality of
- 11 care Medicare beneficiaries receive? And will the policy
- 12 advance payment reform, and here we mean, does it move us
- 13 away from fee-for-service and encourage a more integrated
- 14 delivery system? Each recommendation is evaluated using
- 15 these four criteria.
- Today, we'll begin with a few Commissioner
- 17 questions from the October meeting that we've addressed.
- 18 They are listed on this slide and I'll go over them in a
- 19 moment. Then we will very, very briefly review the issues
- 20 with outpatient therapy services and Medicare and review the
- 21 three draft recommendations to address outpatient therapy
- 22 services.

- 1 Mary, you asked about the demographic
- 2 characteristics of the beneficiaries who exceed each cap.
- 3 This slide shows the characteristics of all physical
- 4 therapy/speech language pathology users and occupational
- 5 therapy users. As you might expect, beneficiaries who
- 6 exceed the cap tend to be older and are slightly more likely
- 7 to be women.
- 8 Focusing on the last column for a second,
- 9 occupational therapy users who exceed that cap tend to be
- 10 older -- 32 percent of them are 86 years and older --
- 11 compared to 26 percent of those who do not exceed the cap.
- 12 Those above the cap are also more likely to be
- 13 dual eligibles. Sixty-two percent of occupational therapy
- 14 users are dual eligibles and are more likely to receive all
- 15 their care in nursing facilities.
- Peter, you asked about the billing sites that
- 17 account for spending by the highest and the lowest end of
- 18 the distribution. This chart from the September meeting
- 19 shows the break-out of overall spending in 2011. Nursing
- 20 facilities accounted for about 37 percent of total spending.
- 21 Physical therapists in private practice accounted for 30
- 22 percent. And HOPDs and outpatient rehab facilities

- 1 accounted for 16 and 11 percent, respectively. At the
- 2 lowest end of the distribution, the bottom ten percent,
- 3 HOPDs account for 56 percent of spending among users,
- 4 followed by physical therapists in private practice, which
- 5 account for 19 percent, and by physicians in private
- 6 practice, which account for 11 percent. At the highest end
- 7 of the spending distribution -- this is the top 10 percent -
- 8 nursing facilities account for almost 60 percent of
- 9 spending. They are followed by PTs in private practice at
- 10 18 percent and outpatient rehab facilities at 11 percent.
- 11 Alice, you asked about the share of beneficiaries
- 12 who exceeded therapy caps among the top spending counties.
- 13 This is a list of the top spending counties in your mailing
- 14 materials from September, ranked from highest to lowest by
- 15 mean per user spending, adjusted for health status. While
- 16 overall 19 percent of all therapy users exceeded either cap
- 17 -- that's the last row on the table -- in the Louisiana
- 18 counties displayed on this chart, more than 30 percent of
- 19 users exceeded either cap. And in Kings County, New York,
- with more than 40,500 therapy users in 2011, almost 40
- 21 percent of those users exceeded therapy caps using the
- 22 automatic exceptions process.

- 1 And Jack, you asked about the use of ABNs for
- 2 outpatient therapy services. As a quick background for
- 3 everyone, Advance Beneficiary Notices inform beneficiaries
- 4 that Medicare may not consider therapy services medically
- 5 reasonable and necessary for the patient in a particular
- 6 instance. The information contained in the ABN allows
- 7 beneficiaries to make an informed decision about whether to
- 8 receive additional therapy services and accept financial
- 9 responsibility for those services if Medicare does not cover
- 10 them. CMS does not require therapy providers to issue ABNs
- on a routine basis, but CMS encourages providers to issue
- 12 ABNs at the initiation of therapy and as the beneficiary
- 13 approaches their cap limit. It's not known or assumed that
- 14 ABNs are issued often by providers, particularly given the
- 15 automatic exceptions process that's existed.
- Now, if a clinician provides therapy services,
- 17 bills Medicare, and the services are deemed to be medically
- 18 unnecessary and, therefore, not covered, the beneficiary can
- 19 only be held liable if an ABN was issued. Without having
- 20 provided a valid ABN to the beneficiary, which the
- 21 beneficiary should have signed to show that they understand
- 22 their responsibility, the provider may not bill the

- 1 beneficiary and would then assume financial responsibility
- 2 for those services.
- 3 So, we've covered Commissioners' questions from
- 4 the October meeting. Let me turn to the policy environment
- 5 facing Medicare beneficiaries.
- 6 Current law provides for no exceptions to the
- 7 caps. So on January 1, 2013, therapy users would be faced
- 8 with hard caps and no exceptions to those limits. In
- 9 discussions since March this year, the Commission is greatly
- 10 concerned that hard caps will interfere with necessary
- 11 treatment. Many therapy users who need additional services
- 12 above cap limits do benefit from those services. With
- 13 appropriate clinical judgment about the type and frequency
- of therapy services, outpatient therapy can improve and
- 15 restore function and facilitates beneficiaries' ability to
- 16 live independently.
- 17 But let me reiterate some of the concerns about
- 18 the outpatient therapy benefit under Medicare. First,
- 19 provision of therapy services is sensitive to payment
- 20 policy. Utilization is sensitive to changes in payment
- 21 policy such as caps on annual amounts specific to therapy.
- 22 And we've seen these shifts in utilization in other payment

- 1 settings, such as SNF and home health.
- 2 Second, there is wide regional variation in the
- 3 use of therapy services and they remain after adjusting for
- 4 health status.
- 5 Most importantly, there is almost no information
- 6 available to CMS to judge whether therapy services are
- 7 appropriately indicated for the patients who get them, what
- 8 type of therapy and how much they should get, and once they
- 9 get therapy, there's no information to determine functional
- 10 outcomes as the result of therapy.
- 11 The Commission has discussed all these concerns in
- 12 March, September, and October of this year and also
- 13 discussed some policy options to address these concerns.
- 14 The Commission's work has culminated in draft
- 15 recommendations, which I'll now go over.
- So the Commission discussed these draft
- 17 recommendations during the October meeting and we've gone
- 18 back and made some adjustments based on your feedback. The
- 19 first draft recommendation, which is aimed at program
- 20 integrity, reads: The Congress should direct the Secretary
- 21 to reduce the certification period for the outpatient
- therapy plan of care from 90 days to 45 days and develop

- 1 national guidelines for therapy services, implement payment
- 2 edits at the national level based on these guidelines that
- 3 target implausible amounts of therapy, and use PPACA granted
- 4 authorities to target high-use geographic areas and aberrant
- 5 providers.
- Now, for the implications of this recommendation,
- 7 based on the experience of recent program integrity
- 8 activities with respect to outpatient therapy, we would
- 9 expect that reduced unexplained geographic variation in the
- 10 provision of outpatient therapy should reduce unnecessary
- 11 program spending. But the amount has not been confirmed by
- 12 the Congressional Budget Office. We do not expect this
- 13 recommendation to have an adverse impact on beneficiaries'
- 14 access to necessary outpatient therapy services, and there
- 15 are no agreed upon quality measures to assess this
- 16 recommendation's impact on quality, so we say no
- 17 implications.
- This draft recommendation does not move us from
- 19 fee-for-service to a more integrated delivery system, so
- 20 there would be no implications for delivery system reform.
- 21 The second draft recommendation, which aims to
- 22 assure access to outpatient therapy services while managing

- 1 Medicare's costs, reads: To avoid caps without exceptions,
- 2 the Congress should reduce the therapy cap for physical
- 3 therapy and speech language pathology services combined and
- 4 the separate cap for occupational therapy to \$1,270 in 2013.
- 5 These caps should be updated each year by the Medicare
- 6 Economic Index. And, direct the Secretary to implement a
- 7 manual review process for requests to exceed cap amounts and
- 8 provide the resources for CMS for this purpose. And,
- 9 permanently include services delivered in hospital
- 10 outpatient departments under therapy caps. And, apply a
- 11 multiple procedure payment reduction of 50 percent to the
- 12 practice expense portion of outpatient therapy services
- 13 provided to the same patient on the same day.
- Before I talk about implications, let me mention a
- 15 few things. This table shows the effect of reducing the cap
- 16 to \$1,270 in 2013. This new amount accommodates the needs
- of most therapy users. Sixty-seven percent of physical
- 18 therapy/speech language pathology users as well as
- 19 occupational therapy users would be unaffected by the cap.
- 20 That is, two-thirds of all therapy users would not spend an
- 21 amount that reaches this threshold under each category. For
- 22 the one-third, or 33 percent, of users whose spending

- 1 reaches the cap amount, they can expect to use 14 visits for
- 2 physical therapy and speech language pathology services and
- 3 another 14 visits for occupational therapy services before
- 4 they would need to obtain exceptions to exceed this amount.
- 5 In essence, therapy users could incur up to 28 visits for
- 6 all therapy in a calendar year before they would need
- 7 medical review to determine if additional services are
- 8 medically necessary, although I caveat this by saying the
- 9 benefit is not administered as a combined cap. Now, when
- 10 beneficiaries reach 14 visits under each category, the
- 11 manual medical review process at this point would assure
- 12 access to an additional block of visits while providing some
- 13 scrutiny for the medical necessity of those additional
- 14 services.
- 15 Manual reviews performed at the \$3,700 threshold
- 16 recently began in late September and there have been some
- 17 concerns with the current process. There was some effort on
- 18 the part of CMS to provide a smooth process in the short
- 19 term in the short time they had to set up this review
- 20 process. But currently, providers are only able to submit
- 21 requests and supporting documentation via mail or fax. Both
- 22 of these options can be very time consuming, and in some

- 1 cases, providers do not get confirmation that their request
- 2 has been received, reasons for rejections or denials are not
- 3 clear, and some have reported that their requests have taken
- 4 more than ten business days to generate a response.
- 5 At the same time, CMS has indicated that some
- 6 providers have not completed their requests accurately,
- 7 missing key information, such as the beneficiary's name,
- 8 providers' names or national provider numbers, or the reason
- 9 for the providers' requests to exceed the \$3,700 threshold.
- 10 These all contribution to delays in processing and potential
- 11 breaks in therapy care delivery.
- We talked with several provider groups and CMS
- 13 since our last meeting in October and the industry had
- 14 constructive suggestions about ways to improve the manual
- 15 review process. To conduct a streamlined manual review once
- 16 per user spending reaches the cap amounts, the Congress
- 17 would need to allocate additional resources to CMS. To
- 18 streamline this process, CMS should develop a system to
- 19 accept requests for medical review electronically in
- 20 addition to the current mail and fax options. Providers
- 21 should receive immediate confirmation that their requests
- 22 have been received and are under review. Requests should be

- 1 processed within ten business days, and within that time
- 2 frame, the Congress could allow two additional visits for
- 3 beneficiaries for which the therapist would bear financial
- 4 responsibility while CMS considers the medical necessity of
- 5 those additional requests. As a final suggestion to
- 6 streamline the process, the Congress could consider one or
- 7 two max to conduct all manual medical reviews nationwide for
- 8 a more consistent approach to reviews, correspondence with
- 9 providers, and final resolutions to deny or approve
- 10 requests.
- Now, the implications. We expect that this
- 12 recommendation will result in an increase in Medicare
- 13 spending relative to current law under which the exceptions
- 14 process would sunset at the end of the year. But again, the
- 15 spending impact has not been confirmed by the CBO. This
- 16 recommendation will also require an increase in CMS's
- 17 administrative budget to conduct manual reviews of requests
- 18 for exceptions to the cap limits.
- 19 We expect an increase in the number of outpatient
- 20 therapy services provided relative to current law, which
- 21 again provides for no exceptions to the cap, because
- 22 beneficiaries who need higher amounts of outpatient therapy

- 1 will be able to receive it via the manual exceptions
- 2 process. However, utilization is expected to be lower than
- 3 it would be if an automatic exceptions process were to be
- 4 extended.
- 5 We cannot assess the impact of this recommendation
- on the quality of therapy services because, again, there are
- 7 no agreed upon quality measures in this sector.
- 8 We do not anticipate that this recommendation has
- 9 a significant impact on delivery system reform.
- The components of the second draft recommendation
- 11 just described include reducing caps and manual review. But
- 12 since the October meeting, we have met with several groups
- 13 from the industry who have expressed concerns with manual
- 14 review. And, again, there is general consensus that there
- 15 are few good options here.
- We heard from a handful of industry
- 17 representatives that in lieu of manual review, they would
- 18 prefer higher caps, less manual medical review, coupled with
- 19 lower provider rates based on the length of an episode.
- 20 This option is similar to what we presented last month that
- 21 identified three tools listed on this slide available to
- 22 Congress to further reduce spending on outpatient therapy

- 1 services.
- 2 The third draft recommendation, which aims to
- 3 improve management of the benefits in the longer term,
- 4 reads: The Congress should direct the Secretary to prohibit
- 5 the use of V-codes as principal diagnosis on outpatient
- 6 therapy claims, and collect functional status information on
- 7 therapy users using a streamlined standardized assessment
- 8 tool that reflects factors such as patients' demographic
- 9 information, diagnoses, medications, surgery, and functional
- 10 limitations to classify patients across all therapy types.
- 11 The Secretary should use the information collected using
- 12 this tool to measure the impact of therapy services on
- 13 functional status and provide the basis for development of
- 14 an episode-based or global payment system.
- 15 As discussed before, there is a prototype for such
- 16 a tool that was part of the CMS study to develop outpatient
- 17 therapy payment alternatives. And as we discussed with the
- 18 panel of researchers and practitioners this summer,
- 19 additional data elements to that prototype would serve as a
- 20 good foundation towards developing an instrument for payment
- 21 purposes.
- The spending implications of this third draft

- 1 recommendation would include some administrative costs to
- 2 develop the tool and collect the data, but this
- 3 recommendation will have no impact on program spending.
- 4 We do not expect that this recommendation will
- 5 have an adverse impact on beneficiaries' access to needed
- 6 care. Over the long term, we expect this recommendation to
- 7 allow clinicians and the program to better assess the effect
- 8 of these services on functional outcomes and tie
- 9 reimbursement to those outcomes.
- 10 The recommendation is consistent with the
- 11 Commission's goal of reforming the delivery system by
- 12 allowing Medicare to construct larger payment units for
- 13 outpatient therapy services and eventually tie payments for
- 14 these services to the patient's functional outcomes.
- To wrap up, we look forward to your discussion of
- 16 these draft recommendations. Some of the policies we've
- 17 discussed expire at the end of the year and our goal is to
- 18 finalize these recommendations before the provisions expire
- 19 in December.
- Thank you, and with that, I'll turn it back over
- 21 to Glenn.
- MR. HACKBARTH: Thank you, Adaeze.

- 1 As we did this morning on ambulance services, what
- 2 we'll do is just have one round of comments before the vote,
- 3 and if I may, I will offer the first set of comments.
- 4 I'd like to begin by reminding people in the
- 5 audience of the framework that we are using for evaluating
- 6 our recommendations on these three Congressionally requested
- 7 reports on outpatient therapy, ambulances, and on the work
- 8 geographic adjustment for physicians and other health
- 9 professionals. The framework that we've applied across all
- 10 three is that in order for us to recommend an increase in
- 11 Medicare spending above the current law baseline, we ought
- 12 to be convinced that there is evidence that doing so would
- 13 either improve access to care, improve quality of care, or
- 14 facilitate movement to a reformed delivery system, new
- 15 payment methods.
- In this case, outpatient therapy, the
- 17 recommendations that Adaeze just outlined would, in fact,
- 18 result in an increase in Medicare spending above the current
- 19 law baseline. Without estimates from CBO, I can't give you
- 20 a precise number on what that increase would be, but it is
- 21 substantial. It's in the billions of dollars over the ten-
- 22 year budgetary horizon.

- 1 Incidentally, this, as you might imagine, is quite
- 2 a busy time for CBO, with all of the issues that they have
- 3 pending before the Congress, and so it's understandable that
- 4 it's perhaps a little more difficult to get our estimates
- 5 than usual.
- 6 So the question is, within our framework, why
- 7 recommend an increase in spending for outpatient therapy
- 8 above the current law baseline? And for my part, it's
- 9 because I'm convinced that going back to hard caps without
- 10 exception, as would happen effective January 1 under current
- 11 law, would, in fact, impede access to necessary and useful
- 12 care for Medicare beneficiaries.
- Mary and Bill and some others in previous sessions
- 14 have spoken, I think very persuasively, about the importance
- 15 of these services to Medicare beneficiaries, to improve
- 16 their function or ability to live independently, interact
- 17 with their families and grandchildren and great-
- 18 grandchildren, and the idea that there would be a hard
- 19 dollar cap beyond which no additional services would be
- 20 available, I think, is inconsistent with the goal of
- 21 assuring appropriate access to important services for
- 22 beneficiaries. So that's why I think it meets our test and

- 1 the framework that spending above baseline is appropriate
- 2 here.
- 3 Having said that, we all recognize the importance
- 4 of doing whatever we can to limit Medicare spending,
- 5 especially in the current context. And so in formulating
- 6 these recommendations, what I have tried to do is strike an
- 7 appropriate balance. Do away with hard caps yet take steps
- 8 to manage that cost insofar as possible and, in effect, have
- 9 a level of spending that is -- a rate of spending that is
- 10 lower than is happening as we speak. Currently, we have a
- 11 system effectively with no caps because there are open-ended
- 12 exceptions to the caps. So that's the current high level of
- 13 spending, if you will. If we allow hard caps to go into
- 14 effect, there would be a dramatic drop down beginning
- 15 January 1. I'm looking for a line somewhere in between
- 16 those two levels that can help assure appropriate access to
- 17 needed services while keeping the cost below an unrestrained
- 18 level of spending.
- 19 To do that, I've recommended and we've discussed
- 20 now several times using a number of different tools,
- 21 including a lower, albeit soft, cap, one above which there
- 22 could be additional services provided once they've been

- 1 reviewed and authorized, as well as a reduction in the
- 2 payment per unit of service when multiple services are
- 3 provided in the same day.
- I think those are reasonable steps, but based on
- 5 our previous conversations, I think we all recognize that
- 6 they are not easy steps. And for me, the question is, are
- 7 they better than the alternatives, and personally, I'm
- 8 convinced that they're better than either reverting to hard
- 9 caps or continuing with the current rate of spending, which
- 10 I think is difficult for the Congress to accept in the
- 11 current environment.
- So to sum up, one way to characterize this is I
- 13 support what is basically an expansion of outpatient therapy
- 14 activity and benefit above the current law of hard caps that
- 15 takes effect January 1. So this is an expansion, although
- 16 it is not an open-ended benefit, and I think that's
- 17 necessary to manage the cost.
- 18 So that's my perspective. Let me turn to Mary for
- 19 another perspective.
- 20 DR. NAYLOR: Another, Yeah. So, first, I think
- 21 that, Ariel and Adaeze, you've done a fantastic job, not
- 22 just in -- in all the work leading up to this and certainly

- 1 in your responses to the questions that we've raised that
- 2 really have helped.
- 3 First of all, let me just say I support
- 4 recommendations related to program integrity. I support the
- 5 goal of avoiding caps at all costs, and I support the
- 6 recommendation regarding better management of the benefit,
- 7 especially as it relates to getting that quality measure of
- 8 functional status that we critically need to understand how
- 9 well our programs are going, going forward.
- 10 As people know, I've struggled under
- 11 recommendation 2 on reducing the therapy cap to the limit,
- 12 and I've struggled with this in the context of making sure
- 13 that we had a manual review process that would enable people
- 14 to exceed the cap and to be able to continue to receive
- 15 timely services. So those are some struggles.
- I just wanted to share with you some perspectives
- on my struggles, and I'm going to listen to the rest of the
- 18 Commissioners, but I think therapies generally,
- 19 collectively, the different types of therapies, represent
- 20 for us, for the individual Medicare beneficiary, and for the
- 21 program a less intensive, less costly way to get to much
- 22 better outcomes.

- 1 There has been a pretty substantial body of work
- 2 that when someone comes in the hospital and is an older
- 3 adult, by the time they leave their functional status is
- 4 decreased. This is Ken Covinsky and others. There's a huge
- 5 body of work that community dwelling and institutional older
- 6 adults are at very high risk for falls as a result of
- 7 problems in gait and balance that are directly affected by
- 8 therapies, and falls represent for us as a society one of
- 9 our biggest cost issues. Both in terms of human and
- 10 economic perspectives, the consequences are extraordinary.
- 11 So I struggle with this notion that, if optimally
- 12 applied, these therapies represent tremendous alternatives,
- 13 especially given some of the alternative surgical procedures
- 14 that Rita has talked about in the past, et cetera. And that
- 15 said, I don't have a better alternative, meaning I think
- that we absolutely cannot go to hard caps, and especially
- 17 when you look at the data you presented about who's using
- 18 those caps now: the most vulnerable, the older adults, the
- 19 group that we're trying to prevent functional decline so
- 20 that they don't use our more costly resources. And it seems
- 21 to me that it would be a huge error for us to not create --
- 22 "soft cap" is the first time I've heard it, but to avoid all

- 1 of those caps.
- 2 And so on the framework, I think I don't have
- 3 concerns about spending or access, but on quality, because
- 4 we don't know what's the right dose of investment in these
- 5 kinds of services to get the best quality for the
- 6 beneficiaries and the program. I struggle -- and I'm just
- 7 being honest with you -- with the reduction in cap that's
- 8 recommended and have concerns about the manual review
- 9 process, but support the goal.
- DR. COOMBS: Adaeze, thank you very much for the
- 11 presentation, and thank you very much for answering our
- 12 specific questions.
- I think Glenn and I talked about one issue, and
- 14 that was making sure that CMS has the infrastructure to
- 15 really do the manual review because that was something that
- 16 needs to be -- cannot be overstated in the final report. So
- 17 thank you very much.
- MR. KUHN: A couple quick comments. One, from the
- 19 last meeting to the current meeting, I've been doing some
- 20 reading by -- some of the letters and things that we've been
- 21 receiving, and one of the questions that was raised has to
- 22 do with the multiple procedure payment reduction and the

- 1 practice expense component of that, and where the RVUs have
- 2 already been adjusted to capture multiple payments. Can you
- 3 kind of walk me through that a little bit? You know, there
- 4 has been some concern that maybe we're double counting with
- 5 the 50-percent reduction. I just want to make sure that I
- 6 understand what's going on there.
- 7 MR. WINTER: Sure. So in the final rule, where
- 8 CMS adopted a 25-percent cap, which is now 20 or -- sorry, a
- 9 25-percent payment reduction, which is either 20 or 25
- 10 percent in current law, depending on the setting, CMS
- 11 addressed the comments raised by many members of the
- 12 industry, among which were that the RUC has already
- 13 accounted for duplicate practice expenses when they valued
- 14 timed therapy services. And the contention is that the RUC
- 15 assumed that there were three services per visit for a
- 16 typical visit, two procedures and one modality, and that
- 17 they accounted for duplicate practice expense inputs for
- 18 those services.
- 19 CMS' response to that is that the typical case
- 20 used by the RUC did not represent many of the combinations
- 21 of therapy services that they actually found, and, in fact,
- 22 they looked at the -- they calculated the median number of

- 1 services on claims of multiple units of service, and they
- 2 found the median number was four and the RUC had assumed it
- 3 was three. And so you should be spreading those inputs
- 4 across more units of service than the RUC had assumed.
- 5 They found in their own analysis, where they
- 6 looked at five high-volume payers of codes, that there were
- 7 substantial efficiencies that were not -- over and above,
- 8 beyond what the RUC had accounted for in their process, and
- 9 that those efficiencies that CMS identified justified a
- 10 reduction of between 28 to 56 percent in the practice
- 11 expense component of the lower-cost code, the lower-cost
- 12 codes in a group of codes.
- MR. KUHN: Thanks. That's helpful to get some
- 14 better understanding of that, so I appreciate that.
- The second issue, I would just say what others
- 16 have said and Alice mentioned as well, and the emphasis that
- 17 was on the presentation here that CMS have adequate
- 18 resources due to the manual review. I can think of nothing
- 19 more frustrating to a set of providers to be bogged down
- 20 into a process like that. And to maintain the integrity of
- 21 that system, that has to be key. So I think our emphasis on
- 22 that -- and I think that will be reflected in the report --

- 1 is a good thing.
- 2 The final thing I would just kind of comment on
- 3 here, a little bit outside the scope here, but just
- 4 something that's been on my mind -- and perhaps others' --
- 5 is the decision last week on the improvement standard case,
- 6 the settlement agreement, and the fact that now we're going
- 7 to have in the future a different standard in terms of not
- 8 only benefits in outpatient therapy but skilled nursing and
- 9 ultimately in home health. And I was trying to reflect
- 10 whether the recommendations we're making now would capture
- or did we have to think differently. Obviously, that
- 12 settlement agreement is going to play out over four years.
- 13 It's going to very overseen by the judge. CMS is not even
- 14 going to start the educational process on that until next
- 15 year. So there's really nothing that I think we can do in
- 16 this to anticipate, because we don't know.
- But what I would just say is that as I look at
- 18 what we put together here, whether it's encouraging CMS to
- 19 look at national guidelines I can help in that process,
- 20 whether it's a better review process can certainly help in
- 21 that as that comes forward, and then obviously the program
- 22 integrity components of our recommendations.

- 1 So I think there's elements in here that make it
- 2 very portable to help support that or at least forward-think
- 3 on that as we go forward, given the unknown nature of that
- 4 case.
- I would just say, just as an aside, that I know
- 6 different people are looking at that and reviewing that
- 7 case. I think it's an extremely impactful decision, and I
- 8 don't know what the dimensions of this thing are going to
- 9 be, but in my own mind, I think it now established the de
- 10 facto long-term care benefit under Medicare. And I think
- 11 it's going to be much more powerful than I think a lot of
- 12 people realize when it's fully implemented.
- 13 DR. HALL: Dittos on what a wonderful job you've
- 14 done on this. It's a wonderful document, I think.
- I guess I'm particularly happy about
- 16 recommendation 3. One is we're getting rid of the V-codes,
- 17 which is, I think, a blow for justice all the way around.
- 18 But, also, this is one of the strongest statements I think
- 19 I've seen in my brief tenure on the Commission where we
- 20 really say that functional status evaluation is the key to
- 21 making rational decisions in Medicare payment. It has come
- 22 up a couple of times already this morning, and this is a

- 1 very straightforward, hard-hitting exposition of that
- 2 particular position. So I really applaud you for that.
- 3 The other thing that maybe is a little less
- 4 obvious, I think, is that we like to think of how things
- 5 proceed in science and medicine as there's a basic science
- 6 and a lot of work is done in the laboratory, in rats and in
- 7 mammals, and that eventually comes up to people and informs
- 8 clinical decisionmaking.
- 9 In point of fact, particularly in terms of care
- 10 for the elderly, the process is totally reversed. Something
- 11 doesn't become scientifically important until we prove it
- 12 has clinical utility, and these days, not only clinical
- 13 utility but is cost-effective. So already we're seeing in
- 14 this functional assessment arena that suddenly there has now
- 15 been -- there's a proliferation of very basic science and
- 16 trying to understand how muscles work, how the genes are
- 17 influencing this. And all of these things start to fall
- 18 into a pattern, I think, which is very important. So in
- 19 case you missed it, I really like this.
- MR. KUHN: Nicely done.
- DR. DEAN: I would echo most of the things that
- 22 Bill just said. I'm wondering, about the concern of the

- 1 people that will exceed the caps, I mean, we know that
- 2 there's a huge difference in utilization in different areas.
- 3 I wonder what portion -- if you took out the really high-use
- 4 areas, I suspect the proportion of beneficiaries that are
- 5 likely to exceed the cap would be significantly smaller. Is
- 6 that a fair assumption?
- 7 DR. AKAMIGBO: Yeah, I mean, there would be a lot
- 8 of areas you would have to take out.
- 9 DR. DEAN: I mean, it isn't going to affect this.
- 10 Just curiosity.
- DR. AKAMIGBO: Yeah. But, yes, that would be a
- 12 fair assumption.
- 13 DR. DEAN: Okay. And the reduction in the
- 14 practice expense, what portion of the fee for the average
- 15 treatment is in the practice expense portion? Are we
- 16 talking about a small portion? Or is it a substantial
- 17 portion of the average fee?
- 18 MR. WINTER: Yeah, it would depend on the code. I
- 19 looked at a couple of high-volume codes, and it's
- 20 substantial, but I think it's less than the work component.
- 21 DR. DEAN: Okay, so 30, 40 percent?
- MR. WINTER: Let's say the work component is, you

- 1 know, \$40, the PE, practice expense, might be \$30 or \$35.
- 2 But I can get you more specific examples, and we can add
- 3 that to the text.
- DR. DEAN: Well, I guess I was just trying to get
- 5 a sense of how big a hit this would take. But I think
- 6 that's reasonable.
- 7 Finally, to follow up on what Herb was saying, I
- 8 wonder about the whole manual review process given the
- 9 elimination of this improvement criteria. To me that is
- 10 probably the fundamental criteria that would be used in
- 11 those reviews. I would think without that -- and, again, it
- 12 doesn't really affect what we do here, but I would think
- 13 that that's going to make the review process much more
- 14 difficult. Does that make sense?
- 15 DR. MARK MILLER: When we had some discussion of
- 16 this, and declaring that I'm not an expert in it, what the
- 17 settlement will turn on is that there's a need for a skilled
- 18 service, so that would continue to be a criteria, and then
- 19 you would see presumably the MAC judging, you know, whether
- 20 there's an improvement or that's what would have happened
- 21 before the settlement. After the settlement, the MAC would
- 22 have to consider whether that skilled service was needed to

- 1 either maintain or improve. And so we would see the MAC
- 2 making the judgment based on the new standard that came out
- 3 in the manual issuances, assuming the settlement is approved
- 4 and goes forward, which it looks like it's going to do.
- 5 DR. DEAN: I guess, you know, I still would -- as
- 6 Bill said, I think that doing functional assessment and
- 7 documenting that is vitally important, but it seems to me
- 8 that the whole review process is going to be much more
- 9 difficult when the criteria are going to be much less
- 10 precise, it would seem to me. But, again, that's not --
- 11 doesn't relate to these recommendations, but it does make
- 12 the whole problem more challenging.
- MR. GRADISON: I've got the same concern -- and I
- 14 wanted to mention it -- that Herb and Tom have mentioned.
- 15 In particular, on Slide 22, I suggest under the quality
- 16 paragraph that you take another look at the use of the word
- 17 "improvement" because my reading of this is that the
- 18 measurement that we're suggesting is an improvement in
- 19 functional outcomes, and -- or at the very least have some
- 20 text in there to indicate that if the court goes from and so
- 21 forth and so forth, that that no longer would be the test.
- 22 It may be today.

- DR. AKAMIGBO: We actually ended up adding an end
- 2 note or footnote in the paper, which I think was sent out
- 3 the day the court case -- the settlement was announced. So,
- 4 yeah, this will -- it will reflect that change.
- 5 MR. GRADISON: Good [off microphone].
- 6 MR. GEORGE MILLER: Thank you, Adaeze, and I
- 7 thought this was very well written. I enjoyed reading it
- 8 and certainly would echo what the other Commissioners have
- 9 said concerning this is the right thing to do. So I support
- 10 the principles of the recommendations and certainly
- 11 appreciate the Chairman's analysis of dealing with the caps.
- 12 So I appreciate that discussion.
- I also want to echo Herb and Tom on the concern,
- 14 as Jack mentioned, about appropriate resources to make sure
- 15 this can be implemented, because there's nothing more
- 16 frustrating to a provider than to have a set of rules but
- 17 there are not enough resources at CMS to implement.
- I have one technical question before I make a
- 19 comment, and that is, what was the original reason for the
- 20 differentiation with the 20-percent fee in the -- excuse me,
- 21 the difference between the 20 percent for non-facilities or
- 22 private settings and the 25-percent difference in payments

- 1 for facilities? What was that rationale originally? And I
- 2 realize the recommendation is saying go to 50 percent, but
- 3 help me understand what the original rationale for the
- 4 difference in the --
- 5 MR. WINTER: Right. So when CMS implemented the
- 6 change, it was 25 percent, regardless of setting.
- 7 MR. GEORGE MILLER: Right
- 8 MR. WINTER: 25 percent multiple procedure
- 9 reduction regardless of setting. Then Congress came along a
- 10 few months later, and in a piece of legislation where they
- 11 prevented a steep reduction in the physician conversion
- 12 factor, they implemented a 20-percent reduction for therapy
- 13 services provided in private practice settings and 25
- 14 percent -- they kept 25 percent in facility settings. They
- 15 made both changes not budget neutral, so they were able to
- 16 use that savings from other purposes.
- I don't believe there was a justification --
- 18 certainly in the text of the bill there's no justification
- 19 or explanation for why they, you know, had a distinction.
- 20 And when CMS did its analysis and explained the policy, they
- 21 kept it the same across settings because in their
- 22 interpretation of the statute, they set the physician fee

- 1 schedule rate for therapy services that are provided in
- 2 physician fee schedule settings -- that is, physicians'
- 3 offices and therapists in private practice. Those rates
- 4 also apply to facilities, but those are not considered
- 5 physician fee schedule services. Those are, rather,
- 6 considered institutional settings that are paid under Part
- 7 в.
- 8 So whatever they decide is paid on for private
- 9 practice settings for therapy, those rates just by statute
- 10 automatically applied to outpatient departments and nursing
- 11 facilities.
- MR. GEORGE MILLER: So do you anticipate this will
- 13 stay at the 50 percent based on our recommendation, or will
- 14 that same methodology -- who would predict what Congress
- 15 would do? Maybe I should just back off.
- MR. WINTER: I'm not going to go there.
- 17 DR. MARK MILLER: Ariel does not know the answer
- 18 to that one.
- 19 [Laughter.]
- MR. GEORGE MILLER: Thank you.
- DR. NERENZ: Just a quick question on the bit
- 22 about reducing the certification period from 90 to 45 days.

- 1 I appreciate the program integrity rationale for that, but
- 2 also appreciate the fact that there's a smallish fraction of
- 3 episodes to which that would actually apply.
- I think in September I mentioned sort of a concern
- 5 about just the hassle factor of that. It's just more
- 6 paperwork without obvious benefit.
- 7 In the text of the background paper, it mentioned
- 8 that physicians or a non-physician provider actually does
- 9 the authorization. So as a way of minimizing hassle and
- 10 streamlining, in practice can a nurse practitioner or PA or
- 11 case manager or someone other than literally a physician do
- 12 this?
- DR. AKAMIGBO: Yes, a nurse practitioner can
- 14 certify the plan of care.
- DR. NERENZ: Case manager?
- DR. AKAMIGBO: Not a case manager. I think a
- 17 nurse practitioner, physician's assistant, or a physician.
- MR. BUTLER: So thank you. On Slides 7 and 8, you
- 19 responded to my questions. Now I just want to understand it
- 20 a little bit more where you've shown the high end and the
- 21 low end. So 7 basically says that the hospital side, if
- 22 that's where the user is getting the service, they're in the

- 1 bottom 10 percent of spending per user, right? And then the
- 2 next slide shows the nursing facilities, the high end one.
- 3 So back on the hospital, I'm just trying to -- could you
- 4 speculate why that is? I mean, obviously you're an
- 5 ambulatory patient, so it requires you to be transported, or
- 6 you have to get to the hospital facility; whereas, in the
- 7 nursing home or the nursing facility, you're sitting there,
- 8 and so that the ability to provide the services is easier.
- 9 But is there something about those -- would you speculate?
- 10 And then one other, and then I'll let you answer.
- 11 You said, you know, two-thirds of the people are under the
- 12 cap, and, again, so I suspect in this hospital setting,
- 13 virtually all those people are under the cap, right?
- DR. AKAMIGBO: Probably, yeah.
- MR. BUTLER: Probably.
- DR. AKAMIGBO: I can't speculate as to why the low
- 17 -- so when you look at the distribution of spending for
- 18 HOPD, you find that the spending per beneficiary who uses
- 19 therapy services in hospital outpatient departments is
- 20 probably the lowest among all these other settings, \$500,
- 21 \$600, and highest --
- MR. BUTLER: Hospitals are usually not the low end

- 1 of these things, too.
- DR. AKAMIGBO: But these are outpatient
- 3 departments.
- 4 PARTICIPANT: I know.
- DR. AKAMIGBO: And they don't have to be located -
- 6 what you just alluded to, maybe getting to the hospital.
- 7 They could be located throughout -- in various forms across
- 8 an environment.
- 9 MR. BUTLER: But the patient is not living where
- 10 the service is --
- DR. AKAMIGBO: But they don't live --
- MR. BUTLER: Right.
- DR. AKAMIGBO: I think there's a big difference in
- 14 service provision between -- for therapy services between
- 15 nursing facilities and just about every other setting. But
- 16 since we're talking about HOPDs, HOPDs having a resident in
- 17 a nursing facility, they tend to be long-term care
- 18 residents, potentially with multiple needs --
- 19 MR. HACKBARTH: Is there anyway, Adaeze, to
- 20 determine whether the clinical problems of the patient are
- 21 different in the two settings? You know, I could imagine --
- DR. AKAMIGBO: Yeah.

- 1 MR. HACKBARTH: -- that a patient seen in an
- 2 outpatient department might be more likely somebody coming
- 3 in for a few sessions, a follow-up to some procedure that
- 4 happened in the hospital.
- DR. AKAMIGBO: Yeah.
- 6 MR. HACKBARTH: As opposed to a nursing home
- 7 resident having long-term multiple problems.
- B DR. AKAMIGBO: We tried to do that, and --
- 9 DR. MARK MILLER: In the discussions with the
- 10 industry, I think what they would say is that in the nursing
- 11 facility it is what Glenn is alluding to, and that there are
- 12 multiple -- more likely to be multiple modalities given to
- 13 the patient during the stay there, and that that probably
- 14 accounts for some of what's going on.
- MR. BUTLER: I suspect some of the very best of
- 16 these services and some of the very worst in terms of
- inappropriate utilization is occurring in the nursing
- 18 facility side of the equation. But I don't base that on any
- 19 data. I just -- okay.
- 20 So just a couple quick comments on -- not on these
- 21 slides, but we had striking data last month that showed that
- 22 the caps cut spending in half in one year, which I suspect

- 1 was not necessarily fewer users but the fact that you just
- 2 had a cap, and so less use per user. And then it has kind
- 3 of gone up since then exponentially -- not exponentially,
- 4 but at a rapid rate, is why we are where we are.
- 5 So I was more in line with kind of almost the hard
- 6 cap, but I understand that that was fairly brutal. So I
- 7 guess I'm suspicious, like a lot of you, that the effort,
- 8 the resources, and the logistics of manual reviews is going
- 9 to be tough. But I don't have a better answer than what
- 10 we've got on the table, and I think it is artfully crafted.
- 11 DR. REDBERG: Thank you for an excellent
- 12 presentation, and I just wanted to comment, you know,
- 13 keeping in mind our framework in general, I think it's great
- 14 that we have in the recommendations to collect the data on
- 15 quality of care, because it's very hard to assess whether
- 16 we're improving quality of care when we have no idea. And
- 17 so that's great. And I think, you know, as always, but
- 18 perhaps particularly for this, you want to get this care to
- 19 the beneficiaries who will need it, but there's this
- 20 terrible problem of program integrity and fraud and abuse,
- 21 and I think that's why really the soft caps with manual
- 22 review is the best way to address that.

- I was just wondering, because you have addressed
- 2 the timeliness, and I can understand certainly we'd want to
- 3 be timely with the ten days and have electronic and not have
- 4 to have people mail and fax. But after that, did you have a
- 5 feeling for why there was continued objection to manual
- 6 reviews by the groups that talked to you?
- 7 DR. AKAMIGBO: Maybe I'm misunder.... -- so
- 8 besides the timeliness of getting responses?
- 9 DR. REDBERG: Right, which you have addressed --
- DR. AKAMIGBO: Other objections?
- DR. REDBERG: -- so is there something else?
- DR. AKAMIGBO: Well, the process of submitting the
- 13 claims, it's not automated in any way. They do rely on --
- 14 the only options they have are via mail, not e-mail.
- DR. REDBERG: But you addressed that, too.
- DR. AKAMIGBO: Yeah. So I think I covered the
- 17 range of issues brought to us by the industry in your
- 18 materials.
- DR. REDBERG: Right and that was my question.
- DR. AKAMIGBO: Okay.
- 21 DR. REDBERG: Besides what you've already
- 22 addressed, having it be easier to submit the information,

- 1 being able to do it electronically, and getting a response
- 2 quickly, and then getting a final decision in ten days, was
- 3 there anything else? Because it seems like it has all been
- 4 addressed.
- 5 DR. MARK MILLER: I think what they would say --
- 6 and if they had the microphone in the public session they
- 7 will, so -- but in our discussions, I think -- and I want to
- 8 say that there were some members of the community who came
- 9 in and I think were very constructive and very helpful. So
- 10 I want to say that, and we spent a lot of time talking to a
- 11 lot of different permutations of them.
- So I think this list, which we got through
- 13 consultation with them, helps if there's a manual review.
- 14 Nonetheless, I think they would say things like if the
- 15 resources aren't there, this is going to be a problem. And
- 16 I think we have said this ourselves and tried to reinforce
- 17 repeatedly that without the resources there will be a
- 18 problem.
- I think they're concerned that any time a cap gets
- 20 lowered, it runs the risk of an interruption and/or a
- 21 denial, and so they, you know, higher, better, if it has to
- 22 be at all. And I think they might start with, well, there

- 1 was an automatic exceptions process, and that was fine. And
- 2 so, you know -- well, I'm just trying to speak to what I
- 3 would think they would say.
- 4 And I also thought it was significant -- and
- 5 Adaeze pointed this out in her presentation. This is not an
- 6 industry-wide view, but some said, "I would rather take a
- 7 lower rate than a medical review." And, again, I think it's
- 8 the hassle and the potential that if the resources aren't
- 9 there, it doesn't execute smoothly. And I don't think any
- 10 of us here or anyone out there is thinking that manual
- 11 review is a great process and everything works really
- 12 smoothly. It's really just what we have.
- DR. REDBERG: There wasn't a sense they'd rather
- 14 there be a cap than a manual review?
- DR. MARK MILLER: Yeah, but, you know, and I'd
- 16 tell you --
- DR. REDBERG: Because that was really the choice.
- DR. MARK MILLER: -- for the constructive people
- 19 who came in, they said rather than a hard cap, this is
- 20 preferable. A lot of people just came in and said, well,
- 21 you know, there shouldn't be any hard cap and there
- 22 shouldn't be any medical review, and there shouldn't be

- 1 anything else. And so, you know, I didn't know what to do
- 2 with that.
- 3 MR. HACKBARTH: So let me just make sure that I'm
- 4 clear. The steps on this slide that came out of a
- 5 conversation with at least some people involved in the
- 6 therapy world are not incompatible with our recommendations.
- 7 These are steps that could be taken within the framework of
- 8 our recommendations to smooth the process, make it less
- 9 burdensome, less of a barrier to needed care. Correct?
- I also wonder whether we need to change our
- 11 language. You know, "manual review" has the connotation of
- 12 a clerk waiting for the mail to come in, there's a dump on
- 13 the desk, and opening envelopes. And certainly the spirit
- of this is, in fact, to void that scenario and try 21st
- 15 century communication techniques. So we may want to modify
- 16 the phrase "manual review."
- 17 DR. BAICKER: Maybe you should call it a
- 18 customized review or a personalized review.
- [Laughter.]
- 20 MR. HACKBARTH: Right, a personal review.
- 21 DR. BAICKER: That's right. An individual review.
- MR. GEORGE MILLER: Excuse me, Kate. I apologize.

