## MEDICARE PAYMENT ADVISORY COMMISSION

## PUBLIC MEETING

The Horizon Ballroom Ronald Reagan Building International Trade Center 1300 Pennsylvania Avenue, NW Washington, D.C. 20004

Thursday, January 17, 2019 9:52 a.m.

## COMMISSIONERS PRESENT:

FRANCIS J. CROSSON, MD, Chair JON B. CHRISTIANSON, PhD, Vice Chair AMY BRICKER, RPh KATHY BUTO, MPA BRIAN DeBUSK, PhD KAREN DeSALVO, MD, MPH, Msc MARJORIE GINSBURG, BSN, MPH PAUL GINSBURG, PhD DAVID GRABOWSKI, PhD JONATHAN JAFFERY, MD, MS, MMM JONATHAN PERLIN, MD, PhD, MSHA BRUCE PYENSON, FSA, MAAA JAEWON RYU, MD, JD DANA GELB SAFRAN, ScD WARNER THOMAS, MBA SUSAN THOMPSON, MS, RN PAT WANG, JD

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## PROCEEDINGS

- 2 [9:52 a.m.]
- 3 DR. CROSSON: Let me welcome our guests to our
- 4 January meeting. For those of you who are not familiar
- 5 with MedPAC, January is the time during which we discuss
- 6 and vote on recommendations for payment updates. That
- 7 process will begin this afternoon.

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- In addition, at this January meeting, however,
- 9 we're going to take on a set of policy issues, and the
- 10 first one we're going to talk about is in preparation for a
- 11 discussion that we're going to have tomorrow on potential
- 12 approaches to drug cost control. We're going to have a
- 13 status update on the Part D Medicare prescription drug
- 14 program. Rachel and Shinobu are here, and it looks like,
- 15 Rachel, you're going to begin.
- 16 DR. SCHMIDT: Good morning. Shinobu and I are
- 17 bringing you a status report on Part D, Medicare's
- 18 outpatient drug benefit. Under Part D, private plans
- 19 deliver drug benefits to enrollees, and in return Medicare
- 20 pays plan sponsors monthly capitated amounts and other
- 21 cost-based subsidies. This morning I'll give you some
- 22 information about the program and tell you about some

- 1 recent program changes, and then Shinobu will lay out some
- 2 trends we see and some concerns we have about the program's
- 3 incentives for cost control.
- In 2018, among nearly 60 million Medicare
- 5 beneficiaries, 73 percent were enrolled in Part D plans;
- 6 2.5 percent got drug benefits through the retiree drug
- 7 subsidy, in which employers provided primary drug benefits
- 8 to their retirees in return for Medicare subsidies. The
- 9 remaining 24 percent was divided fairly equally between
- 10 beneficiaries who had other sources of drug coverage as
- 11 generous as Part D and beneficiaries with no drug coverage
- 12 or less generous coverage. That 24 percent has held stable
- 13 in recent years.
- 14 Medicare program spending for Part D was nearly
- 15 \$80 billion in 2017, predominantly for payments to private
- 16 plans, but with about \$1 billion for the retiree drug
- 17 subsidy. Part D makes up about 13 percent of total
- 18 Medicare spending.
- 19 In addition, Part D enrollees directly paid \$14
- 20 billion in premiums for basic benefits, as well as
- 21 additional amounts for cost sharing and supplemental
- 22 coverage. More than eight in ten enrollees say they are

- 1 satisfied with the program and with their plan.
- 2 Let me describe the plans that enrollees chose in
- 3 2018 and what's available for 2019.
- In 2018, 58 percent of Part D enrollees were in
- 5 stand-alone prescription drug plans and 42 percent of
- 6 enrollees were in Medicare Advantage drug plans, compared
- 7 with 70 percent in PDPs and 30 percent in MA-PDs during
- 8 2007.
- 9 In 2018, 28 percent of all enrollees received
- 10 Part D's extra help with premiums and cost sharing called
- 11 the low-income subsidy. This is compared with 39 percent
- 12 in 2007. A growing share of LIS enrollees are in Medicare
- 13 Advantage drug plans. In 2018, this share rose to 39
- 14 percent. That is much higher than at the start of Part D,
- 15 but still most LIS enrollees are in fee-for-service
- 16 Medicare and in stand-alone drug plans.
- For 2019, there was a very healthy increase in
- 18 the number of plans offered -- 21 percent more MA-PDs and
- 19 15 percent more PDPs -- so a very broad choice of plans.
- 20 Most of the increase in PDPs was for plans that combine
- 21 basic and supplemental benefits, and that is likely the
- 22 effect of some recent regulatory changes. The number of

- 1 PDPs that qualify as premium-free to enrollees with the
- 2 low-income subsidy remains stable in 2019. One region,
- 3 Florida, has two qualifying PDPs, but the other regions
- 4 have three to ten available.
- 5 Since the start of Part D, enrollment has grown
- 6 at about 6 percent per year. Enrollment among
- 7 beneficiaries who do not receive the low-income subsidy has
- 8 grown faster than among those with LIS. Since 2010, a
- 9 number of employers have moved their retirees out of the
- 10 retiree drug subsidy program and into Part D plans that are
- 11 set up just for them. And today about 16 percent of Part D
- 12 enrollees are in employer group plans.
- 13 The average Part D premium has remained steady at
- 14 around \$30 to \$32 per month between 2010 and 2018.
- 15 However, that's the average, and there's a lot of variation
- 16 among Part D plans and their premiums.
- 17 Over the same period that average enrollee
- 18 premiums have been flat, there's been much faster growth in
- 19 Medicare's cost-based reinsurance payments to plans. The
- 20 Commission has been pointing this out for many years now
- 21 and in 2016 made recommendations that were designed to
- 22 address this issue by reducing Medicare's reinsurance and

- 1 simultaneously increasing capitated payments to plans. So
- 2 far, though, the recommendations have not been implemented.
- 3 Part D uses a market-oriented approach in the
- 4 sense that plan sponsors compete for enrollees through the
- 5 benefits and services they offer and the attractiveness of
- 6 their premiums. Part D plan sponsors manage pharmacy
- 7 benefits using the same general approaches that PBMs use
- 8 for commercial populations, such as: designing tiered
- 9 formularies that use differential cost sharing and tools
- 10 such as prior authorization to encourage the use of certain
- 11 drugs over others; negotiating rebates with drug
- 12 manufacturers in drug classes where there are competing
- 13 therapies; and developing pharmacy networks.
- 14 There are restrictions Medicare places on these
- 15 approaches that are tighter than what plans can do for
- 16 their commercial populations. For example, Part D plans
- 17 cannot exclude willing pharmacies from their networks.
- 18 Nevertheless, these sorts of management approaches have
- 19 been effective at encouraging Part D enrollees to use
- 20 lower-cost drugs and generics.
- 21 However, we've got concerns that certain trends
- 22 and changes in the program may be eroding some of Part D's

- 1 incentives for cost control. I've already described how a
- 2 growing share of Medicare's payments to plans take the form
- 3 of cost-based reinsurance. There are also phases of Part
- 4 D's benefit in which plan sponsors don't have much
- 5 financial responsibility for paying for covered benefits,
- 6 yet plans collect rebates for that spending. The magnitude
- 7 of rebates has been growing over time, and so this gives us
- 8 concern about the underlying incentives behind which plans
- 9 are selected for formularies.
- 10 Let me describe some recent changes to Part D
- 11 that have taken place over the past year. Through
- 12 regulatory actions, CMS has given plan sponsors new
- 13 flexibilities with their formularies. Sponsors can now
- 14 make certain changes to their formularies midyear if a
- 15 generic comes out on the market and it's therapeutically
- 16 equivalent to a covered brand-name drug. Sponsors can set
- 17 prior authorization or step therapy criteria differently
- 18 for the same drug depending on the indication for which the
- 19 drug is being used. That strategy is hoped to give
- 20 sponsors more bargaining leverage with manufacturers in
- 21 certain drug classes. And Medicare Advantage drug plans
- 22 may now use step therapy for provider-administered Part B

- 1 drugs. For example, in certain drug classes a plan sponsor
- 2 could require an enrollee to try a covered Part D drug
- 3 before the Part B drug, and the idea behind this is to spur
- 4 more price competition among drug therapies that fall
- 5 across medical benefits and pharmacy benefits.
- There are also some changes to Part D that were
- 7 enacted in law. Last year, the Balanced Budget Act called
- 8 for closing the coverage gap for brand-name drugs one year
- 9 earlier than scheduled. Remember, there has been a benefit
- 10 phase that has higher cost sharing called the "coverage"
- 11 gap, "which I'll show you in a minute. The change in law
- 12 means enrollees pay consistent cost sharing for brand-name
- 13 drugs instead of higher cost sharing in the coverage gap.
- 14 The law made this change by increasing the discount that
- 15 brand manufacturers must pay in the coverage gap from 50
- 16 percent to 70 percent, leaving plan sponsors with just 5
- 17 percent plan liability in that benefit phase.
- 18 I'll show you the change I just mentioned as we
- 19 go over the structure of the defined standard benefit for
- 20 2019. This is what it looks like for a person who does not
- 21 have the low-income subsidy.
- On the left, starting from the bottom to the top,

- 1 you can see there's a \$415 deductible, and then the
- 2 enrollee pays 25 percent of covered benefits and the plan
- 3 pays 75 percent until the enrollee reaches the initial
- 4 coverage limit. After that, there's the coverage gap
- 5 phase. And then if an enrollee has even higher drug
- 6 spending and reaches the out-of-pocket threshold, he or she
- 7 pays 5 percent, the plan pays 15 percent, and Medicare pays
- 8 80 percent through reinsurance. In practice, nearly all
- 9 Part D plans use benefit designs that look different from
- 10 this but that meet certain requirements around actuarial
- 11 equivalence.
- 12 Now let's talk more about the coverage gap. The
- 13 right-hand side graphs show you brands and biologics on the
- 14 top and generic drugs at the bottom. So starting at the
- 15 top this time, in 2019, an enrollee taking a brand-name
- 16 drug will pay 25 percent cost sharing in the coverage gap,
- 17 so he or she pays the same 25 percent from just after the
- 18 deductible through the initial coverage phase, and then
- 19 through the gap all the way to the out-of-pocket -- until
- 20 you reach the out-of-pocket threshold.
- 21 In the coverage gap, brand manufacturers are
- 22 paying a 70 percent discount, up from 50 percent in 2018.

- 1 And the plan pays just 5 percent in the gap. Also,
- 2 remember that the manufacturer discount gets counted as if
- 3 it were the enrollee's out-of-pocket spending. So with a
- 4 higher manufacturer discount, enrollees move toward the
- 5 out-of-pocket threshold more quickly than before. And
- 6 Medicare covers 80 percent after that point.
- 7 On the bottom right, in 2019, if a beneficiary
- 8 fills a generic prescription in the coverage gap, he or she
- 9 pays 37 percent cost sharing and then the plan covers 63
- 10 percent. Cost sharing for generics will fall to 25 percent
- 11 in 2020.
- 12 This table compares Part D spending at the first
- 13 full year of the program, 2007, with 2016 and 2017.
- 14 The direct subsidy is the monthly capitated
- 15 payment, adjusted for risk, that Medicare pays plans for
- 16 each enrollee. Reinsurance is a cost-based payment because
- 17 Medicare reimburses plans 80 percent of the actual
- 18 prescription cost in the catastrophic phase of the benefit,
- 19 and those two subsidies combined are designed to cover
- 20 about 75 percent of the cost. The low-income subsidy is
- 21 Medicare's payment to plans to cover the extra assistance
- 22 that LIS enrollees receive for cost sharing and premiums.

- 1 You can see that total Medicare program spending for Part D
- 2 was basically flat between 2016 and 2017. That seems like
- 3 good news after big increases that we saw related to
- 4 spending for hepatitis C drugs a few years earlier.
- Nevertheless, we're not so sanguine about program
- 6 spending because Medicare's payments for reinsurance
- 7 continue to grow rapidly. In 2017, reinsurance grew to
- 8 \$37.4 billion, up from \$35.5 billion in 2016. Over those
- 9 same two years, the direct subsidy declined. Between 2007
- 10 and 2017, reinsurance grew by an annual average of nearly
- 11 17 percent, compared with a 2 percent decrease for the
- 12 direct subsidy. Remember that Medicare's reinsurance is
- 13 cost-based while the direct subsidy is risk-based, and it's
- 14 risk-based payments that generally provide sponsors with
- 15 stronger incentives to manage spending.
- 16 MS. SUZUKI: Increase in price is one of the main
- 17 factors driving Medicare's reinsurance spending.
- 18 Overall prices, including generics, moderated,
- 19 decreasing slightly in 2016 and increasing by 1.6 percent
- 20 in 2017.
- 21 These are in contrast to the uptick we observed
- 22 after the launch of the new hepatitis C treatment at the

- 1 end of 2014.
- In 2017, prices of brand-name drugs continued to
- 3 grow but not as fast as in previous years. However, it
- 4 remained strong in some classes, such as insulin.
- 5 Notably, drugs in some specialty drug classes,
- 6 such as anti-inflammatories for rheumatoid arthritis and
- 7 therapies to treat multiple sclerosis, grew more slowly
- 8 during 2017. But even in these classes, manufacturers'
- 9 price increases over the previous decade had already
- 10 increased the prices of those therapies to three or more
- 11 times what they were in 2007.
- 12 Media and drug trend reports suggest that prices
- 13 of brand-name drugs generally continued to grow at a modest
- 14 rate for 2018, which may have been affected by the
- 15 uncertainty around potential policy changes to address high
- 16 drug prices. However, recent announcements by some
- 17 manufacturers about increasing prices may indicate a return
- 18 to the higher growth rates.
- 19 In 2016, 3.6 million or about 8 percent of Part D
- 20 enrollees had spending high enough to reach the
- 21 catastrophic phase of the benefit. Among the high-cost
- 22 enrollees, the number of non-LIS enrollees have grown more

- 1 rapidly than LIS enrollees.
- 2 Part D's spending is increasingly driven by high-
- 3 cost enrollees. A larger share of the spending is
- 4 accounted for by those high-cost enrollees. That share has
- 5 grown from 40 percent in 2010 to nearly 60 percent by 2016.
- 6 Rapid growth in the price of prescriptions filled
- 7 by high-cost enrollees explains most of the growth in their
- 8 spending. Between 2010 and 2016, average prices of drugs
- 9 used by high-cost enrollees grew 10 percent annually
- 10 compared with an annual decrease of 3 percent for other
- 11 enrollees.
- 12 Patterns of drug spending differ between LIS and
- 13 non-LIS enrollees with high costs, and that difference
- 14 explains why we're seeing faster growth in the number of
- 15 non-LIS enrollees who reach the catastrophic phase.
- 16 Overall, one in ten high-cost enrollees filled at
- 17 least one prescription in which a single claim would have
- 18 been sufficient to reach the catastrophic phase of the
- 19 benefit. The use of such a prescription is significantly
- 20 higher among non-LIS enrollees, with 18 percent having
- 21 filled such a prescription compared with about 6 percent
- 22 among LIS enrollees in 2016.

- 1 Between 2007 and 2016, average spending for high-
- 2 cost non-LIS enrollees has grown faster, increasing by 190
- 3 percent compared with 100 percent for LIS enrollees. As a
- 4 result, by 2016 high-cost non-LIS enrollees had spending
- 5 that averaged about \$30,000 per year compared with just
- 6 under \$21,000 for LIS enrollees.
- 7 The cost difference between high-cost enrollees
- 8 with and without LIS are largely attributable to the drug
- 9 classes used by these two groups. One study found that
- 10 high-cost non-LIS enrollees were more likely to use drugs
- 11 and biologics in classes dominated by high-priced specialty
- 12 drugs, such as therapies to treat cancer, multiple
- 13 sclerosis, and pulmonary hypertension. LIS enrollees, on
- 14 the other hand, were more likely to use medications for
- 15 diabetes, mental health, and pain -- classes which are
- 16 mostly non-specialty drugs. Our own analysis of the 2016
- 17 data corroborates these patterns.
- 18 Going forward, the pharmaceutical pipeline will
- 19 continue to shift its focus on biologics and specialty
- 20 drugs that command high prices. Use of these new therapies
- 21 will further increase the burden on Medicare's reinsurance.
- 22 Already, the effects of this shift towards

- 1 higher-cost products are affecting Part D spending.
- 2 Specialty tier drugs, which, by definition, have high
- 3 prices, accounted for less than 1 percent of all Part D
- 4 claims in 2017, but 25 percent of all Part D spending, up
- 5 from 6 percent in 2007.
- 6 Average cost of a single claim for drugs placed
- 7 on a specialty tier grew 14 percent annually from about
- 8 \$1,100 in 2007 to nearly \$4,500 by 2017.
- 9 The growth in prices of specialty tier drugs have
- 10 led to a rapid increase in the use of drugs in which a
- 11 single claim would be sufficient to reach the catastrophic
- 12 phase. In 2010, just 33,000 beneficiaries filled such a
- 13 claim. By 2016, that number rose more than tenfold to
- 14 about 360,000.
- 15 Many changes are taking place in the environment
- 16 that is going to affect the Part D program. Specialty
- 17 drugs and biologics will continue to drive the growth in
- 18 drug spending -- not just in Part D but for the entire U.S.
- 19 health care system.
- The market structure of plan sponsors has changed
- 21 dramatically and continues to do so, with some sponsors
- 22 merging with insurers, and thereby becoming more vertically

- 1 integrated.
- 2 To manage benefit costs, more insurers and PBMs
- 3 are using high deductibles and/or percentage coinsurance
- 4 for higher-priced drugs and biologics, resulting in sticker
- 5 shock for patients at the pharmacy.
- 6 There are also changes that are specific to Part
- 7 D, such as regulatory changes to allow Part D plans to use
- 8 some of the tools they use to manage pharmacy benefits for
- 9 their commercial populations.
- 10 Increase in manufacturers' coverage-gap discount
- 11 that Rachel described reduces plans' insurance risk,
- 12 raising concerns about financial incentives sponsors face.
- 13 Medicare's payments to plans are increasingly
- 14 retrospective and based on cost, and many of the changes
- 15 happening in the environment will likely contribute to this
- 16 trend.
- 17 So there is an urgent need to better align plans'
- 18 financial incentives with that of the beneficiaries and
- 19 taxpayers while at the same time giving formulary tools to
- 20 encourage benefits management.
- 21 In April, we plan to bring to you potential
- 22 policy approaches to address two issues we highlighted

- 1 today. One relates to coverage gap discount, and the other
- 2 relates to beneficiary's out-of-pocket costs for high-cost
- 3 drugs.
- 4 And with that, we'd be happy to take any
- 5 questions.
- 6 DR. CROSSON: Thank you, Rachel and Shinobu.
- 7 We'll take clarifying questions. I see Brian,
- 8 Amy, Jon. Jonathan, did I see your hand? Brian, Amy, Jon,
- 9 David, Pat, Warner.
- DR. DeBUSK: First of all, thank you for a great
- 11 chapter. In the reading materials, on pages 34 and 35, you
- 12 start to talk about the growing divergence in point-of-sale
- 13 prices and net prices. And in the text -- and I think it
- 14 as sometime last year, we talked a little bit about the
- 15 allocation of DIR and how it's disproportionately
- 16 allocated, I think, to the plan and away from the
- 17 reinsurance program. You mentioned that in this chapter
- 18 when it said, "Medicare reinsurance payments that reduce
- 19 plan liability for a benefit may create a situation in
- 20 which there is a financial advantage to plan sponsors when
- 21 they select high-cost, high-rebate drugs over lower-cost
- 22 alternatives."

- 1 Could you refresh me on that just a little bit?
- 2 I went back and looked at some of that material, but I
- 3 noticed we seemed to stop short in the chapter of
- 4 describing it again.
- DR. SCHMIDT: I think there's two pieces to that.
- 6 I mean, Bruce has raised in the past the general notion
- 7 that the odd structure of Part D's benefit and the facts
- 8 that plan sponsors don't have consistent financial
- 9 liability for the benefit spending can create a situation
- 10 where the rebates -- there may be an un-incentive in some
- 11 cases to put high-rebate, high-cost drugs on the formulary
- 12 relative to lower cost alternatives. That's a general
- 13 thing.
- But I think the DIR case -- I'll let you know who
- 15 to speak to -- that's something a little bit different.
- 16 MS. SUZUKI: So the DIR, currently CMS uses gross
- 17 spending, so the prices at the pharmacy, to figure out what
- 18 share of Medicare keeps versus what share plans keep, and
- 19 the share that plans keep for the most part are weighted
- 20 heavily because they use gross spending below the
- 21 catastrophic threshold. And that includes the coverage gap
- 22 phase where plans have very little liability, particularly

- 1 for brand-name drugs.
- 2 So relative to the benefit cost, using the gross
- 3 drug spending, weighs -- gives plans more, larger share of
- 4 the DIR than had they used the actual benefit liability to
- 5 calculate how much plans keep versus Medicare keeps.
- DR. DeBUSK: So it's a two-tier mechanism is what
- 7 you're saying, then, because there's sort of the overt
- 8 incentive to have the high-price, high-rebate drug, but
- 9 then when it's time allocate the DIR, there's a compounding
- 10 of that effect because it gets disproportionately
- 11 allocated.
- 12 [Staff nods head in the affirmative.]
- DR. DeBUSK: Okay. Thank you.
- DR. CROSSON: Amy.
- 15 MS. BRICKER: Great job on the chapter.
- 16 So a couple questions around price increases.
- 17 You make a couple of different observations, and I just
- 18 thought it would be helpful to maybe connect the dots for
- 19 the room.
- 20 At one point, we talk about how overall spending
- 21 has moderated, and then there are other places throughout
- 22 the document that we talk about price; prices are actually

- 1 increasing at double-digit rates.
- 2 To what extent are we factoring in rebate? And
- 3 so just to -- period. To what extent are we factoring in
- 4 rebate when we talk about the overall cost implications to
- 5 the program?
- 6 MS. SUZUKI: So the price index that we talk
- 7 about -- and we mention that even the pharmacy prices have
- 8 moderated in recent years -- that is a pharmacy price. So
- 9 it doesn't include the post-sale rebates and discounts from
- 10 manufacturers.
- 11 And we talk about how for some classes, such as
- 12 insulin, that may not be the accurate picture; but for
- 13 other classes like cancer therapies, there may not be as
- 14 much rebate. And the price index that we show in the
- 15 chapter or the mailing material may be more of an accurate
- 16 prediction of how the prices have grown over time.
- 17 In terms of spending, we do use data that
- 18 incorporates the retrospective rebates and discounts. So
- 19 those growth rates do reflect the amount -- the rebates
- 20 from manufacturers.
- 21 MS. BRICKER: So which number is that exactly,
- 22 then, in the material you just presented that would be

- 1 reflected of rebate?
- MS. SUZUKI: The spending.
- 3 DR. SCHMIDT: The \$80 billion and spending for
- 4 2017, for example. That's inclusive.
- 5 MS. BRICKER: But it's flat from '16.
- 6 DR. SCHMIDT: Right. That's net of rebates.
- 7 MS. BRICKER: I think that's important. I think
- 8 that's important because it's easy to look to one data
- 9 point, like list price, and say in Part D, we have a
- 10 problem. We could debate that, but overall spending, if I
- 11 have it right, is flat, '16 to '17. Is that accurate?
- DR. SCHMIDT: That's accurate.
- MS. BRICKER: Thank you.
- 14 DR. CROSSON: David.
- DR. GRABOWSKI: Thank you for this great work.
- 16 I wanted to come back to the first bullet you had
- 17 on Slide 5: private plans compete for enrollees. I'm not
- 18 disagreeing with that, but I want to reconcile that with an
- 19 observation from the literature. There's a lot of academic
- 20 work suggesting enrollees often end up in a plan, whether
- 21 they choose it, that doesn't best meet their drug needs,
- 22 and so there's a lot of suboptimal decision-making that's

- 1 out there. That's not something that's dealt with a lot in
- 2 the chapter.
- 3 How much does that interact with some of the
- 4 trends you presented in the material and in the chapter and
- 5 the presentation today, and is that something we've thought
- 6 about as a Commission?
- 7 MS. SUZUKI: So we have in the past looked at
- 8 switching behavior by Medicare beneficiaries, particularly
- 9 those without low-income subsidies. So they're voluntarily
- 10 switching.
- We found somewhere between 12 and 14 percent
- 12 voluntarily switch from year to year during the annual
- 13 enrollment period.
- 14 It's hard to say whether that's sufficient or
- 15 not, but in the focus groups with beneficiaries, some of
- 16 them have indicated that they do check Plan Finder annually
- 17 to see whether their drugs are covered at more favorable
- 18 rates with other plans. So it seems like they are looking
- 19 to lower their out-of-pocket cost, not just the premiums.
- 20 We have found when people switch, they tend to
- 21 minimize their total out-of-pocket cost in terms of cost
- 22 sharing, despite maybe using even a little more drug than

- 1 in the previous year.
- DR. GRABOWSKI: We did a chapter recently on
- 3 post-acute care decision-making, and my sense is some of
- 4 what we recommended there could filter over to here in
- 5 terms of helping beneficiaries with choice here in this
- 6 sector.
- 7 You raised the Plan Finder tool. I think that
- 8 that tool is really poor. I'll say that. I don't think it
- 9 provides a clear indication to enrollees about the lowest-
- 10 cost plan necessarily, and so I've wondered if we've done
- 11 any previously about that and whether we might think about
- 12 sort of some revisions there and also building on some
- 13 choice architecture here around thinking about placing
- 14 beneficiaries into a default plan and making better use of
- 15 some of the big behavioral economics literature.
- 16 DR. SCHMIDT: Last year, we were considering
- 17 doing some work on Plan Finder, but there were some other
- 18 organizations that are already taking that under and did
- 19 some pretty thorough looks at it and had some suggestions
- 20 for how to improve that. So we decided with our limited
- 21 resources, you have to kind of pick and choose where to put
- 22 your emphasis.

- In the past, we have kind of looked at things
- 2 like intelligent assignment ideas around the low-income
- 3 subsidy population, but the Commission that was gathered at
- 4 that time chose not to go ahead with those ideas. It was
- 5 looking as though there was a tradeoff so that there was
- 6 higher government spending associated with picking optimal
- 7 plans, and there was some concern around selection, so are
- 8 you going to perhaps get plans into a spiral by picking
- 9 what's optimal for each enrollee based on their past drug
- 10 use.
- DR. CROSSON: Okay. I've got Pat -- Warner, did
- 12 you have your hand up? -- Warner and then Dana.
- MS. WANG: Thank you.
- 14 DR. CROSSON: Did I miss somebody? Oh, Jon.
- 15 Sorry.
- DR. CHRISTIANSON: Am I next?
- DR. CROSSON: You're next. Sorry. I didn't see
- 18 your hand go up.
- 19 DR. CHRISTIANSON: This is really quick.
- DR. CROSSON: You're too close.
- DR. CHRISTIANSON: Yeah.
- This is really, really quick. So on the slide, I

- 1 didn't see this, and I didn't see it in the chapter. So
- 2 maybe we don't have this number, but do we know what
- 3 percentage of Medicare beneficiaries have no drug coverage?
- 4 DR. SCHMIDT: Not exactly. We know that it's
- 5 about half of the 24 percent have coverage that's either
- 6 less generous than the -- or no, and we think -- we're not
- 7 sure exactly what that is.
- DR. CHRISTIANSON: Yeah, I saw that, but we can't
- 9 break that down and say 5 percent have no drug coverage at
- 10 all.
- DR. SCHMIDT: No, we can't.
- 12 And I think it used to be a question we could
- 13 sort of get to on the Medicare Current Beneficiary Survey,
- 14 but it's no longer there.
- DR. CHRISTIANSON: It's odd because that seems
- 16 like sort of a basic piece of information we'd like to
- 17 know.
- DR. CROSSON: Pat.
- 19 MS. WANG: Going back to Slide 10, 11-ish, were
- 20 you -- and you've mentioned this before. Is the growth in
- 21 spending for non-low-income beneficiaries going to the
- 22 reinsurance later, and that they have surpassed the low-

- 1 income subsidy beneficiaries in terms of the high-drug
- 2 expenditures?
- I wondered whether you have more information
- 4 about sort of the characteristics, I guess, of spending
- 5 between the non-low-income and the LIS population.
- In other words, you mentioned the difference in
- 7 the drug utilization, but in terms of -- I don't know if
- 8 this is the right word -- "preference," I guess, of the
- 9 non-low income, is it a fewer number of people who have
- 10 extraordinary drug cost as opposed to the LIS, which is
- 11 maybe more people have similar drug expenditures?
- 12 The reason I ask is -- and maybe this is the
- 13 implications for what are the policy questions to be
- 14 answered as well as implications. As you know, I'm very
- 15 interested in refining risk adjustment for the Part D
- 16 premium that exists. I just was curious if you knew
- 17 anything about that or whether that was a --
- 18 MS. SUZUKI: So we did look at non-LIS versus LIS
- 19 among the high-cost beneficiaries, and you're probably
- 20 talking about this piece. That, for example, cancer
- 21 treatments accounted for a much higher share of non-LIS
- 22 high-cost enrollee spending compared to LIS enrollees who

- 1 reach the catastrophic phase.
- 2 And we were also finding that among the low-
- 3 income subsidy population, a lot of the spending weren't
- 4 because individual prescriptions were extremely high cost.
- 5 It was that they were using more medications, and some of
- 6 them were in common classes like antihyperlipidemics.
- 7 And one that showed up in one of the lists that I
- 8 looked at is Nexium. That sort of thing tends to add up to
- 9 get a lot of those enrollees to the catastrophic phase.
- 10 MS. WANG: So is it kind of the right direction,
- 11 then, to be saying that for the non-low income, the focus
- 12 on the cost of the specialty drug is probably the thing to
- 13 focus on, but for the low-income population, a generic
- 14 substitution is a fruitful avenue?
- 15 MS. SUZUKI: And I think that was one of the
- 16 recommendations we made.
- 17 MS. WANG: Yeah. Apparently different avenues.
- 18 Okay.
- DR. CROSSON: Warner.
- 20 MR. THOMAS: So in Slide 7, the construct here
- 21 with the initial coverage and the out-of-pocket threshold,
- 22 are those indexed, or do those numbers change over time?

- DR. SCHMIDT: Yes, they do. They're indexed to
- 2 the average per capita spend for Part D.
- 3 But there's been some difference in each of these
- 4 different parameters and their treatment over time.
- 5 In 2010, the Affordable Care Act, one of the
- 6 goals was to close the coverage gap.
- 7 MR. THOMAS: Right.
- 8 DR. SCHMIDT: And so they indexed the out-of-
- 9 pocket threshold more slowly. So it actually will increase
- 10 in 2020, as you heard about in the mailing materials, by
- 11 over 20 percent because that was scheduled in the
- 12 Affordable Care Act. That it would bounce back up to what
- 13 it otherwise would have been.
- MR. THOMAS: And on Slide 8, just looking, it
- 15 looks like in the mailing materials that the premium
- 16 increase in relatively nominal, yet the total cost of the
- 17 program is escalating. So can you comment on your thoughts
- 18 around that or the rationale behind that?
- 19 DR. SCHMIDT: Right. So let's be clear. In 2016
- 20 to 2017, it's been flat, but we have seen fairly rapid
- 21 growth in spending before that, certainly.
- The flatness of premiums, we think speaks to this

- 1 reinsurance increase I spoke about on this particular
- 2 slide. That a lot of the cost growth has been in the
- 3 catastrophic range of the benefit spending, where the
- 4 Medicare program is picking up 80 percent of the costs in
- 5 that benefic phase. So the portion of benefits that go
- 6 into the premiums remained relatively flat.
- 7 MR. THOMAS: But if you look at this slide -- and
- 8 I just want to make sure I understand this slide. So the
- 9 Medicare program total, that's the total cost of Part D,
- 10 kind of all in, or that's the government portion to be paid
- 11 at the program?
- 12 DR. SCHMIDT: Those are essentially the
- 13 government payments to the plans, and in addition, there's
- 14 another \$14 billion that the enrollees have been paying to
- 15 plans for basic benefits. And there are other costs for
- 16 cost sharing and for supplemental premiums.
- 17 MR. THOMAS: Okay.
- 18 So kind of looking at this, the makeup of this,
- 19 is there transparency or clarity around the profit in the
- 20 Part D programs or the Part D insurers, or is that kind of
- 21 aggregated in all of their profits?
- MS. SUZUKI: So we have looked at plan payment

- 1 data through 2015, and we found that the majority of the
- 2 plan sponsors do make profit in the risk corridor and risk
- 3 corridors of part of the cost-based portion of the payment,
- 4 and there's a risk corridor around it. And plans are
- 5 allowed to keep -- the risk-based portion. Sorry. The
- 6 plans are allowed to keep, plus or minus, 5 percent of the
- 7 profit or the loss. That's on them.
- 8 The next piece of it is 50-50 from 5 percent to
- 9 10 percent on both sides, that sort of thing.
- 10 And we found that plans on average were making
- 11 profits above those that were included in their bids. A
- 12 lot of the plans got to keep the extra 5 percent plus
- 13 whatever else they got to keep in the second tier and third
- 14 tier.
- 15 DR. SCHMIDT: There isn't as much visibility into
- 16 it as you might want. The information that goes into bids,
- 17 for the MA side of the house --
- 18 MR. THOMAS: Right.
- 19 DR. SCHMIDT: -- you can go back and look at
- 20 historical data and see the profits in there to see what
- 21 the profit rates have been.
- 22 On the drug side, it's less easy to do because

- 1 the data that are submitted in bids are not reconciled
- 2 data.
- 3 MR. THOMAS: Okay. Thank you.
- 4 DR. DeBUSK: On that --
- 5 DR. CROSSON: On that point?
- DR. DeBUSK: On Warner's specific questions
- 7 because I think in the reading material, you alluded to
- 8 this. Could you explain a little further? There seems to
- 9 be a dominant strategy for how to proceed with a Part D
- 10 bid, sort of a can't-miss strategy. And you sort of spoke
- 11 to that, but could you sort of clarify it?
- 12 MS. SUZUKI: So related to Warner's question
- 13 about why premiums have been flat is that plan sponsors on
- 14 average have been underestimating the reinsurance portion
- 15 of the benefit. What that does is -- because reinsurance
- 16 is the cost base that's reconciled after the end of the
- 17 benefit year, the part that's in the premium is the
- 18 expected piece, expected amount of reinsurance.
- 19 At the end of the year, Medicare, on average,
- 20 have been paying plans additional amounts for reinsurance.
- 21 So whatever the extra payment that Medicare made to plans
- 22 were not included in the premium the beneficiary paid.

- 1 DR. CROSSON: Okay. I have Dana and Marge and
- 2 Jaewon.
- 3 Dana.
- 4 DR. SAFRAN: Thank you.
- 5 Can you go back to Slide 7? I'm just trying to
- 6 make sure I understand. I have to say I find this topic
- 7 confusing every time we talk about it. So I think this is
- 8 my moment where I may be having a breakthrough in some of
- 9 my understanding, but I just want to check a couple things.
- 10 So on the left side, I'm trying to make sure I
- 11 understand the coverage gap and what happens in there, and
- 12 one of the things that I think you're showing us here is
- 13 that the coverage gap is not really entirely a gap for the
- 14 beneficiary. In fact, they're paying 25 percent in their
- 15 initial coverage, and they're still paying 25 percent in
- 16 the coverage gap if they're using a brand and in fact, as
- 17 of next year, even for a generic.
- 18 So is that right?
- DR. SCHMIDT: You got it.
- DR. SAFRAN: Am I reading this right?
- DR. SCHMIDT: Yeah, right. But that's a new
- 22 thing. It's been kind of phasing in that direction since

- 1 2010.
- It used to be, before 2010, 100 percent on the
- 3 bene cost sharing during the coverage gap phase. After
- 4 2010, there was immediately a 50 percent discount provided
- 5 by brand-name manufacturers. That also counted towards the
- 6 out-of-pocket threshold, but the bene was paying the other
- 7 50 percent. And over time, it's been phasing down, down,
- 8 the cost sharing for the beneficiaries, and as of 2019,
- 9 it's 25 percent on brands in the coverage gap.
- DR. SAFRAN: Okay. Thank you.
- And then the other thing I want to understand is
- 12 beyond that. So above the out-of-pocket threshold, I'm
- 13 assuming that when you refer to catastrophic levels, you're
- 14 referring to that point.
- 15 And so later in the presentation, you made the
- 16 point that it's about 8 percent of beneficiaries that reach
- 17 that level, and this sort of shocked me that one in ten of
- 18 those get there with one claim.
- 19 So I just wonder what can you tell us about those
- 20 folks? What are those medicines, and is it actually just a
- 21 one-time claim? Or is this a medicine that costs a
- 22 boatload of money, and they're having to take it all the

- 1 time -- it's for cancer treatment; it's for chronic illness
- 2 -- that specialty drug? Can you just tell us a little bit
- 3 more about that?
- 4 MS. SUZUKI: So 1 in 10 beneficiaries have at
- 5 least one claim for which, just that one claim would have
- 6 gotten them to the catastrophic phase. That doesn't mean
- 7 it was the only claim.
- 8 So a lot of the drugs that are used by non-LIS
- 9 enrollees were cancer drugs, which had an annual spending
- 10 of \$30,000, leukemia drugs, Copaxone for multiple
- 11 sclerosis, which was also in the \$20,000 range for annual
- 12 costs. So they tend to use a lot of those very expensive
- 13 drugs.
- To get to the threshold, you only need, you know,
- 15 \$7,000 or \$8,000, and these are drugs that annual cost
- 16 average is in the tens of thousands of dollars.
- 17 DR. CROSSON: Dana.
- 18 DR. SAFRAN: What I hear you saying is these are
- 19 drugs that they are taking over the course of the year, not
- 20 one time. So even though that one claim could have put
- 21 them over that threshold, they're continuing to take a
- 22 medicine that, over time, costs \$20,000, \$30,000 in the

- 1 year.
- MS. SUZUKI: And that's shown by the average cost
- 3 for non-LIS enrollees that's reached \$30,000, on average.
- DR. SAFRAN: Thank you.
- 5 DR. CROSSON: I mean, you could have some
- 6 patients like hepatitis C where it's one time.
- 7 Okay, Marge.
- 8 MS. MARJORIE GINSBURG: In the report itself,
- 9 talking about the low-income subsidy folks, there's a quote
- 10 I pulled up that says "plan sponsors cannot encourage use
- of lower-cost in the same way as non-LIS." I'm curious as
- 12 to why that was written. Obviously, some categories of
- 13 LIS, a few, have no copayments, but most of them, they're
- 14 small, do have copayments that differentiate between
- 15 generic and brand name.
- 16 So I was just curious what the basis for this
- 17 statement was.
- 18 DR. SCHMIDT: I think our point is that just the
- 19 magnitude of the difference in the copays is fairly small
- 20 and not necessarily large enough to make a change in
- 21 behavior. You look at the cost-sharing applied to non-LIS,
- 22 and the differentials that are quite substantially larger.

- 1 MS. MARJORIE GINSBURG: We know historically,
- 2 then, that LIS participants, you know, it's like \$8 versus
- 3 \$3, that that's not big enough to influence their choice,
- 4 or are physicians not encouraging the lower cost? I mean,
- 5 I guess I -- these are low-income folks --
- DR. SCHMIDT: Right.
- 7 MS. MARJORIE GINSBURG: -- and even that \$5 may
- 8 be meaningful. And I just wanted to make sure there was
- 9 some evidence behind this that said it's really hard to
- 10 move them to lower cost.
- 11 DR. SCHMIDT: I think we're basing that on seeing
- 12 it. Even though generic dispensing rates for low-income
- 13 subsidies, overall, average -- they're lower than non-LIS,
- 14 not substantially lower but a few percentage points lower -
- 15 but some LIS folks, particularly the ones who are
- 16 reaching what we're calling the catastrophic phase, are
- 17 using the Nexiums and things where there are generic
- 18 options available, and they haven't quite switched.
- DR. CROSSON: Okay. Jaewon.
- 20 DR. RYU: Yeah, I also had questions about Slide
- 21 10 and the high-cost enrollees and the impact of the LIS
- 22 versus the non. I'm just trying to tease apart, I guess,

- 1 the impact of -- because a lot of different variables here.
- 2 There's a volume dynamic, there's unit cost dynamic,
- 3 there's a brand preference and maybe behavioral dynamic,
- 4 which I think is kind of where Marge is going, depending on
- 5 your copays, versus a disease prevalence and what happens
- 6 to hit the LIS folks versus the non-LIS folks.
- 7 Do we know, or has there been studies around
- 8 within a certain drug class or disease class, within that
- 9 high-cost enrollee population, whether there's a difference
- 10 in trend between the LIS population and the non-LIS
- 11 population, in terms of, you know -- it would have to be a
- 12 drug class, I guess, that would have alternatives. But is
- 13 there a behavioral difference there, or do we just chalk it
- 14 up to, you know, it's just because different disease states
- 15 hit those two populations differently?
- DR. SCHMIDT: I don't know that we've seen any
- 17 studies that would get to that specifically. I guess -- I
- 18 don't know, do you have a thought?
- 19 MS. SUZUKI: So I'm trying to figure out -- so
- 20 what we looked at a couple of years back, in making the
- 21 recommendation about generic, increasing generic drug use
- 22 for LIS population, is that even for classes such as

- 1 antihyperlipidemics or antihypertensives, those most
- 2 commonly used therapeutic categories, we found higher brand
- 3 use among LIS population compared to the other people who
- 4 did not reach the catastrophic phase of the benefit. And
- 5 it may not be that they're not using the direct generic
- 6 substitute. A lot of them do, are automatically
- 7 substituted to generics.
- 8 I think what we're seeing between LIS and non-LIS
- 9 population is that non-LIS beneficiaries may be more likely
- 10 to ask for a therapeutic generic substitution compared to
- 11 LIS beneficiaries. And I know some of the categories of
- 12 low-income population pay \$8, potentially, for a brand-name
- 13 drug. Not all of them do. Some of them don't have any
- 14 cost sharing. Some of them pay lower copay amounts. And
- 15 so we thought that if the Secretary thought that some
- 16 classes could use some therapeutic generic substitution,
- 17 that's when these copay differences could really move LIS
- 18 populations to use lower-cost generics. And we also
- 19 recommended that in those class maybe Secretary could make
- 20 the generics free to those beneficiaries.
- 21 DR. CROSSON: Okay. We're going to move on. Put
- 22 the last side up, if you would. We're going to move on to

- 1 further comments. This is a status report, and I make two
- 2 notes.
- 3 Number one, as you see on the slide we are
- 4 planning, this spring, to take on two Part D issues,
- 5 restructuring the coverage gap discount and reducing out-
- 6 of-pocket costs for high-cost drugs. In addition, as I
- 7 mentioned in the beginning, tomorrow morning we're going to
- 8 have a broader discussion here at the Commission on a wider
- 9 range of approaches to reducing the cost of prescription
- 10 drugs, as a jumping-off point for future work in the next
- 11 session or two.
- 12 Actually, Amy is going to start.
- DR. BRICKER: Thanks. Thanks again for a chapter
- 14 that I think has a lot of people leaning in to better
- 15 understand and to really begin to grapple with what this
- 16 Commission, and, more broadly, the industry needs to do to
- 17 take on a very sensitive issue.
- I made the point earlier around spend being flat,
- 19 only to highlight that there are winners and losers in this
- 20 program and in this sort of phenomenon. I think it does
- 21 bear consideration that we have to think about the
- 22 beneficiary at the point of sale. The structure, if Bruce

- 1 is the one that highlighted it, I agree. The structure is
- 2 unique and it's hard to draw parallels because there isn't
- 3 anything else like it in the commercial market.
- 4 I think the unfortunate scenarios are those that
- 5 beneficiaries are faced at the counter not being able to
- 6 afford, you know, deductibles, not being able to afford co-
- 7 insurance, and again, because of the way this is
- 8 structured, bear a lot of that burden.
- 9 And so absolutely in favor of taking a look at
- 10 how we can ensure that beneficiaries are getting the value
- 11 of rebates, and whether or not it's a wholesale application
- 12 and rebate at point of sale, I'm not there yet. But for
- 13 those specialty products that are high cost, having a cost
- 14 cap for those beneficiaries and, in effect, using rebate
- 15 dollars to hold down the out-of-pocket for beneficiaries I
- 16 think is something to consider and one that we should
- 17 further review.
- There are many things that this program can still
- 19 do within the traditional space, and you've highlighted
- 20 many of them in your paper. You mentioned briefly any
- 21 willing pharmacy. There have been a number of studies that
- 22 demonstrate that any willing pharmacy actually raises

- 1 costs, not just improves access. So the extent that,
- 2 again, looking at any willing pharmacy allowance, so long
- 3 as certain access requirements were met, doing away with
- 4 that.
- 5 There have been a number of conversations around
- 6 DIR, whether or not DIR should be factored into the
- 7 patient's out-of-pocket if it could be reasonably known,
- 8 and there's another sort of round of this now with CMS
- 9 putting out some additional observations on this point. So
- 10 I think we should also address that in the work that we
- 11 have in the future and our perspective.
- I'm encouraged by B-versus-D management. I think
- 13 this is the right direction. It came out very late last
- 14 year so we're likely not going to see much of that in '19,
- 15 and so we won't be able to see the impacts of that change
- 16 likely until '21. So I think that is something that will
- 17 play out over time.
- 18 And for manufacturers, I think that today,
- 19 through B, have not feared exclusion, not feared having to
- 20 be competitive. This now is a different dynamic and so I'm
- 21 encouraged by that.
- I think it should be noted, though, the

- 1 manufacturer requirement from 50 to 70 percent likely will
- 2 have an unintended consequence, and while the political
- 3 environment isn't comfortable for manufacturers and raising
- 4 list prices have moderated to some degree, you would expect
- 5 that this additional obligation on the part of the
- 6 manufacturer will result in list price increases and,
- 7 therefore, the commercial market will bear a lot of that --
- 8 because of this change will bear that impact.
- 9 Lastly, value-based programs. I encourage us to
- 10 look at what has been done successfully in the commercial
- 11 market, these high-cost drugs that you can set measurable
- 12 and objective, you know, goalposts around what does success
- 13 look like. And if the program is going to cover a drug,
- 14 refunding of putting incentives in place that if the drug
- 15 doesn't work, if the patient isn't compliant, if there is
- 16 lack of outcome that the program would seek a refund for
- 17 that drug. So there are many things to consider if that
- 18 were to be allowed, but again, it's worth taking on.
- 19 And lastly, while pharmacy payment at the point
- 20 of sale is real-time, meaning you know if a drug is
- 21 covered, you know the co-insurance, you know if it's on
- 22 formulary, the pharmacy, at the counter, knows this, we

- 1 still are lacking data to provide the pharmacist at the
- 2 point of sale the most information about how to guide the
- 3 patient. So if it's not the physician, the pharmacist,
- 4 there has to be some investment in information-sharing so
- 5 that we do seek the best outcomes for the beneficiaries.
- 6 There's so much work here to do. I am, though, I
- 7 am encouraged by what feels like an opportunity for us to
- 8 take advantage of some of the momentum in the market to
- 9 begin to move the needle on this very issue.
- 10 So thanks.
- DR. CROSSON: Thank you, Amy. I saw Brian.
- 12 DR. DeBUSK: Thank you again for a really great
- 13 report.
- In terms of topics for spring, and I saw that on
- 15 the slide there, I would love to add us digging deeper into
- 16 this whole idea around formulary construction, DIR
- 17 allocation, and then this whole issue of bidding on the --
- 18 the way these bids are constructed.
- 19 The thing that fascinates me is since this
- 20 program's inception, it doesn't look like it's ever reached
- 21 its statutory 25.5 percent premium collection through
- 22 beneficiaries. And I know actuaries are terrible at what

- 1 they do and do terrible jobs, but we're going on like --
- 2 Bruce -- we're going on to 11 years of missing the market.
- 3 And I remember, when I read the 2016 report, I remember
- 4 what really jumped off the page was that over half the
- 5 plans were hitting their upper risk corridor, so they were
- 6 giving money back. And I get that. I mean, I understand
- 7 risk corridors are very important. But when over half the
- 8 plans are hitting the risk corridor, it makes me think
- 9 there's something systemic here. And, sure enough, on page
- 10 43 of the mailing materials, this year, again, more than
- 11 half the plans returned that.
- 12 So I do hope this spring -- I want to understand
- 13 more about the formularies, how the rebates are handled,
- 14 how they're going to the plans, just sort of build that
- 15 from the ground up, because it does feel like something's
- 16 off when over 50 percent of the plans hit the upper
- 17 corridor.
- 18 Thanks.
- 19 DR. SCHMIDT: Can I respond briefly, just to say
- 20 we're happy to talk about some of this but also please look
- 21 at our 2015 chapter from June. It goes into this in some
- 22 detail.

