

Increasing the supply of primary care physicians: Findings from stakeholder interviews

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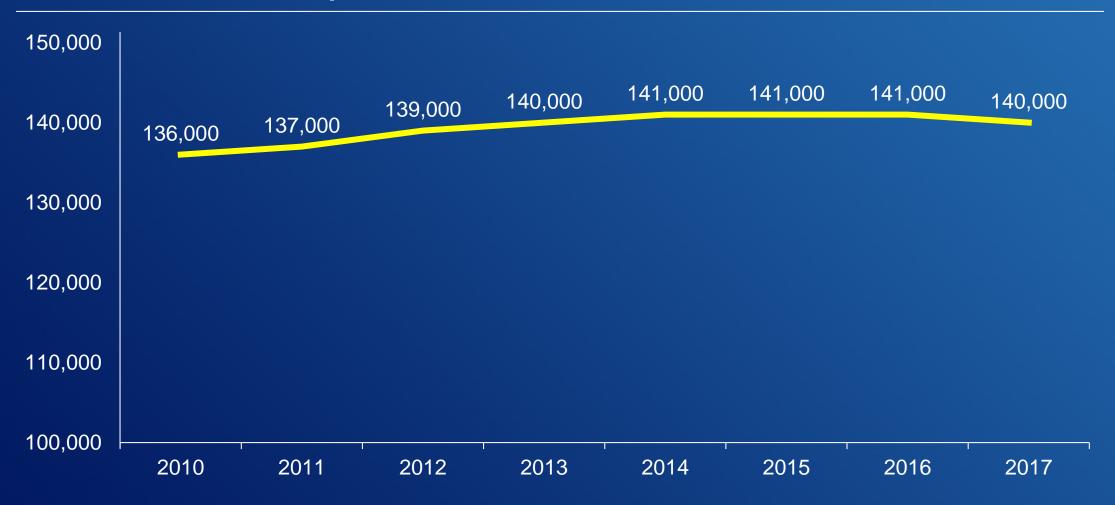
Why is the Commission concerned about the primary care pipeline?

Value of primary care to a high-functioning delivery system

Studies have found that primary care is associated with

- Higher quality care
- Better patient experience
- Lower total spending
- Longer life expectancy

Number of primary care physicians (PCPs) billing Medicare has plateaued

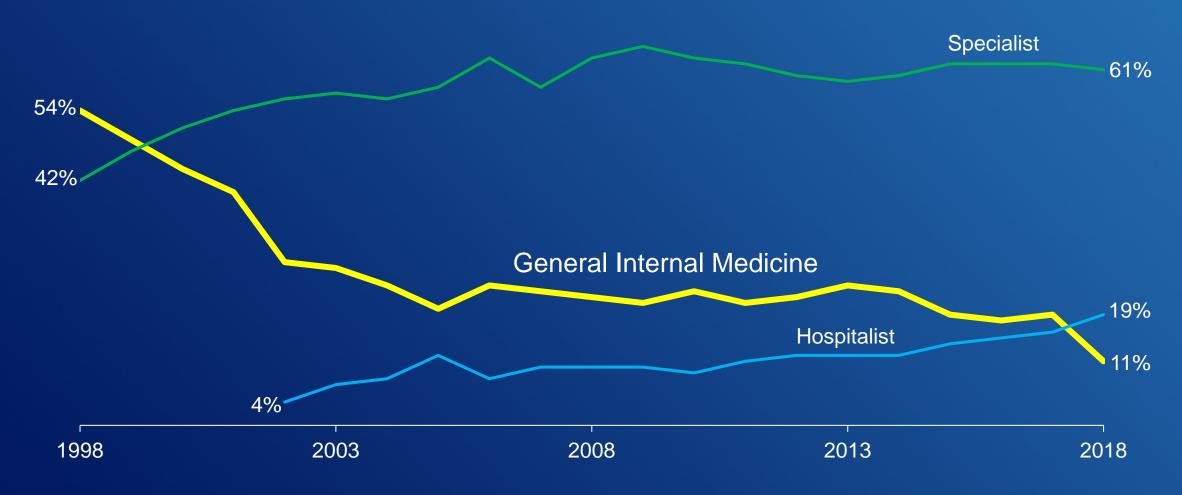




Source: MedPAC analysis of Medicare claims data.