- 1 Since you brought that up, how many reviews do we think
- 2 would happen with the lower cap?
- 3 MR. HACKBARTH: Would you put the relevant slide
- 4 up, Adaeze? At the proposed cap of \$1,270, about one-third
- 5 of the users have use above that level. So about one-third
- of the users would be subject to the review.
- 7 DR. CHERNEW: But sometimes the existence of the
- 8 review discourages the --
- 9 MR. GEORGE MILLER: Yeah, yeah.
- 10 MR. HACKBARTH: Yeah. And to give you another
- 11 point of comparison, George, at the current level of the
- 12 caps, which is overridden with the basically automatic
- 13 exceptions, the \$1,880 level, that's about 20 percent of the
- 14 users exceed that level.
- 15 DR. MARK MILLER: And also, I think this is
- 16 obvious, but I'll just say it just in case. It's not that
- 17 each and every visit is reviewed, but you get, you know,
- 18 approved to go ahead for another block of -- right.
- 19 MR. GEORGE MILLER: No, I got you [off
- 20 microphone].
- 21 MR. HACKBARTH: And as indicated here in this
- 22 table. So at this level, \$1,270, a patient would have about

- 1 14 visits before they would be subject to any review.
- DR. BAICKER: So that actually leads right into my
- 3 question or thought, which is I think this seems like a very
- 4 reasonable way to balance the competing interests of wanting
- 5 to be sure that people have access to needed services but
- 6 not have completely ungated use of services with
- 7 questionable value. And in knowing whether we've picked the
- 8 right cutoff point in thinking about the onerous review
- 9 process that this might entail, I think it would be helpful
- 10 to show a PDF, a density function to show what share of
- 11 claims and what share of dollars fall under each dollar
- amount, so \$1,270 hits 67 percent of people, what share of
- 13 dollars does that hit? And then if you dial that up to, you
- 14 know, \$1,300 or \$1,350, how many fewer claims would you have
- 15 to review and how many of the dollars would you lose? And
- 16 that, to just back up, this is the right place to draw that
- 17 cut point, because if you set the dollar amount too low, you
- 18 impede access and increase the burden. If you set it too
- 19 high, then you're not imposing any kind of discipline. So
- 20 in picking the dollar amount, I think those statistics would
- 21 be helpful.
- DR. MARK MILLER: And I do want to say we did some

- 1 discussion of this, and we either have or will develop a
- 2 table that shows you the distribution of the beneficiaries
- 3 and the distribution of the dollars. As you suspect, the
- 4 dollars are a little fatter in the right-hand tail than the
- 5 beneficiaries. But the distinction is not as much as you
- 6 might think. And it is true that you could raise the cap,
- 7 hi, you know, 70-some-odd percent of the beneficiaries and
- 8 still hit a large block of the dollars, but it's not as much
- 9 bang as you think.
- 10 The other thing I would say to you and to the
- 11 public is obviously if the Congress feels and CMS feels that
- 12 there's some better cut point that this all works, I mean,
- our point is trying to strike a balance between a hard cap
- 14 and an open-ended cap.
- DR. HOADLEY: Part of what I was going to ask I
- 16 think has just kind of been answered in this discussion of
- 17 this slide, which is I think there's a real value in that
- 18 kind of data because not only does it help justify what we
- 19 did, but it also gives the Congress a sense of the impact of
- 20 different options.
- 21 The other thing I wanted to just clarify on this -
- 22 and it was said, I think, in your comment, Glenn -- one

- 1 should be careful not to misread that number of visits under
- 2 the cap 14 isn't -- we're not setting a cap of 14. That's
- 3 just the average that you can calculate from those dollar --
- 4 that's correct, right? Because I think that one is tempted
- 5 to misread that if you're not being careful.
- 6 My other comment, this has been great staff work,
- 7 and I think we're in the best place we can be given all of
- 8 our qualms about the tough place that we're put in. And I
- 9 just wanted to make one other comment along those lines,
- 10 which is ideally we would know a bunch of other information,
- 11 including the fact that starting in October we've got a
- 12 real-life experiment going on. And, you know, if Congress
- 13 was in a position to be able to wait and see what happens,
- 14 there's even a GAO report that's due out in May. Obviously,
- 15 they couldn't start that any earlier because the policy
- 16 didn't start early to look at the impact of manual reviews,
- 17 and ideally we'd like to know how many reviews took how much
- 18 time, you know, and not even do it with sort of the current
- 19 rules but maybe the streamlined process, which is a really
- 20 useful perspective. You know, how many end up getting
- 21 approved because they go past the ten days? How much is the
- 22 ABNs used and all these other kinds of things? What of

- 1 patients -- I mean, to really make good policy, we'd like to
- 2 know all that. Obviously we can't. We're not in a position
- 3 to wait for that, and the Congress may or may not be. They
- 4 obviously could choose to, but may well not be able to wait.
- 5 So I think it's really important that we emphasize
- 6 the point of the CMS resources, and that whatever we can do
- 7 with the numbers to sort of show the impact of that will be
- 8 great.
- 9 MR. HACKBARTH: Just to put a sunny face on it,
- 10 what we've heard anecdotally is that the experience of the
- 11 last several weeks has been difficult, since October 1st,
- 12 and if nothing else, perhaps that will make it clear to the
- 13 Congress that if you want to go down the review path, you
- 14 really do need to provide the resources and, to CMS, you
- 15 really do need to focus on the sort of streamlining that's
- 16 discussed, because we've got some real-world experience that
- 17 suggests those things are important.
- DR. SAMITT: Great job. Very well done.
- 19 You know, while I recognize the concerns about the
- 20 manual medical reviews and the lowering of the cap, as you
- 21 described, Glenn, it's certainly much more preferable than
- 22 hard caps. And so if we're between a rock and a hard place,

- 1 this is where I'd much rather be, and I support the
- 2 recommendations.
- 3 Two things. I want to congratulate you for taking
- 4 what I think was a great recommendation and making it better
- 5 by elaborating on some of the concerns regarding the manual
- 6 medical reviews and how this could be -- the ease of use
- 7 could be improved for the providers themselves, which I
- 8 think should hopefully make this better from a provider
- 9 perspective.
- Then my last comment really pertains to Slide 22,
- 11 and it's less about this recommendation and more about just
- 12 the broader mission of the Commission. This is the first
- one that I think focuses on moving forward with delivery
- 14 system reform, and I'd love, if possible, every
- 15 recommendation to have some element of moving us further
- 16 toward delivery system reform. Most of them have been no
- 17 impact. But I think there are some elegant elements of this
- 18 that move us in that direction, and if we could do that with
- 19 each of our recommendations, I think we'll be well served.
- MR. ARMSTRONG: So at this point, there's little
- 21 more to say. I do think this strikes a great balance
- 22 between the issues that Mary did a very good job of laying

- 1 out. Actually, we have tended to talk about how this is
- 2 kind of a compromise, we're kind of between a rock and a
- 3 hard place, and so forth. I actually think this is a really
- 4 great going-forward plan and believe that if you do buy the
- 5 argument, which I really do, that investing in these
- 6 outpatient services is a great investment with a terrific
- 7 return on better health for the beneficiaries, then I also
- 8 think it's an investment through CMS you should be making
- 9 and checking after 14 visits, how is this going and is this
- 10 contributing to the quality and health of the beneficiary?
- And so it's a discipline that we apply to many
- 12 other products and insurance plans, and I think it's
- 13 actually a step in the right direction for us to apply to
- 14 this group of beneficiaries as well.
- I understand the operational concerns, but it
- 16 seems for all the resources that we invest in CMS, this
- 17 would be one that would be better use of those resources
- 18 than a lot of other things that I think the CMS budget is
- 19 spent on.
- One last question I have, which I'm not concerned
- 21 about, but I remember in our previous conversations, and
- 22 actually in one of our slides we referred to it, if this is

- 1 still too expensive, there are some alternatives, one of
- 2 which was additional beneficiary cost sharing. And it seems
- 3 like after our last conversations that just kind of went
- 4 away. And I don't know -- it was the third of those three
- 5 ideas, but --
- 6 MR. HACKBARTH: Yeah, could you put up the
- 7 relevant slide, Adaeze? We do plan on having, continuing to
- 8 have that list. Right here. So that will be part of what
- 9 we send to the Congress and part of what we publish in our
- 10 June report.
- 11 MR. ARMSTRONG: Okay. Just remind me then, our
- 12 thinking about this was that, first, there's already the 20
- 13 percent co-pay, tends to be mitigated through supplemental
- 14 plans. It wasn't clear to me if we had done much thinking
- 15 about, you know, any advice or parameters we would offer as
- 16 this goes forward. My recollection was we weren't very
- 17 specific about any of that, and I guess there's a question
- 18 there: Is that true? And do we need to be any more
- 19 specific about that?
- MR. HACKBARTH: Specific about what specifically?
- 21 [Laughter.]
- 22 MR. ARMSTRONG: Specific -- I'm thinking -- so

- 1 what kind of additional out-of-pocket -- what kind of
- 2 recommendation would we make so that that the out-of-pocket
- 3 costs actually helped to advance the outcomes that we were
- 4 pursuing? I don't really know what that would be. And my
- 5 sense was that we didn't really offer any advice about that
- 6 either other than that's just one possibility that should be
- 7 considered.
- 8 MR. HACKBARTH: We have not. And, you know, when
- 9 we talked about this much earlier in our discussions of this
- 10 issue, two types of concerns were raised about increased
- 11 cost sharing for beneficiaries. One is that current law
- 12 already includes cost sharing, the Part B deductible, 20-
- 13 percent coinsurance. So unlike home health where a couple
- 14 years ago we recommended a co-pay be added, because there
- 15 was no cost sharing at all, here there already is cost
- 16 sharing. And there were some Commissioners who expressed
- 17 concern about the added financial burden on beneficiaries.
- 18 Another issue that arose was the interaction with
- 19 supplemental coverage, and in fact, absent change in
- 20 supplemental coverage, an increase in the required cost
- 21 sharing would not have any effect on utilization because the
- 22 co-pays would be paid for by the supplemental coverage, and

- 1 it would be just a matter of shifting the program cost to
- 2 beneficiaries that would then be paid through their
- 3 supplemental premiums going up. And we couldn't expect any
- 4 utilization effect.
- Now, in the longer term, MedPAC has recommended
- 6 that the benefit package overall be restructured, and I know
- 7 you well know this, Scott, but for some of the new
- 8 Commissioners. And a fundamental change in how the co-pays
- 9 are structured, add catastrophic, and then also add a charge
- 10 on supplemental coverage to reflect at least a part of the
- 11 cost that the program incurs from higher utilization of
- 12 beneficiaries that have supplemental coverage.
- 13 If that were all in place today, then, in fact, we
- 14 might see a different sort of supplemental product that
- 15 would be much more compatible with where we want to go here,
- 16 which is cost sharing that is focused on encouraging high-
- 17 value services and discouraging lower-value services. But,
- 18 unfortunately, we're not quite to that point yet.
- 19 MR. ARMSTRONG: So that really answered my
- 20 question. I remembered that our conversation had gotten up
- 21 to that point. I thought we had concluded that there wasn't
- 22 really much we could do. And yet it still kind of connected

- 1 to our recommendation, and I'm fine with that. I just
- 2 didn't know if there was more to it.
- 3 MR. HACKBARTH: The last word [off microphone].
- DR. CHERNEW: Yeah, so -- I don't know if I want
- 5 the last word, but I feel like many people, I think. I
- 6 support these recommendations, although I don't like them.
- 7 I think that was the tone of some of what you said, Glenn.
- 8 There's a few things.
- 9 I'm not a big fan of added administrative costs,
- 10 and I think even with the streamlined approach and with more
- 11 resources, it's still a burdensome, imprecise process that's
- 12 just, you know, not ideally the way the system would work if
- 13 we had a system that we wanted. And I think, you know, in
- 14 my happier moments, I hope that it will work well and will
- 15 drive out bad care and keep good care. And I worry that we
- 16 won't do that as well as we would like. But, again, let me
- 17 start where I was before.
- I support the recommendation because -- it might
- 19 have sounded like I didn't.
- MR. HACKBARTH: It might have.
- 21 [Laughter.]
- DR. CHERNEW: Because the situation is so

- 1 difficult where we are. So there's a few things.
- 2 The first thing is I think this illustrates the
- 3 danger of having temporary provisions of the law, and
- 4 sometimes there's temporary provisions in the law because
- 5 there's a particular thing that you want to transition for
- 6 something and you want the transition to go away. Other
- 7 times I fear your have temporary provisions in the law for
- 8 perhaps other reasons. You know, it seemed cheaper to start
- 9 or something like that. And I think that just becomes
- 10 problematic to manage, and we find ourselves in this awkward
- 11 situation where the status quo that we have is not what the
- 12 current law will have in the future. And it's a very
- 13 difficult thing to manage, and I think it's worth noting how
- 14 difficult it is across a series of things when you have
- 15 these temporary rules that don't have a particular rationale
- 16 so you could say, well, that rationale has gone away, let's
- 17 get rid of the proposal.
- The second thing I think is true is ideally moving
- 19 to some sort of broader bundled payment system would, I
- 20 think, clearly be better where you could internalize this
- 21 and have the decisions made closer to the ground and closer
- 22 to the care. So I would encourage somewhere in the text to

- 1 maybe think of -- for example, if you were in an ACO, we
- 2 might have an exceptions process or something, where if you
- 3 had the right incentives, I wouldn't necessarily push
- 4 everybody through all of these manual reviews. And so I
- 5 think in the spirit of our last criteria, thinking -- I
- 6 wouldn't change the recommendation because I think it
- 7 becomes distracting. But thinking of ways to minimize the
- 8 burden if people can transition to payment systems or other
- 9 models where the incentives are aligned and we can get rid
- 10 of this administrative burden would make me generally a
- 11 happier person.
- 12 MR. HACKBARTH: On that last point, as you know,
- 13 Mike, actually there is some precedent where we've said if
- 14 care is provided in the context of a risk-bearing ACO, the
- 15 rules should be different because they've assumed financial
- 16 and clinical responsibility for a defined population.
- Okay. It is time for us to vote. Would you ut up
- 18 the first recommendation, please? Okay. All in favor of
- 19 recommendation 2, please raise your hand?
- [Hands raised.]
- 21 MR. HACKBARTH: No votes? Abstentions?
- [No response.]

- 1 MR. HACKBARTH: Okay. Recommendation 2. Wait
- 2 until we get it up there. Okay. All in favor of
- 3 recommendation 2?
- 4 [Hands raised.]
- 5 MR. HACKBARTH: Okay. No votes? Abstentions?
- 6 [No response.]
- 7 MR. HACKBARTH: Number 3. All in favor of number
- 8 3?
- 9 [Hands raised.]
- 10 MR. HACKBARTH: No votes? Abstentions?
- [No response.]
- MR. HACKBARTH: Okay. Thank you very much. Good
- 13 work on this.
- Okay. We are now moving on to geographic
- 15 adjustment of the work portion of the rate for physicians
- 16 and other health professionals.
- 17 [Pause.]
- MR. HACKBARTH: We'll wait just a second. We have
- 19 a shift change occurring behind us.
- Okay. Kevin, whenever you're ready?
- DR. HAYES: Thank you. Good afternoon, everyone.
- The mandate for this report was in the Middle

- 1 Class Tax Relief and Job Creation Act of 2012. It directs
- 2 the Commission to consider whether certain payments under
- 3 the physician fee schedule -- these are payments for the
- 4 work effort of physicians and other health professionals --
- 5 whether those payments should be adjusted geographically.
- In fulfilling the mandate, the Commission is to
- 7 assess whether any adjustment is appropriate to distinguish
- 8 the difference in work effort by geographic area and, if so,
- 9 what the level of the adjustment should be and where it
- 10 should be applied. The Commission must also assess the
- 11 impact of the current adjustment, including its impacts on
- 12 access to care.
- 13 The Commission's report on these matters is due
- 14 June 15, 2013. It will include full discussion of the
- 15 issues, our analysis, and a recommendation. However, a
- 16 temporary floor on the current adjustment expires on
- 17 December 31st of this year. With that date in mind, we will
- 18 present a draft recommendation at this meeting.
- To fulfill the mandate, we are assessing policy
- 20 options by considering issues of spending, access, quality,
- 21 and delivery system reform. The framework was reviewed
- 22 during previous sessions so I won't go over the specifics

- 1 again.
- 2 For today's presentation, we will begin with a
- 3 brief recap of points made at the meetings in September and
- 4 October. Recall that the fee schedule's geographic payment
- 5 adjustment for work effort is the geographic practice cost
- 6 index for work.
- 7 By way of recap, we will review the GPCI's purpose
- 8 conceptually and how it has been implemented. We will also
- 9 review the Commission's findings.
- 10 Our second topic for today is to respond to
- 11 questions raised at the October meeting. To conclude the
- 12 presentation, we have the draft recommendation, which is
- 13 based on discussion of the Chairman's draft recommendation
- 14 presented at the October meeting.
- Briefly recapping where you have been for this
- 16 report, the theory relevant to the GPCI is the theory of
- 17 compensating wage differentials, which says that the wage
- 18 paid for a unit of work should be equivalent in terms of the
- 19 goods and services that can be purchased with that wage
- 20 regardless of the geographic area where the wage earner
- 21 works.
- 22 Factors that vary geographically and believed to

- 1 influence wage differentials include cost of living and
- 2 amenities. Earnings data, therefore, would include the
- 3 effects of both of these factors.
- 4 Data specific to the earnings of physicians and
- 5 other health professionals can be influenced by three
- 6 additional factors listed on the slide here: market
- 7 concentration of providers and insurers; the volume of
- 8 services; and the return on investment received by practice
- 9 owners.
- 10 When thinking about a payment adjustment such as
- 11 the work GPCI, there's also the issue of circularity. If
- 12 data on the earnings of physicians and other health
- 13 professionals were used to construct the work GPCI, there
- 14 would be a circular relationship between the work GPCI and
- 15 the data used to construct it.
- The work GPCI is constructed with data on the
- 17 earnings of professionals in selected occupations.
- 18 Specifically, CMS uses data from the Bureau of Labor
- 19 Statistics on the earnings of professionals in seven
- 20 reference occupational categories such as the category,
- 21 architecture, and engineering.
- 22 As you discussed at the September meeting, this

- 1 method for implementing the GPCI raises two issues.
- One, the data available on geographic variation in
- 3 the earnings of physicians and other health professionals
- 4 are quite limited. As a result, it is difficult to assess
- 5 the validity of the GPCI.
- Two, some say that the labor market for physicians
- 7 and other health professionals is different from the labor
- 8 market for professionals in the reference occupations. In
- 9 particular, health professionals may value amenities
- 10 differently compared to others.
- In response to the mandate, the Commission has
- 12 conducted a series of analyses to see if there is empirical
- 13 evidence to support the validity of the work GPCI as it is
- 14 currently constructed.
- The first finding is that, to the extent
- 16 conclusions can be drawn from the limited data available,
- 17 the work GPCI is not well correlated with physician
- 18 earnings.
- 19 Second, there is some correlation between the work
- 20 GPCI and a cost-of-living index, but it depends on the level
- 21 of reference occupation earnings.
- 22 Third, the work GPCI is highly correlated with the

- 1 hospital wage index.
- 2 Details on these findings are in your materials
- 3 for the meeting, but, of course, we would be happy to answer
- 4 any questions that you have.
- 5 Per the mandate, we do not find that the work GPCI
- 6 has an impact on access to care. Kate will have more on
- 7 this in just moment. For now, let me just say that the
- 8 findings to date are that, in comparing payment areas, the
- 9 GPCI's impacts on payments are modest -- in a range from
- 10 minus 3 percent to plus 4 percent
- 11 Considering supply as a measure of access, growth
- 12 in the number of physicians and other health professional
- 13 billing Medicare is similar when comparing low GPCI areas
- 14 and high GPCI areas.
- 15 Considering service use as a measure of access,
- 16 there is much geographic variation in service use, but the
- 17 variation does not appear related to the GPCI. And
- 18 comparing service use in urban areas with service use in one
- 19 type of low GPCI area -- namely, rural areas -- and doing so
- 20 with data for time periods before and after the floor on the
- 21 work GPCI floor was implemented, the Commission's findings
- 22 are consistent, which suggests that the floor has not had an

- 1 impact on access. However, extension of the floor would
- 2 have a budgetary impact, a one-year impact in the range of
- 3 \$500 million.
- 4 Shifting gears now to questions raised at the
- 5 October meeting, we begin with a question Cori asked about
- 6 the earnings of professionals in the work GPCI's reference
- 7 occupations. Depending on occupation, professionals,
- 8 including physicians and other health professionals, may
- 9 value cost-of-living and amenities differently. Cori's
- 10 question was: If we consider the reference occupations
- 11 separately, are their earnings correlated? The implication
- 12 being that, if reference occupation earnings are not
- 13 correlated, those earnings may not be a good reference point
- 14 for constructing the GPCI.
- The findings are:
- 16 First, if we put pharmacists to the side for the
- 17 moment, the correlations are moderate to high, in a range
- 18 from 0.41 to 0.69, depending on the pair of occupations
- 19 compared. And the correlation of pharmacist earnings with
- 20 registered nurse earnings is toward the low end of that same
- 21 range at 0.43.
- However, the correlation of pharmacist earnings

- 1 with the earnings of the other five reference occupations is
- 2 much lower -- in a range from 0.13 to 0.24.
- 3 Kate will take over now and start by addressing
- 4 questions raised at the October meeting about access to
- 5 care.
- 6 MS. BLONIARZ: So we also looked at the rates of
- 7 visits across rural and urban areas within the same
- 8 statewide locality. You could think of these statewide
- 9 localities as a natural experiment where areas that have
- 10 this different underlying input prices receive the same
- 11 GPCI. If the GPCI significantly affects service use, we
- 12 should see differences between rural and urban areas in
- 13 statewide localities. The bottom line is that we don't see
- 14 large differences between urban and rural areas in those
- 15 statewide localities -- the first line on the slide.
- And, furthermore, the small difference in service
- 17 use between urban and rural in statewide localities is
- 18 basically the same as it is in non-statewide localities.
- 19 And you can see that across both types of localities, the
- 20 difference between urban and rural is small -- about a half
- 21 a visit per beneficiary.
- This is consistent with the findings in the

- 1 Commission's rural report. There are significant
- 2 differences in service use across regions of the country but
- 3 little difference between rural and urban beneficiaries'
- 4 service use within those regions.
- 5 Another topic you've discussed is the potential
- 6 impact of a change in fees on access, and a Center for
- 7 Studying Health Systems Change study provides some insight
- 8 here.
- 9 A Medicare fee cut in 2002 did not result in a
- 10 higher share of beneficiaries reporting access problems.
- 11 And beneficiaries in areas with a high fee differential
- 12 between Medicare and private insurance were no more likely
- 13 to report access problems than those in areas with low fee
- 14 differentials between Medicare and private.
- 15 On Medicare's specific programs for improving
- 16 access, there's the HPSA bonus, which is a 10-percent
- 17 increase in the fee schedule amount for all fee schedule
- 18 services provided in a primary care health professional
- 19 shortage area, or HPSA. HPSAs must have a low provider-to-
- 20 population ratio as well as having individuals that face
- 21 insufficient access to care, using measures such as wait
- 22 time or the share of providers accepting new patients. The

- 1 HPSA bonus has been in effect since 1991, and payments were
- 2 about \$200 million in 2008.
- 3 The primary care incentive program also makes a
- 4 10-percent bonus to primary care services delivered by
- 5 providers in certain specialties who specialize in
- 6 delivering primary care services. The PCIP is along the
- 7 lines of the Commission's 2008 recommendation for a payment
- 8 adjustment for primary care services. And payments under
- 9 this program were about \$560 million in 2011, and the
- 10 program will expire in 2015. The Commission could undertake
- 11 further analyses of these programs to see how they could be
- 12 better targeted.
- So switching gears a bit, an argument brought
- 14 forward in supporting a floor on the work GPCI is that it
- 15 will aid in recruiting physicians to areas where access is
- 16 constrained. But the floor applies to many large urban
- 17 areas that may not face trouble in recruiting.
- The areas with a work GPCI of above 1 (and so not
- 19 subject to the floor) include some large metro areas such as
- 20 Chicago, Baltimore, Washington, and others listed on the
- 21 slide.
- 22 However, areas below 1 -- so those that are

- 1 subject to the floor, also includes some large metro areas,
- 2 such as Miami, Phoenix, Minneapolis, and Denver, and other
- 3 cities on the slide. And some of these areas may not face
- 4 much difficulty recruiting physicians and other health
- 5 professionals.
- 6 This may call into question whether the floor on
- 7 the work GPCI is the best policy for targeting access or
- 8 whether other policies, such as the HPSA bonus or other
- 9 targeted bonuses, are more targeted and efficient.
- 10 The Institute of Medicine recently released two
- 11 reports on the geographic payment adjusters used in the
- 12 Medicare program. In their principles and assumptions, the
- 13 IOM stated that continued use of geographic adjustment
- 14 factors in Medicare payments is warranted.
- 15 IOM also stated that Medicare payment adjustments
- 16 related to national policy goals should only be made through
- 17 a separate and distinct adjustment mechanism and not through
- 18 geographic adjustments. In their Phase 2 report, when the
- 19 IOM simulated the impacts of their recommendations on
- 20 payment, they did remove the work GPCI floor.
- 21 To summarize, a geographic adjustment in the
- 22 physician work component of the fee schedule is warranted.

- 1 There is variation in the cost of living and in physician
- 2 earnings.
- 3 The work GPCI, however, is flawed in concept and
- 4 implementation.
- 5 First, the market for the services of physicians
- 6 and other health professionals appears to differ from the
- 7 markets in the GPCI's reference occupations.
- 8 Second, there is insufficient data to validate the
- 9 GPCI -- to know whether it is accurate -- because physician
- 10 earnings data have many flaws.
- We do not see an impact on access to care from the
- 12 work GPCI. In targeted programs such as the HPSA or primary
- 13 care bonus may be a better way of improving access than the
- 14 work GPCI floor. We are unable to evaluate whether the work
- 15 GPCI has an effect on quality.
- And, finally, current law, is the one-quarter GPCI
- 17 applied to all localities and expiration, at the end of this
- 18 year, of the floor. And we do not see justification to
- 19 deviate from current law based on quality, cost, or access.
- 20 And while the GPCI is flawed, there is insufficient data in
- 21 the short term to establish a new index.
- To elaborate on that last point, if one wanted to

- 1 develop a new GPCI formula, there are a couple of different
- 2 ways to do so.
- 3 The Medicare program could directly collect data
- 4 on the earnings of physicians and other health
- 5 professionals. The benefits of this approach are that CMs
- 6 could specify what types of data to collect, such as the
- 7 earnings of employed physicians. But these data would still
- 8 be subject to the biases we've discussed -- the
- 9 profitability of the practice, provider and insurance
- 10 consolidation, and the volume of services provided.
- 11 The second option is to use market fees for a
- 12 specific service or set of services. Advantages include
- 13 that they are more likely to be obtainable from public
- 14 sources and could address the volume incentives.
- 15 Disadvantages include that they are still subject to market
- 16 consolidation factors and the profitability of the practice.
- 17 The third option is to base the GPCI on an
- 18 alternative such as a cost-of-living index or the hospital
- 19 wage index. These indices are already established, and in
- 20 the case of hospital wage indices are used to adjust other
- 21 Medicare payments. But disadvantages include that it's
- 22 unclear whether these other indices are truly a good match

- 1 for accounting for the work effort of physicians and other
- 2 health professionals.
- 3 So, with that summary and discussion of future
- 4 data collection options, we now put up the draft
- 5 recommendation:
- 6 Medicare payments for work under the fee schedule
- 7 for physicians and other health professionals should be
- 8 geographically adjusted. The adjustment should reflect
- 9 geographic differences across labor markets for physicians
- 10 and other health professionals.
- 11 The Congress should allow the GPCI floor to expire
- 12 per current law and, because of uncertainty in the data,
- 13 should adjust payments for the work of physicians and other
- 14 health professionals only by the current one-quarter GPCI
- 15 while the Secretary develops an adjuster to replace it.
- The implications of the draft recommendation are:
- First, because it is current law, it has no effect
- 18 on program spending.
- 19 Second, we do not expect that the recommendation
- 20 would affect beneficiaries' access to the services of
- 21 physicians and other health professionals nor the
- 22 willingness of those providers to serve Medicare

- 1 beneficiaries.
- We expect that the recommendation has no
- 3 implications on the quality of care provided to Medicare
- 4 beneficiaries.
- 5 And, fourth, the recommendation has no
- 6 implications with respect to advancing delivery system
- 7 reform.
- 8 That concludes it, and we're happy to take
- 9 questions.
- 10 MR. HACKBARTH: Okay. Thank you, Kate and Kevin.
- I hope that Commissioners will bear with me while
- 12 one more time I say what the framework is that we're using
- 13 to evaluate these. There's been some turnover in the
- 14 audience, and I want to make sure that it's understood, our
- 15 approach.
- 16 For each of these reports that we've been asked to
- 17 prepare by the Congress on physician work GPCI, on
- 18 outpatient therapy, and on ambulance services, we're
- 19 applying the same framework, which is that in order for us
- 20 to recommend an increase in the Medicaid expenditures above
- 21 the current law baseline, there should be evidence that
- 22 increased expenditure would either improve access to care,

- 1 improve quality of care, or facilitate movement to new
- 2 payment systems and delivery system reform.
- 3 As indicated by Kevin and Kate's presentation, the
- 4 recommendation here is based on the conclusion that there is
- 5 no evidence to say that the roughly \$500 million per year
- 6 additional expenditure that would be incurred by extending
- 7 the floor would result in improved quality, access, or
- 8 facilitate movement towards delivery system reform.
- 9 That, however, does not mean that there are not
- 10 important, legitimate issues worthy of further investigation
- 11 around does the Medicare payment system assure adequate
- 12 access to care for all Medicare beneficiaries. It could
- 13 well be that more targets payment adjustments such as those
- 14 for health profession shortage areas could be currently an
- 15 important tool or assuring access and could be enhanced in
- 16 ways. And I've asked Mark and the staff to undertake work
- 17 that would allow us to investigate whether those tools
- 18 function well, whether they can be improved, made more
- 19 robust in the name of assuring adequate access for all
- 20 beneficiaries. And that work will occur over the coming
- 21 months, and we'll have public discussions of that work as
- 22 well.

- 1 Would you put up the slide with the IOM
- 2 recommendation? I just want to make sure that I am
- 3 interpreting this correctly. So what page is that? 13.
- As I read their findings, they're quite consistent
- 5 with our recommendation, both on the appropriateness of
- 6 geographic adjustment -- and as I recall the context for
- 7 this second statement, basically what they're saying is what
- 8 I just said about HPSA. If we have a concern about access
- 9 for particular beneficiaries, more targeted approaches are
- 10 the way to do that as opposed to using the adjustment
- 11 mechanisms like wage index and the like. Is that the
- 12 correct interpretation of this?
- Okay. Oh, and the last point. You know, I think
- 14 based on our previous discussions and my individuals
- 15 discussions with you, I think there is broad concern about
- 16 how well the current geographic adjustment works, and some
- of that I think is -- some of that concern is probably
- increased, buttressed by the analytic work that has been
- 19 presented. The whole notion of tying this to reference
- 20 occupations is, it seems to me, a bit problematic, and we
- 21 can and should do better than that. But I believe it is
- 22 possible.

- I would remind you, as both the recommendation
- 2 does and Kate did, that what we revert back to on January
- 3 1st is a one-quarter adjustment using the current GPCI
- 4 mechanism. It's not a full adjustment.
- 5 So those are my comments. Peter, do you want to
- 6 lead off here? Again, we will have only one round on this
- 7 issue since we've discussed it --
- 8 MR. BUTLER: I have no comments.
- 9 MR. HACKBARTH: Okay.
- DR. REDBERG: Just briefly, because you really
- 11 said most of it, I think we all want to achieve enhanced
- 12 access to care, but it is also clear from the work that you
- 13 presented -- and thank you both for that excellent
- 14 presentation -- that the current GPCI is not doing that.
- 15 And so I would definitely favor letting that expire and then
- 16 collecting data -- and it sounds like that's already
- 17 underway -- on whether the other ways we've talked about to
- 18 try to ensure physicians in rural areas the HPSA bonus and
- 19 the primary care incentive, it certainly would be helpful to
- 20 know how those are working or whether we need to explore yet
- 21 other options. So I certainly embrace the goals of the
- 22 GPCI, but clearly this is not effective, and I favor, based

- 1 on your data, letting it expire and collecting additional
- 2 data.
- 3 Thank you.
- DR. BAICKER: Yeah, I agree with the way -- I like
- 5 the way that it's framed, that some geographic adjustment is
- 6 necessary. The one we have isn't perfect, but we don't have
- 7 a better one, so let's stick with current law. But let's at
- 8 the same time develop the right geographic adjuster, which
- 9 is something related to the cost of living but not exactly
- 10 anything we have.
- 11 MS. UCCELLO: Thank you so much for the additional
- 12 analysis on the reference occupations. I think I'm probably
- 13 still more comfortable than most on using the reference
- 14 occupations, but that said, I'm fully supportive of looking
- 15 at alternatives that may do a better job. And I'm
- 16 supportive of the recommendation in general.
- DR. HOADLEY: Yeah, I thought this was really
- 18 nicely summarized today and really brought the points that
- 19 we've been making together, and including the notion of
- 20 taking a better look at some of the targeting mechanisms
- 21 like the HPSA.
- I guess as I read this recommendation one more

- 1 time, I wonder whether we are saying that the Secretary
- 2 should develop a new adjuster, and we say in the last
- 3 phrase, "while the Secretary develops," we say at the top,
- 4 "the adjustment should reflect," but we don't actually say
- 5 the Secretary should work on -- and is that what we mean?
- 6 And should we reword it slightly to more explicitly say
- 7 that?
- 8 MR. HACKBARTH: Well, certainly that is what we
- 9 mean, that the Secretary should develop an adjuster.
- DR. HOADLEY: So we could say in that second
- 11 sentence the Secretary should develop a new adjustment that
- 12 would reflect blah, blah, or something like that, as
- 13 just a thought.
- DR. MARK MILLER: You could --
- DR. HOADLEY: The second sentence of the first
- 16 paragraph I was looking at.
- DR. MARK MILLER: I was going to go to the bottom
- 18 and say --
- DR. HOADLEY: You could do that, too.
- DR. MARK MILLER: -- "and direct the Secretary to
- 21 develop an adjuster to replace it, " if you feel like that --
- DR. HOADLEY: That would the other way to do it,

- 1 yeah.
- DR. MARK MILLER: It might just be fewer words.
- MR. HACKBARTH: Do you want to write that up while
- 4 we go around? And then we'll read a revised version.
- 5 DR. MARK MILLER: If I remember it, yes.
- 6 MR. HACKBARTH: That's why I'm asking you to do
- 7 it.
- 8 [Laughter.]
- 9 DR. MARK MILLER: What did I say?
- DR. SAMITT: So in the prior topic, given that
- 11 Michael stated this, now I feel safer to be able to say it
- 12 as well, which is I don't like a third of this
- 13 recommendation, but I will support it. Most specifically, I
- 14 agree with what's been said, that the GPCI is flawed and we
- 15 must replace it. The third of the recommendation I don't
- 16 like is what we plan to do in the interim, because I do
- 17 believe that removal of the floor does have a real impact on
- 18 organizations that are currently below the floor, even with
- 19 the one-quarter adjustment.
- That being said, I recognize the policy
- 21 implications of eliminating the GPCI as well as the
- 22 financial implications of preserving the floor. And so it

- 1 feels like we're very much, again, between a rock and a hard
- 2 place. And, thus, I will support the recommendation.
- 3 The most important part -- and I'm glad that we're
- 4 going to underscore the last sentence -- is truly developing
- 5 a strong methodology to replace it. And I appreciate very
- 6 much the inclusion in the text about some innovative ways we
- 7 can go about that, including how we can potentially even use
- 8 information on physician incomes, adjusted and protected for
- 9 the concerns that have previously existed, to perhaps use
- 10 that as a real guide for geographic adjustment, as well as
- 11 the comment of alternative ways to support rural areas, the
- 12 HPSA bonus and such. So I think they help the
- 13 recommendation and strengthen the recommendation.
- 14 Finally, the last comment I would make is about
- 15 the last of our four dimensions, which is delivery system
- 16 reform. I'm disappointed that this doesn't move that
- 17 forward either, and my frank concern is about those
- 18 organizations that are currently delivering value-based care
- 19 that are now below the floor, and so they're not being
- 20 rewarded for delivering value, and now the floor will no
- 21 longer serve as a protection. And so if our intent is to
- 22 reward systems that are truly delivering value, then making

- 1 adjustments such as this in a fee-for-service manner is
- 2 really just penalizing the exact types of organizations that
- 3 we want to reward.
- 4 MR. ARMSTRONG: I support the direction these
- 5 recommendations are going and have no questions to ask.
- DR. CHERNEW: I also support them, and I just sort
- 7 of want to say briefly why because it is problematic.
- 8 And I think the most important thing I support is
- 9 the theory of having some geographic adjustment because
- 10 we're compensating individuals in terms of giving them goods
- 11 and services. The prices of those goods and services vary,
- 12 and therefore, you would expect that the amount that they
- 13 would get paid would vary. The amount would depend on the
- 14 sort of amenities and the offsets we talked about last time.
- So, in the end, I think it's an empirical
- 16 question, and a lot of our debate here is how to do this
- 17 better empirically and what is a remarkably complex
- 18 empirical challenge that I don't think we should actually
- 19 underestimate.
- 20 So I think I am actually, in some ways, closer to
- 21 Cori than I'm -- I'm sort of okay in some ways with the
- 22 reference occupations. I'm not sure they're perfect. In

- 1 fact, I'm sure they're not, but from the data that was just
- 2 presented I think there is some information there. You
- 3 know. And so, I don't think would use that, but at least
- 4 having that on the table when we look at these other
- 5 methods.
- At some point, we're going to have to look at a
- 7 bunch of methods, compare them, see where they come out, and
- 8 that's going to be a complicated discussion.
- 9 So I'm supportive of where we are, particularly
- 10 since we down-weight the stuff we get out of there to a
- 11 quarter. And I don't know if a quarter is right, or an
- 12 eighth or three-quarters or something like that, but a
- 13 quarter seems reasonable to me, where we are, and it
- 14 certainly gets the benefit of the doubt because it's current
- 15 law.
- The other thing I would say is I really don't
- 17 think, as a general policy principle, floors are ever
- 18 particularly a great strategy. They tend not to be targeted
- 19 so well. If you think that the GPCI is working above some
- 20 level, why do you think it's absolutely not working below
- 21 that level?
- 22 And so, the theory and the sort of spirit behind

- 1 this, of trying to target this better, I think is just
- 2 substantially better than policy that tries to put in floors
- 3 and worries about where people are relative to the floor.
- 4 So I actually -- I'm very much where Craig was.
- 5 And exactly what he said was we can do better. We can try
- 6 to do better. We're going to have to evaluate the impact of
- 7 this when it comes out, and it will be an empirical question
- 8 that we're going to have to investigate.
- 9 But for where we are now, it strikes me as the
- 10 evidence that we will do harm in reverting back to current
- 11 law is very weak, and so I'm comfortable with the way the
- 12 recommendation goes.
- DR. NAYLOR: I also support the recommendation. I
- 14 think its alignment with IOM findings adds strength to our
- 15 recommendation.
- I think on the issue of delivery system reform as
- it was described earlier was are we on a path to getting to
- 18 a more integrated system, et cetera. And I think anytime
- 19 you make a recommendation where you're talking about
- 20 allowing resources to be available to be redistributed, to
- 21 get to a better goal, is part of reform. So I think you
- 22 could make the case that almost everything that we've done

- 1 today, that that advances the kind of change in delivery
- 2 system reform because enabling resources to be used for such
- 3 distribution.
- So I -- that may be a broad brush, but I really
- 5 think they all align well.
- DR. COOMBS: Yes, I agree that the work GPCI is
- 7 flawed, and I don't like the recommendation, and I have hard
- 8 time supporting it.
- I think we have a couple of things moving at the
- 10 same time, and one of the things -- thank you for the
- 11 presentation.
- Just the notion that there is \$560 million in the
- 13 Primary Care Incentive Program -- that's actually going to
- 14 go away. And the HPSA funding -- you know, I don't know how
- 15 long that's doable.
- But I am concerned that the interim period can
- 17 elapse, and we can actually -- because we're seeing that
- 18 there's an access problem right now. Right now, I don't
- 19 think it's equivalent to what may happen in years to come.
- 20 And I think the better plan would be to -- an
- 21 extension of this process right now while there's a better
- 22 tool, an adjuster to be made. Now that's in a perfect

- 1 world, and I know you can't have everything the way you want
- 2 it, and I do understand that.
- 3 But my major problem right now is actually seeing
- 4 that there are several moving things at one time and that
- 5 the fact that you have an artificially implemented system
- 6 with extra money to kind of obliterate any kind of impact
- 7 that you might see once you actually remove the floor and
- 8 you have simultaneous removal of capital resources into the
- 9 practices within the rural areas.
- 10 Thank you.
- 11 MR. KUHN: I'll support the recommendation and
- 12 agree with everybody else; it's not perfect. It's
- imperfect, but I think it's a reasonable way to go.
- I would just make one comment, and I think this is
- 15 something that both George and Tom, and I think Craig, kind
- of referenced it a little bit ago on the HPSA -- is kind of
- 17 the impact on the rural areas and how this might be.
- As we all know from the rural report that came out
- 19 in the June report, or the rural chapter in the June report,
- 20 we were able to kind of celebrate a little bit and talk
- 21 about the fact that after a decade of hard work we had kind
- 22 of reached an equilibrium between urban and rural areas

- 1 that's out there. And so, anything that might peel away
- 2 from that could be problematic.
- And so, I know one of the questions I asked at the
- 4 last meeting was, is there -- would there be appropriate to
- 5 think about a transition in this recommendation, but I think
- 6 the data that we had showed last time that the differentials
- 7 were so small, only about 2 percent, that it really was not
- 8 that impactful as part of the play.
- 9 And so, I agree with the way we've kind of laid
- 10 this out. More targeted areas through the HPSAs or through
- 11 other HPSA bonuses, other things, are probably more
- 12 appropriate in the rural areas than kind of messing with it
- or trying to move this, which is such a small percentage
- 14 kind of adjustment.
- So I continue to be wary about that, as George and
- 16 Tom are as well, but I think this is a reasonable place to
- 17 come out for now.
- DR. HALL: I support the recommendations.
- 19 DR. DEAN: I have some serious concerns about this
- 20 for the reasons that have been laid out, especially what
- 21 Herb just said and what Craig said. I think this is really
- 22 a flawed approach.