- 1 DR. CROSSON: I'm seeing some guick, jumpy -- I
- 2 think I saw Bruce first and then Paul and then Jaewon.
- MR. PYENSON: It's hard to follow up on Brian,
- 4 but this is actually perhaps a Round 1 item. I'm wondering
- 5 if it would be possible to illustrate, with actual
- 6 formularies, situations where higher-priced drugs are on
- 7 the formulary and lower-priced equivalents are not.
- 8 Shinobu, you had mentioned Nexium, which, of course, has,
- 9 as an example, with a brand generic, but I think there are
- 10 also examples with brands. So I think for sure the 2019
- 11 formularies are out, and I'm wondering if would be
- 12 appropriate to give those as examples.
- DR. SCHMIDT: I think the tricky thing is that we
- 14 don't see rebates, so we're not going to know that side of
- 15 things.
- 16 MR. PYENSON: Right, but you would have list
- 17 price, and there are some differences that, you know, a 5
- 18 percent rebate or a 10 percent rebate is more than the list
- 19 of the competitor product. So I think there might be some
- 20 examples like that.
- 21 DR. CROSSON: On that?
- DR. BRICKER: So you might want to look at --

- 1 there are a couple of manufacturers that just introduced
- 2 alternate NDC, so Repatha did this. So you could look at
- 3 where it's the same drug, they just introduced a lower NDC
- 4 with presumably little to no rebate. So there are some
- 5 examples, without knowing the rebate, just the behaviors of
- 6 plans. That would then get to your question.
- 7 DR. CROSSON: Paul.
- 8 DR. PAUL GINSBURG: This was a terrific chapter
- 9 and I agree on your singling out reinsurance and the way we
- 10 handle coverage cap discounts is really important.
- I was really struck by the differences in types
- 12 of drugs used by the low-income people versus the other,
- 13 and, you know, when you're working with prescription drug
- 14 claims data you gain much more insight into what people's
- 15 medical issues are, than when you're dealing with other
- 16 types of data that we work with.
- 17 And just something that we should really always
- 18 keep in mind when we're not seeing these differences is
- 19 clearly when we're talking about hospital care and
- 20 physician services, the fact that the differences are big.
- 21 And I don't want to jump ahead to our next session but, you
- 22 know, I'm really glad the way our HVIP handles the

- 1 difference between the low-income and higher-income
- 2 beneficiaries.
- 3 DR. CROSSON: Thank you, Paul. Jaewon.
- 4 DR. RYU: Yeah. I was just going to add that the
- 5 dynamic between the catastrophic and the capitated, and it
- 6 may be just dusting off the prior recommendations or work
- 7 from 2015. I think you alluded to that.
- 8 The other element, I just want to get back to the
- 9 human behavior side and the price sensitivity around copays
- 10 and cost shares. I think there's something there that
- 11 would be good to get a little more fine-tuned around.
- 12 Obviously I don't think we're trying to be prescriptive to
- 13 the plans around how they structure those things but having
- 14 a better understanding of the impact that that has on some
- 15 of the decisions, where alternatives are possible. I mean,
- 16 some of these you don't have alternatives and it's a unit
- 17 cost issue. You know, that's a separate dynamic. But
- 18 where there are alternatives it seems like, you know, what
- 19 are the levers and how much can you shape human behavior.
- DR. CROSSON: Okay. Dana.
- 21 DR. SAFRAN: I'm back on thinking about the
- 22 coverage gaps issue and the point that reducing, over time,

- 1 the amount of cost-sharing for the enrollee like to have on
- 2 the manufacturer pricing, which, you know, Amy brought up.
- 3 And so that leads me to wonder, you know, are we, in the
- 4 name of helping ease the out-of-pocket cost burden and
- 5 thereby reducing cost-related non-adherence to necessary
- 6 medicines, maybe creating a different kind of harm, which
- 7 is raising costs across the board?
- 8 And so that just leads me to wonder whether
- 9 there's a way that we could approach that analytically. Do
- 10 we have data on cost-related non-adherence to
- 11 prescriptions? It's something that years ago, before my
- 12 time at Blue Cross, it was at the heart of what my research
- 13 was about. I don't know that the Medicare beneficiary
- 14 survey has that information, but if it did would there be a
- 15 way to kind of do an analysis of the tradeoffs that we're
- 16 making. While maybe we're reducing cost-related non-
- 17 adherence, what are the other harms that we may be creating
- 18 potentially by driving costs up across the board, or some
- 19 of the other effects here. Just a thought.
- 20 DR. SCHMIDT: We can certainly brainstorm on it.
- 21 The chapter includes a bunch of citations to previous
- 22 literature that's kind of trying to measure adherence

- 1 between the LIS and non-LIS population because they have a
- 2 difference in cost sharing. So there are some estimates
- 3 for some particular classes.
- 4 DR. SAFRAN: And changes over time, not just --
- DR. SCHMIDT: Less so.
- 6 DR. SAFRAN: Because it seems like that's what
- 7 we'd need, like how much has reducing the out-of-pocket
- 8 cost sharing, the coverage gap, helped improve cost-related
- 9 non-adherence but at what expense? I think that is the
- 10 question I'm asking.
- 11 DR. CROSSON: So, Dana, now that you understand
- 12 the donut hole, as you look around in depth with your
- 13 flashlight, you're going to find all kinds of things, I can
- 14 guarantee it. Jon.
- DR. CHRISTIANSON: On that same question, I
- 16 guess, I was a little bit confused on the process of how
- 17 this would work, Amy, so I probably didn't understand it.
- 18 But it seems to imply that the drug manufacturers have some
- 19 unexploited ability to raise prices that they would then
- 20 take advantage of, which seems so unlike the perception of
- 21 how drug manufacturers price their product. Can you say
- 22 something more about that? It seems like if they could

- 1 have raised their price, they would have, irrespective of
- 2 what happens to the rebates.
- 3 MS. BRICKER: They do.
- 4 DR. CHRISTIANSON: Okay. So I don't get why --
- 5 this seems like a similar argument we make around hospital
- 6 pricing.
- 7 MS. BRICKER: No; they do raise their price, and
- 8 it can -- and there's nothing that prevents it from, you
- 9 know, being thousands of a percent. I mean, you see this
- 10 across the spectrum. It's moderated in the last year just
- 11 because of the political pressure, I think no other reason.
- 12 And then we're starting to see it again, not to the same
- 13 historical extent, but we're starting to see price
- 14 increases again.
- 15 My point was just if you -- you can actually look
- 16 at when there was an obligation for the manufacturer to
- 17 contribute 50 percent discount, what happened to their
- 18 prices at that point in time. I fear now with a 70 percent
- 19 obligation we're just fueling this sort of indirect
- 20 consequence of our action -- it's a direct consequence,
- 21 actually.
- DR. CHRISTIANSON: Yeah, so I don't understand

- 1 the argument here. I don't understand why they're not a
- 2 profit-maximizing company and they've already set their
- 3 price at approximately -- at the rate that they could get.
- 4 But we could talk later about this.
- 5 MS. BRICKER: They raise them every year, again,
- 6 for shareholder return, for a number of reasons, but they
- 7 will raise their prices every year, unfettered.
- 8 DR. CROSSON: It also provides justification in
- 9 the minds of some.
- DR. PAUL GINSBURG: Actually, I think I heard
- 11 from Amy something that you -- what would make sense to
- 12 you, is that, you know, they're setting prices in different
- 13 markets, and so in a sense, if they're constrained in one
- 14 market, how the array of prices should look could be
- 15 different.
- DR. CROSSON: Warner.
- MR. THOMAS: As we get to the recommendations,
- 18 when we come back for the spring discussion, I guess one of
- 19 the things I would ask the team to think about is, you
- 20 know, in essentially the reinsurance area, which, you know,
- 21 flips to 80 percent coverage from Medicare, should there be
- 22 some additional rebate or discount provided by the

- 1 manufacturer to the extent that drugs get into the
- 2 reinsurance pool, you know, so that there's kind of a --
- 3 that they're contributing to -- and, you know, maybe it
- 4 takes some of the incentive away from, you know, getting
- 5 into the reinsurance pool, but even if there is an
- 6 incentive, once they get in there, they have to put some of
- 7 those dollars back. Also, I just think that we need to
- 8 make sure that the plan has incentive across all the pools,
- 9 including the donut hole and in the reinsurance pool, to
- 10 control costs. I mean, it seems like in the readings and
- 11 in the article that was provided that was recently in the
- 12 Wall Street Journal that there's just -- you know, maybe
- 13 there's not as much incentive on the plan side once you get
- 14 into the reinsurance area. And so I think, you know, some
- 15 recommendations around how that could be modified and how
- 16 the manufacturer could play in the reinsurance pool may
- 17 provide more cost controls of this.
- 18 DR. CROSSON: Okay. Good discussion. Thank you
- 19 very much. We'll look forward to hearing from you again
- 20 tomorrow morning.
- We'll move on now to the second presentation,
- 22 final presentation for this morning's session.

- 1 [Pause.]
- DR. CROSSON: Okay. We're going to proceed now
- 3 with a discussion of an important public health issue, and
- 4 that has to do with opioid use. And the question that was
- 5 asked of the Commission was to undertake an analysis to see
- 6 whether or not, in hospital settings at any rate, there
- 7 were incentives for hospitals to use opioids as opposed to
- 8 other methodologies to control pain. And Jennifer is going
- 9 to present us with that analysis.
- MS. PODULKA: Thank you, Jay. Today's
- 11 presentation will be an update to the discussion we had in
- 12 October.
- 13 So the SUPPORT for Patients and Communities Act
- 14 calls on MedPAC to report to the Congress by March 15,
- 15 2019, on three items:
- 16 First, a description of how the Medicare program
- 17 pays for pain management treatments (both opioid and non-
- 18 opioid alternatives) in the inpatient and outpatient
- 19 hospital settings;
- 20 Two, the identification of incentives and adverse
- 21 incentives under the hospital inpatient and outpatient
- 22 prospective payment systems for prescribing opioids and

- 1 non-opioid treatments, and recommendations as the
- 2 Commission deems appropriate for addressing these;
- 3 And the third item is a description of how opioid
- 4 use is tracked and monitored through Medicare claims data
- 5 and other mechanisms and the identification of any areas in
- 6 which further data and methods are needed for improving
- 7 understanding of opioid use.
- 8 On the first item, Medicare uses bundled payments
- 9 to pay for pain management drugs and services in both the
- 10 inpatient and outpatient settings. They are applied
- 11 somewhat differently in each. The inpatient prospective
- 12 payment system, or IPPS, assigns stays to categories
- 13 depending on patients' conditions and sets payment bundles
- 14 that reflect the average costs of providing all goods and
- 15 services, including any drugs, supplied during the stay.
- 16 In contrast, the OPPS groups services into categories on
- 17 the basis of clinical and cost similarity and sets payment
- 18 bundles to cover the costs of providing the primary service
- 19 plus goods and services that are integral to the primary
- 20 service. Any additional goods and services are either paid
- 21 separately or not paid by the OPPS.
- You may remember that in prior reports and

- 1 presentations we've described situations where outpatient
- 2 drugs are usually self-administered, separately payable, or
- 3 paid on pass-through, but these rules don't apply to pain
- 4 drugs in the outpatient hospital setting.
- 5 So the inpatient prospective payment system is
- 6 fairly straightforward, but the outpatient payment system
- 7 is not, so we'll dig into it.
- Pain drugs in outpatient settings may be paid
- 9 under Part B or Part D or not paid by Medicare at all.
- 10 First, when the drug is for pain, the next
- 11 question to ask is: Is the drug directly related and
- 12 integral to a procedure or treatment?
- Drugs that are used for postsurgical pain
- 14 management are, so these are paid under Part B as part of
- 15 the OPPS bundled payment.
- 16 But pain drugs can be used in outpatient settings
- 17 for other reasons. Rather than being directly related to a
- 18 procedure or treatment, pain drugs can be the sole
- 19 treatment -- for example, when a patient goes to the
- 20 emergency department with migraine pain. In these cases,
- 21 Part B doesn't pay for the drug, and the hospital usually
- 22 charges the patient. If the beneficiary has a Part D drug

- 1 plan, the plan might pay for the drug if it is included in
- 2 the plan's formulary and the hospital's pharmacy
- 3 participates with the plan, but many don't.
- 4 And one last note before moving on. CMS'
- 5 guidance about determining how drugs are paid for in the
- 6 outpatient setting is directed to the MACs, or Medicare
- 7 Administrative Contractors. This means that implementation
- 8 of these rules is up to the discretion of the individual
- 9 MACs, so there may be variation across geographic regions.
- The mandate's second question directs us to
- 11 identify the extent to which there are incentives and
- 12 adverse incentives introduced by the hospital inpatient and
- 13 outpatient prospective payment systems for prescribing
- 14 opioids versus non-opioids. Our study focuses on evidence
- 15 that these financial incentives could have an effect on
- 16 hospitals' decisions about which drugs to include on their
- 17 formularies and possibly promote for use by their
- 18 physicians. But we recognize that actual prescribing
- 19 happens on a case-by-case basis when a clinician or team
- 20 selects the drugs to treat an individual patient, so in
- 21 addition to any potential financial consideration, there
- 22 are patient-specific and clinical factors that guide

- 1 prescribers' pain drug choices
- In other words, the inpatient and outpatient
- 3 prospective payment systems are designed to give hospitals
- 4 a financial incentive to select the lowest-cost goods and
- 5 services possible.
- This incentive is balanced by Medicare's quality
- 7 measurement and reporting programs along with providers'
- 8 clinical expertise and professionalism.
- 9 Thus, these balanced incentives ideally result in
- 10 high-quality outcomes for patients at the best prices for
- 11 beneficiaries and other taxpayers.
- 12 To better understand the extent of any systematic
- 13 financial incentives that would lead clinicians in hospital
- 14 settings to prescribe opioids over non-opioid alternatives,
- 15 we analyzed the differences in prices between opioid and
- 16 non-opioid drugs commonly used in the inpatient and
- 17 outpatient hospital settings.
- 18 To begin, we consulted with clinicians to
- 19 determine which pain drugs to include in our study based on
- 20 those that are commonly used in hospital settings, which
- 21 means that this list does not include all pain drug
- 22 options.

- 1 Also, this analysis has a key caveat: We do not
- 2 know the actual prices that hospitals paid for these drugs
- 3 as hospitals do not report their drug acquisition costs.
- 4 And let me pause here to note just how little information
- 5 that we and others have to go on. Hospitals don't report
- 6 the prices paid for individual drugs or which drugs they
- 7 pick for patients or anything about dosing, so we don't
- 8 know the volume of pain drugs used in our study.
- 9 We considered as a substitute average sales
- 10 prices, or ASP, which are a weighted average of
- 11 manufacturers' sales prices for a drug for all purchasers
- 12 net of price adjustments, but these are not available for
- 13 many of the drugs in our study.
- 14 In lieu of either of these, we examined two
- 15 publicly available list prices: wholesale acquisition
- 16 cost, or WAC, and average wholesale price, or AWP. We
- 17 found similar price patterns for these, so we present WAC
- 18 alone for brevity.
- 19 We acknowledge that WAC represents an upper
- 20 bound. Actual prices paid by hospitals are likely lower,
- 21 as WAC is the manufacturer's list price and does not
- 22 incorporate prompt-pay or other negotiated discounts.

- 1 But WAC is still useful as it provides the
- 2 relative prices of opioids versus non-opioid drugs, which
- 3 are informative for our study.
- 4 I'd also like to note that when clinicians
- 5 prescribe pain drugs in the hospital setting, they have
- 6 multiple options, including the drug's route of
- 7 administration -- for example, oral or intravenous -- and
- 8 the dosage form -- for example, tablet, capsule, and
- 9 solution.
- 10 Prescribers can also opt to use multiple drugs in
- 11 combinations -- that are sometimes called "cocktails" --
- 12 which give flexibility in the choice of drug agents to
- 13 treat pain and related symptoms and can mitigate the
- 14 drawbacks of individual drugs in the cocktail without
- 15 unduly sacrificing drug efficacy. For example, a lower
- 16 dose of an opioid can be used along with a non-opioid to
- 17 reduce risk while still achieving sufficient analgesic
- 18 effect. This flexibility is important in the hospital
- 19 setting as opioids are more often indicated for acute,
- 20 severe pain than many non-opioid alternatives. And while
- 21 there are some recent studies that suggest similar
- 22 analgesic effect of opioid and non-opioid drugs even for

- 1 some cases of moderate to severe pain, it is not clear that
- 2 non-opioid alternatives can or should replace opioids for
- 3 all cases of acute, severe pain.
- 4 Because of these options, our study's non-opioid
- 5 drug category includes multiple groups, such as the more
- 6 direct alternative of NSAIDs and other non-opioid pain
- 7 relievers, as well as other drugs that can be used to
- 8 partially or fully substitute for opioids when used in
- 9 combination, such as general and local anesthetics,
- 10 sedatives, and neurologic agents for nerve pain.
- We found that the ranges of WAC list prices for
- 12 opioids and their alternatives overlap. The available
- 13 choices for opioids and non-opioids that are commonly used
- 14 in hospital settings both include options that list at less
- 15 than \$1 per dose.
- 16 Specifically, for opioids there are ten commonly
- 17 used options that list at less than \$1 per dose. These
- 18 represent 31 percent of the commonly used opioids where WAC
- 19 is available in our study. The lowest list price is five
- 20 cents per dose.
- 21 For NSAIDs and other non-opioid pain relievers,
- 22 there are 27 commonly used options that list at less than

- 1 \$1 per dose, representing 47 percent of options in this
- 2 group. And the lowest list price is two cents per dose.
- 3 The commonly used drug groups of neurologic
- 4 agents, sedatives, musculoskeletal therapy agents,
- 5 ophthalmological agents, and local anesthetics all include
- 6 an option that lists at less than \$1 per dose.
- 7 We are not asserting that all of the drugs on
- 8 this list are interchangeable. When prescribers pick which
- 9 ones to use for individual patients, they should not always
- 10 pick the two-cent choice. But there is no clear indication
- 11 that Medicare's inpatient or outpatient prospective payment
- 12 system provides systematic payment incentives that promote
- 13 the use of opioid analgesics over non-opioid analgesics.
- 14 Both opioids and non-opioids are available at a range of
- 15 list prices, and there are options for either type of drug
- 16 that list at less than \$1 per dose.
- You'll see that there are some non-opioid options
- 18 that are much more expensive, but this is true for the
- 19 opioid drugs as well.
- 20 Turning now to the third item from the mandate on
- 21 monitoring, as we discussed in October, CMS tracks opioid
- 22 use through data available in the Part D program. To

- 1 briefly review, CMS monitors opioid use in Part D in
- 2 multiple ways. The three categories shown here might be
- 3 the most relevant for Part A and B.
- 4 First, the Overutilization Monitoring System
- 5 shares feedback securely with Part D plan sponsors and
- 6 ensures that they implement opioid overutilization policies
- 7 effectively.
- 8 Second, CMS uses quality measures to track trends
- 9 in opioid overuse across the Medicare Part D program and
- 10 drive performance improvement among plan sponsors. These
- 11 include publicly available display measures and
- 12 confidential patient safety reports that are sent to plan
- 13 sponsors.
- 14 And, third, CMS makes data on clinicians' opioid
- 15 prescribing patterns publicly available on the website
- 16 through the Medicare Part D opioid prescribing mapping tool
- 17 that shows comparisons at various geographic levels.
- 18 All three efforts rely on prescription drug
- 19 event, or PDE, data. These data are summary records that
- 20 prescription drug plan sponsors must submit every time an
- 21 enrollee fills a prescription under Medicare Part D. The
- 22 PDE data are not the same as individual drug claims, but

- 1 are summary extracts using CMS-defined standard fields.
- 2 The distinction is important, and I'll come back to it in a
- 3 bit. And the agency does not operate opioid tracking
- 4 programs in either Part A or Part B.
- 5 In our last discussion, the sense of the
- 6 Commission was that there are compelling patient safety and
- 7 public health reasons for Medicare to track the use of pain
- 8 drugs in hospital settings.
- 9 Reasons for undertaking a tracking program
- 10 include the severity of the opioid epidemic, the gap in
- 11 knowledge about the degree to which Medicare beneficiaries
- 12 are exposed to opioids while in the hospital, and the
- 13 opportunity for program oversight of hospitals' use of
- 14 opioids versus non-opioids.
- 15 Last time we discussed some existing programs
- 16 that might serve as alternative oversight programs in lieu
- 17 of Medicare taking on this role. Other federal agencies
- 18 besides CMS have jurisdiction over some aspects of opioid
- 19 use, such as FDA, CDC, and SAMHSA, but none has programs
- 20 that track opioid overutilization in the hospital setting.
- 21 States have also taken on a role through the use
- 22 of prescription drug monitoring programs, or PDMPs, which

- 1 are electronic databases that track a state's controlled
- 2 substance prescriptions. Along with some other features
- 3 that affect the utility of the state PDMPs, hospital
- 4 inpatient pharmacies are not required to report to them.
- 5 So that brings us to options for implementing a
- 6 Medicare tracking program.
- 7 First, we could require hospitals to report PDE-
- 8 type data. If Medicare were required to undertake an
- 9 opioid monitoring program in hospitals, structural
- 10 differences would require CMS to adapt its current program
- 11 under Part D, which relies on plan sponsors to report the
- 12 PDE data. CMS also relies on the plan sponsors to use
- 13 analytic results to implement drug management programs and
- 14 clinical contact with prescribers. While there are no drug
- 15 plan sponsors in Parts A and B, prescribing clinicians or
- 16 hospitals could be required to report summary information
- 17 (similar to the PDE) about pain management drugs.
- 18 Second, we could require hospitals to report
- 19 prescribed drugs on Part A and Part B claims, which
- 20 currently do not include information on the pain management
- 21 drugs included in bundled payments. CMS could take steps
- 22 to incorporate these data into the claims and then require

- 1 hospitals to include it. This would require decisions
- 2 about how best to proceed and would likely require a multi-
- 3 year effort to implement.
- 4 And, third, CMS could incorporate opioid use
- 5 disorder, or OUD, in its Hospital-Acquired Condition
- 6 Reduction Program or any replacement program.
- 7 Last time we discussed that the existing program
- 8 could provide a platform for tracking the effects of opioid
- 9 use that originated in hospital settings. The program
- 10 sends confidential hospital-specific reports and reduces
- 11 payments to poor-performing hospitals. It includes six
- 12 hospital-acquired condition quality measures such as rates
- 13 of C. difficile infection.
- 14 Incorporating OUD and other opioid-related
- 15 adverse events into the program would require the
- 16 development and adoption of a measure, a source of
- 17 documentation for use with the measure, (such as the PDE-
- 18 type or claims options we just discussed), a longitudinal
- 19 tracking effort to identify eventual OUD and other opioid-
- 20 related adverse events, and, finally, a mechanism to link
- 21 the outcome to the responsible hospital. Tracking of OUD
- 22 and related diagnoses could defer identification and

- 1 feedback and also underestimate the effects of opioid use
- 2 in hospital settings, as clinicians could delay or avoid
- 3 diagnosing OUD because of its associated stigma and
- 4 patients could similarly avoid receiving health care
- 5 services and diagnoses.
- I also want to note that I mentioned any
- 7 replacement program here, if the Commission has discussed
- 8 concerns with the design of the current hospital-acquired
- 9 condition reduction program, and later today you will vote
- 10 on eliminating the program and implementing aspects of it
- in an improved hospital value incentive program.
- 12 So I'll conclude here. Please let me know if you
- 13 have any questions on the presentation or material in the
- 14 paper. The paper will become the final mandated report and
- 15 included as a chapter in our upcoming March report.
- 16 DR. CHRISTIANSON: Thank you, Jennifer.
- 17 Are there any questions of clarification? Brian,
- 18 Marge, and Amy.
- 19 DR. DeBUSK: First of all, thank you for a great
- 20 report and for choking through that. I'll ask you a really
- 21 long-answer question.
- On Chart 12, the center bullet here, you talked

- 1 about requiring hospitals to report prescribed drugs on
- 2 Part A and Part B claims. Do we have a feel for what the
- 3 administrative burden of that would look like? Is that
- 4 flipping a switch on an EMR? Or is that an overhaul of how
- 5 coding and claims are handled?
- 6 MS. PODULKA: We did specifically talk to CMS
- 7 about what this would entail. They wanted to convey that
- 8 it's not instantaneous. There would need to be some
- 9 modifications. They stand ready, if asked by the Congress,
- 10 to modify. As usual, CMS responds to congressional
- 11 requests and action. So we do mention that it would
- 12 require some effort. It couldn't happen right away. It
- 13 may be months before it could be implemented. I don't have
- 14 a specific time frame for you, though.
- 15 DR. DeBUSK: Will we get a chance to talk to some
- 16 hospitals and get some feedback on just how big of an
- 17 administrative hurdle that might be?
- 18 DR. MATHEWS: Brian, I think that would depend on
- 19 the extent to which we want to pursue this body of work
- 20 after the mandate at hand. We're trying to dispatch this
- 21 to comply with the statutory deadline of March 15th. So if
- 22 there are lingering issues or additional items we want to

- 1 pursue, we could have that discussion. But the short
- 2 answer is not before we end up publishing this material.
- DR. DeBUSK: One other question. I had two here.
- 4 In the mandate, the mandate reads that we're supposed to
- 5 report, I think it is, any incentives for opioid versus
- 6 non-opioid use. And I like the fact that we focused on the
- 7 cost. I mean, that is the obvious one, the cost incentive.
- 8 But what about the effect on length of stay or on patient
- 9 satisfaction? I would think those might be incentives,
- 10 too, that we would want to explore. I realize that would
- 11 require chart review, and none of this is available
- 12 currently. I get all that. But I was going to ask, is
- 13 cost the only incentive that we're going to explore to meet
- 14 this deadline?
- DR. MATHEWS: That is the only one that we
- 16 contemplated in the conduct of the work thus far.
- DR. DeBUSK: Even though the mandate is somewhat
- 18 open-ended, any incentive versus any financial incentive.
- DR. MATHEWS: That is true, but the financial
- 20 incentives seem to be the most pressing, and to get into
- 21 things like efficacy or patient satisfaction, we start
- 22 getting into very idiosyncratic issues that do invoke chart

- 1 review and things like that.
- I would also point out that we were given a
- 3 fairly limited amount of time in which to conduct this
- 4 work. I think the final legislation was passed in October-
- 5 ish. We were given a heads-up a couple of months before
- 6 then, and so we started on this work. But it's not a lot
- 7 of time to do an extremely comprehensive scope, and so we
- 8 focused on the aspect that seemed to be of most relevance
- 9 to us and do the Congress.
- DR. DeBUSK: Okay. When I saw the chapter, the
- 11 one lingering thought or the one that really stood out was
- 12 length of stay because I thought if these opioids are
- 13 perhaps getting them out of the hospital sooner or more
- 14 confidently -- and even if we can't collect that data, that
- 15 might be something we want to mention. That it's hard to
- 16 measure.
- DR. MATHEWS: We will talk when we get back, but
- 18 I think it is something that we could at least acknowledge
- 19 as an additional incentive that we didn't deal with at
- 20 length in the analysis.
- DR. CHRISTIANSON: Marge.
- MS. MARJORIE GINSBURG: Two questions or

- 1 comments.
- 2 The first one, is there any tracking of discharge
- 3 meds? I didn't see any reference in the report, but if one
- 4 is interested in finding out how the opioid epidemic gets
- 5 started, I would imagine that looking at discharge meds
- 6 from the hospital would be an important piece.
- 7 I don't know. Are discharge meds under Part A or
- 8 Part D?
- 9 MS. PODULKA: They get switched to Part D. So
- 10 even if you take something, say, in the emergency
- 11 department, they can't send you home with something that
- 12 gets charged to Part D.
- Specifically, we're trying to scope everything
- 14 down to be responsive and meet the mandate, and the mandate
- 15 is focused on A and B, which includes the discharge meds.
- MS. MARJORIE GINSBURG: Okay.
- 17 My second comment -- and I confess my husband
- 18 works for the Medical Board of California and does review
- 19 of bad doctors, a lot of opioid cases. So I asked him to
- 20 look it over.
- 21 This may not be anything we can do because if CMS
- 22 is already doing it.

- 1 So, in the report itself on page 1, it talks
- 2 about the things that CMS is tracking, and one was
- 3 prescriptions of opioids from four or more prescribers and
- 4 four or more pharmacies. And based on a whole lot of
- 5 reviews he's done, he has never seen anybody with four or
- 6 more and thinks that should be reduced to three.
- 7 Also, it says four or more prescribers. I think
- 8 that should be changed to "practices" because often you
- 9 might have nurse practitioners working under a physician.
- 10 So you might end up with more prescribers than you actually
- 11 have practices.
- 12 Anyway, I don't know what the status is of CMS
- 13 doing this review, and I wonder if you could mention that
- 14 and whether it's too late for any comments on that.
- 15 MS. PODULKA: CMS has actually just newly rolled
- 16 out some refinements to the Part D tracking program, and I
- 17 can't remember specifically if the four was one of the ones
- 18 that changed most recently or not.
- 19 Basically, they've implemented a lot more
- 20 requirements and more tracking efforts and changed some of
- 21 the criteria. It's just gotten started, and so sometimes
- 22 when that happens, we like to see what the effect is before

- 1 we comment again.
- DR. CROSSON: Amy.
- 3 MS. BRICKER: Similar to where I thought Marge
- 4 might be going was around -- so the concern is someone has
- 5 started on an opioid -- I think this is the concern.
- 6 Someone started on an opioid in the hospital and then
- 7 maintained and then becomes addicted to the opioid they
- 8 were started on.
- 9 So I'm wondering. Is there a role that retail
- 10 pharmacy could play in tracking of the initiation of the
- 11 drug?
- 12 Again, I know you mentioned we could hook in A
- 13 and B or hospitals could hook into what's been established
- 14 in D. Then we have a complete picture of the patient and
- 15 the prescribing of the opioid. When the discharge
- 16 prescription is written, there are additional questions
- 17 about when was the patient started, what was the patient
- 18 started on, what was the patient started for. I don't
- 19 know. Just additional information.
- 20 I fear if we're trying to build an infrastructure
- 21 for every hospital in America, we'll never get there. So
- 22 can we hook into what's already established?

- 1 MS. PODULKA: So this would contemplate having --
- 2 tell me if I'm getting this wrong, though -- having a
- 3 prescriber who writes a prescription that would then be
- 4 filled under Part D to include information about what that
- 5 prescriber knows the patient did while in the hospital.
- 6 MS. BRICKER: Just an idea because --
- 7 MS. PODULKA: Yeah.
- 8 MS. BRICKER: -- everyone that has D has A and B,
- 9 so some way to then just tie this together in some sort of
- 10 historical context because where the breakdown occurs is
- 11 that you can leverage pharmacy benefit managers for all of
- 12 the Part D information in the universe, but A and B, to
- 13 your point you were making very well in the chapter, we
- 14 just don't have this level of insight on the drug level in
- 15 the hospital.
- 16 So given the health crisis, can we shift sort of
- 17 the protocol to ensure that when you're dispensing a
- 18 script, you have to get that information if it's on
- 19 discharge, for instance?
- 20 MS. PODULKA: It's something we could definitely
- 21 add a discussion and explore.
- Totally off the top of my head, I think it's

- 1 intriquing. I'm sure there might be some limitations if
- 2 the discharge is different from the team or something, but
- 3 definitely worth considering. Thank you.
- DR. GRABOWSKI: I like the idea, Amy, and another
- 5 part of this is those individuals discharged from the
- 6 hospital to a skilled nursing facility would be through a
- 7 long-term care pharmacy under the Part A. I'm just
- 8 thinking how, just in general, post-acute would play into
- 9 this, and then do you want to bring in the long-term care
- 10 pharmacies as well to be a part of this?
- 11 Thanks.
- DR. CROSSON: Jonathan.
- DR. JAFFERY: Two quick questions, but actually,
- 14 before that, also to Amy's question, maybe one way you
- 15 could think about it, without having -- well, perhaps if a
- 16 beneficiary had a first-time fill for an opioid linked very
- 17 closely to a hospitalization discharge, to a discharge, you
- 18 might be able to get around trying to link some other
- 19 things, if that makes sense.
- 20 So if somebody's first fill comes within a week
- 21 of being discharge, that might be an indication at least of
- 22 what happened at the inpatient stay.

- 1 But my questions, in terms of bullet point 2, if
- 2 we were to require hospitals to report this in Part A and
- 3 Part B, would we be missing any MA beneficiaries? That
- 4 would be one question.
- 5 MS. PODULKA: For the MA beneficiaries, we might
- 6 need to capture this information through encounter data,
- 7 which we'll be discussing later this spring --
- 8 DR. JAFFERY: Yeah.
- 9 MS. PODULKA: -- which has its own issues, but
- 10 since we're missing exact claims there, we would either
- 11 have a mechanism for the prescribers under MA to report
- 12 summary or claim-type information or report it as encounter
- 13 data to the plan to translate to Medicare.
- 14 DR. JAFFERY: Okay. So maybe a couple extra
- 15 barriers there too for that.
- 16 The other question, do all states currently have
- 17 functioning PDMPs, and if so, is there any precedent or
- 18 opportunity to tie into those?
- 19 MS. PODULKA: Forty-nine states do. One
- 20 additional state is in the process, but doesn't have a
- 21 complete one.
- 22 PDMPs do have a role to play, but right now, in

- 1 addition to some other technical limitations, the hospital
- 2 inpatient pharmacies aren't required to report to the state
- 3 PDMPs, so they're kind of facing the same blind spot that
- 4 Medicare is.
- DR. JAFFERY: I guess I'm wondering if we could
- 6 move in the direction of that be the requirement because
- 7 PDMPs seem to be functioning. At least in Wisconsin,
- 8 they're functioning, functioning pretty well.
- 9 MS. PODULKA: It could be a requirement. I'm not
- 10 sure that we're the right body to --
- DR. JAFFERY: Yeah.
- MS. PODULKA: Yeah.
- 13 DR. CROSSON: Okay. Seeing no further questions,
- 14 we'll proceed to Round 2.
- Jon is going to start us off.
- 16 DR. PERLIN: First, Jennifer, let me thank you
- 17 very much for a thoughtful response to this congressional
- 18 mandate.
- 19 It's interesting that just this week, the
- 20 National Safety Foundation identified opioid use disorder
- 21 as the number one preventable cause of death in the United
- 22 States, and that's quite a statement. That supersedes car

- 1 accidents and everything else, so obviously, this is a
- 2 crisis.
- I think the data are that too many of these late-
- 4 term consequences start with exposure to opioids in
- 5 clinical settings, including the hospital.
- 6 We also know at a very fundamental level that the
- 7 dose and duration of opioids contribute to the propensity
- 8 to later dependence.
- 9 In terms of the questions that we were asked, the
- 10 description of payment is factual, and I appreciate the
- 11 very thoughtful outline of that. I think on a financial
- 12 basis, the data that you outlined suggest that there are no
- 13 dollar incentives that drive to a particular use of one
- 14 versus the other.
- 15 But I think there are two points here worth
- 16 noting. First, I think the overwhelming evidence in
- 17 prescribing generally is that bad prescribing isn't driven
- 18 by cost sensitivity. In fact, it's just the opposite.
- 19 That the history of bad prescribing, be it overuse of
- 20 antibiotics, for example, is done with incredible
- 21 insensitivity to cost. So I think that's further evidence
- 22 that that's probably not the key component of choice there.

- I think Brian and others point, that there may be
- 2 other incentives at work, I think are particularly
- 3 important. Ironically, it may be that opioids, depending
- 4 on the circumstance, can either shorten your life, then,
- 5 and certain non-steroidals and/or other agents can shorten
- 6 your life.
- 7 I think the other issue is to really get at the
- 8 question that I think is behind the nominal question, is
- 9 how do we improve prescribing and reduce bad or avoidable
- 10 outcomes and unintended consequences.
- 11 When you factor in the unintended consequences,
- 12 some of the approaches now to avoiding opioids made
- 13 themselves have additional liabilities. First, at a sort
- 14 of social, financial level, some of them are very
- 15 expensive. They're like preparations of drugs, that
- 16 they're long-acting forms and things that are dirt cheap,
- 17 that put in a particular preparation are literally four to
- 18 five orders of magnitude more expensive. That's obviously
- 19 problematic.
- 20 Second, the substitutions of some of the
- 21 analgesics, opioids in particular, by other things that
- 22 aren't necessarily analgesics can lead to unintended

- 1 consequences. For example, some of the drugs that might be
- 2 used for nausea or a headache actually are in the category
- 3 of atypical antipsychotics and can cause lifelong
- 4 complications like Tardive dyskinesia and the like. So
- 5 these are not necessarily good outcomes either, and so
- 6 don't want to inadvertently drive other problems.
- 7 So let me just dissect a couple of pieces first,
- 8 and I'll offer some comments on each of the categories.
- 9 What about the question of requiring prescription drug
- 10 events reporting by hospitals? I would offer that the
- 11 question is what are the relevant outcomes, and do they
- 12 occur within the window of hospitalization? I think the
- 13 issue here is are you creating a situation in which there
- 14 are long-term dependence or complications that derive from
- 15 that, and so the window of insight into those events may
- 16 not necessarily be during the hospitalization, just that I
- 17 mention the dose and duration are predictors.
- 18 So I just note that that's relevant on part two,
- 19 which is require hospitals to report on prescribed drugs on
- 20 Part A and Part B claims. I would offer that is actually
- 21 going to be quite burdensome. We mentioned the limitations
- 22 for MA patients in terms of a lack of structure at the

- 1 outset.
- 2 But here's the other problem. It may not be the
- 3 best relevant data. It may neither be the best data in
- 4 terms of in-hospital data because it's inadequately
- 5 clinical, and it may be the wrong window of time because
- 6 you're really looking for the propensity to a later
- 7 liability.
- 8 Third -- and I feel a little guilty about this
- 9 one in terms of incorporate opioid use disorder into CMS's
- 10 hospital-acquired conditions program. I think in theory,
- 11 that's a great idea. I think in theory, it is because I
- 12 have to be consistent with myself. Authors Mike Schlosser,
- 13 Ravi Chari, and Jon Perlin posted a blog to Health Affairs
- 14 on considering opioid use disorder as a late-occurring
- 15 complication.
- 16 And it was really meant to spark debate about
- 17 dose and duration and alternatives to opioid therapy in
- 18 hospital, and while in the social sense, we need to be
- 19 paying attention to that in a sort of practicable time
- 20 limited sense, it's probably not operational for the
- 21 reasons I have mentioned.
- 22 So let me just dive down into a couple of other

- 1 comments in each of these areas. First, it may not be
- 2 beyond the scope to comment on achieving best prescribing
- 3 and reduction of opioids through programs that we want
- 4 hospitals to do, alternatives to opioid therapy at
- 5 emergency departments, or ALTO, as how some of these
- 6 programs are named. Enhanced surgical recovery programs
- 7 are programs that systematically reduce the need for larger
- 8 doses of opioids and can be beneficial.
- 9 In the area of incentives, I would note that
- 10 beyond the question of length of stay, which may go in
- 11 either direction on both opioid and non-opioid classes of
- 12 drugs, while the Patient Experience Survey, or HCAHPs, has
- 13 been changed from questions that really implied an absolute
- 14 elimination of pain, there are still discussions of pain.
- 15 And I think further education is needed in the provider
- 16 community because that still operates, if not an explicit,
- 17 certainly an implicit incentive toward use of maximal pain
- 18 therapy.
- 19 Second, you had noted in the chapter, which is
- 20 really so well written -- and thank you for that -- the
- 21 need for prescribing guidelines. One of the problems in
- 22 adoption of prescribing guidelines is the variation. I am

- 1 pleased to report further progress from the National
- 2 Academy of Medicine. I mentioned the Action Collaborative
- 3 that's bringing together professional and provider
- 4 organizations in both care and addiction.
- 5 But under the aegis of that and in collaboration,
- 6 the FDA is actually promulgating new prescribing guidelines
- 7 for pain management, suggests that that be identified as a
- 8 benchmark when they're published later this year for
- 9 appropriate use.
- There are incentives against the use of certain
- 11 agents that may have less opioid addiction liability.
- 12 Buprenorphine, for example, requires additional education.
- 13 Ironically, other agents that have been implicated in
- 14 addiction do not, and that may fall under the aegis of
- 15 incentives.
- 16 Finally, let me just close with some other
- 17 suggestions on how to get at the best possible data, best
- 18 outcomes. I think the thread of conversation and the round
- 19 of clarifying questions about the use of Part D for
- 20 discharge prescriptions is really a good telegraph into
- 21 whether a patient is going home with a high dose of
- 22 opioids, whether they're going home with a dose of opioids

- 1 that they didn't have prior to hospitalization. They think
- 2 that could be potentially reconciled pre- and post-
- 3 hospital, and in the context of the indications, the
- 4 patient has certain diagnoses, as particular prescription
- 5 may make more sense than some of the other diagnoses. So
- 6 think about -- toward answering Congress' inquiry, a
- 7 direction there may be of some benefit.
- 8 In terms of the events tracking, there may be
- 9 some hospital data in terms of rescue drug use for
- 10 overdoses. That's bene discussed in the clinical
- 11 literature.
- 12 We now have ubiquitous electronic record system.
- 13 I would encourage the use of the clinical systems, as the
- 14 administrative systems really don't have the sensitivity to
- 15 articulate what the context was in which particular choices
- 16 of cocktails, opioids were used. And there still is a very
- 17 appropriate role -- and the shortage of certain opioids for
- 18 surgical other procedures.
- 19 There is in the clarifying round the question
- 20 that Jonathan and others raised about the utility of the
- 21 prescription drug monitoring programs, and with the
- 22 increased requirements for e-prescribing, the ability to

- 1 ping the PDMP, even inpatient might be something that could
- 2 be encouraged. So that prescriptions aren't started if one
- 3 had indication that a particular patient was at risk for
- 4 overuse or had different sorts of opioid prescription
- 5 history.
- 6 Finally, the use of other technologies may be of
- 7 merit. The FDA has sponsored the use of the Sentinel
- 8 programs. The Sentinel has a database of the actual drugs
- 9 that are used during hospitalization. That may provide a
- 10 basis for surveillance -- I'm getting further afield --
- 11 chain of custody of all opioids. Distribute the literature
- 12 aka blockchain may be a way of tracking opioids throughout
- 13 the entire cycle.
- 14 So I hope those comments are helpful and again
- 15 commend for a terrific chapter and then back to the
- 16 question's factual response on the payments, that's there.
- 17 The incentives, probably not financial. There may be
- 18 stronger incentives related to experience, maybe some
- 19 implicit incentives related to finance and tracking.
- 20 I don't think the administrative systems offer
- 21 the best data in terms of trying to force Part B into the
- 22 hospital, but the post-hospitalization Part D may offer the

- 1 highest utility.
- 2 Thanks so much.
- 3 DR. CROSSON: Thank you, Jon. Very
- 4 comprehensive. I was particularly impressed with your
- 5 ability to debate with yourself, and win.
- 6 Further comments for Jennifer? I see Jonathan,
- 7 Amy.
- 8 Jonathan.
- 9 DR. JAFFERY: All right. I hadn't raised my
- 10 hand.
- 11 DR. CROSSON: Oh. Not your hand. Was that
- 12 Kathy's hand?
- MS. BUTO: It was.
- DR. JAFFERY: Go ahead.
- 15 MS. BUTO: It was my hand but I was disguised as
- 16 Jonathan.
- DR. CROSSON: You just snuck it up under his
- 18 shoulder or what?
- MS. BUTO: Sorry about that.
- 20 So I really want to just endorse a lot of what
- 21 Jon was saying about prescribing guidelines and using not
- 22 financial incentives so much or data requirements to try to

- 1 get at the issue of really the long-term dependency on
- 2 opioids by patients post hospital discharge. I think using
- 3 Part D as a way to track those prescriptions longer term
- 4 would be a good way to go at it without adding new
- 5 requirements.
- 6 I'm also wondering -- and this is really out of
- 7 ignorance -- whether we can look at either MA or MA and
- 8 ACOs, which are intended to try to manage or coordinate
- 9 care across the continuum as a way to get at some of the
- 10 data on opioids and use of prescribing guidelines, and find
- 11 a way to provide incentives within that structure. And
- 12 this may not be the only issue. But I realize that the
- 13 argument against that is you don't want to develop too many
- 14 sort of site-specific or entity-specific requirements that
- 15 then take you far afield from making comparable assessments
- 16 across fee-for-service and managed care.
- But I just feel like that we ought to be, in
- 18 those entities, able to track more of this kind of issue,
- 19 which is longer-term dependency on opioids and other issues
- 20 that cut across provider settings.
- DR. CROSSON: Thank you, Kathy. Amy.
- 22 DR. BRICKER: I'm going to go a little bit of a

- 1 different angle for just a moment. So I was thinking about
- 2 a couple of things. One, my own personal experience and,
- 3 one, just the crisis that this country is in relative to
- 4 opioid misuse.
- 5 There is never a conversation in the hospital
- 6 about your care plan relative to pain management, from my
- 7 experience. I've had surgery. I've had children. No one
- 8 has ever said to me, "We're going to discharge you. You're
- 9 going to be in the recovery room on morphine." There's
- 10 never been that explicit sort of explanation of the drugs
- 11 that are going to be administered.
- 12 Why I think this is important is within the
- 13 number of people that will likely enter our health system,
- 14 our hospitals, our ERs, that have struggled with opioid
- 15 addiction, who absolutely fear being reintroduced to an
- 16 opioid, it's incredible.
- So is there a way for us to require the screening
- 18 of, have you ever, you know, had an opioid-related
- 19 addiction or have you ever sought treatment for, or some
- 20 sort of screening? We put on the walls of hospital beds
- 21 "this is a fall-risk," right, so take care. We don't say
- 22 "this patient has struggled with an opioid so don't give

- 1 them one, " or this patient doesn't ever want one if we can,
- 2 at all costs, not give them one, you know, all other
- 3 treatment options should be sought.
- 4 So maybe it's not practical, but I think we've
- 5 got to figure out a way to support people that are coming
- 6 out of recovery, and when they're at the hospital thinking
- 7 that they're getting the best care that's available to them
- 8 it not be price, it not be cost, but it be about the health
- 9 and well-being of that patient and us ensuring that we're
- 10 doing the best that we can by them.
- DR. CROSSON: It's interesting because, actually,
- 12 I thought where you were going to go was requiring informed
- 13 consent, which, of course, is done for procedures.
- 14 DR. BRICKER: Similar. I think that's exactly
- 15 what I'm suggesting.
- DR. CROSSON: Jon has a comment.
- DR. PERLIN: Yeah, just briefly on this point.
- 18 Great comments, Amy. In that legislation, if I'm not
- 19 mistaken, it includes a requirement, at least annually,
- 20 Medicare beneficiaries be screened for opioid use disorder.
- 21 My only qualm with that screening is that it should be
- 22 broadly for any substance use disorder. Putting that

- 1 aside, I think your thoughts are really well taken about a
- 2 care plan discussion.
- 3 DR. CROSSON: Okay. Did I see anybody else?
- 4 Now -- yes, Karen.
- DR. DeSALVO: I'm sorry. I was trying to find
- 6 that there was some legislation based on a death that
- 7 happened just in that circumstance, a woman named Jessica
- 8 Grubb, who had an addiction disorder, and when she was
- 9 admitted they failed to ask and she subsequently died.
- 10 So I just want to relate also to the demand side
- 11 of the equation. I want to add on to what Amy is saying,
- 12 because I think, first, as we've described, it's a very
- 13 complex scenario in the hospital setting about whether
- 14 someone gets prescribed and then actually takes opioids for
- 15 pain, and that may happen sometimes in the middle of the
- 16 night without a lot of forethought because somebody is
- 17 awake and you want them to sleep, et cetera. So many
- 18 hospitals are taking matters into their own hands and
- 19 they're leveraging their pharmacies as the gatekeeper to
- 20 it. And I don't know if there's an opportunity, Jennifer,
- 21 for pharmacy data to inform some of this, if it's so
- 22 outside of the sphere. But that's a way that they're

- 1 trying to track not just prescribing but actual
- 2 administration of drugs to folks.
- 3 So the demand side may be something to consider
- 4 if there's still time, before we send the report to
- 5 Congress, which is are there ways that the Medicare program
- 6 could better inform beneficiaries at the time -- required
- 7 at the time of admission to the hospital, during
- 8 hospitalization, on discharge, at the time of enrollment in
- 9 Medicare, just to increase awareness that there are
- 10 multiple ways to manage pain, that there's good science
- 11 around addition, even short-term treatment with opioids can
- 12 lead to addiction, because that education would probably
- 13 help empower them even further than they've already been.
- 14 DR. CROSSON: Thank you, Karen. Bruce.
- 15 MR. PYENSON: I think this is a fascinating topic
- 16 and this group is so smart and interested, but I'm worried
- 17 about whether this is best venue or whether MedPAC has the
- 18 means to contribute to this beyond the many other federal
- 19 organizations and private organizations that are addressing
- 20 the topic.
- 21 So I just have a concern about that. As we go
- 22 forward, we had a fairly specific charter to address on