Note: Excludes hospitalists. Limited to physicians who billed Medicare for more than 15 unique beneficiaries per year. Results preliminary; subject to change.

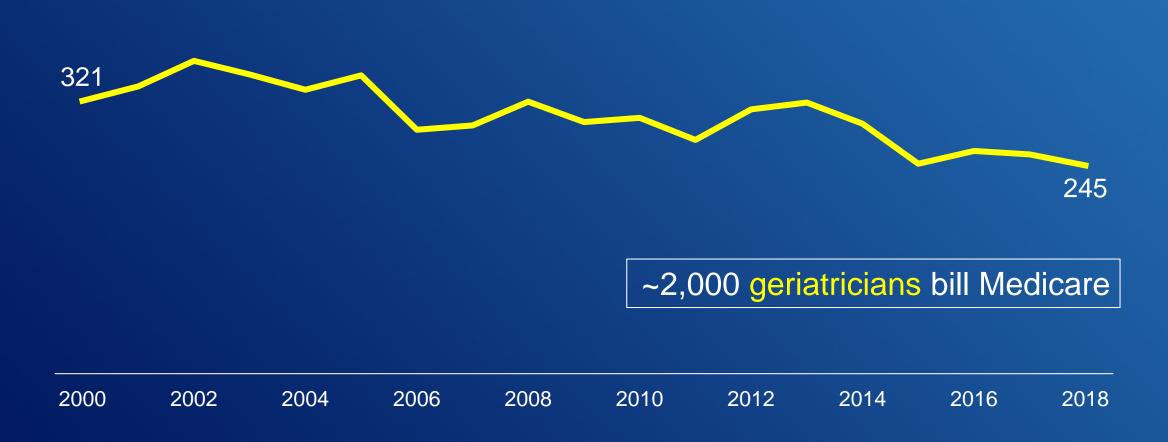
Percent of internal medicine residents planning to pursue general internal medicine is declining





Source: American College of Physicians' Internal Medicine In-Training Examination Survey. Note: Results preliminary; subject to change.

Number of geriatrician residents (fellows) is declining





Source: Brotherton and Etzel's annual graduate medical education analyses in *JAMA*, 2001–2019.

Note: Includes geriatric fellows who completed initial residencies in internal medicine or family medicine. Excludes geriatric psychiatrists.

Results preliminary; subject to change.

Interviews



Who we interviewed

- 8 medical schools (all but 1 produce high shares of PCPs)
 - 4 allopathic
 - 4 osteopathic
- 17 other stakeholders
 - Directors of primary care residency programs
 - Directors of geriatric fellowship programs
 - National organizations involved in the training of physicians
 - Researchers



Why aren't more physicians choosing primary care careers?

Interviewees described factors discouraging physicians from choosing primary care

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Lower compensation for primary care physicians relative to specialists



Residents and medical students lack exposure to

- High-functioning, community-based primary care practices
- Longitudinal patient relationships
- Geriatric care settings



Faculty discourage primary care careers

What might attract more physicians to primary care careers?

Many entities influence physicians' career choices

- A number of payers fund graduate medical education
 - Medicare
- HRSAHospitals

- MedicaidVA & DOD
- Interviewees identified a number of key factors
 - Medical schools (e.g., recruitment, role models, clinical rotations)
 - Residency programs
 - Physician payments
- We will focus on policies Medicare could implement

Interviewees' ideas for increasing residents' exposure to geriatric and high-functioning primary care practices

- Medicare could pay bonuses to residency programs that produce high numbers of PCPs
- Medicare could encourage the training of residents at practices in CPC+ or Primary Care First
- Medicare could require residents to
 - Spend more time in outpatient settings
 - Do geriatric rotations
- Medicare could provide more support for rural residency programs (e.g., Teaching Health Center GME program)

Interviewees' ideas for reducing compensation gap between PCPs and specialists

- Medicare could increase payments for PCPs
 - Increase payments for evaluation and management services
 - Expand payment models that support team-based care
- Medicare could increase payments for geriatricians
 - Add new billing codes for geriatric services
 - Use a higher fee schedule conversion factor for geriatricians
- Medicare could offer a loan repayment program (mixed views)

Next steps

- What additional information would be helpful?
- Which (if any) of these ideas warrant further exploration and analysis?