- 1 Part of it is that when we -- my experience in
- 2 trying to recruit professionals to an area that's difficult
- 3 to recruit; it's much more complex than dollars. And I live
- 4 in a relatively low cost of living area, and yet the
- 5 salaries we have to pay are probably significantly above
- 6 average. And so, these kinds of formulas, I think, are just
- 7 going to be misleading.
- 8 So I guess that I can grudgingly support the
- 9 recommendation as long as -- to follow up on what Jack said
- 10 -- as long as we really emphasize that this is poor approach
- 11 and that we need to look for better approaches and that
- 12 there needs to be some emphasis and some urgency about that.
- MR. GRADISON: I support this, but I just want to
- 14 share a thought that's been growing on me more in the last
- 15 few years than earlier, and that is my hunch, more than a
- 16 hunch, that it's really impossible to come up with fair
- 17 formulas, centralized decision-making in this health care
- 18 area for a country as large and varied as the United States
- 19 of America. I don't know a country as large as ours that
- 20 has done it yet.
- 21 And I think back to when I was a kid and became
- 22 aware of numbers -- you know, 10 or 12 years of age -- the

- 1 population of the United States was 135 million. It's
- 2 around 315 now. Within the lifetime of my younger kids, it
- 3 could easily four or five hundred million. And the notion
- 4 that folks as smart as we have around this table, and in the
- 5 Congress and in the profession, are going to be able to come
- 6 up with centralized decisions that are anything more than
- 7 rough justice, I think is exceedingly doubtful, and I use
- 8 this as a case example.
- 9 MR. GEORGE MILLER: I think Bill hit part of what
- 10 I wanted to say very well, but conceptually, I support what
- 11 I've heard around the table. Conceptually and in a perfect
- 12 world.
- But a lot like Tom, and what Herb alluded to and
- 14 what Craig mentioned, I'm really concerned about the impact
- 15 that this would have on recruitment for rural areas -- my
- 16 bias, obviously.
- 17 I'm a rural hospital CEO and recruit positions,
- 18 and I've never had one say yet, what's the GPCIs, when I try
- 19 to recruit them. But they will tell me: Well, if you don't
- 20 pay me X, the guy down the road in Tulsa will pay X plus-
- 21 plus-plus. So what is it that you have in the community?
- 22 And we try to sell all the amenities and the great

- 1 things of living in a small, rural community that's not hear
- 2 the Gulf of Mexico.
- 3 [Laughter.]
- 4 MR. GEORGE MILLER: I think over time that this
- 5 has been the equalizer. And the report rural -- I think it
- 6 was Herb who mentioned the rural report. We can look back
- 7 and say this has been the equalizer for us.
- 8 This is a complex issue. You know, I struggle
- 9 with it. Philosophically, I understand. I understand the
- 10 arguments all around the table, but as another colleague
- 11 said, for those of us who live in the real world, this is
- 12 just difficult to vote for. So I'm torn.
- We all agree that the GPCI is flawed. And I would
- 14 love to see what would replace this, what we're going to put
- 15 in place to make this work first because I'm afraid that we
- 16 would lose some momentum by -- and, again, I fully
- 17 understand the rationale, but I'm real, real concerned.
- And with the recommendation, it says the Secretary
- 19 will, but it doesn't say the Secretary will by such and such
- 20 a date. So are we going to be back here next year or the
- 21 following year before the Secretary puts this in place?
- I don't know if we want to put -- I don't know if

- 1 we can tell the Secretary when to have this done by. But we
- 2 know when the law expires, but we don't know when that new
- 3 mechanism will be in place. And so, there could be some
- 4 considerable time, and then we then lose the momentum,
- 5 especially in the rural areas.
- 6 So I'll leave it at that.
- 7 DR. DEAN: I have one more -- slide 13 again. It
- 8 almost seems to me that there's a conflict between those
- 9 first two recommendations -- that on one hand there should
- 10 be a geographic adjustment, but on the other hand, if we're
- 11 talking about overall national policy goals and access,
- 12 there shouldn't be a geographic adjustment.
- MR. HACKBARTH: Yeah, that's why I asked Kate to
- 14 clarify this.
- DR. DEAN: Okay.
- MR. HACKBARTH: So let me get the right page.
- So, in the second bullet there, the reference to
- 18 payment adjustments related to national policy goals -- that
- 19 would be like improving access.
- DR. DEAN: Right.
- MR. HACKBARTH: And so, efforts to improve access
- 22 should be made through a separate and distinct adjustment

- 1 mechanism like HPSA as opposed to by putting in floors,
- 2 limits on wage index adjustments, et cetera. That was when
- 3 you read this context.
- DR. DEAN: But, in fact, that's what we're doing,
- 5 isn't it, with this recommendation?
- 6 MR. HACKBARTH: No. So what they're saying is
- 7 that if you're worried about rural access, for example, as a
- 8 national policy goal --
- 9 DR. DEAN: Right.
- 10 MR. HACKBARTH: -- don't jigger with the wage
- 11 index, the GPCI, things like that. Have targeted policies
- 12 like HPSA. And that's what we're saying or proposing.
- DR. DEAN: Yeah, I don't agree with that.
- MR. HACKBARTH: Yeah. And that's why, as I said
- 15 at the outset, I think it's important for us now once we
- 16 finish this to turn to: How well are those targeted
- 17 mechanisms working? Can they be improved? Can they be made
- 18 more robust?
- Okay. Anybody else?
- 20 Okay. So would you put up the recommendation?
- 21 All in favor of the recommendation, please raise
- 22 your hand.

- 1 [Hands raised.]
- 2 MR. HACKBARTH: All opposed?
- 3 [Hands raised.]
- 4 MR. HACKBARTH: Abstentions?
- 5 [No response.]
- 6 MR. HACKBARTH: Okay. Did you them all?
- 7 DR. MARK MILLER: I think so.
- 8 MR. HACKBARTH: Okay. Thank you very much. Good
- 9 work.
- Okay. So we are now to our last session for
- 11 today, and this has got a long title. It focuses on the
- 12 effect on the prices charged by providers to private
- insurers from the effect on that of Medicare pricing, right
- 14 Jeff? Did I get that sort of right?
- DR. STENSLAND: You got it right.
- MR. HACKBARTH: Yeah.
- DR. STENSLAND: So, first, I'll start out to say
- 18 Carlos couldn't be with us today, so Scott is going to be
- 19 here to handle the tough questions.
- Over the past year, we've been discussing issues
- 21 related to benefit design. In our June report, the
- 22 Commission recommended a series of improvements to Medicare

- 1 fee-for-service that would limit beneficiaries' out-of-
- 2 pocket costs and encourage better decision-making on the
- 3 part of beneficiaries.
- In September, Julie and Scott discussed private
- 5 plans and issues regarding different types of competitively
- 6 determined plan contribution frameworks, what we called a
- 7 CPC framework. And a CPC framework is where a Medicare plan
- 8 and beneficiary contributions are determined by a system of
- 9 competitive bidding.
- 10 A key issue for both Medicare Advantage plans and
- 11 for any future private plans is the cost of the plan
- 12 relative to current fee-for-service.
- Today, we examine the rates private Medicare
- 14 Advantage plans pay hospitals and how these rates can affect
- 15 the cost of private plans.
- In terms of the motivation for today's discussion,
- 17 we start with the concept that the cost of private plan
- 18 insurance, such as an MA plan, is affected by rates plans
- 19 pay providers. All else equal, higher provider rates will
- 20 generally lead to higher plan premiums.
- 21 Today, we look at the experience of Medicare
- 22 Advantage plans.

- 1 First, I will discuss the rates MA plans pay
- 2 hospitals relative to the rates commercial insurance plans
- 3 pay hospitals.
- 4 Second, we will discuss factors that may affect
- 5 the rates Medicare Advantage plans pay hospitals. For
- 6 example, MA plans must compete with Medicare fee-for-
- 7 service, and that may affect rates. In addition, there are
- 8 limits on rates for emergency services which can affect
- 9 price negotiations, as we will discuss.
- 10 There are a couple of key facts to start with.
- 11 First, data from the American Hospital Association show that
- 12 Medicare fee-for-service hospital rates are roughly 30
- 13 percent lower on average than private insurer rates. Of
- 14 course, this varies by market and by hospital. In some
- 15 cases, Medicare is one of the better payers, but private
- 16 insurance usually pays hospitals higher rates than fee-for-
- 17 service Medicare. On average, commercial rates are much
- 18 higher than fee-for-service rates.
- 19 Second, on average, hospital payments represent 30
- 20 percent of fee-for-service Medicare expenditures. Because
- 21 payments to hospitals are a material share of an insurer's
- 22 costs, the rates insurers pay hospitals can affect MA plan

- 1 premiums.
- 2 Therefore, if MA plans paid commercial rates to
- 3 hospitals, MA plans would be at a significant competitive
- 4 disadvantage with fee-for-service. Beneficiaries would not
- 5 choose MA plans if MA premiums were significantly higher
- 6 than premiums for fee-for-service benefits and supplemental
- 7 insurance.
- 8 So the question arises, what rates do the MA plans
- 9 pay hospitals? To examine rates MA plans pay hospitals, we
- 10 took three approaches.
- 11 First, we examined MA plan bid data. This is data
- 12 MA plans submit to CMS. The plans project the costs of
- 13 providing Part A and Part B benefits to the beneficiaries in
- 14 their private plans. These bids will reflect the rates that
- 15 Medicare Advantage plans pay hospitals.
- Second, we examined financial data from hospitals
- on the relative profitability of Medicare Advantage patients
- 18 compared to fee-for-service patients. If hospitals receive
- 19 higher payments for MA patients, then profits on MA patients
- 20 should be higher than on fee-for-service patients.
- 21 Finally, we report on findings from interviews by
- 22 the Center for Studying Health System Change as well as our

- 1 own discussions with market participants who are familiar
- 2 with the contract negotiations between MA plans and the
- 3 hospitals.
- 4 Our first source of data was MA bids. Each MA
- 5 plan reports the experienced -- expected expenditures for
- 6 Part A and B services. If the MA plans paid the same rates
- 7 as are paid for commercial insurers, then we would expect
- 8 higher MA bids in markets where hospital prices for
- 9 commercial insurers are high relative to fee-for-service.
- The full regression results are in your mailing,
- 11 and we can discuss those on question if you like, but the
- 12 bottom line is we failed to find a strong relationship
- 13 between commercial, private prices and MA plan bids. This
- 14 implies that MA plans do not pay the same rates as other
- 15 private insurers.
- Next, we look at the issue from two other angles
- 17 to see what are the MA plans paying hospitals and what are
- 18 these rates anchored to.
- 19 The second source of data was financial data from
- 20 hospitals, and we found that profit margins on MA patients
- 21 were roughly equal to profits on fee-for-service patients.
- 22 This suggests that MA rates, on average, are close to fee-

- 1 for-service rates.
- 2 The third source of data were the market reports
- 3 from the Center for Studying Health System Change and our
- 4 own conversation with the participants in the market, and
- 5 these confirm that hospital payment rates are generally
- 6 anchored to Medicare fee-for-service rates.
- 7 The net implication of this is that MA rates -- MA
- 8 plans appear to pay hospitals rates that are roughly 30
- 9 percent lower than the average rate paid by commercial
- 10 insurers.
- 11 So the natural question is, what is the difference
- 12 about the negotiation dynamics that allow MA prices to be 30
- 13 percent lower than other private insurer prices?
- 14 The first point is that MA plans must compete with
- 15 fee-for-service under the current system. If MA plans paid
- 16 commercial rates, they would have to raise Medicare
- 17 Advantage premiums. If this bid was above the MA benchmark,
- 18 then beneficiaries would have to pay more to join the MA
- 19 plan than they would to stay in fee-for-service. So, to
- 20 keep the prices beneficiaries pay competitive with fee-for-
- 21 service, MA plans must keep prices they pay hospitals close
- 22 to fee-for-service prices.

- 1 Second, MA plans are in a strong negotiating
- 2 position to keep the hospital payment rates close to fee-
- 3 for-service. By statute, if a hospital does not come to
- 4 terms with an MA plan, that MA plan only has to pay the
- 5 hospital Medicare fee-for-service rates for out-of-network
- 6 emergency services.
- 7 This is important because over half of Medicare
- 8 beneficiaries enter the hospital in-patient department via
- 9 the emergency room. Due to these emergency department price
- 10 protections, the plan is not at risk for high out-of-network
- 11 prices, and beneficiaries are not at risk for being balance
- 12 billed for full charges. And this is not always the case in
- 13 the commercial market.
- 14 The net effect of these two factors strengthens
- 15 the MA plan's bargaining position and weakens the hospital's
- 16 bargaining position relative to the position they are in
- when negotiating commercial rates.
- So this is just an illustration of how hospitals
- 19 have less of an incentive to negotiate with commercial
- 20 insurers than they do in the MA context.
- In this illustrative example, you can look at the
- 22 first column, and this is the most extreme example -- a

- 1 closed HMO that owns its own hospital, such as Kaiser in
- 2 California. This type of hospital would have close to zero
- 3 scheduled admissions to outside hospitals.
- 4 So outside hospitals contracting with a Kaiser-
- 5 type HMO would only expect to get emergency visits and
- 6 emergency admissions. The hospital has very little
- 7 incentive to negotiate with the HMO. It could just bill
- 8 full charges for patients entering the ER and then balance
- 9 bill the patients to the extent the HMO does not pay.
- Because charges are so much higher than negotiated
- 11 rates, the hospital may be better off just billing the full
- 12 charges of \$3 million, in this example, even if the portion
- of the 3 million ends up as bad debt.
- And this was a strategy some hospitals took in
- 15 California up until 2009. In 2009, the Supreme Court
- 16 interpreted existing California statutes as saying that for
- 17 emergency services the hospitals can only bill HMOs usual
- 18 and customary rates and are not allowed to balance bill
- 19 patients.
- 20 Other states, such as Florida, have offered
- 21 similar protections due to similar concerns. However, there
- 22 are many states where these protections are not available in

- 1 the commercial market.
- Now, as you can see in the second column, a
- 3 hospital has a stronger incentive to negotiate with a PPO
- 4 plan, but the PPO plan still has some leverage if it can
- 5 bill full charges for ER services if the PPO fails to come
- 6 to an agreement with the hospital.
- 7 As I said, hospitals will still usually want to
- 8 negotiate due to concerns over bad debts if they bill full
- 9 charges, but this illustrative example should provide some
- 10 intuition as to why hospitals may be able to drive a harder
- 11 bargain with commercial insurers than they can drive with MA
- 12 plans.
- The purpose of this next slide is just to show
- 14 that the importance to plans and to beneficiaries of
- 15 avoiding full charges is increasing over time. This is
- 16 because over the past 12 years, average markups on hospital
- 17 services increased from roughly 100 percent to over 200
- 18 percent. What this tells us is that the benefit to the
- 19 beneficiary from being protected against full charges for
- 20 emergency room visits is increasing and the price
- 21 protections may have a bigger and bigger effect on the
- 22 negotiating process.

- 1 So one question is whether MA plans could still
- 2 get the current levels of prices they're receiving from
- 3 hospitals even if there was not fee-for-service competition
- 4 and there was not any out-of-network price protection.
- 5 Would prices fall this much if there was simply
- 6 more competition amongst the hospitals? And the literature
- 7 shows that hospitals with large market shares tend to get
- 8 higher rates from insurers. So, if there was a reduction in
- 9 each hospital system's market share, rates would be expected
- 10 to decline.
- In recent years, the FTC has had some success at
- 12 slowing down the rate of increase in each system's market
- share, but I'm not aware of any actual movement seen toward
- 14 increasing competition.
- To actually increase competition, that would
- 16 require either building more hospitals or breaking up
- 17 hospital systems. And I've not heard of anyone calling for
- 18 the construction of more hospitals as a mechanism for
- 19 reducing health care costs, and I've not heard of any calls
- 20 to break up any of the well known hospital systems either
- 21 that we're familiar with.
- There has been some success with ACOs making

- 1 physicians more price conscious in their referrals, and
- 2 there has been some success with tiered networks making
- 3 consumers more sensitive to price. But there's been very
- 4 little success in actually reducing hospital systems'
- 5 dominant market shares.
- Nevertheless, what if we could see an increase in
- 7 competition?
- 8 What would that mean for prices?
- 9 How much lower would average prices go if
- 10 hospitals markets are more competitive?
- Our analysis in your paper indicates that hospital
- 12 prices are 9 percent lower on average in markets where
- insurers have much more market power than hospitals. Our
- 14 measures of market power are imprecise, and so the 9 percent
- 15 measure we use is certainly imprecise, but I think the point
- is that that's substantially lower than the 30 percent
- 17 differential we see in the data between the MA plan payment
- 18 rates to hospitals and commercial insurer payment rates to
- 19 hospitals.
- So, in summary, provider rates affect insurance
- 21 premiums, as we all know.
- 22 Hospital prices are roughly 30 percent lower for

- 1 MA plans, on average, and this may be due to a combination
- 2 of 2 factors -- first, MA plans must compete with fee-for-
- 3 service, and second, MA plans and beneficiaries benefit from
- 4 out-of-network price protections. We cannot be sure which
- 5 one of these factors on its own could keep prices at their
- 6 current levels, if one on its own could.
- 7 Finally, competition tends to result in lower
- 8 prices, but it's not clear that we can generate enough
- 9 competition to bring market prices down to the level paid by
- 10 MA plans.
- And now, we'd like to open it up for discussion.
- 12 Many of you have experience either working for an MA plan or
- 13 working with a provider who has negotiated with MA plans.
- 14 We'd like to hear your thoughts on how fee-for-service
- 15 competition has affected the rates MA plans pay providers
- 16 and the premiums charged by MA plans. In addition, we'd
- 17 like to hear your thoughts on how price protections that MA
- 18 plans have had for the past 25 years have affected price
- 19 negotiations between MA plans and providers in the past.
- Now we'll open it up for discussion.
- MR. HACKBARTH: Okay. Thank you.
- Craig, do you want to go first?

- And, here, we'll have our usual two rounds. So
- 2 first round is clarifying questions only. No?
- 3 Scott.
- 4 MR. ARMSTRONG: So somewhere in here is a
- 5 question. You talk about how market share influences the
- 6 ability to negotiate rates, either hospital share or insurer
- 7 share. And then, you talk about the concerns about a
- 8 difference between fee-for-service rates and the Medicare
- 9 program has kind of like ultimate market share or at least
- 10 authority to set rates.
- 11 We're wondering how can this future that looks
- 12 kind of more like MA compete effectively to manage these
- 13 provider rates, but we're comparing today's MA experience
- 14 with fee-for-service when MA is really only 20, 25 percent
- 15 of the overall market share. In this future we're talking
- 16 about, wouldn't these plans have much more market leverage?
- 17 And so, I'm just wondering if that's really a
- 18 great point of reference for us.
- I told you somewhere in here was a question. I'm
- 20 not really sure how to get at it, but it really kind of
- 21 challenges the underlying concern about the 30 percent gap
- 22 that exists because it's comparing today's market dynamics

- 1 to a hypothetical future that would be very different.
- 2 MR. HACKBARTH: So a question that I think is in
- 3 there is, if the share of Medicare beneficiaries enrolled in
- 4 private plans were to increase substantially, would that
- 5 make it more difficult for private plans to command lower
- 6 rates or less difficult for them to command higher rates?
- 7 Lower rates, excuse me, from hospitals.
- 8 MR. ARMSTRONG: I think it would make it less
- 9 difficult. It would put the plans in a better position to
- 10 negotiate lower rates.
- MR. HACKBARTH: Yeah. So sort of a standard
- 12 analysis might be that as they get more enrollees they've
- 13 got more leverage in the negotiation.
- MR. ARMSTRONG: Right.
- MR. HACKBARTH: All other things being equal, that
- 16 would equate to lower rates.
- On the other hand, if they become a larger share
- of a hospital's business and granting lower rates means a
- 19 more dramatic hit on the overall revenue coming into the
- 20 institution, it might give a low rate to a small fish that
- 21 you will find difficult to give to everybody would be an
- 22 alternative scenario.

- 1 MR. ARMSTRONG: Right.
- MR. HACKBARTH: So I truly meant it as a question.
- 3 Which way does it cut as MA enrollment increases, Jeff?

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- DR. STENSLAND: I think we do have some data in
- 6 the paper. The stuff that we did on market concentration is
- 7 clearly crude measures, but we have the hospital market
- 8 share in there, and then we also have another thing I didn't
- 9 discuss in the presentation, of the insurer market share.
- And, if we look at prices, when the hospital
- 11 dominates the insurer, we see they are about 9 percent
- 12 higher. If we look at prices when the insurer dominates the
- 13 providers -- and these are cases where they might have 80
- 14 percent of the market share in the state, the single insurer
- 15 -- we see prices, on average, that are 9 percent lower than
- 16 average. So you have this 18 percent spread there from
- 17 hospital dominance to insurer dominance.
- So maybe we could get more than the 9, but I don't
- 19 know if we're going to get to the 30. And then, of course,
- 20 we're saying this is the prices the hospital pays.
- Now there is some work by Daphny that suggests,
- 22 well, if the insurer has market dominance and they have 80

- 1 percent share, they might not pass all of those savings on
- 2 to the beneficiary in terms of their premiums. They might
- 3 keep some of that.
- 4 There's also the question of these are markets
- 5 where the insurer dominates by having an 80 percent market
- 6 share, and even if managed care as a whole has lots of
- 7 market share, lots of -- I mean lots of people are in MA
- 8 plans. The individual MA plans might not have big market
- 9 leverage on their own because they only each have a little,
- 10 teeny slice of it. So you might not see that full 18
- 11 percent that we saw in our regression results.
- 12 And I want to say again that, you know, this is --
- 13 I'm certainly not hanging my hat on 18 percent because our
- 14 measures of market concentration are really imprecise, but
- 15 that gives you some sort of a flavor for that differential.
- DR. COOMBS: Yes, I was thinking about the cost
- 17 variation studies that the attorney general in Massachusetts
- 18 did, Martha Coakley, and just looking at the private market
- 19 and some of the indicators that they had that were outside
- 20 of just patient care.
- 21 You know, on your slide 8, I was thinking about
- 22 the whole notion of one of the impacts of the states where

- 1 there's no balance billing. How do you predict, you know,
- 2 if there was a CPC intersecting with the areas where you
- 3 have, say, a 60 percent private market from a single player,
- 4 almost a monopoly in terms of -- monopolistic, if you will.
- 5 How would that play with a new product like the CPC?
- 6 DR. STENSLAND: I don't think I'll try to
- 7 speculate on a new product, but we can look back at the MA
- 8 plans and see what we have learned from those.
- 9 And at least we do see -- when we looked at --
- 10 there are some markets where you have both big insurer
- 11 positions, like you're saying if an insurer has 60 percent
- 12 market share, like they might in Massachusetts, and some big
- 13 provider share. In some sense, those two things somewhat
- 14 offset each other in our data.
- DR. COOMBS: That's exactly what it is. It's
- 16 matched by, you know, a dominant player on the provider side
- 17 and a dominant player on the insurer side.
- DR. STENSLAND: In those markets, we tend to see,
- 19 on average, average market prices compared to the rest of
- 20 the country.
- 21 Of course, within the market, I think, as you
- 22 know, the attorney general said there are widely different

- 1 prices depending on the individual hospitals' market shares
- 2 and some getting much lower payments than others.
- 3 DR. COOMBS: Thank you.
- DR. HALL: I think you may have answered this.
- 5 This is about market share. Let me just try one scenario
- 6 here.
- 7 What about a community that has a dominant
- 8 provider -- I mean a dominant hospital system, let's say,
- 9 and has -- at the same token, there's one dominant MA
- 10 program. How does this balance out?
- I guess I'm thinking really more of, say, Florida
- 12 or certainly some parts of my state that have this
- 13 situation.
- 14 DR. STENSLAND: As far as we can tell, at least
- 15 from the people we talked to, if you're talking MA plans,
- 16 those MA plans are generally still following the prices that
- 17 fee-for-service pays. So even though it's a big MA plan and
- 18 it's a big hospital and a big insurer, they really are still
- 19 following those fee-for-service rates. And maybe that's
- 20 because they can't really move those much higher or they
- 21 lose their people.
- DR. HALL: They can't move them. That was my

- 1 impression, right.
- DR. STENSLAND: And there are some other nuances
- 3 in the rules that are in the paper that I won't get into,
- 4 but I think that's the general perception.
- Now, of course, in the private commercial market,
- 6 it's going to be a different scenario, where those -- you
- 7 know, we certainly have examples of those must-have
- 8 hospitals extracting very high prices in certain markets.
- 9 MR. GRADISON: [Off microphone.] Fascinating.
- 10 Very fascinating. Thank you.
- MR. GEORGE MILLER: Yeah, fascinating. You asked
- 12 the questions. We've had the experience. What you've just
- 13 described is normally the case in our experience, that --
- 14 not on the commercial side but on the MA side.
- 15 And one of our concerns, especially being small
- 16 rural hospitals, is if they will pay us what Medicare fee-
- 17 for-services would pay. So, fascinating.
- DR. NERENZ: Yeah, it seems like if I'm following
- 19 this correctly the real meat of the discussion is near the
- 20 end of it, and I'm thinking particularly about slide 10
- 21 because other than that it's pretty straightforward. If you
- 22 assume that MA plans are going to have to pay higher rates

- 1 to hospitals, inevitably, the premiums go up. It seems like
- 2 that follows.
- 3 The question would seem to be, will they indeed
- 4 have to do that, or under what circumstances will they have
- 5 to do that?
- And I think you've done a nice job of talking
- 7 about the leverage and market dynamics and negotiation.
- I guess I'm trying to imagine the scenario a step
- 9 or two with the chess game further ahead. If we imagine
- 10 that fee-for-service has gone away; there is a set of plans;
- 11 they're negotiating. And let's say imagine that as a first
- 12 step they do indeed have to go up to what are currently
- 13 private insurance prices. I think the net immediate effect
- 14 I would just call a hospital windfall.
- I mean hospitals are treating the same patients,
- 16 but now they're getting paid more money.
- Now the question is, do you assume that there is
- 18 no additional market pressure of any kind that would then
- 19 result in some down pressure on those increases, or do those
- 20 windfall increase payments just ride forever into the
- 21 future?
- DR. STENSLAND: I think that's pretty complicated.

- 1 The only thing I would add into that dynamic is
- 2 what we have seen in terms of our past work on financial
- 3 pressure is when that windfall money rolls in that money can
- 4 be spent because there's often the hospital system can think
- of good things to do with that money. And then once they
- 6 start spending the money, then there's an incentive to keep
- 7 those rates up so you can keep on doing the things you're
- 8 doing.
- 9 DR. NERENZ: Understood. Understood. And I'm
- 10 just trying to think through those steps because up to that
- 11 point this is pretty straightforward. And I'm just sort of
- 12 asking you to speculate, because you probably have
- 13 speculated, about what that looks like.
- 14 The scenario you just described is certainly
- 15 possible, but I'm also wondering if somewhere then in the
- 16 resulting negotiating dynamics with whatever plans are
- 17 active, with whatever leverage they have, is there not some
- 18 power that produces some return back, meaning some later
- 19 reduction in those prices.
- 20 MR. HACKBARTH: Dave, can I ask a question there?
- 21 I'm not sure how we get to the scenario that
- 22 you're describing where the MA plan is paying much more than

- 1 Medicare fee-for-service rates.
- DR. MARK MILLER: He said fee-for-service goes
- 3 away.
- 4 MR. HACKBARTH: Oh, I'm sorry.
- DR. NERENZ: That's the number one assumption in
- 6 this whole discussion.
- 7 MR. HACKBARTH: So let me just make sure that I
- 8 understand. So your opening assumption was Medicare fee-
- 9 for-service goes away? Is that --
- DR. NERENZ: I'm looking for the bullet point
- 11 where it I think makes that statement. Is that not the
- 12 hypothetical here?
- DR. MARK MILLER: I mean, I took his -- I took
- 14 your question as this: Given this analysis, which does not
- 15 suppose that fee-for-service goes away, but you were saying,
- 16 given this analysis, if fee-for-service went away, the MA
- 17 plan payments to providers would go up. Just yes or no at
- 18 that point?
- DR. NERENZ: Yes.
- 20 DR. MARK MILLER: Okay. And then, the second part
- 21 of your question was, would they stay up, or would there be
- 22 any countervailing pressure to bring them back down? And

- 1 you asked Jeff to speculate about that.
- DR. NERENZ: Also, yes.
- 3 DR. MARK MILLER: Okay. And what I would have
- 4 thought Jeff would say was I do know a little bit about
- 5 this.
- 6 And, Jeff, it's the 9 percent point, I think.
- 7 To the extent that we've seen a countervailing,
- 8 you know, market pressure, an insurer-dominated market,
- 9 there might be some pressure, but it's not going to offset
- 10 that full amount.
- 11 DR. STENSLAND: The insurer situation would be
- 12 something that's already kind of baked into the baseline.
- The only thing I could think of; I think the story
- 14 you're talking about might vary very much depending on the
- 15 different markets. If you're in a market where there's only
- one hospital or two hospitals, you might really not see
- 17 anything happening, especially if maybe they dominant all of
- 18 the -- maybe they employee all the doctors in town also. I
- 19 think you wouldn't see anything happening, but I could see
- 20 maybe a little pushback in some markets.
- 21 And maybe Mike would have some opinion when this
- 22 flows around to him on places maybe like Boston, where if

- 1 you do have these extra higher profits available and you
- 2 have some ACO models or something where the physicians might
- 3 be able to, you know, leverage their influence over where
- 4 their patients go in terms of their referrals if someone
- 5 gives them a lower price. Maybe you could see some
- 6 increase, bringing that extra profit down a little bit
- 7 through that kind of mechanism, but I think it would really
- 8 depend on the individual market.
- 9 DR. NERENZ: Okay. Well, I just had to go back
- 10 through my own thinking. I may have made an assumption that
- 11 you actually didn't put in front of us, but as I look at the
- 12 bottom bullet on slide 3, that is the hypothetical you're
- 13 giving us -- if MA plans paid commercial provider rates.
- 14 And I was just trying to imagine under what
- 15 scenario would that actually happen.
- And then, the scenario that came to mind was,
- 17 well, you pull the fee-for-service anchoring out of it, and
- 18 that's why such a scenario would occur. But perhaps that's
- 19 not why it would occur.
- 20 But then I would wonder why else would it occur.
- 21 MR. HACKBARTH: Yeah, yeah. So, just to be clear,
- 22 Dave, the reason for my question is the whole purpose of

- 1 this analysis is, in fact, to think about how the
- 2 negotiating dynamics and rates paid would vary under
- 3 different scenarios.
- But I just want to be clear, though. We're not
- 5 assuming that Medicare fee-for-service goes away. That's a
- 6 scenario you can think through what the implications would
- 7 be, but we're not accepting that as a given in this
- 8 analysis.
- 9 DR. MARK MILLER: Can I just -- oh, I'm sorry.
- 10 So back to you, in your hypothetical, you're
- 11 correct. If that anchor is removed, you would expect on the
- 12 basis of this analysis that Medicare payments --
- 13 expenditures would go up because the rates that would be
- 14 paid to providers would go up and the premiums would have to
- 15 go up. And so do you see any countervailing force that
- 16 would drive them back down?
- DR. NERENZ: That's why I asked for other smart
- 18 people who have been working on this to --
- DR. MARK MILLER: [Off microphone.] And our last
- 20 slide was asking you guys --
- DR. NERENZ: Well, but I just -- it just -- I was
- 22 just envisioning the scenario where you have multiple plans

- 1 and at a first step, their payments to hospitals have gone
- 2 up. But now, if that's true, then hospitals have received
- 3 what I'll call a windfall and now I'm looking for the next
- 4 year. Is there not some negotiating traction that at least
- 5 one or two of these plans have that would sort of have
- 6 selective contracting with one or two hospitals who are
- 7 willing to give back some of that windfall in return for
- 8 higher volume. And I'm just speculating on that kind of
- 9 dynamic, but I --
- 10 MR. HACKBARTH: So the dynamic would vary by
- 11 marketplace, and how many hospitals there are, where there
- 12 are must have hospitals, whether plans are prepared to go to
- 13 limited networks, whether they can sell limited networks in
- 14 that given market, and you potentially get all sorts of
- 15 different configurations based on those dynamics.
- DR. NERENZ: All true. Very complicated.
- 17 MR. ARMSTRONG: Glenn, one quick point. So this
- 18 was behind my point earlier, was that if you shift so that
- 19 75 or 100 percent of the Medicare business is going through
- 20 these private plans. That also would really shift the
- 21 dynamic in that negotiation with the local hospitals. I
- 22 mean, I agree with your point. There are a lot of other

- 1 variables that would change this, too. But I think that is
- 2 one view.
- 3 DR. CHERNEW: But 100 percent in one MA plan is
- 4 different than ten percent in ten MA plans.
- 5 MR. ARMSTRONG: True, but going from 25 percent to
- 6 something closer to 100 percent will change regardless of
- 7 the hospital their relative position in those negotiations.
- 8 MR. HACKBARTH: [Off microphone.] Okay.
- 9 Clarifying questions.
- 10 MR. BUTLER: So I was going to drill down on this
- 11 nine percent thing, too, and ask if -- you made reference to
- 12 do the insurers that are able to extract nine percent lower
- 13 fees pass along the savings. You could look at medical loss
- 14 ratio. You could look at -- do you think there's data that
- 15 we could get at that would be able to give a reasonable
- 16 estimate of per capita spending under the commercial market
- 17 versus the -- so you get your answer to your question,
- 18 because that would be an important piece of information.
- 19 DR. STENSLAND: I think I'm not very optimistic on
- 20 how well we can do that. There is a paper out there by
- 21 Dafny, and I don't remember all the details, how basically
- 22 she was saying that they don't give it all back. But I

- 1 think if we actually went through that exercise of trying to
- 2 figure out what's happening in the commercial markets, I
- 3 think it would be a big exercise. I'm not sure we would
- 4 want to go there.
- 5 MR. BUTLER: You're always up for big exercises.
- [Laughter.]
- 7 DR. CHERNEW: I think she says, in fact, that the
- 8 price -- if you consolidate amongst insurers, hospitals get
- 9 paid less, but actually, the customers get charged more,
- 10 which is loosely consistent with theory, incidentally.
- 11 That's what she says.
- MR. BUTLER: So the total cost to society and
- 13 those paying the bills is higher --
- DR. CHERNEW: Right, because you basically have a
- 15 monopsony in the market for the inputs --
- MR. BUTLER: Yes, well that's --
- DR. CHERNEW: -- and your monopoly in the market
- 18 that you're selling stuff.
- 19 DR. STENSLAND: And I just want to say, there's
- 20 not a -- at least, I didn't see a huge literature on this,
- 21 where there's a lot of other papers doing this. And it's
- 22 not the simplest paper, what she's doing. So I wouldn't

- 1 completely hang my hat all on this one study, but that is
- 2 the direction the one study goes.
- MR. HACKBARTH: Rita, clarifying questions.
- 4 DR. REDBERG: Yes. I wanted to go back to Slide
- 5 9. I found this slide of mark-up of charges over cost,
- 6 because that's been quite an increase, it looks like, from
- 7 1998 to 2010, and did you have any more feeling for what was
- 8 going on there? I assume there was some geographic
- 9 variation, maybe States near the Gulf of Mexico but not
- 10 Oklahoma would be higher charges over cost, or other things.
- 11 What was driving that huge increase?
- 12 DR. STENSLAND: I could speculate on different
- 13 things, but there's wide variation across the country and
- 14 there's variation from hospital to hospital. Probably some
- of the lowest mark-ups are in a lot of little teeny small
- 16 towns, and maybe you could see this. You know, you think of
- 17 a little small farming town where the farmers are on the
- 18 board of the hospital and they don't have insurance and what
- 19 are you going to do. Some of the biggest mark-ups of all
- 20 are actually in California. That's where they tend to
- 21 really have high mark-ups over charges.
- 22 And generally, I think, what people say was

- 1 driving a lot of this thing, the two main things we hear are
- 2 people still getting paid discounts to charges on certain
- 3 procedures, especially outpatient and thinking, well, we
- 4 need some more revenue. What are we going to do? Okay,
- 5 we'll move up our charges. And some people saying that, in
- 6 some cases, the hospitals are maybe willing to go along with
- 7 this because it makes it even more important for you to buy
- 8 insurance from them, because one of the services they
- 9 provide is they negotiate a price, and if their price is now
- 10 one-fourth of the charges, well, then that insurance becomes
- 11 more valuable because they've really been able to negotiate
- 12 a much lower price.
- DR. REDBERG: California in all the systems, like
- 14 Kaiser and the private and nonprofit, or --
- DR. STENSLAND: There's a lot of variation in
- 16 California, but, on average, the mark-ups are bigger. And
- 17 I'm not so sure about Kaiser. We don't have a lot of
- 18 Medicare data from the Kaiser people because they don't do a
- 19 lot of fee-for-service business. But in the other
- 20 nonprofit, for profit, both in California, they tend to be
- 21 some quite high mark-ups.
- 22 MR. BUTLER: If I could just ad quickly, you know,

- 1 virtually nobody pays these. It's like just a teeny part of
- 2 your business that you're still trying to squeeze what you
- 3 can out of somebody on a discount. And even those that
- 4 don't have insurance or are under even four times the
- 5 poverty level, typically, there are automatic discounts
- 6 against these charges. So this is a dying -- but it is
- 7 still some of the differences that you have been talking
- 8 about. It's not irrelevant by any means. It just looks a
- 9 little simpler than it is.
- DR. STENSLAND: And just to reiterate what Peter
- 11 said, under PPACA, if you are under commercial insurance and
- 12 you are eliqible for discounted care because you're poor,
- 13 under whatever level of poverty, the hospital can't charge
- 14 you full charges. It has to charge you a reasonable and
- 15 customary rate. But you could be somebody with private
- 16 insurance and you go into a market and you have an accident
- 17 there and there's no contractual negotiation with the
- 18 hospital. Then there's a potential that you might end up
- 19 having a really big price tag.
- 20 MR. GEORGE MILLER: That, again, like Peter said,
- 21 is so small. At my shop, for example, I'm 72 percent
- 22 Medicare and Medicaid, ten percent commercial, and about

- 1 five percent self-pay. So nobody -- very few of us, few
- 2 hospitals, get paid those type of numbers. I mean, we're
- 3 talking about ten percent of my total revenue, \$40 million.
- 4 MR. HACKBARTH: Okay. Kate, clarifying question.
- 5 MR. GEORGE MILLER: That doesn't mean they pay it.
- 6 That means I charge it to them. It doesn't mean they pay
- 7 it.
- 8 [Laughter.]
- 9 DR. BAICKER: Duly noted.
- [Laughter.]
- DR. BAICKER: So this is really interesting, and
- 12 understanding why they're paying less, why MA plans are
- 13 paying less, seems at the heart of the problem in
- 14 understanding what reforms are going to do. You mentioned
- 15 two factors, two potential explanations that are hard to
- 16 disentangle and I had a question about each of them.
- One was the sort of back-end protection against
- 18 emergency charges out-of-network, and I didn't have a sense
- 19 of how big the magnitude of that might be. You know, if you
- 20 did sort of a bounding exercise and said, assume that that's
- 21 passed directly through, my intuition would have been that
- 22 that can't explain the majority of it, that it has to be a

- 1 fairly minority share of that. But it would be helpful to
- 2 know how big could that possibly be.
- 3 And then the second channel was because they still
- 4 have to compete with fee-for-service, then they have this
- 5 extra negotiating clout. That story seems to me, you know,
- 6 if we're going to believe anything about economic theory,
- 7 should only work in a world where they're negotiating in a
- 8 non-competitive market. But it shouldn't matter what --
- 9 that fee-for-service is an option if they're -- insurers are
- 10 competitive and hospitals are competitive, but they're not.
- 11 And so the nine percent number that you showed, I
- 12 interpreted to be overall in insurer-dominated markets,
- 13 payments were nine percent less.
- But maybe an important complementary figure to
- 15 that would be the interaction effect between the degree of
- 16 competitiveness in the hospital market and the differential
- 17 between the MA plans and the commercial plans in the sense
- 18 that if the MA plans are able to exploit or able to use the
- 19 fact that their enrollees have an outside option, they
- 20 should be able to use that fact more in a situation where
- 21 negotiation matters as opposed to a perfectly competitive
- 22 market. So that wedge should be -- if that's part of what's

- 1 going on, I would think that the wedge effect would be
- 2 bigger in the least competitive hospital markets. Now, we
- 3 all know theory only works out 50 percent of the time, so
- 4 we'll see if that's actually true, but that's what I might
- 5 have quessed.
- That's more of a request for more information than
- 7 a question, I realize.
- 8 MR. HACKBARTH: Cori.
- 9 MS. UCCELLO: My head is still spinning from her
- 10 question, so --
- 11 [Laughter.]
- DR. BAICKER: Wasn't it perfectly clear?
- MS. UCCELLO: Well, my head is not clear, so I
- 14 think that's the problem. So I'm not sure there's overlap
- 15 here.
- I mean, clearly, the local market dynamics are
- 17 playing into things. But I know -- I'm going to channel
- 18 some other people, not necessarily me -- in thinking about
- 19 the role that cost shifting has in this and that 30 percent
- 20 that we're looking at, is that actually less than 30 percent
- 21 if there's higher --
- MR. HACKBARTH: [Off microphone.] Which 30

- 1 percent --
- MS. UCCELLO: I'm not sure. Thirty percent --
- 3 MR. HACKBARTH: [Off microphone.]
- 4 MS. UCCELLO: The 30 percent differential between
- 5 the pre-65 commercial and the fee-for-service. If the
- 6 Medicare rates kind of go up, if there's less cost shifting,
- 7 then we're looking at less than 30 percent.
- 8 My major question here is to what extent is cost
- 9 shifting an issue here, aside from the local market
- 10 dynamics, because I think there are a lot of people who
- 11 still think that cost shifting, the lower rates paid by
- 12 Medicare are increasing the commercial rates, which, again,
- 13 it's tied into the local market dynamics, but -- I'm sorry
- 14 this isn't clear.
- DR. STENSLAND: Let me just -- the basic fact --
- 16 this is what people are telling us, that whatever your
- 17 commercial rate is, going up and down, depending on what
- 18 your market power is, the MA rate is sitting here at fee-
- 19 for-service. So if you have a little bit of market power,
- 20 fee-for-service is here and you're here. If you have a lot
- 21 of market power, you're up here and fee-for-service just
- 22 stays there.

- 1 So then the question of that cost shifting. I
- 2 think the way most academics talk about it is if there's
- 3 some exogenous shift in the Medicare price up or down, what
- 4 happens to the private prices if Medicare exigency has a
- 5 rule change and things go down? Do private prices go up?
- 6 And I think the evidence there is really mixed. Maybe it
- 7 does go a little bit of cost shifting, or some other studies
- 8 say, no. But really, they seem to be following Medicare,
- 9 like they kind of follow the lead of Medicare. So that's
- 10 mixed.
- I think what's a lot clearer, at least from the
- 12 work that we did here a few years ago, is that it doesn't
- 13 look like people are charging the higher rates just because
- 14 they have to. This idea that I'm only going to charge these
- 15 high rates because I have to. If I don't have to, I'm not
- 16 going to charge them. And I think that part of the story
- 17 really falls apart when you look at the data, because you
- 18 look at the people that are really charging the high rates.
- 19 Those are people with lots of money in the bank. These are
- 20 the people, like, with the billion-dollar endowments. And
- 21 if you look at the people that are getting the lower rates
- 22 and have the lower costs, those are the people with the

- 1 eight-dollar endowments. And so I don't think it's the ones
- 2 that have no money that are the ones that are charging the
- 3 higher rates.
- 4 MS. UCCELLO: I think that there might still be,
- 5 maybe not in the community that is writing some of these
- 6 papers, but I think there is a perception out there that
- 7 that still is a big part of this. And so the extent to
- 8 which this work can kind of address that and maybe refute
- 9 some of that, I think would be helpful.
- DR. MARK MILLER: Yes, and I think it is worth
- 11 repeating, and maybe for some of our new Commissioners we
- 12 can do this again in December. I don't know how much time
- 13 we have. But I believe you're correct. The perception is
- 14 very widespread and I encounter this in every room that I
- 15 walk into, which is no, no, no, this is about cost shifting.
- 16 Medicare doesn't pay enough. We have to charge more. And
- 17 we feel that we've shown pretty convincingly for many years
- 18 that that's not the case, that the people getting the
- 19 highest rates are the people who are engaged in this and
- 20 that that's driving costs up in the system much more broadly
- 21 and that, in a sense, it's almost the reverse problem, that
- 22 that cost makes Medicare margins look worse.