- 1 payment issues, and wonderful discussion but I'm
- 2 uncomfortable going too far out without having a full view
- 3 of what the CDC is doing, or what other organizations are
- 4 doing on this issue, with some of the topics.
- DR. CROSSON: So, Bruce, that's a good point, and
- 6 just let me sort of be clear. Given the specificity of the
- 7 mandate, as you point out, and also the time frame to get
- 8 this report done, we have stopped short of, and will stop
- 9 short of trying to adjudicate, you know, what's the best
- 10 solution, you know, to the tracking or even interdiction of
- 11 inappropriate use in the hospital. But I think it is
- 12 within the mandate, and it is the intention, given the time
- 13 frame that we have, to mention ideas that have come up
- 14 through the staff or that have come up through the
- 15 Commission discussion. And I think that's the intent.
- 16 MS. MARJORIE GINSBURG: Is the point you're
- 17 making, Bruce, is we can present ideas but we don't want to
- 18 own it? Or is this report going to make any reference to
- 19 what our future role might or might not be?
- 20 DR. CROSSON: At the moment, no. We're
- 21 fulfilling a mandate right now. That doesn't mean that
- 22 based on other internal or external pressures that we might

- 1 not come back to this issue. But this is circumscribed at
- 2 the moment.
- Okay. Thank you. It was a very good discussion,
- 4 Jennifer. Thank you for this work. Very important stuff.
- 5 We are now finished with this morning's
- 6 discussion. We now have an opportunity for a public
- 7 comment period. If there are any of our guests who wish to
- 8 make a public comment please come up to the microphone,
- 9 line up, and I'll give you an opportunity in a second. I
- 10 just want to see who is there.
- 11 [Pause.]
- DR. CROSSON: So this is an opportunity to make a
- 13 public comment on matters before the Commission this
- 14 morning. We would remind you that there are other
- 15 opportunities to interface with MedPAC staff, both online
- 16 and in person.
- 17 As you come to the microphone please identify
- 18 yourself and any organization that you're affiliated with,
- 19 and we would ask you to limit your remarks to two minutes.
- 20 When this light returns, the two minutes will have expired.
- 21 Thank you.
- 22 MR. BLACKMAN: Good morning. Test. Good

- 1 morning. My name is Scott Blackman. I'm an associate of
- 2 Jerry Stringham at Medical Technology Partners, a Bethesda,
- 3 Maryland, consulting firm.
- 4 There is a problem with the benefit design in
- 5 federal programs. Some opioid pain mitigation technologies
- 6 have no benefit category where they can be reimbursed by
- 7 government insurers. An example of this flaw in the system
- 8 is noninvasive vagus nerve stimulators. The Pain
- 9 Management Best Practices Interagency Task Force, which was
- 10 required to be formed by CARA, indicated in their draft
- 11 report that, quote, "There are now multiple Level 1 studies
- 12 and multiple Level 2 studies demonstrating that noninvasive
- 13 vagus nerve stimulation can be effective in ameliorating
- 14 pain in various types of cluster headaches and migraines.
- 15 These therapies provide an electric field to the brain,
- 16 cranial nerves, or peripheral nerves without actually
- 17 requiring a surgical procedure or implant."
- 18 Unfortunately, noninvasive neuromodulation
- 19 technologies, which are self-administered, do not meet any
- 20 current benefit category definitions, including medical,
- 21 drug, or DME.
- We would like MedPAC to propose a minor change in

- 1 the definition of a Part D drug so that non-opioid
- 2 technologies like this could be covered for patients under
- 3 government programs, should the program administrators deem
- 4 that they meet the reasonable and necessary criteria for
- 5 coverage. Without some legislative change, there is no
- 6 pathway for coverage for technologies like this, and
- 7 opioids will be prescribed for many of these patients.
- 8 I have some legally prepared draft legislation
- 9 and would ask MedPAC to recommend its enactment.
- 10 Thank you.
- DR. CROSSON: Thank you for your comment.
- 12 MS. DORSEY: Good morning. DeChone Dorsey and
- 13 I'm representing AvaMed, a medical device association. And
- 14 I wanted to raise for the Commission one of the concerns we
- 15 have related to opioid alternative device payments, namely
- 16 something that wasn't brought out in today's discussion
- 17 related to language in Section 6082 of the support bill,
- 18 where it speaks to non-opioid alternatives which, to our
- 19 understanding, could also include devices.
- 20 So we support consideration of payment and
- 21 coverage policies that reduce bias in selecting the devices
- 22 used to treat chronic and acute pain. In some cases, this

- 1 may mean paying separately for opioid alternative
- 2 technologies and in others it may mean simply paying more
- 3 to address inadequate payments.
- While these changes are important, we would ask
- 5 the Commission and others to consider payment revisions
- 6 that do not force patients to choose between a potentially
- 7 addictive opioid and a non-opioid alternative device due to
- 8 financial concerns, by promulgating policies that maintain
- 9 the same copay for both types of treatments.
- 10 Thank you.
- DR. CROSSON: Thank you for your comment.
- 12 MR. INGOGLIA: Hi. Good morning. My name is
- 13 Chuck Ingoglia. I'm the Executive Director of the
- 14 Partnership for Part D Access. And I'd like to talk a
- 15 little bit this morning about an issue that the Commission
- 16 has discussed before, mainly Medicare's six protected
- 17 classes. And this issue is especially relevant today as
- 18 the Commission, in 2016, made recommendations on the
- 19 protected classes that have been incorporated into a
- 20 proposed rule that was recently released by CMS.
- 21 Our partnership represents patients from all over
- 22 the six relevant classes, and we've been curious to --

- 1 there's been a lot of discussion that the six protected
- 2 classes prevent management of the drugs within these
- 3 classes, and so we commissioned Avalere to take a look at
- 4 this. And despite the statutory requirements that all
- 5 drugs in the protected classes be covered, the analysis
- 6 conducted by Avalere, based on 2016 Part D claims data,
- 7 showed that, on average, just 67 percent of available drugs
- 8 from protected classes are actually being covered, and just
- 9 60 percent of brand drugs.
- 10 Also, contrary to the notion that plans are
- 11 limited in their ability to manage utilization, the data
- 12 shows that plans consistently use prior authorization, step
- 13 therapy, and tiering to encourage the use of lower-cost
- 14 drugs. In fact, Avalere found that 39 percent of
- 15 medications in the protected classes are subject to some
- 16 form of medication management, and the data also show that
- 17 91 percent of prescriptions filled within the Part D
- 18 program are for generic products.
- 19 We believe the data compiled by Avalere calls
- 20 into the question the MedPAC recommendations to eliminate
- 21 coverage for certain classes of medications within the
- 22 protected classes, as well as the administration's recently

Τ	proposed change to the policy.
2	On behalf of the patient communities who rely on
3	the protected class policies, we ask you to consider this
4	data and to rescind your previous recommendation.
5	Thank you.
6	DR. CROSSON: Thank you for your comment. Seeing
7	no further guests at the microphone we are adjourned until
8	1:15.
9	[Whereupon, at 11:54 a.m., the meeting was
10	recessed, to reconvene at 1:15 p.m. this same day.]
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## 1 AFTERNOON SESSION

- [1:15 p.m.]
- 3 DR. CROSSON: Okay. I think we can sit down and
- 4 get going now. For the benefit of our guests, this is the
- 5 portion of our meeting in January, actually it is the
- 6 portion of our year where the Commission votes on
- 7 recommendations primarily to the Congress for updates to
- 8 various portions of the Medicare provider world for fiscal
- 9 year 2020.
- 10 For those of you who were not present at our
- 11 December meeting or have been here before, we will have two
- 12 sorts of presentations and votes based upon the December
- 13 discussion to the extent that the draft recommendation that
- 14 was presented at that time was broadly accepted by the
- 15 Commission. We'll have short presentations and proceed
- 16 without debate to vote.
- 17 In the case where the Commissioners had a
- 18 prolonged discussion and in many cases asked for more
- 19 information to be presented, the presentation will be
- 20 longer. There will be a discussion and then the vote
- 21 following that.
- So we're going to proceed with the first

- 1 presentation, which is on the update to hospital inpatient
- 2 and outpatient payments, as well as a discussion about a
- 3 way of rewarding hospital performance. And Stephanie,
- 4 Ledia, and Jeff are here, and Stephanie has got that look
- 5 in her eye like she's going to start.
- 6 MS. CAMERON: Good afternoon. We are back today
- 7 to continue our discussion of the adequacy of Medicare
- 8 payments to short-term acute-care hospitals and review our
- 9 work in redesigning Medicare's hospital quality incentive
- 10 programs. We will provide you with a draft recommendation
- 11 for hospital quality reporting and updating the hospital
- 12 payment rates for 2020.
- To start with our assessment of hospital payment
- 14 adequacy, as you'll recall, using MedPAC's common framework
- 15 we examine beneficiaries' access to care, providers' access
- 16 to capital, and the quality of care provided in hospitals.
- 17 We also examine hospital payments and costs, including
- 18 Medicare and efficient provider margins for 2017, and we
- 19 project an aggregate Medicare margin for 2019.
- 20 As we discussed in December and included in your
- 21 mailing materials, the draft update recommendation would
- 22 affect about \$190 billion in Medicare fee-for-service

- 1 spending. This includes \$118.6 billion in inpatient
- 2 payments and about \$65.5 billion in outpatient payments.
- 3 Forty-seven hundred hospitals account for about 10 million
- 4 inpatient admissions and about 2 million outpatient visits.
- 5 To summarize our payment adequacy findings that
- 6 we provided in detail last month and also, again, included
- 7 in your mailing materials, access to care is good. Use has
- 8 increased since 2016, and there is excess hospital capacity
- 9 in aggregate.
- 10 Access to capital remains strong with close to
- 11 record-high all-payer margins and high levels of bond
- 12 issuance.
- 13 At the same time, quality metrics are improving,
- 14 with mortality rates declining and patient experience
- 15 improving.
- 16 Medicare margins were negative 9.9 percent in
- 17 2017, and if current law holds, we would expect slightly
- 18 more negative Medicare margins in 2019 compared with 2017,
- 19 even for the relatively efficient providers.
- 20 Based on the payment adequacy analysis, the draft
- 21 recommendation seeks to balance several imperatives. This
- 22 includes: maintaining pressure on providers to constrain

- 1 costs to improve long-term program sustainability,
- 2 minimizing differences in payment rates across sites of
- 3 care consistent with our site-neutral work, moving Medicare
- 4 payments toward the cost of efficiently providing high-
- 5 quality care, and rewarding high-performing hospitals.
- 6 Clearly there are tensions between these objectives that
- 7 require a careful balance in the draft recommendation.
- 8 The draft recommendation thus includes two parts:
- 9 first, providing acute-care hospitals with a substantial
- 10 payment update, relative to prior years; and, second,
- 11 provide additional funds to hospitals for their performance
- 12 under the hospital value incentive program which Ledia will
- 13 now discuss.
- 14 MS. TABOR: The Commission contends that Medicare
- 15 payments should not be made without considering the quality
- 16 of care delivered to beneficiaries and has recently
- 17 formalized a set of principles for quality measurement in
- 18 the Medicare program.
- 19 Based on these principles, in our June 2018
- 20 report to the Congress we examined the potential to create
- 21 a single outcomes-focused, quality-based payment program
- 22 for hospitals -- that is, the hospital value incentive

- 1 program, or HVIP. The HVIP links payment to quality of
- 2 care to reward hospitals for providing high-quality care to
- 3 beneficiaries.
- 4 Last month, the Commission discussed recommending
- 5 to the Congress to implement the HVIP with increased
- 6 payments from the difference between the Commission's
- 7 update recommendation for acute-care hospitals and the
- 8 amount specified in current law. This approach rewards
- 9 hospitals providing higher-quality care, as opposed to all
- 10 hospitals.
- The HVIP design and modeling I'll review today
- 12 includes the enhanced HVIP payments that are part of the
- 13 draft recommendation you'll review at the end of the
- 14 presentation.
- 15 Over the past cycle and a half, the Commission
- 16 has overall supported the HVIP and asked that we continue
- 17 to move forward with a recommendation to the Congress. As
- 18 some of the Commissioners have described, the devil will be
- 19 in the details of how policymakers implement the HVIP, but
- 20 in general, the HVIP should align with the Commission's
- 21 principles for quality measurement.
- 22 As illustrated on the left-hand side of the

- 1 slide, the HVIP would combine the current HRRP, VBP, and
- 2 HACRP into one program, and eliminate the IQRP which is an
- 3 obsolete pay-for-reporting program. Two of these programs
- 4 reduce hospital payments for poor performance with design
- 5 elements that do not align with the Commission's
- 6 principles. Removing these two programs would increase
- 7 payments to hospitals by about a billion dollars in
- 8 aggregate. Instead, the new and improved payment program
- 9 would increase or decrease hospital payments using the
- 10 design elements described on the right-hand side of the
- 11 slide.
- 12 The HVIP would incorporate population-based
- 13 outcome, patient experience and value measures. We modeled
- 14 the HVIP using five existing, all-condition quality measure
- 15 domains: readmissions, mortality, spending, patient
- 16 experience, and hospital-acquired conditions (or infection
- 17 rates).
- 18 Per the Commission's principles, the HVIP would
- 19 translate quality measure performance to payment using
- 20 clear, prospectively set performance standards. The HVIP
- 21 also accounts for differences in provider populations
- 22 through peer grouping.

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- 1 Similar to the current VBP, the HVIP would
- 2 redistribute a pool of dollars to hospitals based on their
- 3 performance.
- 4 I'll briefly review the scoring methodology we
- 5 used to model the HVIP, starting with how measure
- 6 performance is converted to HVIP points.
- 7 One of the Commission's principles is that
- 8 Medicare quality programs should reward providers based on
- 9 clear and prospectively set performance targets. So
- 10 hospitals will know ahead of time what performance they
- 11 need to achieve on each measure to receive HVIP points and
- 12 payments.
- In our HVIP modeling, hospitals earn points for
- 14 their performance on quality metrics based on a continuous
- 15 scale, starting at zero points and up to ten points.
- 16 Medicare can define the performance scale using
- 17 different methods. For our modeling we set the scale along
- 18 a broad distribution of historical data so that most
- 19 entities have the opportunity to earn credit for their
- 20 performance. A hospital's total HVIP score is the average
- 21 of all of its points across the five measure domains.
- 22 We accounted for differences in the social risk

- 1 factors of different hospital patient populations through
- 2 peer grouping as opposed to adjusting measure results
- 3 because adjusting measure results can mask disparities in
- 4 clinical performances.
- In peer grouping, to convert HVIP points to
- 6 payment adjustments, we use the same performance-to-points
- 7 scale across all groups, but each peer group has its own
- 8 pool of dollars and has its own multiplier, which is the
- 9 "percentage adjustment to payment per HVIP point." Like
- 10 the performance-to-points scale from the previous slide,
- 11 each peer group's payment multiplier is prospectively set
- 12 and known by hospitals.
- We modeled the HVIP where quality-based payments
- 14 are distributed to hospitals within ten peer groups. Each
- 15 peer group has about the same number of hospitals, and
- 16 those hospitals have about the same share of Medicare
- 17 patients that are fully dual-eligible beneficiaries.
- 18 In our model, the hospitals in the group serving
- 19 more dual-eligible beneficiaries have a larger percentage
- 20 increase in payments per HVIP point, so those hospitals
- 21 receive a larger adjustment to their points for higher
- 22 performance.

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- 1 Each peer group has an enhanced pool of dollars
- 2 which is distributed to hospitals within the peer group
- 3 based on the HVIP points each hospital earns.
- 4 The pool of dollars will be made up of two
- 5 sources. First, the HVIP would be built on a withhold
- 6 amount from each of the hospitals in the peer group. The
- 7 VBP currently uses a 2 percent total base payment withhold,
- 8 but the Commission has also discussed transitioning or
- 9 beginning with a 5 percent withhold amount.
- The second source for the pool of dollars is part
- 11 of the current law payment update. For modeling the HVIP,
- 12 we assumed that 0.8 percent of the total hospital payment
- 13 update, which applies to both inpatient and outpatient,
- 14 would be added to the HVIP pool. This 0.8 percent roughly
- 15 translates to a little more than 1 percent of inpatient
- 16 spending.
- So for the chapter, we modeled hospital
- 18 performance using a pool of dollars based on a 2 percent
- 19 withhold and 1 percent of total base inpatient spending (or
- 20 a 3 percent pool), as well as a 5 percent withhold and 1
- 21 percent of total base spending (or a 6 percent pool).
- Using either a 3 percent or 6 percent pool of

- 1 dollars in our modeling, the vast majority of hospitals
- 2 would receive more than their withhold because the pool of
- 3 dollars is enhanced by a portion of the hospital payment
- 4 update. Also, our HVIP modeling scores hospitals using a
- 5 continuous performance-to-points scale based on almost the
- 6 entire distribution of performance, so each hospital has
- 7 the potential to earn some points and be rewarded.
- 8 Policymakers can define the HVIP performance scale using
- 9 different methods, for example, around a desired value,
- 10 which can change the distribution of hospitals being
- 11 rewarded.
- 12 Compared with the existing programs, the HVIP we
- 13 modeled enhances payment adjustments for hospitals serving
- 14 more fully dual-eligible beneficiaries. Also, relatively
- 15 efficient providers receive more of a reward from the HVIP
- 16 compared with other hospitals.
- So, in summary, consistent with the Commission's
- 18 principles, the HVIP links payment to quality of care to
- 19 reward providers for offering high-quality care. It also
- 20 rewards hospitals that efficiently deliver higher-quality
- 21 care.
- The HVIP is simpler than the current four

- 1 overlapping programs. It uses a small set of population-
- 2 based outcome, patient experience, and value measures that
- 3 encourage providers to collaborate across the delivery
- 4 system.
- 5 Finally, the HVIP reduces the differences in
- 6 payment adjustments between groups of providers serving
- 7 populations with different social risk factors.
- 8 I'll now turn it back to Stephanie to discuss the
- 9 recommendation.
- 10 MS. CAMERON: Beneficiaries maintained good
- 11 access to care and providers continued to have strong
- 12 access to capital, while quality improvement continued,
- 13 despite negative Medicare margins for most providers.
- 14 Given this, the draft recommendation provides the following
- 15 program improvements.
- 16 First, the HVIP eliminates the complexity of
- 17 overlapping program requirements, focuses on outcomes, and
- 18 promotes coordination of care.
- 19 Second, the program accounts for differences in
- 20 the social risk of hospitals' patient population through
- 21 peer grouping.
- 22 Third, because the current readmissions and

- 1 hospital-acquired infection programs are eliminated,
- 2 hospital payments would increase and payments to relatively
- 3 efficient providers would also increase.
- 4 And, fourth, the update recommendation balances
- 5 the need to maintain access to care while maintaining
- 6 fiscal pressure on hospitals to control their costs, with
- 7 the expectation that margins will begin to increase over
- 8 time.
- 9 With that, the draft recommendation reads:
- 10 Congress should replace Medicare's current
- 11 hospital quality programs with a new hospital value
- 12 incentive program (HVIP) that:
- 13 Includes a small set of population-based outcome,
- 14 patient experience, and value measures;
- 15 Scores all hospitals based on the same absolute
- 16 and prospectively set performance targets;
- 17 Accounts for differences in patient's social risk
- 18 factors by distributing payment adjustments through peer
- 19 grouping;
- 20 And, for 2020, update the 2019 base payment rate
- 21 for acute-care hospitals by 2 percent.
- The difference between the update recommendation

- 1 and the amount specified in current law should be used to
- 2 increase payments in a new HVIP.
- 3 The recommended update of 2 percent with an
- 4 increase in quality incentive payments would result in
- 5 total hospital payments that are equal to current law.
- 6 However, eliminating the current readmissions and hospital-
- 7 acquired conditions programs would remove penalties from
- 8 hospital payment rates and thus increase spending by
- 9 between \$750 million and \$2 billion in 2020 and by between
- 10 \$5 to \$10 billion over five years.
- 11 We expect the recommendation to reduce providers'
- 12 burden and, relative to current law, makes adjustments more
- 13 equitable among hospitals that serve populations with
- 14 different social risk factors.
- To provide context for the draft recommendation,
- 16 the left-hand column of the slide reflects current law. As
- 17 you can see, the estimated update for inpatient and
- 18 outpatient rates for 2020 would be 2.8 percent if the
- 19 current estimates of the market basket and productivity
- 20 remain at the current estimated levels. Note that the 2020
- 21 current law update is expected to be the highest in a
- 22 decade as this is the first year since 2010 that hospitals

- 1 have not received an additional downward adjustment to the
- 2 update factor, as specified in law. The right-hand side of
- 3 this slide reflects the draft recommendation where the
- 4 update would be 2 percent, then an additional 0.8 percent
- 5 from the HVIP, and an addition 0.5 percent from the
- 6 elimination of the current readmissions and hospital-
- 7 acquired condition program. This results in an increase in
- 8 the Medicare payment rates to hospitals of 3.3 percent for
- 9 fiscal year 2020.
- 10 And with that, I turn it back to Jay.
- DR. CROSSON: Thank you. Stephanie, good work.
- 12 Long time coming. I thank Ledia and Jeff as well.
- We're now open for clarifying questions. Paul.
- 14 DR. PAUL GINSBURG: You know, given that you have
- 15 a precise estimate there of what the draft recommendation
- 16 will do as far as payment rates, how does that reconcile
- 17 with the range between 750 million and 2 billion in the
- 18 additional payments to hospitals? Or what's the basis of
- 19 that range?
- 20 MS. CAMERON: So the basis of that range comes
- 21 from the elimination of the current quality penalty
- 22 programs. We send our recommendations to the Congressional

- 1 Budget Office, and they provide us with those buckets. We
- 2 estimated kind of, you know, the fee-for-service effect to
- 3 be close to \$1 billion, but that is the range that we were
- 4 provided with. And that comes from the 0.5 percent.
- 5 MS. TABOR: I'd say there is a range because the
- 6 HAC reduction program takes away 1 percent from the lowest-
- 7 performing quarter of hospitals. So it depends what that 1
- 8 percent like what group of hospitals are actually taking
- 9 from, and that's true for the readmissions program, too,
- 10 which takes 3 percent from lowest-performing hospitals. So
- 11 which hospitals are which could vary by year.
- 12 DR. CROSSON: Is everybody clear on that? There
- 13 are standard ranges that we use, so if the number roughly
- 14 falls into a standard range, we use the standard range.
- 15 Okay. Other clarifying questions? Warner.
- 16 MR. THOMAS: Just two quick questions, and, once
- 17 again, I apologize. I missed the presentation you did last
- 18 month.
- 19 First of all, in the materials that were
- 20 provided, there's still a 0.5 percent productivity
- 21 reduction. Is that correct?
- 22 MS. CAMERON: Yes. That's the current estimate.

- 1 That could change as the proposed and final rules for
- 2 fiscal year 2020 come out. CMS uses the most recent
- 3 estimates at that time. Today the most recent estimate is
- 4 that 0.5.
- 5 MR. THOMAS: Was there any thought given to
- 6 proposing to reduce that or eliminate it given the
- 7 continued trend you see in the efficient hospital and total
- 8 inpatient margin?
- 9 DR. STENSLAND: Current law has the productivity
- 10 adjustment, but our recommendations for several years
- 11 haven't had a productivity adjustment. We have just said
- 12 the update should be X, and I think the discussion last
- 13 December was saying, given where we're at with all these
- 14 indicators, we should have a bigger increase in payments in
- 15 aggregate than the current law of 2.8. And that's how we
- 16 got down to this 3.3 percent increase in payments, which
- 17 is, you know, much bigger than anything that's happened in
- 18 recent years.
- 19 DR. CROSSON: So, in effect, Warner, what was
- 20 done is what you asked. What we have is what you asked.
- 21 MR. THOMAS: Yeah. I mean, I quess by
- 22 eliminating the current penalties, but did you think about

- 1 or do you know how many entities or organizations would be
- 2 impacted? I mean, some do not have the deducts on
- 3 readmission and whatnot, and you would think there would
- 4 probably be efficient hospitals that you reference. So
- 5 they wouldn't necessarily get a pickup with the elimination
- of those programs, or would they? I mean, I'm making
- 7 assumptions.
- 8 DR. STENSLAND: If you don't have any quality
- 9 penalties against you now, you will not get a pickup when
- 10 those are eliminated, but you will benefit from the HVIP
- 11 because we're putting new money into HVIP.
- MR. THOMAS: The 0.8.
- DR. STENSLAND: The 0.8 plus the up to 5 percent
- 14 in the HVIP. So you could have 5.8 percent in the HVIP,
- 15 which would then be redistributed, and those that do well
- 16 no quality would get a disproportionate share of those
- 17 dollars because the HVIP is a pool of money where you take
- 18 a little bit from everybody and you distribute to the good
- 19 performers.
- 20 MR. THOMAS: Through that withhold?
- DR. STENSLAND: Yes.
- 22 So the good performers are going to do better

- 1 under the HVIP.
- DR. MATHEWS: The withhold and the 0.8.
- 3 DR. CROSSON: Brian.
- 4 DR. DeBUSK: Thank you for a really well-written
- 5 chapter and a great presentation as well.
- I was going to ask about page 35 of the reading
- 7 materials. You cited some studies about this notion that
- 8 creating fiscal pressure constrains costs, and I noticed
- 9 you had a number of studies that you cited, some of them as
- 10 recently as 2017. It made a really compelling argument.
- 11 I've heard this, the cost shift argument versus the fiscal
- 12 constraint argument. It made a really compelling argument
- 13 for the fiscal constraint argument and seemed to debunk the
- 14 cost-shifting argument.
- 15 Is there a similar body of literature out there?
- 16 I mean, if we wanted to make the opposite argument, are
- 17 there a set of articles we could use that are sort of in
- 18 the equal and opposite direction here, or is this being
- 19 presented to us as largely settled research now? That the
- 20 fiscal constraint argument has won out over the cost-
- 21 shifting argument?
- 22 DR. STENSLAND: There was one recent cost-shift

- 1 paper -- and I can't remember -- that came out recently
- 2 arguing that there was some cost shift.
- 3 But for a long time, most of the economics
- 4 literature has suggested that there isn't a cost-shift
- 5 effect. Most of the economics literature has said that
- 6 basically it kind of comes down to the providers would
- 7 rather have the money go to them than stay with the
- 8 insurance company, and so if they can get a higher rate,
- 9 they generally will like that.
- DR. DeBUSK: So it's largely settled research
- 11 now, at least in the opinion of this Commission?
- 12 DR. STENSLAND: I think so. You can ask
- 13 everybody else around the table. I don't know if everybody
- 14 would agree, but I think at least the literature is kind of
- 15 going in that way. Maybe David would have comments on that
- 16 too.
- DR. GRABOWSKI: I agree with Jeff here that most
- 18 of the economic research on this topic is sort of debunked,
- 19 but cost-shifting stories, I'm not a big believer in that.
- 20 I know Jon sort of touched on this as well earlier.
- DR. DeBUSK: Okay, great.
- Then the second question I had, these relatively

- 1 efficient hospitals -- and I think David actually mentioned
- 2 this in our last public meeting, we set up a screener that
- 3 includes things like cost, and then on the next page, on
- 4 page 38, we report, lo and behold, these efficient
- 5 hospitals have lower costs. Well, they were screened on
- 6 having lower costs. It's a circular reference.
- 7 I was sort of critical of that. David, I think
- 8 you were the one who mentioned that in the last public
- 9 meeting.
- 10 When I got my reading materials, I was playing
- 11 with something. If you look at your screener and you just
- 12 assume by random chance, these 2,151 hospitals are going to
- 13 fall in a spectrum.
- 14 Statistically speaking, 476 of them should
- 15 qualify, if these were just random variables based on your
- 16 screen, and in practice, we only get, I want to say, 291
- 17 that qualify.
- 18 I'm really warming up to the screener. I mean, I
- 19 really like what you're doing here, but I think in future
- 20 work -- I'm thinking through. Have we looked at the
- 21 deviation from the statistical expectations of what we
- 22 should see from this group?

- 1 For example, if we said, well, we screened on
- 2 cost, we would expect them to be 8 percent lower, and
- 3 they're not 8 percent lower. They're 13 percent lower.
- 4 Have we looked at the statistics around the bias that we've
- 5 introduced into our screener?
- 6 Perhaps the longest Round 1 question ever. Sorry
- 7 about that.
- 8 DR. STENSLAND: Not recently.
- 9 We could do something like that. It would be
- 10 somewhat complicated because the screener says you can't be
- 11 bad on any of these things in any of the prior three years.
- 12 What we do that's differently from a lot of the
- 13 other analysis you'll see that will come out in kind of the
- 14 more popular press and they'll say these are the best
- 15 hospitals or the most efficient hospitals -- and they'll
- 16 look for the hospitals in 2018, which they say are the most
- 17 efficient. They'll look at 2018 costs and say these are
- 18 the most efficient hospitals.
- 19 That's not what we do. We say, well, let's look
- 20 at who looks good from '14 to '16, and if they looked good
- 21 in '14 to '16, we'll call them the efficient group. And
- 22 then we'll look at their 2017 costs. So the costs that

- 1 we're judging them on are from a year that are different
- 2 from the costs that we screen them on in order to avoid
- 3 them getting into the good group just by random variation.
- 4 So if they were in that good group just by random
- 5 variation and there wasn't any serial correlation, you
- 6 would expect them in the next year not to be anything
- 7 different from the average, but that's not what we find.
- 8 So the whole idea is to screen on one set of years and then
- 9 look at the performance in a different set of years that's
- 10 separate.
- DR. DeBUSK: So is this a relatively stable group
- 12 of 291 hospitals, then? Do the members change that much
- 13 from year to year?
- 14 DR. STENSLAND: I would call it relatively
- 15 stable, but there are definitely people that are going to
- 16 go in and out because you only need one bad year to go out.
- So if you're a hospital and you close a wing one
- 18 year and so you write off all that expense for that wing,
- 19 you're not going to make it in the efficient group just for
- 20 that one thing that you did in that one year.
- We're not really trying to be definitive of
- 22 saying this exact group is the best hospitals. We're just

- 1 trying to say that if you do operate relatively
- 2 efficiently, what kind of indicator do we have in terms of
- 3 what kind of margins you would end up with?
- 4 DR. DeBUSK: Okay.
- 5 And with Warner's observation -- I guess it was a
- 6 year ago -- that the relatively efficient providers had
- 7 slipped into negative margins, do we have any way of
- 8 assessing? Does HVIP fix that? Is it close? Have we
- 9 modeled it?
- 10 DR. STENSLAND: I think what we expect to happen
- 11 is their margins have been going down, and we think between
- 12 the total increase in money that we have going in of 3.3
- 13 percent, we think it will start moving their margins back
- 14 up, maybe not up to zero for the efficient providers, but
- 15 they should be moving upward, start moving upward in 2020
- 16 because that's when this would take effect.
- In terms of the HVIP, the HVIP dollars, we're
- 18 redistributing all these dollars, and the top performers,
- 19 the efficient providers are going to do better under the
- 20 redistribution because they just tend to have mortality,
- 21 lower readmission. They do better on HVIP. So they do
- 22 better on that, but they're also the ones, as Warner put it

- 1 out, that aren't going to gain as much from the elimination
- 2 of the current penalties because these efficient providers
- 3 are also the ones that aren't getting so much of the
- 4 current penalties that we're eliminating. So, on net, they
- 5 do a little bit better, but it's not a huge movement for
- 6 the efficient providers. So that makes sense.
- 7 DR. MATHEWS: Brian, if I could just add one
- 8 thing to what Jeff said -- and I agree completely with
- 9 everything that he just recited, but to your initial point
- 10 about whether or not there is something of a tautology here
- 11 and that we're identifying low-cost providers and -- or
- 12 relatively low-cost providers and relatively high-quality
- 13 providers and calling them efficient and then we say, lo
- 14 and behold, they happen to be relatively low cost and
- 15 relatively high quality, there's a little bit of that.
- 16 But the main point of the exercise is to
- 17 demonstrate the range of performance and to sort of scope
- 18 out what we can expect in a best-case scenario, even under
- 19 current levels of Medicare payments.
- 20 So this is saying that within the 4,000
- 21 hospitals, the 2,100, whichever composes our base group for
- 22 this analysis, that there is a subset that can, indeed,

- 1 perform X percent better on quality and with Y percent
- 2 lower cost, relative to other hospitals, even at current
- 3 levels of Medicare payments.
- DR. DeBUSK: Again, we're really warmed up to
- 5 this concept because, at first, I had dismissed it as a
- 6 circular reference, and I get it now.
- 7 DR. MATHEWS: Yeah.
- B DR. DeBUSK: That as long as you're looking at
- 9 how they deviate versus the statistical expected value,
- 10 then you've got something.
- It would be interesting to see how this group
- 12 stratifies by SES too, though, just to make sure they're
- 13 not all rich.
- 14 DR. CROSSON: Did I saw Jaewon? Then Pat and
- 15 Bruce.
- 16 DR. RYU: Yeah. I just had a confirming question
- 17 as far as how this impacts ACO benchmarking. I think the
- 18 benchmarking is always normalized for payment updates. Is
- 19 that right? But given that you're changing the HVIP with
- 20 the peer grouping, if you move to a regional benchmark, the
- 21 mix of what kinds of peer-group hospitals are in your
- 22 region, now that payment update changes.

- 1 So I'm just wondering how that would impact, or
- 2 have we thought that through?
- 3 DR. STENSLAND: Yeah. The dollars will be -- the
- 4 relative benchmarks for each of the region will reflect
- 5 these things. So you'll have a higher benchmark, to a
- 6 degree, in the regions, where they're getting more HVIP
- 7 payments.
- 8 But all the ACOs, the payments that they are
- 9 going to be giving to the hospitals are all going to be
- 10 higher. So the benchmarks and the payments, they'll
- 11 synchronize, so there won't be any ill effects.
- 12 DR. CROSSON: Pat.
- 13 MS. WANG: You went through this in December, but
- 14 can you again just talk about cash flow and revenue
- 15 certainty in this?
- 16 So this is the recommendation for 2020. If I'm a
- 17 hospital and I'm budgeting, I know I'm getting 2 percent.
- 18 When is my performance on HVIP known to me? Is what's
- 19 being recommended for 2020 based on a past period but under
- 20 a new formulation? Do you know what I'm saying? It's
- 21 like, How do I know how much money I'm actually going to
- 22 have?

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- 1 MS. TABOR: I'll start off.
- 2 So with the HVIP, as far as having these clear,
- 3 absolutely, prospectively set performance targets, Congress
- 4 and CMS would have to act pretty fast to get this
- 5 implemented in a way that gives hospitals enough time to
- 6 know what their targets are and what their payment
- 7 adjustment would be before it's implemented.
- 8 MS. WANG: So the new HVIP would be perspective,
- 9 but a hospital wouldn't know how they would perform until
- 10 after the measurement period is completed, right? What are
- 11 they getting paid until an actual HVIP award is calculated?
- 12 DR. STENSLAND: Yeah. You would know what your
- 13 payments are at the start of the year, but what your
- 14 payments are at the start of the year would be based on
- 15 some prior year's performance under the HVIP.
- 16 So you're kind of thinking, "I'm coming up to
- 17 this Year X," and CMS would say, "To reach whatever HVIP
- 18 performance number of points are, you're going to have to
- 19 score this big in this coming year." So you know how much
- 20 you have to score to get a certain number of points and
- 21 then have a certain adjustment in your payments, but that
- 22 adjustment in your payments will happen in a future year.

- 1 So there's kind of like two things that are
- 2 looking forward. You're looking forward in the short range
- 3 to say how well do I have to score to get a certain number
- 4 of points, and then you'll know once I get those points in
- 5 this year, then in a future year that will affect my
- 6 payments.
- 7 So they'll know their payments at the beginning
- 8 of the year. They'll know their rates.
- 9 MS. WANG: But for startups, since this is a
- 10 recommendation for 2020, there will be a lag in that
- 11 certainty until the new HVIP program catches up. Yeah?
- 12 MS. TABOR: There would be, but I guess we'll
- 13 just have to use more historical data.
- But the way we kind of played it out, again, if
- 15 Congress and CMS acted fast, this could be implemented by
- 16 2020. But it would have to be done fast.
- 17 DR. CROSSON: Bruce.
- 18 DR. PYENSON: A related question. The withhold
- 19 could be administered on a prospective basis, so everybody
- 20 would have a 2 percent or 5 percent lower payment for the
- 21 year. And that would flow into some future year
- 22 distribution.

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- 1 MS. TABOR: That's right.
- 2 The VBP currently functions this way. It uses
- 3 what 2 percent of prospective spending is and applies it to
- 4 all the claims going forward for that year.
- DR. PYENSON: Great. Thanks.
- 6 Now, I wonder if you could talk a little bit
- 7 about the 2 percent versus the 5 percent relative to the
- 8 fluctuations that you see in hospitals' revenue or margin,
- 9 anyway. Is that consistent with the year-to-year
- 10 fluctuations?
- I'm trying to get a sense of whether this is a
- 12 risk and fluctuations of the sort that hospitals often see,
- 13 or is this remarkable?
- 14 DR. STENSLAND: One thing to remember is we're
- 15 talking about 2 percent or 5 percent of the inpatient pool
- 16 only, so maybe this is like a 1 to 3 percent, equivalent to
- 17 a 1 to 3 percent shift in your margin. And that is
- 18 something that we see happening fairly often.
- 19 But I think this is enough money for the
- 20 hospitals to take seriously. For lots of hospitals, 2
- 21 percent of inpatient is still serious money. We could look
- 22 at our hospital people, and they'll tell you.

- 1 DR. PYENSON: Just a follow-up question on that,
- 2 if I could. I noticed the draft recommendation doesn't use
- 3 the 2 or 5 percent on the withhold. I'm curious. Would
- 4 that be decided outside the recommendation? I'm curious
- 5 why we didn't do that.
- 6 DR. MATHEWS: Yeah. I think the last time we
- 7 talked about this, there was no clear consensus among the
- 8 Commissioners as to what the right level was. There was a
- 9 discussion of 2. There was a discussion of 5. There was a
- 10 discussion of starting at 2 and moving to 5. So we've left
- 11 the bold-faced recommendation language a little ambiguous,
- 12 but we would lay this out in the supporting narrative and
- 13 rationale underneath the recommendation. You could do it
- 14 this way; you could do it that way. Here's what some of
- 15 the impacts might look like.
- DR. CROSSON: Dana.
- 17 DR. SAFRAN: Thanks.
- 18 Just a terrific chapter and a great presentation.
- 19 I just want to go back to where Pat was going and
- 20 make sure I understand. Let's say we're in the scenario
- 21 you describe. Congress moves quickly. This gets
- 22 implemented. It starts in 2020. Can you just talk us

- 1 through if I'm a hospital, what I understand on January
- 2 1st, 2020, about my performance, about my payment for this
- 3 year, and about my incentives for performance to enhance my
- 4 payment for 2021?
- 5 MS. TABOR: So we include this as part of the
- 6 normal rulemaking process. Like this summer when inpatient
- 7 IPPS rules come out, CMS could put in place or release,
- 8 "Here the targets that you need to meet. Here's the
- 9 performance adjustment. Here's the list of all the
- 10 hospitals and which peer group you're in."
- 11 And then that would be implemented into final law
- 12 that fall, affecting that fall's fiscal year payment.
- DR. CROSSON: Paul.
- 14 DR. PAUL GINSBURG: A question. I think this is
- 15 a great system, and it will hopefully incent even better
- 16 performance by hospitals.
- So what happens if the performance improvement is
- 18 greater than what's envisioned? Do we wind up paying the
- 19 hospitals more and saying it was worth it because quality
- 20 is better, or does it somehow -- sets it budget-neutral?
- 21 MS. TABOR: That's a great point. So the way
- 22 that it is defined, again, since it is a prospective

- 1 system, is that if hospitals do perform better, Medicare
- 2 will end up paying more.
- 3 But one thing that we do touch on in the paper is
- 4 that CMS should regularly monitor what these targets are,
- 5 and if one year there is a lot more improvement than was
- 6 anticipated, they can revise the targets the following
- 7 year. So there is kind of a checks-and-balance system on
- 8 this.
- 9 MS. CAMERON: And I think the flip side is also
- 10 true. If they don't hit the performance targets, then less
- 11 would be paid out. So the goal is for budget neutrality.
- 12 The expected value there is zero, but it could go on either
- 13 side of that equation, depending on performance.
- DR. CROSSON: Jaewon.
- DR. RYU: I just wanted to follow up on the
- 16 earlier question on timing and mechanics of how this would
- 17 go. So if it got implemented on the timeline that you
- 18 would set, the payment would hit that next prospective
- 19 year, but it would be based on quality measurement that
- 20 would be performance year two years ago, correct? So that
- 21 would still be retro. The payment would be.
- So, in some respect, you'd have a period of a

- 1 couple years before a hospital could really do anything to
- 2 change what they would be getting paid under the new HVIP.
- 3 MS. TABOR: That's correct.
- 4 But one thing I will say is that we selected
- 5 measures that hospitals have been paid on. We're changing
- 6 how they're paid on it and trying to make it a little more
- 7 fair and to drive improvement, but these are not brand-new
- 8 topics for hospitals.
- 9 DR. CROSSON: Okay. I saw a half a hand. Oh,
- 10 Round 2.
- So we'll move into the discussion period. Put up
- 12 the recommendations up there. So we are on the path to
- 13 vote. What I'd like to do is ask those of you who want to
- 14 make comments to do it in the context of the
- 15 recommendation, support and not support; if so, reasons
- 16 why, as we traditionally do.
- Warner, you're up.
- 18 MR. THOMAS: So, directionally, I think the HVIP
- 19 is a good program. I guess I -- it just comments to me,
- 20 and I'm not sure what it will go and the specificity behind
- 21 this, because obviously more details need to be worked out.
- 22 But I do think having some flexibility, if you need to

- 1 change a measure out, would be important, because obviously
- 2 things evolve over time.
- I also question whether cost is a quality
- 4 measure, but we can probably debate that one the rest of
- 5 the day, so it's just really a comment.
- I think a comment that Jim made earlier, that,
- 7 you know, the 0.8 is new money being put in, but it's
- 8 really not new money. It's taking dollars from the update
- 9 factor and reassigning it. So, you know -- and I think
- 10 that's fine, but it's not necessarily, you know, new
- 11 dollars that are tied to specifically this program. It's
- 12 taking dollars that, statutorily, we were recommending.
- 13 We're just allocating it in a different fashion versus just
- 14 giving folks an update. And I just worry about that, given
- 15 the information in the chapter of the trend of how Medicare
- 16 payments are doing versus, you know, inflation factors and
- 17 input factors that go into hospitals, such as drug pricing,
- 18 labor pricing, et cetera.
- 19 So I think that the concept, moving this
- 20 direction, is a good one. I'm just concerned about taking
- 21 pieces of the update factor versus, you know, maybe we take
- 22 the 0.5 percent that's a deduct and add that back, you

- 1 know, versus taking something that's the update factor and
- 2 reallocating it in a different way.
- 3 So it's not necessarily I'm against the proposal,
- 4 but I also think doing this for 2020 seems quick, just
- 5 given how we deal with other issues. This seems like it's
- 6 a pretty quick move. So not that it can't be done, but I'm
- 7 not sure actually that CMS could move quick enough to get
- 8 this put in place, going to Jaewon's comment that you're
- 9 going to be dealing with a lot of historical data, and will
- 10 hospitals really be able to make an impact in that short a
- 11 period of time, almost most are tracking all these measures
- 12 anyway. It's just that are the clear about what the
- 13 baseline is kind of going into a new program like this.
- DR. CROSSON: Comments. Paul.
- DR. PAUL GINSBURG: Actually, I interpreted it
- 16 differently, Warner. I interpreted this as yet the 0.8 is
- 17 going into the HVIP, but also the elimination of the
- 18 current quality penalties. That, to me, is, in a sense, an
- 19 extra half percentage point increase in the update in the
- 20 aggregate. So this is not just current law. This is
- 21 really current law plus 0.5, from my perspective.
- MR. THOMAS: Yeah, I don't disagree with that,

- 1 but I think Jim's point was but the new money, the 0.8 is
- 2 new money. That's really not new money. That's part of
- 3 the updates being reallocated differently. And I get that,
- 4 you know, reduction of the -- or elimination of these
- 5 reductions, I think that that's fine. And once again, I
- 6 think hospitals should have to earn the dollars. There's
- 7 no doubt about that. I also look at -- if you look at the
- 8 performance of what's happening in this category,
- 9 especially as you compare it to the rest of the categories
- 10 we have that we evaluate, that we're going to be talking
- 11 about the rest of the afternoon, you know, I think we just
- 12 need to really be mindful of that when we're making these
- 13 types of changes.
- 14 DR. CROSSON: Further comments. Bruce.
- MR. PYENSON: I want to comment the authors for
- 16 this. I think the tiering was really well done and I
- 17 support the recommendation.
- 18 I'm hoping we might be able to get a consensus on
- 19 recommending an aggressive withhold, because I think what
- 20 we have here is right, it creates the right incentives, it
- 21 has the right protections, so why not be aggressive with
- 22 recommendation for an attention-getting withhold.

- 1 DR. CROSSON: So let me hear other responses to
- 2 that. Dana.
- 3 DR. SAFRAN: So I'm really excited about this
- 4 program, and understanding Warner's point that this does
- 5 involve moving pretty fast. I guess I think that's
- 6 appropriate in this case because we're removing some
- 7 programs and complexity that really aren't producing so
- 8 much value and are in the way. We're adding, you know, the
- 9 social risk factor stratification that, you know, I think
- 10 really solves problems that folks have been pretty vocal
- 11 about. And it's really good for beneficiaries and I think
- 12 better for providers.
- So I think there's a lot here that really is an
- 14 enormous step forward and good model for both Medicare and
- 15 other payers, in terms of how to structure value-based
- 16 payment, and I'd love to see us move it quickly.
- 17 DR. CROSSON: Jon.
- 18 DR. PERLIN: Let me begin by thanking the group
- 19 for really thoughtful work. I want to really associate
- 20 with Warner's comment. I like it directionally. As
- 21 always, the devil is in the details, and particularly if
- 22 you're looking at an operating environment.

- The way the cash flow plays out, to Pat's point,
- 2 I think is tremendously important, obviously, if there's a
- 3 lag. And the problem with the lag is that it decouples the
- 4 actual improvement from the reimbursement for the
- 5 improvement, by necessity. And so these are the things
- 6 that would hope we pay attention to as we figure out what
- 7 the implementation characteristics are.
- 8 So if you look at the five measure domains, we
- 9 had some discussion earlier today about the challenges of
- 10 readmission measures, generally. And, you know, we talked
- 11 through socioeconomic circumstances that there may be
- 12 difficulties for placement, and some of that gets evened
- 13 out, perhaps, in the dual-eligible stratification by band.
- 14 That's the theory.
- 15 But that can operate sort of like the challenge
- 16 with mortality, that may be insensitive to that particular
- 17 banding. So, for example, the hospital is a referral
- 18 hospital. Even if it's in an upper band it actually may
- 19 get patients from hospitals with much more complex
- 20 patients, complex socioeconomic circumstances, that have
- 21 one trajectory, and that trajectory is unfortunately going
- 22 to be death or advanced complex disease that could lead to

- 1 remission, my point being that it may be less amenable to
- 2 the management than possible.
- 3 The spending per Medicare beneficiary is -- you
- 4 know, I'm not sure what it is. It's an index but it's not
- 5 a quality measure and it may or may not be, for those
- 6 reasons, controllable. Measures generally that have been
- 7 in these buckets have suffered from the challenges of
- 8 clustering, and I think part of our guidance will have to
- 9 be that there's decompression. Otherwise, you can both win
- 10 and lose with virtually the same performance on that.
- 11 And in terms of the final measure, the hospital-
- 12 acquired conditions, we've had discussion, we had
- 13 discussion last time about these being extremely,
- 14 fortunately, rare events, but in order to have enough data
- 15 to have statistical validity we go further back.
- 16 The comment was made that in terms of linking the
- 17 actual performance with the reimbursement schedule that you
- 18 would sort of weight that nearer, but either way it's still
- 19 driving while taking information from the rear-view mirror.
- 20 So I think this is laudable but I think we really
- 21 have to pay attention to the components of each of the
- 22 measures, and step away from some of the pratfalls that

- 1 we're already aware of, in the context of support for the
- 2 general direction and the involvement of that.
- 3 The second is that I agree with Warner as well
- 4 and Pat, in the sense that we have data in our own report
- 5 that shows that, you know, we've got a 9.9 aggregate
- 6 Medicare margin -- negative 9.9 percent aggregate Medicare
- 7 margin, and anticipating negative 11 percent this year.
- 8 And so I think as this goes forward -- I see heads nodding
- 9 as well -- that there has to be a vehicle to fund this that
- 10 is different than the vehicle of updates to control for
- 11 cost of labor and cost of supplies, et cetera. So got
- 12 support on this, but I think the onus is on us, and
- 13 ultimately CMS, to finesse that implementation along those
- 14 lines. Thanks.
- DR. CROSSON: Just a quick comment, Jon. I mean,
- 16 you've identified some of the natural problems in doing any
- 17 kind of quality assessment. The only point I'd add is that
- 18 the mortality is risk-adjusted. Now it may not be risk-
- 19 adjusted adequately but it is risk-adjusted.
- 20 DR. PERLIN: I mean as Lisa Iezonni wrote many
- 21 years ago, that's 20 percent of the variation, but there
- 22 are some systematic complexities. I'm a strong endorser

- 1 here of measures, of the buckets measurement, but, you
- 2 know, need to really get to the evidence base for which
- 3 measures -- the statistical means to actually differentiate
- 4 appropriately. Thanks.
- DR. CROSSON: Further comments.
- 6 Seeing none, we will proceed to the vote. All
- 7 Commissioners in favor of the recommendation please raise
- 8 your hands.
- 9 [Show of hands.]
- DR. CROSSON: All opposed.
- [No response.]
- DR. CROSSON: Abstentions.
- [No response.]
- DR. CROSSON: The recommendation passes
- 15 unanimously.
- 16 Stephanie, Ledia, Jeff, thank you for this work
- 17 and all the work that has preceded it. It's really
- 18 excellent. Thank you very much.
- 19 [Pause.]
- 20 DR. CROSSON: Okay. We're now going to proceed
- 21 to the second update recommendation. That's on payment to
- 22 physicians and other health professionals, and we have

- 1 additional recommendations relating to the payment of
- 2 advanced practice registered nurses and physician
- 3 assistants. Ariel, Brian, and Kate are here. Ariel, it
- 4 looks like you're going to begin.
- 5 MR. WINTER: Good afternoon. As Jay said, I will
- 6 discuss the payment adequacy assessment for physician and
- 7 other health professional services and present the draft
- 8 update recommendation for your vote.
- 9 Then Brian will present two draft recommendations
- 10 on payment policies for advanced practice registered nurses
- 11 and physician assistants, which you will also be voting on.
- 12 You saw all three of these draft recommendations last
- 13 month.
- 14 We'd like to thank Kevin Hayes, Carolyn San
- 15 Soucie, and Emma Achola for their help with this work.
- 16 We discussed our assessment of payment adequacy
- 17 extensively at the December meeting, so today I will be
- 18 focusing on highlighting some key points. There are more
- 19 details in your mailing paper.
- 20 First, some background on this sector. Medicare
- 21 pays for services provided by physicians and other health
- 22 professionals using a fee schedule. Total spending for

- 1 these services was about \$69 billion in 2017, or 14 percent
- 2 of fee-for-service spending.
- 3 Nine hundred eight-five thousand clinicians
- 4 billed Medicare in 2017. Under current law, there will be
- 5 no update to the fee schedule conversion factor for 2020.
- 6 But there is a 5 percent incentive payment for certain
- 7 clinician participants in Advanced Alternative Payment
- 8 Models.
- 9 We received several comments from Commissioners
- 10 at the December meeting, which we have addressed in the
- 11 paper. In addition, we have updated some of the numbers in
- 12 the paper.
- I do want to focus on one issue that Kathy raised
- 14 at the December meeting, which is how we calculate changes
- 15 in the volume of clinician services. Volume growth is a
- 16 function of two things: changes in the number of services,
- 17 such as the number of imaging tests; and changes in the
- 18 intensity or complexity of services, as measured by RVUs,
- 19 or relative value units. For example, the substitution of
- 20 a CT scan for a plain X-ray represents an increase in
- 21 intensity.
- 22 This table shows each factor separately. From

- 1 2016 to 2017, across all fee schedule services, which is
- 2 the top row, the number of services per beneficiary grew by
- 3 1.3 percent, and intensity per beneficiary increased by 0.3
- 4 percent. The sum of these variables gives us the change in
- 5 volume per beneficiary of 1.6 percent.
- 6 The rest of the table includes examples of
- 7 service categories that had relatively large changes in
- 8 intensity. For example, the second row is the category of
- 9 major vascular procedures. There was no change in the
- 10 number of services per beneficiary, but intensity per
- 11 beneficiary grew by 9.5 percent. So all of the volume
- 12 growth was related to an increase in intensity.
- This was because certain vascular procedures with
- 14 relatively high RVUs had rapid growth in the number of
- 15 services, and there was a corresponding decrease in the
- 16 number of procedures with lower RVUs.
- To summarize our analysis, payments appear to be
- 18 adequate. Access indicators are generally stable. Our
- 19 annual telephone survey indicates that beneficiaries have
- 20 comparable or slightly better access to clinician services
- 21 than privately insured individuals ages 50 to 64. The
- 22 share of providers enrolled in Medicare's participating

- 1 provider program remains high, and the number of clinicians
- 2 billing Medicare per beneficiary is stable.
- 3 Quality is indeterminate; the ratio of Medicare's
- 4 payment rates to private PPO rates did not change; and
- 5 there was an increase in the volume of services.
- 6 So the draft update recommendation reads: For
- 7 calendar year 2020, the Congress should increase the
- 8 calendar year 2019 Medicare payment rates for physician and
- 9 other health professional services by the amount specified
- 10 in current law.
- In terms of implications, there would be no
- 12 change in spending compared with current law, and this
- 13 should maintain beneficiaries' access to care and
- 14 providers' willingness and ability to furnish care.
- 15 And now I'll hand things over to Brian.
- 16 MR. O'DONNELL: So, switching gears a bit, I'll
- 17 now discuss Medicare's payment policies for NPs and PAs.
- 18 The Commission discussed this topic in depth in October and
- 19 December. What follows today is a brief summary of the
- 20 materials discussed in those meetings.
- 21 NPs are the largest subgroup of APRNs and are
- 22 registered nurses who have additional training, most

- 1 commonly a master's degree.
- 2 Similarly, PAs must graduate from a PA
- 3 educational program, which is generally a post-
- 4 baccalaureate master's.
- 5 The number of NPs and PAs billing Medicare has
- 6 increased rapidly over the last several years.
- 7 For example, from 2010 to 2017, the number of NPs
- 8 that billed the Medicare program increased from
- 9 approximately 52,000 to 130,000, an average annual increase
- 10 of 14 percent.
- In addition to their growing number, NPs and PAs
- 12 increasingly practice in specialties other than primary
- 13 care.
- 14 The result of these two trends is that NPs and
- 15 PAs perform a larger number and a greater variety of
- 16 services for Medicare beneficiaries than in the past.
- 17 NP and PA services can be billed in two different
- 18 ways under Medicare.
- 19 They can be billed directly. Under this option,
- 20 NP and PA services are billed under their own NPIs, and
- 21 Medicare pays 85 percent of fee schedule rates.
- The same services can also be billed under

- 1 Medicare's "incident to" rules. In this case, NP and PA
- 2 services are billed under a physician's NPI, and Medicare
- 3 pays 100 percent of fee schedule rates.
- In your mailing materials, we walk through a list
- 5 of potential motivations to eliminate "incident to" billing
- 6 for NPs and PAs, and it's worth noting a few here.
- 7 At a very basic level, "incident to" billing
- 8 limits transparency by obscuring policymakers' knowledge of
- 9 who is actually providing care for Medicare beneficiaries.
- 10 "Incident to" billing could also inhibit accurate
- 11 valuation of fee schedule services and increase Medicare
- 12 and beneficiary spending.
- 13 It's also worth noting that eliminating "incident
- 14 to billing would not affect the services NPs and PAs can
- 15 perform. Even if "incident to" billing were eliminated,
- 16 the decision about what services these clinicians can
- 17 perform would continue to be the province of states and the
- 18 physicians with whom they practice.
- 19 Given these issues with "incident to," the first
- 20 draft recommendation related to APRNs and PAs reads: The
- 21 Congress should require APRNs and PAs to bill the Medicare
- 22 program directly, eliminating "incident to" billing for

- 1 services they provide.
- In terms of implications for spending, the draft
- 3 recommendation is expected to reduce program spending
- 4 between \$50 million and \$250 million over one year and
- 5 between \$1 billion and \$5 billion over five years compared
- 6 with current law.
- 7 The draft recommendation would also reduce
- 8 beneficiaries' financial liabilities and is not expected to
- 9 adversely affect their access to care.
- 10 In terms of effects on providers, revenues for
- 11 some practices that employ APRNs and PAs would decline.
- 12 In addition, APRN and PA services would be billed
- 13 under their own NPIs instead of physicians' NPIs, which
- 14 would improve Medicare's data on who furnishes care to
- 15 beneficiaries.
- 16 The next issue to discuss is the specialties in
- 17 which NPs and PAs practice.
- 18 NPs and PAs have historically been concentrated
- 19 in primary care. However, they increasingly practice
- 20 outside of primary care, in specialties such as dermatology
- 21 and orthopedics. Recent estimates suggest that only half
- 22 of NPs and around a quarter of PAs practice in primary

- 1 care.
- 2 Despite the variety of specialties in which they
- 3 practice, Medicare has limited specialty information for
- 4 these clinicians. For instance, Medicare groups all NPs
- 5 into one specialty.
- 6 This lack of specialty information can create
- 7 issues, such as limiting Medicare's ability to target
- 8 resources towards areas of concern, such as primary care,
- 9 and inhibits the operation of programs that rely on
- 10 identifying primary care providers.
- 11 Given these issues, the next draft recommendation
- 12 reads: The Secretary should refine Medicare's specialty
- 13 designations for APRNs and PAs.
- 14 The draft recommendation is not expected to
- 15 substantially affect program spending, beneficiaries'
- 16 access to care or financial liabilities, or provider
- 17 revenues.
- 18 This last slide summarizes the three draft
- 19 recommendations that Ariel, Kate, and I discussed today.
- 20 With that, we look forward to your comments, and
- 21 I turn it back to Jay.
- DR. CROSSON: Thank you. Very clear.

- I think for purposes of efficiency and also based
- 2 on my memory of a reasonable degree of consensus here,
- 3 we'll take all of these recommendations together, both in
- 4 terms of Round 1 and Round 2. So clarifying questions?
- 5 Marge.
- 6 MS. MARJORIE GINSBURG: I think this is a
- 7 clarifying question. One of the arguments made for getting
- 8 rid of the "incident to" is that it was sort of mucking up
- 9 the information about who do we attribute this service to
- 10 in terms of checking for quality of care and things like
- 11 that. Isn't there a way of changing -- or is there a way
- 12 of changing the recording so you're actually separating out
- 13 the provider who provided the care from the billing for
- 14 that particular care? Maybe I'll throw this all together.
- 15 The reason I say that is I'm a little concerned about doing
- 16 away with the "incident to" for primary care providers, and
- 17 the reason is solely a financial one. We're all struggling
- 18 with how do we maintain adequate income for primary care
- 19 physicians, and if they're possibly making a little money
- 20 by hiring NPs to do the work and that's fattening their
- 21 pocketbook a little bit, that may not necessarily be a bad
- 22 thing. So I'm sorry, I sort of have two comments here.

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- 1 The first one is: Isn't there a way of
- 2 separating out who's providing the service from how the
- 3 service is being billed?
- 4 MS. BLONIARZ: Sure, you could do that. You
- 5 could have like a performing provider, rendering provider,
- 6 billing provider, have it be all separate, and have the
- 7 payment amount attached to one of the other categories.
- 8 MR. WINTER: The other thing I would say is that
- 9 -- so one of the arguments we make is that if you're
- 10 looking to kind of put money into primary care, this is a
- 11 really inefficient way to do it, because a lot of them
- 12 practice outside of primary care. But I think putting our
- 13 two recommendations together, we're saying, okay, we're
- 14 getting rid of "incident to," but we're also allowing the
- 15 program to identify, let's say, NPs that work in primary
- 16 care. So that if in the future the program wanted to put
- 17 money into primary care more accurately, it could do so.
- DR. CROSSON: Other questions?
- 19 [No response.]
- 20 DR. CROSSON: We'll move on then to comments,
- 21 again, directed towards the slide, comments of support,
- 22 lack of support, for any or all of the recommendations?

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- DR. CROSSON: Seeing no comments -- and I think,
- 3 again, for purposes of efficiency, since there doesn't
- 4 appear to be a significant amount of debate, we'll take all
- 5 of the recommendations together. So all Commissioners in
- 6 favor of the recommendations, please signify by raising
- 7 your hand?
- 8 [Show of hands.]
- 9 DR. CROSSON: All opposed?
- [No response.]
- DR. CROSSON: Abstentions?
- [No response.]
- 13 DR. CROSSON: The recommendations collectively
- 14 pass unanimously. Thank you, Ariel, Kate, and Brian, for
- 15 excellent work again.
- 16 [Pause.]
- DR. CROSSON: Now we're going to proceed into the
- 18 part of the afternoon where we do update recommendations
- 19 and voting based on expedited presentations and expedited
- 20 voting. And we've got Dan and Zach here. Three of you?
- Okay. Kim, are you just visiting or are you --
- MS. NEUMAN: No. Hospice will be next.

- DR. CROSSON: Oh, wait a minute. Did I mess up
- 2 something here?
- DR. MATHEWS: No. You're good.
- DR. CROSSON: Yeah. Wait a minute. Oh, we're
- 5 doing both? Hang on. Sorry. Sorry. Oh, and hospice.
- 6 All right. Sorry about that.
- 7 Yes, well, getting back to it, Dan, are you going
- 8 to present the ASC recommendation?
- 9 MR. ZABINSKI: I am.
- 10 All right. At the December 2018 meeting, we
- 11 presented update information for ambulatory surgical
- 12 centers and provided draft recommendations. In your
- 13 updated draft chapter we have added text in response to
- 14 Commissioner comments from the December meeting. For Sue,
- 15 we added text about the rate at which rural beneficiaries
- 16 receive care in ASCs. Bruce, we added a discussion about
- 17 which services covered under the ASC payment system are
- 18 often provide in physician offices. Dana, we added text
- 19 that the measures in the ASC quality reporting program
- 20 should be synchronized with the measures in the hospital
- 21 outpatient quality reporting program. And for Kathy we
- 22 added discussion about developing new quality measures that

- 1 rely on specialty-specific clinical guidelines to assess
- 2 the appropriateness of specific services provided in ASCs.
- Facts about ASCs in 2017, are that Medicare
- 4 payments to ASCs were nearly \$4.6 billion, the number of
- 5 Medicare-certified ASCs was about 5,600, and 3.4 million
- 6 fee-for-service beneficiaries were served in ASCs.
- 7 We find that beneficiaries' access to ASC
- 8 services is improving. In 2017, we found a volume per fee-
- 9 for-service beneficiary increased 1.7 percent, the number
- 10 of fee-for-service beneficiaries served increased by 0.4
- 11 percent, and the number of ASCs increased by 2.4 percent.
- 12 In addition, Medicare payments per fee-for-service
- 13 beneficiary increased by a healthy 7.7 percent.
- 14 The growth in the number of ASCs suggests that
- 15 the access to capital is good. Also, there has been a fair
- 16 amount of acquisitions and partnerships with ASCs by
- 17 hospital groups and other health care companies, which
- 18 requires access to capital.
- 19 The measures of payment adequacy showed slight
- 20 improvement from 2013 through 2016, but issues with the
- 21 quality measures remain. We believe that CMS should add
- 22 more claims-based outcomes measures, and we are concerned

- 1 about CMS's decision to delay use of the CAHPS-based
- 2 patient experience measures.
- Finally, a limitation of our analysis is that we
- 4 cannot assess margins or other cost-based measures because
- 5 ASCs don't submit cost data. Even though the Commission has
- 6 recommended on several occasions that these data should be
- 7 submitted.
- 8 So for the Commission's consideration today we
- 9 have the following draft recommendation: The Congress
- 10 should eliminate the calendar year 2020 update to the
- 11 conversion factor for ambulatory surgical centers.
- 12 Given our findings of payment adequacy and our
- 13 stated goals, eliminating the update is warranted. This is
- 14 consistent with our general position of recommending
- 15 updates only when needed. The implication of this
- 16 recommendation for the Medicare program is that it would
- 17 decrease spending relative to current law by \$50 million to
- 18 \$250 million in the first year and by less than \$1 billion
- 19 over five years.
- 20 We anticipate this recommendation having no
- 21 effect on beneficiaries' access to ASC services or
- 22 providers' willingness or ability to furnish those

- 1 services.
- In a second draft recommendation, we have that
- 3 the Secretary should require ambulatory surgical centers to
- 4 report cost data.
- 5 The importance of this recommendation is that the
- 6 Commission has recommended this policy several times. In
- 7 contrast, CMS has implemented a policy of replacing the
- 8 CPI-U as the basis for updating ASC conversion factor with
- 9 the usually higher hospital market basket for a five-year
- 10 period, without a firm commitment to collecting cost data
- 11 from ASCs.
- 12 Collecting cost data, as Medicare does for other
- 13 providers, would improve the accuracy of the ASC payment
- 14 system. The Secretary could limit the burden on ASCs by
- 15 using a streamlined system of cost submission. Implementing
- 16 this recommendation would not change Medicare program
- 17 spending. We also anticipate no effect on beneficiaries.
- 18 However, ASCs would incur some added administrative costs.
- 19 Now Kim will cover hospice.
- 20 DR. CROSSON: Yeah, if I'd ask you to hold, I
- 21 mean, I think -- I'd like to do one at a time, if we could.
- 22 Sorry.

- 1 So based on the judgment we made in December
- 2 about the relative degree of support here and the decision
- 3 to use expedited voting, I would invite questions or
- 4 comments specifically on the changes that were delineated,
- 5 or the additions that were delineated in the beginning of
- 6 the presentation.
- 7 [No response.]
- 8 Seeing none, we will proceed to vote and we'll
- 9 vote on both recommendations simultaneous.
- 10 All in favor of draft recommendation 1 and 2
- 11 please raise your hand.
- [Show of hands.]
- DR. CROSSON: All opposed.
- 14 [No response.]
- DR. CROSSON: Abstentions.
- [No response.]
- DR. CROSSON: Seeing none, both pass unanimously.
- 18 Okay. Sorry, Kim. Now we can -- yeah.
- 19 MS. NEUMAN: Good afternoon. I'm going to review
- 20 indicators of hospice payment adequacy that we discussed at
- 21 the December meeting and that's described in detail in your
- 22 mailing materials.

- 1 We revised the materials based on your December
- 2 conversation. For example, Jonathan, we added information
- 3 on hospice days by level of care and hospice provider
- 4 characteristics. David, we added the issue of higher
- 5 margins among providers treating patients in nursing
- 6 facilities and assisted living facilities.
- 7 So a few key facts about hospice. In 2017, about
- 8 1.5 million Medicare beneficiaries used hospice services,
- 9 including more than half of beneficiaries that died that
- 10 year. Nearly 4,500 Medicare hospice providers furnished
- 11 services to those beneficiaries, and Medicare paid those
- 12 hospices about \$17.9 billion.
- So now we'll look at our indicators of payment
- 14 adequacy which are strong. The supply of hospice providers
- 15 continues to grow, increasing about 2.4 percent in 2017.
- 16 For-profit providers account entirely for the net growth in
- 17 the number of providers.
- 18 Hospice use also increased. The share of Medicare
- 19 decedents using hospice exceeded 50 percent for the first
- 20 time in 2017. The number of hospice users, number of
- 21 hospice days, and average length of stay among decedents
- 22 also increased. Marginal profit in 2016 was 14 percent,

- 1 which suggests providers have an incentive to accept new
- 2 Medicare patients.
- 3 Quality data are available and scores are high,
- 4 but there is concern that the process measures are topped
- 5 out. In terms of access to capital, the continued growth
- 6 in the number of providers suggests that capital is
- 7 accessible.
- 8 So this brings us to margins, and as you will
- 9 recall, margin estimates assume cap overpayments are fully
- 10 returned to the government and exclude non-reimbursable
- 11 bereavement and volunteer costs. For 2016, we estimate an
- 12 aggregate Medicare margin of 10.9 percent. For 2019, we
- 13 project an aggregate Medicare margin of 10.1 percent.
- 14 On the basis of these positive payment adequacy
- 15 indicators, we have the draft recommendation, which reads:
- 16 For 2020, Congress should reduce the fiscal year 2019
- 17 Medicare base payment rates for hospice providers by 2
- 18 percent.
- 19 The implications of this recommendation are a
- 20 decrease in spending relative to the statutory update of
- 21 between \$750 million and \$2 billion over one year and
- 22 between \$5 billion and \$10 billion over five years.

- 1 In terms of implications for providers and
- 2 beneficiaries, given the margin in the industry and our
- 3 other payment adequacy indicators, we anticipate that the
- 4 aggregate level of payments could be reduced by 2 percent
- 5 in 2020 and would still be sufficient to cover providers'
- 6 costs. So this draft recommendation is not expected to have
- 7 an adverse impact on beneficiaries' access to care.
- 8 Consistent with the Commission's principle that
- 9 it is incumbent on Medicare to maintain financial pressure
- 10 on providers to constrain costs, this draft recommendation
- 11 would increase financial pressure on providers but it is
- 12 not expected to affect their willingness or ability to care
- 13 for beneficiaries.
- 14 So with that I'll turn it back to Jay.
- DR. CROSSON: Thank you, Kim. Before we proceed
- 16 with voting I want to correct the record. The previous
- 17 recommendation was not passed unanimously. A Commissioner
- 18 was absent. Sixteen members voted in the affirmative, one
- 19 will be recorded as not voting.
- 20 We will proceed to vote on the draft
- 21 recommendation for hospice services. All Commissioners in
- 22 favor of the recommendation please raise your hand.

- 1 [Show of hands.]
- DR. CROSSON: All opposed.
- 3 [No response.]
- 4 MS. MARJORIE GINSBURG: I was talking.
- 5 DR. CROSSON: Okay. Abstentions, other than
- 6 that.
- 7 [No response.]
- 8 So we have 16 votes in the affirmative and one
- 9 talking, which I will count as an affirmative. Thanks very
- 10 much.
- 11 Thank you, Kim.
- 12 [Pause.]
- DR. CROSSON: Just to be clear, Carol, you're
- 14 going to present the SNF one, and then we're going to
- 15 rotate presenters; is that right?
- DR. CARTER: Yes.
- DR. CROSSON: Okay. Sorry.
- DR. CARTER: Are we ready?
- DR. CROSSON: We're ready.
- DR. CARTER: Okay.
- In this block of presentations, we'll consider
- 22 the adequacy of payments for thee PAC settings: skilled

- 1 nursing facilities, home health agencies, and inpatient
- 2 rehabilitation facilities. We discussed the full
- 3 information for each setting in December, and you have the
- 4 complete papers. So each of these presentations will be
- 5 short. I'll start with the analysis of Medicare's payments
- 6 to SNFs.
- 7 In 2017 there were about 15,000 providers that
- 8 furnished services to 2.3 million beneficiaries. About 4
- 9 percent of fee-for-service beneficiaries used SNF services.
- 10 Medicare spending on fee-for-service totaled \$28.4 billion.
- Our analysis of the adequacy of payments found
- 12 that indicators are mostly positive. In 2017, supply was
- 13 steady. Even though covered admissions and days decreased
- 14 between '16 and '17, these trends are consistent with the
- 15 decline in inpatient hospital stays that were three days or
- 16 longer, which is required for Medicare coverage, and with
- 17 expanded MA enrollment and alternative payment models,
- 18 which are likely to use fewer SNF services. The marginal
- 19 profit, an indicator of the financial incentive to treat
- 20 Medicare beneficiaries, was 19.1 percent.
- 21 Quality performance was mixed, with small changes
- 22 from 2016.

- 1 Access to capital is adequate and expected to
- 2 remain so. Medicare remains the providers' preferred
- 3 payer.
- In terms of payments and costs, the Medicare
- 5 margin for 2017 was 11.2 percent, and this was the
- 6 eighteenth year in a row that the average was above 10
- 7 percent.
- 8 For efficient providers, those with relatively
- 9 low cost and high quality, the average Medicare margin was
- 10 18 percent, further evidence that Medicare overpays for SNF
- 11 care. We project the 2019 margin to be 10 percent.
- The Commission's analysis of payment adequacy
- 13 often considers revisions to the payment system that would
- 14 improve its accuracy and equity. CMS is poised to
- 15 implement a revised PPS that will base payments on patient
- 16 characteristics, not the amount of therapy furnished.
- 17 The revised design is consistent with MedPAC's
- 18 recommendations for a SNF PPS and the PAC PPS. The changes
- 19 are likely to prompt many providers to revise their mix of
- 20 cases and cost structures, which would change the relative
- 21 costs of different types of stays and indicate the need for
- 22 the relative weights to be recalibrated.

- 1 In considering how payments should change for
- 2 2020, there are two takeaways. First, the SNF PPS
- 3 continues to favor the provision of therapy and needs to be
- 4 revised. Further, to keep payments and costs aligned, the
- 5 relative weights of the case-mix groups should be updated
- 6 annually.
- 7 Second, the level of payments is too high, given
- 8 the costs of treating beneficiaries.
- 9 The first draft recommendation reads: "The
- 10 Secretary should proceed to revise the skilled nursing
- 11 facility prospective payment system in fiscal year 2020 and
- 12 should annually recalibrate the relative weights of the
- 13 case-mix groups to maintain alignment of payments and
- 14 costs."
- 15 In terms of implications, relative to current
- 16 law, this recommendation would not change program spending.
- 17 The recommendation is budget-neutral to the current level
- 18 of spending.
- 19 For beneficiaries and providers, a revised PPS
- 20 will increase the equity of Medicare's payments for all
- 21 case types and help ensure access for all beneficiaries,
- 22 including those with medically complex conditions. We do

- 1 not expect the recommendation to affect providers'
- 2 willingness or ability to care for Medicare beneficiaries.
- 3 Turning to the level of spending, the second
- 4 draft recommendation reads: "The Congress should eliminate
- 5 the fiscal year 2020 update to the Medicare base payment
- 6 rates for skilled nursing facilities."
- 7 In terms of implications, spending would decrease
- 8 relative to current law by between \$750 million and \$2
- 9 billion for fiscal year 2020 and between \$5 billion and \$10
- 10 billion over five years.
- 11 For the beneficiary and provider, "Given the high
- 12 level of Medicare's payments, we do not expect adverse
- 13 impacts on beneficiaries. Providers should continue to be
- 14 willing and able to treat beneficiaries."
- Now I'll turn the voting over to Jay and put up
- 16 both recommendations.
- DR. CROSSON: Thank you, Carol.
- 18 Based again on our discussion in December and the
- 19 decision to proceed to expedited voting, I'll now ask for a
- 20 vote on these recommendations together.
- 21 You have the recommendations before you. All
- 22 Commissioners voting in favor of the recommendations,

- 1 please raise your hand.
- 2 [Show of hands.]
- 3 DR. CROSSON: All opposed?
- 4 [No response.]
- DR. CROSSON: Abstentions?
- [No response.]
- 7 DR. CROSSON: Seeing none, the recommendations
- 8 passed unanimously.
- 9 Thank you, Carol.
- 10 [Pause.]
- DR. CROSSON: Okay. Evan, are you going to take
- 12 us through the update for home health?
- MR. CHRISTMAN: Yes.
- Good afternoon. We're going to look at home
- 15 health next. As Carol mentioned, we had a longer
- 16 presentation, going to summarize a longer presentation we
- 17 presented in December, and you also have the paper that
- 18 includes some revisions you requested. Please let me know
- 19 if you have any questions about the revisions.
- 20 As a reminder, Medicare spent \$17.7 billion on
- 21 home health services in 2017. There were over 11,800
- 22 agencies, and the program provided about 6.3 million

- 1 episodes to 3.4 million beneficiaries. And about 8.8 fee-
- 2 for-service beneficiaries used home health in 2017.
- 3 As you may recall, our indicators for home health
- 4 were mostly positive. Beneficiaries have good access to
- 5 care. The number of agencies has declined slightly, and
- 6 the number of episodes declined slightly in 2017. But both
- 7 remain relatively high, and the marginal profit in 2017 was
- 8 17.5 percent, indicating that home health agencies have an
- 9 incentive to serve Medicare beneficiaries.
- 10 For quality measures, we saw trends consistent
- 11 with earlier years. The rates of hospitalization and
- 12 emergency department use were unchanged.
- The functional measures showed improvement in
- 14 2017, but as we discussed in December and note in the
- 15 paper, agency coding practices may contribute to this
- 16 trend.
- 17 Access to capital is adequate. The all-payer
- 18 margins in 2017 were 4.5 percent, and the financial
- 19 performance of this sector under Medicare is strong. And
- 20 these are the highest margins of any fee-for-service
- 21 provider you've seen this cycle.
- Home health agencies had Medicare margins of 15.2

- 1 percent in 2017, and we project margins of 16 percent in
- 2 2019. The median margin for the efficient provider in 2016
- 3 was 24 percent.
- 4 Based on these findings, we offer the following
- 5 draft recommendation. The recommendation reads: "For
- 6 2020, the Congress should reduce the calendar year 2019
- 7 Medicare base payment rate for home health agencies by 5
- 8 percent."
- 9 The impact of this change would be to lower
- 10 spending by \$750 million to \$2 billion in 2020 and 5- to
- 11 \$10 billion over five years.
- 12 The impact to beneficiaries should be limited,
- 13 and we do not expect it to affect beneficiary access to
- 14 care, and it should not affect provider willing to serve
- 15 beneficiaries.
- This completes my presentation.
- DR. CROSSON: Thank you, Evan.
- 18 We'll now invite comments or questions on any of
- 19 the Commissioner-requested changes to the text.
- 20 [No response.]
- 21 DR. CROSSON: Seeing none, we'll proceed to the
- 22 vote. The recommendation is before you. All Commissioners

- 1 in favor of the recommendation, please signify by raising
- 2 your hand.
- 3 [Show of hands.]
- 4 DR. CROSSON: All opposed?
- [No response.]
- DR. CROSSON: Abstentions?
- 7 [No response.]
- B DR. CROSSON: The recommendation passes
- 9 unanimously.
- 10 Thank you, Evan.
- I would point out parenthetically here, we've
- 12 made this point in general. I think after these last two
- 13 presentations, it's important to note that the
- 14 recommendation we made for acute care hospitals increases -
- 15 if it's adopted, increases Medicare payment. It's more
- 16 than made up for -- or would be more than made up for by
- 17 our recommendations here in a number of post-acute care
- 18 settings.
- 19 Okay. Craig and --
- 20 MR. LISK: All right. What?
- 21 DR. CROSSON: Craig and Dana are here to talk
- 22 about an update to IRFs.

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- 1 MR. LISK: Okay. Good afternoon.
- 2 So, last month, the Commission discussed the
- 3 findings from our update analysis of inpatient
- 4 rehabilitation facilities, and we will review those
- 5 findings briefly and then present the draft recommendation
- 6 for your consideration.
- Just as a reminder, here is a bit of background
- 8 information on inpatient rehab facilities.
- 9 In 2017, Medicare spent \$7.9 billion on care
- 10 provided in about 1,180 IRFs nationwide, most of which were
- 11 hospital-based units that are part of acute care hospitals.
- 12 There were about 380,000 fee-for-service
- 13 beneficiary IRF stays in 2017, but because freestanding
- 14 IRFs tend to be larger and have higher occupancy rates,
- 15 slightly more than half of all cases are in freestanding
- 16 facilities. Slightly less than 1 percent of fee-for-
- 17 service Medicare beneficiaries had an IRF stay in 2017.
- Overall, our indicators of payment adequacy are
- 19 positive.
- 20 Let's start with access. Overall, capacity
- 21 appears adequate to meet demand. While we saw a slight
- 22 decrease in the number of IRFs in 2017, the total bed

- 1 supply actually increased slightly.
- The average IRF occupancy rate was 65 percent,
- 3 indicating that capacity was more than adequate to handle
- 4 current demand for services. The number of IRF discharges
- 5 per fee-for-service beneficiary did fall 2.4 percent in
- 6 2017 from 2016, however, but we see strong marginal profits
- 7 for both freestanding and hospital-based IRFs, indicating
- 8 that IRFs have an incentive to take more Medicare
- 9 beneficiaries that qualify for IRF-level care.
- To assess quality of care in IRFs, we looked at
- 11 discharges to the community and to SNFs and readmissions to
- 12 the acute care hospitals. We also looked at measures of
- 13 improvement of motor function and cognition. We have seen
- 14 slight improvement in all of these measures since 2012.
- 15 We then considered access to capital. Hospital-
- 16 based IRFs have good access to capital through their parent
- 17 institutions. Large chains also have very good access to
- 18 capital. We were not able to determine the ability of
- 19 other freestanding facilities to raise capital, however.
- 20 All payer margins, though, in freestanding IRFs
- 21 were robust, 10.4 percent in 2017.
- Finally, we looked at payments and costs.

- 1 Payments have been rising faster than costs on average over
- 2 the past five years, leading to a health Medicare aggregate
- 3 margin in 2017 of 13.8 percent. We expect the cost growth
- 4 is likely to exceed payment growth in 2018 and 2019, and so
- 5 we've projected that the aggregate margin will fall to 11.6
- 6 percent in 2019.
- 7 In 2020, IRF-based payment rates are slated to
- 8 increase by 2.7 percent, and so we lead to the draft
- 9 recommendation, which reads: "For 2020, Congress should
- 10 reduce the fiscal year 2019 Medicare-based payment rate for
- 11 inpatient rehabilitation facilities by 5 percent."
- 12 The implication for spending is it would decrease
- 13 Medicare spending by between \$250 million and \$500 million
- 14 in fiscal year 2020, and by between \$5 billion and \$10
- 15 billion over five years.
- 16 For the implications on beneficiaries and
- 17 providers, we anticipate no adverse effect on Medicare
- 18 beneficiaries' access to care. The recommendation, though,
- 19 may increase financial pressure on some providers.
- 20 So that concludes our presentation, and we'll
- 21 turn it back to Jay.
- DR. CROSSON: Thank you, Craig.

- 1 Based on our discussion in December and our
- 2 decision to go to expedited voting in January, we have the
- 3 draft recommendation before us. All Commissioners in favor
- 4 of the draft recommendation, please raise your hands.
- 5 [Show of hands.]
- DR. CROSSON: All opposed?
- 7 [No response.]
- 8 DR. CROSSON: Abstentions?
- 9 [No response.]
- DR. CROSSON: Seeing none, the recommendation
- 11 passes unanimously.
- 12 Thank you, Craig and Dana.
- 13 [Pause.]
- 14 DR. CROSSON: Okay. We'll now return to the
- 15 regular order. We're going to have a discussion of the
- 16 recommendation for updating payments to long-term care
- 17 hospitals. Commissioners should note that this
- 18 recommendation is slightly different than the one we
- 19 discussed in December.
- 20 Stephanie?
- MS. CAMERON: Thank you. Good afternoon. Today
- 22 we are here to discuss how payments to LTCHs should be

- 1 updated for fiscal year 2020. We will be reviewing our
- 2 full analysis today because, as you'll recall from
- 3 December, the Commission was concerned about the adequacy
- 4 of Medicare payments for this sector and the Chairman's
- 5 draft recommendation.
- Based on your feedback, our review of the payment
- 7 adequacy indicators, and to ensure equitability with other
- 8 sectors, we will be presenting a revised draft
- 9 recommendation at the end of my presentation.
- However, before I go on, I'd like to note a few
- 11 other changes in your mailing materials based on your
- 12 feedback in December.
- 13 Kathy and Marge, we added a discussion regarding
- 14 LTCH use compared with other PAC use following discharge
- 15 from an acute-care hospital.
- 16 Jonathan and David, we provided additional detail
- 17 regarding the use of ICU days as a proxy for defining the
- 18 chronically critically ill.
- 19 And, Kathy, we added a new table and discussion
- 20 in response to your questions about LTCH mortality.
- 21 Today I start by summarizing some background
- 22 information that was included in your mailing materials.

- 1 To qualify as an LTCH under Medicare, a facility must meet
- 2 Medicare's conditions of participation for acute-care
- 3 hospitals and have an average length of stay for certain
- 4 Medicare cases of greater than 25 days.
- 5 Medicare spent \$4.5 billion for about 116,000
- 6 LTCH cases. These cases are expensive with an average
- 7 payment per case of about \$38,000. Given the high cost of
- 8 LTCH care, the Commission has sought to understand the
- 9 level of care and cases most appropriate for this sector.
- 10 However, MedPAC, other researchers, and
- 11 policymakers have struggled with how to define the patients
- 12 most appropriate for LTCH care over the past several
- 13 decades. LTCH medical staff, administrators, and case
- 14 managers have been unable to reach consensus on describing
- 15 patients most appropriate for LTCH care during
- 16 conversations with the Commission.
- 17 The literature describes the chronically
- 18 critically ill as patients with multiple-body system
- 19 failures; requiring heavy ICU use; being ventilator
- 20 dependent with major co-morbidities; multiple organ
- 21 failures; or with septicemia and other complex infections.
- 22 Research has found that ICU days are an indicator of case

- 1 complexity and are readily available in administrative
- 2 data.
- With that in mind, in 2014 the Commission
- 4 recommended that standard LTCH payment rates be paid only
- 5 for LTCH patients who meet certain criteria at the point of
- 6 transfer from an acute-care hospital. Such cases should be
- 7 those that spent eight or more days in an ICU or received
- 8 mechanical ventilation for 96 hours or more. The
- 9 Commission recommended that Medicare pay for all other
- 10 cases admitted to LTCHs using an IPPS-based payment rate.
- 11 The Pathway for SGR Reform Act of 2013
- 12 established a dual-payment rate structure. Cases meeting
- 13 the criteria, those preceded by an acute-care hospital
- 14 discharge that either spent three or more days in the ICU
- 15 of the referring acute-care hospital or received prolonged
- 16 mechanical ventilation in the LTCH are paid under the LTCH
- 17 PPS and will be the focus of a lot of the analysis I will
- 18 walk through. The policy began in fiscal year 2016 and,
- 19 until 2020, cases that do not meet the criteria are paid a
- 20 rate equal to 50 percent of the site-neutral rate and 50
- 21 percent of the much higher standard LTCH payment rate.
- I will now turn to the question of how payments

- 1 to LTCHs should be updated for fiscal year 2020. To
- 2 determine the update recommendation, we will review payment
- 3 adequacy using our established framework.
- 4 While we apply our established framework in the
- 5 same manner for LTCHs, we expect substantial changes from
- 6 the implementation of the dual-payment rate structure given
- 7 the financial disincentive for LTCHs to continue taking
- 8 Medicare beneficiaries not meeting the criteria. Because
- 9 of the reduction in payment, the extent to which LTCHs are
- 10 able to alter their admission patterns toward cases meeting
- 11 the criteria determines facilities' financial performance
- 12 under Medicare.
- Because some LTCHs have dramatically altered
- 14 their admission patterns in response to the policy
- 15 consistent with the goals of the dual-payment rate
- 16 structure, some of our analyses focus on LTCHs with more
- 17 than 85 percent of their cases meeting the criteria. I
- 18 will specify when we consider this subset of providers
- 19 during this presentation.
- 20 With that, we have no direct indicators of
- 21 beneficiaries' access to needed LTCH services, so we focus
- 22 on changes in use, capacity, and occupancy. Starting with

- 1 use, the number of LTCH cases declined starting in 2012.
- 2 The volume of cases meeting the criteria decreased slightly
- 3 from 2012 to 2015. Starting in 2016, the volume of cases
- 4 meeting the criteria increased, as expected by the
- 5 implementation of the dual-payment rate structure.
- In contrast, cases not meeting the criteria
- 7 declined more rapidly from 2015 to 2017 compared with THE
- 8 prior years. As a result, the share of LTCH discharges
- 9 meeting the criteria has increased since 2012. Just over
- 10 half of LTCH cases met the criteria prior to the
- 11 implementation of the dual-payment rate structure; however,
- 12 this share increased to about 64 percent in 2017.
- Moving to other indicators of access, supply has
- 14 decreased since 2012, and we expect addition reductions in
- 15 2018. Occupancy has decreased by about two percentage
- 16 points from 2016 to 2017; however, despite these trends,
- 17 Medicare marginal profit remains strong. Therefore, we
- 18 contend that LTCHs have a financial incentive to increase
- 19 their occupancy rates with Medicare beneficiaries who meet
- 20 the criteria.
- 21 Now, quality. Not unexpectedly, given
- 22 differences in patient severity, unadjusted rates of LTCH

- 1 readmissions and morality varied depending on whether or
- 2 not the case met the criteria, but were stable over time.
- 3 In 2017, for cases meeting the criteria, 10 percent were
- 4 readmitted to the acute-care hospital directly from the
- 5 LTCH, 16 percent died in the LTCH, and another 13 percent
- 6 died within 30 days of discharge from the LTCH. This means
- 7 that, combined, close to 40 percent of LTCH cases meeting
- 8 the criteria in 2017 were readmitted or died within 30 days
- 9 of LTCH discharge. By comparison, cases not meeting the
- 10 criteria have lower rates of readmission and mortality.
- We have begun to provide information for several
- 12 outcomes measures reported publicly by CMS that we
- 13 discussed in December and were included in your mailing
- 14 materials. As you'll recall, these measures have not been
- 15 in place long enough for a time-series analysis, and we
- 16 will continue to monitor them.
- Moving now to access to capital, access to
- 18 capital allows LTCHs to maintain and modernize their
- 19 facilities; however, given the last decade of policies that
- 20 have limited industry growth, which include moratoria on
- 21 new facilities and the implementation of the dual-payment
- 22 rate structure, the availability of capital is limited

- 1 across the industry.
- 2 LTCHs' access to capital also depends on their
- 3 all-payer profitability which was 0.2 percent in 2017 down
- 4 from 3.1 percent in 2016 resulting from reduced payments
- 5 for cases not meeting the criteria. LTCHs with more than
- 6 85 percent of their Medicare cases meeting the criteria had
- 7 an aggregate all-payer margin of 4.2 percent in 2017.
- 8 In 2017, the aggregate Medicare margin fell to
- 9 negative 2.2 percent down from 3.9 percent in 2016.
- 10 However, the aggregate Medicare margin for LTCHs with more
- 11 than 85 percent of Medicare cases meeting the criteria was
- 12 4.6 percent, indicating that facilities with a high share
- 13 of these cases can have positive financial performance
- 14 under Medicare.
- 15 We project that the 2017 Medicare margin for
- 16 LTCHs with a high share of cases meeting the criteria will
- 17 decline in 2019. Our projection of the LTCH margin for
- 18 fiscal year 2019 focuses on LTCHs with more than 85 percent
- 19 of their Medicare cases meeting the criteria. We expect
- 20 significant changes in LTCHs' costs as the dual-payment
- 21 rate structure is fully implemented and LTCHs continue to
- 22 increase their Medicare admissions toward cases that meet

- 1 the criteria.
- 2 However, once an LTCH has reached a threshold of
- 3 Medicare cases that meet the criteria, we expect changes in
- 4 cost will become increasingly stable and reflect cost
- 5 growth levels consistent with those prior to 2016. Using
- 6 these historical levels of cost growth, we project a 1.2
- 7 percent Medicare margin for LTCHs with a high share of
- 8 cases meeting the criteria for 2019.
- 9 In sum, measures of beneficiary access, quality
- 10 of care, and the industry's access to capital are mixed as
- 11 is expected from an industry in flux. Focusing on
- 12 financial performance under Medicare, we project that the
- 13 2019 margin for LTCHs with a high share of cases meeting
- 14 the criteria will be 1.2 percent, down from 4.6 percent in
- 15 2017.
- 16 As I mentioned, the Chairman's draft
- 17 recommendation presented in November was for no update to
- 18 LTCH payment rates; however, based on concerns about
- 19 payment adequacy and equity with other sectors, we re-
- 20 evaluated our indicators and, given the trends we observed
- 21 for LTCHs, focused on cases meeting the criteria.
- 22 The revised draft recommendation reads: For

- 1 2020, the Secretary should increase the fiscal year 2019
- 2 base payment rates for long-term care hospitals by 2
- 3 percent.
- A 2 percent update for 2020 will decrease federal
- 5 program spending relative to the expected regulatory update
- 6 of 2.8 percent by less than \$50 million in 2020 and by less
- 7 than \$1 billion over 5 years.
- 8 We anticipate that LTCHs can continue to provide
- 9 Medicare beneficiaries who meet the criteria with access to
- 10 safe and effective care.
- 11 And, with that, I turn it back to Jay.
- DR. CROSSON: Thank you, Stephanie.
- We'll proceed to clarifying questions. Yes,
- 14 Jonathan, and then Warner.
- 15 DR. JAFFERY: Thanks, Stephanie. This is a great
- 16 report on the updates. Just a quick question. In the
- 17 mailing materials on page 23 in the table, you have Table
- 18 11-5, which gives the different kinds of readmission rates
- 19 and in-LTCH mortality and three-day post-discharge for a
- 20 number of conditions. I wonder if we have the ability to
- 21 dig a little deeper on that in the future around some other
- 22 factors. Age comes to mind, and other co-morbidities. It

- 1 seems like there's a real opportunity for understanding a
- 2 little bit better prognoses in some of these situations.
- 3 So just a thought for a future -- unless you know some of
- 4 those things off the top of your head.
- 5 MS. CAMERON: Absolutely. I think, you know, for
- 6 a long time we have been providing unadjusted measures and
- 7 unadjusted rates because for quite some times LTCHs did not
- 8 have an assessment instrument that allowed for risk
- 9 adjustment. The LTCH care database has now been used, and
- 10 assessment data is becoming increasingly available in this
- 11 sector. So I think as we move forward, we will be able to
- 12 certainly start thinking about better risk adjustments for
- 13 this population and see kind of how we can incorporate that
- 14 data. I think starting with age is certainly a
- 15 possibility.
- 16 If you'll recall, there is a much higher share of
- 17 Medicare beneficiaries in LTCHs that are under 65. So, you
- 18 know, that's actually kind of an interesting difference
- 19 from the other post-acute-care settings where some of these
- 20 younger patients are actually very, very sick. And so, you
- 21 know, we can certainly look at some of these by those
- 22 factors, and it will be interesting to see what we find in

- 1 the future.
- DR. JAFFERY: Thank you.
- 3 DR. CROSSON: Warner.
- 4 MR. THOMAS: This may be more of a question for
- 5 Jim. When we look at all-payer margins, are we -- is that
- 6 cash flow? Is that operating income? Are we excluding any
- 7 expenses? Is it pre-taxing -- like what exactly are we
- 8 looking at when we look at all-payer income?
- 9 DR. MATHEWS: Yeah. So we look at overall net
- 10 profit margins here, if I'm getting this right, and we only
- 11 take into account Medicare allowable costs, which vary by
- 12 sector. So earlier this afternoon Kim mentioned that with
- 13 respect to calculation of hospice margins, there are a
- 14 couple of cost categories that we do not consider in our
- 15 Medicare margin. And, similarly, when we are going to talk
- 16 about ESRD, there are cost categories that we exclude for
- 17 this purpose.
- 18 MR. THOMAS: I mean, so are there -- it may be
- 19 just interesting to know what is -- I mean, I have no idea
- 20 like what would be excluded or how material that is just on
- 21 a go-forward -- I mean, it's not necessarily related just
- 22 to LTCH, but just in general, how material is it? Is it a

- 1 half a percent? Is it multiple percent? Just so we
- 2 understand.
- 3 DR. MATHEWS: In hospice where there are distinct
- 4 categories, we do quantify --
- 5 MR. THOMAS: Right.
- 6 DR. MATHEWS: -- the impact on margins of
- 7 including versus excluding those costs. I don't think in
- 8 the LTCH sector we are dealing with the same issue of
- 9 Medicare allowable costs the way we are in these couple of
- 10 other --
- 11 MR. THOMAS: What about in other areas? In all
- 12 the disciplines we've looked at, I mean, would there be
- 13 excluded costs that would not be in the all-payer margin
- 14 numbers?
- DR. CROSSON: I thought -- I may be wrong, but I
- 16 thought when we were dealing with hospice bereavement
- 17 costs, we were talking about something around 1 percent.
- 18 MR. THOMAS: Okay.
- 19 DR. CROSSON: Is that right? Something like
- 20 that.
- 21 MR. THOMAS: But consistently in other categories
- 22 we've approved during the day today, I mean, the same sort

- 1 of thing, there would be excluded costs that are outside of
- 2 the all-payer margin. Is that correct?
- 3 MS. CAMERON: No. For the all-payer margin,
- 4 we're looking at a total revenue calculation and a total
- 5 cost calculation that comes into the hospital. So I think
- 6 what Jim was speaking to was the Medicare margin. The all-
- 7 payer margin, we're looking at the cost reports at the
- 8 bottom line, what costs have gone out and what revenues
- 9 have come in.
- 10 MR. THOMAS: So there's no excluded costs or
- 11 revenue. So if you're looking at proprietary, it would
- 12 include -- it would be pre-tax or post-tax or -- I'm just
- 13 trying to us what the --
- 14 DR. STENSLAND: There's a schedule in the cost
- 15 report where they're just supposed to take the information
- 16 from your audited financial statement and just stick it on
- 17 there.
- MR. THOMAS: Okay.
- 19 DR. STENSLAND: So it's going to include
- 20 everything on there. You might -- but it's supposed to be
- 21 at the individual hospital level.
- MR. THOMAS: I got it.