- And so I do understand what you're saying and I do
- 2 understand that this perception is very widespread. We have
- 3 kind of rejected that argument, and I'll tell you, every
- 4 room I go into, I mean, I have to do it over and over again
- 5 because people are still carrying that around.
- 6 MS. UCCELLO: Yes, and I just want to be clear
- 7 that I'm not talking for myself. I'm just talking about
- 8 people --
- 9 DR. MARK MILLER: [Off microphone.] You said
- 10 channels --
- MS. UCCELLO: Yes, other people --
- 12 MR. HACKBARTH: And on this issue -- I think Jeff
- 13 was alluding to this -- there's been a fair amount of
- 14 empirical research on this over the years, and Austin Frakt
- 15 from BU just did a review of all of the available empirical
- 16 research on cost shifting and his conclusion based on the
- 17 research was there may be some that exists, but it's way
- 18 less than that conventional wisdom that you're referring to
- 19 States, and that's broadly consistent with the sort of work
- 20 that we've done, as well. There's a lot of urban legend
- 21 here.
- MS. UCCELLO: And I think the point here is that

- 1 as we discuss these kinds of things, using it as another
- 2 opportunity to highlight that would be useful.
- 3 DR. SAMITT: Round two. So I'm not sure what
- 4 question we're supposed to be answering, so if my answer
- 5 isn't right, just ignore it. But, you know, in the universe
- 6 that I'm in, in response to the specific question, if
- 7 Medicare fee-for-service did not exist, would we see rising
- 8 prices in Medicare Advantage, my guess is no. In the
- 9 universe that I'm in, I think we're hearing two phenomenons.
- One is if you speak to most hospitals, many
- 11 hospitals, the prevailing perspective is that they will need
- 12 to learn to manage at Medicare reimbursement levels, that's
- 13 it, for all of their payers. So their presumption is they
- 14 need to bring their cost structure down to Medicare rates,
- and I'm hearing that more and more and more. So I think
- 16 that while that chart shows rising charges, there is an
- 17 overwhelming sense that there is going to be no more
- 18 revenue.
- The other phenomenon, though, is I think we've
- 20 just begun to see enhanced competition between providers for
- 21 quality and cost. So even in markets where there is mono --
- 22 it was a word you used, I'd never heard of it --

- DR. CHERNEW: Monopsony.
- DR. SAMITT: Monopsony -- even in an environment
- 3 where there's a monopoly, I don't think those will prevail
- 4 for long. I think there are organizations that are stepping
- 5 into the value path, and we've mostly concentrated on
- 6 discussions of unit cost whereas I think the greatest
- 7 opportunity to manage under an MA plan is utilization cost.
- 8 So I think there are going to be organizations that will
- 9 come in, will seek to focus on wellness and utilization
- 10 reduction, and aggressively compete as an MA plan, and
- 11 that's their mechanism of preserving reimbursement levels to
- 12 hospitals, because they're bringing the utilization cost
- down.
- So it's great to have a safety net of Medicare
- 15 fee-for-service to just assure that that doesn't happen, but
- 16 my prediction is we'll see bids come in lower than Medicare
- 17 fee-for-service because systems, hospitals and others, will
- 18 not be able to survive otherwise in an increasingly
- 19 competitive environment. That's -- you know, coming from
- 20 the commercial side, I think that's what we're seeing on the
- 21 commercial side. So why would we not think that would
- 22 happen on the Medicare side?

- 1 MR. ARMSTRONG: So I would actually just start by
- 2 echoing a point you just made, Craig, that this is a
- 3 conversation that's focused on price per unit of service
- 4 and, in fact, we do pay Medicare rates for MA hospital
- 5 services. We pay higher rates for commercial services. I
- 6 don't know if we are able to do that because of the presence
- 7 of those fee-for-service rates, but the market is changing
- 8 so much, as you said, that it's really hard to say for sure.
- 9 But we really don't look at those costs per unit
- 10 of service independent of the overall costs net of the units
- of service. And, in fact, our model is much more focused on
- 12 get the rate and then manage the units of service as
- 13 aggressively as we possibly can.
- One other point I would make about the plan I work
- 15 for. Beyond getting the Medicare Advantage rates in terms
- 16 of our hospital day rates, we also try to leverage a
- 17 relatively small market share, you know, 20 to 25 percent
- 18 market share overall, not just for Medicare, by
- 19 consolidating all of our hospital business in a single
- 20 hospital in each market. And so it's a great way for us to,
- 21 as a commercial plan, be able to do things that create
- 22 leverage that we wouldn't otherwise have. And I think just

- 1 one example of the kinds of dynamics that are variables that
- 2 come into this evaluation of what is that dynamic in each
- 3 one of these markets.
- 4 MR. HACKBARTH: Can I just jump in and ask a
- 5 clarifying question I should have asked a minute ago. I
- 6 want to make sure I understand the statutory provision that
- 7 gives a Medicare Advantage plan the opportunity to basically
- 8 command the Medicare rate for out-of-network services.
- 9 So does that mean that a Medicare Advantage plan
- 10 could go into a negotiation with Peter and say, look, we'd
- 11 like to include Rush in our network and you give us the rate
- 12 we want, whatever that might be, in the negotiation. And,
- oh, by the way, if you don't agree and we exclude you from
- 14 the network, we're going to pay you the Medicare rate
- 15 anyhow, and it says here in Section 18 whatever of the
- 16 statute that we have the right to do that.
- DR. STENSLAND: At least that's true for emergency
- 18 services. So if you're out of network and --
- 19 MR. HACKBARTH: But if they're out of network,
- 20 truly out of network, that's the only way a patient would be
- 21 admitted to that hospital would be through an emergency
- 22 service, right?

- DR. STENSLAND: Unless it's something that they
- 2 don't offer at that hospital. But even if they don't offer
- 3 it and the -- the way it's structured is if the insurer
- 4 takes responsibility for that payment -- for example, maybe
- 5 you don't have anybody that's in network that does
- 6 transplant but somebody has to get a transplant and your
- 7 hospital doesn't have it, even if you're a Kaiser or
- 8 something. Then you're taking responsibility for that
- 9 payment. They're going to that out-of-network provider.
- 10 Because you're responsible for the payment, you can demand
- 11 that they take the fee-for-service rate.
- MR. HACKBARTH: Peter, you were --
- MR. BUTLER: But you're right. Fifty-eight
- 14 percent of the admissions come through the ER, is your
- 15 estimate, and those ones would be immune to anything -- I
- 16 mean, their Medicare rates is what you would get.
- MR. HACKBARTH: So that's a pretty powerful
- 18 negotiating tool.
- DR. CHERNEW: So, actually, I'm having a harder
- 20 time thinking through the sort of policy experiment that
- 21 we're trying to think about. So it sort of started with
- 22 what if fee-for-service went away. I can't envision it. I

- 1 probably can't imagine I would really support it. But in
- 2 any case, that seems to be sort of the exercise, to
- 3 understand what would happen, and I think that's challenging
- 4 for a number of reasons, because it's -- for example, if
- 5 fee-for-service went away, you'd have a hard time figuring
- 6 out what the benchmarks are. So you need to figure out what
- 7 the benchmarks would be, and then the benchmarks involve
- 8 some competition and potentially interaction amongst the
- 9 plans, depending on how you set it. And I think the answer
- 10 to all the questions that are being asked would depend on
- 11 the process that you put in for figuring out what the
- 12 benchmarks are and the extent to which you think that the
- 13 markets would be disciplined.
- 14 And I agree -- I have heard the exact same things
- 15 and I believe very much what Craiq said, that hospitals are
- 16 trying to figure out how they're going to have to manage at
- 17 Medicare rates, but I think that's because they think
- 18 they're going to have to manage at Medicare rates. And in a
- 19 world where they didn't think they had to manage at Medicare
- 20 rates, it's not clear that the culture that has been -- I
- 21 perceive as a dramatic shift over the past five years is one
- 22 that they're so thrilled about and would remain, though it

- 1 might. But whether it did would depend on the exact set of
- 2 structures you put in place for how benchmarks went.
- 3 And I can envision in, for a worst case scenario
- 4 world, where you just wrote a blank check to everybody, that
- 5 there wouldn't be an incentive for the strong negotiation or
- 6 efficiency because people don't like networks and it would
- 7 be hard to enter to figure out how you would do that. But I
- 8 could envision other worlds that are much closer to the sort
- 9 of competitive ideal that Craig outlined.
- 10 So I think the one thing that this shows, and I
- 11 think is important to understand, and it pains me to say as
- 12 an economist who's generally very supportive of markets, is
- 13 markets are great, but they're not perfect and there's real
- 14 problems with competition in a whole variety of ways. And
- 15 understanding the dynamics of that competition is really
- 16 important and will depend on the institutional structures
- 17 that you put in place that folks are competing in.
- But I think it's too simplistic to think that if
- 19 we just allow competition, that prices will all be driven
- 20 down. That clearly isn't happening in some markets. But I
- 21 think it's also too simplistic to say, if we set up a
- 22 competitive market, that it just would be a dismal failure.

- 1 And sorting out exactly what that experiment is that we're
- 2 trying to hypothesize about is really hard, and I think once
- 3 we do that, we might be able to be a little more concrete as
- 4 to how to help us figure out what would happen.
- DR. COOMBS: I'm just taking this as a learning
- 6 session. Thank you.
- 7 [Commissioners passing.]
- 8 MR. GRADISON: I'm tempted to follow suit, but
- 9 years ago when I went to business school, we were told there
- 10 weren't answers to business problems, that the best you
- 11 could hope to obtain were currently useful generalizations,
- 12 so I'm going to reflect my current state of confusion by
- 13 stating some generalizations that I'm not totally sure I
- 14 would support, but they are just an indication of where my
- 15 head's coming from on this.
- 16 First is that, typically, in a situation like
- 17 this, if you're a purchaser and the goods or services you're
- 18 trying to buy are being in your mind overpriced, you
- 19 probably become -- you buy them out or buy somebody else or
- 20 start a new one, start a new hospital or buy out a hospital.
- 21 But there's a lot of evidence that combining insurance and
- 22 hospital ownership has not worked very well. I think Humana

- 1 was one of the examples that tried this and put it together
- 2 and then had to take it apart for a lot of reasons. So that
- 3 general principle doesn't seem to apply very well here.
- 4 At the same time, there is a truly symbiotic
- 5 relationship and these folks need each other. The hospital
- 6 needs somebody to pay their bills and the insurance company
- 7 needs somebody to provide services. So I don't see that the
- 8 financial deal in the long run can -- I don't see that the
- 9 arrangements that are worked out in the long run can be
- 10 based solely, and maybe not principally, on financial
- 11 considerations alone. I think that there has to be a longer
- 12 view of the relationships in an individual community.
- 13 A third point which sort of was mentioned here
- 14 already, and I'm not sure how it relates, but I do want to -
- 15 I think it's a factor -- much of our discussion has to do
- 16 with what are the rates going to be for this year or the
- 17 next couple of years, something like that, which is sort of
- 18 a profit and loss consideration. Somewhere in here, I think
- 19 we have to enter the question of financial reserves, the
- 20 ability to ride out a couple of bad years. Kaiser almost
- 21 went under one year when they underpriced their insurance
- 22 and therefore weren't able to take care of all their

- 1 patients in their own hospitals and had to go out and buy
- 2 hospital care at top dollar. It was a very bad period. It
- 3 was about 20 years ago or something like that. It was
- 4 really -- I mean, over a billion-dollar loss as I remember
- 5 it in one year because of that imbalance. At the same time,
- 6 I read -- and I don't know what the numbers are -- the
- 7 partners has reserved some \$7.5 billion or something, I
- 8 mean, huge sums of money, and most hospitals, they get
- 9 along, but the matter of financial reserves does affect your
- 10 ability to negotiate in the short run and maybe in the long
- 11 run.
- 12 And, finally, just to show you how opinionated I
- 13 really am, I'm very skeptical of this argument of cost
- 14 shifting because it seems to me that what's actually
- 15 happening is a perfectly normal procedure where you segment
- 16 your markets. And you may have the same good and service
- 17 that you sell in one market for one price and another market
- 18 for a different price. We may think of it primarily in
- 19 international markets, where you might have a different
- 20 price for a drug in one country than another, but the same
- 21 thing can happen in other settings, as well. So the notion
- 22 that if you don't get paid enough by Medicare, you're

- 1 automatically going to shift it, may be. I'm not denying
- 2 the possibility. But it may be that you would charge that
- 3 higher amount anyway if you can get it. In other words,
- 4 you've segmented your market to the relationships, the
- 5 condition of the buyer and seller, in that piece of the
- 6 market, not the whole market.
- 7 As I said at the outset, I'm very confused.
- 8 MR. GEORGE MILLER: Yes, just general comments,
- 9 very quickly. For those of us who have Medicare and
- 10 Medicaid business above 50 percent, there's no such thing as
- 11 cost shifting. It just mathematically does not work. And
- 12 mine is only ten percent. I used the example.
- A comment about what Scott said, that they
- 14 negotiate and direct all of their business to one hospital,
- 15 that's a very poignant point and I think he's using that as
- 16 a market strategy for him in Seattle, which makes perfect
- 17 sense. But if you're in a community like mine and, say,
- 18 someone like Scott decides to consolidate all their business
- 19 to one provider, that means, in my community, I would get
- 20 none of that business if those insureds live in my
- 21 community. All that business would go somewhere else. That
- 22 may be market forces. That may be the right thing to do.

- 1 But then that infrastructure of providing health care in our
- 2 community then will go away because the better-paying
- 3 patients and those that he can drive business to his one
- 4 hospital in that community then underpits what we're trying
- 5 to do.
- 6 When I was in both Fort Stockton, Texas, and
- 7 Jasper, Texas, the major insurer in Texas threatened to do
- 8 that to our facility if we didn't lower our rates well below
- 9 what Medicaid paid.
- 10 So I don't know the total answer, but these things
- 11 happen in the world. I don't know, unless you're a large
- 12 hospital system, I don't know how you get market domination.
- 13 I think it's the insurers that have the upper hand. Now, I
- 14 certainly could be wrong. Unless you're a part of a large
- 15 integrated delivery system. So, again, for those of us --
- 16 there are about 1,800 rural hospitals around the country --
- 17 we don't have that power to do those things. It is a
- 18 concern.
- 19 DR. NERENZ: Pass.
- 20 MR. HACKBARTH: This discussion has been
- 21 illuminating for me. You know, even six months ago -- oh,
- 22 I'm sorry. I'm sorry. Yes, I'm going to finish what I was

- 1 going to say and then I'll let Peter go.
- 2 MR. BUTLER: I do have something to say. This is
- 3 -- I have been in organizations where we've owned our plans
- 4 and where I am now, we don't. But I'll talk a little more
- 5 from the provider side.
- 6 First, when you talk about discounts, and I'm not
- 7 sure how you're looking at some of these, but the fact is,
- 8 actually, a lot of the rates have far less variation in them
- 9 than the contract language. All the money is in the
- 10 contract language, an amazing amount of how you define
- 11 outliers and carve-outs and, you know, what gets paid for.
- 12 It's really a huge percentage of the contract. So when you
- 13 look at your numbers, I don't know whether you just look at
- 14 basic rates or you look at the contract language, but there
- 15 are many days when I prefer a single payer system to get rid
- of the billions of dollars that are tied up in both sides of
- 17 the equation here to haggle over the contracts and all the
- 18 apparatus required to keep it going.
- 19 With respect to how providers look at this and why
- 20 would they give Medicare rates other than the protection
- 21 that was mentioned, I think many payers will come in,
- 22 especially the national ones, with a book of business and

- 1 they'll say, I've got my PPO product or I've got my HMO
- 2 product and I've got my Medicare Advantage. And they will
- 3 say, you know, and the Medicare Advantage is not big, but
- 4 they say, you know, I really need my Medicare rates over
- 5 here. And I, myself, in contracting with you can help make
- 6 it up over on the commercial side, which might be easier to
- 7 pass through than the Medicare side.
- 8 So you look at your total book of business with
- 9 the insurer when you negotiate, not just the Medicare
- 10 Advantage in isolation. And because it's a small piece,
- 11 some providers might say, okay, I'll give you Medicare rates
- 12 for that.
- 13 Another reason is that in the -- I think if you
- 14 looked at the participants in Medicare Advantage, they would
- 15 be the ones that do have less clout in the market, that are
- 16 looking for additional volume, that may have lower costs so
- 17 they feel like they can live with the rate and feel that the
- 18 patients can be steered into their institution, so they see
- 19 that there may be a real pick-up in volume incrementally in
- 20 a kind of narrower network Medicare Advantage. So I won't
- 21 name names, but the big ad in the Chicago paper just two
- 22 weeks ago made the major insurer rolling out, here is our

- 1 Medicare Advantage, and you look who's in there and it would
- 2 fit the profile of those that, you know, they might be lower
- 3 cost. They definitely are looking for business. And
- 4 they're trying to play into filling some beds. Therefore,
- 5 why not give the Medicare rate? It doesn't look too bad for
- 6 us to do that.
- 7 Now, as far as the -- I actually come out the
- 8 opposite of Craig on the -- I think that you have higher
- 9 rates if you do away with the protection, almost for sure.
- 10 I would agree totally that the whole world is saying you've
- 11 got to live within Medicare rates, but as Mike pointed out,
- 12 is it because you're willing to give those? Now, they look
- 13 at their book of business and they say, okay, I've got 45
- 14 percent Medicare, 15 percent Medicaid, which is growing,
- 15 maybe 30 percent in the commercial, and five percent
- 16 uninsured, which is growing. And when they look at the
- 17 collective revenue stream and project it out five years,
- 18 they see the commercial market shrinking and not paying
- 19 those charges.
- 20 So I see the prices coming down for the commercial
- 21 market with greater transparency and I see the prices coming
- 22 up for Medicare. On balance, they might be -- in an

- 1 effective competitive market, you will have lower rates
- 2 overall, but I'm not sure that Medicare would get to have
- 3 the advantage they have now if you really kind of played the
- 4 whole thing out. So I do think it does provide protection
- 5 for sure for now and I wouldn't let go of that too guickly.
- DR. REDBERG: I also found this discussion very
- 7 illuminating, but -- and I'm not an economist, but I find
- 8 health care to be a very funny market because it doesn't --
- 9 the usual supply and demand really don't apply. Prices have
- 10 no transparency. Peter corrected me and said, well, charges
- 11 have nothing to do with what people pay. I mean, that's a
- 12 little unusual for a market. Physicians can generate
- 13 demand. Hospitals can generate demand like those ads we run
- in the paper. And so I think it's very hard to really
- 15 extrapolate from usual market principles to what one would
- 16 expect in the health care market because it's not really a
- 17 market and we certainly can't lose sight that Medicare is a
- 18 huge player, and for that reason, no matter what, has a lot
- 19 of influence, or should.
- 20 And then I would just say that to keep in mind our
- 21 framework, I think besides talking about costs, we should be
- looking at quality measures here, too, and what are we

- 1 getting for what we're paying in all of these different
- 2 systems and really look at outcomes.
- MR. HACKBARTH: Rita, as a physician, you
- 4 shouldn't be at all shy about intruding on economics because
- 5 our economists certainly aren't shy about intruding on
- 6 medicine.
- 7 DR. CHERNEW: That's so true.
- 8 [Laughter.]
- 9 MR. HACKBARTH: Now to Kate.
- [Laughter.]
- DR. HOADLEY: I mean, this is, I think, really
- 12 helpful, though it's big, complicated, and confusing. So, I
- 13 mean, I think that we're all taking more time to digest what
- 14 we're hearing.
- 15 I mean, I think the simple message out of the
- 16 analysis is that having pay-for-service Medicare makes a
- 17 difference. Even if you take it at that very simply stated,
- 18 it makes a difference, without even talking about the
- 19 direction, I mean, that's already saying something.
- 20 The other thing that -- two other things that at
- 21 least implicitly in this analysis is that balanced billing
- 22 rules make a difference. We don't talk as much about those

- 1 and I don't think most people who have talked about sort of
- 2 future Medicare design have necessarily thought that through
- 3 and what would you do with and without fee-for-service
- 4 Medicare. It's also something that the private market is
- 5 struggling with. I did a little bit of work on State laws
- 6 about balanced billing on the physician side, and a few
- 7 States have tried to do something, and none of them very
- 8 happily, feel like they've mastered how those rules should
- 9 work. And it does seem like it kind of is having some
- 10 really interesting effects here.
- 11 And the third, I guess, is in thinking about the
- 12 future of a world in which Medicare Advantage or whatever
- 13 we'll end up calling it someday plays a larger role, whether
- 14 it's just larger or 100 percent or whatever. I think
- 15 thinking through what we might expect the balance within
- 16 Medicare Advantage to be in terms of totally closed or
- 17 relatively closed network models versus much more open
- 18 network models. Obviously, PPOs in general in the under-65
- 19 market have a lot of popularity. There's clearly been a
- 20 niche for very closed network model plans, particularly in
- 21 some communities. But I think the way we think about all
- these things and a lot of the comments people made, it's

- 1 going to sound very different if we assume that -- and
- 2 whether this is a question about what the public will accept
- 3 or what the market will offer -- it's going to make a lot of
- 4 difference whether that future is more heavily skewed to one
- 5 or the other.
- And I guess my last comment is sort of a question.
- 7 Are we thinking of or are you working on anything to do a
- 8 similar kind of analysis on the physician side of things,
- 9 which is clearly a lot more complicated.
- 10 DR. MARK MILLER: Well, in this analysis, we
- 11 didn't play it up here, but if you go through the paper a
- 12 little bit in detail, the premium for MA is everything --
- DR. HOADLEY: Right.
- DR. MARK MILLER: -- and then what we entered or
- 15 what Jeff entered was the index for hospital and physician
- 16 services. And similar to hospital, you did not find a very
- 17 strong effect and it's certainly not what you would have
- 18 hypothesized or expected.
- 19 MR. HACKBARTH: You were talking about the
- 20 relationship between physician fee levels and MA bids.
- DR. MARK MILLER: That's correct.
- DR. HOADLEY: But then, also, thinking through

- 1 some of what other things in the literature would say about
- 2 some of the dynamics of market levels, it would be really
- 3 interesting --
- DR. MARK MILLER: [Off microphone.] Yes,
- 5 absolutely. But I think just to note, for anybody who
- 6 missed it, that was --
- 7 DR. HOADLEY: Right.
- B DR. MARK MILLER: [Off microphone.] And I got
- 9 that right, Jeff, roughly?
- DR. STENSLAND: Yes, roughly. I think the
- 11 physician story was, at least for HMOs, there was a little
- 12 bit of a relationship between the relative physician
- 13 commercial rates and the rates that HMOs were paying. The
- 14 sign actually flipped in the PPO thing and how you
- 15 structured your model. It wasn't really solid, like it
- 16 didn't just sit there. For an economist, you do these
- 17 models. You do another one, another one. It's always just
- 18 -- but the hospital thing, it's -- that's the story. It's
- 19 the end of the story. I think for the physician one, it's
- 20 not as clear, I think for a couple of reasons. One, because
- 21 it's not as big a portion of the pie. And another thing, I
- 22 think there also might just be a lot more complexity in how

- 1 you pay the physicians. Are you paying them some capitated
- 2 arrangement or some bonus arrangement? And it just might
- 3 not be as clean of a story as it was for hospitals.
- 4 MR. HACKBARTH: Cori and then Scott.
- 5 MS. UCCELLO: [Off microphone.]
- 6 MR. ARMSTRONG: Actually, you just made the point
- 7 I wanted make, in that throughout this whole conversation,
- 8 we haven't actually ever acknowledged that while fee-for-
- 9 service may always be kind of an important point of
- 10 reference, in fact, our organization is I'm sure not alone
- in talking with hospitals about how we get way beyond a cost
- 12 per unit of service as a basis for reimbursement. And so we
- 13 just at least, I think, need to put that out on the table,
- 14 too.
- 15 MS. UCCELLO: So I changed my mind. I'm going to
- 16 say something.
- [Laughter.]
- MS. UCCELLO: So we've talked today kind of in
- 19 isolation about the provider prices and how that would work,
- 20 perhaps with or without the fee-for-service in there. But I
- 21 would suggest that other elements of the CPC can maybe
- 22 affect these things. And in particular, I'm thinking about

- 1 how the government contribution is set. If we're talking
- 2 about this and it's competitive bidding, that's kind of how
- 3 this discussion went. But if we're thinking about setting
- 4 the government contribution as a fixed amount that increases
- 5 by something --
- DR. HOADLEY: [Off microphone.]
- 7 MS. UCCELLO: -- then would that kind of mechanism
- 8 be able to apply pressure in a way that maybe a competitive
- 9 bidding process wouldn't? So I think we just need to think
- 10 about these not necessarily in isolation but how the
- 11 different features of a CPC design could interact.
- MR. HACKBARTH: Scott, on your point, back in the
- 13 1990s when I was involved in the health plan and medical
- 14 group business, at least in Boston, we did go through a
- 15 period where we started sharing the Medicare revenue on a
- 16 per member per month basis with at least select hospitals
- 17 because they wanted to assume more risk with the potential
- 18 of more gain by reducing utilization, et cetera. And those
- 19 arrangements blew up around the country and we sort of
- 20 reverted back to negotiated rates based on per diems or per
- 21 admission. But there was a period when we tried some of
- 22 these new mechanisms. I'm sure you remember that, as well,

- 1 Craig.
- DR. SAMITT: The one other point I would add to
- 3 that, which is, I guess, a third dynamic, is clearly the
- 4 ongoing consolidation of the industry. And so the question
- 5 is who will really bid for these plans in the future. My
- 6 quess is many of them will be integrated systems that have
- 7 their own health plans. So in many respect, it's going to
- 8 be these integrated groups that already have internal
- 9 alignment that may very effectively be able to compete and
- 10 bid.
- MR. HACKBARTH: Okay. Thank you. Very
- 12 interesting analysis, Jeff, and we'll be coming back to this
- in the not too distant future.
- Okay. We'll now have our public comment period.
- 15 MS. METZLER: [Off microphone.] I'm the only
- 16 brave soul --
- MR. HACKBARTH: Yes, and let me just quickly
- 18 review the rules before you begin.
- MS. METZLER: Yes, sir.
- 20 MR. HACKBARTH: So please begin by introducing
- 21 yourself and your organization and I'll give you a brief
- 22 amount of time. When the red light comes back on, your time

- 1 is up. And, as I always do, I remind people that this isn't
- 2 your only or even your best opportunity to provide input on
- 3 the Commission's work. You can place comments on our
- 4 website and, of course, interact with the staff, and that
- 5 latter one is your best opportunity.
- 6 With that, it's all yours.
- 7 MS. METZLER: Thank you. Christina Metzler. I'm
- 8 the Chief Public Affairs Officer at American Occupational
- 9 Therapy Association.
- 10 And thank you for that reminder about the contact
- 11 with staff and other opportunities to communicate to the
- 12 Commission, because we've taken advantage of that and have
- 13 been pleased during the recent few months about the
- 14 collaboration and the outreach from staff to AOTA, the
- 15 Occupational Therapy Association and the rest of the therapy
- 16 community. We thank you for that opportunity and we
- 17 appreciate that some of the thoughts that we have put
- 18 forward were reflected in the discussion as well as in the
- 19 recommendations.
- 20 But nonetheless, I have to say that we are
- 21 disappointed that the NPPR hammer was used. We don't
- 22 believe that this is a good approach and we opposed it when

- 1 it was first suggested by CMS, primarily on the basis of the
- 2 integrity of the AMA process that is used by -- used to
- 3 determine the value for -- across all of medicine and health
- 4 care and that using the NPPR invalidates what the AMA
- 5 process has done. And we don't think that that is a
- 6 sensitive way to reduce expenditures or assure appropriate
- 7 utilization.
- Furthermore, I just want to point out the concerns
- 9 from a beneficiary point of view. Beneficiaries are really
- 10 in a bad state right now. Therapists are getting calls from
- 11 the beneficiaries because CMS has chosen to send letters
- 12 directly to the beneficiary underlining that they are
- 13 vulnerable to pay for therapy even if their therapist thinks
- 14 it's legitimate. And underscoring this creates fear,
- 15 confusion, and it puts a damper on people accessing therapy
- that is legitimate, that is medically necessary, that they
- 17 are entitled to under Medicare, and that they should be
- 18 getting to perhaps improve their life but also perhaps to
- 19 save money down the road.
- 20 So I urge the Commission to watch what happens
- 21 with the communication to beneficiaries, that that scaring
- of beneficiaries can be short-sighted and have negative

- 1 effects, especially on the quality of outcomes, as you were
- 2 talking about.
- 3 CMS, I want to state that CMS and its contractors
- 4 have always had the authority to do manual medical review.
- 5 It's only in this newest iteration that manual medical
- 6 review is now being interpreted as a prior approval process.
- 7 It's ironic in some ways to us because AOTA has suggested
- 8 several times that there be a prior approval process at a
- 9 certain level. We suggested it at the 95th or 90th
- 10 percentile. But CMS always said they did not have the
- 11 resources to do that, did not want to do that, would tell
- 12 Congress that that wasn't an acceptable alternative, and now
- 13 that's what we have. But I think we need to call it a prior
- 14 approval process so that beneficiaries and providers are
- 15 clear about what this process is.
- I wanted to mention that the notion of the
- improvement standard and this new ruling -- one of the
- 18 Commissioners, I think, talked about how this may bring
- 19 about a long-term care benefit. But I want to reiterate
- 20 what Mr. Miller said about the therapy services have to be
- 21 skilled. We're not talking about maintenance services.
- 22 We're talking about the skilled services that can help

- 1 people maintain function. And as we see people with more
- 2 chronic conditions, it's not just maintaining function or
- 3 restoring function. It's habilitating people to their new
- 4 status, whether they have a limited function from a stroke
- 5 or they have a progressive disease. That needs to be
- 6 remembered.
- 7 I also -- one last thing. Occupational therapy,
- 8 physical therapy, and speech therapy are three distinct
- 9 benefits and the functional status and any movement to
- 10 develop an episodic payment should be developed with the
- 11 awareness that they are distinct benefits and distinct
- 12 services that have different purposes.
- 13 Thank you.
- MS. WORZALA: Good afternoon. Chantal Worzala
- 15 from the American Hospital Association.
- 16 Following on the comments about the multiple
- 17 procedure payment reduction, the AHA is very disappointed
- 18 that the Commission has recommended this 50 percent multiple
- 19 procedure payment reduction for outpatient therapy services.
- 20 We're especially disappointed that the Commission made the
- 21 recommendation without any independent analysis of the
- 22 number of visits per day or practice expenses. Instead, the

- 1 staff seemed to have referred to a CMS analysis on visits
- 2 per day and that actually was subject to a comment letter
- 3 from MedPAC that questioned the data as needing better
- 4 justification.
- 5 Some of the questions about the CMS analysis about
- 6 visits per day include the fact that they did not include
- 7 any institutional settings in their analysis. It was only
- 8 private practice. And they actually excluded from the
- 9 analysis any claim that had a single service per day. So by
- 10 definition it overstated the median services per day coming
- 11 to the four median services per day that were referenced in
- 12 the discussion.
- 13 Further, I'd just note that this payment cut for
- 14 practice expense is recommended at the same time that the
- 15 Commission is actually recommending increasing practice
- 16 expenses by asking for data collection on patient status. I
- 17 think everyone benefits from the collection of quality data
- 18 and functional status data. But collecting that data is not
- 19 free of cost and would, in fact, be part of a practice
- 20 expense, were that recommendation to be taken up by CMS or
- 21 Congress.
- On the flip side, the AHA does greatly appreciate

- 1 the discussion of this balance between ensuring you
- 2 disincentivize inappropriate care or unnecessary care with a
- 3 burdensome manual review process. And when we think about
- 4 where that cap should be set, I think it is important to
- 5 think about the number of reviews that would be required and
- 6 the cost and burden of those reviews.
- 7 It looks like, from the materials on Slide 5, that
- 8 there are about 4.5 million beneficiaries that receive
- 9 outpatient therapy services each year. Therefore, that one-
- 10 third of beneficiaries being subject to the cap could lead
- 11 to as many as 1.5 million manual reviews per year. So I
- 12 think that's an important factor to keep in mind as
- 13 conversation continues about where to set the cap.
- 14 Thank you very much for your attention.
- 15 MS. McILRATH: Sharon McIlrath, AMA. I just want
- 16 to make a couple of points about the multiple procedure
- 17 payment reduction.
- One is that the CMS, even if you accepted that
- 19 there were no problems in their study, the CMS study was
- 20 based on the overlap in a single session. The way this
- 21 thing is being applied is to a single day. So the kinds of
- 22 efficiencies that you get when you moved an imaging machine

- 1 from the abdomen to the chest, you don't find the same kind
- 2 of efficiencies when you have occupational therapy done in
- 3 the morning and speech language therapy done by a totally
- 4 different person in potentially even a different office on
- 5 the same day. So as a precedent for every time you are
- 6 going to be looking at multiple procedure payment
- 7 reductions, you need to distinguish between a single session
- 8 and a single day.
- 9 And then the other point about these is that this
- 10 is being applied, the exact same number, to every single
- 11 kind of service, where even the CMS study found a difference
- of 28 percent to 56 percent. So it's way too high for the
- 13 procedures at the low end and way too low -- or not way, but
- 14 too low even if you accept that everything in their study is
- 15 correct.
- MR. BUCCAFURNI: Hello. My name is Anthony
- 17 Buccafurni. I'm a physical therapist, an associate in a
- 18 large private PT practice, and I just wanted to discuss
- 19 briefly the outpatient therapy discussions that you had
- 20 today.
- I'm in a private practice named Fox
- 22 Rehabilitation. We specialize in home treatments of the

- 1 older adult. Patient average age for us is 85 years of age.
- 2 Most of our patients have a multitude of medical
- 3 complexities, obviously.
- I first want to thank you all for your stance on
- 5 the hard cap. Mary began the day by referencing the
- 6 patients and implications that hard caps would place on
- 7 access to care. You all echoed your concerns. I'm thankful
- 8 on behalf of my profession for that. This is a difficult
- 9 decision you all have to face and I'm thankful for the
- 10 extensive attention that you all have made towards it.
- 11 You referenced in your analysis today that 33
- 12 percent of patients are potentially impacted by the 2013
- 13 lowered therapy cap. In our private practice, approximately
- 14 90 percent are potentially impacted by the regulation you
- 15 have suggested. As a result, the most vulnerable of
- 16 beneficiaries who are in need of rehabilitation care will
- 17 have access issues to care due to the various roadblocks and
- 18 administrative obstacles providers are having to navigate.
- In our current practice, with an MMR approval rate
- 20 of greater than 86 percent, we have submitted 2,309 reviews
- 21 to date. We have received a response on 581. But the
- 22 concern is that greater than 37 percent have exceeded the

- 1 ten business day threshold. In fact, earlier today, I was
- 2 working with a group of physical therapists in Delaware
- 3 County, Pennsylvania, who have submitted 40 MMR requests
- 4 that are in excess of 15 days.
- 5 As a provider, how do I direct my clinicians to
- 6 provide continuity of care and achieve optimal objective
- 7 functional outcomes, as you have suggested today, when we
- 8 have no idea when and if we'll receive the approval for the
- 9 ten visits? And you've gone into great length today to
- 10 discuss the need to make sure that Medicare has these
- 11 systems more efficient and user friendly to the providers.
- But I wanted to read a quick note I just received
- 13 today from one of our therapists. "Anthony, this resident,"
- 14 I will withhold the name, "was on hold pending manual
- 15 medical review authorization. In the interim, she fell.
- 16 She fractured her elbow, went out to the hospital to the
- 17 emergency room, had a myocardial infarction upon return to
- 18 her assisted living, then went back to the hospital and was
- 19 admitted." So, unfortunately, the delays that are the
- 20 result of the administrative burden of these processes are a
- 21 significant impact to beneficiaries, and I have a dozen more
- 22 stories like this since the implementation of this process.

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1
               So, again, I understand the difficult decision you
    all face, but from the field's perspective and our
 2
    beneficiaries and our patients, I just wanted to share that
 3
     information with you today. Thank you.
 4
 5
               MR. HACKBARTH: Okay. We are adjourned until 8:30
 6
     tomorrow.
 7
               [Whereupon, at 4:07 p.m., the meeting was
    adjourned, to resume at 8:30 a.m. on Friday, November 2,
8
     2012.]
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PUBLIC MEETING

The Horizon Ballroom
Ronald Reagan Building
International Trade Center
1300 Pennsylvania Avenue, N.W.
Washington, D.C.

Friday, November 2, 2012 8:31 a.m.

COMMISSIONERS PRESENT: GLENN M. HACKBARTH, JD, Chair MICHAEL CHERNEW, PhD, Vice Chair SCOTT ARMSTRONG, MBA, FACHE KATHERINE BAICKER, PhD PETER W. BUTLER, MHSA ALICE COOMBS, MD THOMAS M. DEAN, MD WILLIS D. GRADISON, MBA WILLIAM J. HALL, MD JACK HOADLEY, PhD HERB B. KUHN GEORGE N. MILLER, JR., MHSA MARY NAYLOR, PhD, RN, FAAN DAVID NERENZ, PhD RITA REDBERG, MD, MSc, FACC CRAIG SAMITT, MD, MBA CORI UCCELLO, FSA, MAAA, MPP

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- 2 MR. HACKBARTH: Okay. Good morning. We have two
- 3 sessions today, one on Medicare Advantage special needs
- 4 plans and the other on synchronizing payment rates across
- 5 settings. On special needs plans we will discuss some draft
- 6 recommendations that I am offering. They are draft
- 7 recommendations. And so for those of you in the audience,
- 8 no votes.
- 9 In terms of when we will come back on special
- 10 needs plans, in part that depends on how the conversation
- 11 goes, but have we scheduled time in the December meeting
- 12 potentially for this? No. So when would we come back, Jim?
- DR. MATHEWS: This would be January.
- MR. HACKBARTH: January, okay. So assuming the
- 15 discussion goes well and we see some either current
- 16 agreement or potential for future agreement, we'll be back
- on this in January. And we'll hear in just a minute, I'm
- 18 sure, about the timing of the special needs reauthorization
- 19 and why it's important that we examine this issue now.
- 20 So who's going first? Carlos?
- 21 MR. ZARABOZO: Thank you for doing the first
- 22 slide.

- [Laughter.]
- 2 MR. ZARABOZO: I'd like to add to that, at last
- 3 month's meeting, several Commissioners asked specific
- 4 questions about special needs plans, which we'll answer over
- 5 the course of our presentation. We will begin our
- 6 presentation with a brief review of the current status of
- 7 SNPs and then talk about each of the three SNP categories
- 8 and present the draft recommendations by SNP category. We
- 9 would like to thank Scott Harrison for his assistance in our
- 10 analysis.
- We are examining SNPs at this time because the
- 12 statutory authority that enables such plans to enroll only
- 13 certain categories of Medicare beneficiaries expires at the
- end of 2013 unless Congress acts to extend the authority.
- 15 Under current law, if there is no change in the statute,
- 16 special needs plans must decide by the first half of 2013
- 17 whether they wish to continue in the Medicare Advantage
- 18 program in 2014. If the statutory authority allowing
- 19 exclusive enrollment of special needs individuals does
- 20 expire, these plans can continue in the Medicare Advantage
- 21 program, but they will no longer be able to limit their
- 22 enrollment to only special needs individuals.

- 1 Here is a road map for the presentation. We'll
- 2 review information that was presented last month about SNPs,
- 3 using updated data; we'll discuss the differences between
- 4 SNPs and general MA plans in order to provide more clarity
- 5 about what those differences area; we'll review information
- 6 that we previously presented on quality in SNPs; and, again,
- 7 we'll present the Chairman's draft recommendations and the
- 8 basis of those recommendations.
- 9 Although the SNP program was not the subject of a
- 10 mandated congressional report, it is similar to the issues
- 11 discussed at yesterday's meetings in that Congress may take
- 12 action to modify current law as it applies to SNPs.
- 13 Therefore, the framework that you are familiar with for the
- 14 analysis in the mandated reports -- shown in the slide --
- 15 can be applied to the SNP program.
- With respect to the impact on program spending, a
- 17 reauthorization of SNPs will increase Medicare spending. If
- 18 SNP authority expires, some beneficiaries currently enrolled
- 19 in SNPs will likely enroll in Medicare fee-for-service. If
- 20 SNP authority were to be extended and there was not a
- 21 movement of some enrollees to fee-for-service, that would
- 22 result in higher program spending because, on average,

- 1 Medicare spending on SNP enrollees and on MA enrollees in
- 2 general exceeds program expenditures for beneficiaries in
- 3 fee-for-service Medicare.
- In terms of access, broadly speaking beneficiaries
- 5 have similar levels of access to Medicare-covered services
- 6 and to providers in general MA plans, in SNPs, and in fee-
- 7 for-service Medicare. We'll discuss quality-of-care issues
- 8 for SNPs in more detail during the presentation. In terms
- 9 of advancing payment reform and encouraging a more
- 10 integrated delivery system, both general MA coordinated care
- 11 plans and SNPs offer an integrated delivery system. Also as
- 12 we'll discuss in more detail, some D-SNPs encourage
- 13 integration between D-SNPS which are for dual eligibles,
- 14 encourage integration between dual-eligible beneficiaries'
- 15 Medicare and Medicaid benefits.
- There are three kinds of special needs plans
- 17 permitted under the statute. The greatest number of
- 18 enrollees are in plans for beneficiaries who are dually
- 19 eligible for Medicare and Medicaid. These SNPs, the D-SNPs,
- 20 enroll about 1.3 million beneficiaries, or about 10 percent
- 21 of all MA enrollment. However, we would note that there are
- 22 about 900,000 dual eligibles enrolled in general MA plans.