- DR. STENSLAND: So you could have an individual
- 2 hospital level that has its profit and cost, and then you
- 3 have it's owned by a system and you wouldn't always include
- 4 all like the system's taxes and things.
- 5 MR. THOMAS: What about in the other areas like
- 6 home health and, you know, rehab and others? The same sort
- 7 of thing?
- 8 DR. STENSLAND: I'm not familiar with those cost
- 9 reports, but I'm assuming it's the same thing.
- DR. CROSSON: Other clarifying questions?
- [No response.]
- 12 DR. CROSSON: Let's put the recommendation -- it
- 13 is up. We'll now have discussion of the recommendation.
- 14 In favor, or opposed, other ideas? Kathy.
- 15 MS. BUTO: So I'm in favor of the recommendation,
- 16 and I think it was a good discussion that led us to this
- 17 point. It must have led to some pretty good staff
- 18 discussions that led to this revised recommendation.
- 19 I wanted to just mention something that -- to me,
- 20 LTCHs are almost like the poster child for this issue that
- 21 has been rattling around in my brain about PAC, unified
- 22 PAC, and directionally going forward, and that is that I

- 1 think we've tended to think of unified PAC as sort of the
- 2 place we're going and we have to deal with issues like
- 3 different criteria for entering those facilities or for
- 4 being a patient who qualifies for service in that facility
- 5 or whatever, or even in home health. And I've been
- 6 struggling with how do we reconcile those differences and
- 7 standards, and in a unified PAC, are we going to get to a
- 8 place where you have just a standard set of conditions of
- 9 participation.
- 10 The LTCH presentation kind of brought home to me
- 11 that there truly are some patients that won't easily fit
- 12 into other sites of care. And so what I'm thinking of --
- 13 and this is a longer discussion -- is that, yes, we can
- 14 achieve a greater degree of equity and comparability and
- 15 site-neutral payment based on clinical characteristics of
- 16 patients, but there may be patients like ventilator-
- 17 dependent patients, patients with long ICU stays and so on
- 18 who somehow in this unified PAC we want to make sure we're
- 19 not discouraging care, specialized care for those kinds of
- 20 individuals. And I think that helps us also address the
- 21 issue of different standards for institutions or for
- 22 programs within institutions to deal with these different

- 1 kinds of patients. And I know the staff has been thinking
- 2 of different ways to address this, but I just wanted to get
- 3 that out there because I think we tend to think of, you
- 4 know, our eventual path leading us to a much more unified
- 5 system, but this one brings home to me that there really
- 6 are some patients who -- and I'm not historically a great
- 7 fan of LTCHs. I think I was part of the group that
- 8 recommended we just eliminate the category when I was at
- 9 CMS. But I do think it's important to recognize that, as
- 10 we move forward, there be some way to address both the
- 11 differences in the criteria to qualify, and it may help us
- 12 with all these different things like three-day prior
- 13 hospitalization and long ICU stays and stuff like that, and
- 14 also to recognize that patients need different things.
- 15 So I just wanted to get that out there.
- 16 DR. CROSSON: Carol, would you care to comment,
- 17 or is it fine? And then we'll go to Brian.
- 18 DR. CARTER: So the way I would think about this
- 19 is to make sure in the risk adjustment model, we have
- 20 indicators of things that we think are really important for
- 21 identifying really high-cost patients.
- So, for example, you might want to include an

- 1 indicator for ventilator patients, so that they pull enough
- 2 of the payments towards them, or severe wounds or ICU
- 3 lengths of stay of eight or more days or severity level No.
- 4 4. So all those things are going to be pulling in
- 5 resources, resource requirements to those patients, and the
- 6 payments for those patients would go up. So that's on the
- 7 payment side, making sure that we're directing our dollars
- 8 towards patients we think have high-care needs.
- 9 On the other side, we've talked about having
- 10 regulatory requirements that are patient condition-
- 11 specific. So instead of licensing by shingle on the door,
- 12 it would be licensing by the types of patients you're
- 13 opting to treat.
- So for ventilator cases, for example, you might
- 15 pull in requirements that some of which might be current
- 16 LTCH requirements. I don't know. We're going through
- 17 that.
- 18 You might have minimum staffing levels. You
- 19 might have certain training requirements. It's not just
- 20 what are the care needs, but what are the staffing and
- 21 equipment needs to take care of patients? Ventilator
- 22 patients and severe wound cases are, for example, patients

- 1 where it's not just that you have the right equipment, but
- 2 you need to have staffing that's adequately trained.
- 3 So I think of like ventilator cases and patients
- 4 that really meet the LTCH requirements as having -- trying
- 5 to identify who those patients are and having requirements
- 6 that meet them, so that's how we're thinking about it.
- 7 Does that help?
- 8 MS. BUTO: That helps.
- 9 You and I talked also about stroke patients and
- 10 IRFs and things like that.
- DR. CARTER: Yes, that's right.
- 12 MS. BUTO: Again, SNFs might be able to treat
- 13 stroke patients just as effectively, but the issue whether
- 14 there should be certain criteria associated with that --
- DR. CARTER: Right. I mean, sometimes Stephanie
- 16 and I talk about maybe LTCHs. We want to think of them as
- 17 almost regional referral centers for certain types of
- 18 cases, and that might be a useful model.
- 19 DR. CROSSON: Okay. Thank you, Carol.
- 20 Brian, and then I saw Jon and Paul and Jaewon.
- 21 DR. DeBUSK: To Kathy's point, I do think the
- 22 unified -- the PAC PPS does fix a lot of issues with the

- 1 prospective payment. But I do think as we build that or
- 2 recalibrate that model -- and, Carol, this is sort of a
- 3 technical, I guess, question/comment combined -- when we go
- 4 to calibrate that model, you're going to have 2.3 million
- 5 SNF stays. Then you're calibrating the same model with
- 6 116,000 LTCH visits.
- 7 The contribution of the LTCH to this regression
- 8 model that we're going to do is beyond negligible. I mean,
- 9 it's probably two or three orders of magnitude beyond
- 10 negligible.
- 11 So one of the concerns would be to make sure that
- 12 the LTCH cases that are these true high cost, I mean these
- 13 long-term mechanical ventilation cases or you hear about
- 14 these stories about beneficiaries who are going to be there
- 15 for six months, we're going to have to figure out a way to
- 16 make sure that their costs don't get completely run over in
- 17 the model.
- 18 And just like we had that dichotomous variable
- 19 that made a home health adjustment, we may have to have a
- 20 lingering or at least a transitioning dichotomous variable
- 21 that accounts for the fact that some of these LTCH cases
- 22 are just fundamentally different and more expensive.

- 1 And I do love your idea, Carol, of different
- 2 levels of certification too. That's complementary because
- 3 what we may want to do is let the dichotomous variable
- 4 relate to the level of certification that the facility has,
- 5 not just the fact that this happens to be an LTCH and
- 6 something else happens to be a SNF.
- 7 So I think, Kathy, you and I are directionally
- 8 going in the same direction. I just don't want the LTCHs
- 9 to get completely run over in the calibration.
- DR. CROSSON: Jonathan.
- 11 DR. JAFFERY: Yeah. Thanks.
- 12 This actually also builds on that a little bit.
- 13 I made some comments about this in December, but when we
- 14 think about the unified PAC PPS, I think about the IRFs and
- 15 the SNFs and the home health as being a pretty clear
- 16 continuum, and I do like the idea of trying to base it on
- 17 what the patient needs are.
- 18 But I still wonder if LTCHs, the level of care
- 19 for patients who go to LTCHs is actually close to acute
- 20 care hospitals than these other areas.
- 21 Even adding to Brian's point about how it's such
- 22 a small number, that it's going to get kind of swamped up

- 1 by all the SNF and other stays and home health stays, how
- 2 you account for that. I just wonder if we should be
- 3 thinking about is there a unified PAC PPS for those three
- 4 other areas and that LTCHs are somehow close to acute care
- 5 hospitals.
- Then the other comment I want to make, again, I
- 7 appreciate the update and the history on the ICU stay in
- 8 the report. So maybe I'm not getting it or maybe I'm just
- 9 perseverating a bit, but it seems to me that showing that
- 10 this prolonged ICU stay is a proxy for LTCH-level intensive
- 11 resource needs isn't exactly the same as saying that
- 12 patients who had a long ICU stay are going to benefit from
- 13 an LTCH stay.
- It seems like we've come to the point where we've
- 15 talked about mechanical ventilation as being sort of the
- 16 specialty care that an LTCH provides. In fact, that's what
- 17 sort of drove the recommendation to include that as a
- 18 criteria, an LTCH criteria.
- 19 So if that's really the specialty that they have,
- 20 it's not clear to me why we don't just talk about prolonged
- 21 mechanical ventilation as the criteria because I'm not
- 22 seeing a lot of evidence that patients with other complex

- 1 needs benefit from their LTCH stay.
- 2 MS. CAMERON: Some of the quality data is still
- 3 new. With the evolution of this quality data, I am hopeful
- 4 that in the future, perhaps we can provide more comparisons
- 5 to the extent that you're discussing.
- There will be some vent weaning and some
- 7 ventilator-associated quality metrics coming online that I
- 8 hope we'll be able to talk about in the next couple years.
- 9 Hopefully, those will provide some value.
- 10 I do just want to circle back. In terms of
- 11 thinking about some of these populations within the PPS,
- 12 Carol mentioned ventilator, and as we dig deeper on how we
- 13 define ventilator in the post-acute care setting and
- 14 compare it across, what we're finding is well upward of --
- 15 well over 95 percent of beneficiaries who receive an
- 16 invasive mechanical ventilation in a post-acute care
- 17 setting are in fact in LTCHs.
- 18 And I think as our analysis is updated and as we
- 19 are better able to refine invasive versus non-invasive
- 20 vents because they're two very different things, as many of
- 21 you are well aware, when we look at those invasive vents,
- 22 the vast, vast majority of them in the post-acute care

- 1 setting are in LTCH, and therefore, the model will
- 2 calibrate appropriately to reflect primarily LTCH costs for
- 3 that category, which will far outweigh other PAC provider
- 4 costs.
- 5 So, Brian, you're absolutely right with your
- 6 example of the 2.3 million SNF relative to the 116,000
- 7 LTCH. When we look at this very small category, it is so
- 8 heavily weighted LTCH that we are finding that's what's
- 9 carrying that predictive cost in the model.
- DR. CROSSON: Okay. Paul? Pass.
- Jaewon.
- 12 DR. RYU: Just on the unified PAC PPS, I thought
- 13 -- and I may not be remembering this right, but from one of
- 14 our earlier discussions in the fall when we talked about
- 15 LTCH, there were markets where LTCHs has never been very
- 16 present, and somehow the care got absorbed through the
- 17 other categories. I just think as we delve deeper into
- 18 that discussion, it may be informative to look at those
- 19 markets around how did that happen, how did they get
- 20 absorbed, and what was it about the cost structure of
- 21 whether it was the SNFs or wherever?
- The care got met somehow. It's not clear to me

- 1 how because I agree with Kathy and Brian and others.
- 2 There's clearly a subset of patients where the category
- 3 makes sense. So I'm curious how those markets address that
- 4 and what happened to the care because the need clearly
- 5 couldn't have gone away, but what happened? I think that
- 6 would be an informative exercise.
- 7 MS. CAMERON: Do you want me to respond to that?
- B DR. CROSSON: Are you going to answer?
- 9 MS. CAMERON: So I think as we look at different
- 10 markets, there are a few things, and one is even when we
- 11 look at markets across the country, there is an LTCH
- 12 available to a vast majority of Medicare beneficiaries
- 13 within about 90 miles.
- Now, that's not all beneficiaries, but for
- 15 certain beneficiaries who are willing to travel for their
- 16 needs, they do travel.
- 17 Although the median travel distance, I believe,
- 18 is between 15 and 20 miles, the range is huge. That's a
- 19 median, and it's a very, very large range.
- 20 We have found in some of our work that especially
- 21 for things like ventilator-associated conditions, those
- 22 people are more willing to travel, and for those that do

- 1 travel outside of their market area for an LTCH, it's more
- 2 likely for a ventilator issue.
- 3 Because of the numbers and because these patients
- 4 other than the vent are so difficult to define, it's very
- 5 hard to see them and tease them out of the data on a market
- 6 basis. Many of these beneficiaries have very long lengths
- 7 of stay in the acute care hospital, and I think some of our
- 8 hospital people we spoke with during our site visits have
- 9 spoken about the long, long length of stay.
- 10 Some folks in New York were citing 180-day
- 11 lengths of stay in their acute care hospital, but finding
- 12 the folks who are longer than the average, 5.3-day average
- 13 length of day, they could stay 30 days in the acute care
- 14 hospital. And that might mimic more of their length of
- 15 stay in the LTCH, and it's very difficult to tease out.
- 16 So I think LTCHs are unevenly distributed
- 17 throughout the country, but they are often in markets with
- 18 a critical population mass. And that represents a vast
- 19 majority of Medicare beneficiaries, at least within kind of
- 20 an hour-and-a-half travel area. To the extent that those
- 21 folks are able to get to an LTCH, I think they do use it.
- There are SNFs, not a lot, but there are SNFs

- 1 that do provide that care. And we spoke with markets like
- 2 that who do have some SNFs that provide this care.
- Now, I think that's still fairly rare in the
- 4 industry. SNF payment is changing, and one of the parts of
- 5 that payment change, we don't expect it to happen
- 6 overnight. But will SNFs over time be able to increase
- 7 their staffing capital in such a way that could support
- 8 this population? There needs to be a critical mass of
- 9 patients on vent for a facility to pay for a respiratory
- 10 therapist and have these physicians do rounds more
- 11 frequently. So a one- or two-off patient at a SNF is not
- 12 going to carry that threshold.
- So there are a lot of dynamics changing here, and
- 14 when we've looked at it, that's what we've found.
- DR. CROSSON: Thank you.
- Jon.
- DR. PERLIN: Right on this point, there's that
- 18 triangulating between Jaewon's comments and Jonathan's
- 19 earlier about the similarity perhaps more to certain
- 20 hospitalized than SNF patients.
- 21 Self-service research may already be done, but I
- 22 knew you were really skirting to it -- is that if you look

- 1 at those areas without SNFs within X number of miles or X
- 2 number of hours of drive time, it would seem that one
- 3 potentially calibrating population would be those extreme
- 4 outlier ventilated patients with excessively long lengths
- 5 of stay.
- 6 And that may help with Brian's point about the
- 7 asymmetry of the groups in terms of modeling out that group
- 8 of patients.
- 9 DR. CROSSON: Do you have a comment, Brian?
- DR. DeBUSK: On that, that may be one of the
- 11 reasons.
- 12 Actually, last week, I exchanged some emails with
- 13 Jim. We were speculating -- or I was speculating. One of
- 14 the reasons we were having some trouble separating out
- 15 these, teasing apart these populations is there may be some
- 16 LTCH patients that are legitimate PAC patients and will be
- 17 well addressed by the PAC PPS.
- 18 There may be some outliers that are really just
- 19 levels of MS-DRGs that we don't currently account for.
- I mean, it would be interesting to see if you
- 21 could take the IPPS, selectively add a few severity levels
- 22 to some existing DRGs to accommodate for those, peel those

- 1 patients off, and then let the balance of them go into the
- 2 PAC PPS, because I was looking at the ventilator, the
- 3 patients within the ventilator criteria. It's only like
- 4 19,000 Medicare discharges out of 116,000. So the vent
- 5 isn't quite the bright white line that we were looking for.
- 6 And when you think about this whole definition of
- 7 CIRCADIAN and three days in ICU, I mean, it starts to sound
- 8 a little bit like a poor man's grouper. In the IPPS, we've
- 9 solved that with the DRG grouper.
- 10 And so, again, I do wonder if some of those cases
- 11 that Kathy was mentioning earlier, they may be better fit
- 12 by adding a couple of MS-DRGs on the high end of the
- 13 severity.
- 14 MS. BUTO: Didn't we recommend some increase to
- 15 the outlier payments for hospitals to account for some --
- 16 in some kind of combined policy, I think last year in our
- 17 paper?
- 18 MS. CAMERON: That's right.
- 19 Many of these patients -- and when we talk about
- 20 this, I'm mainly focused on the patients that kind of meet
- 21 the criteria because I think the way the patients are
- 22 defined, those that don't meet the criteria are likely to

- 1 be those that could be seen at other post-acute care
- 2 settings.
- 3 Maybe kind of what's your definition and what
- 4 you're thinking about as, they're more able to be treated
- 5 in a SNF or in another post-acute care setting.
- But when we think about the patients meeting the
- 7 criteria, those patients are extremely expensive, whether
- 8 they're treated in an LTCH or -- and they're very costly, I
- 9 should say. They are very costly to treat, whether it's in
- 10 an LTCH or in an acute-care hospital.
- 11 Many of these patients are financial losers for
- 12 the hospital, regardless of whether they end up getting an
- 13 outlier payment, and so part of our March 2014
- 14 recommendation was -- in addition to putting this in place
- 15 in the LTCH, was to provide the additional money from the
- 16 LTCHs to the acute care hospital in the form of an outlier
- 17 pool that addresses the financial losses that hospitals are
- 18 taking on this type of patient because they're not
- 19 typically profitable.
- 20 DR. CROSSON: Okay. Thank you, Stephanie.
- 21 I think we are ready to proceed with the vote.
- 22 So the draft recommendation is before you. It's amended

- 1 from December. All Commissioners in favor of the draft
- 2 recommended, please raise your hand.
- 3 [Show of hands.]
- 4 DR. CROSSON: All opposed?
- 5 [No response.]
- DR. CROSSON: Abstentions?
- 7 [No response.]
- 8 DR. CROSSON: Passes unanimously.
- 9 Thank you very much, Stephanie.
- 10 We'll move on to the final presentation for the
- 11 day.
- 12 [Pause.]
- DR. CROSSON: Okay. Our final presentation for
- 14 the day is going to be on the update for outpatient
- 15 dialysis services. Nancy and Andy are here, and take it
- 16 away.
- MS. RAY: Good afternoon. Today's presentation
- 18 on assessing the payment adequacy of outpatient dialysis
- 19 services consists of three sections. First, we will answer
- 20 some questions raised during the December meeting. Recall
- 21 during last month's session, Commissioners asked for
- 22 additional information to help in their deliberation of the

- 1 draft update recommendation. Then I will summarize the
- 2 indicators of payment adequacy that we reviewed in
- 3 December. Lastly, I will present the draft update
- 4 recommendation.
- 5 So as background, in 2017, there were about
- 6 394,000 Medicare fee-for-service dialysis beneficiaries
- 7 treated at approximately 7,000 facilities. Total Medicare
- 8 fee-for-service spending was about \$11.4 billion for
- 9 outpatient dialysis services.
- 10 So now I'm going to move to answer some of the
- 11 questions raised during the December meeting.
- Bruce, in 2017, fee-for-service Medicare
- 13 accounted for roughly 45 percent of revenues, according to
- 14 public SEC filings and our preliminary analysis of cost
- 15 reports.
- Jonathan, we have added additional discussion
- 17 about the use of chronic kidney disease care coordination
- 18 and patient education efforts, and some of these have been
- 19 sponsored by payers in addition to providers.
- 20 Kathy and others, we have added additional
- 21 discussion about CMS's revision to the transitional drug
- 22 add-on payment adjustment, including our strong objection

- 1 to the policy. In addition, the broader issue of drug
- 2 pass-throughs is on the list of items that we will discuss
- 3 tomorrow during the drug session.
- 4 Jon and others, we have added additional
- 5 discussion about how CMS adjusts payment in the dialysis
- 6 PPS for rural and low-volume facilities and our concern
- 7 that these adjustments are not well-targeted for low-volume
- 8 and isolated facilities.
- 9 Now let's review the payment adequacy analysis.
- 10 The indicators assessing adequacy are generally positive,
- 11 and you have seen all of this material in December.
- 12 Regarding access, there is a net increase of
- 13 about 250 facilities between 2016 and 2017. Our analysis
- 14 suggests that there were few facility closures in 2016, and
- 15 the few beneficiaries who were affected were able to obtain
- 16 care elsewhere.
- 17 Regarding capacity, the growth in dialysis
- 18 treatment stations has exceeded the growth in the number of
- 19 fee-for-service dialysis beneficiaries between 2016 and
- 20 2017.
- 21 Looking at volume changes, between 2016 and 2017
- 22 the growth in the number of dialysis fee-for-service

- 1 beneficiaries and Medicare-covered treatments remained
- 2 steady. The 17 percent marginal profit suggests that
- 3 providers have a financial incentive to continue to serve
- 4 Medicare beneficiaries.
- 5 So here are trends in quality that we discussed
- 6 lath month. Between 2012 and 2017, mortality admissions
- 7 per beneficiary and the percent of hospitalized
- 8 beneficiaries with a readmission are trending down. The
- 9 percent of dialysis beneficiaries using home dialysis,
- 10 which is associated with improved quality of life and
- 11 patient satisfaction, has increased. These are all good
- 12 trends. On the other hand, the percent of dialysis
- 13 beneficiaries with at least one ED visit has increased
- 14 between 2012 and 2017.
- 15 Regarding access to capital, indicators suggest
- 16 it is robust. An increasing number of facilities are for
- 17 profit and freestanding, and private capital appears to be
- 18 available to the large and smaller-sized multi-facility
- 19 organizations.
- 20 Moving to our analysis of payments and costs, in
- 21 2017, the Medicare margin is -1.1 percent. The Medicare
- 22 margin is higher for high-volume facilities compared to

- 1 low-volume facilities. That is, the margin increases as
- 2 total treatments increase. The lower Medicare margin for
- 3 rural facilities is related to treatment volume. Rural
- 4 facilities are on average smaller than urban ones.
- 5 So the factors that the 2019 projection accounts
- 6 for include the statutory payment increases in 2018 and
- 7 2019; regulatory changes by CMS that are expected to
- 8 increase total payments in both years; and the small
- 9 estimated reduction in total payments due to the ESRD
- 10 Quality Incentive Program in both years.
- 11 Based on these factors, the 2019 projected
- 12 Medicare margin is -0.4 percent, a small increase from the
- 13 2017 margin.
- 14 Here are the policy changes in 2020 that will
- 15 affect spending. I'd like to highlight the third item. As
- 16 discussed earlier, CMS will begin to pay facilities
- 17 separately under its revised TDAPA policy for all new
- 18 dialysis drugs without any offset to the PPS base payment
- 19 rate. We expect this will increase Medicare payments to
- 20 dialysis facilities.
- 21 So here is a quick summary of the payment
- 22 adequacy findings. Access to care indicators are

- 1 favorable. Quality is improving for some measures.
- 2 However, the 2019 Medicare margin is projected at -0.4
- 3 percent.
- 4 So here is the draft recommendation: For
- 5 calendar year 2020 the Congress should update the calendar
- 6 year 2019 Medicare ESRD PPS base rate by the amount
- 7 determined in current law.
- 8 In terms of spending implications, this draft
- 9 recommendation has no effect on spending relative to
- 10 current law. Regarding implications for beneficiaries and
- 11 providers, we anticipate that beneficiaries will continue
- 12 to have good access to care, and we also expect providers'
- 13 continued willingness to furnish care.
- 14 With that we turn it back to Jay.
- DR. CROSSON: Thank you, Nancy. We will take
- 16 clarifying questions. I see Brian, Jon, and Dana.
- 17 DR. DeBUSK: The -- and I think this was Bruce's
- 18 question earlier and I'm sure I can produce it in the
- 19 materials, but what percentage of their treatments go to
- 20 Medicare fee-for-service beneficiaries?
- 21 MS. RAY: It's roughly 60 percent. So 60 percent
- 22 of all treatments are fee-for-service treatments, and

- 1 roughly 45 percent of total revenues is from fee-for-
- 2 service.
- 3 DR. DeBUSK: Okay. So there are about 60 percent
- 4 -- I'm just trying to do a back-of-the-envelope
- 5 calculation. I think in the materials we said their all-
- 6 payer margin was maybe 20 percent.
- 7 MS. RAY: Right. It's about 20 percent. And I
- 8 just want to -- that the 45 percent and 60 percent, those
- 9 are averages and it could vary from facility to facility.
- 10 DR. DeBUSK: Okay. I agree it's an aggregate. I
- 11 was just trying to back into what it would take to get a 20
- 12 percent -- you know, if 60 percent or more of your business
- 13 is at zero margin, effectively -- you know, zero -- what do
- 14 you need to be -- would that mean commercial rates are
- 15 \$550, \$600 a treatment? I'm just trying to think of how
- 16 you get to 20 percent if 60 percent of your business is
- 17 sitting at zero.
- DR. CROSSON: You charge a lot.
- 19 DR. DeBUSK: Well, that's what I'm saying. No,
- 20 no, I'm with you. I'm thinking the non-Medicare treatments
- 21 are going to be 20 percent more. They're going to have to
- 22 be 100 percent more. I mean, are we talking roughly 100

- 1 percent?
- 2 DR. JOHNSON: We don't have an exact number but
- 3 it's in that ballpark, and the type of math you're doing
- 4 makes sense.
- 5 DR. DeBUSK: Okay.
- DR. CROSSON: I recently reviewed, or in the
- 7 process of reviewing a paper that suggests that your
- 8 estimate is correct.
- 9 DR. DeBUSK: Okay. Thank you.
- DR. CROSSON: Other questions? We've got Jon.
- DR. CHRISTIANSON: In your presentation you noted
- 12 that there was an increasing proportion of dialysis
- 13 beneficiaries using the ER, and it's increasing but it's
- 14 not huge.
- 15 MS. RAY: It's not huge but there is a modest
- 16 increase.
- DR. CHRISTIANSON: So my question is, does that
- 18 come predominantly from home- versus facility-based, or did
- 19 you look at that?
- 20 MS. RAY: I have not looked at that.
- DR. CHRISTIANSON: Okay.
- DR. CROSSON: Dana.

- 1 DR. SAFRAN: I forgot I had my hand up before.
- DR. CROSSON: You did, didn't you?
- 3 DR. SAFRAN: I did. Yeah.
- 4 DR. CROSSON: It's late but go ahead.
- DR. SAFRAN: I'm curious, how does the thinking
- 6 about home dialysis get factored into our thinking about
- 7 payment rates for facilities, including, you know, the
- 8 desire, if we have one, to motivate the use of home
- 9 dialysis where it's appropriate, since it's so much better
- 10 quality of life and convenient and all that? So how does
- 11 that fit together with this?
- 12 MS. RAY: So when CMS developed the PPS, and it
- 13 was implemented in 2011, one of the issues was whether to
- 14 pay -- have a separate payment for home dialysis or include
- 15 home dialysis with in-center. And the decision that CMS
- 16 made at that time, based on cost report data, was to not
- 17 have a separate adjustment for home dialysis, because,
- 18 histo4ically, home dialysis costs were less than in-center
- 19 costs.
- 20 DR. SAFRAN: So if I'm a provider I will get paid
- 21 the same regardless of the setting.
- MS. RAY: For patients over the age of 18, that's

- 1 correct.
- DR. SAFRAN: Thank you.
- 3 DR. CROSSON: Kathy.
- 4 MS. BUTO: So as I'm reading this, Nancy, the
- 5 transitional drug add-on payment adjustment is completely
- 6 administrative. In other words, it's not dictated per se,
- 7 this policy, by statute, or is it part of the statute on
- 8 the PPS?
- 9 MS. RAY: So in some law passed, I think it was
- 10 in PAMA perhaps, instructed the agency to develop
- 11 regulations on how new drugs would be paid for under the
- 12 PPS. And so the agency did that and they finalized that in
- 13 2016, I think.
- MS. BUTO: Yeah.
- 15 MS. RAY: And those regulations -- based -- what
- 16 those regulations said was, well, if you have a new drug
- 17 and if it fits any of the existing dialysis drug
- 18 categories, we're going to just put it right into the
- 19 bundle.
- 20 MS. BUTO: Right. They changed that in this
- 21 latest decision.
- MS. RAY: Right. That's correct.

- 1 MS. BUTO: That's the change.
- 2 MS. RAY: Yes.
- 3 MS. BUTO: But even the original interpretation
- 4 was their interpretation. They could have said all new
- 5 drugs are covered under the bundle and we'll recalibrate
- 6 the rates accordingly, from time to time.
- 7 MS. RAY: That's correct.
- 8 MS. BUTO: Okay. I just wanted to be clear on
- 9 that.
- DR. CROSSON: Okay. Seeing no further questions,
- 11 you have the recommendation before you. We will proceed to
- 12 comments, support, oppose, other comments with respect to
- 13 the recommendation.
- [No response.]
- 15 DR. CROSSON: Seeing none, I'd ask for a vote on
- 16 the recommendation. All Commissioners in favor of the
- 17 recommendation before you raise your hand.
- 18 [Show of hands.]
- DR. CROSSON: All those opposed.
- [No response.]
- 21 DR. CROSSON: Abstentions.
- [No response.]

- 1 DR. CROSSON: The recommendation passes
- 2 unanimously.
- DR. CROSSON: Thank you, Andy. Thank you, Nancy.
- 4 We have come to the end of this day, and it's now
- 5 time for a public comment period. If there are any
- 6 members, any of our guests who wish to make a public
- 7 comment please proceed to the microphone. Just wait for my
- 8 instructions for one second, if you would.
- 9 I'll just make a note that there are other
- 10 mechanisms to provide information to the Commission,
- 11 through the staff, either online or in person, that this is
- 12 an opportunity. We'd ask you to state your name and any
- 13 organization you're affiliated with, and please limit your
- 14 comments to two minutes. When this light returns, that's
- 15 two minutes. Thanks.
- MS. DREW: Good afternoon. My name is Lauren
- 17 Drew, and I am the senior manager of advocacy and state
- 18 relations at NHPCO, the National Hospice and Palliative
- 19 Care Organization. On behalf of our president and CEO, Edo
- 20 Banach, I respectfully submit comments on the MedPAC
- 21 Chair's recommendation to Congress that you reduce fiscal
- 22 year 2020 Medicare base payment rates for hospice by 2

- 1 percent.
- 2 The National Hospice and Palliative Care
- 3 Organization is the oldest and largest nonprofit membership
- 4 organization representing hospice and palliative care
- 5 programs and professionals. We represent almost 4,000
- 6 unique programs nationwide.
- 7 The organization is committed to improving
- 8 serious illness and end-of-life care and expanding access
- 9 to hospice and palliative care with the goal of profoundly
- 10 enhancing quality of life for the seriously ill, the dying,
- 11 and their loved ones.
- We believe we bear a special responsibility both
- 13 to ensure that the Medicare hospice benefit is available to
- 14 all Americans and that it continues to deliver the value
- 15 that patients, their families, and all taxpayers deserve.
- 16 It is for that reason that we are deeply
- 17 concerned about the Chair's recommendation and look forward
- 18 to discussing opportunities to strengthen the hospice
- 19 program and ensure adequate hospice reimbursement.
- 20 NHPCO's value agenda is designed to achieve a
- 21 seamless delivery model from patient diagnosis through
- 22 family bereavement. Featuring common-sense reforms for

- 1 person-centered care, our agenda is designed to advance
- 2 patient choice and access to care, particularly in
- 3 underresourced areas; improve provider education and
- 4 training; enhance accountability; and improve program
- 5 integrity.
- 6 Importantly, our vision also unified hospice and
- 7 palliative care, including their payment systems, under a
- 8 single person-centered care umbrella for enhanced
- 9 transparency and predictability. We look forward to
- 10 meeting with Dr. Jim Mathews, Kim Neuman, and staff at our
- 11 scheduled meeting later this month. We are excited to
- 12 share our improved data analytics capabilities and to
- 13 receive your valuable perspective on our work.
- 14 We look forward to offering our assistance to
- 15 MedPAC in their important role in advising Congress.
- 16 Thank you.
- DR. CROSSON: Thank you for your comments.
- 18 Seeing no one else at the microphone, today's
- 19 session is concluded. We will reconvene tomorrow at 8:30.
- 20 Thanks, everybody, for the work.
- 21 [Whereupon, at 3:45 p.m., the meeting was
- 22 recessed, to reconvene at 8:30 a.m. on Friday, January 18,

1 2019.]

## MEDICARE PAYMENT ADVISORY COMMISSION

## PUBLIC MEETING

The Horizon Ballroom Ronald Reagan Building International Trade Center 1300 Pennsylvania Avenue, NW Washington, D.C. 20004

Friday, January 18, 2019 8:30 a.m.

## COMMISSIONERS PRESENT:

FRANCIS J. CROSSON, MD, Chair JON B. CHRISTIANSON, PhD, Vice Chair AMY BRICKER, RPh KATHY BUTO, MPA BRIAN DeBUSK, PhD KAREN DeSALVO, MD, MPH, Msc MARJORIE GINSBURG, BSN, MPH PAUL GINSBURG, PhD DAVID GRABOWSKI, PhD JONATHAN JAFFERY, MD, MS, MMM JONATHAN PERLIN, MD, PhD, MSHA BRUCE PYENSON, FSA, MAAA JAEWON RYU, MD, JD DANA GELB SAFRAN, ScD WARNER THOMAS, MBA SUSAN THOMPSON, MS, RN PAT WANG, JD

AGENDA
Future policy directions to address Medicare prescription drug spending
- Kim Neuman, Nancy Ray, Rachel Schmidt, Shinobu Suzuki
Analysis of Medicare Shared Savings Program (MSSP) performance
- David Glass, Luis Serna, Jeff Stensland
Public Comment

## 1 PROCEEDINGS

2	[8:30 a.m.]	
2	[0.30 a.m.]	

- 3 DR. CROSSON: Okay. We can be seated and get
- 4 going. Welcome to the Friday morning session.
- 5 It comes as no particular surprise that the
- 6 country is wrestling with the problem of increasing drug
- 7 costs taking place now in the popular literature as well
- 8 as, of course, with policymakers and in Congress and in the
- 9 administration. This Commission has been working on this
- 10 issue for some time. We intend to continue to do that, and
- 11 so today's presentation is intended to be a review of the
- 12 recommendations and ideas that have come out of this
- 13 Commission in recent years, as well as a discussion -- a
- 14 presentation and discussion among the Commissioners about
- 15 priorities for continued and future work of the Commission.
- 16 Today we have Kim and Nancy and Rachel and
- 17 Shinobu in the bull pen to help us think through these
- 18 issues, and, Kim, it looks like you are going to start out.
- 19 MS. NEUMAN: Good morning. So today's session
- 20 focuses on Medicare policy concerning drugs and biologics.
- 21 As you know, Medicare spending on these products is
- 22 substantial. In 2017, Medicare and enrollees paid Part D

- 1 plans \$94 billion, and Medicare fee-for-service spending on
- 2 Part B drugs, including cost sharing, was \$32 billion.
- 3 As Jay mentioned, today we're going to explore
- 4 potential future policy directions to address concerns
- 5 about growth in drug prices and Medicare spending. This
- 6 session is in response to Commissioners' requests to take a
- 7 broad look at Medicare drug policy, starting with the
- 8 Commission's past work, and then outlining a variety of
- 9 ideas offered by others that could be explored.
- 10 As we'll discuss, work is already underway on
- 11 several specific topics for spring presentations that will
- 12 be potentially included in the June 2019 report. We hope
- 13 that today's session will spark discussion about which
- 14 additional ideas you're interested in exploring further and
- 15 help set priorities for our research agenda going into the
- 16 fall and beyond.
- 17 This next slide provides an outline of the
- 18 presentation. We'll briefly discuss the scope of the
- 19 presentation and then, as I mentioned, discuss the
- 20 Commission's past recommendations, other ideas the
- 21 Commission has explored but not moved forward on to date,
- 22 work planned for the spring, and then other ideas in the

- 1 environment that we could consider exploring further.
- 2 Since there are many policy ideas in the environment, this
- 3 presentation will by necessity be relatively high level,
- 4 but we aim to give you enough descriptive information so
- 5 that you can set initial priorities.
- 6 Clearly, there are a number of policies beyond
- 7 Medicare that have important implications for drug prices,
- 8 but since these areas are outside of MedPAC's purview, this
- 9 presentation won't be covering them. Examples include:
- 10 government funding of research and development by NIH;
- 11 patent policy and the FTC's anticompetitiveness enforcement
- 12 policy; FDA policies concerning drug approval, exclusivity,
- 13 and interchangeability; aspects of Medicaid drug policy,
- 14 such as best price; tax credits and tax incentives for
- 15 research and development; and state pharmacy law, such as
- 16 those governing pharmacists' substitution of
- 17 interchangeable products.
- 18 So now turning to the Commission's past
- 19 recommendation, first we have Part B. As you'll recall,
- 20 Medicare Part B covers drugs that are infused or injected
- 21 by physicians and outpatient hospitals as well as a few
- 22 pharmacy-supplied drugs. Medicare pays the average sales

- 1 price plus 6 percent for most Part B-covered products.
- In June 2017, the Commission made a three-part
- 3 recommendation to improve payment for Part B drugs. The
- 4 first part consisted of four policies aimed at improving
- 5 the ASP payment system. I'll highlight two.
- One requires drug manufacturers to pay Medicare a
- 7 rebate when ASP for their drug grows faster than an
- 8 inflation benchmark.
- 9 Another would pay innovator biologics and
- 10 biosimilars the same rate under a consolidated billing code
- 11 to promote price competition.
- 12 The second part of the recommendation was the
- 13 development of a drug value program, or DVP, which would be
- 14 a voluntary market-based alternative to the ASP payment
- 15 system in which physicians and outpatient hospitals could
- 16 choose to enroll. Medicare would contract with a small
- 17 number of DVP vendors to negotiate prices for Part B drugs,
- 18 and these vendors could use tools such as a formulary and,
- 19 for some drugs, binding arbitration.
- The third part of the recommendation was reducing
- 21 the 6 percent add-on under the ASP payment system to
- 22 encourage DVP enrollment.

- 1 Next is Part D. As you know, Medicare Part D
- 2 covers drugs dispensed as pharmacies. Medicare pays Part D
- 3 plans using a combination of capitated payments based on
- 4 plan bids and reinsurance subsidies. In June 2016 and
- 5 March 2018, the Commission made recommendations to address
- 6 concerns over rising drug prices and Part D spending.
- 7 To increase plans' incentives to manage spending
- 8 on high-cost drugs, the recommendations would lower the
- 9 reinsurance Medicare pays from 80 percent to 20 percent of
- 10 catastrophic spending while simultaneously increasing
- 11 capitated payments. At the same time, the recommendation
- 12 would give plan sponsors greater flexibility to use
- 13 formulary tools, strengthening their negotiating leverage.
- 14 Other parts of the Commission's recommendation
- 15 would modify cost sharing for low-income subsidy
- 16 beneficiaries to improve incentives for use of generics and
- 17 biosimilars. The recommendation would also eliminate cost
- 18 sharing above the out-of-pocket threshold, increasing
- 19 insurance protection in the catastrophic phase of the
- 20 benefit.
- This next slide highlights some other past drug
- 22 recommendations the Commission has made. I won't go into a

- 1 lot of detail now, but we'd be happy to discuss on
- 2 question. These include: a 2016 recommendation to reduce
- 3 the Part B drugs' dispensing and supplying fees paid to
- 4 pharmacies for inhalation drugs and certain oral drugs to
- 5 rates similar to those of other payers.
- In 2007, out of concern that there is not enough
- 7 credible, empirically based information on the comparative
- 8 effectiveness of alternative treatments, the Commission
- 9 recommended Congress charge an independent entity with
- 10 sponsoring research on the comparative effectiveness of
- 11 health care services, including drugs, and disseminate that
- 12 information.
- In 2007, the Commission also recommended moving
- 14 coverage of new preventive vaccines from Part D to Part B
- 15 to facilitate easier access in physician offices. Also in
- 16 2007, the Commission recommended the Secretary clarify
- 17 average sales price reporting requirements for drugs that
- 18 are subject to bundled price concessions.
- 19 Over the years, the Commission has discussed
- 20 several other strategies aimed at increasing the value of
- 21 Medicare spending for drugs and biologics. The Commission
- 22 has not pursued recommendations in these areas to date, but

- 1 the issues could be revisited depending upon interest.
- 2 The first relates to coverage with evidence
- 3 development, or CED. Under CED, Medicare links the
- 4 coverage of an item or service to the collection of
- 5 clinical evidence. Although Medicare applies CED in the
- 6 national coverage determination process, some researchers
- 7 argue that Medicare's use of CED has been limited.
- 8 We have also discussed several policies that are
- 9 based on comparative clinical effectiveness research, which
- 10 compares the clinical effectiveness of two or more
- 11 treatment options for the same condition.
- 12 The first three noted on the slide -- least
- 13 costly alternative, Pearson-Bach, and combined billing
- 14 codes -- are all variants of reference pricing where the
- 15 amount Medicare pays for products with similar health
- 16 effects are based on a benchmark such as the lowest-cost
- 17 comparable alternative or the average cost.
- The fourth approach is cost-effectiveness
- 19 analysis, which starts with information on comparative
- 20 clinical effectiveness and compares the incremental cost in
- 21 dollars of one intervention to another in creating one unit
- 22 of health outcome. There's increasing interest by

- 1 commercial payers in using such information in determining
- 2 a drug's value.
- 3 Because cancer drugs account for a large share of
- 4 Part B drug spending, the Commission has also discussed
- 5 several approaches to improve the efficiency of oncology
- 6 care. Approaches discussed include oncology medical home,
- 7 bundling, and accountable care organizations, which are all
- 8 approaches to increasing provider accountability. We've
- 9 also discussed oncology clinical pathways which are
- 10 evidence-based protocols that some providers and commercial
- 11 payers use.
- 12 Finally, there is the ASP hybrid model. In June
- 13 2016, we modeled a policy option that changes part of the 6
- 14 percent add-on to a flat fee.
- DR. SCHMIDT: In the spring, we plan to discuss
- 16 the issues on this slide and, as Kim said, potentially
- 17 include them in our June report. For now I'll just
- 18 describe these briefly.
- 19 Kim just mentioned some variations of reference
- 20 pricing. It's a general approach that could be used in
- 21 Part B or Part D in which a purchaser or payer sets a
- 22 maximum amount that it will reimburse for therapeutically

- 1 similar drugs. Reference prices can be based on a payer's
- 2 own pricing data, but under a second approach, the
- 3 reference price could be based on prices from other
- 4 countries.
- 5 Under binding arbitration, two parties would
- 6 agree to accept the verdict of a neutral third party over a
- 7 drug's price. As Kim mentioned, the Commission's 2017 Part
- 8 B drug recommendation included binding arbitration as a
- 9 tool in the drug value program. In spring, we'll explore
- 10 using it more broadly for Part B drugs.
- 11 Yesterday we talked about how in Part D brand
- 12 manufacturers provide a large price discount in the
- 13 coverage gap. This lowers enrollee costs but also reduces
- 14 incentives to manage benefits. We'll come back this spring
- 15 to discuss a way to restructure the discount in a way that
- 16 may address this concern.
- 17 Finally, some enrollees take high-priced
- 18 specialty drugs that have few therapeutic alternatives.
- 19 For those patients, Part D cost sharing can also be high
- 20 and may affect their adherence. We plan to discuss some
- 21 approaches for addressing this.
- 22 Over the next few slides, I'll describe some

- 1 policy ideas that stakeholders, academics, policymakers,
- 2 and others have raised to address drug prices and spending
- 3 but that the Commission hasn't yet formally considered.
- 4 Although we don't have estimates of savings for many of
- 5 these, we've tried to use the information we have to put
- 6 the ones that we expect to have the biggest effect towards
- 7 the top.
- 8 So the first idea relates to excluding new drugs
- 9 from coverage or formulary at launch. Launch prices of new
- 10 drugs have been rising steadily. Part B providers and Part
- 11 D plan sponsors have little or no ability to negotiate
- 12 price concessions for a new drug that doesn't have
- 13 competitors. Excluding a new expensive medication until
- 14 there is more real-world evidence about its clinical
- 15 effectiveness could allow room to negotiate more
- 16 competitive pricing. Some PBMs are already using this
- 17 approach for commercial clients.
- 18 Next on the list is Medicaid-like rebates in
- 19 Medicare. So the Medicaid drug rebate has two components:
- 20 a flat percentage rebate and an inflation rebate. One or
- 21 both of those approaches could be used in Medicare. If
- 22 used in Part D, a Medicaid-like rebate could apply to dual

- 1 eligibles and others who receive the low-income subsidy.
- 2 They account for about 30 percent of enrollment and 50
- 3 percent of spending.
- In 2006, the duals were moved from Medicaid to
- 5 Part D's low-income subsidy program. Estimates by
- 6 government agencies suggest that the average rebates
- 7 negotiated by private plans in Part D tend to be lower than
- 8 the mandated ones under Medicaid. With the Medicaid-like
- 9 approach, manufacturers would pay Medicare the difference
- 10 between the rebates required under Medicaid and the amounts
- 11 negotiated by Part D plan sponsors. The Congressional
- 12 Budget Office estimates that the flat percentage and
- 13 inflation rebates combined would save \$154 billion over ten
- 14 years in Part D.
- 15 In 2013, OIG recommended that CMS explore the
- 16 effect of applying a Medicaid-like rebate to Part B drugs.
- 17 The Commission has recommended an inflation rebate for Part
- 18 B drugs, but has not considered a flat rebate. If applied
- 19 in either B or D, the Medicaid-like approach would generate
- 20 savings. However, it could also lead to increased launch
- 21 prices for new products. To the extent that occurs, the
- 22 savings to Medicare from the rebate would decline over

- 1 time.
- In recent years, manufacturers, payers, and PBMs
- 3 have entered into outcomes-based agreements that link a
- 4 drug's payment to measures intended to reflect patient
- 5 outcomes. These can sometimes be complex to implement and
- 6 can have high administrative costs. A key issue is how to
- 7 define a clinically relevant outcome that is observable in
- 8 a reasonable time period.
- 9 Control over outcomes data and a data analysis
- 10 can be sticking points in these agreements. Stakeholders
- 11 have said that best price reporting requirements can be an
- 12 impediment. Some payers have questioned whether the
- 13 approach can really achieve sizable reductions in price.
- 14 However, other payers like the approach, and the number of
- 15 outcomes-based contracts is increasing, particularly in
- 16 drug classes that have competing therapies.
- 17 Indication-specific pricing has been promoted by
- 18 experts such as oncologist Peter Bach and is used by PBMs
- 19 for some commercial clients. This approach stems from the
- 20 common situation where the FDA approves a drug for an
- 21 initial indication and then the drug receives subsequent
- 22 approvals for additional indications. Rather than paying

- 1 one flat amount for any use of the drug under indication-
- 2 specific pricing, a PBM might negotiate a lower payment for
- 3 those indications for which the drug is relatively less
- 4 effective.
- 5 Proponents of the approach contend it can expand
- 6 access by lowering prices. Critics argue that the approach
- 7 primarily serves to expand manufacturer profits and would
- 8 only expand access for lower-value uses of a drug.
- 9 Proponents of direct price negotiations believe
- 10 that with the federal government's large purchasing power,
- 11 Medicare could obtain prices from manufacturers that are
- 12 lower than we see today, particularly for drugs that have
- 13 no competitors. Opponents of this idea contend that in
- 14 Part D private plan sponsors are already negotiating for
- 15 prices and provide access to a wide range of medications.
- 16 The effectiveness of government negotiations
- 17 would depend on the specific authority given to the
- 18 Secretary, such as whether he could establish a formulary,
- 19 exclude certain drugs, or set prices directly. Even if the
- 20 Secretary was given authority to establish a formulary or
- 21 use other tools, it may be difficult to exercise that
- 22 authority in the presence of strong resistance from

- 1 stakeholders, including patients and manufacturers.
- 2 Commercial plan sponsors often try to dispense
- 3 high-cost specialty drugs through an exclusive network of
- 4 specialty pharmacies. Many of the largest insurers and
- 5 PBMs own specialty pharmacies, and some encourage their
- 6 clients to dispense exclusively through that company.
- 7 In Part D, plan sponsors cannot set up a narrower
- 8 network of specialty pharmacies because, under law, plans
- 9 are subject to the any willing pharmacy provision.
- 10 Proponents of exclusive networks believe that the approach
- 11 can provide greater negotiating leverage and lower prices
- 12 from drug manufacturers. Critics question whether more
- 13 concentrated delivery by fewer pharmacies could lead to a
- 14 less competitive specialty pharmacy market.
- 15 One approach would be to periodically compete
- 16 contracts to dispense specialty drugs for Part D
- 17 beneficiaries in part or all of the country, as the
- 18 Department of Defense does for TRICARE. However, smaller
- 19 pharmacies and other organizations that today dispense
- 20 specialty drugs would oppose limits on their ability to
- 21 share in the revenues of this growing part of the market.
- 22 Some manufacturers offer coupons to commercially

- 1 insured patients to reduce patients' cost-sharing
- 2 liability. Manufacturer coupons are not considered as
- 3 discounts for the purposes of calculating a product's ASP.
- 4 If coupons were considered discounts, Medicare ASP+6
- 5 payment rates would be lower. For example, GAO estimated
- 6 that the ASP of 18 drugs would be on average seven-tenths
- 7 of a percent lower if coupons were counted in the
- 8 calculation.
- 9 Some stakeholders have expressed interest in
- 10 moving drugs from Part B to Part D as a way to apply
- 11 pharmacy management tools to Part B drugs. Shifting drugs
- 12 from Part B to Part D could increase or decrease a
- 13 beneficiary's out-of-pocket costs, depending in part on
- 14 whether the beneficiary has Medigap, other supplemental
- 15 insurance, or Part D.
- 16 Part B covers a few pharmacy-supplied drugs that
- 17 may be relatively easy to provide under Part D, but moving
- 18 provider-administered drugs, which account for most Part B
- 19 spending, would be complex and may not necessarily lead to
- 20 lower prices.
- 21 The final idea I'll present is a manufacturer
- 22 rebate for wasted drugs. Infusion drugs are often sold in

- 1 a single-use vial that's intended for one patient, with any
- 2 leftover drug discarded. Peter Bach and colleagues found
- 3 that some manufacturers offer products in limited vial
- 4 sizes that are not well matched to patient dosing, which
- 5 leads to waste and higher revenues for the manufacturer.
- 6 Bach suggests one potential approach to address
- 7 this could be to require manufacturers to pay a rebate for
- 8 wasted drugs. The magnitude of savings from this idea
- 9 relative to the administrative costs is unclear.
- 10 So that concludes our laundry list of ideas, and
- 11 we're looking forward to your feedback, your questions,
- 12 your suggestions, whether we've missed something important,
- 13 and we look forward to your discussion.
- 14 DR. CROSSON: Thank you, Rachel, Kim.
- 15 We'll now take clarifying questions on the
- 16 presentation. I see Amy and Paul. Amy?
- MS. BRICKER: On the idea of accounting for
- 18 coupons in the ASP calculation, what did you say the
- 19 savings was estimated to be?
- 20 DR. SCHMIDT: It was seven-tenths of a percent.
- 21 MS. BRICKER: That seems really, really, really
- 22 low.

- 1 MS. NEUMAN: So GAO had data from a sample for 18
- 2 drugs, and what they found was that there were five that
- 3 had an effect greater than one percentage point, and the
- 4 rest, the other 13, were below. And so on average, you get
- 5 to that 0.7 number. But, clearly, there's differences
- 6 across products.
- 7 MS. BRICKER: So these are just the Part B drugs
- 8 where you looked at this?
- 9 MS. NEUMAN: Yes, it's just Part B.
- 10 MS. BRICKER: Okay. So was something done
- 11 similar on the D side?
- 12 DR. SCHMIDT: Not that I'm aware of, no.
- MS. BRICKER: Something to consider. I'll do
- 14 that maybe next round. Thank you.
- DR. CROSSON: Paul.
- 16 DR. PAUL GINSBURG: You know, as far as moving
- 17 drugs from Part B to Part D, do you have a sense of
- 18 magnitude of dollars where this might be an
- 19 administratively feasible thing to consider? In a sense,
- 20 are people just talking about it with being very few
- 21 opportunities to actually do it effectively? Or is this
- 22 something substantial?

- DR. SCHMIDT: So there is a paper that just came
- 2 out, and Jay and Jon actually wrote a commentary that goes
- 3 alongside it. But I'm not sure that's going to directly
- 4 answer your question. The ones that are administratively
- 5 easy, no, I haven't seen an estimate as to the magnitude of
- 6 that spending. The particular paper that just came out was
- 7 trying to measure overall movement from B to D, and it
- 8 estimated that savings, but it was using an approach where
- 9 it was applying some average rebates that are observable to
- 10 WAC, and one could question some of those assumptions.
- 11 DR. CROSSON: Jon.
- 12 DR. CHRISTIANSON: The reference pricing
- 13 suggestion or topic, does that come from the experience of
- 14 Germany or other countries; and if so, what has been their
- 15 experience?
- 16 MS. RAY: So, in March, we plan to come back to
- 17 you in greater depth to discuss reference pricing, when the
- 18 payer does it, using the payer's own pricing data as well
- 19 as international reference pricing. We do plan to include
- 20 a case study about Germany, where a part of their system is
- 21 based on reference pricing.
- DR. CROSSON: Kathy and then Bruce.

- 1 MS. BUTO: Do we have sort of magnitude, high,
- 2 medium, low kind of sense of which ones of these proposals
- 3 have the biggest impact on spending? Have you done some of
- 4 that thinking? Are they kind of rank ordered according to
- 5 that belief that some will have a bigger impact than
- 6 others?
- 7 DR. SCHMIDT: Right. There's a whole lot of
- 8 uncertainty, and it depends a lot on implementation details
- 9 and things like that, of course.
- 10 So we did try and rank order them where there was
- 11 an estimate out there; for example, the Medicaid-like
- 12 rebates, we could hang our hat on a CBO estimate, that sort
- 13 of thing.
- 14 We put excluding at launch at the top just
- 15 because it seems like that could be very huge.
- MS. BUTO: That would be very huge.
- DR. SCHMIDT: Right.
- 18 Unfortunately, there aren't detailed estimates
- 19 for a lot of these, and as I said, a lot depends on the
- 20 details of how it would be implemented.
- 21 DR. CROSSON: Bruce.
- DR. PYENSON: In the international comparison of

- 1 prices, I wonder if you could look at the comparison of the
- 2 intermediaries that exist in the U.S. that, my
- 3 understanding don't exist elsewhere in the same level, so
- 4 the distribution in the intermediary, because I suspect
- 5 it's not just about we're very different from the rest of
- 6 the world and not just in prices, but in how we distribute,
- 7 how we move things around. Do you have any visibility into
- 8 that?
- 9 MS. RAY: We can certainly try to take a look at
- 10 that between now and when we come back to you in March. I
- 11 think that's an interesting point.
- DR. CROSSON: Yes, Karen.
- DR. DeSALVO: Thank you all so much.
- To this point about laundry list, which I
- 15 appreciate how much you all have been trying to grab new
- 16 ideas, I want to build no what Kathy said and ask about
- 17 whether you've been able to also rank according to impact
- 18 on beneficiary for their out-of-pocket cost changes.
- 19 Related to that, I wondered about whether there's
- 20 an equity issue built into some of this or an inequity
- 21 issue. Maybe you can help me understand if that is a
- 22 concern or not; in other words, if you're a low-income

- 1 subsidy beneficiary, it seems like sometimes there's maybe
- 2 not a differential impact on your out-of-pocket but on your
- 3 access to some drugs that might be of best evidence to
- 4 treat the condition you have. Think about, in the Medicaid
- 5 world, something like hepatitis C medications. Sometimes
- 6 we've created this artificial barrier based on the payment
- 7 methods, so two things in there, but both about impact on
- 8 beneficiary as we think about ranking.
- 9 DR. SCHMIDT: Again, I think it's hard to rank
- 10 because there's so much in the details of the parameters of
- 11 how you choose to implement something. It's pretty
- 12 complicated.
- Moving drugs from B to D issue, for example,
- 14 might actually benefit low-income subsidy folks or people
- 15 who qualify for the low-income subsidy, so long as they
- 16 have Part D, to the extent that a lot of the cost sharing
- 17 would be covered if they didn't come from having a Medigap
- 18 and then they moved to LIS coverage, for example.
- 19 In other situations, yes, potentially access
- 20 could be denied. An exclusion at launch, for example, that
- 21 would not only affect low-income subsidy but perhaps others
- 22 as well.

- 1 Reference pricing, it's the same sort of idea.
- 2 The individual will be paying for the difference between
- 3 the price level that's set by the payer or plan, and it
- 4 would set a reimbursement rate. If the price is higher,
- 5 then the patient would be picking that up, and that could
- 6 be an access problem for low-income subsidy.
- 7 Each one of these is pretty complicated, and it
- 8 would be hard to, I think, rank order them, both in terms
- 9 of -- we wouldn't necessarily have the same rank, I should
- 10 say, in terms of program savings versus effects on
- 11 beneficiaries.
- DR. CROSSON: Warner.
- MR. THOMAS: First of all, thanks for the ideas
- 14 and appreciate the great work done here.
- Just a couple of questions. I'm just not sure
- 16 what data is or is not available to us as we kind of go
- 17 through this analysis.
- 18 Is it possible to take a market basket, say take
- 19 the top 100 drugs that is in Part D or Part B, and look at
- 20 those drugs over a period of time to see what has been the
- 21 -- not just the utilization, because obviously when you're
- 22 looking at total cost, you look at utilization and price,

- 1 but to look at the price change over a period of time,
- 2 three, five, or more years for top drugs that are utilized
- 3 by those programs and maybe looking at brand and generic
- 4 because I think historically we thought generic is a much
- 5 better alternative. But I think more recently, we're
- 6 seeing a lot of escalation there.
- 7 Is that something that's possible? I don't know
- 8 what data is available to us.
- 9 DR. SCHMIDT: Yeah. In fact, other organizations
- 10 have put out publications along those lines. I know OIG
- 11 has, for example, and I think CBO has done some similar
- 12 sort of work. If you're interested in seeing that, we
- 13 could present some of that to you.
- 14 MR. THOMAS: I guess what I'm trying to get at is
- 15 one of the things that wasn't -- I mean, one of the things
- 16 I know we bandied around is just this idea of a -- we did
- 17 the ASP, moved it from 6 to 3, but the idea of an
- 18 inflationary cap. And I quess my question is, Would that
- 19 even matter? Would that have an impact? The only way to
- 20 maybe understand that is to look back and see if you had a
- 21 cap over a period of time, what impact may that have had?
- 22 Obviously, it doesn't impact a launch price, but it may

- 1 impact increases on a go-forward basis. So that is
- 2 something that is potentially feasible.
- 3 My second question, maybe it's building off of
- 4 Bruce's comment.
- 5 I'm sorry?
- 6 MS. NEUMAN: I just wanted to add one
- 7 clarification. In the 2017 recommendation, the Commission
- 8 did recommend an inflation cap for Part B drugs, and so
- 9 that would, going forward, if it were implemented, keep
- 10 payments at an inflation benchmark and not higher. So we
- 11 don't have a specific estimate because that whole
- 12 recommendation was scored by CBO, but it is part of what
- 13 the Commission recommended.
- 14 MR. THOMAS: Right. Thank you. I appreciate
- 15 that.
- 16 I guess my thing is could we make it broader.
- 17 Could it have a broader impact across multiple areas?
- 18 The second comment -- I think it's maybe building
- 19 off of Bruce's comment -- or question -- is just this idea
- 20 of looking at a comparison of a -- we're looking at
- 21 domestic pricing for ASP, really just doing a straight
- 22 comparison internationally and just see can we buy drug,

- 1 see what that change would be, maybe for the same market
- 2 basket, if we looked at the top 100 or top 50 or top 250.
- 3 Is that data available or not available?
- 4 MS. NEUMAN: So the Department put out a study
- 5 where they looked at the prices in the U.S. versus other
- 6 countries and came up with estimates of what they thought
- 7 the differential is, so that's something we could come back
- 8 to you on with more information.
- 9 MR. THOMAS: And did they do that on a group of
- 10 drugs, on specific drugs?
- 11 MS. NEUMAN: Specific drugs, yeah, where they
- 12 thought they had good data, and it was Part B. It wasn't
- 13 D.
- 14 MR. THOMAS: Okay. And is it possible to look at
- 15 that for Part D as well? Because I think we get this --
- 16 DR. SCHMIDT: That gets more complicated.
- 17 MR. THOMAS: What's that?
- 18 DR. SCHMIDT: It's hard to observe the Part D
- 19 drugs directly without knowing the rebate information.
- 20 MR. THOMAS: I got it.
- 21 DR. CROSSON: Okay. Further questions?
- Marge.

- 1 MS. MARJORIE GINSBURG: Warner brought up a topic
- 2 that I was interested in, and that is the comparison to
- 3 international, what other countries do, and of course,
- 4 we've always heard that those with universal or almost
- 5 universal health care have much better control of their
- 6 drug costs.
- 7 So my question is how much we know about what --
- 8 the specifics of what other countries do and whether they
- 9 apply certain processes like reference pricing or is it
- 10 simply a matter, they tell the drug company, "This is how
- 11 much we're going to pay. Take it or leave it." So do they
- 12 simply set a ceiling of what they're going to pay for
- 13 certain drugs, or do they actually utilize certain
- 14 mechanisms for making that determination?
- 15 MS. RAY: So that will vary from country to
- 16 country. In March, we were going to come back and just
- 17 give you a feel for a couple of countries, just to give you
- 18 several case studies. As I said, one we were planning on
- 19 coming back to you with is Germany.
- DR. CROSSON: Warner.
- 21 MR. THOMAS: I just had another question, and I
- 22 think it's maybe building off of Karen's comment.

- The idea of beneficiary out-of-pocket -- and,
- 2 once again, maybe we had this data and we've looked at it.
- 3 We've looked at a lot of data. So just the escalation of
- 4 beneficiary out-of-pocket in any of the programs, Part B,
- 5 Part D, over a period of time, do we have good information
- 6 around that, that sort of situation, about how that has
- 7 changed over the past three years, five years, et cetera,
- 8 as far as what they have to pay out of pocket?
- 9 DR. SCHMIDT: I can speak to D because we have
- 10 claims information, so we could come back with estimates.
- But, generally, I think in D, so much of the
- 12 population has moved towards generic, so out-of-pocket for
- 13 many of those folks, zero, low co-pays. It's a pretty nice
- 14 deal. The problem is with the specialty drugs, the small
- 15 percentage of the D enrollees who are on those. That's
- 16 where they're facing co-insurance and on very, very high
- 17 prices. So that's where the burden lies for there.
- 18 DR. CROSSON: Karen and then Dana.
- 19 DR. DeSALVO: I had a reference pricing question.
- 20 You had mentioned somewhere of TRICARE as a model, and I
- 21 don't remember where that was in the list. But it made me
- 22 think about the VA. So is there a domestic reference

- 1 pricing opportunity or some reason why we're not able to
- 2 use VA as an example?
- 3 DR. SCHMIDT: Well, with VA, there's statutory
- 4 rebates, and they negotiate some additional rebates. They
- 5 have an ability with their prescribers to move market share
- 6 pretty strongly. There's more consensus among prescribing,
- 7 I would say. So those are two big reasons why they get
- 8 such good prices.
- 9 I think an objection that would come up to using
- 10 VA as a reference price is probably associated with the
- 11 statutory rebates. It's by law. That's not to say we
- 12 shouldn't go there. That's your decision, but that's an
- 13 objection that would arise. It's demanding by law, a
- 14 rebate. But other options we've brought to the table do
- 15 the same thing.
- DR. CROSSON: Dana.
- DR. SAFRAN: Yeah, two things.
- One, back to the issue we were talking about a
- 19 little bit yesterday on cost-related non-adherence. I
- 20 don't have a clear understanding, so I just wanted to get
- 21 one, of whether there are direct data, meaning beneficiary-
- 22 reported data over time on cost-related non-adherence to

- 1 medications, or if not, hearing you talk about our ability
- 2 to use the claims data to get at some of the issues we've
- 3 been talking about so far did start me thinking about some
- 4 of the indirect ways that cost-related non-adherence has
- 5 been attempted. It's tricky with claims data, but that's
- 6 my first question: Do we have a way to measure what's
- 7 happening with respect to cost-related non-adherence as
- 8 we're moving around cost sharing and access?
- 9 DR. SCHMIDT: I'd have to think about whether --
- 10 on just beneficiary-reported adherence, whether there's
- 11 something that's reliable we could turn to there or some
- 12 other kind of clinical thing that would show up in data
- 13 that's readily accessible to us.
- The other sorts of measures that are commonly
- 15 used for adherence, yes. That's, I think, possible to look
- 16 at those.
- DR. SAFRAN: Because I think looking at that over
- 18 time would be extremely valuable for this issue that we're
- 19 immersed in and staying immersed in for the foreseeable
- 20 future.
- 21 The other thing, I just wanted to come back to
- 22 this international comparison in Part D because I heard

- 1 your answer to Warner's question about whether we could do
- 2 something like that for D and sort of the challenges of
- 3 doing that with rebate. It just seems like we should --
- 4 maybe this is a Round 2. It just seems like we shouldn't
- 5 be stopped, like we should make a best effort to see what
- 6 could be done there. That line of inquiry seems guite
- 7 important, and if that's the barrier, then I just wonder if
- 8 there's a way we can come at it.
- 9 DR. SCHMIDT: There were a couple of suggestions
- 10 yesterday for how to look at some brand-name drugs that
- 11 have been priced at a net level rather than inclusive
- 12 rebates. So it would be for a limited number of drugs, but
- 13 that's one way to get to it.
- DR. CROSSON: Pat.
- 15 MS. WANG: The next time that we have this
- 16 conversation, would it be possible for you to do, sort of
- 17 in one place, a description of an evaluation of the
- 18 different types of statutory rebate programs that exist,
- 19 whether it's Medicaid, the VA, 340B, their similarity, and
- 20 just what the common themes are that perhaps we could
- 21 identify as being the most effective?
- DR. SCHMIDT: [Nodding affirmatively.]

- 1 MS. WANG: Thank you.
- DR. CROSSON: Okay. Seeing no further questions,
- 3 we're going to move on to the discussion.
- I just want to make a couple of points. Number
- 5 one, maybe it's not been brought up explicitly. Much of
- 6 our work has focused on Part B an Part D. That doesn't
- 7 mean that in searching for solutions, we should ignore
- 8 another set of issues that Warner and other Commissioners
- 9 have brought up, and that's the impact of drug prices on
- 10 Part A and the impact that has on the ability of hospitals
- 11 to absorb cost increases over time. To the extent that we
- 12 address solutions here, we just need to keep in mind that
- 13 it's not simply Part D and Part B, but Part A is an
- 14 important consideration as well.
- 15 Second thing, just in terms of the conversation
- 16 here, you've done a wonderful job setting the table here.
- 17 This is a sumptuous buffet that we are facing here. I'm
- 18 probably going to mix metaphors here because I was going to
- 19 say something about boiling the ocean. But my experience
- 20 with buffets in the past is that sometimes overindulgence
- 21 is a risk.
- I think what I'd like to do here and I think what

- 1 would be most helpful for the staff and for the Commission
- 2 in general is to try to focus your remarks, as best you
- 3 can, thinking about a few parameters. Relative
- 4 effectiveness, for example, what's most likely to work?
- 5 Even though we have some issues around quantitation, this
- 6 is as judgment issue. What do you think is going to be the
- 7 most likely approach or set of approaches to impact price
- 8 and to some degree, in some circumstances, the issue of
- 9 appropriate utilization of drugs as well?
- 10 What about feasibility? And I'm not so much
- 11 thinking about enactment here because I think that's very
- 12 difficult to predict in any environment, particularly at
- 13 the moment, but administrative feasibility, how this would
- 14 work out in the end.
- The time to effect, how long would a particular
- 16 approach take to actually have an impact over what is
- 17 increasingly creating a sense of public concern, if not
- 18 alarm?
- 19 Then the question of unintended consequences,
- 20 downsides, impact on beneficiaries Karen brought up, but
- 21 there are other things as well.
- That's a lot to absorb, but I would ask you to

- 1 try to be as focused along those lines as you can. And I'm
- 2 going to ask Kathy to begin the discussion.
- MS. BUTO: Thanks, Jay, and I was going to sort
- 4 of start there.
- 5 DR. CROSSON: You were going to say what I was
- 6 going to say? Sorry about that.
- 7 MS. BUTO: No. Actually, what I started -- as I
- 8 looked at this document, which was comprehensive, one of
- 9 the things that occurred to me is it would be helpful to us
- 10 to try to sort those options so that we can focus the work
- 11 of all of us on those things that will have the biggest
- 12 impact. So that's why I asked the question about do we
- 13 know anything about magnitude of savings.
- The other sorting that I thought about was new
- 15 drugs versus ongoing payment discipline or pricing issues
- 16 for existing drugs. So I actually think there's a lot of
- 17 concern about new drug pricing, and we ought to really look
- 18 at a constellation of things around that and also, then,
- 19 look at the ongoing maintenance pricing issue going
- 20 forward. So those are two sorts that I would try to do and
- 21 then, of course, the magnitude of savings.
- The operational feasibility piece, I just offer

- 1 that it was my experience that the more you get into a
- 2 drug-by-drug kind of decision-making process the longer it
- 3 takes and the harder it is to make a systemic impact. So,
- 4 for example, one of your options is looking at the pass-
- 5 through policy for outpatients. That's not a drug-by-drug
- 6 approach. That is a systemic issue that definitely impacts
- 7 spending and pricing and everything else. So again, I
- 8 would try to figure out, not exclusively, but are there
- 9 areas where we know if a policy change happened it would be
- 10 pretty much an across-the-board, you know, improvement.
- The other thing that is important, and this
- 12 probably comes from experience also, is the extent to which
- 13 a policy change can be implemented, not at the federal
- 14 level, because the federal level is very susceptible and
- 15 vulnerable to lobbying, congressional interference, et
- 16 cetera, statutory change that stops you from doing
- 17 something. So again, if we can think about, you know,
- 18 where are the pressure points that would make the change
- 19 actually happen, I think that's useful too.
- 20 And then I think we should consider whether the
- 21 policy options we're looking at would actually stimulate
- 22 higher launch prices. I think you alluded to some of

- 1 those, Rachel, in your setup. But there's some where we're
- 2 pretty sure that if we took that approach that it would
- 3 lead, initially, at least, to higher launch prices and then
- 4 maybe diminishing returns down the road. We don't know. I
- 5 think it's important to consider, also, the impact on
- 6 competition and innovation amongst drug categories and
- 7 individual drugs, so that's important.
- 8 One of the things that occurred to me -- and this
- 9 is just back to the point about new drugs versus existing -
- 10 is in addition to policies designed to constrain, there
- 11 might be policies that could be used to constrain spending
- 12 for inappropriate uses that are really used more as a
- 13 carrot. So, for example, there might be a combination
- 14 policy where we want to delay the introduction or ability
- 15 of beneficiaries to get a wide range of indications off-
- 16 label, but the carrot could be if we believe that the
- 17 manufacturer wants to come in and talk about, you know,
- 18 more coverage with evidence development or some evidence
- 19 generation process, then they have an incentive to do that
- 20 and the program might benefit down the road.
- 21 So using the interest to stimulate something
- 22 else, even the issue of direct negotiation, which I know is

- 1 anathema to industry, might be appealing if it meant that
- 2 some breakthrough, as they define it, drug would get
- 3 earlier access in the program. So there might be a
- 4 willingness to negotiate in exchange for earlier access or
- 5 access in certain setting. In other words, I would try to
- 6 think of this as both carrots and sticks, constraints as
- 7 well as incentives, to try to induce the kind of generation
- 8 of information that we'd like to see. So not just ways to
- 9 stop prices from rising but also how can we get a better
- 10 value for the program.
- And so I would just say, in the next go-around,
- 12 if we could have maybe a little bit of foundational
- 13 information about whether we think something is going to
- 14 have an impact of a greater magnitude, whether it's
- 15 operationally feasible in a relatively short period of time
- 16 and whether there is a mix of things that could be both
- 17 constraining but also stimulate, you know, better
- 18 information, longer-term registries, whatever it is we
- 19 think will provide better value to the program, I think it
- 20 would be good to have that sense.
- 21 DR. CROSSON: Thank you, Kathy. Very good.
- Okay. So I think we're going to have a lot of

- 1 comments. I'll start with Paul and then Brian.
- DR. PAUL GINSBURG: Thanks. I think you did an
- 3 excellent presentation and Kathy's comments were very wise.
- I, too, kind of big-picture things that apply to
- 5 a lot of this. One is that as I was listening to the
- 6 different options I kept thinking about all different
- 7 aspects of price discrimination, and, you know, price
- 8 discrimination sometimes is a good thing, sometimes is a
- 9 bad thing, and that you might want to, when you come back
- 10 in March, do a few minutes' seminar for the Commission
- 11 about price discrimination, because it's going to come up
- 12 on a lot of the issues. And I think if we have a nuanced
- 13 perspective on it I think it will be very helpful, because,
- 14 really, some of these things make it easier to price
- 15 discriminate and some of them make it harder to, and, you
- 16 know, we need to go through that.
- The other thing is that when we're in the Part B
- 18 space, a lot of times there's a tendency to say, well,
- 19 something won't work because of Medigap coverage. And, you
- 20 know, Medigap, to me, has been something that has driven
- 21 Medicare spending higher ever since the beginning of the
- 22 program, but I think there were some changes, some

- 1 restrictions on Medigap benefit design, and I know this
- 2 Commission has recommended it further, that we should
- 3 certainly, you know, resurrect some options. If all it
- 4 would take would be a change in Medigap benefit design, it
- 5 would make it a viable option. We shouldn't feel
- 6 constrained forever.
- 7 Getting back to the particular options, one that
- 8 was new to me is the one on coupons, about, you know, using
- 9 data on coupons to calculate ASP, because again, coupons
- 10 are really a price discrimination approach and I think
- 11 hurts the program, and I think hurts society, and we ought
- 12 to do that. And I'm also particularly interested in
- 13 various reference pricing approaches that we might be able
- 14 to come up with.
- DR. CROSSON: Thank you, Paul. Brian.
- 16 DR. DeBUSK: First of all, thank you for a really
- 17 good chapter and I'm glad to see us jump into the middle of
- 18 drugs.
- 19 Jay, I agree with your assessment that it is a
- 20 buffet. I like that term and I was going to stick with
- 21 your analogy here. You know, if you talk about the
- 22 particularly attractive items on the buffet are things

- 1 we've identified before -- the DVP, for example, binding
- 2 arbitration, so the baseball-style arbitration, and the
- 3 restructuring of the reinsurance component of Part D.
- 4 But now I'm going to take your buffet one step further,
- 5 which is I think before any of these measures will be
- 6 effective we need to go revisit the rebate trap, because my
- 7 argument was that the rebate trap is the salmonella in the
- 8 whole buffet. And here's the issue.
- 9 DR. CROSSON: I think I see where this is all
- 10 going to go.
- DR. DeBUSK: Well, there is an absolute necessity
- 12 for fees, discounts, and rebates. I mean, you guys
- 13 probably understand it as well or better than I do. There
- 14 is a place. You have to have that vehicle. But not all
- 15 fees, discounts, and rebates are created the same. Some
- 16 are used for legitimate purposes and some are used in very
- 17 predatory and punitive ways.
- 18 And, for example, if I'm buying -- I'll just get
- 19 specific -- if I'm buying \$10 million of something and
- 20 someone comes to me and says, "Hey, you're a great
- 21 customer. I want you to have a 25 percent rebate, "well, I
- 22 may buy \$9 million next year, I may buy \$11 million the

- 1 next year, but I know I'm getting a proportional 25 percent
- 2 rebate on those purchase. That's very different than a
- 3 rebate -- when I'm buying \$10 million of something and
- 4 someone says the moment you shift one dollar away from that
- 5 \$10 million purchase I'm taking \$2.5 million away from you.
- 6 These disproportional rebates, these punitive
- 7 rebates are fundamentally different than legitimate fees,
- 8 discounts, and rebates that are proportional to the value
- 9 and volume of products sold. And I don't think it's our
- 10 place to go in and say, "Let's ban all these punitive
- 11 rebates." But they certainly shouldn't enjoy safe harbor
- 12 protection either. Right now all of these predatory
- 13 tactics enjoy safe harbor protection under the fees,
- 14 discounts, and rebates rule, and I do think it would be
- 15 within our purview to dig into the rebate, revisit the
- 16 rebate trap again, and try to identify these
- 17 disproportionate rebates, and try to put together good
- 18 policy on how to address them.
- 19 DR. CROSSON: Thank you. Further comments? Amy.
- 20 DR. BRICKER: So there's so much here, and I
- 21 think it does warrant a lot of time for the Commission to
- 22 spend to really attempt to get this right. It's really

- 1 easy to grab one thread and pull it, but, of course, this
- 2 is very complicated.
- I mentioned yesterday that I thought we'd seen
- 4 some success in Part D from a total spend -- the numbers
- 5 are still big and I'm not willing to debate whether or not
- 6 the number is a good number -- but we did see trend
- 7 flatten, year over year, '16 to '17. So in total spend,
- 8 that's a good sign. It's not escalating. But I do think
- 9 that it warrants us revisiting who is the winner and who is
- 10 the loser in the way that it's designed today -- whether or
- 11 not we've got the right incentives in place for plan
- 12 sponsors, whether or not we have the right protections in
- 13 place for beneficiaries.
- 14 In particular, you highlight around specialty
- 15 drugs. Absolutely in favor of us ensuring that the
- 16 beneficiary has a maximum out-of-pocket. That is, you
- 17 know, in line with a commercial market -- nothing more than
- 18 \$100, nothing more than -- you guys pick the numbers, but
- 19 something that would, you know, send a signal to plan
- 20 sponsors that we can't shift those high-cost benefits to
- 21 the beneficiaries.
- I thought maybe I could just tick through some of

- 1 the things that you highlighted and just provide a
- 2 reaction. I'm interested in us exploring reference
- 3 pricing. It feels a little complicated but that's not a
- 4 reason not to do it. So I'm interested in that. I'm not a
- 5 fan of broader use of arbitration. For me, if we want to
- 6 give the tools to the Part D plan sponsors, or incent Part
- 7 B to actually be managed in a way similar to Part D, allow
- 8 those plan sponsors to exclude products, allow plan
- 9 sponsors to have leverage in a way that would essentially -
- 10 you wouldn't need arbitration if you could actually
- 11 exclude products at launch. If you could demonstrate
- 12 increasing leverage over a manufacturer, you don't need a
- 13 binding arbitration. And furthermore, you're just
- 14 essentially -- and as I spoke about it when we went through
- 15 it last year or two years ago -- you're essentially
- 16 negotiating as a single entity. I don't know any other way
- 17 to see it. You're essentially negotiating, Medicare is
- 18 negotiating for drug benefit, or drug pricing, essentially.
- 19 So not a fan of that.
- Otherwise, we talked a little bit about coupons,
- 21 and I think, picking up on what Paul mentioned, it has led
- 22 to increased pricing over time, and I appreciate the

- 1 estimate on the ASP but what if those coupon dollars would
- 2 also be required to show up as rebate in Part D? There you
- 3 would see a tremendous impact in overall cost. So
- 4 manufacturers could be required to report their coupon
- 5 dollars in the commercial market, and since Medicare
- 6 beneficiaries cannot receive those coupons, by statute,
- 7 then those dollars could go back to the plan sponsor, could
- 8 go back to the government as the payer. So one approach
- 9 for us to potentially consider.
- 10 Particular with LIS, because they don't have a
- 11 disincentive to use certain brand products because of the
- 12 way that the copay is structured, so again, just thinking
- 13 about the consequences of coupons and the overall impact,
- 14 not just it's to the, of course, Medicare benefit but what
- 15 also is happening in the commercial space I think might be
- 16 worth considering.
- 17 I'm a big fan of outcomes-based pricing, if we
- 18 can crack that nut. Historically, what's been the issue is
- 19 an anti-kickback, so if the drug becomes free then have you
- 20 crossed a line? And that's been my experience that
- 21 manufacturers fear that they don't want to enter into those
- 22 agreements because if they have to fully refund the product

- 1 then do they have a best price issue or are they in
- 2 violation of anti-kickbacks?
- 3 So things, I think, that we have to address if we're going
- 4 to recommend, and also I'm a fan of indication-based
- 5 pricing, because, and an example of that, I would like the
- 6 group to think about is cancer products, where a drug has
- 7 been approved for a certain cancer, it works really well,
- 8 we see that in evidence, it commands a high price. Off-
- 9 label an oncologist could use it for another type of
- 10 cancer. It doesn't work as well. Same price. So
- 11 manufacturers certainly, and today in the commercial world,
- 12 come to the table with I'll give you a different level of
- 13 pricing depending on the indication it's used.
- With Kathy not in support of direct negotiation
- 15 by Medicare, and in favor of exclusive specialty pharmacy
- 16 networks, think about it this way. There isn't a specialty
- 17 pharmacy today where you walk up and you get the specialty
- 18 drug at the counter. All specialty pharmacies, be it, you
- 19 know, an independent or a very large pharmacy, those
- 20 products are delivered at your doorstep or at the
- 21 physician's office. So this isn't about reducing access.
- 22 It's about where is the best price, where can you get the

- 1 best price, and where can you get the best care?
- 2 So those two things, again, support of us
- 3 exploring that and moving certain drugs from B to D, again,
- 4 in support of. I would like to understand more about the
- 5 manufacturer rebates for wasted drugs.
- 6 All in all, I think what we've said is we can't
- 7 continue to just nibble at the edges of this problem that's
- 8 continuing to, you know, the volume is continuing to
- 9 increase. I think you have a group of folks here that want
- 10 to take on the issues in a large way, and it's complicated
- 11 but that shouldn't be the reason that we don't take it on.
- 12 And to spend the time to get folks, you know, educated on
- 13 what will work, what won't work, and the unintended
- 14 consequences of some of these actions, I think, is really
- 15 important.
- 16 So thank you and I appreciate all of the hard
- 17 work on this.
- 18 DR. CROSSON: Thank you, Amy. Jonathan.
- 19 DR. JAFFERY: Yeah, thank you. This is a great
- 20 array of topics.
- 21 I want to echo what Jay had said about not
- 22 forgetting Part A and thinking about actually not only the

- 1 impact on prices and costs for hospitals but thinking about
- 2 is there some beneficiary impact here. I'm thinking about
- 3 actually some of the things we've seen in the generic
- 4 world, which also is maybe not something that is deep in
- 5 the list of ideas yet, but there are a couple of egregious
- 6 examples of pricing increases in that space. But we're
- 7 starting to see some evidence of impact on beneficiaries.
- 8 There was a study out of the Cleveland Clinic recently that
- 9 looked at decreased utilization of nitroprusside, a drug
- 10 that launched in clinical use in 1928, so before any of us
- 11 here were born, and it rose over the course of a couple of
- 12 years. The average price rose from \$27 to almost \$900.
- 13 And now they're starting to see a decreased utilization of
- 14 a drug that has had a lot of clinical experience. So
- 15 that's one thing.
- 16 In terms of some of the other specifics, I will
- 17 just mention a few. I'm also really interested in
- 18 understanding more about reference pricing and the various
- 19 methods of being able to do that. I'm curious as to what
- 20 you would think about the impact on beneficiaries for
- 21 excluding new products at lunch, especially if there's not
- 22 a lot of other alternatives, and certainly regardless of

- 1 what we think that's going to be something that comes up
- 2 from advocacy groups and industry a lot.
- And then the last thing I'll mention is on
- 4 outcome-based pricing. I guess I'm concerned that that may
- 5 not get to the issue, one big issue that's top-of-mind for
- 6 a lot of folks, which is just how expensive things are at
- 7 launch anyway. So, again, I want to understand more about
- 8 the mechanics of that. But now that we're seeing these
- 9 therapies that come out at half a million dollars or three-
- 10 quarters of a million dollars, if the manufacturers are in
- 11 a situation where they're being offered, or offering, or
- 12 are forced to offer that outcome-based approach, is that
- 13 going to -- what's the behavior there? Does that embolden
- 14 them to have prices that are going to be higher or just
- 15 come out with more of these really super high-priced drugs
- 16 at launch?
- 17 So just a couple of thoughts. Thanks.
- DR. CROSSON: Sue.
- 19 MS. THOMPSON: First of all, Amy, I want to agree
- 20 with the comment you made about educating us. I mean, this
- 21 is a system that is complex by design and intention, it
- 22 seems, and the more we understand it, the better job we can

- 1 do. So I just want to underscore that comment.
- 2 And the second comment I want to underscore
- 3 before I labor on in commentary is the call out that Jay
- 4 did in his opening on round Part A and the impact this has
- 5 on Part A. On a newsfeed that came across this week or
- 6 last week, I read that hospitals are now stating they're
- 7 reducing labor, they're reducing nursing staff in order to
- 8 account for the increase in drug costs to hospitals. So
- 9 after -- I can't help but connect many of our chapters, and
- 10 after yesterday and the long deliberation around our update
- 11 to hospitals recognizing negative -- 11 percent negative
- 12 margins for hospitals in terms of Medicare margin, I mean,
- 13 these all connect. And I think it's important as
- 14 Commissioners for us to recognize that.
- 15 But in terms of the context for this chapter, in
- 16 addition to the complexity and all the technical details
- 17 that go into the formulas for pricing, we talk about the
- 18 effect to the beneficiary, and we reference out-of-pocket
- 19 spending, quite important. But there's a broader impact to
- 20 the beneficiary in the context of health care, and it has
- 21 to do with an assumption that drugs are good. And drugs do
- 22 a lot of good, but not all drugs are doing good things for

- 1 our beneficiaries. And there's a broader impact to this
- 2 system that I think just in terms of the context and the
- 3 urgency that this group of Commissioners feels around this
- 4 issue, it's important as we articulate our recommendations
- 5 that it's in a broad context of there's harm created to our
- 6 beneficiaries by the fact that we're not managing the
- 7 profiles of our beneficiaries. And we see patients coming
- 8 into our system, whether it's through the emergency
- 9 department after a fall or primary care clinics that are
- 10 overwhelmed and don't have time to reconcile the drug
- 11 lists, of patients that are on six, seven, eight, up to
- 12 twenty different prescriptions. And there's a consequence
- 13 to the system for this happening, and this is all one of
- 14 the unintended consequences of this assumption that drugs
- 15 are good and that a pill will fix things. And I just think
- 16 it's important for us to recognize there are costs well
- 17 beyond those that you have identified in this chapter that
- 18 go to the emergency department costs, the patient has an
- 19 inpatient stay, they end up going to skilled, and then all
- 20 the impact to the system and Medicare in that context. And
- 21 I think that's just important for us to pull these pieces
- 22 together and understand and tell our story and create that

- 1 urgency.
- 2 So just again, in terms of the context to the
- 3 discussion, there's a broader cost going on here to our
- 4 beneficiaries.
- In terms of the recommendations, I am intrigued
- 6 with better understanding what's this coupon business about
- 7 and how does that weave together and what are the themes.
- 8 And, likewise, I'm interested more about the Medicaid
- 9 rebates and how that might have application in Medicare.
- 10 Thank you.
- DR. CROSSON: Bruce.
- 12 MR. PYENSON: I want to second Brian's E. coli
- 13 reference -- sorry, it was Salmonella, on the importance of
- 14 the rebate trap that I don't think any of this -- any of
- 15 the other suggestions will work if that's not addressed.
- 16 But I'd like to set a goal of prices deflating as
- 17 a measure of success. Session after session, we're looking
- 18 at increasing prices on the various chapters that we
- 19 review, and in my mind, all of those represent failures for
- 20 our ultimate goal of the stability of the Medicare system.
- 21 A place to start is pharmaceuticals because they are
- 22 commodities that are manufactured. And manufactured goods

- 1 follow Moore's law or more or less that over time -- and
- 2 we've all witnessed this in our lives -- commodities become
- 3 less expensive, they get produced more efficiently, and
- 4 perhaps more profitably. So that should be our
- 5 expectation. I believe we should start with
- 6 pharmaceuticals, and if we don't get there, we haven't done
- 7 our job.
- 8 One particular area that I think deserves focus
- 9 is the failure in the United States of biosimilars.
- 10 Biosimilars have failed here. In a number of countries,
- 11 biosimilars are aggressively promoted by the national
- 12 systems and are in very wide use, and various obstacles
- 13 that we see in the U.S. have been resolved. Issues that
- 14 are not supported by science are repeatedly brought up in
- 15 the U.S., and there's a whole series -- you know, the
- 16 patent estate has become a patent thicket, and a series of
- 17 things that are outside our scope, but there's certainly
- 18 issues inside our realm that deal with the pricing and the
- 19 failure of biosimilars in Part D that we can address.
- 20 In particular, the failure of biosimilars in the
- 21 U.S. I think is going to destroy the potential of
- 22 personalized medicine because if we can't get efficient

- 1 production of biologic drugs on a mass scale and get that
- 2 through the system and into use, we'll never be able to do
- 3 that on an affordable basis for personalized medicine. So
- 4 this I think is really critical for future health care and
- 5 hope for solutions.
- 6 Finally, I really do like Kathy's concept of
- 7 carrot and stick. I think one of the real carrots that the
- 8 Medicare program has is its data. Actually, I'm not sure
- 9 if that's a carrot or a stick, but the ability of using
- 10 Medicare data, even claims data, as real-world data with
- 11 its vast scale and longitudinal capabilities could be put
- 12 to use to figure out what works and what doesn't work and
- 13 really indicate why. So I think that's potentially of
- 14 great value, and I suspect that innovators and
- 15 manufacturers would have a keen interest in using -- in
- 16 having access to that information.
- DR. CROSSON: Jon.
- 18 DR. PERLIN: Let me thank the Commission for
- 19 really exceptionally thoughtful work on obviously a
- 20 critically important area.
- 21 I sit here thinking about the fact that our
- 22 discussion is frame within this is Part D, this is Part B.

- 1 You alluded to Part A. And it makes me think of two
- 2 things.
- First, how might we think of this more
- 4 holistically, even though we have a buffet, it's still the
- 5 same meal? And, second, how would this be handled in other
- 6 settings? How would this be handled in the commercial
- 7 environment?
- 8 So just a couple thoughts that may offer some
- 9 opportunity in terms of unification and opportunity. When
- 10 we talk about the coverage with evidence determination and
- 11 comparative effectiveness, really we're talking about the
- 12 relative utility of certain products relative to each
- 13 other. And, you know, that leads to an implication that
- 14 some are, in fact, better. And the whole premise of
- 15 evidence-based medicine is that at any given moment there
- 16 is knowledge that suggests for a set of circumstances some
- 17 agent is better.
- 18 And I think that we're going to have to think
- 19 about -- and I liked Kathy's way of framing this -- how we
- 20 have incentives to offer beneficiaries best at any given
- 21 moment as opposed to, you know, the sort of traditional,
- 22 you know, wide open platter where, in fact, we know that

- 1 there are costs -- and I think we should quantify this --
- 2 of complications of inappropriate therapy. Goodness, we
- 3 talked at length about one category of that yesterday in
- 4 the area of opioids.
- 5 So I think we have found an obligation to think
- 6 about not only the coordination among programs in terms of
- 7 acquisition and supply of medications, but in terms of the
- 8 coordination between the different Medicare program
- 9 elements for the beneficiary herself.
- 10 I think this notion of data is undertapped. You
- 11 know, as someone who had the experience of caring
- 12 predominantly for older individuals in my clinical past, I
- 13 was always impressed with the number of obsolete
- 14 prescriptions that were still prescribed and the number of
- 15 times that those led to drug-drug interactions. One of the
- 16 costs that, you know, may offer some opportunity is the
- 17 cost of drug-drug interactions.
- 18 The medication reconciliation, while onerous at
- 19 one degree, is obligatory and, you know, has been
- 20 promulgated through the electronic health record, earlier
- 21 the meaningful use, and now performance improvement program
- 22 as well.

- I would suspect, if we look systematically, that
- 2 we would find that there are medications that beneficiaries
- 3 are prescribed solely to treat the complications of other
- 4 medications, and that is a cost. And Dana mentioned an
- 5 incredibly important topic, which is the cost of non-
- 6 adherence. We know from our own internal work that when
- 7 heart failure patients return for readmission, oftentimes
- 8 it was lack of access to medications as an example. That's
- 9 why we're taking approaches to mitigate that. But, you
- 10 know, writ larger, when beneficiaries don't have a Part D
- 11 record in some window after, you know, certain categories
- 12 of hospitalization, I would argue that is a telltale data
- 13 trail of the cost of non-adherence leading to readmission
- 14 or potentially worse, and I hope we would actually look
- 15 into, you know, the relative rates of Part D encounters
- 16 following obviously admissions and their association with
- 17 readmission, if that health service research hasn't already
- 18 been done.
- 19 Then, finally, on this theme of using the data to
- 20 drive more ideal prescribing for efficiency and best
- 21 outcomes for beneficiaries, it's kind of interesting that
- 22 if any of us have an allergy to a medication, that is

- 1 recorded. But if something didn't work, it gets stopped,
- 2 and something else is tried, only to repeat the cycle
- 3 again. And while we know intellectually that at a genomic
- 4 level there's probably some molecular basis for that, the
- 5 problem is that that's not systematically recorded, and one
- 6 of the areas that would contribute tremendously to
- 7 understanding particularly in terms of tapping into
- 8 personalized medicine in the future is some systematic
- 9 recording of why a medication is stopped, short of an
- 10 allergy, and that would help to drive, you know, better
- 11 utilization as well as ultimately an understanding of the
- 12 genomics of pharmacotherapy.
- So I appreciate those ideas. The short message
- 14 is that there are a number of utilization parameters that I
- 15 think we can follow that actually would allow progress even
- 16 as the table is set now. Second, the coordination amongst
- 17 programs would have a rationale not only in terms of
- 18 program management but in terms of the care and best care
- 19 of the individual beneficiary. And, third, in an election
- 20 world with the availability of data, there are data
- 21 elements that can help us drive this forward. And, fourth,
- 22 that the aggregate of those data drive us toward more

- 1 thoughtful prescribing practices that, as Kathy framed,
- 2 could be incentivized positively or other less desirable
- 3 prescribing practices discouraged.
- 4 And just a sort of asterisk on that, having had
- 5 the privilege of leading the VA system, it was the two-fold
- 6 -- it was not only the ability to structure the acquisition
- 7 of the medication, but also to couple that with work flow
- 8 that drove toward most optimal prescribing.
- 9 Thanks.
- 10 DR. CROSSON: Thank you Jon. Marge.
- MS. MARJORIE GINSBURG: I just wanted to put out
- 12 a greater exploration in the whole area of cost-
- 13 effectiveness research. In part, I'd begin sort of
- 14 thinking about what are the primary principles that are
- 15 most important to us in trying to achieve lower prices.
- 16 And to me, the principle that stands out most of all is the
- 17 whole concept of clinical effectiveness and relative
- 18 clinical effectiveness.
- 19 I was a panel member for ICER for seven or eight
- 20 years, and even before it was ICER, when it was part of the
- 21 Blue Shield Foundation program. So I sort of grew up with
- 22 the program and, of course, anybody who is familiar with

- 1 it, you know, really came to respect it and enjoy it and
- 2 appreciate the incredible amount of work that goes into
- 3 being fair in determining what cost-effectiveness looks
- 4 like in terms of pricing of drugs.
- 5 So I hope we can give this its due. It's very
- 6 labor-intensive, and many people argue that we shouldn't be
- 7 using qualities as a measurement in any fashion. But I
- 8 just thought I wanted to speak from personal experience of
- 9 having been a panel member on ICER, that I really became a
- 10 true believer.
- 11 Thank you.
- 12 DR. CROSSON: Dana and then Warner.
- DR. SAFRAN: This has been a great discussion.
- 14 Just one thing to add to it, which kind of picks up on
- 15 cost-effectiveness. I think I've mentioned this here
- 16 before, and so I don't know whether we've explored it, but
- 17 if we haven't, I think it would be good to.
- 18 Many other countries have a formal way that they
- 19 require when a new drug is coming to market that there be
- 20 cost-effectiveness data presented to them and that it be
- 21 used in determining coverage and price. And so I've
- 22 wondered, since we don't have an analogous mechanism to

- 1 something like NICE in the U.K., would it be possible to
- 2 require that all data and reports that had to be submitted
- 3 for approval of a therapy in other countries be reported in
- 4 the U.S., too? They don't have to do additional new,
- 5 different reporting, but at least to have that information
- 6 on hand as drugs are being looked at has always struck me
- 7 as information that could be helpful. So just an idea
- 8 about exploring that if we haven't already.
- 9 DR. CROSSON: On that point?
- 10 DR. PAUL GINSBURG: I just want to mention I'm
- 11 surprised that I have not heard yet in our discussion of
- 12 effectiveness the fact that we have legislation that
- 13 established an effectiveness agency. It's called PCORI.
- 14 Many people are -- from the beginning, it was prohibited to
- 15 looking at costs. I think many people have been
- 16 disappointed in what it's achieved, just looking at
- 17 effectiveness, and -- but in a sense -- so this is
- 18 something, revisiting a major policy that has been either
- 19 launched, or perhaps not launched because of the
- 20 restrictions on costs. And I'm not optimistic that we
- 21 could have a big impact in this area compared to some of
- 22 the other areas we've talked about.

- 1 DR. CROSSON: I lost track now. Warner.
- 2 MR. THOMAS: So I think all the comments have
- 3 been great. I think going back to Kathy's opening
- 4 comments, I do think -- and Karen's questions earlier, I do
- 5 think it would be helpful to -- whatever laundry list you
- 6 come up with, or the buffet as it has been referenced,
- 7 think about putting this on a 2x2 grid of, you know, from a
- 8 low to high positive impact to beneficiary from a cost
- 9 perspective, impact to the program, so we could understand
- 10 that we are -- you know, what we're targeting and making
- 11 sure that we're going down the road where at least from
- 12 your perspective we feel like we could have the most
- 13 impact. I think it would be helpful.
- 14 And I also like Jay's comment about what's
- 15 feasible. So let's look at the cost-effectiveness or the
- 16 cost impact and then the feasibility of actually what can
- 17 be, you know, put into place. I know all of those are
- 18 subjective, but at least we'd have a way to look at that.
- 19 You know, I think MedPAC has put a lot of ideas
- 20 out there and I think tried to be very creative about how
- 21 it approaches this situation. There hasn't been a lot of
- 22 uptake on many of those. There's been some but not a lot.