- 1 As of the upcoming contract year, 2013, D-SNPs will be
- 2 available to about three-fourths of the total Medicare
- 3 population. By comparison, 99 percent of Medicare
- 4 beneficiaries will have access to at least one coordinated
- 5 care plan in their geographic area as of 2013.
- 6 C-SNPs enroll beneficiaries with certain specified
- 7 chronic or disabling conditions and have far fewer enrollees
- 8 and more limited availability.
- 9 The category with the smallest number of enrollees
- 10 are I-SNPs, which provide care to people in institutions or
- 11 who reside in the community but need an institutional level
- 12 of care. All SNPs function as MA plans, and they are
- 13 responsible for the full range of Medicare Part A and Part B
- 14 benefits for their members.
- 15 Now we'll talk about how SNPs differ from general
- 16 MA plans. The main difference between SNPs and MA plans is
- 17 that SNPs can design benefit packages that are tailored to
- 18 the special needs of the beneficiaries that they seek to
- 19 enroll. An organization can sponsor both a general MA plan
- 20 that appeals to the general Medicare population and a SNP
- 21 plan with a very different benefit design. SNPs also have
- 22 to report more quality data than MA plans, and SNPs submit

- 1 reports on their model of care and report on structure and
- 2 process measures. Rules on enrollment are also somewhat
- 3 different between MA plans and SNPs, as I'll explain in the
- 4 next slide.
- 5 One of the differences between SNPs and general MA
- 6 plans is the great ability of SNPs to enroll beneficiaries
- 7 outside of the October-December open enrollment period. Two
- 8 categories of Medicare beneficiaries can enroll in MA and
- 9 disenroll from MA on a month-to-month basis, as shown in the
- 10 two middle columns. The open enrollment right attaches to
- 11 the beneficiary status and not to the plan type. However,
- 12 because D-SNPs and I-SNPs specialize in these populations,
- 13 which are the dual eligible and those who are
- 14 institutionalized, they may be more likely to enroll such
- 15 individuals. For C-SNPs, a beneficiary that has the chronic
- 16 condition covered by the C-SNP has a one-time opportunity to
- 17 enroll in the C-SNP outside of the open enrollment period.
- 18 The right may not be exercised again after that, and the
- 19 person can only change status at the next open enrollment
- 20 period.
- 21 Glenn, at last month's meeting, you asked whether
- 22 we knew how much C-SNPs benefit from the year-round open

- 1 enrollment provision. We looked at the enrollment patterns
- 2 of two large C-SNPs in 2011 and found that they both had a
- 3 substantial level of enrollment outside the October-December
- 4 open enrollment period. For one of the plans, for example,
- 5 72 percent of its C-SNP new enrollment came from outside the
- 6 open enrollment period.
- 7 A couple of other items to note on this slide are
- 8 that general MA plans can enroll people year-round if they
- 9 have a five-star quality rating. Beneficiaries with end-
- 10 stage renal disease, or ESRD, cannot enroll in general MA as
- 11 new enrollees, but the Commission has a long-standing
- 12 recommendation that would allow such beneficiaries to enroll
- in MA. There are a few SNPs specializing in ESRD, but there
- 14 are many more ESRD beneficiaries in other MA plans. About
- 15 10 percent of all Medicare beneficiaries who have ESRD are
- 16 enrolled in MA because they acquired end-stage renal disease
- 17 after having joined the plan.
- Peter, you asked what we knew about enrollment
- 19 growth in SNPs and the nature of organizations sponsoring
- 20 SNPs. As indicated in the slide, D-SNP enrollment growth
- 21 has been similar to general MA growth. C-SNPs have had the
- 22 highest level of enrollment growth, and for I-SNPs, one

- 1 organization changed its status, causing a decline in I-SNP
- 2 enrollment in the last 12 months.
- MA is dominated by enrollees in for-profit plans,
- 4 but both C-SNPs and I-SNPs have a much higher proportion of
- 5 for-profit enrollment -- over 98 percent for each category.
- 6 Scott, you asked what we knew about the financial
- 7 viability of C-SNPs. We looked at the stability of C-SNPs
- 8 over several years. Among the 136 plans that were operating
- 9 in 2010, about half will still be operating as C-SNPs in
- 10 2013, or the sponsoring organization will continue to have a
- 11 C-SNP. We also examined several publicly available
- 12 insurance commission filings of organizations that are
- 13 primarily C-SNPs, and in each case the medical loss ratio
- 14 was very low--at 82 percent or lower.
- 15 As we mentioned at the last meeting, it's also
- 16 true that C-SNPs have bids for the Medicare Part A and Part
- 17 B benefit that were on average below Medicare fee-for-
- 18 service levels.
- An important question to ask about SNPs is whether
- 20 their special status enables them to provide better care to
- 21 the targeted populations, an evaluation that is difficult to
- 22 make in terms of comparing SNPs to general MA plans or to

- 1 fee-for-service.
- 2 To summarize what we discussed last month, using a
- 3 proxy method of comparing plans that are primarily or
- 4 exclusively SNP plans, we find that looking at a composite
- 5 measure that includes process and outcome measures as well
- 6 as beneficiary access measures and administrative
- 7 performance -- which is the CMS star rating system -- we see
- 8 that SNPs generally do not perform as well as other plan
- 9 types. For most of the currently collected process and
- 10 intermediate outcomes, SNPs on average do not perform as
- 11 well as non-SNP plans. However, there are exceptions which
- 12 we will point out as we discuss each SNP option.
- 13 Last month, we also noted that the industry does
- 14 not feel that the current rating system is appropriate for
- 15 SNPs. The industry also believes that new measures should
- 16 be developed that are more appropriate to the populations
- 17 that SNPs serve. Work is still underway to develop such
- 18 measures, which would be applicable to both SNPs and non-SNP
- 19 MA plans.
- 20 Mary, you asked a question about the status of new
- 21 measures emanating from the work of the Measure Applications
- 22 Partnership, or MAP. The MAP issued a report in June of

- 1 this year that included a recommended starter set of seven
- 2 measures and a revised core set of 23 endorsed measures for
- 3 dual eligibles. About half of each of those sets of
- 4 measures is currently in use in some form, but it will take
- 5 some time to have new measures in place. This would include
- 6 more outcome measures and certain screening measures such as
- 7 screening for depression.
- 8 On October 25th, CMS announced the testing of
- 9 several new measures, including continuity of information
- 10 and care from hospital discharge to the outpatient setting
- and continuity between mental health provider and primary
- 12 care provider. But it will be two to three years before
- 13 these measures would be part of the star rating system.
- 14 Alice, you asked the extent to which certain
- 15 states are involved in the CMS dual-eligible demonstration
- 16 projects or have waivers under Medicaid. Of the 23 states
- on the table that you were looking at, the majority
- 18 hopefully Medicaid waivers, primarily to offer home and
- 19 community-based services to certain populations. About half
- 20 the states are working with CMS to implement one of the
- 21 demonstrations on dual eligibles, with 11 of the 15 states
- 22 that are interested pursuing the capitated model. As you're

- 1 aware, Massachusetts has signed an MOU with CMS, and
- 2 Washington State recently signed an MOU to pursue the
- 3 managed fee-for-service model.
- 4 We'll now turn to two of the Chairman's draft
- 5 recommendations, which pertain to I-SNPs and C-SNPs.
- 6 This slide summarizes our findings on I-SNPs.
- 7 I-SNPs serve a very distinct, identifiable population with
- 8 specific needs resulting from their institutionalization or
- 9 their risk of being institutionalized. Enrollment in I-SNPs
- 10 is not large, and it is concentrated in urban areas,
- 11 primarily in two states. I-SNPs perform well on an
- 12 important measure of care for this population, the rate of
- 13 readmissions to hospitals, as well as on certain other
- 14 measures tracked at the SNP-specific level, such as
- 15 functional status assessments and pain screening.
- The Chairman's first draft recommendation for
- 17 I-SNPs states that, "The Congress should permanently
- 18 reauthorize institutional special needs plans." This
- 19 recommendation would result in a small increase in Medicare
- 20 spending relative to current law, as explained at the
- 21 beginning of the presentation.
- The draft recommendation will not have an adverse

- 1 impact on beneficiaries or plans. Current beneficiaries can
- 2 remain in their plans, new beneficiaries can be enrolled,
- 3 and plans no longer have the uncertainty associated with
- 4 being in a program operated under temporary statutory
- 5 authority.
- 6 Moving on to a summary of findings on C-SNPs,
- 7 these plans offer tailored benefit packages to beneficiaries
- 8 with chronic illnesses; however, the most frequently covered
- 9 C-SNP condition -- diabetes -- is common among the
- 10 population enrolled in general MA plans. The vast majority
- of C-SNPs are offered through organizations that also have a
- 12 companion general MA plan. C-SNPs as a whole do not have
- 13 better quality results than non-SNP MA plans, with the
- 14 exception that several C-SNPs that are HMOs perform well on
- 15 a number of quality measures, though the measures are not
- 16 disease-specific measures. Enrollment in C-SNPs is
- 17 concentrated in the South, the enrollment is growing, and
- 18 the number of such plans being offered in 2013 suggests that
- 19 there will be additional growth.
- 20 With respect to C-SNPs, the Chairman's draft
- 21 recommendation reads: The Congress should:
- 22 allow the authority for chronic care SNPs to

- 1 expire;
- 2 direct the Secretary, within three years, to
- 3 permit MA plans to enhance benefit designs so that benefits
- 4 can vary based on the medical needs of individuals with
- 5 specific chronic or disabling conditions;
- 6 and permit current C-SNPs to continue operating
- 7 during the transition period as the Secretary develops
- 8 standards but impose a moratorium on new enrollment in those
- 9 plans as of January 1, 2014.
- 10 What this draft recommendation does is to fold the
- 11 C-SNP approach into the general MA program by allowing all
- 12 MA plans to fashion alternative benefit packages and care
- 13 models tailored to a set of specific of chronic or disabling
- 14 conditions, and making the models of care that C-SNPs use
- 15 more widely available. This recommendation would increase
- 16 Medicare spending relative to current law, again, because
- 17 some beneficiaries would otherwise have been in fee-for-
- 18 service Medicare. We would expect a limited impact on
- 19 beneficiaries and a limited impact on plans in that we
- 20 anticipate that the large majority of C-SNPs will be able to
- 21 operate under the new rules after the transition period.
- 22 Christine will now discuss the D-SNP

- 1 recommendations.
- 2 MS. AGUIAR: I will now review our findings of
- 3 whether D-SNPs integrate Medicare and Medicaid benefits for
- 4 dual eligibles.
- 5 As a reminder, D-SNPs are the current managed
- 6 care-based vehicle in the Medicare program for the
- 7 integration of Medicare and Medicaid benefits. We found
- 8 that the best environment for integration with Medicaid
- 9 benefits occurs under two scenarios which are depicted on
- 10 this slide.
- 11 Under the first scenario, one plan -- the D-SNP --
- 12 covers both Medicare and Medicaid services. We refer to
- 13 these plans as financially integrated D-SNPs.
- 14 Under the second scenario, depicted on the right
- 15 side of the graphic, one managed care organization has both
- 16 a Medicaid plan and a Medicare plan, and the same dual
- 17 eligibles are enrolled in both plans. In this scenario, the
- 18 integration occurs across the two plans. It is not
- 19 necessary for the Medicare plan to be a D-SNP under this
- 20 scenario. However, the benefit of a D-SNP here is that it
- 21 can limit enrollment to dual eligibles and can tailor the
- 22 benefit package and supplemental benefits to those

- 1 beneficiaries.
- 2 Under both scenarios, the managed care
- 3 organization has the financial incentive to manage and
- 4 coordinate Medicare and Medicaid services because it is
- 5 financially at risk for those services. And under both
- 6 approaches, the managed care organization has the ability to
- 7 coordinate Medicare and Medicaid services because it covers
- 8 those services.
- 9 This chart shows our estimates of the number of
- 10 integrated and non-integrated D-SNPs. As you can see on the
- 11 second line of the chart, we estimate that there are fewer
- than 60 integrated D-SNPs that collectively enroll
- approximately 300,000 dual eligibles or about 24 percent of
- 14 all dual eligibles enrolled in D-SNPs.
- 15 However, as you can see on the last row of the
- 16 chart, the majority of D-SNPs are not integrated. These are
- 17 D-SNPs that are neither financially integrated with Medicaid
- 18 benefits nor are part of a managed care organization with a
- 19 companion Medicaid plan. We estimate that the majority of
- 20 dual eligibles enrolled in D-SNPs, about more than 75
- 21 percent, are enrolled in these non-integrated plans.
- This slide summarizes our main findings on D-SNPs.

- 1 With respect to quality of care, we found that financially
- 2 integrated D-SNPs tend to perform well on star ratings.
- 3 There are fewer than 25 financially integrated D-SNPs, and
- 4 there is sufficient data to calculate star ratings on 15 of
- 5 them. Of these 15 plans, eight of them received star
- 6 ratings of 4 or 4.5 in 2013.
- 7 In terms of integration with Medicaid benefits, we
- 8 found that financially integrated D-SNPs or D-SNPs that are
- 9 part of a managed care organization that offers a companion
- 10 Medicaid plan are the only types of D-SNPs where Medicare
- 11 and Medicaid benefits are integrated. All other D-SNPs do
- 12 not integrate Medicaid benefits, but some of those plans may
- 13 try to coordinate them.
- This brings us to the Chairman's third draft
- 15 recommendation. It reads: The Congress should permanently
- 16 reauthorize dual-eligible special needs plans that assume
- 17 clinical and financial responsibility for Medicare and
- 18 Medicaid benefits and allow the authority for all other D-
- 19 SNPs to expire.
- 20 Under this draft recommendation, financially
- 21 integrated D-SNPs and D-SNPs that are part of a managed care
- 22 organization with a companion Medicaid plan would become

- 1 permanent. These are the D-SNPs that integrate Medicare and
- 2 Medicaid benefits. As I previously discussed, we estimate
- 3 that there are fewer than 60 of these plans and that they
- 4 collectively enroll almost 25 percent of all dual eligibles
- 5 enrolled in D-SNPs.
- 6 Non-integrated D-SNPs would not be reauthorized
- 7 under this draft recommendation. However, to be clear, this
- 8 recommendation does not preclude those plans from working
- 9 with states to cover most or all Medicaid benefits and
- 10 operating as an integrated D-SNP. These plans would have
- 11 the option of working with states to become integrated or
- 12 converting to general MA plans. If the non-integrated D-
- 13 SNPs convert to general MA plans, they could still retain
- 14 their contracts with states.
- With respect to spending implications, this draft
- 16 recommendation would increase Medicare spending relative to
- 17 current law. Integrated D-SNPs would continue permanently,
- 18 and spending on beneficiaries enrolled in these plans is
- 19 higher than fee-for-service spending. We do not expect this
- 20 draft recommendation to have adverse impacts on
- 21 beneficiaries. The dual eligibles enrolled in integrated D-
- 22 SNPs would be able to continue in those plans. The dual

- 1 eligibles enrolled in the non-integrated D-SNPs could remain
- 2 in those plans if they convert to general MA plans. We also
- 3 do not expect this draft recommendation to have adverse
- 4 impacts on plans. The non-integrated D-SNPs could convert
- 5 to general MA plans or could work with states to become
- 6 integrated. Integrated D-SNPs would benefit from this draft
- 7 recommendation by being able to continue permanently and
- 8 would no longer have uncertainty about whether they will be
- 9 reauthorized.
- 10 Returning now to an issue that we discussed in
- 11 October, we also found that there are administrative
- 12 misalignments between Medicare and Medicaid that are
- 13 barriers to integration. One of those is marketing
- 14 requirements. D-SNPs cannot describe the Medicare and
- 15 Medicaid benefits they cover in the same place on their
- 16 marketing materials. Another barrier is that Medicare and
- 17 Medicaid have separate appeals and grievances processes.
- 18 These barriers can be confusing and burdensome for both
- 19 beneficiaries and the plans.
- 20 Herb, to address your question from the October
- 21 meeting, the Secretary has authority to permit D-SNPs to
- 22 jointly market their Medicare and Medicaid benefits.

- 1 However, an aligned appeals and grievances process would
- 2 require congressional action to change the law.
- 3 This brings us now to the Chairman's fourth draft
- 4 recommendation. It reads: The Congress should align the
- 5 Medicare and Medicaid appeals and grievances processes for
- 6 D-SNPs that assume clinical and financial responsibility for
- 7 Medicare and Medicaid benefits. The Congress should direct
- 8 the Secretary to allow D-SNPs that assume clinical and
- 9 financial responsibility for Medicare and Medicaid benefits
- 10 to market the Medicare and Medicaid benefits they cover as a
- 11 combined benefit package.
- 12 This draft recommendation would align the appeals
- 13 and grievances processes and the marketing misalignments for
- 14 integrated D-SNPs. We do not expect this recommendation to
- 15 affect program spending. We expect this draft
- 16 recommendation to have a positive affect on beneficiaries
- 17 and plans by eliminating two administrative misalignments.
- This slide presents a summary of the Chairman's
- 19 draft recommendations. This concludes the presentation, and
- 20 we are happy to answer your questions.
- 21 MR. HACKBARTH: Okay. Thank you, Christine and
- 22 Carlos. Well done.

- 1 As we proceed through the discussion, I would ask
- 2 the Commissioners to, if they can, frame comments in terms
- 3 of the framework that we've been using to assess these
- 4 reauthorizations. In other words, if we're going to
- 5 increase Medicare spending above the baseline, it should be
- 6 because we believe there's evidence that it will improve
- 7 quality, access, or aid movement to delivery system reform.
- 8 So if you can frame comments in that context, that would be
- 9 helpful to me in terms of moving forward.
- Then I have a couple clarifying questions myself.
- 11 Could you put up Slide 7, please. So I want to make sure
- 12 that I understand this correctly. So as I interpret this
- 13 chart, duals and institutionalized beneficiaries can enroll
- 14 off-cycle in general Medicare Advantage plans, but
- 15 beneficiaries with chronic conditions cannot. Is that
- 16 correct?
- 17 MR. ZARABOZO: That's correct. The chronic
- 18 condition person has the one-time opportunity off-cycle to -
- 19 so in July, if you have a chronic condition and it's C-SNP
- 20 available, you can enroll in that plan, but that's it.
- 21 That's your one-time opportunity, and to change status, you
- 22 have to wait until the next open enrollment.

- 1 MR. HACKBARTH: Okay. And so I'd ask people,
- 2 Commissioners, to also react to the possibility of a
- 3 recommendation that that same opportunity be extended to all
- 4 Medicare Advantage plans, so a beneficiary that has one of
- 5 the covered chronic conditions would have an opportunity to
- 6 enroll off-cycle in Group Health of Puget Sound. It
- 7 wouldn't be only a right to enroll in a C-SNP. Is that
- 8 clear, what I'm asking?
- 9 MR. KUHN: [Off microphone.] Can you say that
- 10 again?
- MR. HACKBARTH: So there's a list of conditions,
- 12 chronic conditions, that C-SNPs are eligible to focus on.
- 13 The law says that if a beneficiary has one of those
- 14 conditions, they have a one-time opportunity to enroll in a
- 15 C-SNP off-cycle. And I'd ask you to react to a
- 16 recommendation that we extend that opportunity to all
- 17 Medicare Advantage plans. So if I'm diagnosed with diabetes
- in July, I not only have the opportunity to enroll in a C-
- 19 SNP, but in any Medicare Advantage plan. Okay? Is that
- 20 clear?
- 21 DR. ZARABOZO: And I'd like to add, Glenn, that
- 22 right now, C-SNPs also have a slight difference in payment

- 1 from other plans in that for a person who's a so-called new
- 2 enrollee for whom there's no claims history because of that
- 3 condition, they can be coded as having that condition as
- 4 opposed to any other situation where you have to wait for
- 5 the claims history to catch up. So that would be a
- 6 companion piece.
- 7 MR. HACKBARTH: So perhaps also extend that
- 8 opportunity to any Medicare Advantage plan.
- 9 DR. ZARABOZO: Right. And it's by the -- the
- 10 authority is not specifically statutory, but it's under the
- 11 opportunities for open enrollment as determined by the
- 12 Secretary. So it's --
- MR. HACKBARTH: Okay.
- MR. ARMSTRONG: And just to clarify, you asked for
- 15 consideration of that extension to MA plans to coincide with
- 16 a recommendation that C-SNPs actually get brought into MA
- 17 plans in the future?
- MR. HACKBARTH: Yes. So the idea would be, let's
- 19 do away with a special category of C-SNP but recognize that,
- 20 in fact, when a beneficiary receives a major new diagnosis,
- 21 like you have diabetes, that that's a significant event and
- 22 it may alter their thinking about their health care

- 1 arrangements. And the way the law works right now is, well,
- 2 you can say, oh, I have diabetes. Therefore, I want to go
- 3 into a C-SNP focused on diabetes. I think that maybe what
- 4 we ought to say is you can go into any managed care
- 5 organization that you think can help you better manage your
- 6 diabetes. It doesn't need to be a C-SNP. It can be any
- 7 Medicare Advantage plan. Or, of course, you can elect to
- 8 remain in fee-for-service, if that's what you wish. Is that
- 9 clear? Did I answer your question?
- 10 MR. ARMSTRONG: Yes. But to clarify, but our
- 11 recommendation is there won't be C-SNPs in the future --
- 12 MR. HACKBARTH: There won't be C-SNPs, but there
- 13 will be a general opportunity --
- MR. ARMSTRONG: Yes.
- 15 MR. HACKBARTH: -- to enroll in Medicare Advantage
- 16 when you receive a significant new diagnosis off a list
- 17 established by CMS. Okay?
- DR. MARK MILLER: The other way I've heard you
- 19 describe it is that the way it stands for I and D is that
- 20 the off-enrollment attaches to the beneficiary, not the plan
- 21 type.
- MR. HACKBARTH: Right.

- DR. MARK MILLER: And this would basically extend
- 2 the chronic condition to the beneficiary, and so the right
- 3 to enroll, or the opportunity to enroll off-cycle would
- 4 attach to the condition of the beneficiary as opposed to the
- 5 existence of the plan and, in a sense, normalizing the
- 6 situation across all three types.
- 7 MR. HACKBARTH: Okay. And then one last
- 8 clarification for me. Could you put up Slide 17, please.
- 9 So I think it might be helpful -- actually, maybe I've got
- 10 the wrong slide here. Well, leave it there. So the issue,
- 11 Christine, is that you say the non-integrated D-SNPs
- 12 coordinate benefits as opposed to integrate benefits. If
- 13 you could just be a little bit more specific about what it
- 14 means to coordinate benefits, that would be useful to me.
- 15 MS. AGUIAR: Sure. So, again, we spoke with a
- 16 range of managed care organizations, both those that were on
- 17 the chart that we showed that had the Medicare and the
- 18 Medicaid within the one plan and then those that had the
- 19 Medicare and Medicaid as two separate plans.
- MR. HACKBARTH: Mm-hmm.
- 21 MS. AGUIAR: We also spoke with some plans that
- just had the duals in their D-SNP but did not have them in

- 1 the Medicare product.
- 2 And so there's a range of coordination that is
- 3 going on under that scenario and it seems to -- I don't know
- 4 if I'd say it's up to the discretion of the plan. So on one
- 5 level, you'll have some plans that will assess the dual
- 6 eligible for their Medicaid benefits for what they're
- 7 eligible for, for what their needs are, and refer them,
- 8 refer those individuals to those services. And then what we
- 9 heard from those plans is because they don't provide those
- 10 Medicaid services, that's sort of where their ability to
- 11 help stops, is to make that referral. The responsibility
- 12 then becomes onto the beneficiary to do the follow-up. And,
- 13 there again, depending on the plan, there could, there could
- 14 not be some follow-up as to whether or not that beneficiary
- is receiving those services are not.
- Now, there are some other D-SNPs that we spoke
- 17 with that are also non-integrated that will take a further
- 18 step, that will actually try to make relationships with
- 19 community-based organizations, with the organizations that
- 20 provide those Medicaid services, and in addition to making
- 21 referrals will try to help the beneficiary, actually make
- 22 the referral for them, try to make sure that they actually

- 1 get that Medicaid service, and then do some follow-up on
- 2 that.
- 3 MR. HACKBARTH: Okay. So here's my question. If
- 4 non-integrated D-SNPs were to disappear, my understanding of
- 5 Slide 7, if you'd put that back up for a second, is that
- 6 even if non-integrated D-SNPs disappear, that duals would
- 7 retain the opportunity to enroll off-cycle in Medicare
- 8 Advantage plans.
- 9 MS. AGUIAR: Yes, that's correct.
- 10 MR. HACKBARTH: And so a Medicare Advantage plan,
- 11 they could also refer dually eligible beneficiaries to
- 12 providers for Medicaid services. There's no bar to them
- 13 doing that.
- MS. AGUIAR: Right. That is correct. And I
- 15 think, from what we've heard, it really does sort of seem to
- 16 be the plan makes the decision to make those relationships
- 17 with the organizations in the community that could help
- 18 their dually eligible members, but that possibly could also
- 19 help their non-dual eligible members.
- In addition to that, some of the same
- 21 organizations that we were speaking with that sort of take
- 22 that next step to make those relationships with the

- 1 community, they also are taking efforts to sort of build
- 2 much more of a primary care network, to build much more
- 3 clinical centers that could benefit their dual eligible and
- 4 also non-dual eligible members if they were to convert to a
- 5 Medicare Advantage plan.
- 6 MR. HACKBARTH: Yes.
- 7 MS. AGUIAR: So, again, there's nothing barring
- 8 them from continuing to do what they're doing now.
- 9 MR. HACKBARTH: Okay. So those are my
- 10 clarifications.
- 11 Let's see. Who looks ready to start the
- 12 clarifying round? I think Cori is primed to. Cori.
- 13 MS. UCCELLO: I'll jump in. So in terms of the C-
- 14 SNPs, I mean, my concerns are that plans get payments that
- 15 are commensurate with the risks that they're bearing, and so
- 16 there -- I'm just kind of thinking out loud here. I think
- 17 things are okay, but I want to make sure.
- So if C-SNPs can't enroll new entrants, in a
- 19 regular plan, that would mean the risk in that plan is
- 20 devolving over time. They're becoming more expensive. I'm
- 21 not quite sure how that works with a C-SNP where they
- 22 already have conditions. But in any case, the plan --

- 1 because the payments to the plan are risk adjusted, that
- 2 that's going to make sure or ensure that the plan kind of
- 3 remained viable, right? For the plans --
- 4 MR. HACKBARTH: [Off microphone.]
- 5 MS. UCCELLO: Translator, please.
- DR. MARK MILLER: What my colleague, Cori, I think
- 7 is saying, and I must remember she's speaking for her friend
- 8 from yesterday --
- 9 [Laughter.]
- 10 DR. MARK MILLER: I think what she's saying -- and
- obviously, if this is wrong, say something -- there's a
- 12 natural -- if you stop enrollment, you have an aging of a
- 13 population so you have a devolving risk, okay, over time.
- 14 And so I think the potential concern you're expressing is,
- 15 well, wait a second. If we stop enrollment on these C-SNPs
- 16 for three years, do we potentially put the plan in a
- 17 financially not viable -- I'm not speaking well --
- 18 situation? Of course, counteracting that is that as their
- 19 risk devolves, the payments should also be going up because
- 20 there's some adjustment for risk. And the other thing I
- 21 would say is it's a relatively short period of time that I
- 22 think we're proposing. But I think that's what you're

- 1 saying.
- MS. UCCELLO: Correct.
- 3 MR. HACKBARTH: In addition to that, they can
- 4 potentially convert to regular Medicare Advantage status and
- 5 enroll new --
- 6 MS. UCCELLO: Yes, and I was going to get to that
- 7 next, actually.
- 8 MR. HACKBARTH: Okay.
- 9 MS. UCCELLO: But I guess I'm just making sure
- 10 that from what Mark and I were saying, that there isn't a
- 11 problem, that my friend was saying.
- DR. ZARABOZO: Yes. Your friend should be fine, I
- 13 think.
- MS. UCCELLO: Okay.
- 15 [Laughter.]
- MS. UCCELLO: So now, thinking about regular MA
- 17 plans who now in the middle of the year have to start
- 18 accepting people who are newly coming in with conditions,
- 19 how are the plans going to be appropriately compensated for
- 20 them? Is that what you were talking about, where they can
- 21 automatically do the risk -- note that in the risk
- 22 adjustment --

- DR. ZARABOZO: Yes, but I think what you're
- 2 proposing is that if the plan chooses to do so, it can set
- 3 up a benefit package for diabetics, for example, and say,
- 4 this is open year round for people with diabetes. It's not
- 5 going to be the case that all MA plans would have to accept
- 6 somebody with diabetes, for example. They would say, we are
- 7 participating in this way, which is what used to be a C-SNP
- 8 is now a benefit package under general MA that is only for
- 9 these kinds of people and we will take these kinds of people
- 10 year-round.
- 11 MR. HACKBARTH: Okay. I'd like people to react to
- 12 both versions of that, in particular, people with experience
- in the plan business. If you say this is a right that
- 14 attaches to the beneficiary, that would maybe indicate that
- 15 it isn't a plan choice and so I welcome comments on that
- 16 issue.
- 17 DR. ZARABOZO: The other point is that if
- 18 somebody, for example, has had diabetes for a year, let's
- 19 say, they decide, well, I feel like changing a plan, I can
- 20 do that because a year and a half ago I was diagnosed with
- 21 diabetes. I never exercised my right to do so, but I feel
- 22 like doing so now. So it's not necessarily a matter of on a

- 1 certain day you are diagnosed with this and therefore -- I
- 2 mean, that's a life-changing event thing. That would be a
- 3 little bit different from the current situation. So you
- 4 would also need to be specific about is that what you're
- 5 thinking about.
- 6 MR. HACKBARTH: And as I understand it, what
- 7 you're saying is that the current law for C-SNPs, it's not,
- 8 strictly speaking, a life-changing event. It's a one-time
- 9 opportunity that can be exercised on diagnosis or at some
- 10 later point.
- MS. UCCELLO: But in any case, the diagnosis is
- 12 going to be attached to the person when the payment is made
- 13 to the plan.
- DR. ZARABOZO: Under the current rules, yes.
- 15 Again, for the new enrollee for whom there is no history,
- 16 they would say, yes, you have been diagnosed with this. You
- 17 can now be coded with it.
- DR. BAICKER: So following up on the C-SNP line of
- 19 inquiry, I'm disappointed that they didn't work on some of
- these metrics, and do you have some sense about why they
- 21 didn't work and then how those factors would play out in the
- 22 new regime where we're sort of offering -- we're allowing

- 1 them to offer these kinds of benefits within the broader MA
- 2 umbrella.
- 3 DR. ZARABOZO: Well, I wouldn't necessarily say
- 4 that they didn't work because there's a lot of variation, as
- 5 was pointed out. Some of the HMOs that are C-SNPs do
- 6 actually pretty well. The regional ones do not do very
- 7 well. So part of the reason is to essentially broaden the
- 8 C-SNP model to other -- to a larger population, essentially.
- 9 MS. AGUIAR: I would just add to that. So some of
- 10 the C-SNPs that we spoke with, when they were talking about
- 11 what makes their model work, they were saying that it really
- 12 is focusing on changing the actual system of care, so making
- 13 that systemic change, you know, moving from an idea of an
- insurer is just paying claims to one that's actually
- 15 changing the model of care.
- And so the idea is that maybe -- and again, I
- 17 think as Carlos has said, there's been some consolidation in
- 18 the industry where some larger, broader MA plans have been
- 19 purchasing the C-SNPs with perhaps the idea to move this
- 20 model of care into a more broad base for the more general MA
- 21 population. And so when we have heard what works, it's
- 22 really been fairly consistently this notion of actually

- 1 being able to change delivery systems.
- 2 And then what we're thinking and sort of the hope
- 3 is that if we move that into the broader MA, that that could
- 4 perhaps push the broader MA plans to be thinking about
- 5 actually changing systems of care. That goes with more of
- 6 our framework of moving towards broader integration.
- 7 DR. BAICKER: So, obviously, we wouldn't want to
- 8 draw too much from a few case studies, but in the examples
- 9 of the more HMO-style C-SNPs that you said worked better,
- 10 are there innovations in the kinds of things that are
- 11 covered or in the way that services are delivered, or is it
- 12 -- do they look like examples of the kinds of innovation in
- 13 coverage that we were hoping this would spur?
- DR. ZARABOZO: We would say yes.
- 15 [Laughter.]
- DR. ZARABOZO: Cori's friend might say yes, also,
- 17 but I don't know her that well.
- DR. MARK MILLER: What I'm trying to remember is
- 19 when we were meeting with some of them, as Kate was talking,
- 20 are there specific activities within that that you can
- 21 identify for them. And I don't want to put you on the spot,
- 22 because I actually was having a hard time kind of dredging

- 1 up from those meetings, too, the specific activities, and I
- 2 remember leaving the meetings thinking, yes, there were some
- 3 identifiable things that they were doing, but -- and I think
- 4 that's what you're fishing for.
- DR. BAICKER: And part of the reason that I'm
- 6 fishing for that is not just to know, oh, do those kinds of
- 7 things work in this context, but then to make sure that in
- 8 the new regime we're discussing, those kinds of things would
- 9 still be fostered, and the fact that they would be open to
- 10 enrollment from people without those conditions necessarily
- 11 wouldn't be so much of a problem. So I just want to be sure
- 12 that the hope stays alive.
- MR. HACKBARTH: So, Kate, there are at least some
- 14 C-SNPs that perform well for patients with chronic
- 15 conditions. There are regular Medicare Advantage plans that
- 16 also perform well for people with chronic conditions. And
- 17 so if you imagine a diagram with high performers, the plan
- 18 type does not seem to be the driving factor. The
- 19 performance is based on delivery system characteristics that
- 20 can be found in either plan type.
- 21 That raises the question for me, why perpetuate a
- 22 difference in plan type with different rules when, in fact,

- 1 what we're searching for is a change in care delivery that
- 2 can be readily found in other plan types. Plan type is not
- 3 the critical variable here. Care delivery system is the
- 4 critical variable.
- 5 DR. REDBERG: I think this question is trying to
- 6 get more to what is different about the successful C-SNPs or
- 7 what's different, because I think you said on Slide 4 that
- 8 the spending was higher in C-SNPs than in other Medicare
- 9 Advantage plans and I was wondering --
- DR. ZARABOZO: They have lower bids, actually,
- 11 compared to fee-for-service, so --
- DR. REDBERG: Okay. Was the --
- DR. ZARABOZO: Spending is generally higher in MA
- 14 because the bid is on the Medicare benefit package and then
- 15 there are rebate dollars and so on, so generally higher in
- 16 MA.
- DR. REDBERG: Do we have any -- my other question
- is on Slide 9, in which we said that the outcome measures
- 19 are lower for SNPs than for MA averages and that the plans
- 20 were concerned the outcome measures weren't appropriate. So
- 21 I was just wondering, are the populations sicker? Do they
- 22 think that's why it's not appropriate? Or what was

- 1 different?
- DR. ZARABOZO: Their main concern --
- 3 DR. REDBERG: I'm trying to get at --
- DR. ZARABOZO: -- is socio-economic status, and
- 5 that's mostly for the D-SNP situation. These are the
- 6 intermediate outcome measures in HEDIS. And, for example,
- 7 for the C-SNPs, the SNP-level reporting, the only outcome
- 8 measure is really control of blood pressure across the
- 9 entire population. There is no disease-specific outcome
- 10 measures included in the SNP-level performance. So that's
- 11 why it's hard to judge.
- 12 You may recall there was a footnote in the reading
- 13 material that said, well, let's look at the diabetic
- 14 measures to the extent that we can.
- DR. REDBERG: Right.
- DR. ZARABOZO: And there, we didn't see
- 17 necessarily better performance by the C-SNPs on those
- 18 measures.
- DR. REDBERG: Okay, because I'm just -- I'm still
- 20 not, I guess, clear on what is different about the care
- 21 delivery in the C-SNPs as compared to -- like, if I had
- 22 diabetes and I'm in the MA plan, I'm probably going to get

- 1 the diabetes counseling or the classes. So what would be
- 2 different if I was in a C-SNP that would theoretically be
- 3 better?
- DR. ZARABOZO: Yes. The C-SNPs, for example, in
- 5 talking to one of them, they have -- in their general MA
- 6 plan -- this is both general and -- they have, even for
- 7 diabetics, they have cost sharing for diabetic supplies in
- 8 the general MA plan. In the C-SNP for diabetics, they do
- 9 not. And then the same with the shoes, they have cost
- 10 sharing. Not so in the C-SNP for diabetics. The provider
- 11 network appears to be the same. There does seem to be more
- 12 non-physician contact with the patients and more making sure
- 13 that they get to appointments. They have a better
- 14 transportation benefit for the people in the C-SNP to ensure
- 15 that they do get to appointments. So a lot of it is the
- 16 benefit package and much more -- a lot of family
- involvement, for example, with the patients.
- DR. MARK MILLER: My recollection from the
- 19 conversation, beyond the structuring of the benefit, is,
- 20 it's like much, much more engagement. I think if the C-
- 21 SNPs, or the ones that seem to be doing a good job, were
- 22 speaking, they would say, what we try and do is concentrate

- 1 our effort on a particular area and population and that's
- 2 why they want the C-SNP designation. I think that's what
- 3 they would say. There are different ways to look at it, but
- 4 --
- 5 MR. HACKBARTH: So what are the current barriers
- 6 to Medicare Advantage plans doing all of the things that you
- 7 just said?
- 8 DR. REDBERG: That's the question.
- 9 DR. ZARABOZO: Yes. Well, the interesting thing
- 10 in that case was that even for diabetics, in the general MA
- 11 plan, they didn't remove the cost sharing for diabetic
- 12 supplies, and the C-SNP --
- MR. HACKBARTH: But my question is, is there any
- 14 statutory or regulatory barrier to a Medicare Advantage plan
- 15 doing those things?
- DR. ZARABOZO: The barrier is you can do it if
- 17 something is specific to the disease. Like diabetic
- 18 supplies naturally only goes to diabetics. But if you
- 19 wanted to say, I would like to have no cost sharing for
- 20 primary care visits for diabetics but everybody else has to
- 21 have primary care cost sharing, that, you can't do.
- MR. HACKBARTH: And I forget which draft

- 1 recommendation, what number it is, Carlos, but part of it is
- 2 to --
- 3 DR. ZARABOZO: Number two, right.
- 4 MR. HACKBARTH: -- yes, is to grant that
- 5 flexibility to general Medicare Advantage plans.
- 6 MS. AGUIAR: And I would just add, because we did
- 7 ask this very question of one of the better performing C-
- 8 SNPs and we said, you know, why is it that a general MA plan
- 9 couldn't be able to do this, and the answer that we had
- 10 received is it's more sort of the orientation over the
- 11 general -- not all general MA plans, but the one that we
- 12 were talking about specifically, where they sort of came
- into the market thinking more as a typical insurer that pays
- 14 claims, perhaps just telephonic case management. So this
- 15 idea of really creating system change even in a sometimes
- 16 more localized area is just a shift in mentality, a shift in
- 17 sort of how they have to operate. And our understanding is
- 18 that there are some broader MA plans that are really
- 19 interested in adopting that more C-SNP model, if you will,
- 20 for their broader population. It's just it'll take time.
- 21 It's a change in how they've run their operations
- 22 previously.

- 1 MR. HACKBARTH: One argument that I've heard from
- 2 somebody who's involved with one of the very best of the C-
- 3 SNPs is that it permits you to develop a critical mass that
- 4 allows you -- it supports investment in certain types of
- 5 programs, and I understand the economic logic of that.
- 6 Would there be anything to prevent a Medicare Advantage plan
- 7 from saying, boy, we want to develop an outstanding program
- 8 in caring for diabetics and in order to get the necessary
- 9 critical mass, we want to do some targeted marketing to
- 10 diabetics, you know, calling out the fact that we've got
- 11 this outstanding program and perform exceedingly well?
- DR. ZARABOZO: Not if it's general marketing. One
- 13 of the issues is how do you do provider marketing, and
- 14 that's kind of a sensitive issue, that --
- 15 MR. HACKBARTH: Say more about that distinction.
- DR. ZARABOZO: Meaning that if a medical group,
- 17 let's say, is capitated and they have a program for
- 18 diabetics but they are selective about which diabetics they
- 19 refer to that, that's the issue that people have with
- 20 provider marketing, that to the extent that there's
- 21 financial risk involved and they may -- you know, the
- 22 possibility of selection of one patient is referred, another

- 1 patient is not referred as being too costly, that's the
- 2 sensitivity about provider marketing. I'm not sure what the
- 3 current rules are on the extent to which there can be
- 4 provider marketing, but there's always been a concern about
- 5 selection.
- 6 MR. HACKBARTH: Okay. I'm dominating the
- 7 discussion here too much, so maybe we can talk some more
- 8 about that.
- 9 Rita, did you have any other questions that you
- 10 wanted to ask?
- DR. REDBERG: No. Actually, what you extended and
- 12 then you answered clarified my question. But now I'm just -
- 13 would the difference between, then, caring for those same
- 14 patients in the regular MA plan mean that they would be less
- desirable in a regular MA plan because they're going to be
- 16 higher and the costs will be higher for people with chronic
- 17 conditions in a --
- DR. ZARABOZO: Well, of course, it's the risk
- 19 adjusted payment. So, I mean, I think the issue there would
- 20 be, well, in order to work within that risk adjusted
- 21 payment, we would rather have a program where we can do all
- 22 these things for these people, and so we actually do better

- 1 financially because of all the things that we can do by
- 2 targeting these people as opposed to being part of a broader
- 3 population where risk adjustment by disease as opposed to,
- 4 yes, we know how to do this for this particular disease and
- 5 we can really be successful financially by what we do.
- 6 MR. BUTLER: On page 8, slide 8. So I'm still
- 7 grappling with who these plans are.
- 8 My first question is on the I-SNPs that have
- 9 declined 39 percent in 1 year, I guess. And I know there
- 10 are only 48,000, but that's a big drop. So -- and you have
- 11 not disclosed who the entity is, but how did that happen, or
- 12 what changed status means?
- MR. ZARABOZO: I think what is happening with this
- 14 particular organization is that previously you could be a
- 15 SNP if you had predominantly served a particular kind of
- 16 population -- the institutionalized, for example. So this
- 17 particular organization was in that category.
- And then, the law was tightened up to say, no, you
- 19 had to serve exclusively these kinds of people. So this is
- 20 that organization that over the years has moved from I-SNP
- 21 status to not being an I-SNP.
- MR. BUTLER: It just seems that you're making a

- 1 recommendation around I-SNP, and you said that 40 percent of
- 2 the members are gone in one year. It's a funny thing.
- And then, I still have a feeling. I feel like
- 4 wasn't it Butch Cassidy when Paul Newman and Robert Redford
- 5 said, who are these guys?
- 6 I still feel that about this a little bit because
- 7 we've got 20 percent of the D-SNP enrollment in Puerto Rico,
- 8 half of the I-SNP in California and New York, and you get
- 9 some weird geographies.
- And one side of me says, okay, you've got Humana
- 11 and United and the usual MA suspects. Are they somehow
- 12 selectively choosing where they think this will work?
- And I said, I don't think it's so much that as
- 14 smaller, different plans, but that's what I mean.
- I don't quite understand who are these guys quite
- 16 yet, and if you have more insights that would help me kind
- 17 of frame whether the motivations and the likelihood of this
- 18 spreading more successfully across the country rather than
- in a fairly weird distribution of where these are taking
- 20 hold
- 21 MR. ZARABOZO: Well, in terms of the I-SNPs, it's
- 22 important to have contracts for the skilled nursing

- 1 facilities. So there's an issue there.
- 2 And you want kind of a different provider makeup.
- 3 So there's also a critical mass point there although they're
- 4 not very big.
- 5 But the I-SNPs -- the origin of the I-SNPs is from
- 6 the Evercare demonstration which was United HealthCare. So
- 7 United is still big in the I-SNP area.
- 8 And there's also actually Eriksson, which is now
- 9 part of United. It is a continuing care retirement
- 10 community. So they are also sometimes in the I-SNP
- 11 category.
- MR. BUTLER: So how about D-SNPs because that's
- where the vast majority of these folks reside?
- MR. ZARABOZO: Many companies have been involved
- in D-SNPs just because it's an opportunity to get enrollment
- outside of the open enrollment period. But, as noted here,
- there are many more not-for-profit organizations in the D-
- 18 SNPs, and about 5 percent of the enrollment is in public
- 19 authorities, like county health systems or like the Jackson
- 20 Memorial Health System.
- 21 DR. NERENZ: I just want to make sure I understand
- the bullet points about implications for program spending in

- 1 the various recommendations.
- 2 And I want to make sure I clarify something you
- 3 said, and I think you actually said it when this slide was
- 4 up, but it's not on this slide. It's about the bids. It's
- 5 seems to me we've got a couple of comparisons, and this is
- 6 what I want to clarify. And then, you actually repeat it
- 7 again.
- 8 The bids that you describe, you said, are lower
- 9 than the regular MA bids?
- MR. ZARABOZO: The C-NSP bids are lower, and this
- 11 could be a function of geography because a lot of the
- 12 enrollment is coming from Los Angeles, for example. The Los
- 13 Angeles area.
- DR. NERENZ: Okay. And then, in the text
- 15 materials, there's also a similar statement, but it goes the
- 16 other way. It also refers to bids, and it says that the
- 17 bids are higher than fee-for-service. Are we talking about
- 18 the same bids?
- 19 MS. AGUIAR: Right. So the bids for C-SNPs, and
- 20 perhaps I-SNPs, are lower than fee-for-service, but total
- 21 payments are over fee-for-service.
- DR. NERENZ: Okay.

- 1 MS. AGUIAR: So the bids for C-SNPs are lower than
- 2 fee-for-service. The payments are over -- are higher than
- 3 fee-for-service. Bids for --
- DR. NERENZ: Payments by them to providers?
- 5 MS. AGUIAR: Oh, no, no, Medicare payments.
- 6 MR. HACKBARTH: You may need to explain the
- 7 benchmark system and how all the pieces fit together.
- DR. NERENZ: Okay. I'm sorry if this is going to
- 9 get us into deep water, but it seems like it's essential to
- 10 the question of what the program spending implications are.
- 11 MR. HACKBARTH: Yeah, yeah, this is important.
- 12 DR. NERENZ: So I just want to make sure I can
- 13 follow it.
- MR. ZARABOZO: It's the way that the MA payment
- 15 system works, which is plans present a bid for how much,
- 16 what revenue do they need to cover the Medicare A and B
- 17 benefits.
- DR. NERENZ: Yes, yes.
- 19 MR. ZARABOZO: This is compared to an area
- 20 benchmark.
- DR. NERENZ: Yes.
- MR. ZARABOZO: And in many areas the benchmark

- 1 itself exceeds fee-for-service.
- DR. NERENZ: Yes. Okay, I understand that.
- 3 MR. ZARABOZO: So then the bid is compared to the
- 4 benchmark. There's a rebate calculation that says you can
- 5 have some of that.
- DR. NERENZ: Yes. Right.
- 7 MR. ZARABOZO: So, if you combine the bid for the
- 8 A and B benefit plus the rebate dollars-
- 9 DR. NERENZ: Yes.
- 10 MR. ZARABOZO: -- that's when you get over fee-
- 11 for-service in terms of payment to the plan.
- DR. NERENZ: Okay, okay. I get that. It's
- 13 complicated, but I think I get it.
- MR. ZARABOZO: Right.
- DR. NERENZ: Okay, but if we go back to at least
- 16 the first part of this, the bids in the SNPs -- and it may
- 17 be different in the three different subtypes -- are lower
- 18 than MA for the comparable people? Is that --
- 19 MR. ZARABOZO: It is different in the three
- 20 subtypes.
- DR. NERENZ: Okay.
- MR. ZARABOZO: And what we were specifically

- 1 pointing out is that C-SNPs have low bids, relatively low
- 2 bids. The other plans are close to fee-for-service.
- 3 MS. AGUIAR: D-SNPs are.
- 4 MR. ZARABOZO: And D-SNPS are higher, yeah.
- DR. NERENZ: Okay. So now just let me play it out
- 6 as if it were fairly straightforward.
- 7 If then, the C-SNPs were not reauthorized -- and
- 8 we are -- I think there's another little line of text. This
- 9 is on page 26 of the chapter, that says we are assuming most
- 10 of those enrollees then will just move into general MA.
- 11 Does that mean then that program spending will go up because
- of that movement from the lower-bid C-SNP to a higher-bid
- 13 MA?
- 14 Is the logic as straightforward as that?
- MR. ZARABOZO: Yes, that is a possibility. That's
- 16 a logical possibility.
- DR. NERENZ: I mean, is that actually the basis
- 18 for --
- 19 MR. HACKBARTH: You'd have to do it on a
- 20 geographic basis. So, as Carlos indicated, a lot of the C-
- 21 SNP enrollment -- I think I heard you say -- is in Southern
- 22 California. And so, there high fee-for-service costs in

- 1 Southern California, and so they're coming in lower.
- Now if -- I don't know how the general MA bids
- 3 compare to fee-for-service in Southern California. I
- 4 suspect that they may be lower.
- 5 And so, if you have a conversion within Southern
- 6 California of C-SNPs with below fee-for-service bids to MA
- 7 plans with below fee-for-service bids, you may not have a
- 8 significant budget.
- 9 MR. ZARABOZO: Although the point there, though,
- 10 is if like 100 patients are in the C-SNP and they cost less
- 11 because of the many things the C-SNPs can do, if they just
- 12 go to general MA and they suffer -- you know, they have
- 13 additional costs -- because they couldn't do what they did,
- 14 then that's the logical consequence.
- DR. NERENZ: Okay. Well, that's essentially the
- 16 dynamic I was trying to understand with the question.
- 17 I know the bullet -- at least this is now slide --
- 18 I'm sorry I've got to flip through these. Top of 14
- 19 basically says that if the implication is increased program
- 20 spending. I just want to understand what the underlying
- 21 logic chain is to get to that point.
- MR. ZARABOZO: The other point is that we expect

- 1 growth in the C-SNP area. So that -- because of they're
- 2 almost doubling the number of plans in 2013 and it would be
- 3 -- it is a broader geographic area.
- DR. NERENZ: Okay. Fine. So the answer is
- 5 complicated.
- 6 MS. AGUIAR: It is.
- 7 [Laughter.]
- 8 MS. AGUIAR: And I would just add to it. When we
- 9 think about the bids, we've been thinking about them as how
- 10 much that plan is able to provide Part A and B services for
- 11 that beneficiary. So we've been thinking about if that
- 12 beneficiary's cost -- has a certain cost of A and B services
- 13 to them, if they were to move into MA, it should be about
- 14 the same.
- The difference in increase in program spending is
- 16 not from whether or not these beneficiaries would move from
- 17 the C-SNP to the general MA plan. It's actually because
- 18 there is an assumption since C-SNPs are going -- since all
- 19 SNPs are going to expire in current law, there is an
- 20 assumption that a certain percentage of those beneficiaries
- 21 will go into fee-for-service.
- 22 And payments to C-SNPs, I-SNPs and D-SNPs are over

- 1 fee-for-service. So if they go into fee-for-service under
- 2 current law, spending on those beneficiaries will decline.
- 3 That's already in the baseline.
- So, if we keep them in MA, whether in a C-SNP in
- 5 MA, in a D-SNP, that's -- so that's actually where the cost
- 6 is coming from.
- 7 DR. NERENZ: All right. Okay. So then I'll
- 8 elaborate my previous point; it's really complicated.
- 9 MS. AGUIAR: Yes.
- [Laughter.]
- 11 DR. CHERNEW: I think that's the main effect.
- Our recommendation actually keeps more people in
- 13 MA than otherwise might. And MA benchmarks are higher in
- 14 general. At least, they're assumed to be. And so, that's
- 15 why in the transition period as opposed to just getting rid
- of them, it costs more.
- DR. NERENZ: Yes. Thank you.
- No, I didn't fully appreciate that dynamic until
- 19 we got into this discussion. Thank you.
- 20 MR. GEORGE MILLER: Yes. And mine has to do with
- 21 the reading material, and I really appreciate the
- 22 information on the demographic characteristics. Following

- 1 this line of questioning about C-SNPs, especially on page 8,
- 2 we project 21 percent growth in the last 12 months. But I
- 3 notice in the C-SNPs, in the reading, that 32 percent of all
- 4 C-SNPs are African Americans.
- 5 So part of my question deals back with the quality
- 6 issue, and that is, do you know -- have you done research
- 7 that the disparities are less or greater than the general
- 8 population of fee-for-service?
- 9 At least I thought around the table there's still
- 10 a concern about disparities in health care in general,
- 11 across the Medicare population. So do we know, in spite of
- 12 what you said about the quality for C-SNPs, if disparities
- 13 are less or if there's a better coordination of care with C-
- 14 SNPs being focused on the model of care to deal with that
- 15 particular disease process?
- So is there a better quality, less of disparity of
- 17 care, or have you been able to tease that out?
- MR. ZARABOZO: We're trying to look at that with
- 19 the person-level HEDIS data that we're working with. So
- 20 we're still looking at that data.
- 21 But I would point out on the distribution the
- 22 distribution matches the geography; that is, the reason the

- 1 proportion of African Americans is so high is it matches --
- 2 MR. GEORGE MILLER: Where they are.
- 3 MR. ZARABOZO: -- the distribution in the
- 4 geography.
- 5 MR. GEORGE MILLER: Okay. So it's not
- 6 disproportionate.
- 7 MR. ZARABOZO: Right. It does not --
- 8 MR. GEORGE MILLER: Okay. Got it.
- 9 Yeah. Okay. Thank you.
- 10 MR. GRADISON: I have two questions. I think the
- 11 answers to them are self-obvious, but I want to make sure.
- I envision that at some point in time the
- 13 reimbursement rates to MA plans are going to actually move
- 14 towards fee-for-service rather than go north as they have
- 15 been with the star rating and the election and a few other
- 16 things going on.
- So my first question in my mind has to do with the
- 18 viability of MA plans. If our recommendations are adopted,
- 19 I think the answer is it doesn't make any difference if you
- 20 have appropriate risk-adjusted payments. Is that right?
- 21 Shall I rephrase the question?
- The question is, if we make these changes, will it

- 1 influence one way or the other the viability of MA plans in
- 2 an environment in which their reimbursement rates in general
- 3 are going down?
- 4 MR. ZARABOZO: That's more of a general MA
- 5 question. I don't think it is SNP-particular question.
- DR. MARK MILLER: I think that's what he's saying.
- 7 MR. GRADISON: That's what I was -- that was my
- 8 impression, but I just want to make sure.
- 9 MS. AGUIAR: And I would just add to that. I
- 10 think, as we emphasized more in the mailing materials that
- 11 have been sent to you, you know, there are dual eligibles,
- 12 about 900,000 of them, in general MA plans already. You
- 13 know. So it's not just -- they're not only in D-SNPs.
- And then the same thing with the C-SNPs. There
- 15 are beneficiaries with those chronic conditions, with many
- of those chronic conditions, that qualify for C-SNPs already
- in the MA plans.
- 18 So I think that we would not expect a greater
- 19 influx of individuals with those same conditions into
- 20 general MA, to have a negative financial impact on MAs,
- 21 since the risk adjustment system is -- you know, the risk
- 22 adjustment -- you know, the HCC scores attached to those

- 1 beneficiaries in the C-SNPs should be the same ones attached
- 2 to those beneficiaries when they're in the general MA plan.
- 3 Does that make sense?
- 4 MR. GRADISON: Yeah, that's from the plan point of
- 5 view.
- 6 MS. AGUIAR: Yeah.
- 7 MR. GRADISON: Same environment, let's assume
- 8 significantly lower reimbursements for MA plans. What may
- 9 be the effect of the beneficiaries who will be shifted into
- 10 the MA plans?
- I assume what happens is that step by step the
- 12 premiums get higher, and the enrollment gets smaller. Maybe
- 13 it's more complicated than that.
- But from a beneficiary's point of view I suppose
- 15 they are no more inconvenienced than anybody else that's
- 16 gone into the MA plan, but I just want to make sure, if
- 17 there are fewer options available among MA plans or the
- 18 plans kind of struggle along but with a declining enrollment
- 19 resulting from higher premiums.
- 20 MR. HACKBARTH: Do you see the higher premiums
- 21 being the result of general changes in the payment system
- 22 for MA plans, or are you saying as a result of this

- 1 migration of people from SNPs into MA?
- MR. GRADISON: A general migration, yeah. My
- 3 sense would be that the reimbursement rates, as they move
- 4 toward fee-for-service levels, would probably force many of
- 5 the MA plans to try to shift more of the costs to the
- 6 beneficiaries.
- 7 MR. HACKBARTH: And so, the changes in PPACA that
- 8 happened to payment for Medicare Advantage plans also will
- 9 happen to the SNFs because they're basically in the same
- 10 payment system.
- So, to the extent that lower Medicare payments to
- 12 MA plans results in higher increases in premiums for
- 13 Medicare beneficiaries, that will be true across the board.
- 14 That effect is general.
- And then, what Christine is saying I think is that
- 16 because of risk adjustment, if SNP people with higher risk
- 17 scores migrate into Medicare Advantage plans, they will
- 18 bring with them higher Medicare payments.
- MR. GRADISON: Yeah.
- MR. HACKBARTH: And so, in and of itself, that
- 21 should not result in higher premiums for MA enrollees.
- MR. GRADISON: Thank you. That was very helpful.

- 1 Thank you.
- DR. DEAN: I had some of the same struggles that
- 3 Peter had, to try and figure out who these guys are,
- 4 especially the I-SNP, which seems like it might be a very
- 5 appealing approach because it really is a unique population,
- 6 more so maybe even than some of these others.
- 7 Do these organizations -- are they just -- do they
- 8 actually deliver care as well as pay for care?
- 9 I mean, do they -- are they delivery organizations
- 10 as well as financing organizations?
- 11 How do they -- how are they structured, and who
- 12 are they?
- MR. ZARABOZO: They are MA plans. So, in other
- 14 words, they're responsible for the full range of A and B
- 15 benefits.
- DR. DEAN: But I mean do they -- I understand
- 17 that, but do they actually employ caregivers, or do they
- 18 just contract?
- 19 MR. ZARABOZO: I think they employ, for example,
- 20 nurse practitioners that go into the facilities, and then
- 21 they have the contracts with the institutions. I don't know
- 22 whether, for example, the medical -- they use the medical

- 1 director of the institution or not.
- DR. DEAN: And with the decline, is that something
- 3 that is expected to continue, or was that because of just
- 4 this one chain?
- 5 MR. ZARABOZO: That was that one organization.
- DR. DEAN: And is there any prospects as to
- 7 whether there's -- what is the interest within the industry?
- 8 Is it likely that there would be more interest in
- 9 it because, like I say, in many ways this is a very
- 10 appealing structure?
- 11 MR. ZARABOZO: Yeah. I don't know the extent of
- 12 interest in expanding the I-SNP option.
- DR. DEAN: Thank you.
- MS. AGUIAR: I would just add to that that we call
- 15 them the duals office for short, within CMS. It does have
- 16 actually a demonstration going on now, which is sort of a
- 17 little bit more of a relaxed model of the I-SNP model that's
- 18 really sort of trying to bring -- you know, get interest
- 19 from nursing homes to participate.
- I believe that they have recently kicked off that
- 21 demonstration. And so it's similar to the I-SNP model, and
- it's really sort of trying to broaden, you know,

- 1 participation into that model because if you think about it
- 2 I think the I-SNP model is more or less that they'll embed a
- 3 nurse practitioner or they'll have a staff there.
- 4 They obviously are responsible for all Medicare
- 5 Part A and B benefits, but the real sort of value
- 6 proposition is that they'll be there to help medically
- 7 manage that patient there and then, ideally, to reduce
- 8 unnecessary hospital readmissions.
- 9 So, you know, you could see from a nursing
- 10 facility's perspective some of them have a financial
- 11 incentive to not do that.
- DR. DEAN: Right.
- MS. AGUIAR: And so, I think that could be
- 14 possibly why some of the I-SNPs have not been able to expand
- 15 it. But again, there are sort of other movements more
- 16 happening now to try to sort of broaden that concept, even
- 17 if not in the exact same structure of the I-SNP model.
- DR. DEAN: And the program you mention, that's
- 19 completely separate from MA.
- MS. AGUIAR: Completely. It's a demonstration.
- DR. DEAN: Okay.
- DR. HALL: Well, thank you for trying to shed some

- 1 light on this confusion.
- We're spending a lot of time, it appears, on C-
- 3 SNPs right now, which recommendation 2 is suggesting we
- 4 should make a suggestion for deauthorization. And the
- 5 numbers are relatively small relative, say, to duals. It's
- 6 about 20 percent or -- it's over a million in duals and
- 7 about 200,000 plus in C-SNPs.
- 8 One thing you said, Carlos, I guess I want to make
- 9 sure I got this right. So we're seeing a decline in one
- 10 sense, but you mention that some of the carriers are
- 11 actually anticipating a large increase in enrollment. Could
- 12 you clarify that for me?
- 13 MR. ZARABOZO: In terms of the C-SNPs?
- DR. HALL: Yes.
- MR. ZARABOZO: Yeah, the -- a couple of the firms
- 16 have been bought by much larger firms that have C-SNPs. So
- 17 -- and the number of plans are being offered in 2013 is
- 18 almost doubled.
- DR. HALL: Okay.
- MR. ZARABOZO: So that's why we would expect a
- 21 growth in the C-SNP enrollment.
- DR. HALL: So one would think that from a clinical

- 1 standpoint what's good for a diabetic in Alabama might be
- 2 good for a diabetic in Alaska. And yet, what seems to
- 3 happen in this marketplace is that the drivers have
- 4 relatively little to do with the rationale of clinical care
- 5 of the chronic illnesses being covered. Am I missing
- 6 something here?
- 7 Is this more a matter of profit-loss?
- 8 Why is this so regional, and how do you explain
- 9 this -- these discrepancies?
- 10 MR. ZARABOZO: Well, I think the current C-SNP
- 11 situation is partly the regionality of it, so to speak.
- 12 It's because one regional plan, or regional organization,
- 13 has entered this particular market. So that explains why
- 14 the southern emphasis in terms of the enrollment, but I
- 15 would expect that to change because of the larger entrance
- 16 now.
- 17 DR. HALL: And the reason it will -- if we were to
- 18 go to the major carriers, what would they say is the
- 19 rationale for wishing to expand this program, which has been
- 20 somewhat tenuous now over the years?
- MR. ZARABOZO: Well, I think -- it's hard for me
- 22 to say.

- DR. HALL: Okay. You said enough.
- 2 MR. ZARABOZO: No, I would say that the C-SNPs, I
- 3 mean, have been successful financially, it appears, and
- 4 therefore, the model may be appropriate to extend to more
- 5 people, essentially. And large organizations can also be
- 6 successful with that model, I think is the --
- 7 MS. AGUIAR: And again, we've also heard that some
- 8 of the reason for this acquisition is an interest in
- 9 adopting the C-SNP model for their broader, general MA
- 10 population.
- DR. HALL: Right. That could be one possibility,
- 12 that it's a pilot study. But a crude analogy is that we're
- 13 moving from a very intense concentration on high-risk people
- 14 to more of I guess you'd say community rating if we move
- 15 back into MA, putting people with chronic disease back into
- 16 the general pool.
- 17 Okay. Thank you.
- MR. KUHN: Quick question, kind of related to C-
- 19 SNPs but a little bit broader, but first, I do like the SNP
- 20 concept overall. I think the differentiated structure adds
- 21 some nice flexibility to the program, which I think is quite
- 22 useful.

- 1 When I thought about C-SNPs -- and I'm glad,
- 2 Glenn, you raised that question -- I've always thought a
- 3 little bit that you need large numbers of patients in order
- 4 to kind of bring together some of the -- it's easier to base
- 5 some of the interventions when you have a larger group
- 6 that's out there.
- 7 And Carlos mentioned the example about the benefit
- 8 package, but I also heard what you said, Glenn. So it's
- 9 something I want to think about a little bit more.
- The real kind of question I have is kind of the
- 11 differentiation in terms of the variation of performance of
- 12 plans. We said we had some very high-value plans out there
- in all categories but some that were less so.
- So just kind of once again kind of an inventory of
- 15 the tools that CMS has now to kind of encourage innovations
- 16 for plans -- obviously, there's the five star. There's the
- 17 so-called quality bonus program. What are some of the
- 18 things that they have in their tool kit now to kind of drive
- 19 innovation, to drive higher performance of MA plans all over
- 20 but predominantly the SNP plans?
- 21 And is there anything that's left on the sideline
- 22 that might be helpful, that if they had those, it would be a

- 1 more robust opportunity to drive improvement?
- MR. ZARABOZO: Well, as you mentioned, the primary
- 3 driver is the star system. And one aspect of the star
- 4 system is that SNP enrolles are rolled up into the star
- 5 ratings by the proportion of their population.
- 6 And the elements that are -- some SNP-specific
- 7 elements are included in the star rating system. They only
- 8 apply to the SNPs. So that's really the principle tool of
- 9 promoting better quality among the SNP plans
- 10 MR. KUHN: Is there anything that MedPAC has
- 11 opined on in the past or that others in the policy world
- 12 have talked about that if CMS were to add those, have that
- in their portfolio, either through Congress and through
- 14 regulation, it would also help drive innovation?
- 15 MR. ZARABOZO: Well, we've recommended in the
- 16 report on -- the MIPPA required report on comparing quality
- 17 to have more outcome measures. I mean in terms of what is
- 18 the main interest in quality measurement, so to increase the
- 19 number of outcome measures. And CMS is working on that.
- I don't know otherwise what additional approaches.
- 21 DR. COOMBS: Slide 16. In going over that slide,
- 22 for the integrated D-SNPs, you know, I'm noticing that for

- 1 the percentage -- and I hope I'm understanding this
- 2 correctly -- financially integrated was 5 percent, 65,000
- 3 enrollees and 25 approximate D-SNP enrollees. So, for the
- 4 non-integrated, it's a large number.
- 5 Was there some kind of impression you had in terms
- 6 of their way -- on their way to some kind of integration,
- 7 whether financial or the combined Medicaid integration?
- 8 MS. AGUIAR: Yes, this is a frustration that we've
- 9 heard from the D-SNP industry over the past few years.
- 10 We've heard of plans that very much so want to integrate, to
- 11 the extent that they perhaps -- even if not full, with full
- 12 Medicaid benefits, are really interested in integrating for
- 13 some or all of the Medicaid benefits.
- And the just unfortunate limitation is that there
- 15 are just some states that are either just not interested
- 16 really in managed care and moving their long-term care
- 17 benefits into managed care. There's a lack of resources on
- 18 states, and so they can't right now.
- 19 Now since the demonstrations have come up -- CMS-
- 20 state demonstrations have come up -- a lot of the states are
- 21 sort of moving their focus on that and again less -- so this
- 22 is what we've been hearing from the industry on working with

- 1 the D-SNPs.
- 2 And then, another concern we've heard on the part
- 3 of the state was that the D-SNPs would be -- have to be
- 4 reauthorized every few years, and so it would quite an
- 5 administrative task on the part of the state to really move
- 6 towards a managed long-term care for a product that they're
- 7 not sure whether or not it was going to be able -- it was
- 8 going to last.
- 9 So, again, we have heard frustration from those
- 10 plans that want to become integrated and are just not able
- 11 to.
- DR. COOMBS: So, Glenn, I was just thinking about
- 13 your recommendation in light of that and this large, you
- 14 know, quantity of D-SNPs that are involved.
- 15 And I know, speaking with Massachusetts's head of
- 16 the Medicaid and Medicare Services, that one of the
- 17 challenges is just that they felt apprehensive about the
- 18 state jurisdiction, and when the implementation grant came
- 19 about it allowed them to do some very innovative things.
- So I don't know that there's opportunity for some
- 21 transition from the integrated -- the non-integrated to
- 22 progress to the integrated, and so I was just kind of

- 1 interested in that next leap.
- MR. HACKBARTH: Help me out here, Christine. I
- 3 don't think the issue is states like Massachusetts.
- 4 DR. COOMBS: No, no, no.
- 5 MR. HACKBARTH: They're interested in the fully
- 6 integrated models, and they're using those plans in their
- 7 demonstration proposal. The issues about states being
- 8 reluctant to support full integration are other states that
- 9 don't share that orientation.
- 10 Let me ask this, which I think is a related
- 11 question. Alice, as I think you know, there are 26 states
- 12 that have expressed interest in doing demonstrations for
- 13 dually eligible beneficiaries.
- DR. COOMBS: Right.
- 15 MR. HACKBARTH: Some of those states envision
- 16 using as the primary vehicle plans that they've worked with
- 17 under Medicaid. Is that correct, Christine?
- MS. AGUIAR: That is correct, and that also is a
- 19 concern that we've heard from the D-SNP industry. Again,
- 20 according to CMS information that they have put out, from
- 21 what we've heard, it is supposed to be a joint selection
- 22 process between CMS and the states. There has been some

- 1 concern about whether or not in truth it actually will end
- 2 up that way in every state. There has just been some
- 3 concern about that. But there has been preference from some
- 4 states to work with the Medicaid managed care plans that
- 5 they already are working with. And you can understand, I
- 6 mean, they already have that set up with those plans.
- 7 Some of those plans in some states may already
- 8 offer a D-SNP or at least an MA plan, so then perhaps that
- 9 organization could still participate. But there has been
- 10 concern in some states that the D-SNPs that are not already
- 11 integrated -- and most of them aren't -- will not be able to
- 12 participate in the demonstrations.
- MR. HACKBARTH: So several years ago -- I think it
- 14 was in PPACA -- the Congress included a provision requiring
- 15 that D-SNPs, to be eligible as D-SNPs, had to have contracts
- 16 with states, and that was based, at least in part, I think
- on a MedPAC recommendation to that effect. And the problem
- 18 here is that you've got a program, Medicaid, with joint
- 19 federal-state responsibility, and the Congress can say, you
- 20 know, we want contracts for these plans. But unless the
- 21 states are eager to use these plans as vehicles, it doesn't
- 22 go anywhere.

- 1 DR. COOMBS: Right.
- MR. HACKBARTH: And so many of the D-SNPs have met
- 3 with frustrations. We'd love to contract, we'd love to
- 4 financially integrate, but we don't have a willing partner
- 5 in the state, because in some states they're more oriented
- 6 towards using their Medicaid HMOs. And so, you know, it's a
- 7 byproduct of this shared responsibility between the federal
- 8 and state governments. Is that a fair statement?
- 9 MS. AGUIAR: I think that is, and I think, Alice,
- 10 part of your question was about innovation and are states
- 11 seeing the demonstrations as an opportunity to be more
- 12 innovative than they are when they work with the D-SNPs.
- DR. COOMBS: Right.
- MS. AGUIAR: Part of that, which the fourth
- 15 Chairman's draft recommendation tries to get at is to
- 16 address some of these administrative misalignments. You
- 17 know, so that was a sticking point for some states, and
- 18 understandably that was a barrier.
- 19 There are differences amongst the demonstrations
- 20 that you do not have in the current D-SNP system. Primarily
- 21 the states are able to share in the Medicare savings, that
- 22 they're not able to do so now when you have a D-SNP. And

- 1 the rates to the demonstration plans will be set below
- 2 current spending, and, again, that's not how it is
- 3 currently. And so I think part of what we've heard some of
- 4 -- because there really was quite a rush to the table with
- 5 the demonstrations around the states --
- DR. COOMBS: Right.
- 7 MS. AGUIAR: -- was this opportunity sort of
- 8 force, try to force savings up front through these lower
- 9 capitation rates relative to lower spending. And then the
- 10 states will be able to share that, to share in that savings
- in the beginning, you know, in year one of the
- 12 demonstration. Again, some of reluctance with states to
- 13 contract with the D-SNPs to be integrated is this concern
- 14 that from what they have told us that, you know, the first
- 15 year, sort of savings, if you think about it, tend to be
- 16 from acute care Medicare services with long-term care
- 17 savings coming later on. You know, we have argued that that
- 18 is not perhaps always the case in every situation. But,
- 19 nevertheless, under the demonstrations the states are -- you
- 20 know, there will be a -- in some states, like a 1-percent,
- 21 2-percent, 3-percent forced savings up front in year one,
- 22 and then that will be shared between Medicare and the

- 1 states.
- DR. COOMBS: Right.
- MS. AGUIAR: And so there's sort of a financial
- 4 flexibility there that doesn't exist under the current D-SNP
- 5 model, which I think has made these demonstrations more
- 6 attractive.
- 7 DR. COOMBS: To whatever extent we could, if the
- 8 Secretary could actually work with some kind of innovation
- 9 to work with the states locally, I think that would help us
- 10 tremendously with improved integration. I don't know how
- 11 that can happen.
- MR. HACKBARTH: In fact, that's the intent of the
- demonstration, is to bring the parties together and, you
- 14 know, flexibility around the roles.
- DR. COOMBS: I think that's the next level for us.
- 16 Thanks.
- DR. NAYLOR: So just following up on that, on
- 18 Slide 20, I'm wondering if -- you talk about the
- 19 administrative barriers in the context of better alignment
- 20 with the appeals and grievance process. Why can't we seek
- 21 just one process? I mean, for the beneficiary, they haven't
- 22 a clue that this is coming from this stream and this is

- 1 coming from this stream. So why not just recommend a
- 2 process?
- 3 MS. AGUIAR: Right. Well, I think that -- and
- 4 correct me, please, Glenn, if I'm misspeaking. I believe
- 5 that the intention of this draft recommendation is for there
- 6 to be an aligned. So one --
- 7 DR. NAYLOR: An aligned.
- 8 MS. AGUIAR: Right.
- 9 DR. NAYLOR: Okay, because I was reading it as
- 10 align the processes, but it sounded like there could be --
- 11 MS. AGUIAR: Right.
- DR. NAYLOR: All right. On Slide 13, given the
- 13 conversation that we've been having, help me to understand.
- 14 If we're to take some of the lessons learned from the best
- 15 practices around C-SNPs, so around targeting and this
- 16 opportunity for flexibility and special service provision
- 17 and then risk adjustment payments accordingly, I'm looking
- 18 at the timeline here, and so the transition, if you were to
- 19 think about that, into an MA plan is a moratorium starting a
- 20 year from now, essentially, if we look at this again in
- 21 January, directing the Secretary, though, to think about
- 22 three years from now having assembled an opportunity for

- 1 benefit redesign that would allow to capitalize on best
- 2 practices and so on. And I'm wondering -- we lose something
- 3 here in momentum, especially given what you were talking
- 4 about in terms of increased interest and so on in that time
- 5 line.
- 6 MR. ZARABOZO: Potentially. I mean, if you would
- 7 -- yes, you would have fewer C-SNPs, presumably, during that
- 8 -- if it had been reauthorized, then you would have
- 9 presumably more C-SNPs. But the reason for the three years
- 10 is sort of an approximation of how long will it take the
- 11 Secretary to do this, because it would involve here are the
- 12 standards, here are the regulations that we would -- so
- 13 three years or less, hopefully. So it's within three years,
- 14 but setting it, you know, by the end of three years you will
- 15 have done all of this, hopefully it will occur sooner than
- 16 by the end of three years.
- 17 DR. NAYLOR: One other question. This talks about
- 18 the benefit design, but part of C-SNPs was also this set of
- 19 expectations around reporting process and outcomes. And I'm
- 20 wondering, does that have -- does this recommendation now
- 21 move those expectations into the MA plans generally for
- 22 those that take advantage of the redesigned packages?

- 1 MR. ZARABOZO: Yeah, that's a good question that I
- 2 think that part of the -- part of what is required of C-SNPs
- 3 is to have this model of care that explains how is it that
- 4 you're going to specialize in the treatment of these people.
- 5 And I would presume that we would say, yes, that needs to
- 6 continue, you need to show that if you're going to do this
- 7 specialization, you have to be capable of doing it and be
- 8 effective at doing it. So I think the reporting and the
- 9 standards would continue.
- 10 MR. HACKBARTH: Okay. Round 1, clarifying
- 11 questions [off microphone].
- MR. ARMSTRONG: First, I just would disclose that
- 13 I work for an organization that has 80,000 Medicare
- 14 Advantage lives, and we started a C-SNP a couple of years
- 15 ago. It never grew -- I can't remember the enrollment --
- 16 to more than 1,500 patients. And we've decided to close
- 17 this effective January 1st. And I think that for us the
- 18 issue has been the distinctive value of that C-SNP wasn't so
- 19 great and different from what our MA plans had to offer, to
- 20 be frank. So that just influences my point of view on this.
- I also just would say I really like the fact that
- 22 we're having a conversation about how we can organize these

- 1 prepaid, financed kind of plans to better match the special
- 2 needs of different populations of our beneficiaries. I wish
- 3 it wasn't a conversation forced by some deadlines and so
- 4 constrained.
- 5 So that leads to just a question. In a way it's
- 6 kind of rhetorical. I can't remember, but I think it's a
- 7 very high percentage of all Medicare beneficiaries actually
- 8 live with at least one chronic illness. Isn't that right?
- 9 MR. ZARABOZO: That's correct, and that's the
- 10 point that we're mentioning, that 15 percent of
- 11 beneficiaries have diabetes, for example. If you sum up the
- 12 top three conditions, I think 30 percent of the people fall
- 13 within, you know, the top three conditions.
- MR. ARMSTRONG: So 30 percent of beneficiaries
- 15 have at least one of those chronic illnesses, and we would
- 16 expect that more and more of our beneficiaries are going to
- 17 be living with at least one chronic illness as we go
- 18 forward.
- I guess the round two point I'll make is that I
- 20 like the idea of folding the chronic illness -- the C-SNP
- 21 kind of role into regular Medicare Advantage, because I
- 22 think that's what Medicare Advantage is going to have to be

- 1 all about.
- 2 But the other question I had is a little bit
- 3 broader, and that is, what we're proposing here leads us to
- 4 a place where basically we have two SNPs -- one focused on
- 5 the unique issues of dual eligibles, and, unfortunately,
- 6 that ends up becoming kind of a bureaucratic kind of web we
- 7 try to untangle, and that's too bad that gets in our way;
- 8 and the other is institutionalized patients.
- 9 I just wonder if -- there's a presumption that
- 10 those are two patient populations with special needs that
- 11 could be met better by a special program. I just wonder
- 12 what that tells us about what other populations or
- 13 beneficiaries might also benefit from special needs plans.
- 14 And I don't know the answer to that question, but my hope --
- 15 I guess my question is: Have we considered that? Is that
- 16 something MedPAC has put on the table in the past? And if
- 17 not, I would hope that that would be something that, as we
- 18 go forward, we might put on the table.
- 19 DR. SAMITT: Two questions. We haven't at all
- 20 discussed the materiality of the spending increases, so it's
- 21 described as minimal for the I-SNPs and in transition for
- 22 the C-SNPs and I assume more substantive for the D-SNPs.

- 1 Has an assessment or an estimate been done of what you'd
- 2 predict the increase would be relative to current law?
- MS. AGUIAR: We have done our own internal
- 4 estimates. We're waiting now to hear CBO's to fact-check
- 5 them with CBO to see if they match their estimates.
- I would say on the D-SNP side, because it would be
- 7 only the financially integrated and those that have a
- 8 companion Medicaid plan, which is about 60 plans, and then
- 9 the rest -- so the vast majority of the industry could
- 10 convert to general MA. The financial impact is not as large
- 11 as you sort of would assume if we were saying that all these
- 12 SNPs would be reauthorized.
- I believe that for the -- when we come to the
- 14 final recommendations where you would vote on it, that is
- 15 when we would present our buckets, our estimates.
- DR. SAMITT: Although can I follow up on that?
- 17 Would we estimate with the recommendation 3 that there would
- 18 be non-integrated D-SNPs that convert to integrated D-SNPs?
- 19 So it wouldn't just preserve those existing D-SNPs. I
- 20 assume there would be some SNP transition if they --
- 21 MS. AGUIAR: Right, exactly. So the difference is
- 22 sort of what we're modeling that's not current law. So if

- 1 it's under current law for all D-SNPs to expire and then the
- 2 issue is a percentage of those individuals and current law
- 3 have gone back into fee-for-service. So what their
- 4 recommendation would be changed and what we would be
- 5 modeling is the percent of beneficiaries in those
- 6 financially integrated D-SNPs that would have gone into fee-
- 7 for-service, were they to expire, that would remain in the
- 8 MA program. And so that's where the cost is coming from.
- 9 DR. SAMITT: And --
- 10 MR. HACKBARTH: So making the estimate a critical
- 11 variable is the assumption about how many go back into fee-
- 12 for-service versus MA plans, and also the geographic
- 13 distribution of those matters, because the gap between
- 14 Medicare Advantage rates and fee-for-service rates is not
- 15 uniform across the country.
- DR. SAMITT: My follow-up question was really in
- 17 line with that as well. Do we envision, especially for C-
- 18 SNP and D-SNP, that we would see differential choices by the
- 19 beneficiaries in each of those two? So, for example, C-SNP,
- 20 would we envision that those beneficiaries would switch to
- 21 fee-for-service or other MA plans to a different degree than
- those that are currently in non-integrated D-SNPs?

- 1 MS. AGUIAR: I believe -- and, again, I wouldn't
- 2 want to be quoted on this because we have to fact-check this
- 3 with CBO first. My understanding is that there is an
- 4 assumption, a particular assumption of the percentage of
- 5 beneficiaries in D-SNPs that would go into fee-for-service.
- 6 And I don't believe it differs by type of plan.
- 7 DR. SAMITT: Okay. Thank you.
- 8 MS. AGUIAR: But, again, that is something that
- 9 we're working with them now.
- DR. SAMITT: Okay. Thanks.
- 11 MR. HACKBARTH: You would think -- and correct me
- 12 if my logic is flawed here -- that how many convert to fee-
- 13 for-service as opposed to another Medicare Advantage plan
- 14 would vary geographically. In the areas where Medicare
- 15 Advantage rates are well above fee-for-service, that gives
- 16 the Medicare Advantage plans an opportunity to offer
- 17 additional benefits that may make people in those areas more
- 18 likely to go to an MA plan as opposed to back to fee-for-
- 19 service. Where the gap is smaller, you might have more
- 20 migration back into fee-for-service. And so, again, the
- 21 patterns in how these things happen I think are critical for
- 22 the final estimate.

- DR. MARK MILLER: And the only thing I would say,
- 2 just to lower the expectations as much as possible --
- 3 [Laughter.]
- DR. MARK MILLER: Remember a few things. We won't
- 5 in any instances produce a point estimate because that's a
- 6 CBO job and that comes from legislation if somebody wants to
- 7 pursue this. So we have this process -- and you wouldn't
- 8 know this being the first time through -- where we estimate
- 9 things within buckets. And some of the precision we may be
- 10 talking about here will not influence that bucket, and so
- 11 CBO's approach to this in our world may be a little bit
- 12 different than when somebody shows up with a piece of
- 13 legislation.
- The other thing I think CBO would say is a lot of
- 15 those dynamics are included in baseline types of
- 16 assumptions, and to the extent it's wildly different, they
- 17 might make a separate assumption. But if it's embedded in
- 18 the baseline, they might not. But, again, this is something
- 19 that is really their prerogative, and we're working with
- 20 them.
- 21 DR. HOADLEY: So a lot of what I was going to
- 22 raise has come up already in the discussion, but I guess I

- 1 want to ask about a couple of things.
- On the C-SNP issues of -- and it really goes into
- 3 the recommendation on 13 of the things that the Secretary
- 4 might be able to do to change the current rules to make it
- 5 easier and which of those are secretarial authority and
- 6 which of those are laws. And you talked a little bit about,
- 7 you know, some of the cost-sharing rules and things, and it
- 8 seems like it would be really useful to figure out as much
- 9 of what that list might look like as possible so we can
- 10 think about it, and including leading down into the drug
- 11 plan side because since to enroll in a drug plan you have to
- 12 be in the drug plan affiliated with your MA plan, whatever
- 13 changes will flow on down into that part of the program.
- 14 And so, again, co-pay flexibility, the ability to do
- 15 differential cost sharing for the drugs for a particular
- 16 chronic condition might fit on that list.
- But it seems like all that runs up against the
- 18 tension of sort of the general nondiscrimination policy.
- 19 You know, it's always been a thought that MA plans should be
- 20 able to market themselves, and we talked about this, you
- 21 know, because they're very good at treating people with
- 22 diabetes. The flip side is we want to make sure they're not

- 1 trying to avoid people with X or Y or Z. And in some ways,
- 2 this is -- you know, it's the two sides of the same coin.
- 3 So how do you adjust those rules without opening up another
- 4 problem it seems like is the real tension that we're trying
- 5 to work at there. So the more we could think about, you
- 6 know, sort of what those items might look like.
- 7 And then the other set of items it seems like
- 8 where secretarial authority doesn't help are the things
- 9 where -- and, Glenn, you talked about whether there was --
- 10 whether the label matters and whether the plan type matters.
- 11 Are there things -- and it seems like we've had a couple
- 12 examples of these where having the sole focus on one
- 13 population is allowing a plan to do some things that they
- 14 are less likely to end up doing when they have to worry
- 15 about not just the people with diabetes but the people with
- 16 cardiac problems and going down the list. And so are there
- 17 potential losses that we can't fix that come through a more
- 18 diluted focus? So those are some things that -- I guess
- 19 it's not really a question, but a sort of request.
- 20 And then on your other question that you posed to
- 21 us in the beginning about the sort of open enrollment or
- 22 flexible open enrollment opportunity, the first thing that

- 1 came to mind to me is what would the administrative issues
- 2 be. I mean, my understanding from when I've been on focus
- 3 groups is that the duals that have this opportunity now
- 4 often don't know they have that opportunity. Obviously,
- 5 they can learn about it, they can be told about it, and it
- 6 can be brought to them and they can act on it. So the
- 7 question of education and sort of understanding -- and there
- 8 was a distinction between the way you first phrase it as
- 9 newly diagnosed versus the current policy of sort of ever
- 10 diagnosed, ever diagnosed could be everybody, essentially,
- 11 or close to everybody. What does that do to education and
- 12 marketing? What does that do to the current notion of the
- open season? You know, how do you regulate that? Do you
- only allow the people to go into a plan that somehow has a
- 15 special component or is it truly wide open? And if it's a
- 16 special component aren't we just reinventing a SNP under
- 17 some different rubric?
- So I see a whole bunch of administrative education
- 19 issues associated with that, which makes me skeptical about
- 20 the ability for that to be effective, even though the idea
- 21 might be appealing in some ways. And so, again, the more we
- 22 can understand what the administrative barriers might be and

- 1 sort of the education barriers that would help us think
- 2 through that option, I think. So I'll leave those requests.
- 3 MR. HACKBARTH: So you all remember how yesterday
- 4 I ran ahead of schedule all day long, right?
- 5 [Laughter.]
- 6 MR. HACKBARTH: Remember that. Right now we're 13
- 7 minutes over for this session, and we just completed Round
- 8 1. So I'm going to propose -- well, first let me ask a
- 9 question. We're currently scheduled to end at 11:45 after a
- 10 public comment period. If we needed to go to 12:00 would
- 11 that pose any big problems for people in terms of plane,
- 12 train reservations? Okay. We will be done no later than
- 13 12:00. Maybe at 11:45, but no later than 12:00.
- So as opposed to going around one by one in Round
- 15 2, what I'm going to propose is that I'd like to see the
- 16 hands of people who have Round 2 comments that they really
- 17 urgent want to make at this point. And my slipping
- 18 "urgently" in there, I'm really not trying to, you know,
- 19 aggressively discourage comments. In fact, I need comments
- 20 so that we can figure out what to do for January. But if
- 21 you could really, you know, focus on being efficient in
- 22 terms of those comments, that would be helpful.