- 1 And I think we know that there's this pressure that we see
- 2 increasing drug prices and we hear the anecdotes in the
- 3 news, and, you know, there's an article in the Wall Street
- 4 Journal today about drug shortages, but also the fact that
- 5 we see costs increasing several hundred percent.
- If we're sitting here talking about a several
- 7 hundred percent increase in home health pricing or hospital
- 8 pricing or any of the things we talked about yesterday,
- 9 we'd be like, "Are you kidding me?" I mean, how can this
- 10 be? But yet we've come to almost think that this is okay
- 11 or acceptable.
- 12 So I would really encourage us to be methodical
- 13 and thoughtful, but also take a hard line on this. And
- 14 although I don't think -- I hear the comments about direct
- 15 negotiation from a government perspective to the
- 16 manufacturers may not be the right way. I do think this
- 17 idea of taking the suggestion that was in Part B and maybe
- 18 extrapolating across all the programs, A, B, and D, of an
- 19 inflationary cap would at least put some downward pressure
- 20 on pricing and I think encourage manufacturers to get more
- 21 creative.
- 22 I think going to Bruce's comments around Moore's

- 1 law, I mean, many of these drugs that are so old, we should
- 2 see the pricing going down not up several hundred percent.
- 3 And, also, maybe we should talk about or there should be
- 4 some research done about how do we make it easier to get
- 5 into the world of manufacturing or are there other
- 6 opportunities there, because, you know, it's just not
- 7 sustainable, kind of what we're talking about.
- 8 So I would encourage us to look at the idea of a
- 9 cap across all the programs. I would also encourage us to
- 10 think about a cap around launch price. Now, you could have
- 11 a -- you could go to maybe binding arbitration if someone
- 12 wanted to go over that cap. But I think this idea -- I
- 13 mean, we started to hear this the other -- a couple
- 14 meetings ago about million-dollar drugs, you know, for a
- 15 dose, and it's just like obviously for that patient it's
- 16 extremely important, but is that really feasible to the
- 17 cost of health care and to our society to have million-
- 18 dollar drugs going forward or drugs that are several
- 19 hundred thousands dollars for treatments or for doses?
- 20 So I think we've got to start to put a cap on
- 21 these things and take a harder line. We can always have an
- 22 arbiter. It could be a binding arbitration, or you can

- 1 have an appeals process. But I would really encourage us
- 2 to take that as a hard line.
- I also think it would be interesting to
- 4 understand -- we have somebody here who has a lot of
- 5 experience, Jonathan, in the VA. How has the VA done on
- 6 pricing? And how does that compare to what we're seeing in
- 7 our own government programs, which are actually larger, you
- 8 know, from a purchasing perspective? And just what are
- 9 those differentials?
- I've got to be honest, I don't totally understand
- 11 the rebate area, and I think having more transparency
- 12 around that, it seems like it does create escalation in
- 13 pricing, and that there probably out to be some
- 14 modification of that program to create, number one, more
- 15 transparency, and for it not to be able to be used as a way
- 16 to drive pricing up. If it's a way to essentially rebate
- 17 so people get better deals or that beneficiaries have lower
- 18 out-of-pocket costs, great. But if it's, you know, just
- 19 used so we can drive the pricing up and kind of push it
- 20 back in a different fashion, I don't think that that makes
- 21 a lot of sense.
- 22 So I would just encourage us to take a much

- 1 harder line -- we can always back off from it, but I would
- 2 encourage us to take a much harder line around this idea of
- 3 escalation caps. We do this in all the other areas of the
- 4 program. Maybe in Part A we ought to -- and I actually
- 5 mentioned this to Jay before. Maybe we should index it to
- 6 whatever increase we put in for the inpatient increase for
- 7 hospitals. Maybe the drug escalation or price cap ought to
- 8 be whatever the inpatient rate increase is. That would be
- 9 a way to index it so that it's maybe more fair as far as
- 10 how we think about purchasing in the Part A program.
- 11 So those are some ideas that I'd like to see us
- 12 explore, and to not be scared by, you know, lack of R&D or
- 13 shortages -- because we have shortages today, and there's
- 14 virtually no control in pricing. So I think we've got to
- 15 do a better job putting some caps on this and forcing this
- 16 part of the industry to be a lot more creative in how they
- 17 look at costs and a lot more creative in how they come to
- 18 the table to be part of the solution.
- 19 DR. CROSSON: Karen, did you want to comment on
- 20 that?
- 21 DR. DeSALVO: [Speaking off microphone.]
- DR. CROSSON: Okay. Jaewon first, then Karen and

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- 1 Amy.
- DR. RYU: I was just going to comment that it
- 3 seems like this topic, more than any other that we've
- 4 encountered, obviously very complex, but I'm noticing that
- 5 there are a lot of recommendations that we have previously
- 6 made that didn't gain traction. There are three whole
- 7 slides dedicated to it.
- 8 I wonder if it's got something to do with this
- 9 notion of it's a buffet. There's just too much, and you
- 10 don't even know where to start. So it's not even you're
- 11 overeating. You're not eating at all. You're just
- 12 confused and starving.
- [Laughter.]
- DR. RYU: So it would be helpful, at least to me,
- 15 when we revisit this in March, some notion of how do you
- 16 prioritize and where do we think is -- it's that notion of
- 17 feasibility, but it's what can be done quickly to just take
- 18 one step. If you extend the buffet, it's salad, start
- 19 here. Something like that would be good.
- The ones I kind of gravitate towards, the
- 21 structural elements around the program and reinsurance and
- 22 catastrophic versus the capitated component, kind of what

- 1 we talked about yesterday, do those seem or feel at least
- 2 to have a little more immediacy to what can be done? But
- 3 I'm not sure about that.
- If there's some way to say instead of this, let's
- 5 shrink the world and really look at this, I think that
- 6 might help to get traction. It seems like we've
- 7 recommended all the right things, and we could keep fine-
- 8 tuning, but where do we start?
- 9 DR. CROSSON: Karen.
- DR. DeSALVO: First, just to underscore the
- 11 opportunity for us to do more education, I think that
- 12 MedPAC is uniquely situated to have a very evidence-based
- 13 frame and peel back the onion of the complexity in areas
- 14 like rebate and otherwise.
- I want to offer three 3's as parameters for how
- 16 we can begin to determine which of the food has salmonella
- 17 and which doesn't. So the first of the three 3's would be
- 18 financial. The second would be impact on beneficiaries,
- 19 and the third would be execution.
- 20 The first, in financial, to look at overall
- 21 impact on cost, I'm thinking about Part A on price and on
- 22 spend, which I believe would be different kinds of notions.

- 1 The second area, impact on beneficiaries, we've
- 2 mentioned out-of-pocket, overall access, and then equity in
- 3 access.
- 4 Then the third, in execution and feasibility,
- 5 time to market, time to change.
- I would just ask also about what's statutorily
- 7 allowable right now versus what would require congressional
- 8 action that will impact time and feasibility, but let us
- 9 know what's the near term. That's a suggestion for some
- 10 parameters that we might use to help sort and sift.
- 11 Thank you.
- DR. CROSSON: Thank you, Karen.
- I had Amy. Then I saw Marge and Kathy.
- 14 MS. BRICKER: Yeah. Just back on -- a couple of
- 15 Commissioners have mentioned the VA. It's just worth
- 16 noting that the VA is buying drug for each VA facility, and
- 17 the veterans have to use the VA to get access to those
- 18 drugs at those prices. So to suggest that we would use a
- 19 similar model would either mean that we're going to buy
- 20 drugs for every pharmacy in America and every hospital in
- 21 America or that we're going to suggest that Medicare is
- 22 going to have some sort of closed system, select

- 1 pharmacies, select hospitals, what have you.
- 2 Again, it sounds interesting, like why can't we
- 3 just do that. We just have to understand the model that
- 4 exists for deployment of those discounts, similar to a
- 5 Kaiser or something else.
- 6 A point to make again, I've heard the
- 7 international pricing and why has there been success in
- 8 other countries relative to this. This isn't because
- 9 manufacturers like those countries better. It's because,
- 10 again -- if you asked the question before -- it does depend
- on the country, but for the majority, they just won't cover
- 12 the drug. The drug just is not available. So
- 13 manufacturers are forced to bring the price down to
- 14 something that -- they're forced to bring down the price,
- 15 period. We saw this in hep C, and they launched at a price
- 16 that was three times that in developing countries here in
- 17 the U.S. And it wasn't until competition that that price
- 18 actually now is less than in those other countries.
- 19 We simply have to allow the market, the free
- 20 market here in the U.S. If we're not going to go to a
- 21 socialized system, we have to allow the free market to
- 22 operate, and we get caught between fear that, oh, if we do

- 1 that, the manufacturers just will stop inventing drugs.
- 2 We've not seen that. That's what folks want us to believe
- 3 will be an outcome, but we have not seen that.
- So, again, I'd just encourage us to think about
- 5 the handcuffs that are on this system today, as we've
- 6 designed it today, and take those off.
- 7 DR. CROSSON: Marge.
- 8 MS. MARJORIE GINSBURG: I personally wouldn't
- 9 mind a few limits on our free market system, myself, but
- 10 that's a different thing.
- But as long as we're putting everything on the
- 12 table, it occurred to me -- and I'm a patient advocate --
- 13 that one possible way to bring down the use of more
- 14 expensive, less effective drugs is to charge patients
- 15 higher co-pays.
- 16 I don't know. Perhaps others have even
- 17 considered that in some fashion before, and I can't even
- 18 believe I'm actually saying it. But it's one of the few
- 19 things that is within our control. We talk about what's
- 20 feasible, and if we can't get the drug companies to lower
- 21 their prices, then we discourage take-up by telling
- 22 patients they have to pay more for a drug when it doesn't

- 1 work as well.
- 2 Downside to that is that people tend to equate
- 3 higher co-pays with higher quality. So we have that little
- 4 problem to deal with, but I just wanted to throw this out,
- 5 just to get it on the plate. Thank you. On the buffet
- 6 table.
- 7 DR. CROSSON: And just to note, Marge, that is a
- 8 mechanism in the commercial marketplace.
- 9 MS. MARJORIE GINSBURG: It is?
- DR. CROSSON: Commercial drug coverage, yeah.
- 11 MS. MARJORIE GINSBURG: [Speaking off
- 12 microphone.]
- DR. CROSSON: Me too.
- 14 Kathy.
- 15 MS. BUTO: And also, Marge, higher-cost drugs do
- 16 result in a higher co-insurance for beneficiaries. So I
- 17 think they are feeling that, unless they've got Medigap.
- 18 MS. MARJORIE GINSBURG: [Speaking off
- 19 microphone.]
- 20 MS. BUTO: Yeah. With more differential co-pays.
- 21 So I just wanted to add to Karen's three by three
- 22 or whatever it was by saying I think we need to have

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- 1 something on unintended consequences, and one of the ones I
- 2 mentioned earlier was the potential to increase launch
- 3 prices. So if a policy is going to actually cause some
- 4 escalation in pricing, I think we want to be aware of that.
- 5 We might think it's worth pursuing anyway, but that's
- 6 something that we ought to consider.
- 7 Then I really hope that in the -- and this is
- 8 going to be hard because I think we're going to be sorting
- 9 through and identifying and prioritizing, but I think some
- 10 granularity around feasibility is going to be important
- 11 because there are these issues that I think Amy mentioned
- 12 of what if you allowed Part D plans to exclude drugs, or if
- 13 you want government at the federal level to do something,
- 14 how feasible is that? What process would they have to
- 15 follow? I think it's important for us to understand
- 16 because it affects timing, and it actually affects the
- 17 ability to turn around and make a revision, which I'm
- 18 always concerned about.
- 19 You can maybe do the first step, but then when
- 20 prices maybe go in a different direction or you want to
- 21 incorporate new competitors, how do you turn around and do
- 22 it again in a timely way?

- 1 So I think the feasibility is really important to
- 2 make these policies work.
- 3 DR. CROSSON: Okay. Thank you, Kathy.
- 4 And I think we're going to have to wrap up.
- I want to make a couple concluding remarks,
- 6 basically building off of what Warner had to say a few
- 7 minutes ago.
- Not to oversimplify -- or actually to
- 9 oversimplify, to paraphrase a former President, it's about
- 10 the price. That's really what we're dealing with, and I
- 11 think as we think our way through this -- and thank you
- 12 again to the staff for setting this up for us -- we're
- 13 going to have to think about, in addition to the parameters
- 14 that have been discussed, mechanisms to directly affect the
- 15 price, and then many of the other suggestions we have, do
- 16 that indirectly by changing the nature of the marketplace
- 17 or by various comparative effectiveness or comparative
- 18 pricing schemes and the like.
- 19 A lot of the public discussion right now is about
- 20 directly affecting the price through having Medicare
- 21 negotiate prices. I think we understand the reason behind
- 22 that. We also recognize the complexity that that would

- 1 require because it would fundamentally, in many ways,
- 2 change the relationship between hospitals and drug
- 3 manufacturers, change the structure of Part D.
- 4 We have recommended changing the structure of
- 5 Part B, by the way.
- In thinking about directly intervening on price,
- 7 I would like to say that the option that we chose in Part
- 8 B, which is to recommend in certain circumstances, binding
- 9 arbitration, particularly winner-take-all or baseball
- 10 arbitration, is one way to enforce the notion that Warner
- 11 brought up, which is to intervene in extreme circumstances,
- 12 either around launch prices or around inordinate escalation
- 13 of price over time, caps, enforcing caps in that way.
- 14 The notion of introducing arbitration is, I think
- 15 in the mind of man, a radical idea, and in the mind of
- 16 others, difficult to contemplate. But from my own
- 17 perspective, it's a little easier to understand how that
- 18 could be inserted into the existing programs that we have
- 19 and would fall well short of Medicare intervening and
- 20 directly negotiating prices.
- 21 As we go through this, among the other things
- 22 that we're going to discuss over the next year or so, I

- 1 think we are going to elaborate beyond our suggestion,
- 2 which by the way was introduced about 10 years ago by a
- 3 former Commissioner, Joe Newhouse from Harvard, of
- 4 expanding the idea of binding arbitration beyond our
- 5 recommendation in Part B to potentially include Part D and
- 6 also Part A.
- 7 How that would work is to be determined, but I
- 8 have some belief that in the end, that may turn out to be
- 9 more feasible in this country than the idea of excluding
- 10 new drugs from Medicare beneficiaries.
- I mean, if we look at the experience over the
- 12 last years with coverage with evidence determination, which
- is a much milder approach to exclusion, if you want to call
- 14 it that, that has just simply not been able to work
- 15 because, as has been mentioned, the pressure that's brought
- 16 by -- in some cases, legitimate pressure that's been
- 17 brought by interest groups for patients, for example.
- 18 So I do think we need to keep our eye on the ball
- 19 and make sure that in our prioritization process, we are
- 20 hitting at the core issue, which is price, both launch
- 21 prices and inappropriate escalation of price over time.
- So, with that, thank you very much, and we'll

- 1 move on to the next presentation.
- 2 [Pause.]
- 3 DR. CROSSON: Okay. Let's move on to the final
- 4 presentation for the January meeting, and that's going to
- 5 be part of our continuing work on accountable care
- 6 organizations.
- 7 Today we're going to look at a set of analyses
- 8 with respect to the performance of the MSSP ACO program.
- 9 David, it looks like you're ready to go?
- 10 MR. GLASS: Yep. Ready to start.
- 11 So good morning. In this session, we'll be
- 12 discussing performance of the Medicare Shared Savings
- 13 Program, or MSSP, which is the largest Medicare accountable
- 14 care organization program in Medicare, and we're going to
- 15 look at it from several perspectives.
- 16 I would like to thank Emma Achola for her help
- 17 with this project and welcome Luis Serna. He's going to
- 18 answer all of your difficult questions.
- 19 [Laughter.]
- 20 MR. GLASS: I'll begin today by giving some brief
- 21 background on Medicare's ACOs and the MSSP. I'll then
- 22 discuss differing estimates of MSSP performance on cost.

- 1 And we're just talking MSSP, and we're not doing quality
- 2 this time, just costs.
- We will look at performance from three
- 4 perspectives. First, relative to the cost targets or
- 5 benchmarks CMS sets for the program; then estimates from
- 6 the research literature on savings relative to
- 7 counterfactuals, that is, what spending would have been in
- 8 the absence of MSSP ACOs. And, finally, Jeff will present
- 9 the results of our new analysis of the relationship between
- 10 changes in spending and assignment to ACOs. He will then
- 11 present some implications and turn it over to you for
- 12 discussion.
- 13 As you know, ACOs are groups of health care
- 14 providers who have agreed to be held accountable for the
- 15 cost and quality of care for a group of beneficiaries.
- 16 The goals of Medicare's ACO programs are to
- 17 increase quality of care and patient experience, lower the
- 18 growth in health care costs, and achieve care coordination
- 19 at a lower administrative cost than MA plans. And ACOs
- 20 that are successful are rewarded with shared savings.
- 21 There are three key concepts for ACOs that will
- 22 come up throughout our discussion today. The first is

- 1 assignment. Beneficiaries have to be eliqible, which means
- 2 they must be in fee-for-service, not MA, and have at least
- 3 one visit with an ACO physician.
- 4 The basis for assignment is the plurality of
- 5 primary care services, although some of those services
- 6 could be provided by specialists.
- 7 Timing can differ. Assignment can be
- 8 prospective; that is, beneficiaries are assigned on claims
- 9 from the prior year, thus the ACO knows which beneficiaries
- 10 are assigned at the start of the year. Or assignment can
- 11 be retrospective, and the ACO does not know final
- 12 assignment until the end of the year, because assignment is
- 13 based on claims in the current year. This distinction
- 14 between prospective and retrospective assignment will be
- 15 important in our discussions of findings from our analyses
- 16 and their implications.
- 17 ACO models at one-sided risk have shared savings
- 18 but no shared losses, and two-sided risk models have shared
- 19 savings and losses.
- 20 So to create incentives for ACOs to control cost,
- 21 CMS creates benchmarks. The benchmark is a function of
- 22 historical and regional spending, although for the period

- 1 of analysis in this briefing, primarily historical
- 2 spending.
- 3 MSSP has three tracks that differ on several
- 4 parameters. The important thing to note is that Track 1 is
- 5 a one-sided risk model with retrospective attribution. By
- 6 the way, these tracks will all change mid 2019 according to
- 7 the recent final rule, so don't get too attached to them.
- First, the number of MSSP ACOs has steadily
- 9 increased over the years and in 2018 reached over 500 ACOs,
- 10 with over 10 million assigned beneficiaries. As I said,
- 11 please note that the vast majority of ACOs are in Track 1,
- 12 the green bar.
- Remember, Track 1 is a one-sided risk model, with
- 14 no shared losses, only shared savings.
- 15 Track 2 and track 3 ACOs are two-sided risk
- 16 models, the blue and yellow bars. The first Track 2 ACOs
- 17 began in 2013, and Track 3 began in 2016.
- 18 We are going to be discussing MSSP as a whole in
- 19 this briefing, and for the period of our analysis, almost
- 20 all the ACOs were in Track 1, with one-sided risk and
- 21 retrospective assignment.
- 22 There are two basic methods to estimate MSSP

- 1 performance. The first is performance relative to
- 2 benchmarks. The benchmarks or spending targets are set in
- 3 advance by CMS and are designed to approximate expected
- 4 spending on the beneficiaries assigned to the ACO while
- 5 creating incentives for the ACOs and to further policy
- 6 objectives.
- 7 For example, they might be designed to encourage
- 8 ACOs to participate or further equity within or across
- 9 markets. They are forward-looking, based on past
- 10 experience and set in advance. Benchmarks are the
- 11 pertinent estimate from the ACO's perspective because it
- 12 determines if they are eligible for shared savings.
- 13 The second method is performance relative to a
- 14 counterfactual. These estimates are determined after the
- 15 fact. They compare the spending of the ACO beneficiaries to
- 16 the actual spending for a comparison group. The intent is
- 17 to determine what spending on the ACO beneficiaries would
- 18 have been if the ACO program had not existed, hence the
- 19 term "counterfactual."
- 20 Figuring out who is in the ACO group and who is
- 21 in the comparison group is clearly important.
- 22 This approach is used in the research literature

- 1 to assess performance of the program as a whole rather than
- 2 to determine which ACOs won or lost.
- 3 So we will first look at performance relative to
- 4 benchmarks and then at two examples of estimates relative
- 5 to counterfactuals.
- 6 Let us start by looking at CMS estimate of
- 7 savings relative to the CMS-computed benchmarks. As I
- 8 mentioned, this is the most pertinent estimate from the
- 9 ACO's perspective because it determines if they are
- 10 eligible for shared savings.
- 11 Actual spending on ACO beneficiaries was about
- 12 1.2 percent below their ACOs' benchmarks in 2017.
- Shared savings payments, that is, what CMS paid
- 14 ACOs over and above claims, were about 0.8 percent of
- 15 benchmarks. Thus, net savings in 2017, after accounting
- 16 for shared savings payments and doing some rounding, was
- 17 about 0.3 percent of benchmarks.
- 18 2017 was the first year with net savings for the
- 19 MSSP. There were no net savings found in earlier years;
- 20 that is, aggregate shared savings payments exceeded
- 21 relative savings in those years.
- 22 Dobson DeVanzo and Associates did a study for

- 1 NAACOS, which is the National Association of ACOs, on
- 2 savings in the MSSP. Their analysis compared the growth in
- 3 spending on beneficiaries assigned to ACOs to growth in
- 4 spending for other beneficiaries in the market using an as-
- 5 treated difference-in-difference study design. It adjusted
- 6 spending for changes in risk scores and found gross savings
- 7 of 1.1 to 1.2 percent of Medicare spending from 2013 to
- 8 2015. That is equivalent to net savings of 0.3 percent
- 9 after taking into account shared savings payments through
- 10 2015.
- 11 Michael McWilliams and colleagues have been
- 12 estimating MSSP performance for a number of years. In
- 13 2018, they published their findings of MSSP performance
- 14 after three years. They used an intent-to-treat
- 15 difference-in-difference study design. It aligns tax IDs
- 16 with an ACO, and even if that ACO drops out of the program,
- 17 it continues to consider that tax ID's patients as ACO
- 18 patients.
- 19 In addition, they assigned beneficiaries to ACOs
- 20 on a plurality of primary care office visits with a primary
- 21 care physician, and that differs from CMS in that it
- 22 excludes specialty visits and visits in SNFs.

- The analysis found savings relative to the
- 2 counterfactual. It found higher savings for physician-only
- 3 ACOs than hospital ACOs; that is, ACOs with hospitals as
- 4 participants. It found higher savings for older ACOs than
- 5 newer ACOs and net savings in 2015 relative to the
- 6 counterfactual for physician ACOs and no net savings for
- 7 hospital ACOs.
- 8 However, they suggest additional savings may come
- 9 from spillover; that is, savings from treating patients in
- 10 Medicare fee-for-service who are not assigned to ACOs, the
- 11 same way as those who are assigned to the ACO.
- 12 In sum, from each of the perspectives I have
- 13 discussed, MSSP ACOs seem to be saving a few percent at
- 14 best of their benchmark or expected spending, with net
- 15 savings below 1 percent overall.
- 16 I have just discussed three estimates of MSSP
- 17 performance, one relative to benchmarks and two relative to
- 18 counterfactuals. We were interested in constructing our
- 19 own counterfactual, which would be less dependent on risk
- 20 adjustment, because we were concerned about the effect of
- 21 coding.
- 22 So Jeff will now explain what we have found along

- 1 the way to doing that.
- DR. STENSLAND: All right. So the studies David
- 3 just talked about, the researchers compared spending for a
- 4 cohort of beneficiaries in years prior to the ACOs forming
- 5 to spending for a different cohort of beneficiaries in
- 6 years after the ACOs were formed. And to adjust for
- 7 changes in the makeup of the pre-ACO and post-ACO cohorts
- 8 of beneficiaries, the studies risk-adjusted spending.
- 9 To complement the analysis David just talked
- 10 about and to reduce the reliance on risk adjustment, we
- 11 took a different approach. We chose to track a consistent
- 12 cohort of individuals over time. The goal is to see how
- 13 changes in spending over time are associated with changes
- 14 in assignment into or out of an ACO.
- 15 We tracked specific patients who were alive from
- 16 2012 to 2016 and eligible for ACO assignment in every year.
- 17 We examined how moving in and moving out of ACOs is
- 18 associated with changes in spending. We compare spending
- 19 growth for individuals consistently in ACOs, to those never
- 20 in ACOs, and to beneficiaries who switched in and out of
- 21 ACOs.
- Next, I will show you some preliminary

- 1 descriptive statistics. These are only designed to look at
- 2 the effect of moving in or out of the ACO. We will come
- 3 back in April and discuss the implications for overall ACO
- 4 savings with a propensity-matched system.
- 5 The following three tables examine the percentage
- 6 point change in spending from 2012 to 2016. A negative
- 7 number will be mean spending that is slower than average in
- 8 the market, implying savings.
- 9 The first row looks at beneficiaries continually
- 10 assigned to an ACO from 2013 to 2015. On average, those
- 11 beneficiaries' spending growth was 2.3 percentage points
- 12 lower than the average in their market.
- The second row looks at beneficiaries continually
- 14 assigned to an physician-only ACO -- the first row was
- 15 hospitals -- from 2013 through 2015 had spending growth
- 16 that was 5.6 percent lower than the average in their
- 17 market. This finding of slower growth for physician-only
- 18 ACOs relative to hospital-only ACOs is consistent with the
- 19 work by McWilliams. In your paper, we described how this
- 20 appears to be partially due to the nature of physician-only
- 21 ACOs, but also partially due to those physician ACOs
- 22 tending to form in higher-spending markets, where spending

- 1 reductions are easier.
- 2 Next, look at the third row. These are
- 3 beneficiaries who were never in an ACO. We see their
- 4 spending growth on average was 1.3 percent lower than the
- 5 average for their market. So, so far, we're in Lake
- 6 Wobegon where everyone's spending is slower than average.
- 7 So which beneficiaries are growing faster than average?
- Now look at the bottom row. These are
- 9 beneficiaries that switched in or out of an ACO. They had
- 10 spending that was 3.1 percentage points above the average
- 11 in their market, and we call these the "switchers."
- 12 Next, we will look at the higher cost for these
- 13 2.2 million beneficiaries that switched in or out of and
- 14 ACO in a little more detail.
- 15 So this slide decomposes the last row of the
- 16 previous slide, the switchers, into three groups, all of
- 17 which had higher growth than their market average.
- 18 The first row is those who switched in or out of
- 19 an ACO during 2013 to 2015, and they had slightly higher
- 20 than average spending growth through 2016.
- The second row are beneficiaries who were
- 22 assigned to a new ACO in 2016 after having never been

- 1 assigned to an ACO in prior years. They also had slightly
- 2 higher growth than average.
- 3 Let's focus on the third row. These are
- 4 beneficiaries who did not primarily use an ACO doctor in
- 5 their market for the prior three years, even though ACOs
- 6 were operating in their market. Then in 2016, they started
- 7 to use an ACO doctor. One possibility is that their health
- 8 status changed, and that triggered a change in doctors. We
- 9 see a large jump up in their health spending, and the
- 10 result is spending growth that was 16 percentage points
- 11 above the average growth from 2012 to 2016.
- 12 For these MSSP beneficiaries, assignment is
- 13 largely retrospective. That means that when a beneficiary
- 14 switches to an ACO physician in 2016, the ACO is
- 15 responsible for all of that 2016 spending, even if part of
- 16 that spending occurred before an ACO doctor ever saw the
- 17 patient.
- 18 Now we can also decompose the rows in the first
- 19 slide that included beneficiaries assigned to the ACO in
- 20 2013, '14, and '15 according to what happened to that
- 21 beneficiary in 2016.
- Those who stayed in the same ACO from 2013 to

- 1 2016 had much lower spending growth than their market
- 2 average, 10 percentage points less on average, 10
- 3 percentage points less. These may disproportionately be
- 4 beneficiaries without a change in health status.
- 5 In contrast, the row in yellow shows
- 6 beneficiaries who lost assignment to an ACO in 2016. These
- 7 beneficiaries had spending growth that was 13.8 percentage
- 8 points higher than average in their market. These
- 9 beneficiaries had the benefit of care coordination the ACO
- 10 provided during 2013, 2014, and 2015, but something
- 11 happened in 2016. Most likely, they changed physicians
- 12 they saw, possibly due to a change in health status.
- We see a big jump in spending in 2016, after
- 14 having slow growth in spending through '12 through '15.
- 15 This tells us there is an association between changes in
- 16 assignment and changes in spending; for example, a
- 17 beneficiary may fall ill and start to use a new set of
- 18 physicians. The effect of the changes in health status
- 19 appear to outweigh the benefits of the care coordination
- 20 provided by ACO physicians in the prior three years.
- 21 In summary, two groups of beneficiaries had very
- 22 high spending growth compared to their market averages,

- 1 those who lost assignment to their ACO in 2016 and those
- 2 who gained assignment to an existing ACO in 2016. Other
- 3 switchers had higher than average growth as well, but those
- 4 were smaller differences.
- 5 Because the spending growth is so much higher
- 6 than average for these two groups, it is important whether
- 7 they are assigned to the ACO when determining their shared
- 8 savings. Whether they are assigned to the ACO in the
- 9 switcher year will hinge on whether the ACO has prospective
- 10 or retrospective assignment. So let's review those two
- 11 concepts.
- 12 To review retrospective and prospective
- 13 assignment, let's look at a hypothetical example of a
- 14 Medicare beneficiary who first sees an ACO physician in
- 15 2016. In this hypothetical example, the ACO beneficiary
- 16 has \$20,000 of spending in 2016 and \$30,000 of spending in
- 17 2017.
- 18 The ACO provided a plurality of care in 2016, and
- 19 the beneficiary will be assigned to that ACO. But the
- 20 question is, Are they assigned to that ACO for 2016
- 21 spending or for 2017 spending?
- 22 Under retrospective assignment, the patient is

- 1 assigned to the ACO in 2016. CMS retrospectively looks
- 2 back at 2016 claims and then definitively determines the
- 3 beneficiary should have been assigned to that ACO for 2016.
- 4 The ACO would then be responsible for \$20,000 of 2016
- 5 spending. The 2016 spending would be adjusted for the
- 6 beneficiary's 2016 risk score, which was actually based on
- 7 diagnosis through 2015. So, under retrospective
- 8 assignment, the ACO will not know for sure which patient is
- 9 assigned to it until 2017.
- 10 In contrast, under prospective assignment, the
- 11 patient will see an ACO physician in 2016 and then have
- 12 that patient assigned to them in 2017. They will be
- 13 responsible for the \$30,000 of spending in 2017, but that
- 14 spending will be risk adjusted for diagnosis recorded by
- 15 the ACO physician during the patient's 2016 visits.
- 16 A key point is that under prospective assignment,
- 17 an ACO physician always has seen a patient prior to that
- 18 ACO being responsible for any of that patient's spending.
- 19 So the data has the following implications. The
- 20 relationship between assignment and changes in spending
- 21 makes assignment algorithms important. It can result in
- 22 favorable or unfavorable selection for the ACO.

- 1 ACOs may achieve favorable selection if the ACO
- 2 can retain healthy beneficiaries and shift out those with
- 3 declining health status.
- In contrast, ACOs can face adverse selection if
- 5 beneficiaries see an ACO clinician for the first time when
- 6 their health status is declining.
- 7 In part, the risk to the CMS stems from allowing
- 8 retrospective assignment. Under retrospective assignment,
- 9 the ACO can see a partial-year spending data before
- 10 deciding whether to take actions to try and retain
- 11 assignment of a beneficiary.
- 12 In contrast, under prospective assignment, ACOs
- 13 take responsibility for the beneficiary first and then
- 14 become accountable for spending going forward.
- 15 CMS has less risk under prospective assignment,
- 16 and ACOs have more opportunity to manage care. ACOs may be
- 17 willing to accept prospective assignment, despite losing
- 18 some ability to influence who is assigned to them.
- 19 The two key benefits of prospective assignment
- 20 for ACOs are, first, ACO doctors will have seen the
- 21 beneficiary before the ACO is responsible for the
- 22 beneficiary's spending; and second, the ACO will know who

- 1 they are responsible for at the start of the year.
- 2 For example, think about a patient who had
- 3 significant medical spending in the first half of 2016,
- 4 then saw an ACO physician in the second half of 2016.
- 5 Under retrospective assignment, the ACO is responsible for
- 6 all 2016 spending, even if most of that spending occurred
- 7 before the patient ever saw an ACO physician.
- 8 In contrast, under prospective assignment, the
- 9 ACO is never responsible for seeing a patient prior to an
- 10 ACO physician having seen them.
- 11 So I want to stress here that all of this data
- 12 we've talked about is only through 2016, and assignment
- 13 rules changed, benchmarking rules changed, and provider
- 14 behavior will have changed since then also, and these
- 15 regulatory changes we've talked about have implications.
- 16 The key changes are as follows. First, CMS is
- 17 moving toward two-sided risk, and second, CMS is moving
- 18 toward having 50 percent of the benchmark based on regional
- 19 spending. This means ACOs that have historically been low
- 20 spenders in their region will do better and ACOs that have
- 21 historically been high spending in their region will do
- 22 worse.

- 1 CMS is also allowing up to a 3 percent increase
- 2 in HCC scores. ACOs we have talked about plan to put more
- 3 effort into coding, so we expect ACOs to report increased
- 4 HCC scores that will result in greater payments to the
- 5 ACOs.
- 6 ACOs are also allowed to choose retrospective or
- 7 prospective alignment, and you change that decision yearly.
- 8 In our 2018 comment letter, we stated all ACOs should all
- 9 use prospective attribution.
- 10 In 2019, ACOs can encourage specific
- 11 beneficiaries to come in for wellness visits by paying them
- 12 a \$20 fee to come in for the visit. In 2016, about 18
- 13 percent of traditional fee-for-service patients received
- 14 wellness visits compared to 33 percent of MSSP ACO
- 15 patients. This difference, we expect it to grow in 2019,
- 16 as ACOs try to improve their patient selection.
- 17 The net result is that the Medicare program's
- 18 payments to ACOs could be influenced by changes in coding
- 19 patterns and efforts by ACOs to improve their patient
- 20 selection, and generating savings for the Medicare program
- 21 may be more difficult.
- Therefore, the current savings we see by looking

- 1 at this -- or the past savings we see looking at 2016 data,
- 2 may not be indicative of what the savings will be like in
- 3 2019.
- 4 So this brings us to some potential discussion
- 5 topics. First, you might want to talk about the
- 6 ramifications of the relationships between assignment
- 7 changes and changes in health status that we illustrated.
- 8 You could also discuss issues regarding prospective and
- 9 retrospective assignment, and you could talk about next
- 10 steps. We plan to do further analysis after creating a
- 11 more closely matched comparison group. We will look at
- 12 wellness visits and the effect on spending, and examine the
- 13 relationship between major health events and changes in
- 14 attribution further.
- 15 And now we turn it over to Jon to start the
- 16 discussion.
- DR. CHRISTIANSON: [Presiding.] Well, I think
- 18 all of this has been perfectly clear to all of us, but just
- 19 in case it hasn't been, we could start with questions of
- 20 clarification. Dana.
- 21 DR. SAFRAN: Thanks. You've done a great job,
- 22 both in the chapter and in this presentation, in dealing

- 1 with a really complex topic, and I'll have some ideas to
- 2 share in the comment round. But a couple of questions
- 3 first.
- 4 So first question is, did you do any work -- when
- 5 you looked at those who I'll call switchers, did you do any
- 6 work to look at whether they were switching within or
- 7 between markets?
- 8 DR. STENSLAND: No. We didn't do that, but we
- 9 could look at that. They were just switching out of one
- 10 ACO into another, or in or out of ACOS.
- DR. SAFRAN: Yeah.
- 12 DR. STENSLAND: So we could look at -- I'm
- 13 guessing we'll probably end up with more extreme results if
- 14 we take out those who moved.
- DR. SAFRAN: I think it's important, because in
- 16 work that I led before my tenure at Blue Cross, where we
- 17 had, among other things, an eight-year longitudinal study
- 18 of Medicare beneficiaries and we were looking to understand
- 19 performance differences between Medicare Advantage and fee-
- 20 for-service Medicare, we had to confront -- and our
- 21 outcomes were on functional status, not so much on cost.
- 22 But nonetheless, I think that all the methods that we had

- 1 to grapple with are very relevant to what you're dealing
- 2 with here. And we absolutely saw evidence that when people
- 3 get sick, especially with something big and important, they
- 4 often change system, not because they're dissatisfied, not
- 5 because the, in this case, ACO is failing them, but because
- 6 the care they need is somewhere else.
- 7 That's a different matter from a beneficiary who
- 8 relocated. And so I think you'd want to tease those things
- 9 out in what you're doing. So that was my first question.
- 10 Do you have evidence, or have you looked at what
- 11 kind of health events seem to be triggering switching? I
- 12 saw, both in the presentation and the chapter, this sort of
- 13 hypothesis that there could be some health events going on
- 14 here, and, you know, as I'm sharing from my own work in
- 15 this area, I think you're right. So I'm just trying to
- 16 understand whether you've explicitly looked to understand
- 17 how health events seem to be triggering switch or whether
- 18 it's just a hypothesis that you're putting out there.
- 19 MR. GLASS: We haven't looked in detail yet.
- DR. SAFRAN: Okay.
- 21 MR. GLASS: Are we going to do that?
- DR. SAFRAN: Okay.

- DR. STENSLAND: We could look at new diagnoses,
- 2 and certainly we can look at who was admitted and who
- 3 wasn't admitted --
- 4 DR. SAFRAN: Yeah.
- 5 DR. STENSLAND: -- you know, that type of thing.
- DR. SAFRAN: Yeah. And I think you're going to
- 7 want to look at, you know, patients who had such a new
- 8 diagnosis and stayed versus those who had a new diagnosis
- 9 and switched, to really start to tease apart some of the
- 10 hypotheses I think you have.
- 11 And then just one other question having to do
- 12 with assignments, because I'll come back to it in the
- 13 comment round, some of the important distinctions you're
- 14 making between prospective and retrospective. This is just
- 15 ignorance on my part with respect to how the program works
- 16 when it's retrospective. I understand that with
- 17 retrospective that the settlement on who your population
- 18 was doesn't happen until the end of the year and claims
- 19 reveal who that was. Is there any notification along the
- 20 way, in the programs that use retrospective, which would
- 21 make it more what I would call concurrent assignment?
- 22 MR. GLASS: Yeah. They -- I will try to get this

- 1 right. There is a special name for it. It's provisionally
- 2 prospectively assigned with retrospective --
- 3 DR. SAFRAN: Yeah.
- 4 MR. GLASS: -- final attribution.
- DR. SAFRAN: Yeah. Okay.
- 6 MR. GLASS: So, yes.
- 7 DR. SAFRAN: So it's not -- you know, because any
- 8 layperson who think about this for a minute would say,
- 9 "That's unfair. How can you manage a population if you
- 10 don't know who you are?" But in retrospective assignment
- 11 it's not that it's a black box. The participants are
- 12 getting information along the way, but who, at the end of
- 13 the day, they're accountable for gets settled up at the
- 14 very end of the year, with who's still with you.
- 15 MR. GLASS: And they're told quarterly, I think,
- 16 who is on the list.
- DR. SAFRAN: Yeah, okay. Thanks for clarifying
- 18 that.
- 19 DR. STENSLAND: They will know the ones who --
- 20 especially if they had them last year, they'll be on their
- 21 prospective list for this year. But they probably won't
- 22 know they're switchers until a couple of quarters after.

- 1 So the people that just started using them.
- DR. SAFRAN: Yeah. Thank you.
- 3 DR. CHRISTIANSON: Bruce, I saw you --
- 4 MR. PYENSON: This is really wonderful work. I
- 5 want to compliment the team on that. I noticed you
- 6 excluded people who died during the time, and mortality is
- 7 maybe 4 percent or something in the Medicare population. I
- 8 wonder if you could explain what you think that meant or
- 9 why you did that.
- DR. STENSLAND: We did that purely for
- 11 simplicity. We have another dataset sitting there with all
- 12 the people who died, and we wanted to separate the people
- 13 who died from the people who didn't die, and we'll be going
- 14 through the people who died to see if we see anything
- 15 different. Preliminary results indicate that the relatives
- 16 don't seem that much different. Of course, you see a huge
- 17 growth in spending for the people who died, you know,
- 18 monthly spending in their last years of life. But in terms
- 19 of the effective switchers, non-switchers, we haven't seen.
- 20 [Pause.]
- 21 DR. CROSSON: [Presiding.] Sue.
- MS. THOMPSON: Thank you. What do we know about

- 1 their savings? Do we know anything about how they achieve
- 2 savings?
- 3 DR. STENSLAND: I think we're going to come back
- 4 to you in April with that, in a couple of ways. One is
- 5 we're going to try to have a more closely matched
- 6 comparison group, and then we'll break down things a little
- 7 bit more to you in terms of, you know, how much of this is
- 8 post-acute care, how much of this is acute, and that kind
- 9 of thing.
- 10 MS. THOMPSON: And in our work in ACOs, have we
- 11 done anything in terms of understanding the investment in
- 12 infrastructure that's being made by the actual ACO?
- MR. GLASS: We did delve into that some years
- 14 ago, you know, in round numbers and million dollars a year,
- 15 but, you know, that various, obviously, by ACO. We haven't
- 16 tried to get into it in real detail.
- MS. THOMPSON: Okay.
- 18 DR. STENSLAND: We talked in our last ACO
- 19 chapter, we mentioned a percent, I think, something in the
- 20 neighborhood of 1 percent, something like this, maybe 1 to
- 21 2, depending on what you do. And I think we don't have
- 22 firm data on this, so what we have is we've gone out and

- 1 talked to people. And you guys were on these ACOs. You
- 2 maybe have better firm data. But when we talked to people
- 3 we tend to have more confidence in the little, small ACOs,
- 4 where they have a separate group of people that you manage
- 5 the ACO and you're in a little box and that's all you do
- 6 with the ACO.
- 7 For some of the big systems we have, they have
- 8 some people that are doing ACOs sometimes and they're doing
- 9 other stuff, and it's hard for them sometimes to tease out
- 10 what's the exact cost of this because they have people
- 11 doing ACO and non-ACO.
- 12 MS. THOMPSON: One more question. In the
- 13 breakdown of physician ACOs versus hospital-based ACOs,
- 14 let's call them, do we know, by low, medium, and high use,
- 15 how that breaks out?
- 16 DR. STENSLAND: We have a slide. We can -- yeah,
- 17 if you click there's a -- I should go all the way down.
- 18 But, no, we don't have the numbers there. We
- 19 have looked at that and the hospital ACOs, in general, tend
- 20 to be more likely in the lower-spending markets, and the
- 21 physician ACOs tend to be more in the higher-spending
- 22 markets. And this would imply either that the physicians

- 1 are not as interested in setting up an ACO where they think
- 2 they're not going to be able to make any money, or maybe if
- 3 they're in a high-spending market, you know, if you're in
- 4 Miami or someplace like this where you think you can save
- 5 money as an ACO, you may be less interested in teaming with
- 6 the hospital and maybe just want to do it on your own.
- 7 MS. THOMPSON: Thank you.
- B DR. CROSSON: Paul, David, okay, Pat, Jaewon,
- 9 Brian, Jon.
- DR. PAUL GINSBURG: Yeah. I would appreciate if
- 11 you could go through in a little more detail which
- 12 physician the patient, the beneficiary, is assigned to and
- 13 which ACO they were in. You know, so think of a
- 14 hypothetical beneficiary that just has primary care, and
- 15 then they have a heart attack or cancer, and they start
- 16 having a lot of visits with a cardiologist or an
- 17 oncologist. Could you just take us through, you know,
- 18 which ACO they get assigned to, based on their physician
- 19 use?
- 20 MR. GLASS: So, actually, Kate Bloniarz has
- 21 worked on this, and if I misspeak she will correct me, I'm
- 22 sure.

- 1 The first thing that has to happen is the
- 2 beneficiary has to have a primary care service from an ACO
- 3 physician, and if they don't they are not eligible for
- 4 assignment.
- 5 DR. PAUL GINSBURG: And do you find the primary
- 6 care service as an office visit?
- 7 MR. GLASS: They have a list of them --
- DR. PAUL GINSBURG: Okay.
- 9 MR. GLASS: -- and we have that list, if you want
- 10 it. But it's mainly E&M visits. And then after that, if
- 11 you have more primary care services from ACO primary care
- 12 clinicians, and clinicians here includes physicians and
- 13 nurse practitioners and PAs, so if you have more of those
- 14 services from ACO clinicians, primary care clinicians, than
- 15 any other ACO, or any other single taxpayer identifier
- 16 number, then you're assigned to the ACO. Now if you don't
- 17 meet that qualification but you do have a primary care
- 18 service with a primary care clinician, then you're not
- 19 assigned to the ACO. If none of those things happen, and
- 20 you have more primary care services from ACO specialist
- 21 than any other ACO or any other single TIN, then you're
- 22 also assigned to the ACO.

- 1 So it's kind of complicated. What it means is if
- 2 you're not assigned on your primary care services right
- 3 away then you can be assigned on specialist service. They
- 4 call it Step 2. And there are some weird things about, you
- 5 know, I guess we discussed yesterday nurse practitioners,
- 6 PAs, they're all counted as primary care people, even
- 7 though they may be working in the office of an orthopedist,
- 8 and that can lead to some odd things happening.
- 9 And also the other super-detail on this was that
- 10 the visits, in SNFs, were counted in the years we're
- 11 talking about. So if a beneficiary went to the hospital,
- 12 was discharged to a SNF, then saw a SNF physician many
- 13 times while they were there, they would probably get
- 14 assigned to that physician, if that physician were in an
- 15 ACO. So it gets very detailed.
- 16 DR. PAUL GINSBURG: Yeah, I appreciate you going
- 17 through it because I think the implication is that ACO
- 18 assignment is sensitive to whether the person is sick or
- 19 not, and that's really, you know, a flaw and a weakness of
- 20 the whole system, which your research is bringing out.
- DR. GRABOWSKI: Great. I'm glad I get to ask
- 22 this question right after Paul's because it very much

- 1 builds on Paul's question. I was trying to think through
- 2 this myself and, David, you described this population as
- 3 very complicated. Another way of describing them is that
- 4 they're very selected. They're very different here.
- 5 They've had a change in health status which has led to an
- 6 interaction with a physician or a SNF, which ultimately
- 7 changes their enrollment in the ACO.
- 8 I worry a little bit -- so I think,
- 9 descriptively, I really like what you're doing in
- 10 documenting this group. I worry a lot about trying to
- 11 examine this group and look at the effect they might have
- 12 on program spending, just because it's so hard to construct
- 13 a counterfactual for them. You mentioned propensity score
- 14 matching. I would love to learn more about what you're
- 15 thinking there because I don't think -- this group is so
- 16 selective that I just worry, are you actually going to be
- 17 able to find a comparable group to actually do this in a
- 18 credible way.
- 19 DR. STENSLAND: Yeah, I think -- you know, what
- 20 we're thinking about doing, and you should send us a nice
- 21 email later if you have any great ideas -- is --
- DR. GRABOWSKI: I like that you used the word

- 1 "nice" there.
- 2 DR. STENSLAND: Yeah. I'm just trying to keep
- 3 things polite. We're planning to do the propensity
- 4 matching, but the propensity matching all has to do with
- 5 stuff that happened before our time period. And then we
- 6 have some of these unforeseen things that are happening
- 7 that are moving you around. So we're thinking about, when
- 8 we're going to looking at what the changes are for these
- 9 propensity-matched groups, to look at it in different ways
- 10 and then try to describe what we think the bias is in the
- 11 different ways. I think, in some ways, you might
- 12 overestimate savings and in some ways you might
- 13 underestimate savings, and we can talk about that in the
- 14 future. Maybe we'll have some more ideas on that.
- DR. GRABOWSKI: As a follow-up, so why doesn't
- 16 the intent-to-treat framework address this issue with the
- 17 switchers. You're defining them at baseline. Isn't that
- 18 just a simpler way to do this than to try to kind of take
- 19 account of all the switchers over time?
- 20 DR. STENSLAND: We could look at like people that
- 21 were initially in an ACO in 2013, and then just follow them
- 22 all the way through, kind of more an intent-to-treat model.

- 1 And I think McWilliams' intent-to-treat model is fine too,
- 2 and I think this kind of following them all through will be
- 3 one of our assortment, our buffet of different outcomes
- 4 that we'll have. And I think it will complement some of
- 5 the intent-to-treat stuff that McWilliams did.
- 6 MS. WANG: Thank you. This was really
- 7 interesting work.
- 8 This is just a question about, I quess,
- 9 attribution to an ACO. Is an ACO permitted to change the
- 10 physicians in the ACO throughout the course of the year,
- 11 and if not, you know, throughout the course of the year,
- 12 year by year? What are the rules around that?
- 13 MR. GLASS: Okay. I'm trying to recall this from
- 14 memory. We can get back to you on it. But I think, in the
- 15 MSSP program, they allow quarterly changes in your
- 16 physician list, or your participant list.
- MS. WANG: I'm sorry. I missed the --
- MR. GLASS: Quarterly changes.
- 19 MS. WANG: Quarterly changes. That's really
- 20 interesting.
- 21 MR. GLASS: Yeah. And then you raise another
- 22 question of, oh, does that mean you have to change the

- 1 benchmark because now you have a different set of people?
- 2 MS. WANG: That actually wasn't -- but I think
- 3 that is a good question. I was more wondering about, you
- 4 know, susceptibility to managing your panel, to keep your
- 5 healthier members --
- 6 MR. GLASS: Well, it's interesting you bring that
- 7 up because there was a --
- 8 MS. WANG: -- on a managed care plan.
- 9 MR. GLASS: Yeah. There was a recent RAND-AMA
- 10 study, and they did find that some organizations were
- 11 realizing this and moving some of the physicians from one
- 12 TIN to another, in and out of the ACO.
- MS. WANG: Yeah. It's something to bear in mind,
- 14 obviously.
- The related question is whether or not, in your
- 16 switchers, you have any information on differences in
- 17 frequency or incident as between physician-led ACOs versus
- 18 hospital ACOs. And I'm not suggesting any kind of
- 19 pernicious behavior there. But one of the things that I
- 20 think happens when somebody gets sick is they may have a
- 21 primary care doc, you know, that they've been seeing for
- 22 years and years. They develop a serious health condition.