- 1 So who has Round 2 comments that they would like
- 2 to get in here? We have about seven or so. Okay. So let's
- 3 proceed with those.
- 4 DR. NERENZ: I think this is very quick. I'm
- 5 asking you to consider possibly adding a recommendation
- 6 about quality measures and whether this would be specific to
- 7 one type or all types. I know this has been done in the
- 8 past, and it seems to me that the recommendation is to find
- 9 more outcome measures, add more.
- 10 My new point would be just to consider a
- 11 recommendation that would recommend taking some quality
- 12 measures currently in the star system out on the basis of
- 13 there being not a high clinical priority for some of these
- 14 specific populations. I don't think we've been given a list
- of those measures. I don't have a specific one to suggest.
- 16 I'm just raising the concept.
- DR. DEAN: Yeah, just quickly, I just wanted to
- 18 reinforce what Scott said, that chronic disease is such a
- 19 big part of our challenge as a society that -- and we've
- 20 talked a lot about diabetes, and certainly there are a lot
- 21 of specialized and types of approaches that we know help
- 22 people that have diabetes. On the other hand, diabetes

- 1 rarely exists by itself. I mean, usually those folks will
- 2 have some other chronic disease as well, and I think that we
- 3 might even do harm to the care of these folks if we focus
- 4 too much on a few selected conditions.
- 5 So I think it makes good sense to -- chronic care
- 6 really ought to be part of the total part of coverage that
- 7 Medicare provides, and I don't think we should focus on
- 8 individual conditions that are so common.
- 9 Now, the possible exception to that might be -- I
- 10 see you listed, you know, HIV/AIDS. That is probably a
- 11 unique population, possibly the folks with ESRD. You know,
- 12 there may be a few within that, but for the most part, I
- 13 think a special program focused on "chronic disease" is
- 14 probably not appropriate.
- 15 DR. HALL: Similar comments, I quess. Chronic
- 16 disease never exists in a vacuum. These are incredibly
- 17 complex clinical cases for the most part. A lot of
- 18 decisions are made, room --
- 19 DR. DEAN: Weighing one against another.
- 20 DR. HALL: Right. Room for legitimate argument as
- 21 to whether highly specialized care is more effective. It
- 22 certainly isn't more cost-effective, that there's a lot of

- 1 uncertainty in all of this.
- On the other hand, one thing I think we know for
- 3 sure is that the increase in the Medicare-eligible
- 4 population will be bringing with it an unprecedented amount
- of chronic illness, unless there's some extraordinary series
- 6 of breakthroughs in medicine. But we know there's more
- 7 obesity, more diabetes, cardiovascular complications related
- 8 to that, more respiratory illnesses, et cetera, et cetera,
- 9 et cetera.
- Now, the whole point of this is that these
- 11 diseases, for the most part, there are some reversible
- 12 factors and a huge number of preventable practices that are
- 13 not being utilized at the present time, certainly not for
- 14 pre-Medicare but also for Medicare patients.
- 15 I wonder if it would inform our discussion when we
- 16 come back to this if you might be able to give us a couple
- of slides or data on a couple of things. One is maybe some
- 18 concrete numbers on the projections of what will the
- 19 composite Medicare population look like in 10 and 20 years
- 20 from now. I think it would be very informative. It's a
- 21 very different landscape than what we deal with now.
- 22 And the other would be, Are there any home runs

- 1 that you can point out to us within the C-SNP plans? I
- 2 don't know them that well. I'm not very familiar with them.
- 3 But is there something that would say somewhere here there
- 4 seems to be some light at the end of this tunnel that says
- 5 this highly specialization has some merit. It might inform
- 6 even how we modify recommendation 2. I'm not sure.
- 7 Just those two ideas.
- 8 MR. HACKBARTH: Bill, in answer to your second
- 9 question, one plan that has received a lot of publicity is
- 10 Care More. In fact, there are articles that have been
- 11 written in some journals that you could look up if you're so
- 12 inclined. And so they're one of the C-SNPs, in fact, I
- 13 think, one of the ones that has a very high rating under the
- 14 Medicare system.
- 15 MR. KUHN: Just quickly, overall, all the
- 16 recommendations, I'm pretty comfortable with the direction
- 17 we're going, Glenn, except for number two a little bit. I
- 18 want to think more about the C-SNP one. I was moved by
- 19 Scott's comment that they had been in this space but are now
- 20 exiting it. I listened to what Tom and Bill had to say.
- 21 But I want to think about that one as we go forward. So I
- just wanted to let you know so no surprise when we get to

- 1 January.
- DR. CHERNEW: So -- and I didn't have a round one.
- 3 I think the challenge in this area is to understand that
- 4 while it seems like we're restricting things, because we're
- 5 letting certain authorizations expire, in many ways, I think
- 6 our intent is to expand those things to broader populations.
- 7 And I think the broad philosophical line that we're trying
- 8 to walk is between the idea of specialization, targeting
- 9 things for particular people with particular conditions, and
- 10 allowing plans the flexibility to do that through benefit
- 11 design, allowing enrollment of people just when they get the
- 12 diagnosis, coordinating with other programs. And I think
- 13 that there's general -- I'll speak for me. I generally
- 14 support that type of specialization.
- The concern is if you run a whole bunch of
- 16 different programs, so you're running the regular MA program
- and you're running a SNP program and the SNP programs have
- 18 I-SNPs and D-SNPs and C-SNPs, it becomes administratively
- 19 complicated. So very much in the spirit of what Jack said,
- 20 I think that my hope would be that we could find a way to
- 21 administratively simplify this from the CMS perspective as
- 22 to what the programs are and allow this flexibility and

- 1 specialization. But any time you have specialization, there
- 2 is complication. And I think my hope would be that we could
- 3 do this in a way that we don't allow our opinion about the
- 4 average to drive out those that are good. The places that
- 5 are really doing good things shouldn't find recommendations
- 6 like this will prevent them from continuing doing those good
- 7 things.
- 8 And I think -- so I'm supportive of the
- 9 recommendation. I believe that I have not yet heard any of
- 10 the good things that we would be preventing in the way that
- 11 this is crafted. But if you have thoughts on that, I would
- 12 like to know.
- MR. ARMSTRONG: So, generally, I just would echo
- 14 the sentiment that Mike just expressed. I think this
- 15 creates an opportunity for us to really think through how we
- 16 advance some of the reforms around payment policy that we
- 17 are constantly talking about.
- I won't repeat what I said earlier, but I do think
- 19 that inside of here, this -- I support these recommendations
- 20 and the direction we're going. Inside, particularly, of the
- 21 C-SNP recommendations, this idea around eligibility to
- 22 enroll based on the patient's diagnosis rather than the

- 1 benefit type and so forth, I think is really an interesting
- 2 idea. I really like that.
- And I also like, I think as a way, I think, a way
- 4 of dealing with the complexity, Mike, that you were
- 5 referring to, to really think through how within the MA
- 6 construct you can give more flexibility around benefit
- 7 design and then the development of a care model, depending
- 8 upon that patient's diagnosis. So I think that's a really
- 9 potentially powerful idea and a way in which we could help
- 10 the MA plans match better with the illness patterns that are
- 11 going to be evolving through our beneficiary groups in the
- 12 future. And so I'm enthusiastic about it. I feel like we
- 13 spend so much time on the details of fee-for-service
- 14 payment. I wish we could spend more time really sorting
- 15 through some of these ideas, and that's no surprise.
- DR. SAMITT: So two quick comments. To echo what
- 17 Scott said, this is -- these recommendations, which I
- 18 support fully, including the modifications you added later,
- 19 I think are forward compatible with broader health care
- 20 reform and we should keep moving in that direction. For the
- 21 C-SNPs to recognize more specialization really isn't working
- 22 and getting us anything else. And for D-SNPs to really

- 1 encourage this alignment regarding duals, which we really
- 2 want to see alignment elsewhere.
- 3 The last comment that I want to make is about the
- 4 notion you heard from C-SNPs about critical mass. You know,
- 5 there are health care support organizations that are
- 6 blossoming and doing very well that are taking on sort of
- 7 the critical mass elements of this. So there are disease
- 8 management organizations that could help any number of
- 9 either commercial or Medicare plans manage complex
- 10 populations. So each plan in their own right does not need
- 11 to duplicate programs or services when there are support
- 12 organizations that these plans have access to that can do
- 13 that on their behalf. So, in short, I don't really buy the
- 14 argument that it's a critical mass reason why C-SNPs should
- 15 prevail.
- DR. HOADLEY: I guess I'm still trying to sort
- 17 this through, and sort of like Herb, I'm trying to think
- 18 about the things that the last several people have all
- 19 talked about around the C-SNPs. It does seem clear that a
- 20 lot of them are accomplishing much. There may be some that
- 21 really are, and whether we can incorporate that -- I mean,
- in the ideal world, the comments that Craig and Scott have

- 1 made make sense, that plans -- I'm not sure that all the MA
- 2 plans across the board are really doing a very good job at
- 3 doing that, and so those are the tensions, I think. So I'm
- 4 just putting that on the table.
- 5 MR. HACKBARTH: Thank you very much, Christine and
- 6 Carlos. Good job. And very good discussion. I'm sure we
- 7 could have gone on for much longer.
- 8 Okay. We are now moving on to addressing
- 9 differences in Medicare payment across different settings.
- 10 And you can begin whenever you're ready.
- DR. ZABINSKI: We have a nice, light, non-
- 12 controversial topic to close.
- [Laughter.]
- 14 DR. ZABINSKI: All right. But before starting our
- 15 discussion, we'd like to thank Jeff Stensland and Lauren
- 16 Metayer for their assistance on this analysis.
- Okay. At the October Commission meeting, we
- 18 presented an analysis of narrowing or eliminating payment
- 19 differences across the OPD and physician office settings for
- 20 ambulatory services that meet a set of criteria, and today,
- 21 we'll review key features of those policies. Also,
- 22 Commissioners asked many questions at the October meeting

- 1 and we will address those today. In addition, we will
- 2 provide results of the combined effects of the policies that
- 3 we presented in October and equal payments across settings
- 4 for E&M office visits, which we recommended in our March
- 5 2012 report.
- 6 We have identified four criteria for services that
- 7 could have equal rates in OPDs and freestanding physician
- 8 offices. the first is that a service should be frequently
- 9 performed in a physician office, and we define this as
- 10 services where at least 50 percent of the ambulatory volume
- 11 occurs in freestanding offices.
- 12 The second is that the service should have a
- 13 similar unit of payment in both settings. This is a concern
- 14 because the outpatient PPS often includes much more
- 15 ancillary services in a unit of payment than does the
- 16 Physician Fee Schedule. Therefore, to be considered for
- 17 equal payment across settings, a service must have less than
- 18 five percent of its total cost from ancillaries under the
- 19 outpatient PPS.
- The third attribute is that the service should be
- 21 infrequently provided with an ED visit when it is performed
- in an OPD, which we define as less than ten percent of the

- 1 time.
- 2 And the final attribute is that there should be
- 3 minimal differences in patient severity between OPDs and
- 4 freestanding offices.
- On this slide, we provide a summary of the two
- 6 groups of services we included in October's presentation.
- 7 The services in Group 1 meet all of the criteria from the
- 8 previous slide, while the services in group 2 meet three of
- 9 the four criteria but they miss on the criterion of minimal
- 10 packaging, as more than five percent of their total cost is
- 11 from packaged ancillaries in the outpatient PPS.
- 12 Ultimately, we have 24 APCs in Group 1 and 47 in Group 2.
- For Group 1, we established equal payments across
- 14 settings for each service by setting the rates in the
- 15 outpatient PPS to the difference between each service's non-
- 16 facility practice expense rate and its facility practice
- 17 expense rate in the Physician Fee Schedule.
- 18 For Group 2, we allow for differences in
- 19 packaging. This results in the outpatient PPS rates for
- 20 each service being set equal to the difference between the
- 21 service's non-facility PE and its facility PE rates plus the
- 22 costs of additional packaging that occurs in the outpatient

- 1 PPS. This narrows but does not eliminate differences in
- 2 payment rates across settings.
- Jack, you asked what percent of hospitals' revenue
- 4 from the outpatient PPS is included in the E&M office visits
- 5 from the March 2012 report and the APCs that are in Group 1
- 6 and Group 2 on this slide. We found that the E&M visits are
- 7 4.5 percent of total outpatient PPS revenue and the APCs in
- 8 Group 1 and Group 2 are 11.1 percent, for a total of 15.6
- 9 percent. I want to be clear, though, that this is not the
- 10 reduction in revenue from those policies, which we discuss
- 11 later, but it is the percentage of outpatient PPS revenue
- 12 that actually resides in those services.
- George, last month, you expressed some concerns
- over the idea that the OPD rate for APC 247, laser eye
- 15 procedures, would decline by 92 percent, to \$30. We want to
- 16 first point out that this is an extreme example of the
- 17 impact on OPD rates in the policies we discussed. On this
- 18 table, we have an example of an APC with more of a median
- 19 payment change among the services that we analyzed. This is
- 20 APC 698, level two eye tests and treatments.
- 21 The first column on the table shows this service
- 22 has a payment of \$66 if it is provided in a physician's

- 1 office, while the second column shows the payment if the
- 2 service is provided in an OPD. The physician receives \$27
- 3 and the hospital receives \$67 and the total payment is \$94.
- 4 The under the policies we covered in October to
- 5 make these payments equal across settings, the third column
- 6 indicates the physician would receive \$27, but the hospital
- 7 payment would decline to \$39 and the total payment would be
- 8 \$66, which is the same as when it is provided in a
- 9 freestanding office.
- 10 And George's concern over APC 247 brought us back
- 11 to examine the APCs in our analysis. We found that some
- 12 APCs, including number 247, have 90-day global periods in
- 13 the Physician Fee Schedule, and we also found that the 90-
- 14 day global periods include time for physician staff to
- 15 coordinate with hospitals and that cost is not included in
- 16 other services. And this additional staff time is similar
- 17 to the issue of additional packaging that occurs in the
- 18 outpatient PPS, which we have been able to adjust for in
- 19 Group 2 services. But we don't have adequate data to make a
- 20 similar adjustment for the additional staff time.
- 21 Therefore, we decided to exclude all APCs from our
- 22 analysis, including number 247, where more than five percent

- of the volume is in services that have 90-day global
- 2 periods. And we found there are 15 such APCs, which reduces
- 3 the number of APCs in our analysis from 86 down to 71. It
- 4 also reduces the savings to the program and beneficiary cost
- 5 sharing from the \$1.2 billion that we mentioned in October
- 6 to about \$1 billion. About \$780 million of that would be
- 7 program spending and \$220 million would be beneficiary cost
- 8 sharing. The remaining results we discuss today exclude the
- 9 15 APCs eliminated on the basis of the 90-day global
- 10 payments.
- 11 At last month's meeting, we presented this diagram
- 12 that shows the relation between hospitals' 30-day episode
- 13 costs and their gain in overall Medicare revenue from the
- 14 higher OPD rates for the services in Group 1 and Group 2.
- 15 The point of the diagram is to illustrate that there is
- 16 little correlation between how much hospitals gain from the
- 17 higher OPD rates and hospitals' cost per episode. For
- 18 example, a regression of gains from higher OPD rates on cost
- 19 per episode has an R-square of just 0.07.
- 20 And Alice asked, where are the for-profit
- 21 hospitals on this diagram, and we indicated them by the red
- 22 dots on the chart. And the chart shows that among the for-

- 1 profits, there is little correlation between how much they
- 2 gain from the higher OPD rates and their cost per episode.
- 3 For example, for these hospitals, a regression of their gain
- 4 from higher OPD rates on cost per episode produces an R-
- 5 square of 0.11.
- 6 Okay. In October, we analyzed the effects of the
- 7 policies we presented on the hospitals that are under the
- 8 inpatient PPS. Part of this analysis compares the 100
- 9 hospitals that would be most affected by those policies to
- 10 the overall PPS hospital population. Relative to the
- 11 overall hospital population, the 100 most affected hospitals
- 12 tend to have much lower DSH percentages. They have a lower
- 13 percentage of major teaching hospitals, about the same
- 14 percentage of rural hospitals, and a much higher percentage
- of proprietary hospitals. Also, we found that 53 of the 100
- 16 most affected are specialty hospitals.
- 17 And Craig asked about the profile of the 47
- 18 hospitals from the 100 most affected that are not specialty
- 19 hospitals. So when we eliminated the 53 specialty hospitals
- 20 from the 100 most affected, we found that relative to the
- 21 overall hospital population, the remaining 47 non-specialty
- 22 hospitals have a similar DSH percentage, a much higher

- 1 percentage of rural hospitals, about the same percentage of
- 2 proprietary hospitals, and no major teaching hospitals.
- 3 And Herb wanted us to look into hospitals that
- 4 have DSH percentages above the median for all hospitals and
- 5 that are among the 100 hospitals that are most affected by
- 6 the E&M recommendation we made in the March 2012 report and
- 7 among the 100 most affected hospitals we discussed in
- 8 October. And we find that in the E&M policy, there were 50
- 9 hospitals with above-median DSH percentages that appear in
- 10 the 100 most affected hospitals. And under the policies
- 11 presented in October, there are 24 with above-median DSH
- 12 percentages that appear in the 100 most affected hospitals.
- 13 And, finally, there are seven hospitals with above-median
- 14 DSH percentages that are in the top 100 most affected in
- 15 both studies.
- Also in October, we showed you the effects of
- 17 reducing OPD rates for Group 1 and Group 2 at the hospital
- 18 level and for hospital categories, and the first column of
- 19 this table displays those results again. As we pointed out,
- 20 rural hospitals would face a greater reduction in revenue
- 21 than urban hospitals, one percent for rural hospitals and
- 22 0.6 percent for their urban counterparts. But these results

- 1 do not include the additional hold-harmless payments that
- 2 some rural hospitals would receive because of lower
- 3 outpatient PPS payments where the hold-harmless payments
- 4 provide additional revenue to small rural hospitals if the
- 5 outpatient PPS revenue is below the amount they would have
- 6 received under the cost-based system that preceded the
- 7 outpatient PPS.
- 8 And Glenn asked about the effects of including the
- 9 additional hold-harmless payments that would occur and the
- 10 second column of numbers on this table shows these effects.
- 11 In general, the hold-harmless payments have a nearly
- 12 negligible effect, but they would reduce the effect on rural
- 13 hospitals from a decline in revenue of one percent to a
- 14 decline of 0.9 percent.
- 15 We also looked at the effect of the additional
- 16 hold-harmless payments on the 100 hospitals most affected by
- 17 these policies. Once again, there is only a small effect of
- 18 the hold-harmless payments in general, but there is a
- 19 reduction in the number of rural hospitals appearing in the
- 20 number of most affected, from 29 down to 26.
- 21 Some Commissioners wanted to know the effects of
- 22 combining the policies we discussed in October with the

- 1 changes in payments for E&M office visits that we
- 2 recommended in the March report, and this table shows the
- 3 aggregate effects of this combined policy, including the
- 4 effects of additional hold-harmless payments that would
- 5 occur for the small rural hospitals.
- The first column of numbers shows the aggregate
- 7 percent impacts on hospitals' Medicare OPD revenue. The
- 8 effect of the combined policy decreases hospitals' OPD
- 9 revenue by about 5.5 percent, and the two policies have
- 10 about equal impacts.
- 11 The second column shows the effect on hospitals'
- 12 overall Medicare revenue, and together, these policies
- 13 reduce overall revenue by about 1.2 percent.
- On this table, we show the effects on hospitals'
- 15 overall Medicare revenue of the same combined policy on the
- 16 previous slide, but we disaggregate the results to hospital
- 17 categories. The effects vary widely across hospitals, as
- 18 ten percent would have revenue decline by 0.2 percent or
- 19 less, and ten percent of hospitals would have a decline of
- 20 2.7 percent or more. Also, rural hospitals would be
- 21 affected more than urban hospitals. Major teaching
- 22 hospitals would be affected more than other hospitals. And

- 1 government-owned hospitals would be affected more than
- 2 voluntary or proprietary hospitals.
- On this table, we compare the 100 hospitals that
- 4 would be most affected by the combined policy on the
- 5 previous two slides to the effects on the general PPS
- 6 hospital population. It shows there are some important
- 7 differences between the hospitals that would be most
- 8 affected and the average overall hospital. The most
- 9 affected hospitals would have a much greater loss of revenue
- 10 from the combined policy. They tend to have lower DSH
- 11 percentages. They are more likely to be major teaching,
- 12 which is due to the effects of the E&M policy. They are
- 13 less likely to be rural because of the hold-harmless
- 14 payments. And they are less likely to be voluntary and more
- 15 likely to be proprietary. And they also have much fewer
- 16 beds, on average. Also, 30 of these most affected hospitals
- 17 are specialty hospitals.
- 18 So our next steps on this analysis include a
- 19 request from a few Commissioners to investigate a lower
- 20 threshold for one of the criterion for equal payments across
- 21 settings, that a service be frequently performed in
- 22 physicians' offices. The analyses we have done so far

- 1 requires that the service be performed in a physician's
- 2 office at least 50 percent of the time and we are currently
- 3 investigating the effects of dropping that threshold to 25
- 4 percent.
- 5 We are also open to analysis of any issue that is
- of concern to Commissioners, and we are now ready for your
- 7 discussion and questions.
- 8 MR. HACKBARTH: Okay. I think George is ready
- 9 with his round one clarifying questions.
- 10 MR. GEORGE MILLER: Well, first, let me say thank
- 11 you for this analysis. I guess I've got a couple of
- 12 questions. The first one is, doesn't the hold harmless for
- 13 the rural hospitals expire at the end of this year?
- DR. ZABINSKI: Yes, it does, but it has been
- 15 intended for sunset several times and it's always been
- 16 extended by Congress in one way or another.
- MR. GEORGE MILLER: But for this analysis, we have
- 18 to assume it will expire because that's the current law,
- 19 correct?
- 20 DR. ZABINSKI: Correct. I was just going with a
- 21 request to include the hold harmless and see what the
- 22 impacts would be. As I showed, generally, they're not very

- 1 big, and obviously, because they focus on rural hospitals,
- 2 it has some effect on rural hospitals.
- 3 MR. HACKBARTH: So as Dan indicated, that was
- 4 something I asked for and we're not at the point of making a
- 5 recommendation yet. So we will likely know whether the hold
- 6 harmless is extended or not by the time we get to the point
- 7 of considering a recommendation.
- 8 MR. GEORGE MILLER: Okay. And I've got a lot of
- 9 round two questions, but let me use another one here on
- 10 round one. The assumption of this currently as presented is
- 11 that the payments to the hospital clinics will save the
- 12 Medicare program costs -- I'm sorry, by lowering the
- 13 payments to hospitals, will save the program costs. But in
- 14 the example we had when we had the gentleman from the Denver
- 15 clinic and Ron Anderson from Parkland is that they were able
- 16 to put together a whole network of clinics to provide better
- 17 care in the community. So the theory I got from that, they
- 18 provided great quality and that they were able to lower the
- 19 cost to the program for providing a medical home for the
- 20 patients in the community surrounding Dallas County and
- 21 Denver and provided a better structure. The impact of these
- 22 cuts may not allow them to do that and to have total

- 1 integrated care, which is the goal of the program.
- 2 So my question is, have you done the analysis that
- 3 just because you lower the clinic costs, would this then
- 4 lower the program costs for the Medicare program in the long
- 5 run?
- DR. MARK MILLER: So the first thing I'd do, guys,
- 7 is put the correlation up.
- 8 DR. ZABINSKI: Right.
- 9 DR. MARK MILLER: And so do you want to take it
- 10 from here, or do you want me to?
- MR. HACKBARTH: Well, why don't you talk about the
- 12 correlation, since you're better at that, and then I'll add
- 13 on a comment.
- DR. MARK MILLER: Well, it's going to be very
- 15 brief, because that's an argument that a number of systems
- 16 are making --
- 17 MR. GEORGE MILLER: Yes.
- DR. MARK MILLER: -- and say that it's worth
- 19 giving me these dollars because I'll save you money over the
- 20 long run. This shows that that's not going on.
- 21 And I think the second comment, which may roll
- 22 over to the Chairman, is even if you wanted to do that,

- 1 would this be the mechanism that you would do that. Is that
- 2 where you're going?
- 3 MR. HACKBARTH: And that would be my point, is
- 4 that I think we all believe that integrated care has the
- 5 potential to reduce total cost and we wish to encourage it.
- 6 Is higher outpatient department rates for all providers,
- 7 including those who are not engaged in integrating care, the
- 8 best way to accomplish that goal?
- 9 MR. GEORGE MILLER: Okay. I'll wait until round
- 10 two.
- DR. NERENZ: As long as the slide is still up,
- 12 just a question of how we should interpret that, and I quess
- 13 I'm going back to Mark on this. It seems like the issue is
- 14 not that the dots, say, above 0.03 are lower. The question
- 15 would be, is it remarkable or interesting that they're not
- 16 higher than 1.0, the point being -- and this is, again,
- 17 right to George's point -- if these hospitals are receiving
- 18 a relatively high number of additional payments, would you
- 19 not expect, all else equal, the average on the 30-day
- 20 episode cost to be higher, and is it not then sort of
- 21 interesting and curious that they are not higher? The point
- 22 is not that they're lower. The point is they're not higher.

- 1 So I'm just asking a clarification. How should we interpret
- 2 this?
- 3 And then a very basic -- I'll just put this out
- 4 there. We can come back to this. The top of Slide 13,
- 5 average loss, 7.7 percent. That is 7.7 percent of what,
- 6 exactly? Is that of OPD or of overall Medicare?
- 7 DR. ZABINSKI: That is the average loss among the
- 8 100 hospitals that are most affected, 7.7 percent of their
- 9 overall Medicare revenue.
- 10 DR. NERENZ: Of overall Medicare.
- DR. ZABINSKI: Right.
- DR. NERENZ: Okay. Thank you. Okay. Then maybe
- 13 we can go back to that other figure, because I -
- MR. HACKBARTH: So can I go back to the graph for
- 15 a second. So what we're relating here is the revenue from
- 16 OPD versus total cost and trying to examine whether there's
- 17 a relationship, and at least at a gross level we don't find
- 18 much of a relationship. Dave has offered sort of another
- 19 way of thinking about that.
- I think what we know about the total cost per
- 21 Medicare beneficiary is that it's usually variable across
- 22 the country with a lot of regional, big regional differences

- 1 and I'm not sure how that factors into this. So it could be
- 2 that some of the places that have high OPD spending have low
- 3 total cost, totally unrelated to their investment in OPD.
- 4 They happen to be in areas of the country that have very low
- 5 cost. And everybody in those regions has low cost.
- DR. NERENZ: But just so I make sure we're clear,
- 7 the vertical axis here is not overall OPD spending. It is
- 8 at least labeled here as gain in, what, gain in revenue
- 9 because of the provider-based payments. Is that -- so it's
- 10 not just overall OPD spending, right?
- MR. HACKBARTH: Yes. Okay.
- DR. BAICKER: So are you asking --
- MR. HACKBARTH: How does that alter the question,
- 14 the answer to the question?
- DR. NERENZ: Well, I guess I don't know how -- I'm
- 16 trying to just understand what the true dynamic -- I don't
- 17 know that regional variation is either reflected or
- important in what we see here, and I also am just trying to
- 19 clarify the labeling of the vertical axis. I don't think
- 20 this is overall OPD spending, either, that it seems like
- 21 what I thought was captured here was -- it's labeled "gain,"
- 22 but it's basically the relative amount of OPD payments that

- 1 flow through this higher payment rate. I see Mark nodding,
- 2 so that's what it is.
- 3 MR. HACKBARTH: Yes.
- DR. NERENZ: And then I go back to my question,
- 5 then. If that had the effect of raising overall program
- 6 spending, or in this case overall episode spending, all else
- 7 equal, would we not expect a shift to the upper right
- 8 quadrant, and is it not then remarkable that we do not see
- 9 such a shift?
- DR. BAICKER: Just to make sure I understand the
- 11 question, I think you're saying that there's a mechanical
- 12 correlation built in potentially --
- DR. NERENZ: We think so, yes.
- DR. BAICKER: -- in which case the fact that
- 15 there's a component that's mechanically showing up on both
- 16 sides that should generate a positive correlation --
- 17 DR. NERENZ: Yes. Yes.
- DR. BAICKER: -- the fact that we see it flat
- 19 means the parts that aren't mechanically positively
- 20 correlated must be negatively correlated to produce that
- 21 thing that's flat that should be mechanically upward
- 22 sloping.

- DR. NERENZ: Exactly right.
- 2 MR. HACKBARTH: I think I understood that.
- 3 [Laughter.]
- 4 MR. HACKBARTH: Really. I think that was both
- 5 clear and helpful, Kate. I'm not being sarcastic there.
- DR. BAICKER: [Off microphone.]
- 7 DR. REDBERG: We don't need to channel Cori's
- 8 friend.
- 9 [Laughter.]
- 10 MR. HACKBARTH: But unlike you two, I'm way out of
- 11 my element here in talking about this. It still seems to me
- 12 that what you'd want to do, if one of your variables is
- 13 episode cost relative to the national average, sort of
- 14 control for differences that may be regional or otherwise.
- 15 It seems like there's a lot potentially going on on that
- 16 bottom axis that doesn't necessarily relate to what's on the
- 17 vertical axis. And I want to do some sort of -- let me stop
- 18 there. Or am I just totally confused as a non-statistician?
- 19 DR. STENSLAND: So let's just start with the basic
- of what that bottom axis is, and that bottom axis is 30-day
- 21 episode spending. So it's basically when you enter the
- 22 hospital and all that inpatient visit plus all the visits in

- 1 the hospital and your post-acute care and your post-acute
- 2 visits.
- 3 MR. HACKBARTH: Right.
- 4 DR. STENSLAND: But the inpatient visit is going
- 5 to be the bulk of it, and it's not going to be affected by
- 6 this at all.
- 7 MR. HACKBARTH: Right.
- DR. STENSLAND: And then there's the visits that
- 9 the doctors do in the hospital during your stay. That's not
- 10 affected by this at all because there's no facility fee.
- 11 That's all wrapped up into the DRG payment. So that's not
- 12 going to be affected at all.
- And then your post-acute payments won't be
- 14 affected at all.
- 15 So the only thing that's really being affected is
- 16 the difference between the post-discharge visits, like two
- 17 weeks after you get discharged from the hospital, you go see
- 18 your general practitioner, and do you see that person in an
- 19 office-based or a facility-based practice. So there will be
- 20 that \$30 difference or whatever it is. But that \$30
- 21 difference is just not going to be much relative to the
- 22 variation you see in this --

- 1 MR. HACKBARTH: In the inpatient costs.
- 2 DR. STENSLAND: -- in the episode spending.
- 3 MR. HACKBARTH: Sort of dominate here.
- 4 DR. STENSLAND: And then there is the regional
- 5 question, so we also did this two different ways. One way
- 6 was to say, well, how much does this 30-day episode spending
- 7 relate to basically how often you're seen in an OPD rather
- 8 than a physician's office, is basically what we're asking.
- 9 MR. HACKBARTH: Uh-huh.
- DR. STENSLAND: Just raw, on average, is what
- 11 we're seeing here.
- 12 Another way I looked at it is to say, well, let's
- 13 look at what is the episode spending for you relative to
- 14 everybody else in your State. So is the people that are
- 15 high in their State tend to have high relative -- and again,
- 16 you see the same, almost no relationship whatsoever. So you
- 17 can pull out the regional effect and you still get almost
- 18 nothing.
- 19 There is that mechanical negative correlation that
- 20 you would expect, but it is such a small magnitude, I just
- 21 don't think it's going to move anything.
- MR. HACKBARTH: Okay. That's helpful. Thanks,

- 1 Jeff.
- Peter, clarifying questions.
- 3 MR. BUTLER: So I really appreciate the staff
- 4 trying to assess the impact and provide additional data. It
- 5 suffers a little bit, because without the narrative, it's a
- 6 little hard to understand some of this. I should be an
- 7 expert on this and I feel like I still don't understand some
- 8 of it.
- 9 But on Slide 6, so we have listed two months ago,
- 10 I think it was the top 25, right, in the text? The top 20?
- 11 But this says there are now going to be 71 in the analysis,
- 12 it's suggested, right?
- DR. ZABINSKI: Yes.
- 14 MR. BUTLER: I'm just trying to clarify.
- DR. ZABINSKI: Yes.
- MR. BUTLER: Okay. And then they have the --
- 17 you've shown the eye example, a different one on the
- 18 previous page, but so much was tied up, if I remember right,
- 19 in, like, the top three were half of the echocardiograms and
- 20 largely around heart and pain management and we still kind
- 21 of haven't -- and I said, boy, I kind of felt if we
- 22 understood that, particularly how it related to these

- 1 smaller for-profit probably heart and orthopedic hospitals,
- 2 we would have a better understanding of what's going on.
- 3 And then part of that is, too, are the physicians -- because
- 4 this all started with employing physicians too rapidly
- 5 because this was a mechanism to kind of help fund the
- 6 salaries. And I'm not sure that that's going on in the
- 7 smaller specialty hospitals. I'm not sure there is
- 8 employment, yet they're getting the facility fee at a -- I
- 9 just don't quite understand the dynamics in this, not the
- 10 E&M codes, but these set of tests.
- 11 And I don't even know if I'm asking -- I'm
- 12 obviously not asking the question quite right, but so much
- 13 of these APC volume and where the reductions occurred in
- 14 relatively few APCs that seem to be now skewing more towards
- 15 the for-profit smaller specialty hospitals, I just don't
- 16 quite understand what is happening there, and this data
- 17 doesn't quite get at it. Can you answer that -
- DR. ZABINSKI: Well, would it be helpful -- I'm
- 19 wondering if it would be helpful if we looked just at the
- 20 cardiac imaging codes, APCs. As you pointed out last time,
- 21 they were the top two and they accounted for roughly, you
- 22 know, half-a-billion dollars in savings, program plus

- 1 beneficiary. If we looked at which hospitals, you know,
- 2 provided most of those services, or which would be the most
- 3 affected by the payment changes, and if we saw -- it sounds
- 4 like you're asking, is it really going to be the cardiac
- 5 hospitals that would be affected by this policy proposal or
- 6 other types of hospitals. So if we looked at it by category
- 7 --
- 8 MR. BUTLER: Well, that might help. But it did
- 9 strike me, like, half of the savings are coming from, like,
- 10 two or three APCs, and yet we're looking at 71 of them and
- 11 all this detail. Understanding those in particular, I
- 12 think, would help understand the bigger picture.
- DR. MARK MILLER: There are two things that
- 14 occurred to me, and you were on to one of them, Ariel. What
- 15 if you ran this analysis for just those? That could be one
- 16 way to cut it. And the other way to cut it -- and I don't
- 17 know whether we're taking them out or just looking at them,
- 18 but I'm going to say it this way: take out the specialty
- 19 hospitals and see what it looks like. They were my two --
- MR. BUTLER: That might be good, too.
- 21 DR. MARK MILLER: -- gut reactions to what you
- 22 said.

- 1 MR. BUTLER: Yeah, because one of my other
- 2 comments would be, you know, we look at the top hundred.
- 3 Well, if a bunch of them are these really dinky things, it's
- 4 a small part of the total hospital. So even those they're
- 5 smaller, it just explains part of the total spend that is
- 6 being impacted by the policies. I know there are many, many
- 7 ways you could slice the data, and you've been trying to do
- 8 that. But I still don't feel I quite have a handle on
- 9 what's going on on these high-volume APCs where the impact
- 10 will be the greatest.
- DR. ZABINSKI: Some of the obvious things, you
- 12 know about them, you know, relative to the -- in the list of
- 13 71 APCs, they do have a high volume, and they also start
- 14 with a very high, relatively high payment rate. So, you
- 15 know, a lot of money as a share of the total is tied up to
- 16 them to begin with, and then you drop their rate, and they
- 17 do have -- in terms of their magnitude of their drop in
- 18 their rate is large. The percent drop is not unusually
- 19 large, but their magnitude is, and that's what really
- 20 matters here.
- 21 And we also do know that there's a fair amount of
- 22 shift in these APCs from free-standing offices to OPDs over

- 1 the last few years.
- 2 MR. BUTLER: I suspect, and I think most --
- 3 anecdotally you hear that the reductions in general for
- 4 cardiologists and how they're being paid and technical,
- 5 professional, et cetera, led to this rapid employment and
- 6 particularly in cardiology, and this was a safer haven that
- 7 provided more money than the previous model. And the more I
- 8 think we kind of understand the dynamics around, for
- 9 example, heart as just an area, I think the more we can
- 10 target this in the appropriate way to get at an underlying
- 11 issue.
- 12 I think it's a very different scenario, for
- 13 example, for primary care or maybe some of the other areas
- 14 that are less intense in some of these tests but have a lot
- of E&M codes, for example.
- MR. HACKBARTH: This is helpful, Peter. So the
- impact analysis is showing a combination of three things.
- 18 One, as Dan says, these are relatively high priced -- these
- 19 cardiac things, they're a significant amount of money.
- 20 There's a lot of volume and a relatively high price. We've
- 21 got this move that Peter described that has occurred from
- 22 physician office into OPD, and then the specialty hospital

- 1 numbers, this is also an area where there has been a lot of
- 2 development of specialty institutions, the cardiac, and so
- 3 those three factors are showing up in these impact analyses.
- 4 MR. BUTLER: Now, there aren't new -- a lot of new
- 5 physician-owned specialty hospitals, but there have been
- 6 barriers to making that occur. So --
- 7 MR. HACKBARTH: But a lot of them existed before
- 8 the moratorium.
- 9 MR. BUTLER: Right. So there are different
- 10 dynamics going on here.
- 11 And then on Slide 13, I just think we need to --
- 12 this would be very tricky to kind of bring together what we
- 13 had in a previous recommendation, which was controversial by
- 14 itself, and then layer on another one and look at the
- impacts on, you know, the 7.7 percent is a pretty big whack
- of your total revenue. So I don't know how we need to start
- 17 thinking ahead. How do you kind of put that in the context
- 18 of the other reductions that PPACA has or updates? I'm just
- 19 trying to anticipate what obviously will be a tough
- 20 discussion to try to balance all of these things, because
- 21 it's hard to -- it's one thing to take an isolated issue and
- 22 kind of a principle that makes sense and then fold it into

- 1 the other dynamics of everything else that we do when we
- 2 make our recommendations and updates.
- 3 So I don't have a recommendation today other than
- 4 to suggest that obviously some institutions would be -- if
- 5 you did this all in one year, the way the data lays out, it
- 6 would be pretty darn tough.
- 7 MR. HACKBARTH: This is the combined effect of E&M
- 8 plus the new ones.
- 9 DR. ZABINSKI: That's correct.
- 10 MR. HACKBARTH: On the E&M calculation, does that
- include our hold harmless features in there?
- DR. ZABINSKI: Yes.
- MR. GEORGE MILLER: That assumption is that hold
- 14 harmless will continue beyond this year in these numbers.
- 15 Is that correct?
- DR. ZABINSKI: Correct.
- 17 MR. HACKBARTH: I'm actually talking about a
- 18 different hold harmless. I'm not talking about the hold
- 19 harmless in under-100-bed rural hospital. I'm talking about
- 20 the --
- MR. GEORGE MILLER: I'm sorry.
- MR. WINTER: Stop loss?

- 1 MR. HACKBARTH: Stop loss.
- DR. ZABINSKI: It does not include any sort of
- 3 stop loss in it.
- 4 MR. HACKBARTH: Okay. So even on the E&M stuff,
- 5 those numbers that factor in here don't include our stop
- 6 loss --
- 7 DR. ZABINSKI: No, it does not.
- 8 MR. HACKBARTH: Okay.
- 9 MR. GEORGE MILLER: Well, if I could just follow
- 10 up, did we model -- I mean, the current -- if I remember
- 11 correctly from last year, the margins in HOPD are negative.
- 12 Have we calculated what this impact would be on those
- margins as well?
- MR. HACKBARTH: We can do that.
- DR. ZABINSKI: Yeah.
- DR. MARK MILLER: When we get into that next
- 17 month, George.
- 18 MR. GEORGE MILLER: Yeah. I would love to see
- 19 that.
- DR. MARK MILLER: Actually, I just wanted to
- 21 finish off where I think Peter was. So the 7.7 is for the
- 22 top 100, just to make sure that we're tracking through that.

- 1 And what I can't remember on this one is when we do the
- 2 Group 1, Group 2, that top 100 had a lot of specialty
- 3 hospitals in it.
- 4 DR. ZABINSKI: Correct.
- 5 DR. MARK MILLER: And when you put it together
- 6 with the other policy?
- 7 DR. ZABINSKI: Thirty.
- DR. MARK MILLER: Okay. I'm sorry. I had
- 9 forgotten.
- MR. BUTLER: So, Mark, though, another way to look
- 11 at it is Slide 11, instead of saying, okay, the top hundred,
- 12 there is, you know, on average 5.5 percent reduction in
- 13 outpatient for hospitals in general and a 1.2 percent on
- 14 their total Medicare revenue, which is the average impact.
- 15 MR. HACKBARTH: But this also, I assume, does not
- 16 include the stop loss on E&M.
- 17 DR. ZABINSKI: No.
- DR. REDBERG: Just to follow on from what Peter
- 19 said, besides looking at the non-specialty hospitals, for
- 20 example, on the top 100 and also in the most affected, you
- 21 would also look at the specialty hospitals specifically?
- 22 Because, obviously, it's a very diverse group of hospitals

- 1 that would be affected, or more affected, with very
- 2 different characteristics. So I just think it would be
- 3 interesting to break it out or helpful to break it out.
- 4 DR. ZABINSKI: [inaudible].
- DR. REDBERG: And just the other point. Is it
- 6 possible to also, besides looking at the costs like you gave
- 7 us in Slide 7, to look at some of the quality measures, the
- 8 performance measures that CMS measures for inpatients? For
- 9 example, for the cardiac specialty hospitals, we have a lot
- 10 of inpatient performance measures. Can you compare quality
- 11 as well as costs and see if there's any correlations between
- 12 these payments and types of hospitals and quality?
- DR. ZABINSKI: Sure.
- DR. REDBERG: Thanks.
- 15 DR. HOADLEY: Just two small ones, and thanks for
- 16 the various responses from the previous questions.
- On the answer to my question, the 11.1 percent on
- 18 this second group, was that before -- the total bucket that
- 19 was affected, was that before or after you made the APC
- 20 global period exclusion of those additional APCs?
- 21 DR. ZABINSKI: That is after.
- DR. HOADLEY: Okay.