- 1 They go a medical center and the medical center suggests
- 2 "why don't you switch our PCP over here, because we can
- 3 take care of you better." And I just wonder whether that's
- 4 anything that you can pick up from the information you've
- 5 looked at.
- 6 MR. GLASS: Well, anecdotally, we've been told by
- 7 some ACOs that that is the case, and that they're losing
- 8 beneficiary attribution over to a hospital-based ACO. So
- 9 we've been told that. We don't have -- we haven't noticed
- 10 it in the data but we haven't been, you know, searching.
- DR. STENSLAND: We ran those numbers but we can
- 12 put them in a footnote in your next chapter.
- 13 MS. WANG: I was just interested in the
- 14 switchers, in particular, with the hypothesis that it might
- 15 have been triggered by a health event, whether there's a
- 16 closer look that can be made there. Again, it has
- 17 implications for the evaluation of the performance of one
- 18 type of ACO versus another type of ACO.
- 19 DR. CROSSON: I just want to clarify one thing
- 20 myself now. So if the physician that the patient saw and
- 21 as a consequence became part of that ACO retrospectively
- 22 leaves the ACO, the ACO still has that patient. Correct?

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- 1 DR. STENSLAND: Not if the patient moves with
- 2 their physician. So if you were treating somebody and the
- 3 ACO decided -- we would hope they wouldn't be doing this,
- 4 but let's say they said, oh, this is Jay and he takes a
- 5 long time with all his patients, people send him all their
- 6 expensive patients and he's in our ACO, next year they
- 7 could have you start billing under a different TIN, and
- 8 then all your patients would leave the ACO.
- 9 DR. CROSSON: Next year, but not --
- DR. STENSLAND: Next year.
- DR. CROSSON: Not in the reference year.
- 12 DR. STENSLAND: Well, it depends. You know, it
- 13 depends if you're the retrospective or prospective --
- 14 DR. CROSSON: We're talking about retrospective.
- 15 DR. STENSLAND: Yeah, so if it's retrospective
- 16 and you are in the -- you sign up to be in the ACO for that
- 17 year and they're seeing you that year, then they're
- 18 responsible for the cost.
- 19 DR. CROSSON: Whether you leave or not.
- 20 DR. STENSLAND: Whether you leave or not during
- 21 that year, unless you left in the middle of the year and
- 22 started billing under a different TIN and they saw you more

- 1 often under that other TIN than they did under the prior
- 2 TIN, then the patient would leave with you.
- 3 DR. CROSSON: Okay. Jonathan, you looked like
- 4 you wanted to comment on that?
- DR. JAFFERY: Well, that was -- the final point
- 6 was the point I was going to make, because it's based on
- 7 the plurality of --
- B DR. CROSSON: The plurality, so the -- okay. All
- 9 right.
- DR. JAFFERY: So if you left in September, you
- 11 probably wouldn't --
- DR. CROSSON: Got it, got it.
- 13 DR. JAFFERY: And then I guess one other point of
- 14 clarification about this, and we were just -- I think we're
- 15 recalling that for adding or subtracting MSSP physicians,
- 16 you can only add annually, I think, not quarterly, and you
- 17 can drop any time, which becomes, obviously, important
- 18 because people leave organizations.
- 19 DR. CROSSON: Okav.
- 20 MS. THOMPSON: And when a provider drops, the
- 21 beneficiaries attributed to that provider go out of the
- 22 ACO?

- DR. CROSSON: Go what, Sue?
- MS. THOMPSON: Out of the ACO.
- 3 DR. CROSSON: Out of the ACO.
- 4 MS. THOMPSON: So if the ACO loses a provider,
- 5 they lose the lives that were attributed to that TIN.
- 6 MR. GLASS: I'm sorry. If an individual provider
- 7 leaves or if that TIN leaves?
- 8 MS. THOMPSON: I'm sorry. If an individual
- 9 provider leaves with an individual TIN.
- 10 MR. GLASS: With an individual TIN, yeah. So in
- 11 MSSP this is all done on the TIN level, which can range
- 12 from one provider to an entire health care system. So
- 13 that's another complication. It's not done at the TIN NPI
- 14 level.
- DR. CROSSON: Got it. Thanks very much. That
- 16 helps. Jaewon.
- DR. RYU: Yeah, on the shared savings payments,
- 18 how does that get treated in terms of rebasing the
- 19 benchmark and also in terms of how it impacts the MA
- 20 benchmark? Is that treated as spending?
- DR. STENSLAND: Yes. So there's a little bit of
- 22 a multiplier effect here. Let's say the ACO is generating

- 1 savings and it's generating savings larger than the shared
- 2 savings payment, so on net, the system is benefitting.
- 3 That will lower MA benchmarks in the market, and the system
- 4 will have a little bit of a secondary benefit by having
- 5 lower MA benchmarks and lower MA spending. But it can go
- 6 the other way, too. If, let's say, the ACOs actually just
- 7 broke even but the shared savings payments were larger so
- 8 on net the system was losing, well, then, on net that would
- 9 increase the MA benchmarks.
- DR. RYU: So if you add \$100 of savings and then
- 11 you had to pay back \$75 of it as part of the shared savings
- 12 payments, would the \$75 of payment count towards the MA
- 13 benchmark and towards the rebasing of the --
- 14 DR. STENSLAND: Yes.
- DR. RYU: Okay.
- DR. CROSSON: Brian.
- DR. DeBUSK: First of all, thanks for a great
- 18 chapter. I really enjoyed the analysis. I'm really
- 19 looking forward to this matching that you're doing, too. I
- 20 think there's some real novelty there.
- 21 What I was going to ask about, retrospective
- 22 attribution has always been one of those serious flaws with

- 1 the ACO program, and it seems like prospective attribution
- 2 solves a lot of those problems. Just sort of your initial
- 3 impression -- and I know you're not done with the analysis.
- 4 Are you left with the impression that prospective analysis
- 5 -- or prospective attribution fixes or addresses this
- 6 issue, at least in a reasonably complete way? Or is this
- 7 just a way point or a stepping stone to maybe even a more
- 8 sophisticated enrollment type mechanism?
- 9 MR. GLASS: Prospective assignment would not
- 10 solve all of these issues.
- DR. DeBUSK: So --
- 12 MR. GLASS: But it would be better and --
- DR. DeBUSK: Okay, so we should look at this as
- 14 clearly an improving direction. I think there is no doubt
- 15 this is an improving direction. But this is a way point to
- 16 maybe even something better in terms of attribution.
- DR. STENSLAND: Yeah, like I said, I'm not sure
- 18 if this is like this is an improvement and good enough or
- 19 an improvement and we've got to make another step to make
- 20 things even better. But I'm not sure what that other
- 21 better step would be.
- DR. DeBUSK: Okay. I was just trying to get a

- 1 feel for how complete prospective assignment is.
- 2 The other thing I was going to ask, have you guys
- 3 looked at any ways to engage the beneficiary in
- 4 attribution? Everything right now, I mean, some of these
- 5 people have no idea they're even in ACOs.
- 6 MR. GLASS: I would say most of the people don't
- 7 have any idea --
- 8 DR. DeBUSK: Yeah, I was going to be nice because
- 9 Jeff likes nice.
- 10 MR. GLASS: Some of the physicians don't even
- 11 know they're in ACOs. But, I mean, you know, this
- 12 particular analysis, we didn't look at that at all.
- 13 Recently, you know, they've introduced -- you can have
- 14 voluntary assignment where if a beneficiary goes into
- 15 Physician Compare, or wherever it is, and says this is my
- 16 main doctor or primary physician, then they're assigned to
- 17 that physician's ACO. So there is that. And under the new
- 18 rules, they can also offer people money to show up, and
- 19 that could increase attachment.
- 20 DR. DeBUSK: Well, thank you. I was just trying
- 21 to get a feel for how close to settling this issue we are,
- 22 and it sounds like this is sort of the second inning of a

- 1 long game.
- 2 DR. STENSLAND: And I think we should emphasize
- 3 that we're talking about the MSSP, and we have a couple
- 4 people here who are Next Gen, and they've already kind of
- 5 moved into the second inning. You know, they have
- 6 prospective assignment. They have assignment based not
- 7 just on the TINs but also the NPIs. So it's not like we
- 8 have to start from scratch here.
- 9 DR. CROSSON: Okay. I've got one of those people
- 10 lined up. That's Jonathan, and then Warner and Pat.
- DR. JAFFERY: Yeah. So thanks. First of all, I
- 12 really appreciate this creative look. As we've
- 13 acknowledged, this is now about -- we've got Medicare
- 14 beneficiaries basically in three programs in about thirds:
- 15 regular fee-for-service, MA, and now this. And I think you
- 16 could argue that in terms of changing provider behavior,
- 17 the ACOs is doing more than MA has in many ways. Clearly,
- 18 there's lots of other changes that have happened, but
- 19 providers are doing things, even if many of them aren't
- 20 aware they're in ACOs, which I think is true.
- 21 A couple things. First of all, to follow up on
- 22 some things others have said. So, Dana, you had asked

- 1 about the retrospective attribution and the number of
- 2 people, and so the way that I think typically worked is
- 3 you'd end up with your initial prospective assignment being
- 4 very, very large and then every quarter it just gets
- 5 smaller until you're left with a significantly smaller
- 6 number.
- 7 I think the cost issue about ACO costs, I think
- 8 that is tricky. Certainly in my organization, we do sort
- 9 of try and assign some of the cost to the ACO, but it's not
- 10 very self-contained.
- 11 A couple specific questions. Let me go to Slide
- 12 14. This is a pretty quick question. You've got the
- 13 assigned to the same ACO, the bottom, and then left in
- 14 2016. Are those folks who are assigned to the same ACO for
- 15 those three years and then left to another ACO, to not be
- 16 in a new ACO, or a combination?
- DR. STENSLAND: Combination.
- 18 DR. JAFFERY: Okay. And then I had one other
- 19 question, but I forgot it, so sorry.
- [Laughter.]
- 21 DR. CROSSON: Warner. You can always sneak it
- 22 into Round 2. Warner.

- 1 MR. THOMAS: Has there been discussion or have
- 2 you guys looked at just the whole concept just going
- 3 primary care assignment for traditional Medicare? And what
- 4 do you see as the -- it's obviously not being done. What
- 5 has been the discussion on that? And where do you see the
- 6 challenges with that?
- 7 MR. GLASS: Well, the history of this is that
- 8 people didn't want to leave specialists out of ACOs. They
- 9 wanted to get them involved. It was felt that there were a
- 10 lot of beneficiaries who maybe they see their cardiologist
- 11 as their primary doctor, and we don't want to leave them
- 12 out. And I think so all of that kind of militated for some
- 13 way to get the specialist into it, and they ended up with
- 14 this second stage assignment sort of thing.
- Now, why they shifted to the two-stage, I'm not
- 16 sure, but they did have the two steps, and I think part of
- 17 it is kind of the way the statute's written. It talks
- 18 about primary care physicians.
- 19 MR. THOMAS: Do you think going to that model,
- 20 even if you identified your cardiologist as your primary
- 21 care doctor, do you think that would solve some of this
- 22 problem? I mean, even just having the beneficiaries go

- 1 through the thought of like who is my direct caregiver and
- 2 that they know that they're in this program, do you think
- 3 that would help in any of these scenarios?
- 4 DR. STENSLAND: I think it would make a cleaner
- 5 comparison between you and the other groups, and this is
- 6 actually -- when McWilliams did his evaluation, he only --
- 7 he did his own assignment based only on primary care,
- 8 because he thought that provided a better comparison
- 9 between the ACO and the non-ACO. So I think for
- 10 evaluation, that might make sense. The only -- the
- 11 downside we have here is if we go to only primary care
- 12 visits, you're going to end up with fewer people assigned
- 13 to the ACO, because you've got about maybe 12 percent of
- 14 the people that only end up seeing specialists in the year.
- 15 So, you know, you have all these people in Medicare. About
- 16 10 or 12 percent don't see anybody. Another 12 percent
- 17 only see primary care -- or only see specialists, so you're
- 18 going to have a smaller group. And you're going to have to
- 19 end up then trying to get bigger ACOs, because we already
- 20 have a problem with some of these small ACOs which have
- 21 5,000 or 10,000 people having lots of random variation.
- 22 Whenever it gets smaller, you have more random variation.

- 1 So I think to me this is a trade-off between better
- 2 attribution versus smaller sample size in the random
- 3 variation you have there.
- 4 MR. THOMAS: Has there been any studies done or
- 5 have you guys talked to beneficiaries about how they would
- 6 feel about the fact that they're in this organization, that
- 7 the idea is to have better coordination? I mean, because I
- 8 think there's always this view that, oh, well, we don't
- 9 want to go to primary care assignment because it's limiting
- 10 choice and beneficiaries are going to feel bad about it.
- 11 And I just wonder if it was really explained to them as,
- 12 you know, you're entering a system of care, we want to
- 13 identify someone who's your go-to person, you know, that it
- 14 probably would be much better accepted versus it being this
- 15 kind of covert sort of thing. So has there been any
- 16 dialogue or any studies around that?
- MR. GLASS: When they started ACOs, there was a
- 18 letter that went out to the beneficiaries saying,
- 19 "Congratulations. You're now in an ACO. This means your
- 20 data is going to get shared." And the reaction was
- 21 incredibly negative. You know, "I don't want the
- 22 government to know what doctor I'm going to." And beyond

- 1 that, it became -- it really caused a lot of trouble for
- 2 the physicians' offices because they were getting all these
- 3 calls, you know: "What does this mean? Why are you doing
- 4 this to me?" And so they guit sending out the letters
- 5 because it did not help.
- 6 MR. THOMAS: That kind of gets back to my point
- 7 of, you know, perhaps there should be some study or some
- 8 work done to understand from beneficiaries -- number one,
- 9 to explain to them and have them understand like what are
- 10 we really talking about. This isn't just like -- number
- 11 one, the government can look at all your data anyway
- 12 because they look at all the claims information. But,
- 13 anyway --
- 14 DR. PAUL GINSBURG: They're paying the bills [off
- 15 microphone].
- 16 MR. THOMAS: Exactly, they're paying the bills.
- 17 But more importantly, you know, especially you want to have
- 18 coordination and you want to have folks that are kind of
- 19 focused on being preventative. I just wonder if we had a
- 20 better way and approach to explain this, I think we'd get
- 21 much, much better acceptance. I honestly think -- so I
- 22 don't know -- I just know that there's been studies on

- 1 that, or maybe that's something we should think about
- 2 doing.
- 3 DR. STENSLAND: We do focus groups every year,
- 4 and we ask them things like, "Are you in an ACO?" And
- 5 almost no one knows if they're in an ACO or not. And
- 6 sometimes we try to explain what an ACO is, which I think
- 7 for a lot of these people is extremely difficult. Like we
- 8 have people that don't know if they're in an MA plan or in
- 9 fee-for-service in these focus groups and what's the
- 10 difference between a Medigap plan and an MA plan. A lot of
- 11 them don't know that.
- So if we tried to explain to them the difference
- 13 between an ACO and an MA plan and traditional fee-for-
- 14 service, I think the share that we would get that would
- 15 really understand what's going on would be smaller than the
- 16 share that would just be scared.
- 17 And then there's the -- but the thing that you
- 18 touched on that might work that they can do is they can get
- 19 on and say, "Who is your primary care doctor?" I think
- 20 that's much more easy for them to understand, "This is my
- 21 doctor, "as opposed to "This is my ACO."
- MR. GLASS: That route is open. Not many have

- 1 used it yet, but that's a matter of education, and I think
- 2 people certainly in commercial plans are willing to say,
- 3 "This is my primary care physician" and would certainly --
- 4 I mean, we could entertain the idea of asking that when
- 5 people first join Medicare.
- DR. CROSSON: Okay. I've got Pat and then Kathy,
- 7 and we're still in Round 1, sort of.
- 8 [Laughter.]
- 9 DR. CROSSON: I think Round 2 is going to be kind
- 10 of like what are the implications of these findings, and I
- 11 think we're already doing that. But just for formality's
- 12 purposes --
- MS. WANG: These are actually questions. Do the
- 14 changes in spending growth include Part D?
- DR. STENSLAND: [Nodding affirmatively.]
- 16 MS. WANG: Okay. have you thought about looking
- 17 at that?
- DR. STENSLAND: Yes, and it's hard.
- 19 MS. BUTO: Jeff, Part D is not managed by the
- 20 ACO, correct?
- 21 MS. WANG: It's true, but sometimes, you know,
- 22 changes in spending in one area can -- decreases in one

- 1 area can result in increases in the other, and I think it's
- 2 something that one would want to know about, the total
- 3 package of care that's --
- 4 MR. GLASS: So you could conceivably look at it
- 5 for the subset of ACO beneficiaries who are also in a Part
- 6 D plan for which we have the data.
- 7 MS. WANG: Thanks. The second question is: Can
- 8 you summarize the reasons in the comment letter on the new
- 9 MSSP rule that you disagreed with the notion of both
- 10 prospective and retrospective assignment?
- 11 MR. GLASS: Right. So in the comment letter, the
- 12 Commission opined that allowing ACOs to switch between
- 13 retrospective and prospective assignment was a bad idea,
- 14 allowing them to switch annually between, because it opens
- 15 up large possibilities of gaming, you know: I'm in
- 16 retrospective this year. I noticed my -- I did really
- 17 well. I think I'll switch to prospective. They'll give me
- 18 the same set of beneficiaries I had last year. The
- 19 simplest.
- 20 But it also introduces terrible administrative
- 21 complexity for CMS because they have to compute a different
- 22 benchmark. It's a different set of beneficiaries, and it's

- 1 a different lookback period, so they have to do a different
- 2 benchmark if an ACO switches between one -- from
- 3 prospective to retrospective or vice versa. And we didn't
- 4 agree that it was necessary to do any of this. They
- 5 implied that statute which was really changed to allow
- 6 Track 1 and Track 2 to use prospective, therefore implied
- 7 that going forward they should always be allowed to switch
- 8 between the two. And since Track 1 and Track 2 no longer
- 9 exist, we think that the problem went away.
- DR. CROSSON: Jonathan, on this point?
- DR. JAFFERY: Yeah.
- DR. CROSSON: Okay. Go ahead.
- DR. JAFFERY: Do you know in your focus groups if
- 14 there are people who are interested in switching? Or most
- 15 people I think are more interested in the prospective for
- 16 some of the reasons we've said. So have you heard, gotten
- 17 feedback from groups that like the retrospective?
- 18 MR. GLASS: I'm sorry, focus groups with ACOs?
- DR. JAFFERY: Yeah, yeah.
- 20 MR. GLASS: Discussions with ACOs?
- 21 DR. JAFFERY: Yeah.
- MR. GLASS: It seemed early on there were people

- 1 who did like the retrospective, but, yeah, I'm not sure.
- 2 We haven't talked recently, being allowed to switch back
- 3 and forth, whether people like that or not.
- 4 DR. CROSSON: Kathy
- 5 MS. BUTO: I'm going to hold off until Round 2.
- DR. CROSSON: Okay. So Round 2 starts now, sort
- 7 of, and we're going to engage in comments about the
- 8 implications of the findings, and I think Paul has offered
- 9 to begin the discussion.
- 10 DR. PAUL GINSBURG: Thanks.
- Anyway, I think you've done a great job pursuing
- 12 this research, and it has a lot of implications. The first
- 13 implications were that Medicare's -- or CMS's decisions
- 14 about rewarding ACOs or penalizing ACOs are subject to a
- 15 lot of error because of the changes in the patient
- 16 switching into or out of different ACOs. It also means
- 17 that a lot of the research is subject to perhaps more error
- 18 than we might have thought.
- 19 We probably wouldn't care so much with the latter
- 20 if the ACOs were more successful than they've been, but
- 21 since we're talking about 1 percent gains or losses, it
- 22 suddenly becomes a big deal whether we think we're making

- 1 progress or not. If we had 5 percent gains, we probably
- 2 would say all the different approaches, we don't even have
- 3 to worry about those because the gains are clear, full
- 4 steam ahead.
- 5 But the other implications, which came out a lot
- 6 in our Round 1, is that the model can be improved, and I
- 7 think someone asked a great question, is going in a
- 8 perspective going to change it, and clearly that would be
- 9 an improvement. But it's not getting at the underlying
- 10 problem, which is the attribution, because I think the
- 11 whole concept behind the ACO is that all beneficiaries
- 12 would be assigned to their primary care physician, no
- 13 matter what happens. We have these situations. some are
- 14 clearly getting assigned to specialists, only when they get
- 15 sick. To me, that's a really big problem for the ACOs as
- 16 well as for the program, and I think it's really worth our
- 17 time to perhaps come up with ideas to, in a sense, really
- 18 turbocharge the process, pay the beneficiaries if they'll
- 19 go in and identify their primary care physician, to really
- 20 reduce this issue of people who don't have primary care
- 21 physicians or have them, but wind up being assigned to a
- 22 specialist when they get sick.

- DR. CROSSON: Thank you, Paul.
- Dana first, Bruce, Jonathan, Kathy, David, Brian.
- 3 DR. SAFRAN: So thanks for tackling this really
- 4 important work.
- 5 Where I want to start is you made the distinction
- 6 at the beginning that I think is a critical one for us to
- 7 keep our eye on throughout this line of analysis of the
- 8 evaluation against a benchmark evaluation, where we're
- 9 trying to create the counterfactual.
- 10 I think you may not have said it exactly this
- 11 way, but you did make the point that the benchmark matters
- 12 to organizations because it drives whether or not they're
- 13 succeeding in getting paid.
- 14 The counterfactual matters for all of us to
- 15 figure out is the program succeeding.
- 16 So I think that the number one point I wanted to
- 17 make is that the distinctions that you're making and the
- 18 demonstration you did on one of the last slides of the
- 19 difference that prospective versus retrospective assignment
- 20 makes to the answer to both questions, whether the
- 21 organization wins and whether we appear to have a program
- 22 that's succeeding is a really important point.

- I will make the point that I hear a lot of folks
- 2 saying it's just so obvious, prospective is better. I will
- 3 tell you that I don't share that point of view. That in
- 4 the work that I led at Blue Cross, we used what we called
- 5 "concurrent assignment," and that's why I asked the
- 6 question I did about how it works for the programs for CMS
- 7 because how that worked was you know all through the year
- 8 who we think is attributed to you, but at the end of the
- 9 year, we settle up on who actually manifests as your
- 10 patient, because of all the switching that happens.
- 11 I'm not going to try to settle that here. I'm
- 12 just flagging the fact that I think for the first purpose,
- 13 how do we set the benchmarks, how do we settle the program,
- 14 the policy questions -- or maybe we'll call them the
- 15 "programmatic questions," I think this modeling of the
- 16 difference that it makes, the prospective and
- 17 retrospective, is it does a really important service, and
- 18 so I would encourage you to continue that line.
- 19 The other comment I want to really underscore, I
- 20 think I teed up a little bit with some of my questions,
- 21 which is this issue that you're on to, which I think has
- 22 been skipped over in both the academic evaluations and in

- 1 the CMS's own actuarial evaluations of switching is
- 2 extremely, extremely important. You show the numbers are
- 3 significant.
- 4 But it is -- I'll call it a closed course for
- 5 professional drivers. I mean, like the modeling that you
- 6 have to do in order to understand, just some of the basic
- 7 questions I was asking you of like did this person have a
- 8 health event that motivated the switch and how do you know
- 9 that it was because of that, and what happened to the
- 10 people that had the same health event that didn't switch,
- 11 that sort of gets a little bit at the propensity matching
- 12 you're wanting to do.
- So I guess I just want to say I really encourage
- 14 this line of analysis for the second category, which is
- 15 establishing the right counterfactual so we can know more
- 16 accurately how well this program is succeeding.
- But I want to encourage you to engage a
- 18 methodologist who has been driving on this course. I have
- 19 at least one to recommend to you, so I'll do that after the
- 20 meeting. But I think it's really important to address
- 21 these issues of moving around.
- Thank you.

- DR. CROSSON: Thank you, Dana.
- 2 Bruce.
- 3 DR. PYENSON: Again, I continue to be just really
- 4 impressed by the longitudinal study that you did as really
- 5 adding a lot of knowledge.
- 6 Paul's comment that if ACOs were much more
- 7 successful, we wouldn't be fussing over a lot of this and
- 8 Dana's cautionary note that prospective is not necessarily
- 9 the right way to go, I agree with.
- But I did want to say, to me, this work
- 11 identifies one of the prevailing myths of population health
- 12 that I think many people have hoped would be realized with
- 13 the ACO movement, and that is, that if somehow we simply
- 14 engaged physicians and engaged patients better and got them
- 15 into the system consistently, we would be able to bring the
- 16 magic of better care to them, and they'd be healthier and
- 17 less expensive.
- 18 It's not quite a perfect analogy to Jay's comment
- 19 that "It's the price, dummy," but there's the issue of what
- 20 spending is actually malleable.
- There's often the attempt to blame the patient,
- 22 "Oh, if the patients were only compliant" or only if they

- 1 were indentured servants and didn't move around, but the
- 2 reality is it's not the patient that decides unnecessary
- 3 surgery and admissions and excessive stays in SNF and
- 4 things of that sort.
- 5 So, ultimately, I think what we're up against
- 6 here is the failure to take the kinds of steps that are, in
- 7 fact, short term and effective in the short term at saving
- 8 money, and of course, the incentives are not aligned to
- 9 make that happen. So, hence, we're in this awkward
- 10 situation of a program that seems so promising but is
- 11 disappointing.
- 12 The fluctuation in the churn of 30 percent or so
- 13 that's been reported actually is not perhaps such a huge
- 14 problem. That's existed for generations in the insurance
- 15 industry. It's a little less now because there's so many
- 16 fewer insurers, but it's risk. And there's certainly ways
- 17 to manage it. Given that it's the reality of this
- 18 population, I think that emphasizes the importance of
- 19 short-term actions to make the care more efficient.
- 20 So this is my interpretation of the data that's
- 21 coming out of this that it actually points in a different
- 22 direction of what ACOs need to do to be effective than many

- 1 of the underlying assumptions that I hear very frequently
- 2 because I think, certainly, within the context and the
- 3 examples of MA plans, there's certainly potential
- 4 effectiveness.
- 5 So potential things to change here, less
- 6 concerned about attribution and that sort of issue, but the
- 7 ability to direct care more strongly, I think would be a
- 8 very important tool to get at some of the underlying
- 9 potential savings in the short term.
- DR. CROSSON: So, Bruce, just let me ask you to
- 11 expand a little bit on that because I think the ability to
- 12 direct care in this context would be -- correct me if I'm
- 13 wrong -- the management of the ACO with respect to the, for
- 14 example, individual physicians.
- Now, to me, that brings into play, perhaps, a
- 16 piece of this that we haven't spent much time on, which is
- 17 how the individual physicians are paid, what the incentives
- 18 are at the level of the individual physicians. Is that
- 19 where you're going or somewhere else?
- 20 DR. PYENSON: More on a referral policy and
- 21 ability to, if you will, some of the techniques that are
- 22 routinely used in Medicare Advantage, for example,

- 1 utilization management.
- DR. CROSSON: Okay.
- 3 DR. PYENSON: So the challenge with an ACO doing
- 4 that is that it would be a loss for them to do that
- 5 relative to the shared savings and especially given the
- 6 churn. When you look at an organization, they're better
- 7 off not decreasing admissions, not decreasing ER, and
- 8 getting the revenue on that side rather than the relatively
- 9 small shared savings.
- DR. CROSSON: Because of the disproportionate
- 11 shared savings. All right. Okay. Thanks very much.
- Jonathan.
- DR. JAFFERY: Yeah. Thanks, and thanks again for
- 14 this. I do wish maybe we had had this conversation before
- 15 I started at an ACO at a center. I'll have to think about
- 16 that. Yeah. So I have, as you can imagine, a lot of
- 17 thoughts, but I'll try and really limit it to implications
- 18 of this report, things like that.
- 19 So I think the switcher idea is super
- 20 interesting, and I would echo what others have said about
- 21 thinking about additional -- digging deeper into the
- 22 switches. I think the propensity-matching idea is

- 1 intriguing, important, and I want to acknowledge the
- 2 potential issues that David and Paul brought up but think
- 3 that that's important.
- 4 I'm trying to think about some other
- 5 characteristics of the switches, some things that others
- 6 have brought up about what does it mean around their health
- 7 needs and changes in health needs, and then also maybe a
- 8 little bit more about where they go. Are they going to
- 9 ACOs with hospitals? Are they going to academic medical
- 10 centers? Some things that intuitively might be driving
- 11 some of the other differences we see, but I'd like to
- 12 understand more about that.
- 13 And then a couple other things that I think the
- 14 report reinforced that we've heard, that we've seen in to
- 15 her reports, or people have observed that I think are
- 16 really key to success of the program long term -- so one
- 17 thing that you talked about in the report and today is the
- 18 longer you're in an ACO, the more likely -- the longer the
- 19 ACO exists, the more likely it is to achieve shared
- 20 savings, at least relative to the benchmark. So I think
- 21 that's something we need to think about that's important,
- 22 especially in light of the 2019 rule, which is going to get

- 1 people -- moving people towards risk faster. If they have
- 2 to be in risk in two years, but it takes on an average four
- 3 years to get to the point where your processes are in place
- 4 to make savings, it's just another hurdle for
- 5 participation, which of course is voluntary at this point.
- Then the last thing that keeps coming out -- and,
- 7 again, you showed it today -- is that the best predictor of
- 8 shared savings is to be in a high-use area, high cost of
- 9 baseline, and none of these things really are getting at
- 10 that. The long-term sustainability of the program that is
- 11 asking organizations to make investments and then
- 12 continually just beat their own success. So, hopefully, we
- 13 can weave those things into further analysis too as we
- 14 think about opportunities for recommendations about program
- 15 design going forward.
- 16 MR. GLASS: Well, they are putting in regional
- 17 spending into the benchmark, which will -- depending on
- 18 whether you're high or low to begin with.
- 19 DR. JAFFERY: Right. I think I mentioned
- 20 yesterday, depending on your market, that may make
- 21 absolutely no difference.
- 22 DR. CROSSON: Okay. I've got Kathy, David,

- 1 Brian, Pat, Warner, Karen.
- MS. BUTO: And Sue.
- 3 DR. CROSSON: Okay.
- 4 MS. BUTO: So I thought this work was really
- 5 interesting, and I really want to commend you for doing it
- 6 and actually taking a very innovative approach to looking
- 7 at what is underneath the spending growth and particularly
- 8 for switchers.
- 9 Like other people, I think it's important to
- 10 really understand what's going on there. It raised for me
- 11 two kind of issues that are not necessarily going in the
- 12 same direction, if you will.
- One of them was I think the point that Warner was
- 14 getting at earlier, which is part of the ACO -- I guess our
- 15 aspiration for ACOs was not just about moderating spending
- 16 growth, but increasing management of care. So I think the
- 17 bonding or the connection with primary care physician is
- 18 something that if we understand better what's going on with
- 19 switching, we might be able to tease apart in a way that we
- 20 understand better how to increase the incentives or the
- 21 elements of the program that would stabilize that
- 22 relationship in a better way.

- The ability to offer \$20 to beneficiaries and
- 2 have that make a difference in their showing up tells me
- 3 that there are other opportunities there that for
- 4 increasing connectivity and sort of engagement on the part
- 5 of beneficiaries to the ACO, and I hope that at some point,
- 6 we'll get more into that aspect of it.
- 7 On the other side, I guess the thing that I'm
- 8 aware of is there may be really good reasons why people are
- 9 switching, and yes, it leaves the spending growth, but
- 10 would we want them not to switch, in a sense, in this
- 11 construct? Yes, if they're in an MA plan, but this
- 12 approach was designed to allow for greater flexibility. So
- 13 that's why I think it's important to better understand why
- 14 they're going out or why they're migrating outside the ACO,
- 15 and it may be for very good reasons. Maybe they should be
- 16 in a medical center if they're got a complex medical
- 17 condition, and both the primary care and specialty care can
- 18 be better managed together. So I think that's why it's
- 19 important to go the next level.
- 20 MR. GLASS: I don't think we said switching leads
- 21 to spending growth. I think people switch for a reason, as
- 22 you just said.

- 1 MS. BUTO: Right.
- 2 MR. GLASS: And they get sick. They start seeing
- 3 other doctors.
- 4 MS. BUTO: That growth won't occur.
- 5 MR. GLASS: I know from my own experience --
- 6 MS. BUTO: Wherever, yeah.
- 7 MR. GLASS: -- changes in health status are
- 8 usually not good. It's going to cost you money, and it's
- 9 going to be seeing a lot of doctors. And so the switching
- 10 causes --
- 11 MS. BUTO: You're saying the spending growth
- 12 would occur --
- MR. GLASS: Exactly. Right.
- MS. BUTO: -- wherever they are.
- 15 I'm just saying that the switching itself might
- 16 be a very rational thing and driven by the right clinical
- 17 consideration.
- 18 DR. CROSSON: Okay. So we are running out of our
- 19 allotted time. I've got David, Brian, Pat, Warner, Karen,
- 20 and Sue, and I think that will be the end of the
- 21 discussion.
- 22 David.

- DR. GRABOWSKI: Thanks again for this work.
- 2 On page 1, you write this paper examines the
- 3 effect of the MSSP on Medicare program spending, and you
- 4 have these three sections in the report, the first looking
- 5 at performance relative to the benchmarks; the second,
- 6 performance relative to counterfactuals, seeing some of the
- 7 work from the literature, and then the third, this
- 8 descriptive examination of switches.
- 9 I would argue based on that goal of wanting to
- 10 look at the effect on Medicare program spending that only
- 11 that second section is really meeting that overall
- 12 objective, and Dana has already made this point, but I'll
- 13 make it again. Benchmarks don't equal counterfactuals, and
- 14 I don't know that that section belongs in here. I think it
- 15 just confuses. The benchmarks are really important to the
- 16 participating organizations, but they're not important to
- 17 Medicare program spending.
- 18 I'll quickly note my colleague Michael McWilliams
- 19 actually had bumper stickers printed up that said
- 20 "Benchmarks do not equal counterfactuals." I'm going to
- 21 get one for Jeff, and, Jeff, we're going to put in on your
- 22 car at the next meeting. We'll go out and --

- 1 [Laughter.]
- 2 DR. STENSLAND: If that's not going to elevate my
- 3 cool status, I don't know what will.
- 4 DR. GRABOWSKI: I don't know what will. That's
- 5 right. That's right. I think it would look great on your
- 6 car, though, Jeff.
- 7 DR. CROSSON: Let me just point out you've got a
- 8 great football team over there. I think that makes much
- 9 more sense.
- DR. GRABOWSKI: That's right. Right, right.
- 11 DR. DeSALVO: It's going to be great until the
- 12 Saints crush them.
- [Laughter.]
- DR. SAFRAN: I just want to mention that I have
- 15 that bumper sticker.
- DR. GRABOWSKI: There you go.
- 17 [Laughter.]
- DR. GRABOWSKI: Is it on your car, though, Dana?
- DR. CROSSON: All right.
- 20 DR. GRABOWSKI: The other point I wanted to make,
- 21 quickly -- I'll come back -- I touched on this in Round 1,
- 22 but the switchers are not random. They're a highly

- 1 selected group and I just worry that we have this change in
- 2 health status which leads to this change in provider which
- 3 ultimately leads to this change in assignment. There's
- 4 something very different about these individuals. So I
- 5 think Dana framed that nicely. It's a really challenging
- 6 course and we want an expert driver. But I worry, even
- 7 with an expert driver, that we're not going to be able to
- 8 navigate it. It's really hard to kind of do this with
- 9 propensity-matching and actually come up with a good
- 10 counterfactual.
- So I'll say I remain skeptical about whether we
- 12 can actually do that. So thanks.
- DR. CROSSON: Brian.
- DR. DeBUSK: Thanks again on a really insightful
- 15 chapter. I really enjoyed the analysis. And like so many
- 16 others have said, I think studying and understanding the
- 17 switchers is obviously a huge component of this.
- 18 I'll tell you the prospective assignment feels
- 19 like progress. It does clearly seem like it's a step
- 20 forward. But we're in a pretty awkward situation here
- 21 because, you know, as we've talked about now, this clearly
- 22 isn't an endpoint. This is a way point, at best.

- And so I think we're going to be tasked with
- 2 trying to push forward on even better ways to do this
- 3 attribution in this assignment, and what I was going to
- 4 encourage here is really two-fold. Number one, you know,
- 5 from what we've learned from the switchers, I don't know
- 6 that we can conveniently put someone in this box or in that
- 7 box and say this is the person that's responsible. We may
- 8 have to take more of a hybrid approach, where we do bring
- 9 some retrospective ideas and some prospective ideas
- 10 together, and maybe even do some cross-attribution or some
- 11 mixed attribution. And, I mean, we can follow up with
- 12 emails with that.
- But I think having something that's more
- 14 continuous, where someone doesn't have to leap from one ACO
- 15 to the other may, at least, for analytic purposes, help us
- 16 understand the nature of these transitions, because I could
- 17 see someone being attributed to one ACO, getting sick,
- 18 racking up claims in this new ACO, triggering their
- 19 basically cross, or their reattribution, and then once they
- 20 resolve going right back to their original ACO.
- 21 So let's think about, you know, are there more continuous
- 22 ways to do, again, some type of cross-assignment or a more

- 1 continuous type of assignment, even that could be claims-
- 2 based.
- 3 The other thing I was going to mention, too, is I
- 4 think the analytics are only going to get us so far, and I
- 5 think Kathy briefly alluded to the idea of beneficiary
- 6 engagement, you know, if you were focusing on the \$20
- 7 payment for a healthy visit. I still ultimately think
- 8 we're going to have to do something to engage
- 9 beneficiaries, and sort of, to me, the obvious mechanism
- 10 would be some type, ultimately -- I'm probably going to get
- 11 thrown out of here for this -- but ultimately some type of
- 12 surcharge for people who insist on unmanaged care. If I
- 13 don't want to identify a primary care physician, I don't
- 14 want to participate in an ACO, and I don't want to enroll
- in MA, ultimately, we're going to have to capture that
- 16 cost. Is it a \$12, is it an \$18 surcharge on your Part B
- 17 premium? I don't know.
- 18 But at some point we need to recognize the fact
- 19 that people who insist on not participating in any of the
- 20 choices in front of them are costing the system extra
- 21 money, and I think that may be the beneficiary engagement
- 22 mechanism that we need to also address some of these

- 1 attribution issues with ACOs.
- DR. CROSSON: Great. Pat.
- MS. WANG: Thanks. Again, I commend you on the
- 4 work and I think it's really important, and I think, just
- 5 for the record, to state clearly, I think that the work is
- 6 important to keep evolving the ACO program and to keep
- 7 getting better and better and better at this.
- 8 The discussion around switchers is really
- 9 important and people have raised all of the relevant
- 10 points. Attribution models, even in managed care plans,
- 11 are phenomenally difficult because we may think that
- 12 somebody should recognize their PCP as, you know, the
- 13 person in charge of coordinating everything, but human
- 14 behavior often is not like that. And people will say,
- 15 "You're my PCP but I go get my care someplace else," and
- 16 you just have to recognize that as human behavior.
- But the thing that is raises to me -- and I think
- 18 the work is important and needs to keep going -- but what
- 19 it raises to me is that ACOs are still such a partial and
- 20 segmented solution, and that that is one of the reasons
- 21 that we're spending a lot of time talking about why are
- 22 people switching, you know, et cetera, et cetera. And it's

- 1 good, what are the characteristics of switchers; it's fine.
- 2 But the goal, ultimately, is that those people who switch
- 3 because they develop a serious health condition, or move to
- 4 a different part of town, are still in an organized care
- 5 delivery system that does the best job possible for them.
- 6 Their health outcome may change because they might be
- 7 gravely ill, so at that point they're really in an acute
- 8 situation. You just want the care to be good.
- 9 And so, you know, I would just observe that over
- 10 time, hopefully, this archipelago of ACOs will be connected
- 11 into some sort of continent. Like ideally, you'd think
- 12 about there's a regional ACO, because there are switchers.
- 13 People are always going to switch for some reasons. You
- 14 just want to make sure that they're moving from one
- 15 organized delivery system into another organized delivery
- 16 system. So we have a ways to go there.
- One of the reasons that I asked about change or
- 18 evaluation of Part D spending, and I understand that it's
- 19 not part of the ACO's responsibility. I do think it's
- 20 important to look at, because if you look at total program
- 21 spending it's a big part of total program spending. And
- 22 part of the reason to try to understand whether there are

- 1 any changes there is precisely because the ACO is not
- 2 responsible for it. I think that we would want to know
- 3 whether there are changes in care patterns that are
- 4 producing, you know, changes in spending growth, up or
- 5 down, that may be related to parts of the benefit package
- 6 that are not the responsibility of the group that is
- 7 charged with managing that population. Substitute medical
- 8 care with increased prescribing would not be a good thing,
- 9 but you kind of want to know that.
- 10 Over time -- and I don't know how to do this --
- 11 but it would be great for ACO members, who are, by
- 12 definition, enrolled in freestanding PDPs, that don't
- 13 really have quality metrics that are tied to health
- 14 outcomes, to somehow align to what the ACOs are trying to
- 15 do. Jonathan, you know, I think really vividly described
- 16 yesterday the consequence of non-adherence to medications
- 17 when somebody shows up in the hospital and it creates all
- 18 kinds of problems for them. It would be great if, at some
- 19 point, ACOs, who are managing those kinds of outcomes,
- 20 could have aligned incentives and data-sharing with PDPs
- 21 who right now have no -- there's no star measure for a PDP
- 22 for med adherence, for example. You know, to somehow, over

- 1 time, examine how those linkages might be made so that at
- 2 some point they're connected, because it's hard to imagine
- 3 an ACO managing a Part D benefit but there might be
- 4 something in between.
- 5 I'm not in favor of kind of pushing ACOs down the
- 6 road of do your own utilization management. It's an
- 7 incredibly costly enterprise. It has a lot involved in it.
- 8 It's not just, you know, decide what you think should be
- 9 approved, not approved. It will never go -- it's a
- 10 different model than insurance and a capitated model, so it
- 11 will never take that final step. But I think that, to me,
- 12 the goal and the drive of ACOs is to create a more
- 13 coordinated, connected delivery system that can fit into a
- 14 better fee-for-service system, a better MA system, and,
- 15 ultimately, those should be the two pathways for
- 16 beneficiaries.
- DR. CROSSON: So, pat, this question you raise
- 18 about integration between ACOs and Part D is on our work
- 19 plan.
- Warner.
- 21 MR. THOMAS: I'll be brief, given the timing.
- 22 First of all, I was actually pleased with the result, and I

- 1 think given the short time period that ACOs have been in
- 2 existence, I think we are seeing results. So I hope that
- 3 people feel like we're heading in the right direction here.
- 4 I'm also not surprised with the fact that for
- 5 folks that stay with the same ACO or stay with the same
- 6 physician that they see better results. And it's one of
- 7 the reasons I really think we should look at primary care
- 8 assignment or physician assignment. If we need to broaden
- 9 it, I think that's fine, but I do think having people --
- 10 we're seeing this with our own employees. You know, once
- 11 we went to primary care assignment they identify with that
- 12 person, they create more of a system, they understand that
- 13 they are part of a system. So I think the better we can
- 14 explain that and help people understand that I think the
- 15 better off we will be.
- 16 So I would just -- hopefully we can take away
- 17 from this a positive view of what's happening here, and
- 18 what's going to, I think, continue to push people down the
- 19 road of more risk and more downside exposure so that there
- 20 is more innovation around changing care, and I think we'll
- 21 continue to see positive results. But I'd really like to
- 22 see us take on the idea of educating beneficiaries, being

- 1 able to interact with beneficiaries in a much, much more
- 2 direct way, and also this idea of primary care or physician
- 3 assignment.
- DR. CROSSON: Thank you, Warner.
- 5 Karen, a brief Drew Brees kind of factual would
- 6 be allowed.
- 7 DR. DeSALVO: Like where he's best throwing
- 8 passes -- short.
- 9 I want to just maybe underline some themes, that
- 10 it seems that the program, as designed originally, or
- 11 conceived, was to get people into better care management,
- 12 and it's really, in some ways, maybe we're seeing some
- 13 claims avoidance behavior. And so that care management
- 14 piece, I feel like when the beneficiaries switch or for
- 15 whatever reason are no longer part of the ACO, it's almost
- 16 like they're being released into the fee-for-service wild,
- 17 and that's the time when they may need the most care
- 18 coordination, because they're having a lot of complexity.
- 19 So the implication is along the lines of what Pat just
- 20 shared, and Warner, that we really need to think about a
- 21 world in which this is not a side business but there is
- 22 accountability entity responsible for total health and

- 1 total cost of every Medicare beneficiary, so that they have
- 2 a quarterback to help manage their care.
- I want to just make two other points. One is
- 4 that some of the physician results make me think about
- 5 aligned incentives also, in that there's some writing from
- 6 that world of physician ACOs that more proximate
- 7 incentives, proximate understanding about quality and
- 8 outcomes and also alignment really does change some of the
- 9 practice behavior on the front lines, a little bit of what
- 10 came up in this conversation with Bruce. So it's maybe not
- 11 a comment but a question I'd love to tease out a little bit
- 12 of. Is there something about that importance of aligning
- 13 the incentives for the physicians? It's not just having an
- 14 accountable entity.
- 15 And the final point is about selection, which is
- 16 there are lots of ways. It seems that there's claims
- 17 avoidance and selection happening. I just want to put on
- 18 your radar the world in which big data is allowing plans to
- 19 not just look back at who was in the hospital and was
- 20 expensive but look forward and do that using retail data
- 21 and social data. And it's turning into an entire industry
- 22 that -- and most of its conception is about claims

- 1 avoidance, how to not allow people into your plan, but in
- 2 its best format could be a real opportunity for care
- 3 management to help identify people who are going to be in
- 4 trouble, and wrap your arms around them and help them into
- 5 the future.
- 6 Thank you.
- 7 DR. CROSSON: Thank you, Karen. And Sue.
- 8 MS. THOMPSON: I will also be brief. But thank
- 9 you again for this chapter. And, David, I think it was you
- 10 who said in the beginning of your remarks that this is data
- 11 from 2015 and '16, and there are a lot of changes coming in
- 12 '19, that I just think it's important for us to put in
- 13 context here. What we are looking at here in '15 and '16
- 14 are primarily, predominantly ACOs that were upside only,
- 15 and in '19 -- and I think it's important in terms of sort
- 16 of the pace and the urgency, those of us who are in ACOs
- 17 are feeling about the impact that the changes in '19 are
- 18 going to make on continued enthusiasm for remaining in
- 19 ACOs. I mean, basically the risk coding and the quality
- 20 becomes just baseline expectation. We're rebasing. So
- 21 there's going to be a lot of industry sort of, "Oh, my god,
- 22 do I want to stay here or not?"

- 1 So I agree with Warner. This is probably the
- 2 most enthusiastic I have felt the Commissioners about ACOs,
- 3 despite the fact, you know, the results are still in
- 4 question. But I would remind everyone, what we're looking
- 5 at here is upside only ACOs. So just to keep that in
- 6 perspective.
- 7 A couple of points I want to make. On page 5 you
- 8 did reference the Pioneer ACO, predominantly urban. I am
- 9 fairly familiar with one that was quite rural and quite
- 10 small, so don't forget those organizations out there that
- 11 are cost-based, that are rural, that probably have
- 12 specialists providing primary care, that are probably
- 13 messing up the whole specialist attribution model. Because
- 14 I don't want to lose that portion of our country in staying
- 15 engaged in this work, thinking that they're somehow going
- 16 to be outside and exempted from. Just a call-out for the
- 17 old rural Pioneer ACO. Thanks.
- DR. CROSSON: Thank you, Sue, and thank you,
- 19 Jeff, for this breakthrough research, and David and Luis
- 20 for the presentation, and thanks to the Commissioners for
- 21 this discussion, the pathway to value-based payment leading
- 22 to better care and less expense for beneficiaries in the

1	program. Part of that lies through ACOs, and I think the
2	work here, continuing work to get that improved, is
3	something that we will dedicate ourselves to.
4	We have now finished the discussion and we have
5	the opportunity for public comment. If there are any of
6	our guests who would like to come up and make a comment,
7	please come to the microphone so we can identify you.
8	[No response.]
9	DR. CROSSON: Seeing no one at the microphone we
10	are adjourned until our meeting in March. Thanks very
11	much. Safe travels, everyone.
12	[Whereupon, at 11:45 a.m., the meeting was
13	adjourned.]
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