- 1 DR. ZABINSKI: Yes, after.
- DR. HOADLEY: And I don't think you've given us
- 3 this, but it's sort of underneath several of the graphics.
- 4 How correlated are the two policies in their impact on
- 5 hospitals? I get a sense that they're affecting kind of
- 6 different groups, but I'm not sure I'm actually seeing
- 7 anything that shows that. Or maybe we don't know that right
- 8 now.
- 9 DR. ZABINSKI: Yeah, I did not look at that. Just
- 10 going by what I know and which hospitals fall in and where
- 11 they fall in the distribution, I would guess that it does
- 12 affect different groups of hospitals.
- DR. HOADLEY: I mean, the Slide 9 that talked
- 14 about, you know, the DSH statistic sort of implies that the
- 15 list at least of the top 100 are different, but --
- DR. ZABINSKI: That's definitely true, yes. The
- 17 top 100 list, there's not much overlap, but I think in
- 18 general --
- 19 DR. HOADLEY: But it would seem like it would be
- 20 useful to know if -- you know, because if the two policies
- 21 are reinforcing the impact on -- as opposed to one hits some
- 22 and the other one really hits, it's kind of an uncorrelated

- 1 set that's just useful to know, it seems like.
- 2 MR. ARMSTRONG: So I'm not sure exactly to ask
- 3 this, but we're looking at estimates that would reduce
- 4 revenues to hospitals by 5.5 percent or 7.7 percent for the
- 5 top 100. The question I have is: Given payment policy and
- 6 the changes that we've seen that have inspired these
- 7 policies, how quickly did the revenues go up by that much
- 8 over the last few years? Has this been a gradual thing over
- 9 the course of a decade? Or is this just...
- 10 MR. WINTER: Last year in our March report we
- 11 showed that the shift of E&M office visits from physician
- 12 offices to outpatient departments has been accelerating.
- 13 Correct, Dan?
- DR. ZABINSKI: Yeah.
- 15 MR. WINTER: It has been accelerating over the
- 16 last couple years. We also looked at a couple of cardiac
- imaging codes, like echocardiography and nuclear medicine,
- 18 and those have also been accelerating over the last couple
- 19 of years.
- We have not looked at all of the 71 APCs in Groups
- 21 1 and 2, but that gives you a flavor for what we're seeing
- in some of the really higher-volume, high-payment APCs where

- 1 there are big differences in payment rates.
- 2 MR. ARMSTRONG: Yeah, and I ask that because I
- 3 think Peter raises a good point, that on the one hand
- 4 there's kind of the discipline around the policy and does
- 5 the policy make sense. But then there's also the impact
- 6 operationally on changing the policy. But let's not forget
- 7 that while we would be taking revenues out, those are brand
- 8 new revenues that have been coming up. And so let's just
- 9 not forget that, too. If that's the right way to think
- 10 about that.
- 11 DR. COOMBS: So I was interested in if you were
- 12 able to get at a granular level with the disproportionate
- 13 share hospitals and the overlap with academic institutions
- 14 to see what the impact would be, especially for, you know,
- inner-city urban teaching centers in terms of, you know,
- 16 their margins might be very different than the for-profit.
- 17 Thank you very much for answering my question, too, about
- 18 the distribution correlation.
- DR. ZABINSKI: We haven't done anything on really
- 20 digging down to that level that you're asking about. That's
- 21 something we can do.
- DR. COOMBS: My concern is the disproportionate

- 1 share hospitals that actually have a major mission for
- 2 teaching in the GME slots that are appropriate for what the
- 3 government has slated and what's necessary for them to
- 4 actually meet the demands of their surrounding communities.
- 5 Some of the institutions have actually increased the number
- 6 of GME slots on their own to kind of meet the needs of their
- 7 community, and so what would this do to them. And in that
- 8 same vein, we made an accommodation when we did E&M codes
- 9 for DSH hospitals, and I was wondering if we had been
- 10 thinking along those lines for this as well.
- MR. HACKBARTH: That's certainly an option to do
- 12 some sort of special protection for the above average
- 13 disproportionate share hospitals.
- MR. WINTER: And for the Groups 1 and 2 that we
- 15 talked about in October, Dan did model a limiting -- a stop-
- loss policy similar to what we recommended for E&M, and I
- 17 think the impact was minimal, very minimal. Right?
- DR. ZABINSKI: Yeah. It's much smaller than what
- 19 the impact would be under the E&M policy we recommended last
- 20 March.
- 21 DR. COOMBS: So could you do that as well for the
- 22 teaching institutions just to see the impact? Because I

- 1 think we just focused on the disproportionate share
- 2 hospitals.
- 3 DR. ZABINSKI: Yeah?
- 4 MR. HACKBARTH: I want to make sure I understood
- 5 what you said. So you're saying that for this second group
- of services that the impact on the disproportionate share
- 7 hospitals is much smaller than for the E&M services.
- DR. ZABINSKI: That's correct.
- 9 MR. HACKBARTH: Okay. Clarifying questions?
- MR. KUHN: Yes, just one. Page 5 or Slide 5, just
- 11 a quick question to make sure I understand on the numbers.
- 12 So let's just take that top line, the fee schedule rates.
- 13 So the \$66 includes both the professional, the practice
- 14 expense and the malpractice. And then as we move forward,
- 15 then it goes to the 27. Is that the just the professional
- 16 and malpractice only?
- DR. ZABINSKI: That's the three parts. It's the
- 18 professional, it's the malpractice, and it's the facility PE
- 19 for the physician.
- MR. KUHN: Okay. In the 27.
- DR. ZABINSKI: In the 27.
- MR. KUHN: Okay. It would be interesting as we

- 1 look forward that, you know, if you think about this, you're
- 2 basically, you know, going into a hospital-based facility,
- 3 so it basically is the hospital's machinery, it's the
- 4 hospitals supplies, et cetera. So I would be really
- 5 interested to look at it as how we really separate that the
- 6 physicians are getting paid for what they are doing, that
- 7 is, you know, their professional, their malpractice, and
- 8 then the facility charges are separate. We might have a
- 9 different look at this if we had it that way. It just seems
- 10 like we're providing payment for services that aren't being
- 11 rendered, if you follow my logic here.
- MR. WINTER: Would it be helpful if we broke down
- 13 the total fee schedule rate by the three components --
- MR. KUHN: It might help us look at --
- MR. WINTER: -- so PE, PLI, and work? Is that
- 16 what you're asking?
- MR. KUHN: Yeah, I mean -- you know, I guess if --
- 18 well, I guess it depends where the locus of the practice
- 19 expense is. If it's all in the outpatient in the hospital-
- 20 based, then that's where all of the expense is. Or in the
- 21 example you have here, the physician is getting not only the
- 22 physician rate but also practice expense when they're using

- 1 the hospital's equipment. It's kind of a little bit what
- 2 George was talking about at the last meeting. It would be
- 3 interesting if we could break it out differently just to see
- 4 what it looks like.
- 5 MR. WINTER: Right, so -- and we can certainly
- 6 break it out in greater detail as we did with the E&M stuff
- 7 last spring, last winter and spring. There are going to be,
- 8 even for services performed in a facility, there are still
- 9 going to be some practice expense for the physician for
- 10 costs related to billing and if -- these are not 90-day
- 11 globals, but for billing and for perhaps coordinating the
- 12 service in the hospital, that sort of thing. So there's
- 13 going to be some -- there's going to be some costs --
- MR. KUHN: Some costs.
- MR. WINTER: And also just because of the way the
- 16 formula works for allocating the indirect practice expense,
- 17 that's based on the work and the direct practice expense
- 18 input. So even for codes that have no direct practice
- 19 expense inputs but do have work, so like surgical procedures
- 20 that are done just in the hospital, there's still going to
- 21 be indirect practice expense costs allocated for those
- 22 procedures. So, you know, there's always going to be some

- 1 practice expense on the facility side, even when the
- 2 procedure is always done in a hospital.
- 3 MR. KUHN: Yeah, and maybe the easiest way is to
- 4 kind of break out those three components so that at least we
- 5 can just see what they look like.
- 6 MR. WINTER: Sure.
- 7 MR. KUHN: Thank you.
- 8 MR. HACKBARTH: Round 2 [off microphone].
- 9 MR. GEORGE MILLER: Yeah, Herb covered one of my
- 10 Round 2 because that was the question I had last time, if
- 11 you remember, what component of the fee schedule for the
- 12 physician and then reduce the proposal -- last time it was
- 13 reduce that rate down to \$30, and I commented about that.
- 14 But to that point, once we break that out, it would be
- 15 interesting to look at that.
- The other thing is you mentioned that the
- 17 physician office has to coordinate with the hospital. Well,
- 18 it looks like we're going to reduce our payments, but I
- 19 would imagine the same coordination would take place and the
- 20 same --
- 21 MR. WINTER: That's really an issue for the 90-day
- 22 globals, which we took those out for that reason, because

- 1 there are these higher costs, higher staff costs associated
- 2 with coordinating and scheduling the service in the
- 3 hospital. That's probably not going to be true for the
- 4 zero-day globals or the 10-day globals. But we can look
- 5 into that.
- 6 MR. GEORGE MILLER: Okay, great. And then just
- 7 for Round 2, I'm still concerned that -- although Scott
- 8 raised the question about how long we have been getting
- 9 that, and you said and quoted that there's been a recent
- 10 shift in certain areas, but for some of us, especially rural
- 11 hospitals, that have had employment of physicians and rural
- 12 clinics for a long time, the impact on the previous slide
- 13 shows that it's going to be pretty hefty on the rural
- 14 hospital. This is not a recent phenomenon for us.
- 15 And so, again, I'm concerned. Part of the
- 16 challenge for us, again, is the standby capacity that a
- 17 physician office does not have and that we have. Even our
- 18 infrastructure, especially in that HOPD, is in the hospital
- 19 versus a separate physician office, which I understand that
- 20 argument still requires us to do things that a physician
- 21 office does not have. And God forbid, what we just
- 22 witnessed and when I was in Jasper, Texas, when we had the

- 1 hurricane, everyone came to the hospital. Nursing homes
- 2 couldn't go anywhere else. They came to the hospital. And
- 3 that's part of that standby capacity. It's not just to have
- 4 an emergency room, but it's also to have a standby capacity
- 5 in case of disasters and floods and hurricanes or anthrax
- 6 threats. They come to the local hospital. So in my mind,
- 7 that's what some of these fees address.
- 8 We have a different mission than a physician
- 9 office, and it looks like what we're doing and discussing
- 10 has a limiting impact on what we first proposed, but I am
- 11 very concerned about the direction and the total impact.
- I mentioned, and you said you would look at it,
- 13 the hospital outpatient departments have negative margins,
- 14 and I would love to see what the impact of this percentage
- would be on those margins already.
- DR. MARK MILLER: I just want to say one thing.
- 17 George, I do appreciate your comments last time. I think it
- 18 did lead to a deeper dive on this, and we've come to a
- 19 different place as a result of that. So I want to thank you
- 20 again for what you said last time.
- 21 [Off-microphone comments and laughter.]
- DR. NERENEZ: This is a very broad question, I

- 1 think, about MedPAC philosophy and history perhaps, and I
- 2 ask it in that way because I'm new to this. If we just look
- 3 at the slide that's up, you know, you compare 94 and 66,
- 4 what's being considered here is dropping from 94 to 66. Or
- 5 perhaps if we look at the current thing, it's saying, you
- 6 know, what are hospitals doing with the difference between
- 7 66 and 94? And I can imagine many different scenarios, but
- 8 at least two clearly different ones. One is that the extra
- 9 \$28, if I'm doing my arithmetic right, essentially just goes
- 10 straight to the bottom line as profit or perhaps as
- 11 executive perks on the way to the bottom line, and we could
- 12 decide that maybe that's not such a good thing.
- But, on the other hand, in other environments,
- 14 that could support community outreach. It could support a
- 15 safety net mission. It's basically an indirect subsidy of
- 16 other perhaps socially desirable things.
- So my question is, in general, do we like indirect
- 18 subsidies like that because -- well, just -- but at least
- 19 I'd like a detailed answer.
- DR. CHERNEW: [off microphone].
- DR. NERENEZ: And I could think that the answer
- 22 could be simply because those area politically acceptable

- 1 ways, things that can pass to accomplish socially desirable
- 2 things. Or, obviously, the alternative is that as a matter
- 3 of principle, we do not like those things because they hide
- 4 or they mask or they somehow should be replaced by things
- 5 that are more specifically given their proper name. So I'm
- 6 simply asking, is there a broad philosophy that is being
- 7 applied here?
- 8 MR. HACKBARTH: Yes, there is, and it's to use
- 9 direct targeted subsidies to achieve policy goals, not put
- 10 out broad payments and then hope good things are done with
- 11 them.
- DR. CHERNEW: I'm sorry. I didn't mean to
- 13 interrupt you before. I think the other thing to note is
- 14 the indirect subsidies have all other types of indirect
- 15 effects and distorting effects on prices and drive people in
- 16 ways that you might not want them. So it's not simply, oh,
- 17 we're giving you this money in some indirect way. We're
- 18 distorting relative incentives in ways that could really
- 19 affect behaviors in ways that we don't want. So it's not
- 20 just the indirectness. It's the price right versus price
- 21 wrong kind of thing where people get their care, where they
- 22 don't get their care, and a whole bunch of other

- 1 distortions, as opposed to just the money.
- MR. BUTLER: Yeah, I think, Mike, you were the one
- 3 that last time said, you know, you aggressively apply a good
- 4 principle in one place, and then it balloons and pops out
- 5 somewhere else with some unintended consequences -- or
- 6 consequences that you have to deal with, and that's a little
- 7 bit of what we're dealing with here. And I've been
- 8 supportive of the direction that this has been headed, but I
- 9 angst deeply over those institutions that have a -- they
- 10 tend to be more urban, they tend to be the larger safety net
- 11 teaching hospitals that are providing access for patients in
- 12 these clinics that wouldn't otherwise occur. And just to
- 13 bring it a little more to light in a more personal way is
- 14 that, for example, in Illinois, we're now up to -- we're 25
- 15 percent of the residents, citizens -- 25 percent of the
- 16 people in Illinois are on Medicaid. And if you're not a
- 17 safety net institution as defined by the state, you are
- 18 looking at hospitals now that have 240 days in receivables.
- 19 Now, Illinois is unusual. We have a number of these clinics
- 20 on our campus, open for business to Medicaid patients to
- 21 come in and be served, to dual eligibles, to others, and you
- 22 have -- that's in contrast to some of these other private

- offices that are off campus, may even be actually in some of
- 2 the same systems as the ones that have the on-campus ones,
- 3 that are suddenly getting new money for an office that
- 4 doesn't look any different than it was yesterday.
- 5 And then you even have some prominent,
- 6 progressive, integrated systems that we tout that may not
- 7 have much hospitals in their integrated system at all, and
- 8 also have a very low percentage of the Medicaid compared to
- 9 the population that, you know, overall is on Medicaid in the
- 10 -- so I struggle mightily with -- it is a subsidy, but I
- 11 struggle mightily with that very tenuous source of care for
- 12 particularly the Medicaid that -- where the doors aren't
- open -- and some of these ones, by the way, if you could
- 14 determine if they flipped or they become -- they don't even
- 15 take Medicaid in their practice. The hospital may through
- 16 the emergency room, but some of these do not even take
- 17 Medicaid. If you could have a switch that says do you take
- 18 Medicaid or not -- and I know I really am mixing Medicaid
- 19 with Medicare, but -- and we did a pretty good job last year
- 20 of taking into account disproportionate share and phasing as
- 21 a way to kind of get at this. I wish we could get a little
- 22 bit more sophisticated around that to make sure we don't

- 1 have unintended consequences.
- 2 Thank you for listening to my passion.
- 3 MR. HACKBARTH: Peter, can you go one step
- 4 further? The DSH protection was an effort to get at this
- 5 issue. What might be different or better than that?
- 6 MR. BUTLER: Well, throughout the -- it would
- 7 really be interesting to know if these clinics are open for
- 8 Medicaid business or not. And I don't think there's a way
- 9 to do that, and you couldn't say -- they say, sure, I'll
- 10 take somebody that came through the ER, I'll do a follow-up
- 11 visit in my office. But if you looked at the underlying
- 12 nature of the business, they're really not in the Medicaid
- 13 business.
- MR. HACKBARTH: Yeah.
- 15 MR. BUTLER: And I find even in some teaching
- 16 place some reluctance, they say we're going to cap, no more
- 17 Medicaid, for example. So you just have to think about what
- 18 might be other than DSH to get at it.
- MR. HACKBARTH: So what I hear you saying is that
- 20 you think there are high DSH hospitals that have minimal
- 21 Medicaid commitment or declining Medicaid commitment.
- MR. BUTLER: You could find a mismatch between the

- 1 DSH and the hospital versus what is occurring in the
- 2 clinics. I could site a couple of place in teaching even
- 3 that say no more Medicaid, we're not -- even though it's
- 4 coming through the ER.
- 5 MR. HACKBARTH: Yeah, let's think some more about
- 6 what the variables might be that could replace or supplement
- 7 DSH as a tool.
- 8 DR. BAICKER: Following up on the issue Dave
- 9 raised, I think we have -- ought to have a strong preference
- 10 against subsidizing some activity on the margin that's not
- 11 the activity that we want because it happens to
- 12 disproportionately benefit entities that are engaging in a
- 13 different activity that we want. I think we can -- I think
- 14 figure out where the impact of this is concentrated is
- 15 really valuable, and I can see an argument for smoothing the
- 16 transition more carefully for hospitals or departments that
- 17 are less able to weather the transition. But in the long
- 18 run, I think we have to move towards a system where we are
- 19 not using this very funny mechanism to subsidize an activity
- 20 that we don't think is particularly beneficial for patients
- 21 because it might have this correlated component that we
- 22 think is good.

- DR. HOADLEY: I would second that sentiment, and I
- 2 guess the only thing I would add is that in the discussion
- 3 yesterday we had -- because of our time constraints on the
- 4 particular policy issues we were addressing, we had to say,
- 5 yes, we have to make a decision on one thing now, and the
- 6 targeted thing we will make a commitment to get to. To the
- 7 extent that we don't have the same time commitment, you
- 8 know, thinking about how to do them more in concert at the
- 9 same time seems valuable.
- 10 DR. SAMITT: I support the direction this is
- 11 heading. In fact, I would argue it hasn't gone far enough.
- 12 And so my comments are about the Next Steps slide. You
- 13 know, where should additional analyses be focused? We
- 14 currently looked at 50 percent. We talked about
- 15 investigating the 25 percent. I'm even wondering if the 25-
- 16 percent analysis will miss something. And so recognizing
- 17 the data's not available for Medicare Advantage, I guess the
- 18 question is: Can we look at another source like the
- 19 performance of the Pioneer ACOs with the lowest total cost
- 20 of care or the shared savings program ACOs with the lowest
- 21 total cost of care, and look within those organizations at
- 22 this question, this issue of what's being done in hospitals

- 1 versus what's being done in physician offices. I don't know
- 2 whether that data is available, but I'd be curious whether
- 3 it reveals additional opportunities that some of these high-
- 4 performing systems are exploring today.
- 5 MR. HACKBARTH: [off microphone] for Medicare
- 6 Advantage?
- 7 DR. MARK MILLER: I cannot believe how quickly
- 8 he's integrated right in [off microphone].
- 9 MR. ARMSTRONG: Thank God he did that, because I
- 10 was about to do the same thing.
- 11 [Laughter.]
- DR. SAMITT: That's the advantage of going first
- 13 [off microphone].
- MR. ARMSTRONG: I'm not sure we should be sitting
- 15 so close together, actually, but I was going to make a very
- 16 similar point.
- 17 First, actually I just wanted to say, you know, I
- 18 really understand the concerns that Peter has been
- 19 representing, and I think they are legitimate concerns. I
- 20 just don't think this payment policy is the way to deal with
- 21 those. And I like the direction that we're going with this
- 22 work. I think we should challenge, just as Craig said,

- 1 whether that 50-percent standard of services still remaining
- 2 in the physician's offices is the right standard, because so
- 3 much has already migrated, I think that's a conservative
- 4 standard.
- I also just would say let's recognize that the
- 6 concern we have about just sort of the issues with the
- 7 policy for Medicare payment is one that's not limited to
- 8 Medicare. So much of commercial provider payment is based
- 9 on Medicare payment policy. And so this has an implication
- 10 that extends quite beyond just the Medicare program.
- 11 And I would just add a personal anecdote, and that
- is that my organization recently sent letters to all
- 13 hospital providers in our network disclosing -- or informing
- 14 them that as of January 1st, we are no longer paying the
- 15 facility fees for the E&M codes for all patients. So we
- 16 just -- I don't just articulate my point of view here at
- 17 MedPAC, but we are actually in practice making these
- 18 changes. We're the only plan in the state that's doing this
- 19 so far. I know it will be controversial, but I believe it's
- 20 the right thing to do.
- 21 DR. CHERNEW: I only articulate my views here in
- 22 MedPAC.

- 1 [Laughter.]
- DR. CHERNEW: I don't have anything else to do.
- But, anyway, that's wonderful -- that's good to
- 4 hear, and let me say that it's important -- I guess with
- 5 Kate. I think it's important to realize that this fits into
- 6 a bunch of other things we do, like the updates and other
- 7 types of things. So I very much think that George's point
- 8 about standby capacity and stuff is valid. It's just paying
- 9 for standby capacity by putting incentives for people to get
- 10 services in places where it might not be the right way to
- 11 get services isn't right way to pay for standby capacity.
- 12 And I do think that we run the risk of undervaluing some of
- 13 the things hospitals do if we try to pay for every little
- 14 service at the margin because there's broader average things
- 15 that they do, and we need to take that into account without
- 16 a doubt in our payment system. And certainly we need to
- worry about the populations they serve and the overall
- 18 health of our hospitals, which are essential.
- 19 It's just doing that in a way that distorts prices
- 20 strikes me as fundamentally the wrong way to do it, and if
- 21 we move to other payment models, it will become a little bit
- 22 easier, I think, to get right. But, nevertheless, in the

- 1 payment models that we have, I think we have to start by
- 2 trying to get the incentives right at the margin and not
- 3 undervaluing things that institutions provide that we value.
- 4 So I very much think that David's question was the
- 5 right question, and I, again, very strongly think that
- 6 indirect subsidies are a disaster, and if we really support
- 7 something, we should be able to stand up and say we support
- 8 standby capacities or extra care for these populations and
- 9 those types of things.
- DR. NAYLOR: So I also support the direction of
- 11 these proposed -- of this policy change. I think that the
- 12 thing that has guided all of us all of these years,
- 13 depending on how long you've been on the Commission, is that
- 14 set of principles that -- and one here is equal payment for
- 15 equal services. I think that for the 71 APCs you're talking
- about a \$1 billion potential savings, 780 to the program but
- 17 220 to the beneficiaries. And I think we've also had a
- 18 principle of really being sensitive to the impact of these
- 19 payment policy directions on the beneficiaries' pocketbooks
- 20 as well.
- 21 So I think that's it.
- MR. WINTER: The other thing I just want to point

- 1 out is beyond -- we didn't say this in this presentation,
- 2 but beyond the reduced coinsurance, this would also reduce
- 3 Part B premiums for beneficiaries because they're paying
- 4 part of the payment for that.
- DR. COOMBS: There's a couple of subsets, and it's
- 6 almost like -- as I listened to the discussion around the
- 7 table, I always think of the common thing we say in
- 8 Massachusetts: Not one size fits all.
- 9 Part of my concern is around the vulnerable
- 10 population, around the graduate medical education, and what
- 11 we do in terms of our trainees and how this would impact
- 12 them.
- But the other piece of it is in practice, having
- 14 been an internist and now an anesthesiologist and ICU
- 15 doctor, I know that some procedures are done in the hospital
- 16 because there are certain things that need to be done a
- 17 little different than a doctor's office can provide. And so
- 18 that's one entity.
- And the second entity is if you're in the hanza
- 20 coots [phonetic] where George lives, you might not have the
- 21 office of support, and you may feel that your comfort level
- 22 for doing certain things in your office invokes some element

- of safety. And so I don't know how we could enter into this
- 2 discussion of the appropriateness of when to do it there and
- 3 not be penalized for it in the sense that -- I'm thinking
- 4 right now of an echocardiogram that's done in the hospital
- 5 and they call for one of us to come down and do anesthesia,
- 6 give a little propofol for someone with a low ejection
- 7 fraction and there's all these other problems that are -- I
- 8 was looking at \$39, I said, Oh, my goodness. It's a very
- 9 complex arrangement with a lot of co-morbid conditions.
- 10 So I think there's some reason for these things to
- 11 be done in the hospital, and there are the things that could
- 12 be done in the office, but it might be that it may be done
- 13 safer there, and the patient may go home right afterwards as
- 14 well.
- So I'm thinking about that. I'm thinking about
- just the whole nature of what we do for large
- 17 disproportionate share hospitals. You know, as Peter was
- 18 talking, I was thinking. You need a marker of missionary
- 19 dedication in terms of being dedicated to your community,
- 20 the surrounding community. And if you had to look at the
- 21 surrounding community that a hospital is located in, you
- 22 know, you have some hospitals that are located in

- 1 communities that are the vulnerable populations. I don't
- 2 know how we can get our arms around it, but I think that's
- 3 where we should go. I think that's a healthy way to
- 4 approach it.
- 5 MR. HACKBARTH: On both of those issues, I think
- 6 there's broad agreement, and so when we did the E&M version
- 7 of this, you know, we tried to build in protections for the
- 8 high disproportionate share hospitals, or some modification
- 9 that Peter will help us come up with could be included here
- 10 as well.
- On the issue of patients having different risk
- 12 profiles and some procedures that are done either in the
- 13 physician office or hospital outpatient departments, that
- 14 the higher-risk people tend to migrate to the outpatient
- 15 department. There, again, you know, that's a legitimate
- 16 issue that we're trying to address. That was one of the
- 17 reasons why we started with E&M services because we thought
- 18 that those issues tended to be less significant. And you'll
- 19 recall in this case, with this new batch of services, what
- 20 we're trying to do is look at patient severity across
- 21 settings and identify things where the severity levels are
- 22 similar.

- So my basic point is, you know, the issues you're
- 2 raising are valid ones that we're trying to wrestle with and
- 3 address, so help us do that.
- 4 MR. KUHN: Just looking at this through the lens
- of kind of the criteria that we've been using on other
- 6 conversation over the last day and a half, let me start with
- 7 access. And I think Peter said it very well, and I think
- 8 the same kind of conversation came up when we were doing the
- 9 E&M. I think there's an issue here that we have to think
- 10 pretty hard on the access equation, so I think that
- 11 conversation will continue.
- 12 On the quality dimension, I don't think there's
- 13 any debate. I think the quality is basically the same. One
- 14 of the other -- although I think as was raised just before,
- 15 the whole notion of some higher acuity issues, you know, we
- 16 can continue to kind of grapple with that.
- On the issues of integration, however, I think
- 18 there is an opportunity to further explore that one. I
- 19 appreciate the information that was up on Slide 7. I've
- 20 continued to look, like the rest of us, about the increasing
- 21 opportunity for care coordination, and provider-based is one
- 22 way to get to care coordination. And so now as we're

- 1 starting to get that, we're starting to say, wait a minute,
- 2 maybe we need to think about how the payment on that works
- 3 differently.
- 4 So I know there has been some interesting
- 5 conversation here about indirect subsidies, but I don't
- 6 think we can deny the fact that it is leading towards
- 7 integration, towards care coordination as part of the
- 8 process. So I want to continue to sort that out in my own
- 9 mind.
- The other kind of issue that hasn't come up here
- 11 yet and what I'm trying to think more about is how this
- 12 could impact the issue of the readmission policy which began
- on October 1. There are things people do post-discharge and
- 14 hospital outpatient department because the hospitals are
- 15 responsible for those patients under the 30-day
- 16 rehospitalization out there. And would this inadvertently
- 17 disrupt some of the feedback loops that go on as part of the
- 18 process and create more disruption in the readmission
- 19 policy? And so I'd like to kind of see if we could think
- 20 about or that explore that one a little bit further as we go
- 21 forward.
- 22 And the final kind of criteria we used is kind of

- 1 savings. Does it save the program more? Does it cost the
- 2 program more. Whatever the case may be. I think the way
- 3 we've looked at this is so far as a savings opportunity, but
- 4 it would be interesting to look at this as what it would be
- 5 like in a budget-neutral environment, because if I remember
- 6 correctly, last year, the Medicare margin for outpatient
- 7 departments was around negative 9 percent. We'll be looking
- 8 at updated margin information here in a month from now. If
- 9 this money was put back into the system, recalibrated across
- 10 other APCs out there, what it would mean in terms of overall
- 11 margin, that might be worth looking at as well.
- 12 DR. HALL: I'm in agreement with where we're
- 13 heading with this, and I guess I've grudgingly come to
- 14 understand the perverse nature of indirect subsidies. And I
- 15 guess by way of conflict of interest, I work at a teaching
- 16 hospital, and I get lots of feedback on this issue, probably
- 17 more than anything that I've gotten on any other issues that
- 18 have come forward.
- 19 So we can't tolerate indirect subsidies, but we
- 20 have to take at least some responsibility for the unintended
- 21 consequences of our decisions, it seems to me.
- Now, maybe we have, but I don't think that has

- 1 been made very evident to some of the potential stakeholders
- 2 in this whole arena. So things that come to mind for me is
- 3 that -- I don't have the previous narrative in front of me,
- 4 as Peter mentioned, but have we really taken a very careful
- 5 look at what would happen if we dissected out all of the
- 6 non-campus-related facilities that are now considered part
- 7 of the hospital umbrella? If we took all of those out --
- 8 and maybe we can't; maybe we can only make an estimate --
- 9 what does that tell us? Does that inform us?
- I think the rationale of trying to provide the
- 11 OPPS subsidy to a practice that one day is free-standing and
- 12 the next day is part of a university is probably subject to
- 13 a lot of criticism, to say the least. But also to point out
- 14 that we have been sensitive to the problem of teaching
- 15 hospitals through disproportionate share and stop loss.
- 16 That message, maybe it's been put forward, but I don't think
- 17 it's been received in a way that's constructive for these
- 18 hospitals to move forward. I think that's a real problem,
- 19 and I hope that we can spend a little more time on that
- 20 aspect of it.
- 21 DR. DEAN: I think this is a difficult issue, and
- 22 I guess the more I think about it, the more difficult it

- 1 becomes. I think the issue of we should pay a fair price
- 2 for a procedure that's done is pretty clear, and I think
- 3 we'd all agree with that. But there is a fear -- and I
- 4 certainly am sensitive to what George and Peter have said --
- 5 about the other less well defined services that are provided
- 6 by the hospital as an institution being there. And I think
- 7 the trend has been to whittle away at the ways to support
- 8 those services as we focus more on taking sort of almost a
- 9 Wal-Mart approach, we're just going to pay the very minimum
- 10 for each individual item of service.
- 11 You know, I was just thinking, you look at the
- 12 critical access hospital program where we realized that if
- 13 we didn't do something different, if we relied only on
- 14 payment for the individual care that those facilities
- 15 provided, they were gone. They just wouldn't be there. And
- 16 yet I think as a society the judgment has been -- and
- 17 certainly I've been wholeheartedly supportive -- that that
- 18 has been an extremely valuable program. I'm free to
- 19 acknowledge that there have been abuses, and there are some
- 20 that probably don't qualify and all that. But as a general
- 21 program, that has been an extremely valuable program.
- I guess I really do worry that when bad things

- 1 happen, whether it's a hurricane or whatever, we do look to
- 2 hospitals to give us a lot of support, and we really are,
- 3 like I say, whittling away at the resources that they have
- 4 to provide some of these less well defined and less well
- 5 articulated kind of services.
- 6 So, you know, I think that I agree with the
- 7 direction that we're going, but longer term, I do worry.
- 8 Are we undercutting and weakening these really vital
- 9 institutions?
- DR. MARK MILLER: I think we'll probably get into
- 11 some of this in December, and I don't know whether to take
- 12 your comment as, you know, the mission of the hospital as it
- 13 stands outside of Medicare or as it stands inside of
- 14 Medicare. But there's also other changes that are going on,
- 15 you know, DSH being redistributed to an uncompensated care
- 16 policy that's going on in the hospital that's trying to go
- 17 at some of these functions. So it depends on whether you're
- 18 talking about inside Medicare or outside Medicare, and we
- 19 can think through some of that in December when we start
- 20 walking through some of the broader changes that are going
- 21 to occur under PPACA with DSH and that type of thing.
- MR. GEORGE MILLER: Mark, to your point, there are

- 1 things that Medicare requires us to do with standby
- 2 capacity, and that's why we're addressing the issue. And I
- 3 think Herb brought a point up that I failed to mention and I
- 4 want to just echo him on that. If this was redistributed --
- 5 I agree with everybody around the table about the philosophy
- of where this should be paid for, but then if it's budget
- 7 neutral, then my argument would go away. If we redistribute
- 8 to other parts of the hospital through the APCs, we would
- 9 have no problem with this policy. But in itself, the way
- 10 it's presented is just -- in my view, is just taking money
- 11 off the table. And if that's the goal just to reduce the
- 12 spend level, not looking at access or quality and just
- 13 looking at the pure financial numbers to save money in the
- 14 program, then if that's it, I got that. But we have looked
- 15 at other things at redistributing and making sure it's
- 16 budget neutral. If we want to make it budget neutral, I'd
- 17 have a whole different opinion about this issue.
- MR. HACKBARTH: Since we're already over, let me
- 19 call an end to this. Obviously, we'll be coming back to it.
- 20 So thank you, Dan and Ariel, for your work on this, and
- 21 let's now turn to our public comment period.
- 22 And so, let me, as always, repeat the ground

- 1 rules. Please begin by identifying yourself and your
- 2 organization. When the red light comes back on, that's the
- 3 end of your time and please conclude swiftly. And, as
- 4 always, I'll remind people that this isn't your only or your
- 5 best opportunity to provide input to the Commission's work.
- 6 The best opportunity is through the staff, but also letters
- 7 to Commissioners or you can post comments on our website.
- 8 MS. HUANG: Thank you. Good morning. My name is
- 9 Xiaoyi Huang. I'm with the National Association of Public
- 10 Hospitals and Health Systems. NAPH represents approximately
- 11 200 safety net hospitals and health systems across the
- 12 country that primarily care for the low-income, vulnerable,
- 13 and other underserved populations. So in addition to
- 14 primary care, our members provide the much needed specialty
- 15 care to the vulnerable populations through their clinics.
- And NAPH continues to be concerned with the
- 17 potential consequences of these policy recommendations,
- 18 especially as they relate to vulnerable populations' access
- 19 to preventive, primary, and specialty care. With 2014
- 20 around the corner, these recommendations, if implemented,
- 21 would hinder hospitals' efforts as they are trying to
- 22 increase access to millions of patients. And safety net

- 1 hospitals, in particular, would be absorbing the impact of
- 2 these cuts on top of existing and scheduled payment
- 3 reductions and the ongoing costs of providing uncompensated
- 4 care. For some, with their already low or negative margins,
- 5 this may not be possible without reductions to service.
- Thank you for the opportunity to comment.
- 7 MR. MYERS: Good morning, everyone. My name is
- 8 Tom Myers. I'm General Counsel and Chief of Public Affairs
- 9 for AIDS Healthcare Foundation. AHF is a nonprofit that,
- 10 among other things, operates an AIDS C-SNP in Southern
- 11 Florida and California. I think we're one of only two
- 12 entities that provides such services.
- I was very much concerned about the proposed
- 14 elimination, clearly, of the C-SNPs. It seems to be
- 15 throwing the baby out with the bath water. Most of the
- 16 time, the debate and the discussion was over diabetes, which
- 17 apparently affects up to 15 percent of all Medicare
- 18 recipients. HIV affects less than one-tenth of one percent
- 19 of Medicare beneficiaries. It simply isn't the scale or the
- 20 number of people with HIV on Medicare to effectively fold
- 21 them into the Medicare Advantage. There's no incentive for
- 22 the Medicare Advantage plans to set up the quality and type

- 1 of care that the chronic care SNP does. The ability to
- 2 design the provider networks to specifically meet the
- 3 chronic condition, HIV experts, pulmonary care physicians,
- 4 high-volume specialists with experience with HIV, how to do
- 5 HIV, both HIV and heart, things like that, you know, the
- 6 incentive simply is not there in the larger Medicare
- 7 Advantage field.
- 8 So I haven't heard anything where doing this,
- 9 eliminating the C-SNPs, would be a benefit or would help
- 10 people who have HIV or AIDS and I would very much hope that
- 11 the Commission would look at the various disease states and
- 12 see which ones are perhaps worth keeping within the C-SNP
- 13 program.
- 14 Thank you.
- MS. MIHALICH-LEVIN: Good morning. My name is
- 16 Lori Mihalich-Levin and I'm with the Association of American
- 17 Medical Colleges. The AAMC appreciates this opportunity to
- 18 speak to you about our ideas with respect to the Medicare
- 19 payment differences across settings, and specifically, we
- 20 have three recommendations for the Commission.
- 21 First, we strongly encourage MedPAC to release
- 22 additional draft information to the public about the 71 APCs

- 1 that have been selected. Specifically, we urge you to
- 2 provide a list of the 71 APCs as well as the detailed logic
- 3 that was used to select those APCs so that we can provide
- 4 informed feedback to the Commission in advance of any
- 5 recommendations.
- 6 Second, while we do not believe that the
- 7 Commission should move forward with these proposals,
- 8 particularly given the lack of thorough analysis about each
- 9 of the APCs that have been selected, we urge the Commission
- 10 to revisit the idea of a stop-loss or a carve-out that
- 11 actually protects access to ambulatory care services for
- 12 needy populations. The stop-loss that the Commission
- 13 recommended last year with respect to the E&M services did
- 14 not sufficiently address these important access issues and
- would only have protected a very small number of hospitals,
- 16 particularly in the very first year of the stop-loss.
- 17 MedPAC could consider looking at factors including total
- 18 outpatient revenue losses from proposed cuts and not just
- 19 total losses, and whether, as Peter mentioned, the HOPD
- 20 routinely accepts Medicaid patients.
- 21 Third and finally, the AAMC urges MedPAC to
- 22 recommend to CMS that CMS collect better information on HOPD

- 1 clinics nationwide so that we all have more robust data to
- 2 better understand the policy implications of making payment
- 3 changes at the different sites of service.
- 4 Thank you for the opportunity to comment.
- 5 MS. CARLSON: Good morning. I'm Eileen Carlson
- 6 from the American Nurses Association.
- With respect to hospital outpatient departments,
- 8 nursing costs are part of room and board in hospital and I
- 9 don't think anybody directly reimburses those. So we are
- 10 always concerned that any decrease in hospital payments are
- 11 going to lead to cuts in nursing staff and we think it's
- 12 very important that there's adequate and safe staffing for
- 13 every patient in the hospital.
- But also to lend a little bit of clinical
- 15 viewpoint, I used to be a cardiac nurse in a hospital and
- 16 did some care coordination and triage, and I have to say
- 17 that I do think that clinics—in a cardiology clinic—
- 18 clinics in hospitals that are located right there are--it's
- 19 a different animal. I would schedule different patients to
- 20 come to the hospital outpatient department versus other
- 21 freestanding clinics, and some of those patients, we would
- 22 watch until all hours of the night and admit them directly

- 1 when if they had gone to another freestanding clinic or
- 2 outpatient facility, they would have had to go to the
- 3 emergency room. So I think that's something that you all
- 4 need to look at.
- 5 Thank you.
- 6 MS. WORZALA: Good morning. Chantal Worzala from
- 7 the American Hospital Association.
- I very much appreciate your robust discussion this
- 9 morning about payment neutrality across ambulatory settings,
- 10 or at least across two of them, hospital outpatient
- 11 departments and physician offices. The AHA is extremely
- 12 concerned with the proposal to expand your recommendations
- 13 about pay equity across physician offices and hospital
- 14 outpatients to additional services. We're concerned that,
- 15 conceptually, these proposals do not account for the unique
- 16 role of hospitals. This includes emergency response, stand-
- 17 by capacity, complying with EMTALA, and meeting the Medicare
- 18 conditions of participation. Physician offices do none of
- 19 those.
- 20 And as an example of the unique emergency stand-by
- 21 role of hospitals, we can certainly look at what is
- 22 happening in the hospitals impacted by Hurricane Sandy. In

- 1 the midst of the devastation, hospitals have brought in
- 2 extra staff, paid extensive overtime, supplemented their
- 3 supplies and medications, and accepted large numbers of
- 4 additional patients who were evacuated out of skilled
- 5 nursing facilities.
- 6 I want to be very clear that hospitals do this
- 7 gladly and as part of their mission. The point is that we,
- 8 as a society, really need this kind of response capacity.
- 9 And you did talk about paying for this directly. Funding
- 10 for the Hospital Preparedness Program at the Federal level
- 11 has declined by 12.5 percent between fiscal year 2010 and
- 12 fiscal year 2012. Experience in the field is that these
- 13 funds are very much appreciated, but they come nowhere close
- 14 to meeting the costs of maintaining stand-by capacity and
- 15 actually responding in the event of a disaster.
- When it comes to the specifics of the policy and
- 17 the recommendations, or the policies presented in the
- 18 presentation today, I want to be clear that this policy
- 19 would result in a negative 5.5 percent cut to hospital
- 20 outpatient departments where there is already a negative 9.6
- 21 percent margin. That would imply a negative 15 percent
- 22 margin, meaning that Medicare would pay 15 cents on the

- 1 dollar for care provided in all hospital outpatient
- 2 departments, which does include the emergency department.
- 3 The impact on rural was shown to be higher in the
- 4 slides, on average. You use 2010 data and the current
- 5 policy of a rural hold harmless, but that does, by law,
- 6 expire this year.
- 7 Maybe the underlying assumption from a policy
- 8 should be looked at a little more closely. It seems to
- 9 assume that the physician payment under Medicare is correct.
- 10 We have hospital cost data. It's provided every year by
- 11 hospitals as part of their overhead expenses. Physicians do
- 12 not provide cost data to Medicare. So we have hospital cost
- 13 data, but we don't have physician office cost data.
- 14 Also, the policy only addresses payments to
- 15 hospitals and it doesn't consider adjusting the practice
- 16 expense payment to physicians when they provide services
- 17 outside their own office. This payment is in addition to
- 18 the payment for the physician work and it's unclear why this
- 19 is not considered by the Commission as it is part of the
- 20 total payment that you're looking to equalize across
- 21 settings.
- 22 On this topic, the Commission discussed last month

- 1 whether a hospital could charge a non-employed physician for
- 2 the use of its facilities while also billing Medicare
- 3 directly for the hospital's facility fee. Our legal team
- 4 took a look at this and believes the practice would come
- 5 close to double-billing and could raise fraud and abuse
- 6 concerns, so that should not be considered a way to mitigate
- 7 the impact on hospitals.
- Finally, we'd ask MedPAC staff to provide the list
- 9 of the specific APCs included in this analysis to the
- 10 public.
- 11 Thank you for your attention. I appreciate the
- 12 chance to comment.
- MR. HACKBARTH: Okay. We are adjourned until
- 14 December. Thank you very much.
- 15 [Whereupon, at 11:52 a.m., the meeting was
- 16 adjourned.]

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